

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	6,800 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	14.4 g%	13.0 - 18.0 g%
Platelets:	3,38000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.89 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	89.3 fL	80.0 - 97.0 fL
MCH:	29.4 pg	26.0 - 32.0 pg
MCHC:	33.0 g/dL	31.0 - 36.0 g/dL
HCT:	43.6 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	39 %	40 - 75 %
Lymphocyte:	48 %	20 - 45 %
Monocytes:	08 %	2 - 10 %
Eosinophills:	05 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	07 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

BLOOD GROUP

BLOOD GROUP	:	"O"
R.H.FACTOR	:	POSITIVE

Dr.S R. SARDA
M.D Reg. No.86462
CENTER FOR DIABETES & SELF CARE
Joshi Nagar, Jalna Road, Aurangabad
Dr.Sampat Sarda No.2333851, 2334858
M.D.(Pathology)

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT		
Fasting Blood Sugar:	77 mg/dl		
Post Meal Blood Suagr Level:	116 mg/dl		
REFERANCE RANGE :	NON DIABETIC	IGT	DIABETIC
FASTING	</=90MG	90-126 mg %	>/=126mg %
POSTMEAL	</=140mg	140-200mg%	>/=200mg

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.5 %	4.7-5.9 %
M.B.G	105.55% mg	70 - 120 mg
INTERPRETATION:		
FOR DIABETIC PATIENT		
Good Control:	6.0 - 7.0 %	
Fair Diabetic Control:	7.0 - 8.0 %	
Unsatisfactory control:	8.0 - 10 %	
Poor Diabetic Control:	Above 10 %	

Dr. S R. SARDA
M.D Reg. No.85462
SARDA CENTER FOR DIABETES & SELF CARE
Dr. Sampat Sarda
M.D.(Pathology) 2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

LIPID PROFILE

Serum Cholesterol :	210 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	47 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	244 mg/dl	up to 165 mg/dl
LDL Cholesterol:	114.2 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	48.8 mg/dl	up to 40 mg/dl
LDL. / HDL Cholesterol Ratio:	2.43	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	4.47	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr. S R. SARDA
M.D Reg. No. 56492
SARDA CENTER FOR DIABETES & SELF CARE
Dr. Sampat Sarda
M.D.(Pathology)
Jalna Road, Aurangabad
2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	11 mg%	5-25 mg %
CREATININE	1.0mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.66mg%	0.2-1.0 mg
DIRECT	0.26	0.0-0.3
INDIRECT	0.40	0.3-0.7
S.G.O.T	20 IU/L	15-40 IU/L
S.G.P.T	21 IU/L	15-40 IU/L
ALK PHOSPHATASE	98 IU/L	42-128IU
S.PROTEIN TOTAL	7.4gm%	6.0-8.0 gm%
ALBUMIN	4.2gm%	3.2-4.4 gm%
GLOBULINS	3.2gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.3	
G.G.T.P	21	upto50IU
SR.URIC ACID	5.0	3.5-7.0 mg %\$sruric-

Dr. S R. SARDA
M.D. (Pathology) No.86462
Dr. Sampat Sarda
M.D. (Pathology)
SARDA CENTRE FOR DIABETES & SELF CARE
4, Vyanktesh Nagar, Jalna Road, Aurangabad
Phone No.2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	131.96 ng/ml	87- 178 ng/ml
Total T 4 :	7.58 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	1.63 uIU/ml	0.38 -5.33uIU/ml

Dr. S R. SARDA
M.D Reg. No. 66462
Dr. Sampat Sarda
M.D.(Pathology)
DIABETES & SELF CARE
Jalna Road, Aurangabad
Phone NO. 2333851, 2334666

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. PRATIK JOSHI

SEX: Male AGE: .

REF. BY : BOB

DATE :03/04/2023

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

Dr.S R. SARDA
M.D Reg. No.56462
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyanktesh Nagar, Jalna Road, Aurangabad
Dr. Sampat Sarda
M.D.(Pathology)
Ph. No. 233851, 233458

