

Name : Mr. RAJNISH KUMAR (38 /M)

Date : 07/11/2024

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002449286

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH225620



CHIEF COMPLAINTS

For corporate health checkup
C/O ?abscess in perianal region

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Asthma



DRUG ALLERGY

NO KNOWN ALLERGY :07/11/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

Frequency - nocturnal

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
Scapula (right) - stiffness; Shoulder (left) - restriction
of movement, stiffness

Skin

- urticarial; - swelling of lips



Present medications

- Nil



Past medical history

Covid 19 - Yes
Hospitalization for
Covid 19 - No



Surgical history

Arthroscopy - Right shoulder for
?recurrent dislocation in
2012



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Moderate



Family history

Father - has expired
Mother - alive
Diabetes - father
Hypertension - father
Coronary artery
disease - none
Cancer - uncle
Renal disease - father

PHYSICAL EXAMINATION



General

Build - over weight
Height - 168
Weight - 76.5
BMI - 27.1
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 63
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 132
Diastolic(mm of Hg) - 85
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:
(RE):FULL (LE):FULL
ANTERIOR SEGMENTS:
(RE):WNL (LE):WNL
VISUAL ACUITY
DISTANCE:WITHOUT
GLASS (RE):6/6 (LE):6/6
VISUAL ACUITY
NEAR:WITHOUT GLASS
(RE):N6 (LE):N6
ADVICE:*Review after
1yr/SOS

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	14.4	g/dl	●	13.0-17.0
RBC COUNT	5.15	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.5	%	●	41-53
MCV	88.3	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	12200 *	/cu mm	●	4000-10000
Platelet Count	2.33	lacs/cu mm	●	1.5-4.0
Neutrophils	72	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Neutrophilic leucocytosis noted.			
Platelets:	Adequate.			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	63 *	U/L	●	0-50

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	103	U/L	●	43-115

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	49	U/L	●	0-50

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	1.6 *	mg/dL	●	0.3-1.2

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	208 *	mg/dL	●	0-200
Non-HDL Cholesterol	170			

Test Name

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	150 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.4		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	50	U/L	●	0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.04	ng/ml	●	0.87-1.78

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	81	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	10.92	µg/dL	●	5.48-14.28

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	89	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.8	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	191 *	mg/dL	●	0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	2.3	µIU/mL	●	0.38-5.33

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	5 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.6 *	mg/dL	●	2.6-7.2

LDL CHOLESTEROL -SERUM

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range


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BILIRUBIN 0.2 mg/dL  0.0-0.2
CONJUGATED
(DIRECT) - SERUM

* Grade I fatty liver.

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL		7.0-18.0

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	9.8			

Dr. SRIJITA GHOSH SEN
DNB (RADIODIAGNOSIS)
MNAMS, FRCR (LONDON)
CONSULTANT RADIOLOGIST
Reg. No. 68918 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

Biochemistry

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

A/G - RATIO

Histopathology

PAP SMEAR /CERVICAL SMEAR

Dr. ARKADEEP DEY
DNB RESIDENT
In consultation with

Dr. SRIJITA GHOSH SEN
DNB (RADIODIAGNOSIS)
MNAMS, FRCR (LONDON)
CONSULTANT RADIOLOGIST
Reg. No. 68918 (WBMC)

ECG

SINUS BRADYCARDIA.
ST ELEVATION, PROBABLY DUE TO EARLY REPOLARIZATION.

ULTRASOUND SCREENING WHOLE ABDOMEN



Within Normal Range



Borderline High/Low



Out of Range

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Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

4

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515