

: Mr.SHAHZAD KAIKHUSROV BEMANI

Age/Gender

: 47 Y 10 M 6 D/M : STAR.0000066084

UHID/MR No Visit ID

: STAROPV74386

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 762257945710

Collected

: 26/Oct/2024 08:33AM

Received

: 26/Oct/2024 10:45AM

Reported

: 26/Oct/2024 12:11PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

### PERIPHERAL SMEAR, WHOLE BLOOD EDTA

Methodology: Microscopic

RBC : Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets: Adequate on smear.

Parasites: No Haemoparasites seen

**IMPRESSION: Normocytic normochromic blood picture** 

Note/Comment : Please Correlate clinically

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY Page 1 of 20



SIN No DED240241779

**Apollo Speciality Hospitals Private Limited** 

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

**Regd Off:**1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



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#### **DEPARTMENT OF HAEMATOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.6	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	48.30	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.62	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	27.7	pg	27-32	Calculated
MCHC	32.3	g/dL	31.5-34.5	Calculated
R.D.W	11.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,780	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COU	NT (DLC)			
NEUTROPHILS	48	%	40-80	Electrical Impedance
LYMPHOCYTES	40	%	20-40	Electrical Impedance
EOSINOPHILS	04	%	1-6	Electrical Impedance
MONOCYTES	08	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3734.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3112	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	311.2	Cells/cu.mm	20-500	Calculated
MONOCYTES	622.4	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.2		0.78- 3.53	Calculated
PLATELET COUNT	275000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

Methodology: Microscopic

RBC: Normocytic normochromic

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DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

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#### **DEPARTMENT OF HAEMATOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

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Platelets: Adequate on smear.

Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

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SIN No DED 240241779

MBBS, DPB PATHOLOGY

DR. APEKSHA MADAN

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#### **DEPARTMENT OF HAEMATOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FAC	CTOR , WHOLE BLOOD EDTA	4		
BLOOD GROUP TYPE	В			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

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DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

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Reported

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: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	95	mg/dL	70-100	GOD - POD

### **Comment:**

## As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	123	mg/dL	70-140	GOD - POD

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

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DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:PLP1487555

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#### **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), WI	HOLE BLOOD EDTA	'		1
HBA1C, GLYCATED HEMOGLOBIN	5.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	114	mg/dL		Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %		
NON DIABETIC	<5.7		
PREDIABETES	5.7 – 6.4		
DIABETES	≥ 6.5		
DIABETICS			
EXCELLENT CONTROL	6 – 7		
FAIR TO GOOD CONTROL	7 – 8		
UNSATISFACTORY CONTROL	8 – 10		
POOR CONTROL	>10		

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 20



Dr.Pratibha Kadam M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240093436

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#### **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	203	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	
HDL CHOLESTEROL	43	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	160	mg/dL	<130	Calculated
LDL CHOLESTEROL	139.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.72		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	<b>Borderline High</b>	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

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SIN No:SE04839241

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#### **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.60	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.2		<1.15	Calculated
ALKALINE PHOSPHATASE	93.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7		0.9-2.0	Calculated

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- \*AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.\*ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:\*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.\*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:\*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

Page 8 of 20



DR. APEKSHA MADA MBBS, DPB PATHOLOGY

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ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY Page 9 of 20



CIN No:CE04920241

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#### **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
IVER FUNCTION TEST (LFT) WITH GGT ,	SERUM			
BILIRUBIN, TOTAL	0.80	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.60	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.2		<1.15	Calculated
ALKALINE PHOSPHATASE	93.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7		0.9-2.0	Calculated
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT)	22.00	U/L	16-73	Glycylglycine Kinetic method

### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

#### 1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries. \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. \*Bilirubin elevated-predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.

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- 3. Synthetic function impairment:
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- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

DR. APEKSHA MADAN MBBS. DPB

PATHOLOGY
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Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SER	RUM		
CREATININE	0.73	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	16.70	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.20	mg/dL	4.0-7.0	URICASE
CALCIUM	10.50	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.90	mg/dL	2.6-4.4	PNP-XOD
SODIUM	143	mmol/L	135-145	Direct ISE
POTASSIUM	5.1	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98-107	Direct ISE
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7		0.9-2.0	Calculated

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

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#### **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method	
ALKALINE PHOSPHATASE, SERUM	93.00	U/L	32-111	IFCC	
Tast Nama	Regult	Unit	Rio Ref Interval	Method	

Test Name	Result	Unit	Bio. Ref. Interval	Method	
CALCIUM, SERUM	10.50	mg/dL	8.4-10.2	CPC	

#### Comments:-

Serum calcium measurements are done to monitor and diagnose disorders of skeletal system, parathyroid gland, kidney, muscular disorders, and abnormal vitamin D and protein levels.

**Increased in:** Primary hyperparathyroidism,malignant neoplasm, renal failure, Vitamin A and D intoxication, lithium therapy, immobilization, hyperthyroidism and other non-parathyroid endocrinopathies.