Sarda Centre For Diabetes & Selfcare

04, Venkateshnagar, Jalna Rd, Aurangabad

Pratik Joshi

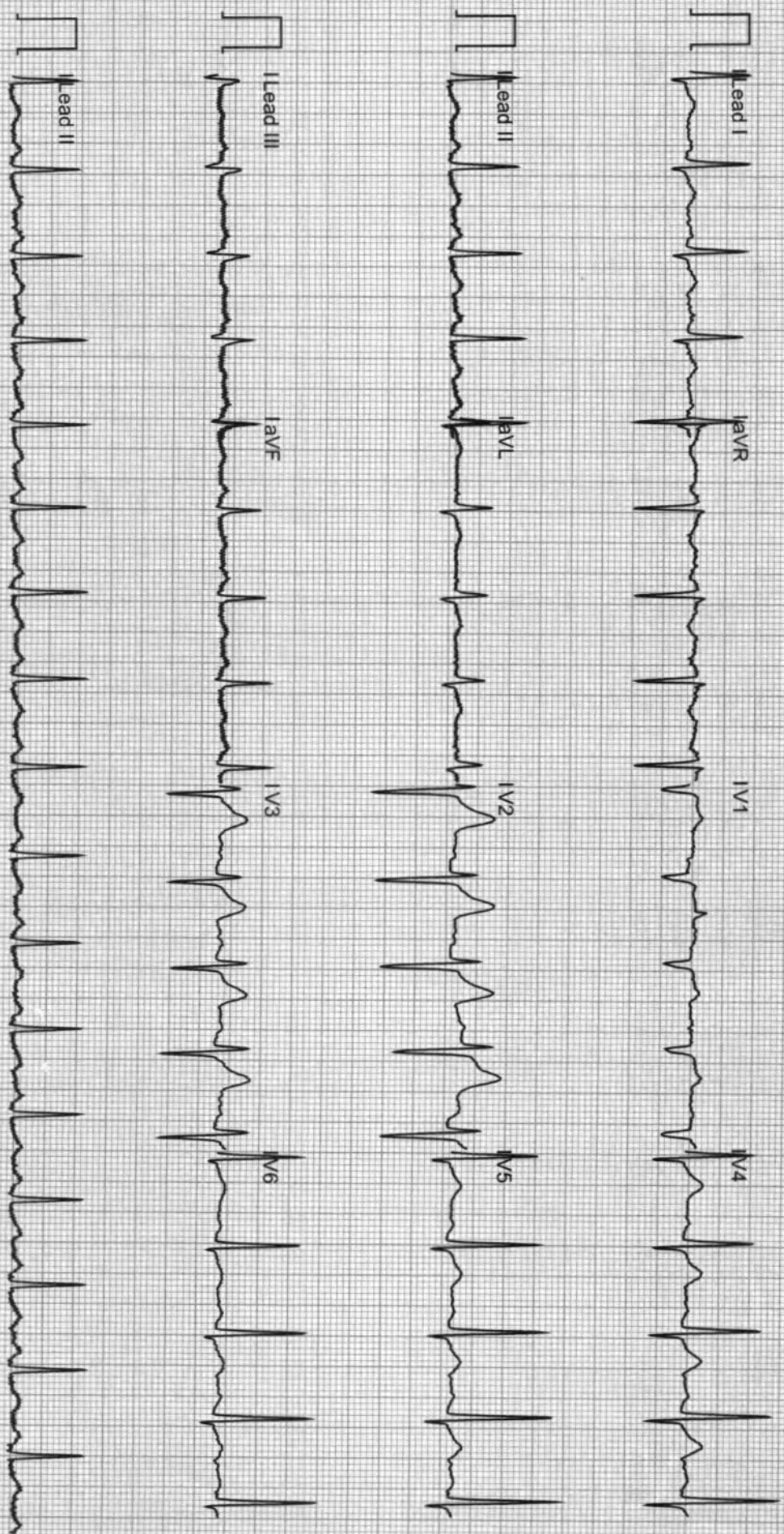
AGE/SEX : 33 Yrs / M

DATE TIME : 03/04/2023 13:42

REF BY : DR.Dr. A.S. Sarda

Signature
Dr. A.S. SARDA

SARDA CENTRE FOR DIABETES & SELF CARE
1, Venkateshnagar, Jalna Rd, Aurangabad, MS



25.0 mm/s 10.0 mm/mV

TECHNICIAN : SARDA/Pratik Joshi

ECG Cardplot 12

R

MR PRATIK JOSHI Age 33YRS Male

Chest PA Patient ID

Ref Dr

Date 03-04-2023 PM 03:22:53

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES
☎: 0240-2325282, 8446100111



DIAGNOSTIC CENTRE
X-RAY & IMAGING CLINIC

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182

Mr. PRATIK JOSHI

03-04-2023

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneuamtised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171567

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES



DIAGNOSTIC CENTRE
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240-2353182, 2325282, 8446100111

03-04-2023

Mr. PRATIK JOSHI
33YRS

USG ABDOMEN

Liver is normal in size, shape and echotexture.
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.
No e/o any solid, cystic, diffuse parenchymal pathology seen.
Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gallbladder calculus. Normal gb wall thickness.
Pancreas is normal in size, shape and echotexture.
Normal peripancreatic fat planes.
Spleen is normal in size, shape and echotexture.
Both kidneys are normal in size, shape and echotexture. No e/o any calculus seen, No e/o hydronephrosis. Normal corticomedullary distinction and cortical thickness on either side.

Urinary bladder is well distended and appeared normal, no e/o any intravesical pathology.
No e/o ascitis / paraaortic adenopathy.
Prostate measures 41 x 31 x 28 mm with approximate weight of 18 gms.

IMPRESSION
NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS,
URINARY BLADDER -

Dr. P. A. Barjatya

Radiologist

Regd.No.58902

Sardar Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

Name : Mr.Pratik Joshi**Date:03 /04/2023****Age/Sex: 33Yrs/Male****Ref By DR. Sarda sir****Stress Test Report**

- 1) Protocol-Bruce
- 2) Exercise Time-9.00min
- 3) Baseline Heart Rate and Blood Pressure-97bpm.BP-140/90mm of Hg.
- 4) Mets-10.10
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-176bpm.BP-180/90mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -94%
- 11) Reason for Termination- Target Heart Rate Achieved.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.**DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)****Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491**

ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Joshi, Pratik
Patient ID: 22937
Height: 171 cm
Weight: 112 kg

DOB: 14.02.1990
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 03.04.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:17	0.00	0.00	101	140/90	
	STANDING	00:15	0.00	0.00	102		
EXERCISE	STAGE 1	03:00	1.70	10.00	129	150/90	
	STAGE 2	03:00	2.50	12.00	148	160/90	
	STAGE 3	03:00	3.40	14.00	176	170/90	
RECOVERY		03:55	0.00	0.00	121	180/90	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 97 bpm rose to a maximal heart rate of 176 bpm. This value represents 94 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 9.00 min.
Target heart rate achieved.
No angina/arrhythmias.No ST-T Changes.
Test is negative for induced ischemia.



Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

Physician _____

Technician _____

Joshi, Pratik
 Patient ID 22937
 03.04.2023
 5:00:46pm

Tabular Summary

ASIAN HOSPITAL

Male 171 cm 112 kg
 33yrs Asian
 Meds:

BRUCE: Total Exercise Time 09:00
 Max HR: 176 bpm 94% of max predicted 187 bpm HR at rest: 97
 Max BP: 180/90 mmHg BP at rest: 140/90 Max RPP: 29920 mmHg*bpm

Test Reason:
 Medical History:

Maximum Workload: 10.10 METS
 Max ST: -1.35 mm, 0.00 mV/s in III; EXERCISE STAGE 2 05:50
 Arrhythmia: A:9, PVC:1

ST/HR index: 0.51 μ V/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test

Conclusion: Exercise of bruce protocol for 9.00 min.

Target heart rate achieved

No angina/arrhythmias.No ST-T Changes.

