


## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Ankita kumari on 23/3/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p style="text-align: center; font-size: 2em; font-weight: bold;">/ NA</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

  
 Dr. \_\_\_\_\_  
 Medical Officer  
 The Apollo Clinic,



*This certificate is not meant for medico-legal purposes*



**Patient Name** : Mrs. ANKITA KUMARI  
**UHID/MR No.** : FRAN.0000016485  
**Visit Date** : 22-03-2023 09:28  
**Sample Collected on** : 22-03-2023 13:03  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 97545  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:18  
**Specimen** : Whole Blood (Edta)  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HAEMOGRAM</b>			
TOTAL LEUKOCYTE COUNT: Method: Automated	7,500	3500 - 10000	/Cumm
PLATELET COUNT: Method: Automated	1.95	1.5 - 4.5	lakhs/cumm
NEUTROPHIL Method: Automated	61	40-73	%
LYMPHOCYTE Method: Automated	34	15-45	%
MONOCYTE Method: Automated	02*	4-12	%
EOSINOPHIL Method: Automated	03	0.5 - 7	%
BASOPHIL Method: Automated	00	0 - 2	%
HAEMOGLOBIN Method: Automated	13.4	Male: 13 - 17 Female: 11.5 - 15	gm/dl
RBC COUNT Method: Automated	4.23	3.8 - 5.5	Mil/Cumm
PCV Method: Automated	37.5	35 - 52	%
MCV: Method: Automated	88.7	80 - 100	fl
MCH: Method: Automated	31.7	26 - 34	pg
MCHC: Method: Automated	35.7*	31.5 - 35	gm/dl
RDW-CV Method: Automated	11.0	11-17	%
RDW - SD: Method: Automated	45.4*	13 - 16	%
MPV. Method: Automated	10.4		fl
PDW. Method: Automated	16.7	11-22	%
PCT Method: Automated	0.20		fl
ERYTHROCYTE SEDIMENTATION RATE (ESR.) Method: Westergren's Method	05	0 - 20	mm/hour

End of the report

Page 1 of 2

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**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 97545  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED


**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:58  
**Specimen** : Whole Blood (Edta)  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b> GLYCOSYLATED HEMOGLOBIN (HBA1C). Method: HPLC	5.6	Normal < 5.7 Prediabetes 5.7 - 6.4 Diabetes >= 6.5	%
<b>GLUCOSE - ( FASTING )</b> FASTING BLOOD GLUCOSE Method: GLUCOSE OXIDASE	94.0	Normal: 70-100 Pre - Diabetes: 100-125 Diabetes: >=126	mg/dL
<b>GLUCOSE - ( POST PRANDIAL)</b> GLUCOSE - ( POST PRANDIAL) Method: Hexokinase	114.0	70 - 140	mg/dl

**End of the report**

*Results are to be correlated clinically*

  
Lab Technician / Technologist  
PDPL10011

  
Dr. Bikash Kumar  
MD (Patho)  
Senior Consultant Pathologist

**Patient Name** : Mrs. ANKITA KUMARI  
**UHID/MR No.** : FRAN.0000016485  
**Visit Date** : 22-03-2023 11:56  
**Sample Collected on** : 22-03-2023 13:04  
**Ref Doctor** : Dr. ARCHANA MINZ


**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32589  
**Reported on** : 22-03-2023 15:01  
**Specimen** : Plasma  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - PP (2 Hrs After 75 Gms Of Glucose)			
GLUCOSE - PP. Method: Hexokinase	98.0	70-140	mg/dL

End of the report

*Results are to be correlated clinically*

  
Lab Technician / Technologist  
PDPL10011

  
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MD (Patho)  
Senior Consultant Pathologist