DR. APEKSHA MADAI MBBS, DPB PATHOLOGY

Page 13 of 20



**Apollo Speciality Hospitals Private Limited** 

(Formely known as a Nova Speciality Hospitals Private Limited) CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

Tadeo (Mumbai Central), Mumbai, Maharashtra Ph: 022 4332 4500



: Mr.SHAHZAD KAIKHUSROV BEMANI

Age/Gender

: 47 Y 10 M 6 D/M

UHID/MR No

: STAR.0000066084

Visit ID Ref Doctor : STAROPV74386

Emp/Auth/TPA ID

: Dr.SELF : 762257945710 Collected

: 26/Oct/2024 08:33AM

Received

: 26/Oct/2024 04:04PM

Reported

: 26/Oct/2024 04:54PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM	'		<u>'</u>
TRI-IODOTHYRONINE (T3, TOTAL)	1.23	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	11.48	μg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.749	μIU/mL	0.38-5.33	CLIA

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	<b>T3</b>	<b>T4</b>	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement
N/L over	Low	Low	Lave	Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies

Page 14 of 20



Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24144844

**Apollo Speciality Hospitals Private Limited** 

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: Mr.SHAHZAD KAIKHUSROV BEMANI

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#### **DEPARTMENT OF IMMUNOLOGY**

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 15 of 20

Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24144844

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### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
VITAMIN D (25 - OH VITAMIN D),	100.77	ng/mL		CLIA
SERUM				

#### **Comment:**

## **BIOLOGICAL REFERENCE RANGES**

VITAMIN D STATUS	VITAMIN D 25 HYDROXY (ng/mL)
DEFICIENCY	<10
INSUFFICIENCY	10 - 30
SUFFICIENCY	30 - 100
TOXICITY	>100

The biological function of Vitamin D is to maintain normal levels of calcium and phosphorus absorption. 25-Hydroxy vitamin D is the storage form of vitamin D. Vitamin D assists in maintaining bone health by facilitating calcium absorption. Vitamin D deficiency can also cause osteomalacia, which frequently affects elderly patients.

Vitamin D Total levels are composed of two components namely 25-Hydroxy Vitamin D2 and 25-Hydroxy Vitamin D3 both of which are converted into active forms. Vitamin D2 level corresponds with the exogenous dietary intake of Vitamin D rich foods as well as supplements. Vitamin D3 level corresponds with endogenous production as well as exogenous diet and supplements. Vitamin D from sunshine on the skin or from dietary intake is converted predominantly by the liver into 25-hydroxy vitamin D, which has a long half-life and is stored in the adipose tissue. The metabolically active form of vitamin D, 1,25-di-hydroxy vitamin D, which has a short life, is then synthesized in the kidney as needed from circulating 25-hydroxy vitamin D. The reference interval of greater than 30 ng/mL is a target value established by the Endocrine Society.

**Decreased Levels:-** Inadequate exposure to sunlight, Dietary deficiency, Vitamin D malabsorption, Severe Hepatocellular disease., Drugs like Anticonvulsants, Nephrotic syndrome.

Increased levels:- Vitamin D intoxication.

Test Name	Result	Unit	Bio. Ref. Interval	Method
VITAMIN B12, SERUM	862	pg/mL	120-914	CLIA

#### **Comment:**

Page 16 of 20

Dr. Sandip Kumar Banerjee M.B.B.S, M.D (PATHOLOGY), D.P.B

Consultant Pathologist

SIN No:SPL24144844



: Mr.SHAHZAD KAIKHUSROV BEMANI

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### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Vitamin B12 deficiency frequently causes macrocytic anemia, glossitis, peripheral neuropathy, weakness, hyperreflexia, ataxia, loss of proprioception, poor coordination, and affective behavioral changes. A significant increase in RBC MCV may be an important indicator of vitamin B12 deficiency.

Patients taking vitamin B12 supplementation may have misleading results. A normal serum concentration of B12 does not rule out tissue deficiency of vitamin B12 . The most sensitive test for B12 deficiency at the cellular level is the assay for MMA. If clinical symptoms suggest deficiency, measurement of MMA and homocysteine should be considered, even if serum B12 concentrations are normal.

Page 17 of 20



Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

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#### **DEPARTMENT OF IMMUNOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA), SERUM	0.300	ng/mL	0-4	CLIA

Page 18 of 20



Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

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#### **DEPARTMENT OF CLINICAL PATHOLOGY**

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (	CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measuremen
pH	6.5		5-7.5	Double Indicator
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Y		
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	Microscopy
RBC	ABSENT	/hpf	0-2	Microscopy
CASTS	? NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

### **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

Page 19 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

**Apollo Speciality Hospitals Private Limited** 

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#### **DEPARTMENT OF CLINICAL PATHOLOGY**

ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY Page 20 of 20



CINI No.HID 2417965

**Apollo Speciality Hospitals Private Limited** 

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Address:



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Age/Gender UHID/MR No : 47 Y 10 M 6 D/M : STAR.0000066084

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Reported Status

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#### TERMS AND CONDITIONS GOVERNING THIS REPORT

- 1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understandreporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
- 2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
- 3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
- 4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
- 5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
- 6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:UR2417865

**Apollo Speciality Hospitals Private Limited** 

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

**Regd Off:**1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



**OUT-PATIENT RECORD** 

Date MRNO

Name

Age/Gender

26/10/29 066089 MR shakzad Bemanu

Mobile No Passport No. Aadhar number :

> A8/min Pulse

B.P: 120/80

18/min Resp:

Temp:

Weight

171cm Height:

BMI

Waist Circum

General Examination / Allergies

History

Clinical Diagnosis & Management Plan

Married, Noovgeburan Sleep: (1) The Brist Surves allury No addiction

PH: Parlu: DM

Ciprd?

DArond oil lafee 2) Morning walk us mindata 3) Repeat Ciprol after 2 months.





