



भारत सरकार  
Unique Identification Authority of India  
Government of India

नामनिर्दिष्ट क्रम / Enrollment No.: 1207/82385/17347

To  
शिक्षा नगर  
Shikha Nagar  
D/O. Dinesh Nagar  
09 Main Road  
Gehukheda Gehukheda  
PARKHEDI  
Obedulagarij  
For New VTC Raisen  
Madhya Pradesh 464903  
9657709



MIN096577092FI



आपका आधार क्रमांक / Your Aadhaar No. :

**8515 8219 8299**

आधार - आम आदमी का अधिकार



भारत सरकार  
Government of India



शिक्षा नगर  
Shikha Nagar  
जन्म वर्ष / Year of Birth : 1995  
महिला / Female



8515 8219 8299

आधार - आम आदमी का अधिकार



Shikha

Diwakar Diagnostic Centre  
E-7/636, Arera Colony, Bhopal

847 / SHIKHA NAGAR / 26 Yrs / F / 0 Cms / 0 Kg Date: 29-Oct-2022 Refd By : BOB

Report

(GEM213180307)(R)Allengers



Report :

TEST OBJECTIVE : ROUTINE CHECK UP  
RISK FACTOR : FEMALE  
ACTIVITY : MODERATE ACTIVE  
MEDICATION : NONE  
REASON FOR TERMINATION : TEST COMPLETE  
EXERCISE TOLERANCE : GOOD  
EXERCISE INDUCED ARRHYTHMIAS : NO  
HAEMODYNAMIC RESPONSE : NORMAL  
CHRONOTROPIC RESPONSE : NORMAL  
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

*Shikha*



847 / SHIKHA NAGAR / 26 Yrs / F / 0 Cms / 0 Kg Date: 29-Oct-2022 Refd By : BOB

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:21	0:01	00.0	00.0	01.0	88	45 %	110/72	096	00	
Standing	00:34	0:01	00.0	00.0	01.0	91	47 %	110/72	100	00	
HV	00:49	0:01	00.0	00.0	01.0	092	47 %	110/72	101	00	
Warm Up	01:17	0:01	01.0	00.0	01.0	095	49 %	110/72	104	00	
ExStart	01:30	0:06	01.7	10.0	01.1	103	53 %	110/72	113	00	
BRUCE Stage 1	04:30	3:00	01.7	10.0	04.7	117	60 %	116/78	135	00	
BRUCE Stage 2	07:30	3:00	02.5	12.0	07.1	120	62 %	126/82	151	00	
BRUCE Stage 3	10:30	3:00	03.4	14.0	10.2	138	71 %	130/88	179	00	
PeakEx	10:38	0:08	04.2	16.0	10.4	142	73 %	130/88	184	00	
Recovery	11:37	1:00	00.0	00.0	04.3	111	57 %	126/82	139	00	
Recovery	12:37	2:00	00.0	00.0	01.0	086	44 %	122/76	104	00	
Recovery	13:00	2:22	00.0	00.0	01.0	094	48 %	122/76	114	00	

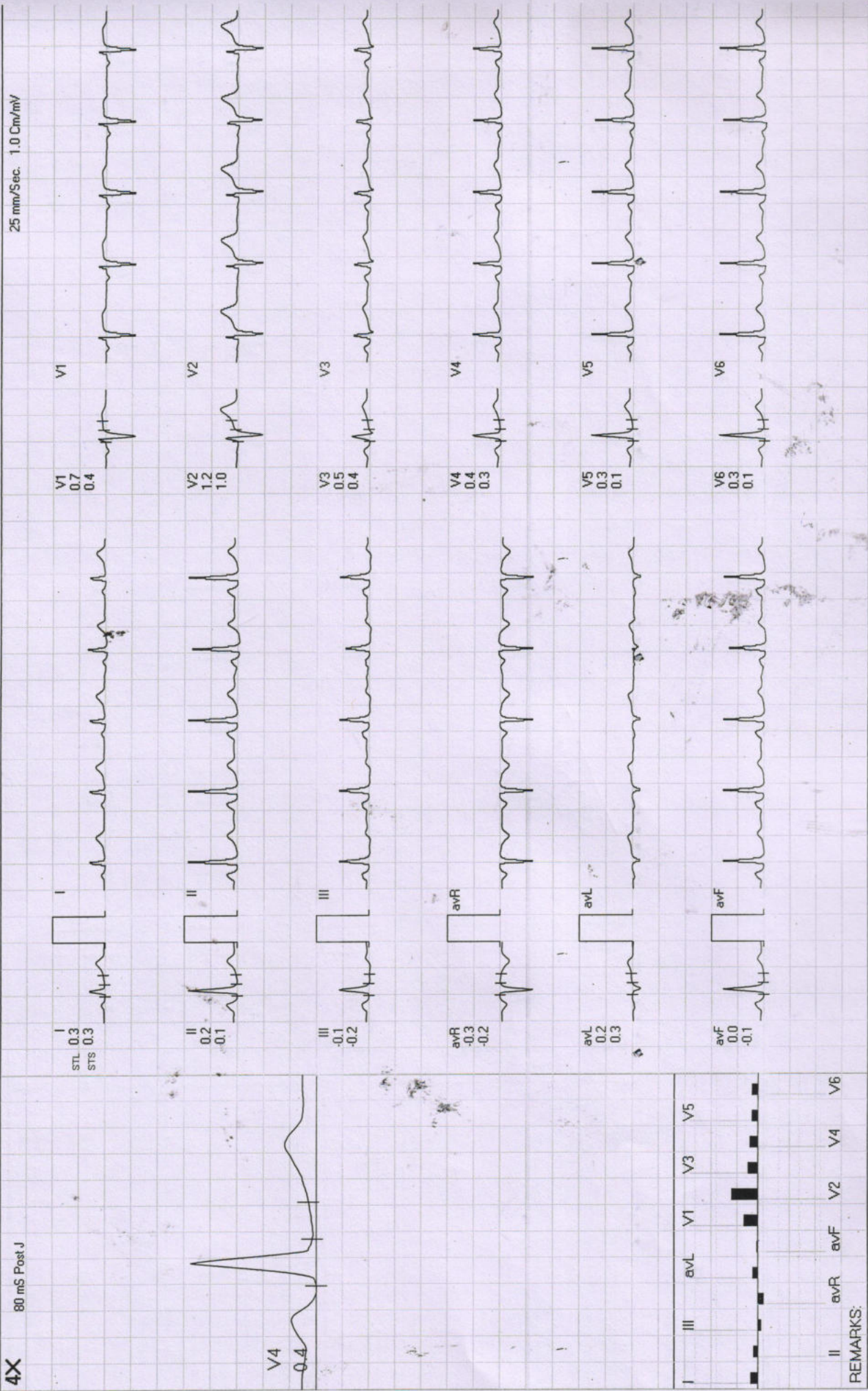
**Findings :**

Exercise Time : 09:09  
 Max HR Attained : 142 bpm 73% of Target 194  
 Max BP Attained : (Sys) 130/88  
 Max WorkLoad Attained : 10.4 Good response to induced stress  
 Test End Reasons : Test Complete

Date: 29-Oct-2022 09:29:07 AM METS: 1.0/ 88 bpm 45% of THR BP: 110/72 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:20 0.0 mph, 0.0%

4X 80 mS Post J



REMARKS:



Date: 29-Oct-2022 09:29:07 AM METS: 1.0/91 bpm 46% of THR BP: 110/72 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