**Patient Name** : Mrs. ANKITA KUMARI  
**UHID/MR No.** : FRAN.0000016485  
**Visit Date** : 22-03-2023 09:28  
**Sample Collected on** : 22-03-2023 13:03  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 97545  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:55  
**Specimen** : Serum  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIPID PROFILE TEST (PACKAGE)</b>			
Cholesterol. Method: CHOD - PAP.	160.0	Desirable blood cholesterol : <200 Borderline High : 200 - 239 High : >239	mg/dl
Triglyceride Method: Glycerol Phosphate Oxidase	87.0	Normal : <161 High : 161-199 Hypertriglyceridemic : 200-499 Very high : >499	mg/dl
HDL. Method: DIRECT	33.0	MALE : 35.3 - 79.5 Female : 42.0 - 88.0	mg/dl
LDL. Method: DIRECT	109.6	Optimal : < 100 Near / Above optimal : 100 - 129 Borderline high : 130 - 159 High : 160 - 189 Very high: > 190	mg/dl
VLDL.. Method: Calculated	17.0	15 - 45	mg/dl
<b>KFT - RENAL PROFILE-SERUM</b>			
Urea	15.97	13 - 43	mg/dl
Creatinine	0.56	0.55 - 1.3	mg/dl
Uric Acid	<b>3.44*</b>	3.4 - 7.0	mg/dl
Sodium(Na):	<b>132.0*</b>	135 - 148	meq/L
Potassium(K) :	3.77	3.5 - 5.3	meq/L
Chloride(Cl) :	107.0	98 - 107	meq/L
Calcium:	9.51	8.4 - 10.2	mg/dl
Phosphorus:	3.61	3 - 4.5	mg/dl
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL Method: Daizo	0.48	0.1 - 1.2	mg/dL
BILIRUBIN - DIRECT Method: Diazo with DPD	0.20	Adult & Children : < 0.2	mg/dL
BILIRUBIN - INDIRECT Method: Calculated	0.28	0.1 - 1.0	mg/dL
SGPT/ALT Method: Multipoint Rate	<b>55.0*</b>	MALE <50 U/L FEMALE <35 U/L	U/L
SGOT /AST Method: Multipoint Rate	<b>39.0*</b>	MALE <50 U/L FEMALE <35 U/L	U/L
ALKA-PHOS Method: PNPP-AMP BUFFER	67.0	Child 1-7 years = <390 Adult: 46 - 116	U/L
TOTAL-PROTIEN:	7.72	Adult: 6.6 - 8.8	gm/dL




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**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:55  
**Specimen** : Serum  
**Pres Doctor:** :

Method: Photometric UV test			
ALBUMIN:	3.75	3.5 - 5.2	gm/dL
Method: BCG			
GLOBULIN :-	3.97*	2.0 - 3.5	gm/dL
Method: Calculated			
A/G	0.94*	1.0 - 2.0	
Method: Calculated			
GGT	32.0	ADULT 15- 58 U/L FEMALE 12 - 43 U/L MALE 15-73 U/L	U/L
Method: Multipoint Rate			

End of the report

Results are to be correlated clinically

  
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Dr. Bikash Kumar  
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 Senior Consultant Pathologist

Patient Name : Mrs. ANKITA KUMARI  
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Visit Date : 22-03-2023 09:28  
Sample Collected on : 22-03-2023 13:03  
Ref Doctor : SELF  
Emp/Auth/TPA ID : 97545  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 27Y/Female  
OP Visit No : FRANOPV32582  
Reported on : 22-03-2023 13:41  
Specimen : EDTA Blood  
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE


TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>BLOOD GROUP AND RH TYPE</b>			
"ABO" Typing Method: Slide Test	" O "		
"Rh" Factor Method: Slide Test	POSITIVE		

End of the report

Results are to be correlated clinically



Lab Technician / Technologist  
PDPL10011



Dr. Bikash Kumar  
MD (Patho)  
Senior Consultant Pathologist

**Patient Name** : Mrs. ANKITA KUMARI  
**UHID/MR No.** : FRAN.0000016485  
**Visit Date** : 22-03-2023 09:28  
**Sample Collected on** : 22-03-2023 13:03  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 97545  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:38  
**Specimen** : Serum(Spl)  
**Pres Doctor:** :

## DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>THYROID PROFILE - I(T3,T4 AND TSH)</b>			
TOTAL T3: TRIIODOTHYRONINE - SERUM: Method: CLIA	<b>1.83*</b>	0.97 - 1.69	ng/ml
TOTAL T4: THYROXINE - SERUM: Method: CLIA	<b>17.5*</b>	5.53 - 11.0	g/dL
TSH: THYROID STIMULATING HORMONE - SERUM: Method: CLIA	1.23	0.465 - 4.68	IU/ml

End of the report

Results are to be correlated clinically

  
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 PDPL10011

  
 Dr. Bikash Kumar  
 MD (Patho)  
 Senior Consultant Pathologist



<b>Patient Name</b>	: Mrs. ANKITA KUMARI	<b>Age / Gender</b>	: 27Y/Female
<b>UHID/MR No.</b>	: FRAN.0000016485	<b>OP Visit No</b>	: FRANOPV32582
<b>Visit Date</b>	: 22-03-2023 09:28	<b>Reported on</b>	: 22-03-2023 14:18
<b>Sample Collected on</b>	: 22-03-2023 10:28	<b>Specimen</b>	: URINE
<b>Ref Doctor</b>	: SELF	<b>Pres Doctor:</b>	:
<b>Emp/Auth/TPA ID</b>	: 97545		
<b>Sponsor Name</b>	: ARCOFEMI HEALTHCARE LIMITED		