Apollo Spectra Hospitals: 156, Famous Cine Labs, Behind Everest Building, Tardeo, Mumbai - 400034 Ph-No:022 p 4882:4500 | www.apollospectra.com Doctor Signature



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: 26/Oct/2024 08:33AM

Collected : 26/Oct/2024 10:45AM Received

: 26/Oct/2024 12:11PM

Reported : Final Report Status

: ARCOFEMI HEALTHCARE LIMITED Sponsor Name

HING LIVES Patient Name

Age/Gender

: 47 Y 10 M 6 D/M : STAR.0000066084 UHID/MR No

Visit ID Ref Doctor

: STAROPV74386 : Dr.SELF

Emp/Auth/TPA ID

: 762257945710

: Mr.SHAHZAD KAIKHUSROV BEMANI

## DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

Methodology: Microscopic

RBC: Normocytic normochromic

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets: Adequate on smear.

Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically

Page 1 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY SIN No:BED240241778





Age/Gender

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M

UHID/MR No Visit ID

: STAR.0000066084 : STAROPV74386

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

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### DEPARTMENT OF HAEMATOLOGY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.6	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	48.30	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.62	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	27.7	pg	27-32	Calculated
MCHC	32.3	g/dL	31.5-34.5	Calculated
R.D.W	11.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,780	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)			
NEUTROPHILS	48	%	40-80	Electrical Impedance
LYMPHOCYTES	40	%	20-40	Electrical Impedance
EOSINOPHILS	04	%	1-6	Electrical Impedance
MONOCYTES	08	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3734.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3112	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	311.2	Cells/cu.mm	20-500	Calculated
MONOCYTES	622.4	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.2		0.78- 3.53	Calculated
PLATELET COUNT	275000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-15	Modified Westergren

PERIPHERAL SMEAR

Methodology: Microscopic

RBC: Normocytic normochromic

Page 2 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:BED240241778



Apollo
DIAGNOSTICS

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Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

Age/Gender : 47 Y 10 M 6 D/M UHID/MR No : STAR.0000066084

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### DEPARTMENT OF HAEMATOLOGY

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Platelets: Adequate on smear.

Parasites: No Haemoparasites seen

IMPRESSION: Normocytic normochromic blood picture

Note/Comment: Please Correlate clinically

Page 3 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY SIN No:BED240241778



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Slide/Tube Agglutination

HING LIVES
Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M Age/Gender

UHID/MR No Visit ID

: STAR.0000066084 : STAROPV74386

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

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#### DEPARTMENT OF HAEMATOLOGY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Method Bio. Ref. Interval Unit Result Test Name BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA Forward & Reverse В **BLOOD GROUP TYPE** Grouping with Slide/Tube Aggluti Forward & Reverse **POSITIVE** Rh TYPE Grouping with

Page 4 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:BED240241778





: Mr.SHAHZAD KAIKHUSROV BEMANI

Collected

: 26/Oct/2024 12:36PM

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Age/Gender UHID/MR No : 47 Y 10 M 6 D/M : STAR.0000066084 Received Reported : 26/Oct/2024 12:53PM : 26/Oct/2024 01:11PM

Visit ID

: STAROPV74386

Status

: Final Report

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: 762257945710

Sponsor Name

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#### DEPARTMENT OF BIOCHEMISTRY

# ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	95	mg/dL	70-100	GOD - POD
Comment: As per American Diabetes Guidelines, 2023				
Fasting Glucose Values in mg/dL	Interpretation			
70-100 mg/dL	Normal			
100-125 mg/dL	Prediabetes			
≥126 mg/dL	Diabetes			
<70 mg/dL	Hypoglycemia			

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- $2. \ Very \ high \ glucose \ levels \ (>450 \ mg/dL \ in \ adults) \ may \ result \ in \ Diabetic \ Ketoacidosis \ \& \ is \ considered \ critical.$

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	123	mg/dL	70-140	GOD - POD

#### Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:PLP1487555



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Patient Name Age/Gender

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M : STAR.0000066084

UHID/MR No Visit ID

: STAROPV74386

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### DEPARTMENT OF BIOCHEMISTRY

# ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), W	HOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN ESTIMATED AVERAGE GLUCOSE (eAG)	5.6 114	% mg/dL		HPLC Calculated
Comment: Reference Range as per American Diabetes Association	n (ADA) 2023 Guidelines:			
A PROPERTY CONTRACTOR CATALON	HRA1C %			

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 - 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten crythrocyte life span or decrease mean crythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect crythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 20



Dr. Pratibha Kadam M.B.8.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240093436



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. НІМ G LIVES Patient Name

Visit ID

Age/Gender UHID/MR No : Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M : STAR.0000066084

Ref Doctor Emp/Auth/TPA ID

: STAROPV74386 : Dr.SELF : 762257945710

Collected Received

: 26/Oct/2024 08:33AM

: 26/Oct/2024 10:45AM

: 26/Oct/2024 12:11PM Reported Status

: Final Report

: ARCOFEMI HEALTHCARE LIMITED Sponsor Name

### DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	203	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	
HDL CHOLESTEROL	43	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	160	mg/dL	<130	Calculated
LDL CHOLESTEROL	139.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.72		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

### Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 6()			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Page 7 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:SE04839241





Patient Name Age/Gender

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M

UHID/MR No Visit ID

: STAR.0000066084 : STAROPV74386

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#### DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.60	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.2		<1.15	Calculated
ALKALINE PHOSPHATASE	93.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7		0.9-2.0	Calculated

#### Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- \*AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.\*ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) - In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:\*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.\*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:\*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

Page 8 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:SE04839241



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Patient Name

Age/Gender

UHID/MR No Visit ID

Ref Doctor Emp/Auth/TPA ID : Mr.SHAHZAD KAIKHUSROV BEMANI

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## DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Page 9 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY SIN No:SE04839241

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com





Age/Gender

Patient Name

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UHID/MR No Visit ID Ref Doctor

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### DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) WITH GGT,	SERUM			
BILIRUBIN, TOTAL	0.80	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.60	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.2		<1.15	Calculated
ALKALINE PHOSPHATASE	93.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7		0.9-2.0	Calculated
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT)	22.00	U/L	16-73	Glycylglycine Kinetic method

### Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

\*AST - Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries. \*ALT - Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) - In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

\*ALP - Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. \*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.