Test is negative for induced ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	02:17	0.00	0.00	1.0	101	140/90	14140	0	0.40	
	STANDING	00:15	0.00	0.00	1.0	102			0	0.40	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	129	150/90	19350	0	0.15	
	STAGE 2	03:00	2.50	12.00	7.0	148	160/90	23680	0	-1.10	
	STAGE 3	03:00	3.40	14.00	10.1	176	170/90	29920	0	0.65	
RECOVERY		03:55	0.00	0.00	1.0	121	180/90	21780	0	0.15	

Joshi, Pratik
Patient ID 22937
03.04.2023
5:03:01pm

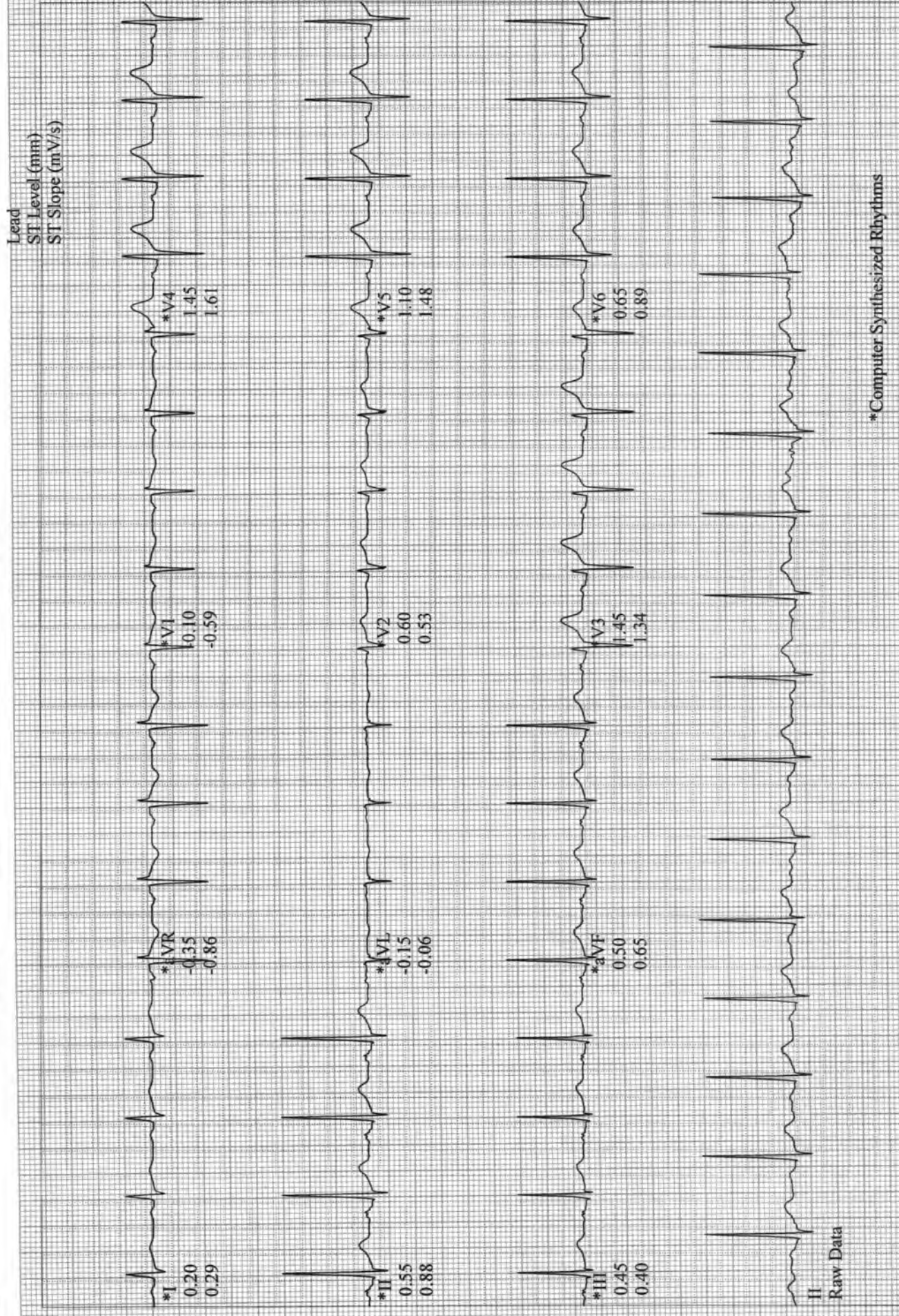
Linked Medians

PRETEST
SUPINE
02:14

98 bpm
140/90 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL



*Computer Synthesized Rhythms

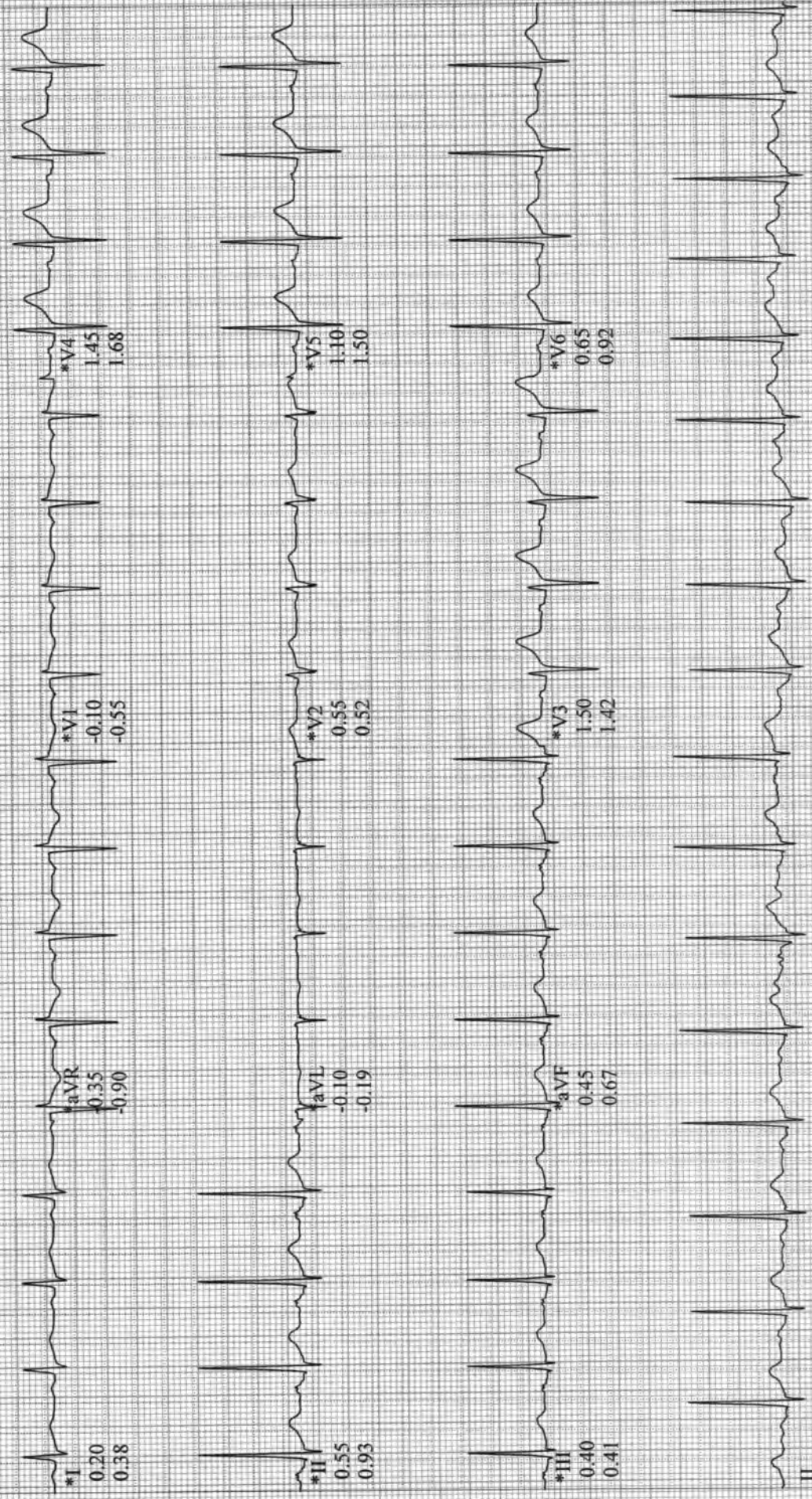
Joshi, Pratik
Patient ID 22937
03.04.2023
5:03:03pm