**DEPARTMENT OF LABORATORY MEDICINE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNIT</u>
<b>GLUCOSE - ( FASTING ) URINE</b> FASTING URINE GLUCOSE Dipstick/Benedicts reagent	NEGATIVE	NEGATIVE	
<b>GLUCOSE - ( POST PRANDIAL ) URINE</b> GLUCOSE - ( POST PRANDIAL ) URINE Dipstick/Benedicts reagent	NEGATIVE	NEGATIVE	

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
PDPL10011

  
Dr. Bikash Kumar  
MD (Patho)  
Senior Consultant Pathologist



**Patient Name** : Mrs. ANKITA KUMARI  
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**Emp/Auth/TPA ID** : 97545  
**Sponsor Name** : ARCOFEMI HEALTHCARE LIMITED

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRANOPV32582  
**Reported on** : 22-03-2023 13:08  
**Specimen** : Urine  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

**URINE ROUTINE EXAMINATION**


**URINE EXAMINATION TEST REPORT**

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30	ml.	Pale Yellow
Colour	Pale Yellow		Clear
Transparency	Clear		1.005 - 1.030
Urine Specific Gravity	1.010		
Dipstick pH			5.5 - 7.5
Dipstick / pH paper	6.5		
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			Nil
Sugar	Nil		
Dipstick/Benedicts reagent			Negative
Ketone Bodies	Negative		Negative
Rothera's test/ Reagent strips			Negative
Bile Salts	Negative		
Hay's test			Negative
Bile Pigments	Negative		
Fouchet's test			
<b>Microscopic Examination</b>			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Calcium oxalate		Nil
Epithelial Cells	3-5	/HPF	1-2
Bacteria	Nil	/HPF	Nil

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
PDPL10011

  
 Dr. Bikash Kumar  
 MD (Patho)  
 Senior Consultant Pathologist

Patient / Exam Information

Date of Exam: 22.03.2023

Patient ID: 16485  
 Name: MRS ANKITA KUMARI  
 DOB, Age: 27  
 Sex: Female  
 Height: \_\_\_\_\_  
 Weight: \_\_\_\_\_  
 BSA: \_\_\_\_\_  
 HR: \_\_\_\_\_

Perf. Phys. Ref. Phys. DR KUSUM PRASAD Sonographer  
 Comment Indication

M-Mode Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
<b>AV/LA</b>								
Ao Root Diam.	2.65 cm	2.65						avg.
LA Diam.	3.09 cm	3.09						avg.
<b>Left Ventricle</b>								
IVSd	1.50 cm	1.20	1.80					avg.
LVDd	1.90 cm	1.80	2.00					avg.
LVPWd	1.18 cm	1.05	1.30					avg.
IVSs	1.53 cm	1.65	1.40					avg.
LVDs	1.78 cm	1.80	1.75					avg.
LVPWs	1.45 cm	1.00	1.90					avg.
EDV (Teich)	11.166 ml	9.720	12.727					
EDV (Cubed)	6.859 ml	5.832	8.000					
ESV (Teich)	9.376 ml	9.720	9.040					
ESV (Cubed)	5.592 ml	5.832	5.359					
SV (Teich)	1.790 ml	0.000	3.687					
SV (Cube)	1.267 ml	0.000	2.641					
EF (Teich)	16.03 %	0.00	28.97					
EF (Cube)	18.47 %	0.00	33.01					
Fract. Short.	6.58 %	0.00	12.50					
LV Mass	78.85 g	49.42	116.04					
<b>Mitral Valve</b>								
D-E Slope	0.166 m/s	0.166						avg.
D-E Ampl.	1.40 cm	1.40						avg.
E-F Slope	-0.166 m/s	-0.166						avg.