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DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:SE04839241



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Patient Name

ent Name : Mr.SHAHZAD KAIKHUSROV BEMANI

 Age/Gender
 : 47 Y 10 M 6 D/M

 UHID/MR No
 : STAR.0000066084

 Visit ID
 : STAROPV74386

Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 762257945710

Collected : 26/Oct/2024 08:33AM

Received : 26/Oct/2024 10:45AM Reported : 26/Oct/2024 12:11PM

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## DEPARTMENT OF BIOCHEMISTRY

# ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

3. Synthetic function impairment:

\*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

Page 11 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY SIN No:SE04839241



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HING LIVES Patient Name

Age/Gender UHID/MR No : Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M

Visit ID Ref Doctor

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: Dr.SELF

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## DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SERU	IM		
CREATININE	0.73	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	16.70	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.20	mg/dL	4.0-7.0	URICASE
CALCIUM	10.50	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.90	mg/dL	2.6-4.4	PNP-XOD
SODIUM	143	mmol/L	135-145	Direct ISE
POTASSIUM	5.1	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98-107	Direct ISE
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.10	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.7	v	0.9-2.0	Calculated

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DR. APEKSHA MADAN MBBS, DPB **PATHOLOGY** SIN No:SE04839241



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Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

Age/Gender : 47 Y 10 M 6 D/M

UHID/MR No Visit ID : STAR.0000066084 : STAROPV74386

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

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: 26/Oct/2024 10:45AM : 26/Oct/2024 12:11PM

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: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name ALKALINE PHOSPHATASE, SERUM	Result 93.00	<b>Unit</b> U/L	Bio. Ref. Interval 32-111 IFCC	Method
Test Name CALCIUM, SERUM	Result 10.50	<b>Unit</b> mg/dL	Bio. Ref. Interval 8.4-10.2 CPC	Method

### Comments:-

Serum calcium measurements are done to monitor and diagnose disorders of skeletal system, parathyroid gland, kidney, muscular disorders, and abnormal vitamin D and protein levels.

**Increased in:** Primary hyperparathyroidism,malignant neoplasm, renal failure,Vitamin A and D intoxication, lithium therapy, immobilization, hyperthyroidism and other non-parathyroid endocrinopathies.

Page 13 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:SE04839241



Visit ID



Patient Name

Age/Gender UHID/MR No : Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M : STAR.0000066084

: STAROPV74386

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 762257945710 Collected Received : 26/Oct/2024 08:33AM

: 26/Oct/2024 04:04PM

: 26/Oct/2024 04:54PM Reported Status

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### DEPARTMENT OF IMMUNOLOGY

# ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	1.23	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	11.48	μg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE	1.749	μIU/mL	0.38-5.33	CLIA
(TSH)				

#### Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High N	N.I.	N.I.	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement
	IN	N		Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	Ν	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	
				Page 14 of 20

Page 14 of 20

Dr. Sandip Kumar Banerjee

M.B.B.S,M.D(PATHOLOGY),D.P.B

Consultant Pathologist

SIN No:SPL24144844





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HING LIVES Patient Name

Age/Gender

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M

UHID/MR No Visit ID

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Sponsor Name

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### DEPARTMENT OF IMMUNOLOGY

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

N/Low High

High

High

N

High

High

T3 Thyrotoxicosis, Non thyroidal causes

Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 15 of 20



Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B. Consultant Pathologist





Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

Collected

: 26/Oct/2024 08:33AM

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Age/Gender

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#### DEPARTMENT OF IMMUNOLOGY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Method Bio. Ref. Interval Unit Result **Test Name** CLIA na/mL 100.77 VITAMIN D (25 - OH VITAMIN D),

**SERUM** 

### Comment:

### **BIOLOGICAL REFERENCE RANGES**

VITAMIN D STATUS	VITAMIN D 25 HYDROXY (ng/mL)			
DEFICIENCY	<10			
INSUFFICIENCY	10 - 30			
SUFFICIENCY	30 – 100			
TOXICITY	>100			

The biological function of Vitamin D is to maintain normal levels of calcium and phosphorus absorption. 25-Hydroxy vitamin D is the storage form of vitamin D. Vitamin D assists in maintaining bone health by facilitating calcium absorption. Vitamin D deficiency can also cause osteomalacia, which frequently affects elderly patients.

Vitamin D Total levels are composed of two components namely 25-Hydroxy Vitamin D2 and 25-Hydroxy Vitamin D3 both of which are converted into active forms. Vitamin D2 level corresponds with the exogenous dietary intake of Vitamin D rich foods as well as supplements. Vitamin D3 level corresponds with endogenous production as well as exogenous diet and supplements. Vitamin D from sunshine on the skin or from dietary intake is converted predominantly by the liver into 25-hydroxy vitamin D, which has a long half-life and is stored in the adipose tissue. The metabolically active form of vitamin D, 1,25-di-hydroxy vitamin D, which has a short life, is then synthesized in the kidney as needed from circulating 25-hydroxy vitamin D. The reference interval of greater than 30 ng/mL is a target value established by the Endocrine Society.