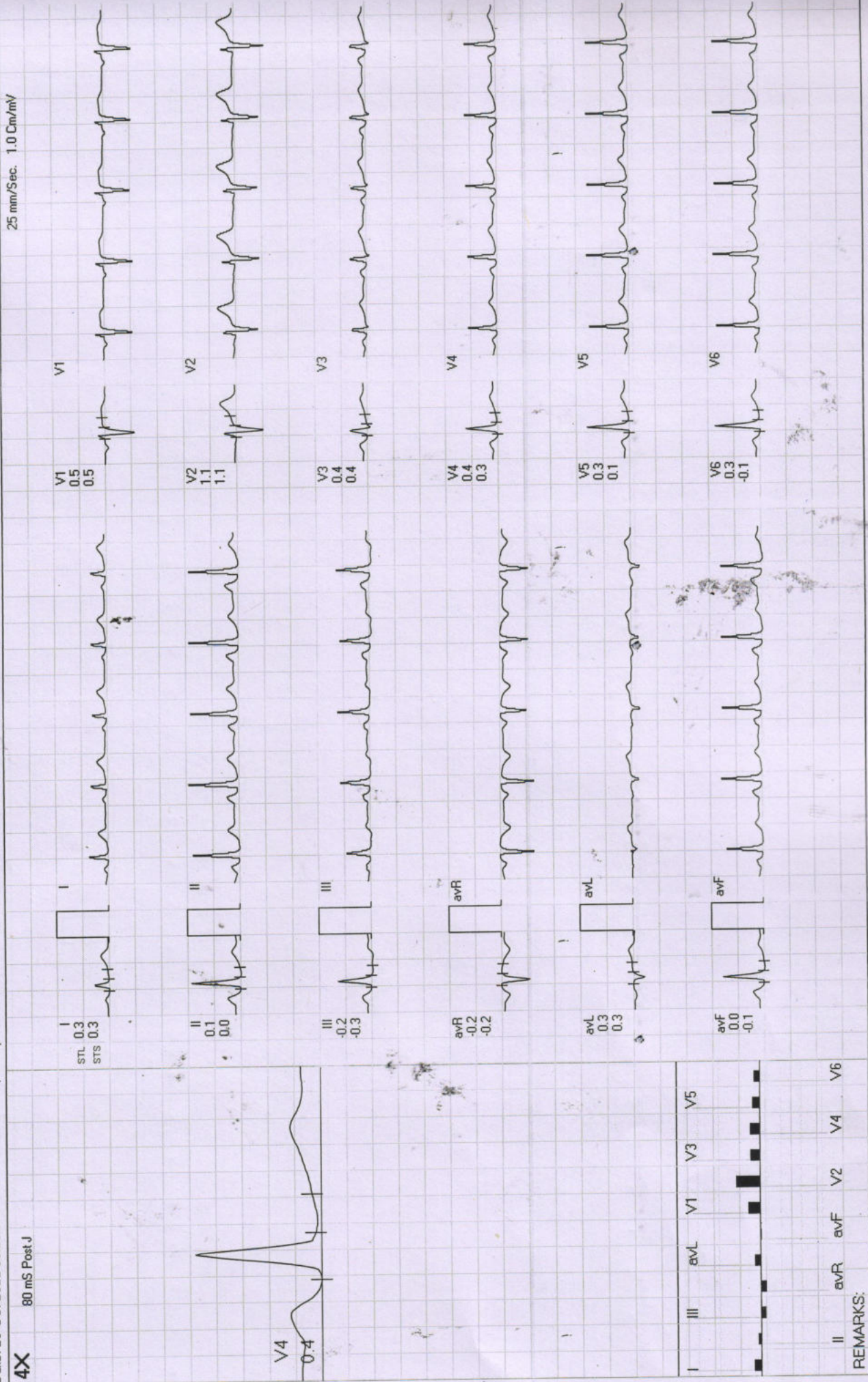
ExTime: 00:33 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV



Date: 29-Oct-2022 09:29:07 AM METS: 1.0/ 92 bpm 47% of THR BP: 110/72 mmHg Raw ECG/ BLC On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:48 0.0 mph, 0.0%

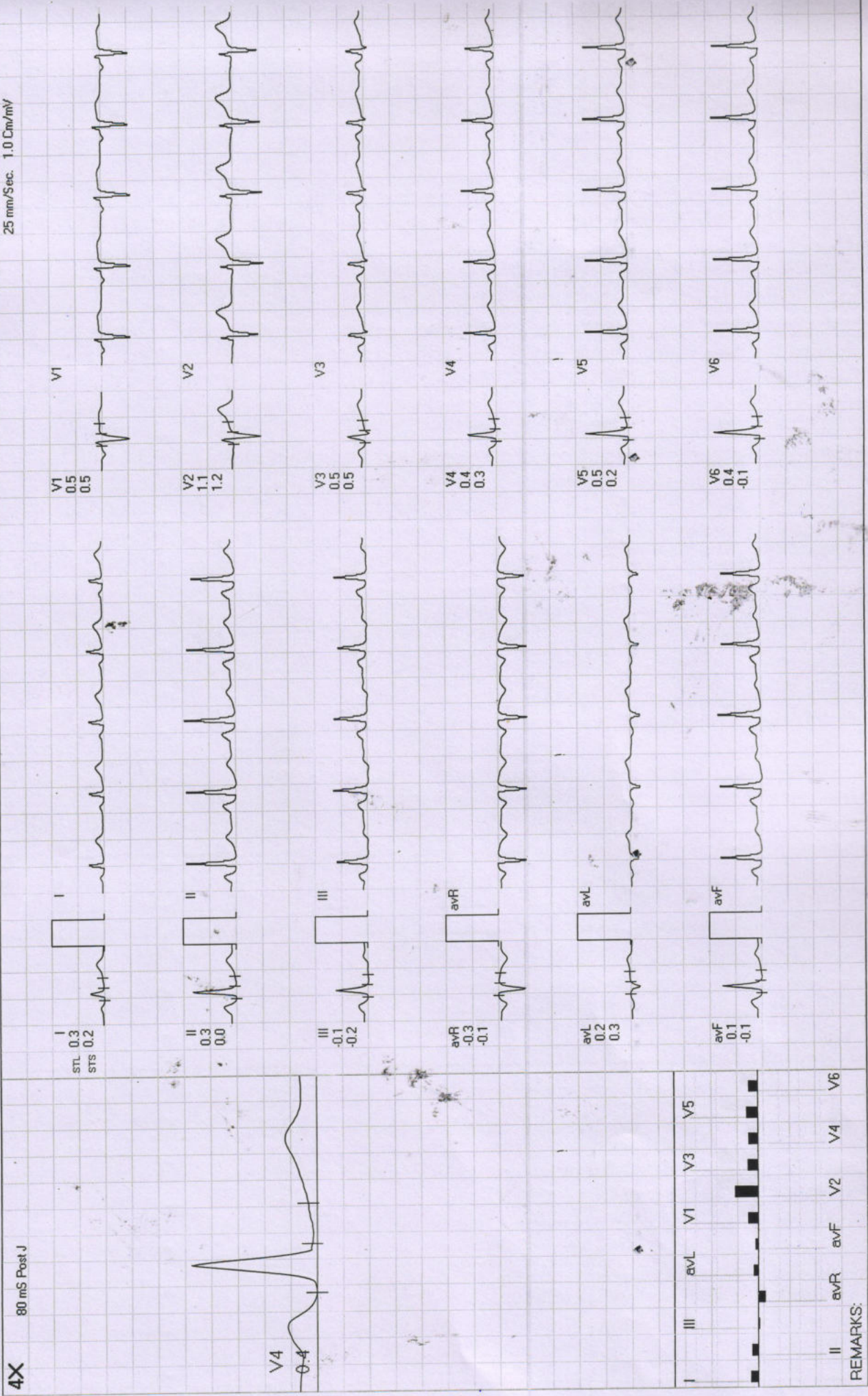
4X 80 mS Post J



REMARKS:

Date: 29-Oct-2022 09:29:07 AM METS: 1.0/95 bpm 48% of THR BP: 110/72 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