BRUCE
0.0 mph
0.0 %

PRETEST
STANDING
02:17

101 bpm
140/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)



II
Raw Data

*Computer Synthesized Rhythms

Joshi, Pratik
Patient ID 22937
03.04.2023
5:06:12pm

12-Lead Report
EXERCISE
STAGE 1
02:50

129 bpm
150/90 mmHg

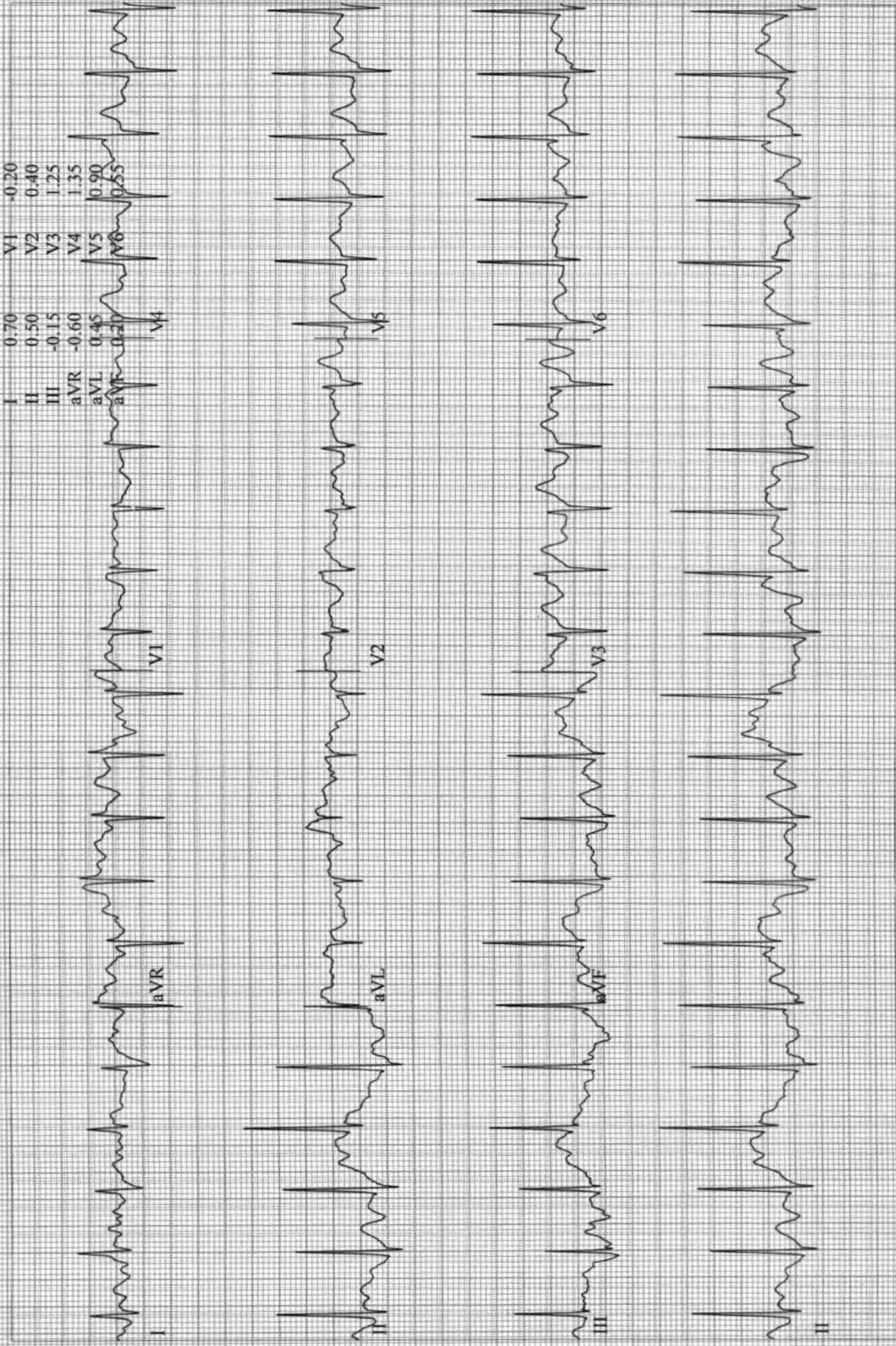
BRUCE
1.7 mph
10.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
------	--------	------	--------