Decreased Levels:- Inadequate exposure to sunlight, Dietary deficiency, Vitamin D malabsorption, Severe Hepatocellular disease., Drugs like Anticonvulsants, Nephrotic syndrome.

Increased levels:- Vitamin D intoxication.

Method Bio. Ref. Interval Result Unit **Test Name** CLIA 120-914 862 pg/mL VITAMIN B12, SERUM

Comment:

Page 16 of 20

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B

Consultant Pathologist



HING LIVE Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M : STAR.0000066084

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Age/Gender

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### DEPARTMENT OF IMMUNOLOGY

# ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Vitamin B12 deficiency frequently causes macrocytic anemia, glossitis, peripheral neuropathy, weakness, hyperreflexia, ataxia, loss of proprioception, poor coordination, and affective behavioral changes. A significant increase in RBC MCV may be an important indicator of vitamin B12 deficiency.

Patients taking vitamin B12 supplementation may have misleading results. A normal serum concentration of B12 does not rule out tissue deficiency of vitamin B12. The most sensitive test for B12 deficiency at the cellular level is the assay for MMA. If clinical symptoms suggest deficiency, measurement of MMA and homocysteine should be considered, even if serum B12 concentrations are normal.

Page 17 of 20



Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist



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Visit ID

Age/Gender UHID/MR No : Mr.SHAHZAD KAIKHUSROV BEMANI

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### DEPARTMENT OF IMMUNOLOGY

### ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

**Test Name** TOTAL PROSTATIC SPECIFIC Result

Unit

Bio. Ref. Interval

Method

ANTIGEN (tPSA), SERUM

0.300

ng/mL

0-4

CLIA

Page 18 of 20



Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist



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Patient Name Age/Gender

: Mr.SHAHZAD KAIKHUSROV BEMANI

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### DEPARTMENT OF CLINICAL PATHOLOGY

## ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CO	JE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
рН	6.5		5-7.5	Double Indicator
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	Microscopy
RBC	ABSENT	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

### **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

Page 19 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

SIN No:UR2417865



HING LIVES Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

: 47 Y 10 M 6 D/M : STAR.0000066084 : STAROPV74386

UHID/MR No Visit ID Ref Doctor

Age/Gender

: Dr.SELF

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Received

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

Expertise. Empowering you.

### DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324

Page 20 of 20



DR. APEKSHA MADAN MBBS, DPB PATHOLOGY SIN No:UR2417865





Patient Name

: Mr.SHAHZAD KAIKHUSROV BEMANI

Age/Gender UHID/MR No

Visit ID

: 47 Y 10 M 6 D/M : STAR.0000066084 : STAROPV74386

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 762257945710

Collected

: 26/Oct/2024 08:33AM

Received

: 26/Oct/2024 12:14PM

Reported Status : 26/Oct/2024 01:28PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

### TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understandreporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.

2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.

3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).

4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.

5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.

6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.

DR. APEKSHA MADAN

PATHOLOGY SIN No:UR2417865

MBBS DPB





Patient Name

: Mr. SHAHZAD KAIKHUSROV BEMANI

Age

: 47 Y M

UHID

: STAR.0000066084

OP Visit No

: STAROPV74386

Reported on

: 26-10-2024 12:16

Printed on

: 26-10-2024 12:16

Adm/Consult Doctor

Ref Doctor

: SELF

### DEPARTMENT OF RADIOLOGY

### X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

### **CONCLUSION:**

No obvious abnormality seen

Printed on:26-10-2024 12:16

---End of the Report---

Dr. VINOD SHETTY

Radiology



Patient name: MR. SHAHZAD BEMANI

Ref. By

: HEALTH CHECK UP

Date: 26-10-2024

Age: 47 years

### SONOGRAPHY OF ABDOMEN AND PELVIS

LIVER:

The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

**GALL** BLADDER :The gall bladder is well distended and reveals normal wall thickness. There is no

evidence of calculus seen in it.

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN

:The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.

**KIDNEYS** 

: The RIGHT KIDNEY measures 10.5 x 4.7 cms and the LEFT KIDNEY measures 10.8 x 5.4 cms in size. Both kidneys are normal in size, shape and echotexture. There is no evidence of hydroneprosis or calculi seen on either side.

The para-aortic & iliac fossa regions appears normal. There is no free fluid or any lymphadenopathy seen in the abdomen.

**PROSTATE**: The prostate measures 2.9 x 2.9 x 2.8 cms and weighs 12.6 gms. It is normal in size, shape and echotexture. No prostatic calcification is seen.

**URINARY**: The urinary bladder is well distended and is normal in shape and contour.

BLADDER

No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

IMPRESSION: Normal Ultrasound examination of the Abdomen and Pelvis.

Report with compliments.

DR.VINOD V.SHETTY

MD, D.M.R.D.

CONSULTANT SONOLOGIST.



Name

: Mr. Shahzad Bemani

Age

: 47 Year(s)

Date: 26/10/2024

Sex : Male

Visit Type : OPD

### **ECHO Cardiography**

### **Comments:**

Normal cardiac dimensions.

Structurally normal valves.

No evidence of LVH.

Intact IAS/IVS.

No evidence of regional wall motion abnormality.

Normal LV systolic function (LVEF 60%).