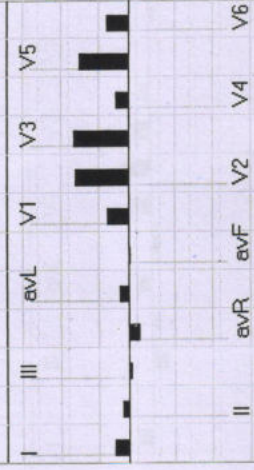
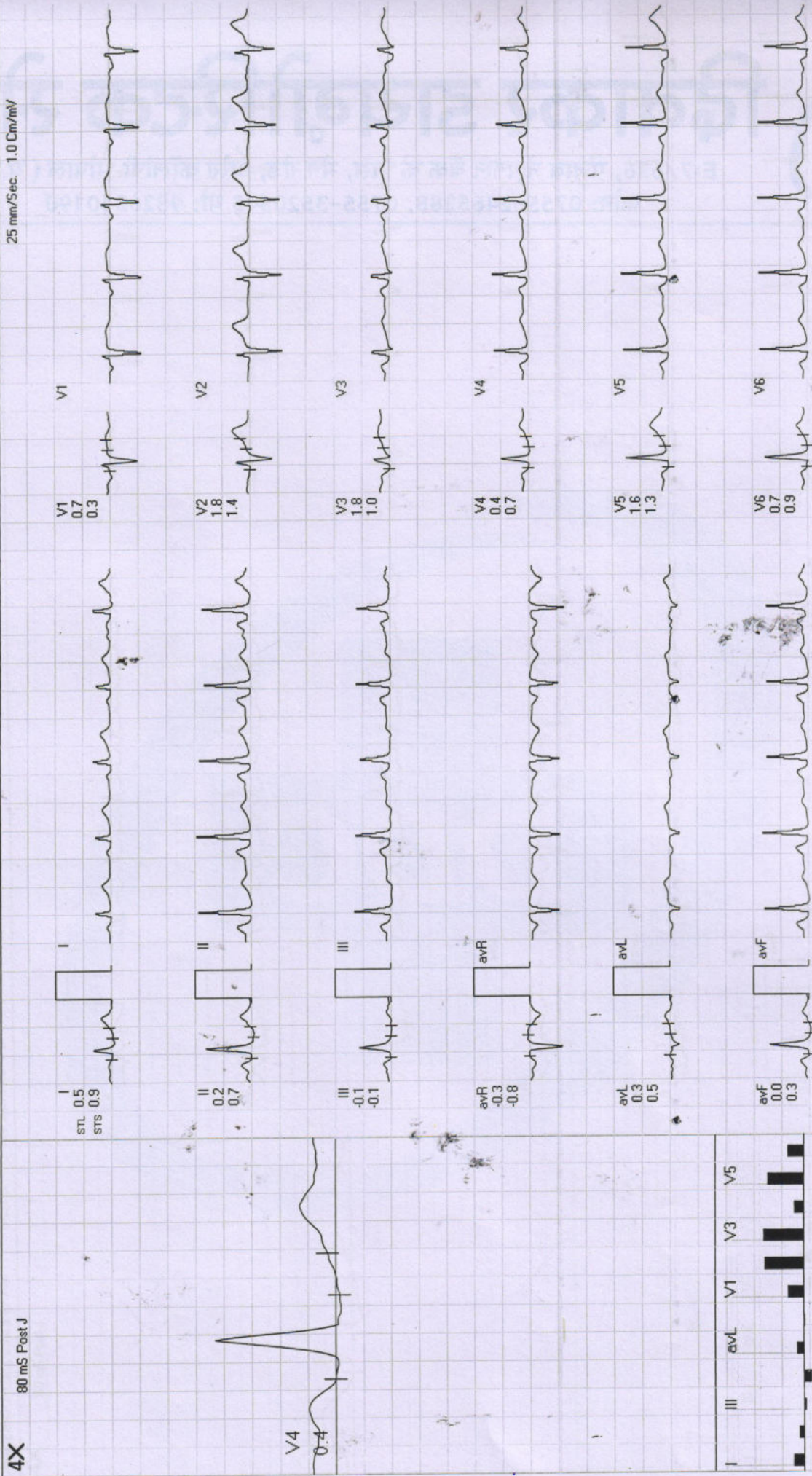
ExTime: 01:16 1.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV



Date: 29-Oct-2022 09:29:07 AM METS: 1.0 / 94 bpm 48% of THR BP: 110/72 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J



REMARKS:





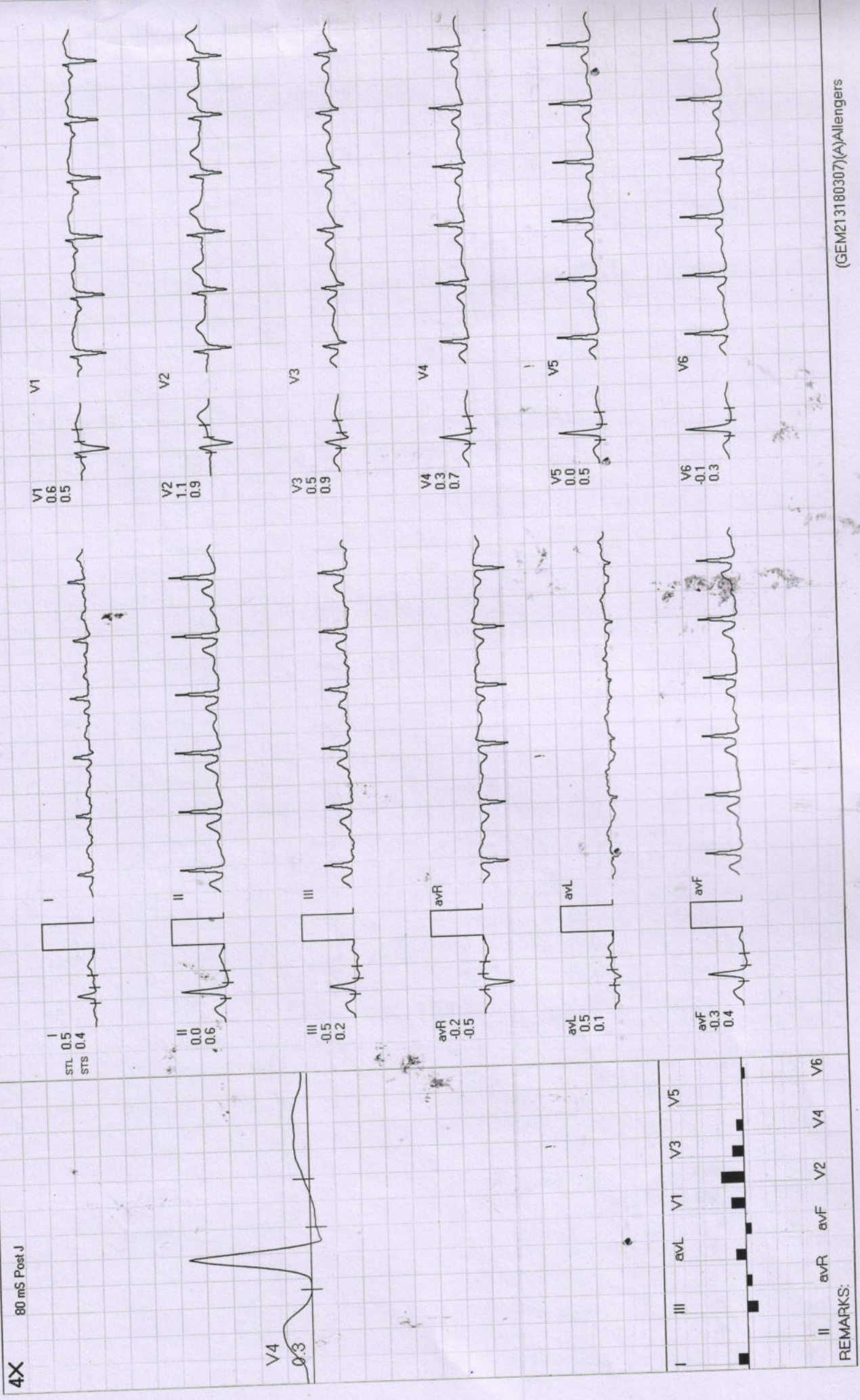
BRUCE : Stage 1 ( 03:00 )

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847 / SHIKHA NAGAR / 26 Yrs / F