I	0.70	V1	-0.20
II	0.50	V2	0.40
III	-0.15	V3	1.25
aVR	-0.60	V4	1.35
aVL	0.45	V5	0.90
aVF	0.20	V6	0.55



Joshi, Pratik
 Patient ID 22937
 03.04.2023
 5:09:12pm

12-Lead Report

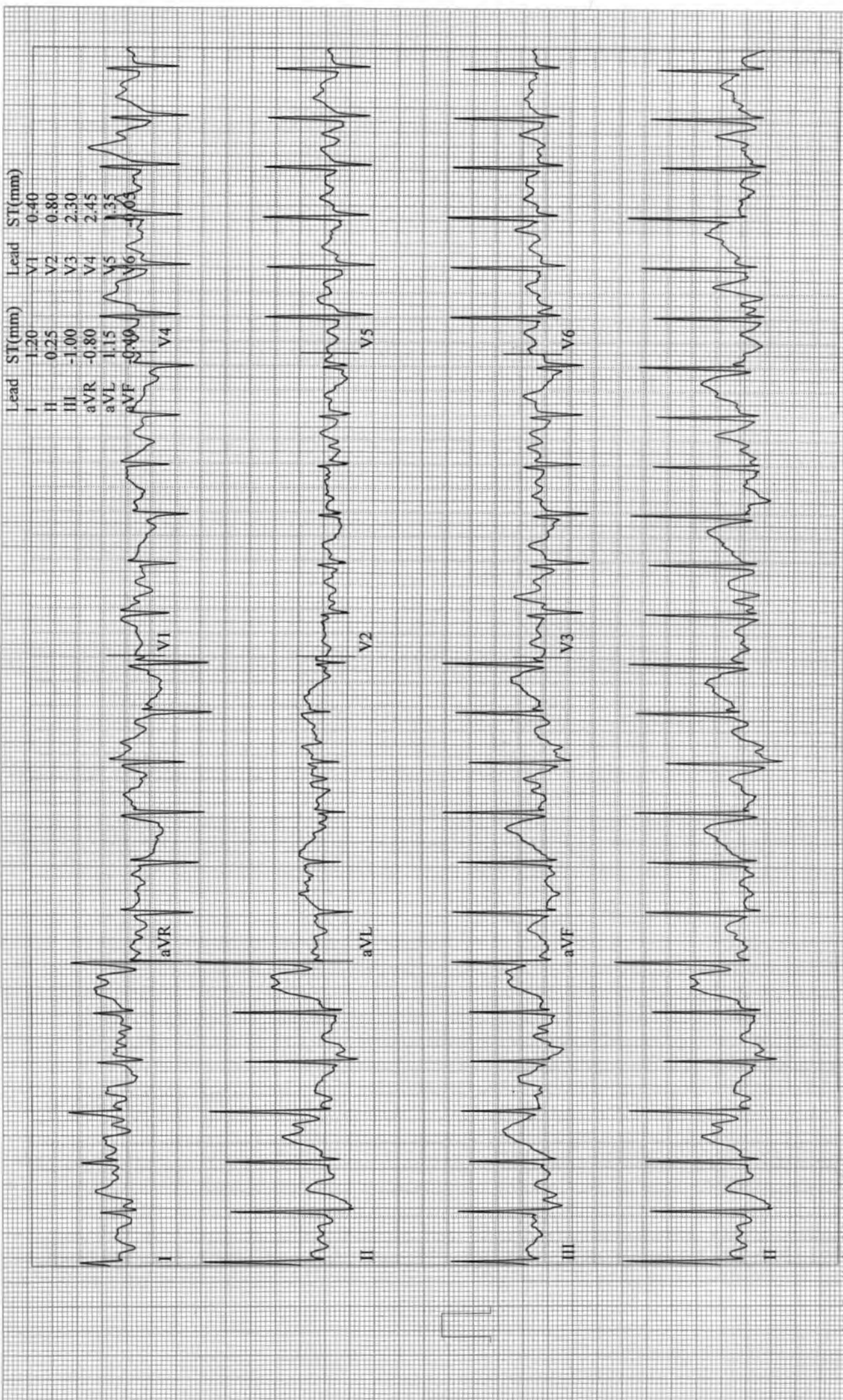
EXERCISE
 STAGE 2
 05:50

146 bpm
 160/90 mmHg

BRUCE
 2.5 mph
 12.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
 Auto Points