No diastolic dysfunction.

Normal RV systolic function.

No intracardiac clots / vegetation/ pericardial effusion.

No evidence of pulmonary hypertension.PASP=30mmHg.

IVC 12 mm collapsing with respiration.

### **Final Impression:**

NORMAL 2DECHOCARDIOGRAPHY REPORT.

DR.CHHAYA P.VAJA. M. D.(MUM) NONINVASIVE CARDIOLOGIST



Name: Mr. Shahzad Bemani

Age

: 47 Year(s)

Date: 26/10/2024

Sex : Male

Visit Type : OPD

### **Dimension:**

EF Slope

90mm/sec

**EPSS** 

03mm

LA

28mm

AO

28mm

LVID (d)

37mm

LVID(s)

19mm

IVS (d)

11mm

LVPW (d)

11mm

LVEF

60% (visual)

DR.CHHAYA P.VAJA. M. D.(MUM) **NONINVASIVE CARDIOLOGIST** 



### **PULMONARY FUNCTION TEST**

Patient Inform	nation			FVL (ex	<u>din)</u>
Name	Bemani, S	hahzad		Asthma	
ID	066084			Smoker	
Age	47 (20-12-	-1976)		Test Type	FVL (ex/in)
Height	171 cm			Test Date	• • •
Weight	56 kg			Post Time	
Sex at Birth	Male			Predicted	Knudson, 1983 * 0.90
Ethnicity	Asian			Physician	,
BMI	19.2			•	
Test Result					
			Pre		
Parameter	Pred	LLN	Best	%Pred	
FVC [L]	3.80	2.79	1.15*	30	
FEV1 [L]	3.11	2.40	1.01*	32	
FEV1/FVC [%]	81.6	70.9	87.9	108	
FEF25-75 [L/s]	3.65	1.47	1.02*	28	
PEF [L/s]	8.41	-	2.65	32	
FET [s]	_	-	1.3	-	
FIVC [L]	3.80	2.79	1.84*	48	
PIF [L/s]	<del>-</del>		2.46	<b>-</b>	

System Interpretation Pre Restriction probable; further examination recommended \* Indicates value outside normal range or significant post change.

			Pre	
Parameter	Pred	LLN	Best	%Pred
VC [L]	3.80	2.79	1.05*	28
VCex [L]	3.80	2.79	-	-
VCin [L]	3.80	2.79	1.05*	28
IRV [L]	-	-	-	_
IC [L]	3.17	2.26	1.57*	49
VT [L]	_	-	0.41	-
Rf [1/min]	-	-	99.6	-

Caution: Poor session quality. Interpret with care.

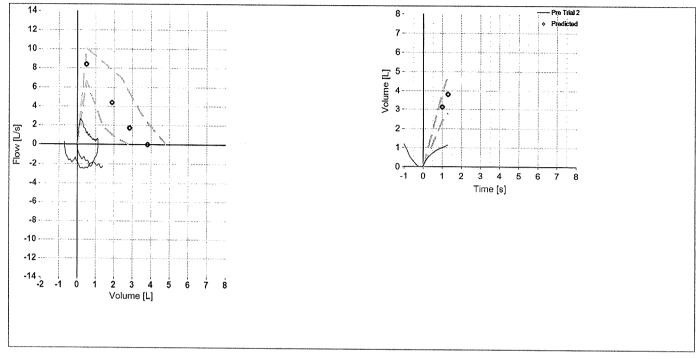
<sup>\*</sup> Indicates value outside normal range or significant post change.

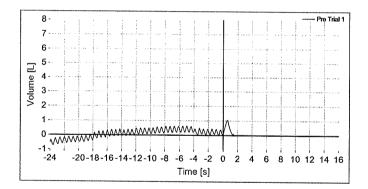
			Pre	
Parameter	Pred	LLN	Best	%Pred
MVV [L/min]	114.8	-	13.7	12
MVV time [s]	~	-	17.9	-
MVV6 [L/min]	-	-	15.6	-
VT [L]	-	-	2.16	-
Rf [1/min]	-	-	3.4	

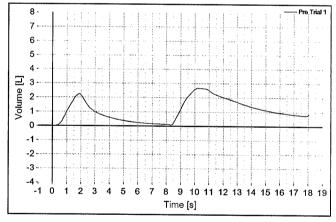
Caution: Poor session quality. Interpret with care.



### **PULMONARY FUNCTION TEST**







Remark:



### **PULMONARY FUNCTION TEST**

Patient Information		<u>FVL (ex/in)</u>	
Name	Bemani, Shahzad	Asthma	
ID	066084	Smoker	
Age	47 (20-12-1976)	Test Type	FVL (ex/in)
Height	171 cm	Test Date	26-10-2024 11:46:25
Weight	56 kg	Post Time	
Sex at Birth	Male	Predicted	Knudson, 1983 * 0.90
Ethnicity	Asian	Physician	
BMI	19.2	, 5	
Test Result			
		Pre	
Parameter	Pred IIN R	Sest % Drod	

			Pre	
Parameter	Pred	LLN	Best	%Pred
FVC [L]	3.80	2.79	1.76*	46
FEV1 [L]	3.11	2.40	1.01*	32
FEV1/FVC [%]	81.6	70.9	57.4*	70
FEF25-75 [L/s]	3.65	1.47	0.43*	12
PEF [L/s]	8.41	-	2.65	32
FET [s]	-	-	5.2	
FIVC [L]	3.80	2.79	2.32*	61
PIF [L/s]	-	-	2.23	-

System Interpretation Pre Severe Obstruction

<sup>\*</sup> Indicates value outside normal range or significant post change.