ExTime: 03:00 1.7 mph, 10.0%  
25 mm/Sec. 1.0 Cm/mV

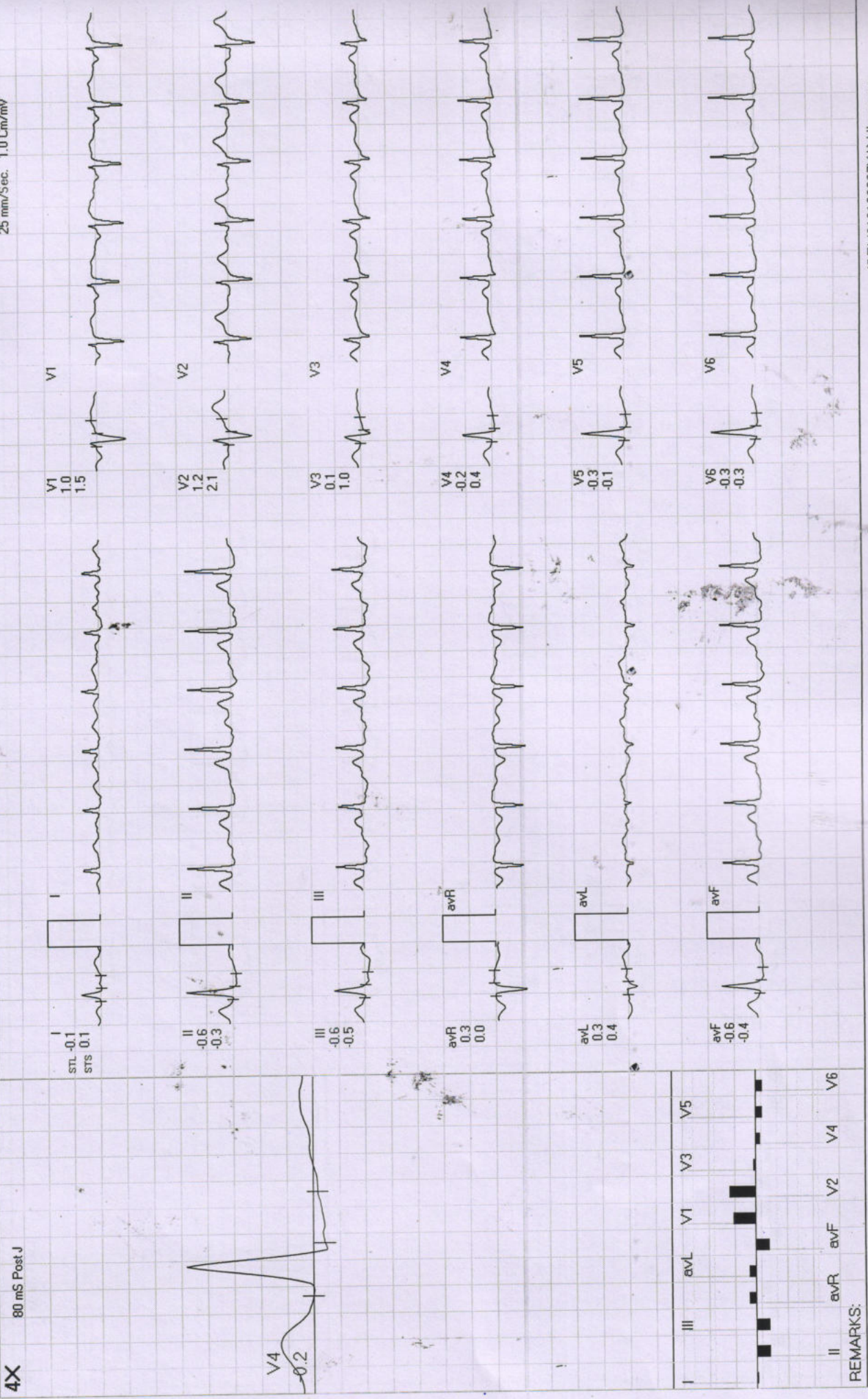
Date: 29-Oct-2022 09:29:07 AM METS: 4.7/117 bpm 60% of THR BP: 116/78 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz





Date: 29-Oct-2022 09:29:07 AM METS: 7.1 / 120 bpm 61% of THR BP: 126/82 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 06:00 2.5 mph, 12.0%  
25 mm/Sec. 1.0 Cm/mV





BRUCE : Stage 3 ( 03:00 )