12-Lead Report

Joshi, Pratik
Patient ID 22937
03.04.2023
5:12:12pm

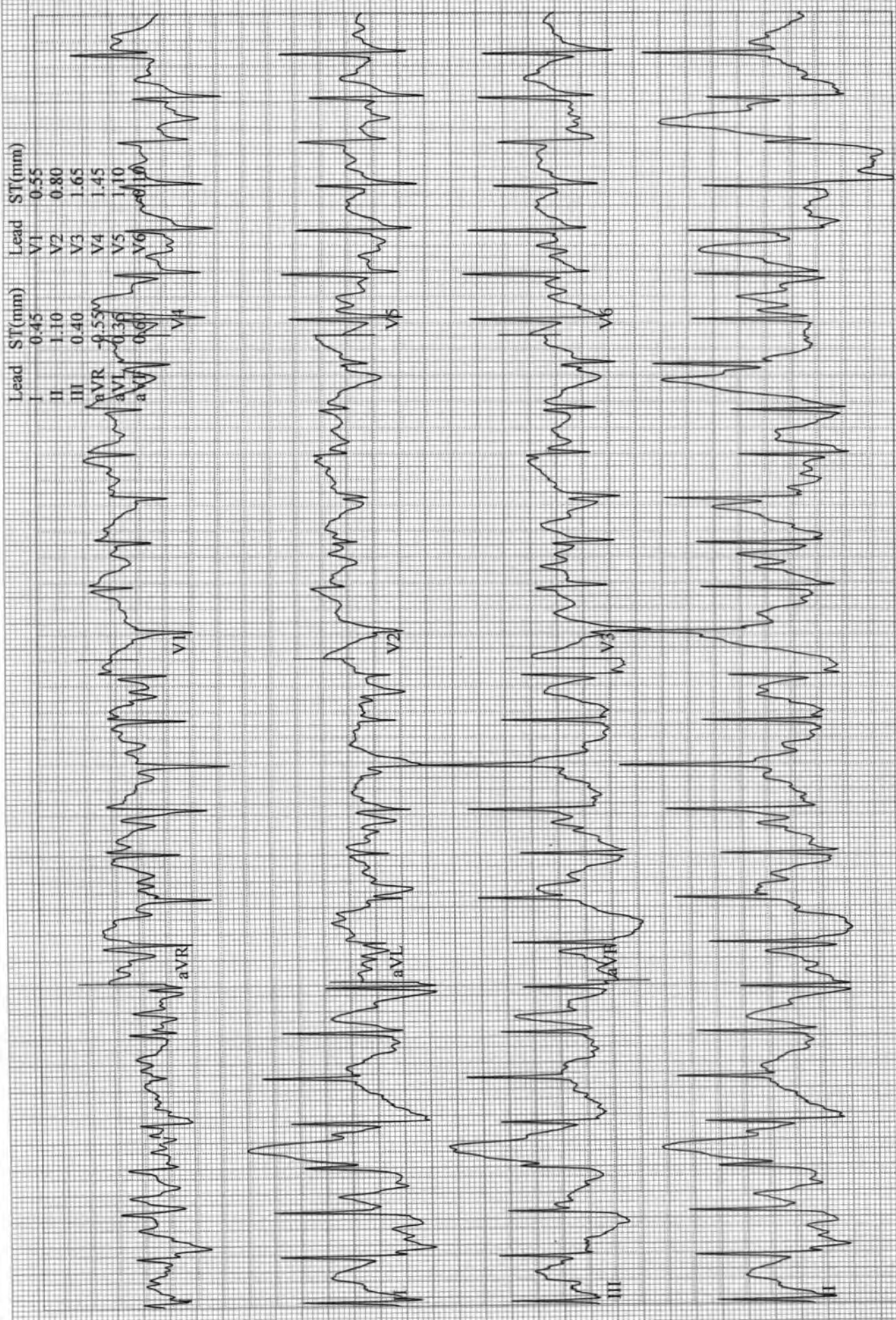
BRUCE
3.4 mph
14.0 %

EXERCISE
STAGE 3
08:50

173 bpm
170/90 mmHg

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.45	V1	0.55
II	1.10	V2	0.80
III	0.40	V3	1.65
aVR	0.55	V4	1.45
aVL	0.35	V5	1.10
aVF	0.60	V6	1.10



Joshi, Pratik
Patient ID 22937
03.04.2023
5:12:21pm

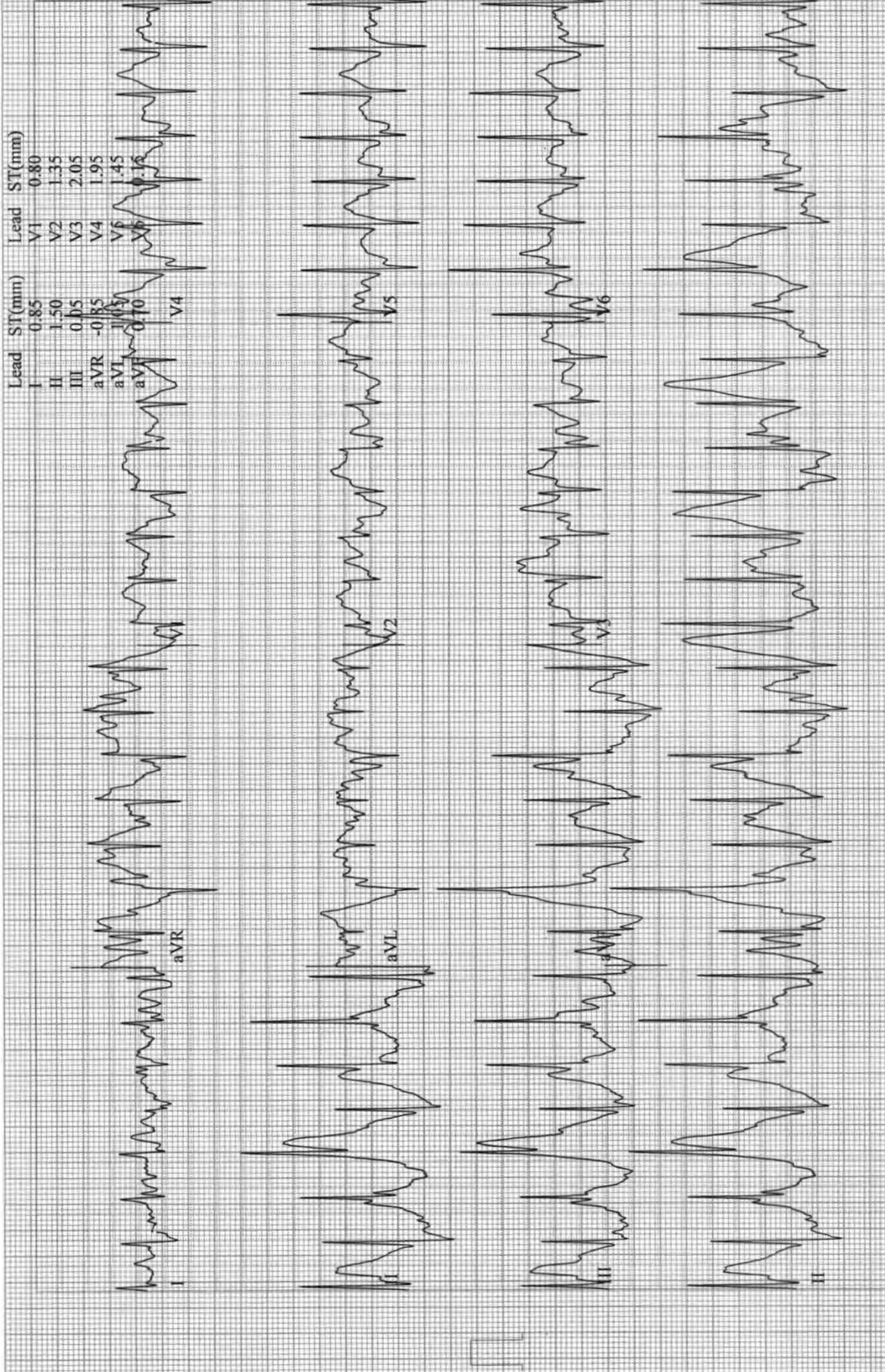
12-Lead Report (PEAK EXERCISE)
EXERCISE BRUCE
STAGE 3 3.4 mph
09:00 14.0 %

176 bpm
170/90 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.85	V1	0.80
II	1.50	V2	1.35
III	0.05	V3	2.05
aVR	-0.85	V4	1.95
aVL	1.05	V5	1.45
aVF	0.10	V6	0.16