Doppler Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
<b>Mitral Valve</b>								
Peak E	0.921 m/s	0.921						max

1 / 2  
 22.03.2023 10:46:22 AM

ID: 16485  
MRS. ANKITA KUMARI  
Female 27Years

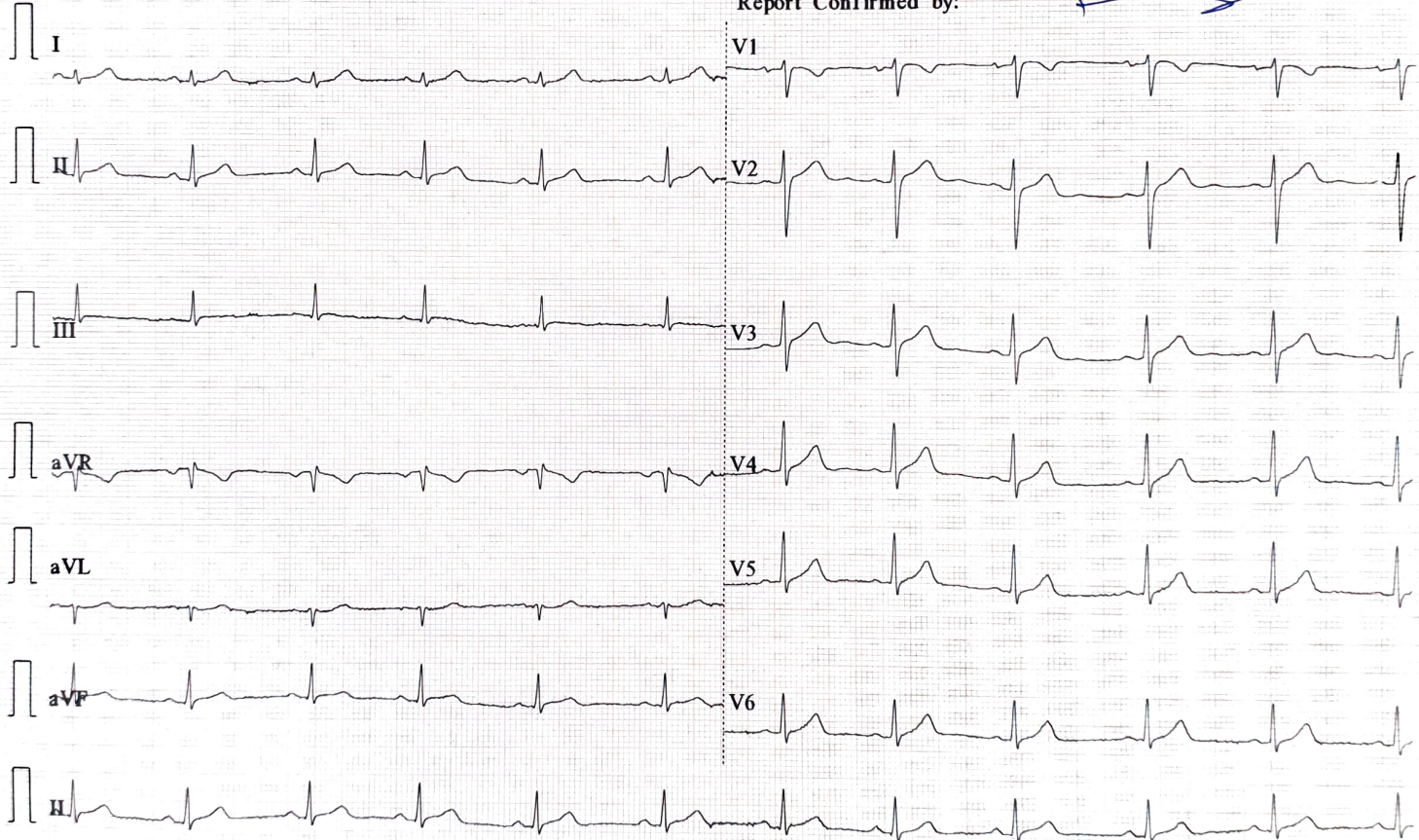
22-03-2023 10:46:11 AM  
HR : 68 bpm  
P : 94 ms  
PR : 153 ms  
QRS : 86 ms  
QT/QTc : 369/392 ms  
P/QRS/T : 50/80/40 °  
RV5/SV1 : 0.866/0.549 mV

Diagnosis Information:  
Sinus Arrhythmia

*Normal Study*

Report Confirmed by:

*[Signature]*



<b>Patient Name</b>	Mrs. ANKITA KUMARI	<b>AGE</b>	27 YRS
<b>UHID NO</b>	FRAN0000016485	<b>SEX</b>	F
<b>Date</b>	22.03.2023	<b>Refrd By</b>	DR. KUSUM PRASAD

### **USG WHOLE ABDOMEN**

Liver is normal in size (~ 10.0 cm), shape and echotexture. No definite focal mass lesion is seen. The intrahepatic biliary radicles are not dilated. Portal vein is of normal calibre.