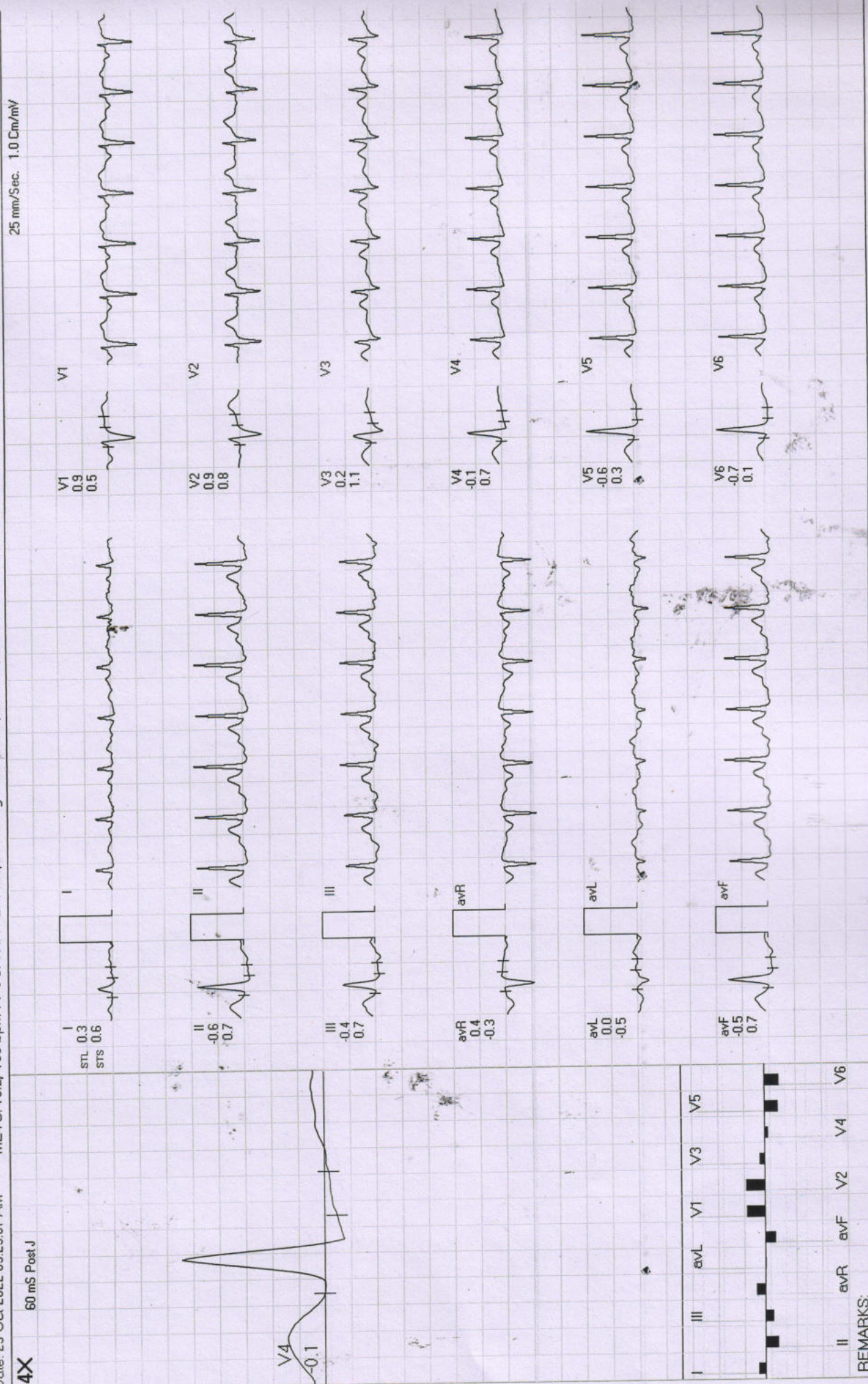
Diwakar Diagnostic Centre

847/SHIKHA NAGAR /26 Yrs /F

ExTime: 09:00 3.4 mph, 14.0%

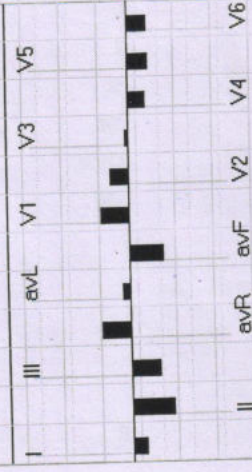
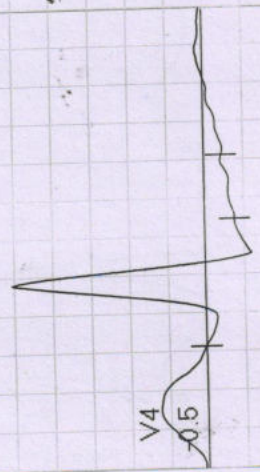
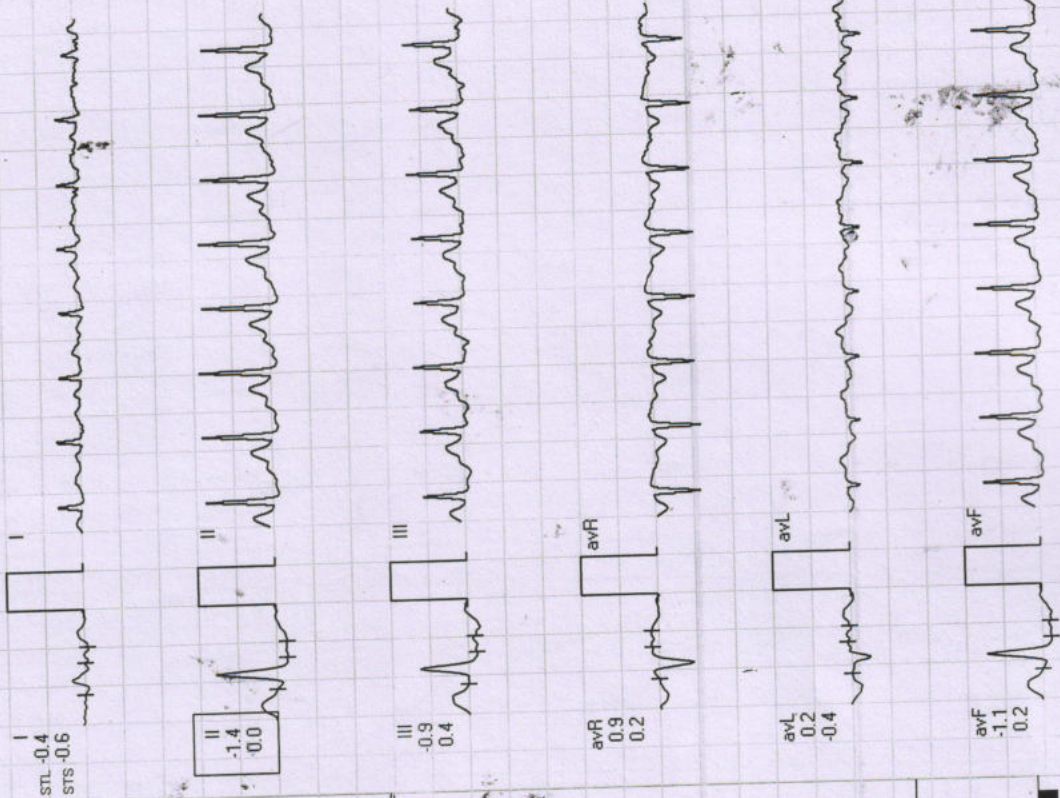
Date: 29-Oct-2022 09:29:07 AM METS: 10.2/138 bpm 71% of THR BP: 130/88 mmHg Rew ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

4X 60 mS Post J



REMARKS:

4X 60 mS Post J

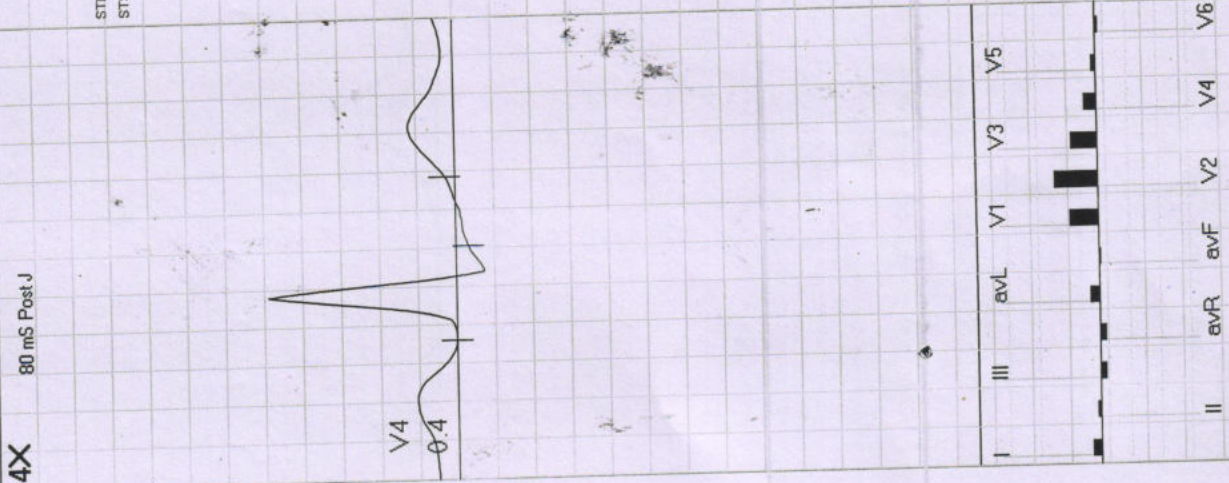
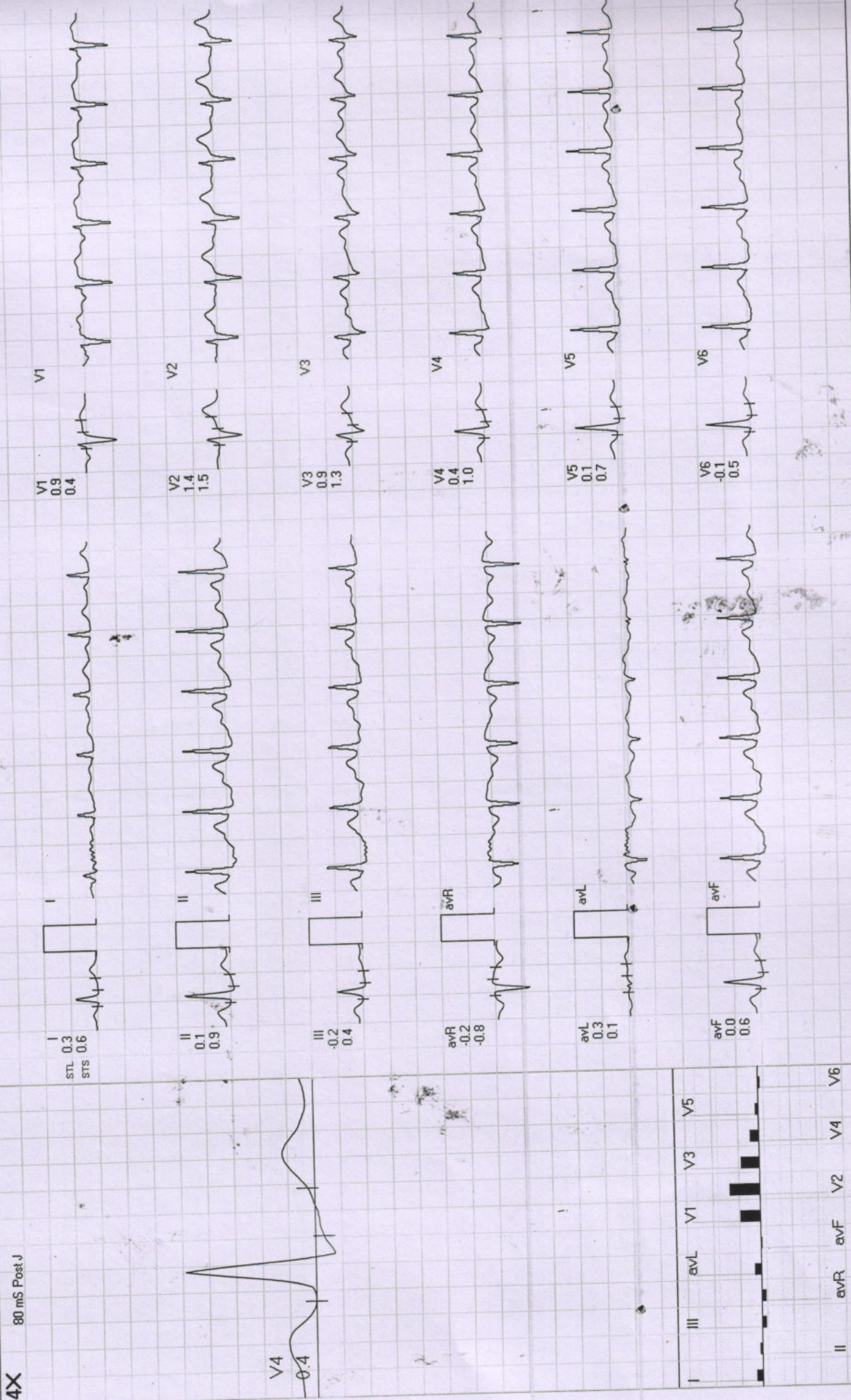