Joshi, Pratik
Patient ID 22937
03.04.2023
5:13:12pm

12-Lead Report
RECOVERY
#1
00:50

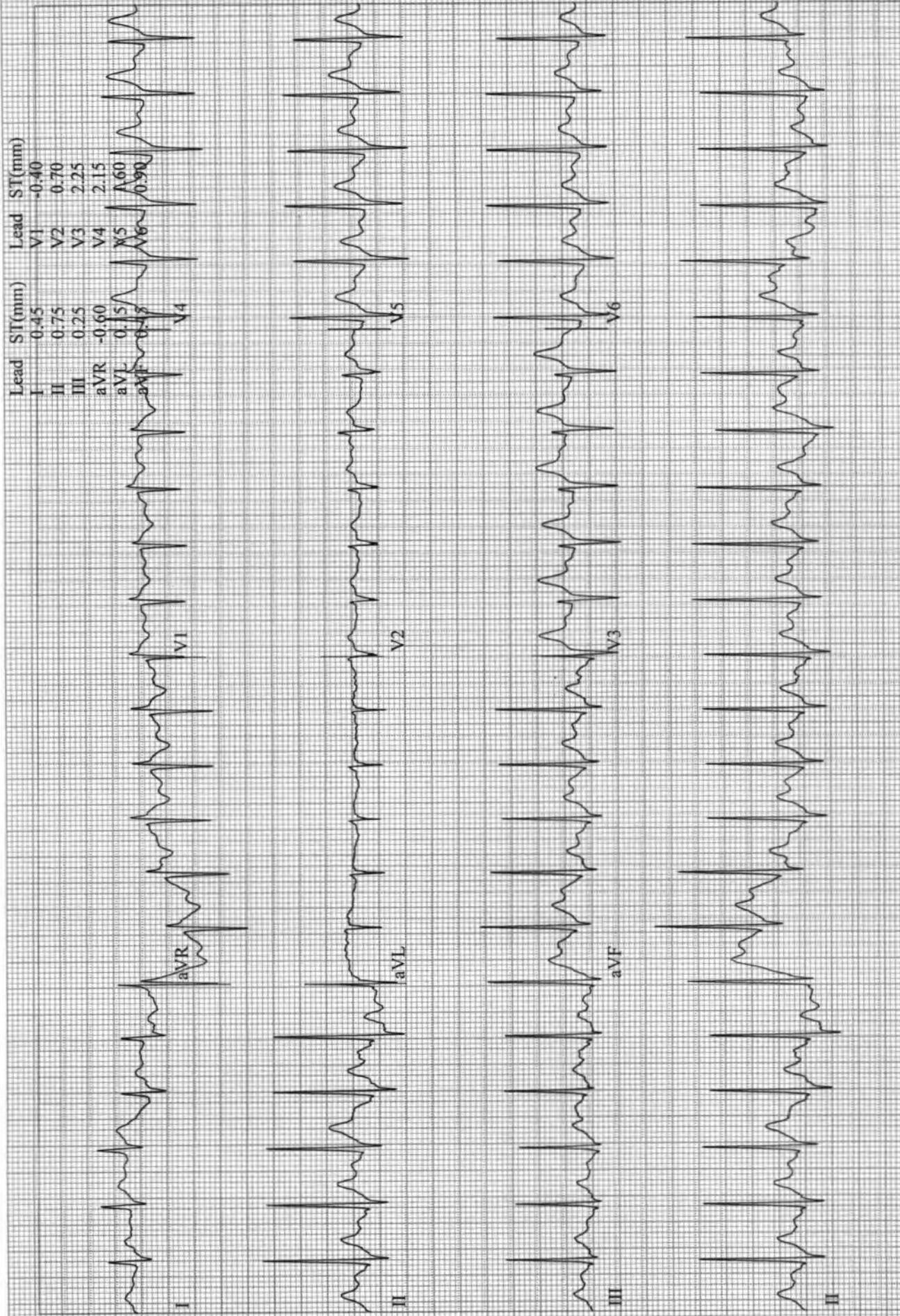
144 bpm

BRUCE
0.0 mph
0.0 %

Measured at 60ms Post J (10mm/mV)
Auto Points

ASIAN HOSPITAL

Lead	ST(mm)	Lead	ST(mm)
I	-0.45	V1	-0.40
II	0.75	V2	0.70
III	0.25	V3	2.25
aVR	-0.60	V4	2.15
aVL	0.5	V5	1.60
aVF	0.5	V6	0.90