			Pre	
Parameter	Pred	LLN	Best	%Pred
VC [L]	3.80	2.79	1.97*	52
VCex [L]	3.80	2.79	1.97*	52
VCin [L]	3.80	2.79	1.05*	28
IRV [L]	-	-	-	-
IC [L]	3.17	2.26	1.57*	49
VT [L]	-	_	0.41	-
Rf [1/min]	-	_	-	_

Caution: Poor session quality. Interpret with care.

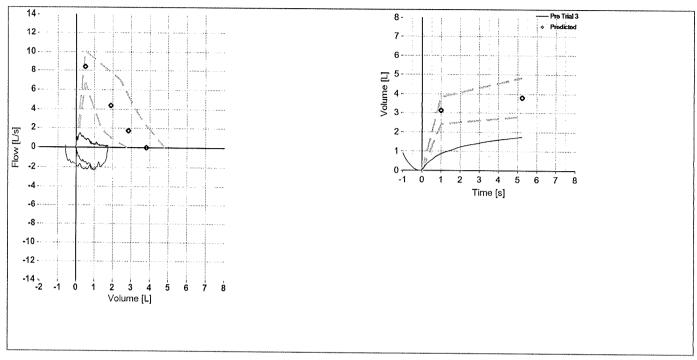
<sup>\*</sup> Indicates value outside normal range or significant post change.

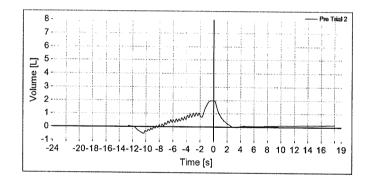
			Pre	
Parameter	Pred	LLN	Best	%Pred
MVV [L/min]	114.8	-	28.1	25
MVV time [s]	-	-	12.8	_
MVV6 [L/min]	-	•••	29.6	-
VT [L]	_	-	1.82	-
Rf [1/min]	-	•	14.1	-

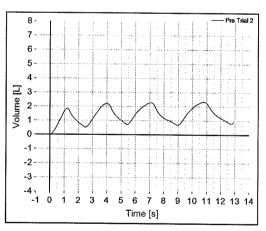
Caution: Poor session quality. Interpret with care.

# Specialists in Surgery

### **PULMONARY FUNCTION TEST**







Remark:

Sercio obstruttion

# EYE REPORT



Name:

Shahzad Bemani

Date: 26/10/24

Age /Sex:

47 M

Ref No.:

Complaint: → Ni L

- Ant. Seg: www.

Examination

- 0.5:1 -

Spectacle Rx

		Righ	it Eye					(F)
D: (		Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance Read	6/9	-	Plano	\$ earners and a	6/6		Plano	
, way	N 6	41.5			$N_6$	+1.5	,	

### Remarks:

### Medications:

	Trade Name	Frequency	Duration	Account of the commence of the
Ĺ				

Follow up:

Consultant:

Apollo Spectra Hospitals Famous Cine Labs, 156, Pt. M. M. Malviya Road, Tardeo, Mumbai - 400 034. Tel.: 022 4332 4500 www.apollospectra.com

Dr. Basiat J. Bukhari (Mistry)
M.D., D.O.M.S. (GOLD MEDALIST)
Reg. No. 2012/10/2914
Hob:- 8888 1858 73



MR. Shahzad

Bemany Height

171cm

Date 26. 10. 2024

APOLLO SPECTRA HOSPITAL

Age 47

Gender

Male

Time 09:36:28

Body Compositic	n Kadalan	Title from the	. Qver	y th	ue. Nopoekienee	_	ymenta	ıl Lean	Lean Mass Evaluation  2. 0 kg
Weight	40 55 70	85 100 115 130 56.0 kg	145 160	175 190 3	54. 7 ~ 74. 0		9kg ider		Under
Muscle Mass Skeletal Muscle Mass	60 70 80 22. 2	90 100 110 120 kg	130 140		27. 4 ~ 33. 5	Left		Trunk 18. 8kg Under	Right
Body Fat Mass	20 40 60	80 100 160 220		460 460 5	7. 7 ~ 15. 4				
TBW Total Body Water	29. 9 kg (36. 2	~ 44. 2) FF Fat Fre	V ≥ Mass	40.	8 kg (47. 0~58. 5)		. 8kg ormal		6. 8kg Normal
Protein	8. () kg (9. 7~		neral*		7 kg (3. 35~4. 09)				PBF
		* Miner	al is estimated	÷		Seg	gmenta	al Fat	Fat Mass Evaluation
Obesity Diagnos	iis Mariana (M)	Normal Range		al Evaluation  Normal	n  ☑ Deficient  ☑ Deficient	1	1. 2% . 0 kg Over	Trunk	30, 2% 0, 9kg Over
BMI Body Mass Index (kg/m²)	19. 2	<b>18.</b> 5 ~ 25. 0	Fat	Mormal	☐ Deficient ☐ Excessive			27. 4%	굕
			Weight M	lanagement		Left		7.5kg Over	Right
PBF Percent Body Fat (%)	27. 1	10. 0 ~ 20. 0	Weight SMM	✓ Normal  ☐ Normal	☐ Under ☐ Over  ☑ Under ☐ Strong		4. 5% 2. 3kg		24, 5% 2, 3kg
WHR	0, 92	0.80~0.90	Fat	Mormal Diagnosis	□ Under □ Over	****	ormal .		Normal
Waist-Hip Ratio			B M I	Mormal	☐ Under ☐ Over		:	* Segmantal F	at is estimated.
B M R (kcal)	1252	1295 ~ 1501	P B F WHR	□ Normal	☐ Extremely Over ☐ Under ☑ Over ☐ Under ☑ Over				
Muscle-Fat Cont	trol					lmp z 20ki — 100ki	edance RA 423. 6 4z 387. 7	LA TR 3 457, 4-34.	. <b>RL LL</b> 9 357, 9 357, 0 1 319, 9 321, 1
Muscle Control +	13.9 kg <b>Fa</b>	at Control	5. 5 kg	Fitness S	core 61				
And the second s						* Us	e your resu th your ph	ults as reference ysician or fitne	when consulting is trainer.

### Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy	Energy expenditure of each activity(base weight: 56, 0 kg / Duration: 30min. / unit: kcal)										
9	Walking	1781	Jogging	M.	Bicycle		Swim	ů.	Mountain Climbing	<b>~</b> !	Aerobic
A	112	<b> </b>	196		168	<b>.</b>	196	1	183		196
122°	Table tennis	<u> </u>	Tennis		Football	٠	Oriental Fencing	A.	Gate ball	Š.	Badminton
K	127	厂。	168	1.	196	人	280	<u> </u>	106	W	127
2/2	Racket ball	24	Tae- kwon-do	. 3	Squash	<b>2</b>	Basketball	2	Rope jumping	1	Golf
	280	1	280	97	280	人	168	N	196	A	99
	Push-ups	œ.	Sit-ups	ଜ	Weight training	6.	Dumbbell exercise		Elastic band	2	Squats
THE	development of upper body		abdominal muscle training				muscle strength		muscle strength	5	maintenance of lower body musc

#### How to do

- 1. Choose practicable and preferable activities from the left.
- 2. Choose exercises that you are going to do for 7 days.
- 3. Calculate the total energy expenditure
- for a week.4. Estimate expected total weight loss for a month using the formula shown below.
- Recommended calorie intake per day

1600

\*Calculation for expected total weight loss for 4 weeks: **Total energy expenditure (kcal/week)** X 4weeks ÷ 7700

### **Customer Care**

From: noreply@apolloclinics.info

Sent: Thursday, October 24, 2024 3:21 PM

**To:** shahzad.bemani@jmfl.com

**Cc:** cc.tardeo@apollospectra.com; syamsunder.m@apollohl.com

**Subject:** Your appointment is confirmed



### Dear Shahzad Bemani,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **SPECTRA TARDEO clinic** on **2024-10-26** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE HC AND VITAMIN MALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

### Instructions to be followed for a health check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
- 3. Please bring all your medical prescriptions and previous health medical records with you.
- 4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

### For Women:

- 1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: FAMOUS CINE LABS, 156, PT.M.M.MALVIYA RAOD, TARDEO, MUMBAI, 400034.

Contact No: 022 - 4332 4500.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards, Apollo Clinic



# भारत सरकार Government of India



Issue Date: 08/01/2012



शहजाद कैखुसरोव बेमानी Shahzad Kaikhusrov Bemani जन्म तिथ/DOB: 20/12/1976 पुरुष/ MALE

7622 5794 5710 VID: 9156 2913 9932 1344 मेरा आधार, मेरी पहचान



Patient Name : Mr. SHAHZAD KAIKHUSROV BEMANI Age/Gender : 47 Y/M

UHID/MR No.: STAR.0000066084OP Visit No: STAROPV74386Sample Collected on: 26-10-2024 12:48

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 762257945710

#### **DEPARTMENT OF RADIOLOGY**

### **ULTRASOUND - WHOLE ABDOMEN**

**LIVER:** The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The

intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD

appear normal.

GALL :The gall bladder is well distended and reveals normal wall thickness. There is no

**BLADDER** evidence of calculus seen in it.

**PANCREAS**: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

**SPLEEN** : The spleen is normal in size and echotexture. No focal parenchymal mass lesion

is seen. The splenic vein is normal.

**<u>KIDNEYS</u>** : The **RIGHT KIDNEY** measures 10.5 x 4.7 cms and the **LEFT KIDNEY** measures

10.8 x 5.4 cms in size. Both kidneys are normal in size, shape and echotexture. There

is no evidence of hydroneprosis or calculi seen on either side.

The para-aortic & iliac fossa regions appears normal. There is no free fluid or any

lymphadenopathy seen in the abdomen.

**PROSTATE**: The prostate measures 2.9 x 2.9 x 2.8 cms and weighs 12.6 gms.

It is normal in size,

shape and echotexture. No prostatic calcification is seen.

**URINARY**: The urinary bladder is well distended and is normal in shape and contour.

**BLADDER** No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

**IMPRESSION:** Normal Ultrasound examination of the Abdomen and Pelvis.

Dr. VINOD SHETTY



Patient Name : Mr. SHAHZAD KAIKHUSROV BEMANI

Age/Gender

: 47 Y/M

Radiology



Patient Name : Mr. SHAHZAD KAIKHUSROV BEMANI Age/Gender : 47 Y/M

UHID/MR No.: STAR.0000066084OP Visit No: STAROPV74386Sample Collected on: 26-10-2024 12:16

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 762257945710

### DEPARTMENT OF RADIOLOGY

### X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

### **CONCLUSION:**

No obvious abnormality seen

Dr. VINOD SHETTY

Radiology