REMARKS:



ExTime: 09:08 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

Date: 29-Oct-2022 09:29:07 AM METS: 4.2/111 bpm 57% of THR BP: 126/82 mmHg Raw ECG/ BLC-Or/ Natch Or/ HF 0.05 Hz/LF 20 Hz

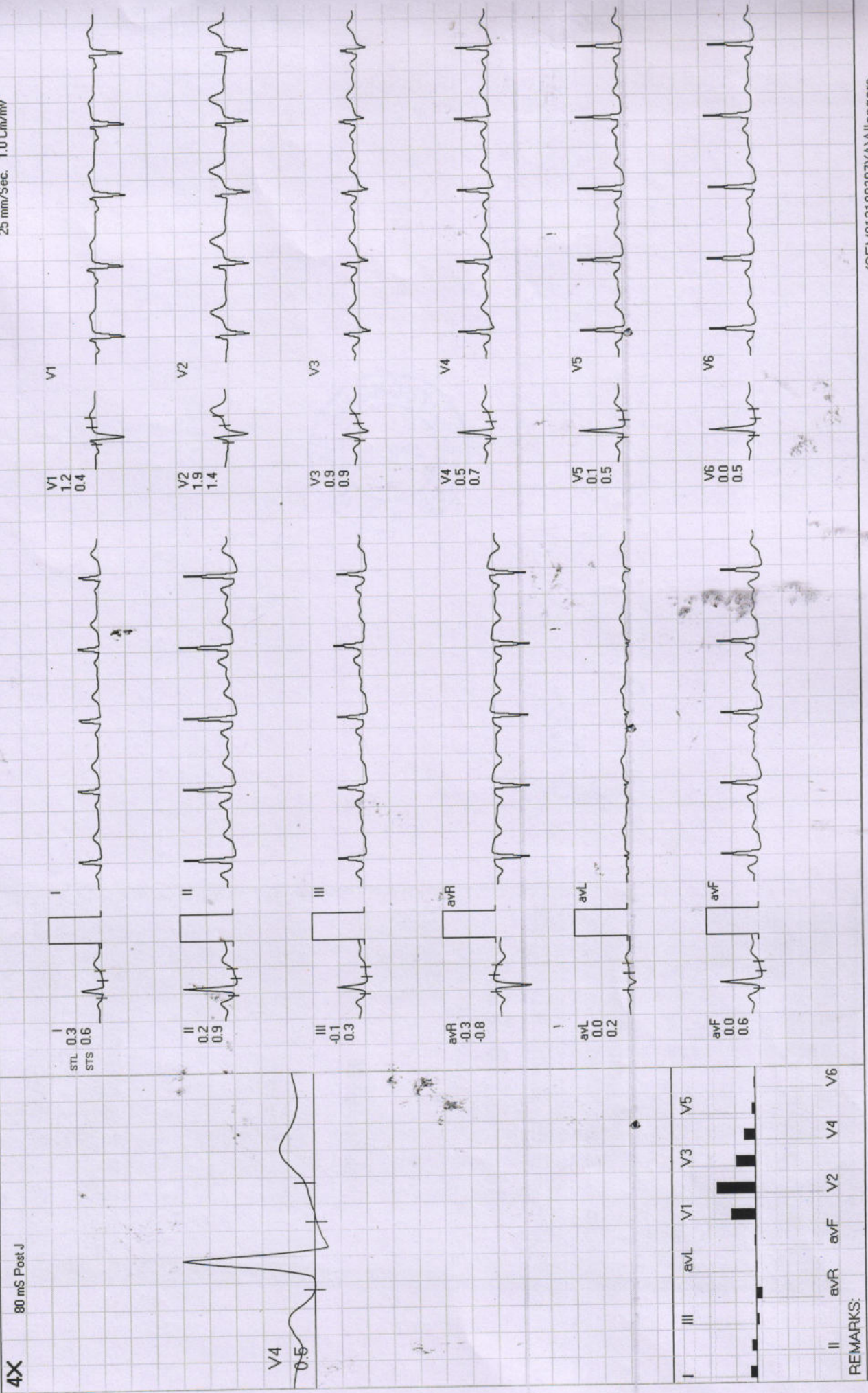


REMARKS:



Date: 29-Oct-2022 09:29:07 AM METS: 1.0/ 86 bpm 44% of THR BP: 122/76 mmHg Rew ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 20 Hz

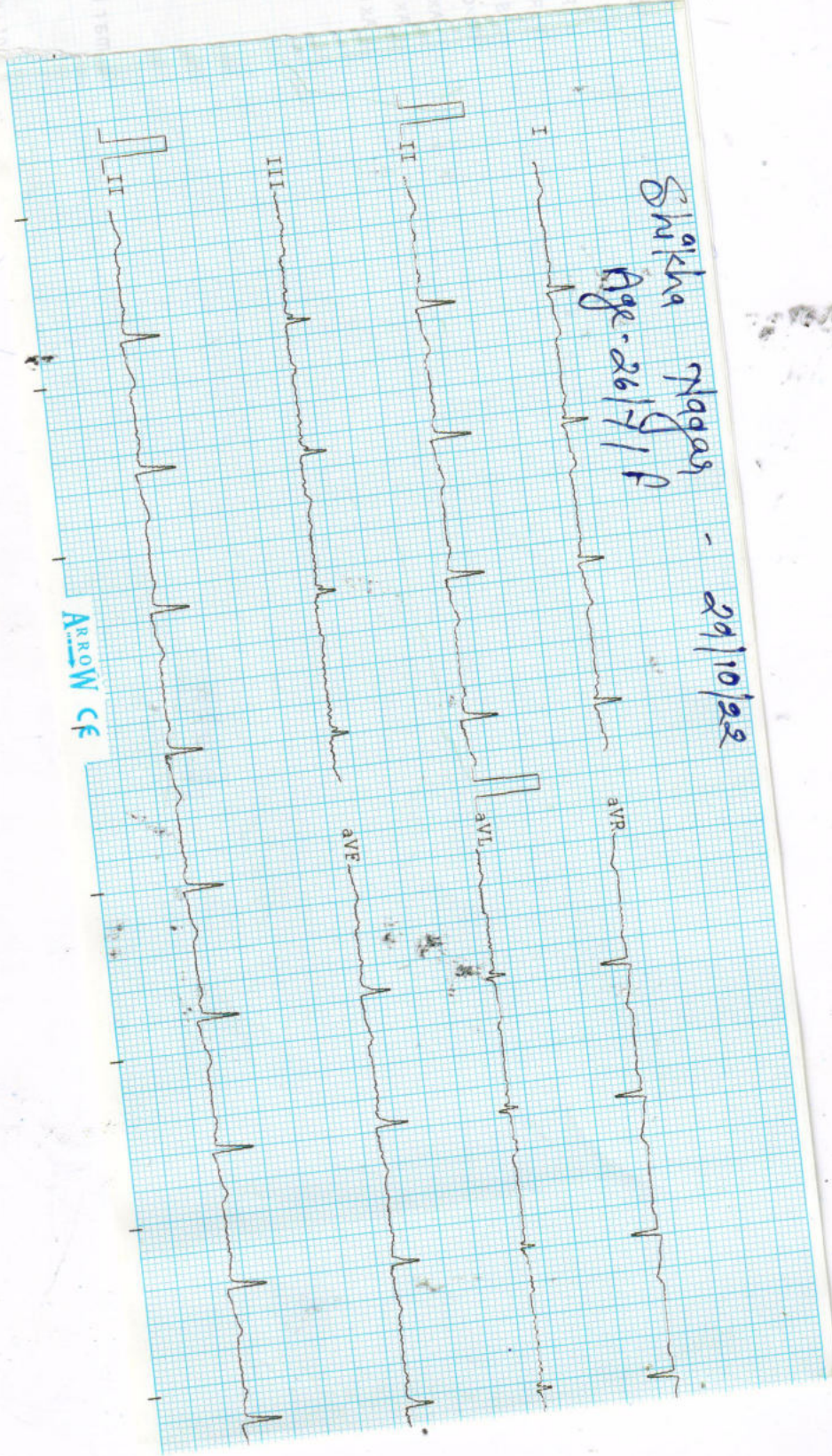
ExTime: 09:08 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