Joshi, Pratik
 Patient ID 22937
 03.04.2023
 5:14:12pm

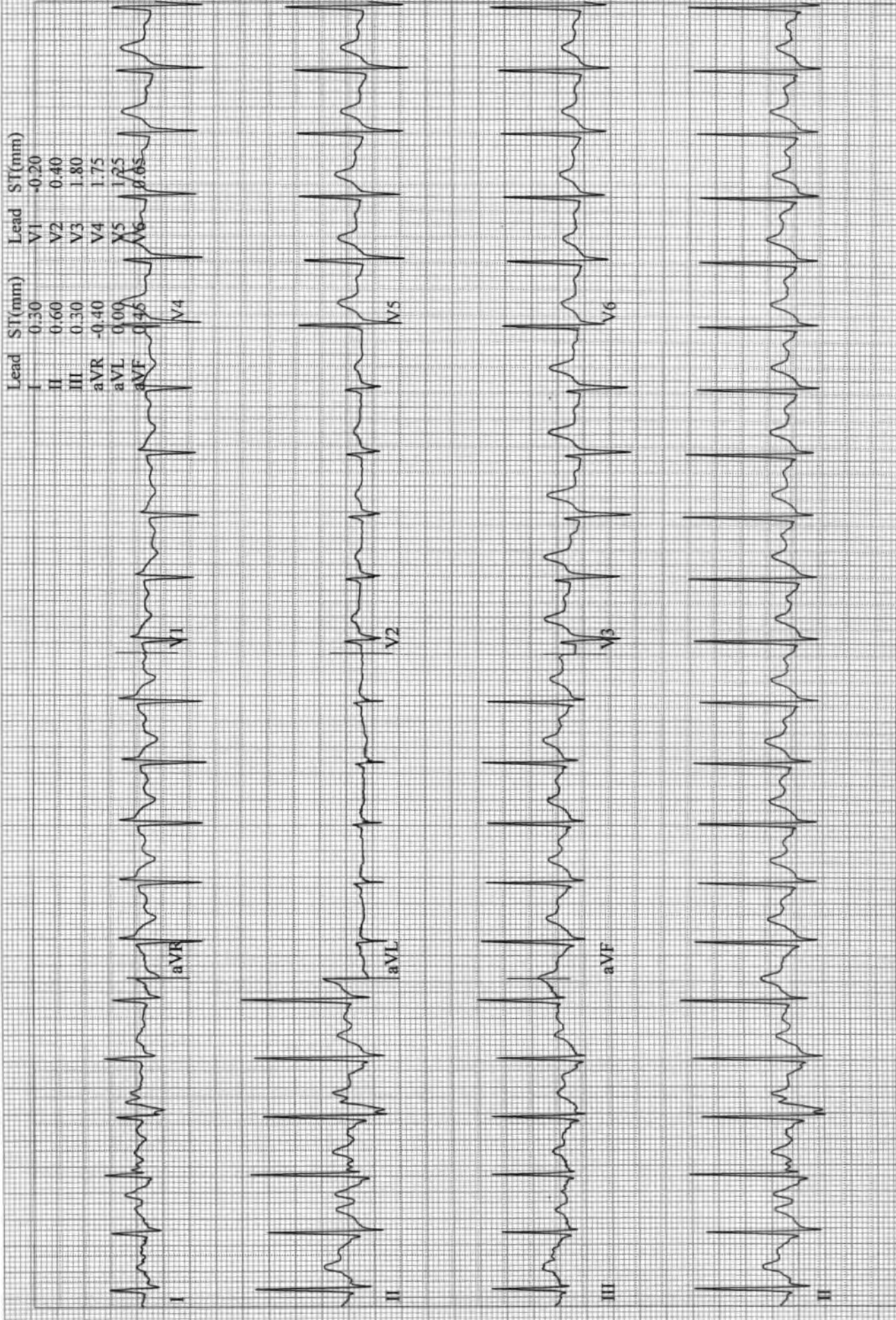
12-Lead Report
 RECOVERY
 #1
 01:50

BRUCE
 0.0 mph
 0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
 Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.30	V1	-0.20
II	0.60	V2	0.40
III	0.30	V3	1.80
aVR	-0.40	V4	1.75
aVL	0.00	V5	1.25
aVF	0.45	V6	0.65



Joshi, Pratik
Patient ID 22937
03.04.2023
5:15:12pm

12-Lead Report

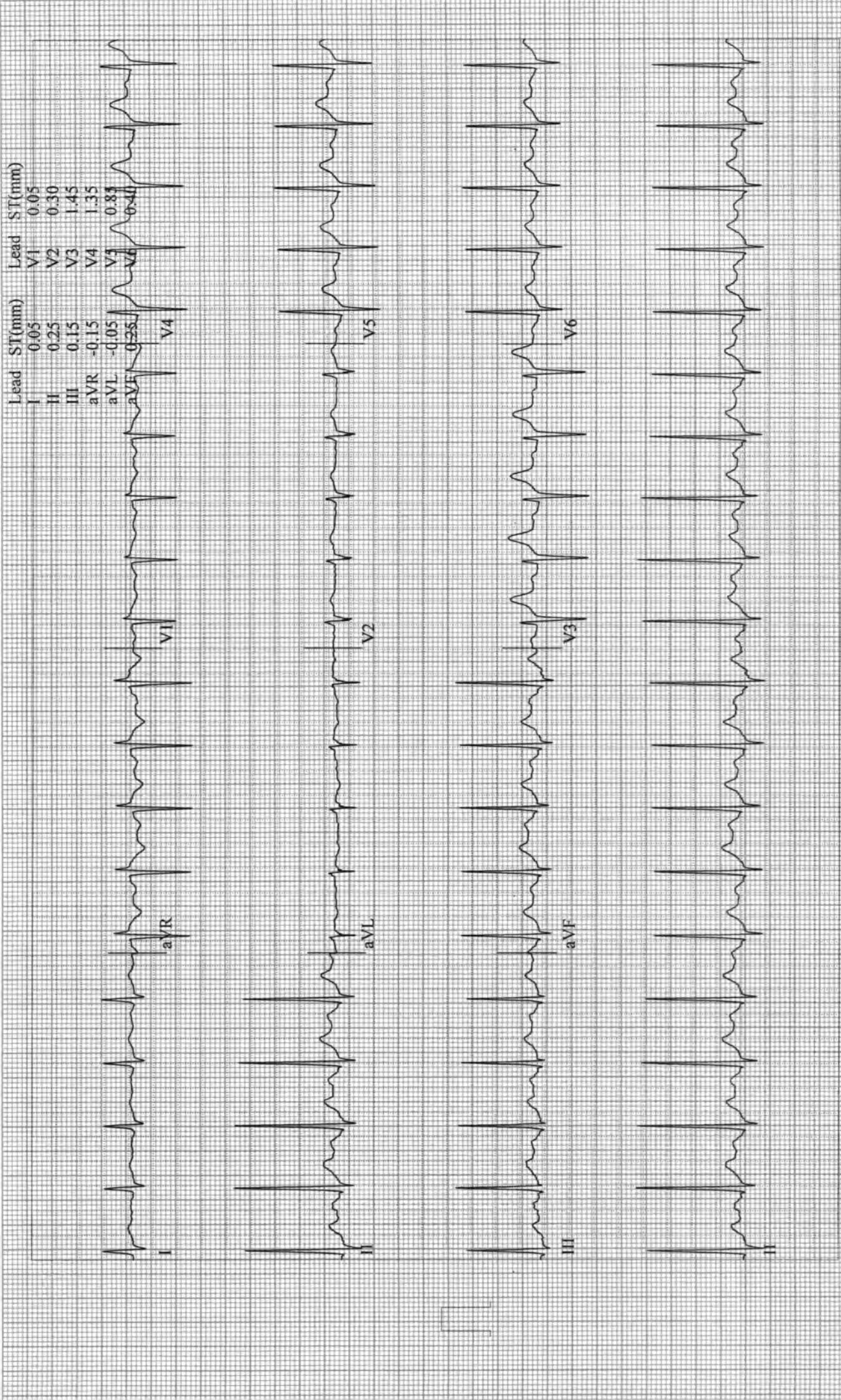
RECOVERY
#1
02:50

117 bpm
180/90 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Josh, Pratik
Patient ID 22937
03.04.2023
5:16:12pm

12-Lead Report

RECOVERY
#1
03:50

122 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.00	V1	0.10
II	0.20	V2	0.25
III	0.15	V3	1.15
aVR	-0.10	V4	1.05
aVL	-0.10	V5	0.70
aVF	0.30	V6	0.30