Gall bladder is normally distended. No intraluminal calculi or mass is seen. The gall bladder wall thickness is within normal limits. CBD is normal in appearance.

Pancreas is normal in size, shape and echogenicity. No evidence of any focal lesion or peri-pancreatic collection is seen.

Spleen is normal in size, shape and echogenicity. It measures :~7.9 cm.

Both the kidneys are normal in size and shape. They show normal parenchymal echogenicity and cortico medullary differentiation. No evidence of hydronephrosis is seen.

Right kidney measures: ~ 9.8 x 4.1 cm.

Left kidney measures: ~ 9.9 x 4.2 cm and show few tiny concretions at upper pole & mid pole .

Urinary Bladder is partially distended. Lumen appears anechoic. No wall thickening seen.

Uterus: is gravid with single live embryo of 7 weeks 4 days gestation and heart rate 142 beats/min.

Both ovaries are normal in size and shape.

Right ovary measures:~ 31 x 18 mm.

Left ovary measures:~ 29 x 19 mm.

No adnexal mass lesion is seen. No free fluid in POD.

No ascites is seen.

**Impression:** USG whole abdomen reveals

- **Gravid uterus with live embryo of 7 weeks 4 days gestation .**
- **Few left renal concretions .**

Suggest clinical correlation.



**Radiologist**

**Dr. Narendra Kumar**  
**MBBS,DVD,DMRD,DNB(T)**

*We regret typographical errors, if any. Please contact us for corrections.*

**DR. NIBHA NIHARIKA KUMAR**

MBBS, MS (OTO- RHINO- LARYNGOLOGY- HEAD & NECK SURGERY)

Otolaryngologist (ENT SPECIALIST), KASTURBA MEDICAL COLLEGE MANIPAL UNIVERSITY

9534200013; 18001209666

PATIENT NAME: Mrs. Ankita Kumari

UHID: 16485

AGE: 27 Y/F

DATE: 22-03-2023

ClO Rt Ear pain, occasionally.

No H/O Ear discharge

ClO occasional Nasal block.

EDD - 1<sup>st</sup> Nov

O/E - Rt TMJ tenderness

DM Bil I74.

Bil TM-LNCL

**FEES VALID FOR 14 DAYS ONLY**

**PRANIC DIAGNOSTICS PRIVATE LIMITED**

Ground Floor, Mahal Residency, Opp SDA Mission Hospital,

Bariyatu-Booty Road, Ranchi-834009, Jharkhand

Mail id: apolloranchi@pranikgroup.com

GSTIN : 20AAJCP8691A1ZJ

PAN : AAJCP8691A



**Helpline**

**1800 1209 666**  
**9534200013/33**

www.pranikgroup.com

**DR. SHILPA SONI**

BDS (KU), DENTAL SURGEON  
9534200013; 18001209666

NAME: Mrs. Anshita Kamari  
AGE: 27/12  
UHID: 16488-  
DATE: 22/08/23

for Paulin Dental  
check up

Pres - DC 8 / 6.

Pres - Pres 8 / 6

M/H  
Stable in  
gbr  
low medications

Pregnant  
for 4 weeks  
4 days

R  
)



**DR. ARCHANA MINZ**

MBBS, M.D (OBS & GYNAE), RIMS  
EX SENIOR RESIDENT, AIIMS, NEW DELHI  
9319488249; 8051063055  
18001209666; 9534200013

PATIENT NAME: Mrs. Ankita Kumari

UHID: FRAN 16485

AGE: 30yrs / F.

DATE: 22/3/23.

G<sub>2</sub>A<sub>1</sub> @ 8 weeks POC. = vomiting. O<sup>+</sup>  
LMP - 25/1/23  
EDD - 1/11/23

O/H - married for 1 1/2 yrs.

G<sub>2</sub>A<sub>1</sub> - P<sub>1</sub> - April 22 | 1 1/2 months pregnancy | spontaneous DEC. missed abortion

- P<sub>2</sub> - PP.

H/O - 3 cycles ovi last year. (June - August 22)

F/H - Father diabetic

P<sup>⊖</sup> II E<sup>⊖</sup>

O/E - PAR - 90/min.

B.P - 90/50 mm of Hg.

chest / NAD.  
ws

PIA - soft.

- T. Folate 1 tab, <sup>Adv</sup> O.D.
- T. Doxinate 1 tab O.D HS.
- T. Dydroban 1 tab B.D.
- DIPSI = 75gm glucose.

**FEES VALID TILL 14 DAYS ONLY**