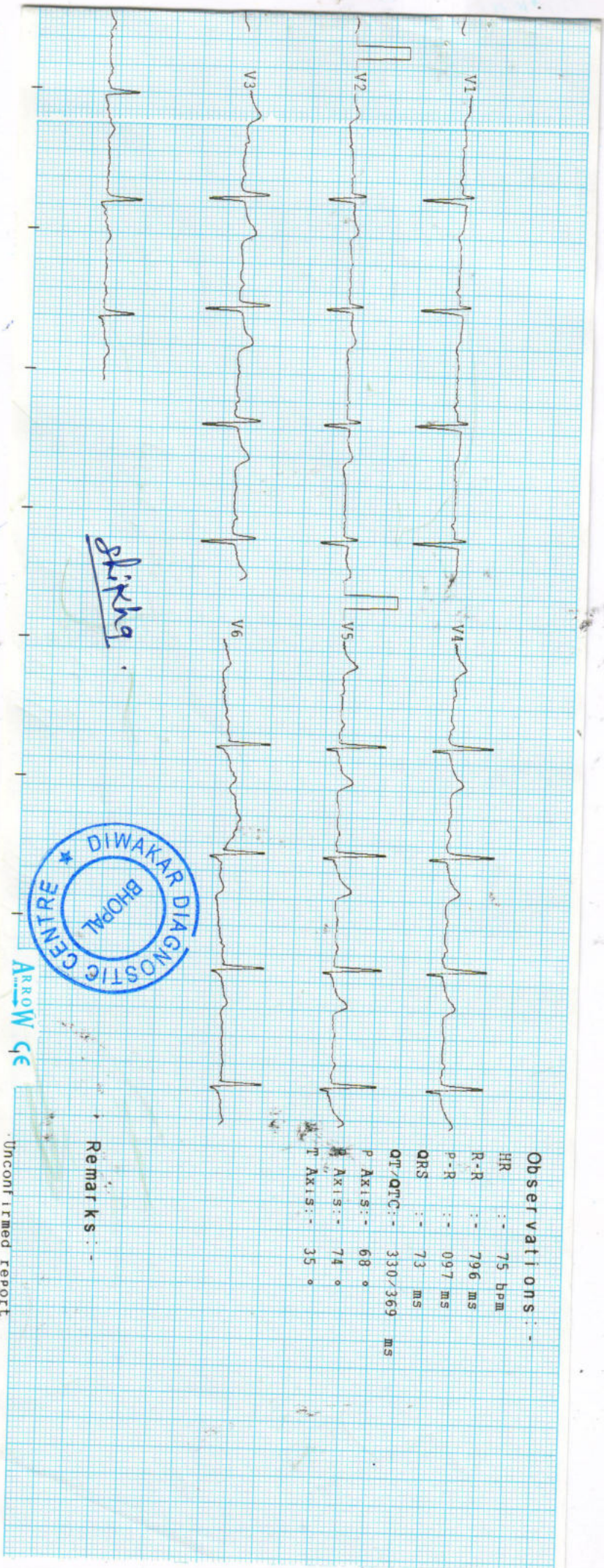


REMARKS:

Shikha Nagas  
Age - 26/9/19  
- 29/10/22

ARROW CE





Observations :-

HR :- 75 bpm  
 R-R :- 796 ms  
 P-R :- 097 ms  
 QRS :- 73 ms  
 QT/QTc :- 330/369 ms  
 P Axis :- 68 °  
 R Axis :- 74 °  
 T Axis :- 35 °

Remarks :-

Unconfirmed report



*Shikha*

ARROW GE



PTO

Right Kidney is normal in size, shape and position. Corticomedullary differentiation (CMD) is well maintained. Normal cortical thickness is noted. No E/O hydronephrosis or calculus is noted.

Pancreas appear normal in size, shape and echo texture with smooth contour. No peripancreatic pathology seen. (Not seen due to gases) Spleen is normal / enlarged in size and normal in echo texture. IVC and aorta appear to be normal. No evidence of lymphadenopathy is noted. No evidence of free fluid is noted.

Gall Bladder is physiologically well distended / collapsed. No E/O echogenic foci in GB lumen. GB wall is normal / thickened. No E/O pericholecystic collection. common duct reveals normal course and caliber. No E/O Subdiaphragmatic Collection.

Liver appears normal / enlarged in size and shape with smooth in outline. Normal / increased parenchymal echogenicity is noted. No E/O focal lesion / IHBR dilatation is seen. Hepatic veins and portal veins appear normal.

Indication :  
WHOLE ABDOMEN ULTRASOUND REPORT

Name : Mrs. Shikha Nagar 26/Female  
Health Check up.  
Date 29/10/2022  
R/B No. YRS/IF



डॉ. सविता सिनीयक  
34, भूल, मोहिनी अदिती आर्कड, शाहपुरा मस्जिद के पास  
भरत नगर रोड, ई-7/194, अररा कॉलोनी, भोपाल - 462038  
Mob. : 89896649694, 9516333619  
Clinic Registration : CL/5392/Jun/2017  
PNDT Registration : MPPCPNDDT/BPL/2017/206



**Left Kidney** is normal in size, shape and position. CMD is well maintained. Normal cortical thickness is noted. No E/O hydronephrosis or calculus is noted.

**Urinary Bladder** is well distended (physiological) / collapsed. Its contents are echo free. No E/O bladder wall thickening is noted. Post-void residue is insignificant.

**Prostate** is normal in size, shape and echo texture with smooth outline. No E/O focal lesion is noted.

**Uterus** is ante/retroverted and normal in size, shape and echotexture with smooth outline. No E/O focal lesion is noted, endometrial echo appear normal. Cervical and vaginal shadows appear normal.

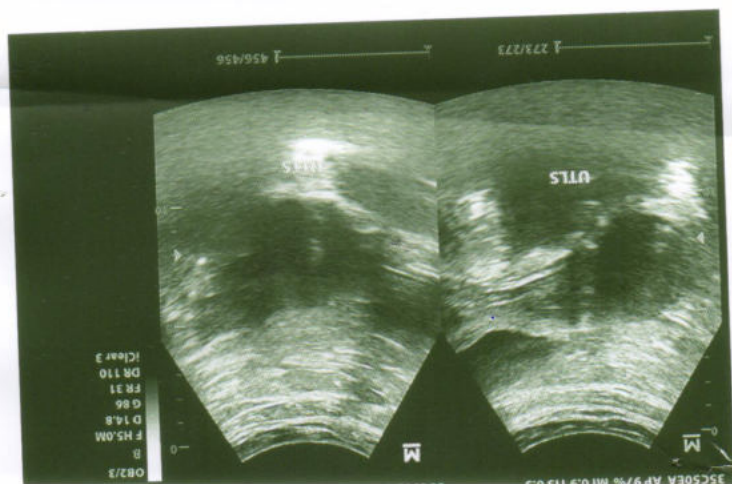
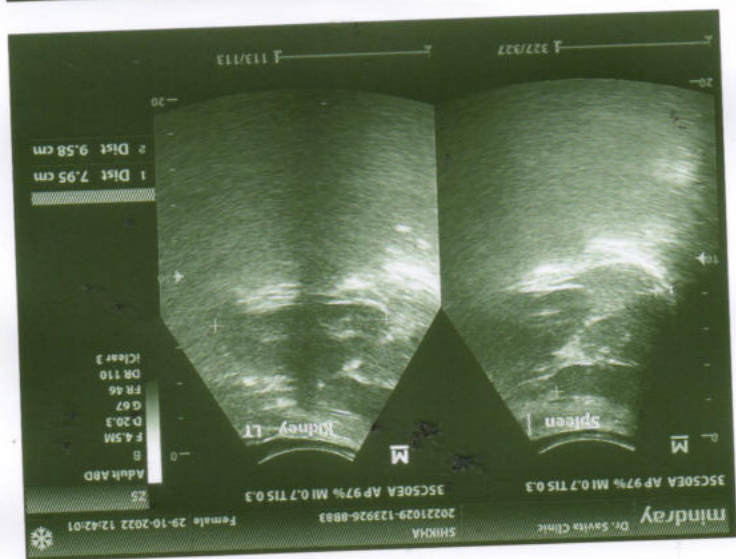
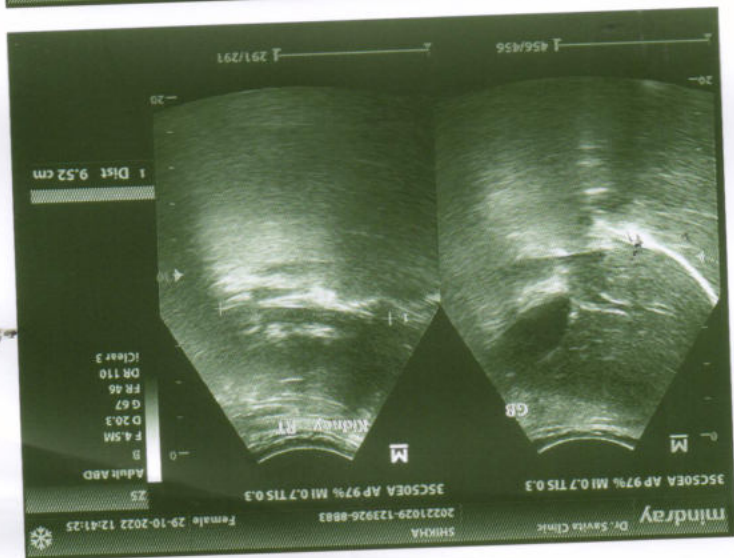
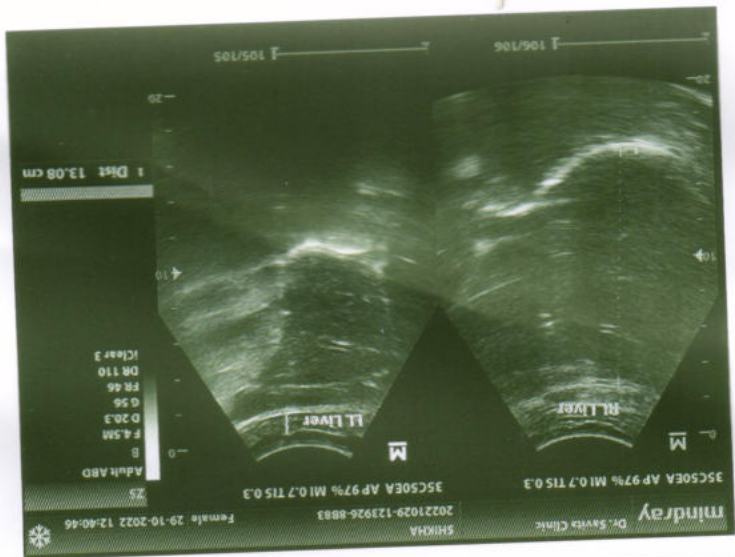
**Right Ovary** appears Enlarged/Normal in size, shape and echo texture.

**Left Ovary** appears Enlarged/Normal in size, shape and echo texture.

*bulky. small follicle antral*

Impression : ~~Normal study.~~ *PCO*

Advised clinical Correlation.



# डिवाकर डायग्नोस्टिक सेंटर



E-7/636, पंचाव नगरातील डॉक के पास, मंग रीड, अशा काळीजी भागाल ( म.प. )

फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt Name :- Mrs. Shikha Nagar  
 Age :- 26/F  
 Lab. No. :- 08  
 Date :- 29/10/2022

## EXAMINATION OF BLOOD

TEST	RESULT	NORMAL VALUE
Haemoglobin	11.3gms%	Female 12-16gms%, Male 14-18gms%
Red Cell count	3.92	4.5-5.6 million /cumm
Platelete Count	2.60	1.5-5.6 Lac/cumm
Leucocytes per.cumm	7100/cumm	5000-11000/cumm
Neutrophils	63%	50-70%
Lymphocytes	31%	20-40%
Eosinophils	0.7%	0-7%
Monocytes	0.3%	2-8%
PCV	36.6	37-47
MCH	93.4	76-96
MCHC	28.8	27-32
ESR	14	31-35
Blood Group	"A" Positive	Male 0-9, Female 0-20mm/FHR By slide method
Total Serum Cholesterol	150.0	100-250 mg%
Serum Triglyceride	100.0	Up to 150 mg%
Serum Cholesterol HDL	40.0	Up to 65 mg%
Serum Cholesterol LDL	90.0	Up to 125 mg%
VLDL	20.0	Up to 30 mg%
S.Bilirubin(Total)	0.81	0.2-1.0mg/dl
Direct	0.41	0.0-0.25mg/dl
Indirect	0.40	5-35U/L
SGOT	26.0	8-40U/L
SGPT	29.0	3-13 KA units
Alk Phosphatase	8.9	6.0-8.0mg%
S. Protein(Total)	6.8	3.7-5.3mg%
Albumin	4.4	1.5 to 3.5 mg%
Globulin	2.4	Up to 40 mg%
Blood Urea	17.0	0.5-1.4mg/dl
S.Creatine	0.85	0.5-1.4mg/dl
S.Uric Acid	7.0	3.5-7.5mg%
GGT	19.0	5-35 UL/dl
Fasting Blood Sugar	92.4	Up to 110 mg%
PP Blood Sugar	111.0	Up to 125 mg%
Glycosylated Hemoglobin	5.0	Below - 6.0% -Non Diabetic control 6-7% -Excellent control Above- 8% -Poor control
Thyrod Stimulating Hormone(TSH)	4.2	0.27-4.2

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should be get correct instantly. This report is not valid for medico legal purpose



M.B.B.S, D.C.P  
 Pathologist  
 Dr. B. B. ...



**M. Agarwal**  
MBBS  
Consultant Pathologist

A. PHYSICAL EXAMINATION	
1. Colour	Pale Yellow
2. Appearance	Clear
3. Specific Gravity	Q.N.S.
B. CHEMICAL EXAMINATION	
1. Reaction	Acidic
2. Albumin	Nil
3. Sugar	Nil
4. Bile Salts	Absent
C. MICROSCOPIC EXAMINATION	
Pus Cells	2-3/HPF
R.B.C.	Nil
Epithelial Cell	occ
Cast	Nil
Crystals (Cal. Oxa)	Nil
Bacteria	Nil
Amorphous	Nil
T. Vaginitis	Nil

### URINE ANALYSIS

Pt Name :- Mrs. Shikha Nagar  
Age :- 26/F  
Lab. No. :- 08  
Date :- 29/10/2022

**डिवाकर डायग्नोस्टिक सेंटर**  
E-7/636, पंचाल रोड, अरुण कॉलोनी भोपाल ( म.प्र. )  
फोन: 0755-2465288, 0755-3520545 मो: 9826340190

