

MEDICAL SUMMAR A POLIO Clinic VASHI

S	5 1.23		VASHI
NAME:	The Debidas 1	Jahan UHID:	***************************************
AGE:	33	DATE OF HEALTHCHECK:	1618/2023
GENDER:	M,		
HEIGHT:	185	MARITAL STATUS:	m
WEIGHT:	98.1	NO OF CHILDREN:	(,
BMI:	28.7		
C/O: - C Mb {c P/M/H: -	out the Congri	K/C/O: PRESENT MEDICATION P/S/H: - MO	l: - Mo
ALLERGY: PHYSICAL	ACTIVITY: Active/ Modera	te/ Sedentary	

	ALCOHOL:	-	y	5	1	
	TOBACCO/P	AN:	-4	ses	,	
O/E:						

BP: - 110/82 PULSE: - 68/min

TEMPERATURE: SCARS:

H/A: SMOKING: - yes.

S/E: RS:

CVS: Sidar

CNS: Co-won, Onterour

LYMPHADENOPATHY:

PALLOR/ICTERUS/CYNOSIS/CLUBBING:

FAMILY HISTORY FATHER: - Thype 2 done

OEDEMA:

P/A:

Extremities & Spine: Point (50).

ENT: Skin: - H

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR:				
NEAR :				
COLOUR VISION:				

Findings and Recommendation:

Findings:-

Plat + L gtt Ta

Recommendation:-

Repeat CBC = 17 day - Syp. Manonat Dzonalwech . reed - Repeal LRT x 15-20 days

Signature:

Consultant -

DR. ANIRBAN DASGUPTA MBBS, D.N.B MEDICINE DIPLOMA CARDIOLOGY MMC-2005/02/0920





OPHTHALMIC EVALUATION

UHID No.:							[Date :	18/91	23
Name : DE	BID	AS.	MA	HAN	TY	Age	: 331	— Gend	der : Male	/Female
Without Corre	ction:							(
Distance: Righ	nt Eye _		61	9		Left E	ye	6/	6.	
	ar : Right Eye N - 6									
With Correction:										
Distance: Right Eye6/6			Left E	Left Eye6/6						
√lear : Righ	t Eye					Left E	Eye			
			DIGUE							
	SPH	CYL	RIGHT	PRISM	VA	SPH	CYL	LEFT	PRISM	VA
Distance	-0.25		7000		6/6			AXIO	TRIOW	6/6
Near					(6					
Colour Vision	: (B	se).	7	NL.						
Anterior Segm	ent Exar	mination	: (BE) , ,	UNL	, -				
Pupils :	SE)	WN	١ -							
Pupils: (BE) WNL - Fundus: (BE) WNL - Lindal L Intraocular Pressure:										
Diagnosis :	Diagnosis: (BE) - WNL.									
Advice :										
Re-Check on _										

Dr. Ago sika Der (Consultant Ophthalmologist)

DR. SAGORIKA DEY

MBBS, DOMS

■ Consultation ■ Diagnostics ■ Health Cherk Eps No. 1008/04/1182





DENTAL CHECKUP

Name: My. D.	ebidas 11	rahanty.	MR NO:	
Age/Gender:	33 M.		Date:	16/8/23
Medical history: □ D	iabetes □ Hyp	ertension 🗆 _		
EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility				
Caries (Cavities)				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				
TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy Crown				
Extraction				
Extraction				
Other Findings:	or Braces: Ye Replace Missing acco Cigaretice to quit any f	es / No g Teeth: De te Dothers form of tobacco	nture Dridge since yea as it can caus	rs e cancer.
Adv: C	ionsevatu to	ant plan	۸,	dary, - 2 month
- 5	M fino	twiceele	J 22	nonthy
			1	
	• ANDHERI • CO	DLABA • NASHIK •	VASHI DY AZ	1798 Anerka





The Emerald, 1st Floor, Plot No. 195, Sector-12, Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703. Tel.: (022) - 2788 1322 / 23 / 24 S 8291490000 Email: apolloclinicvashi@gmail.com



Name

: Mr. Debidas Mahanty

Gender

: Male

Age : 33 Years

UHID

: FVAH 7843.

Bill No

Lab No

: V-1430-23

Ref. by

: SELF

Sample Col.Dt : 16/08/2023 08:40

Barcode No

: 5796

Reported On

: 16/08/2023 18:38

TEST

RESULTS

BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

Haemoglobin(Colorimetric method)	14.3	g/dl	13 - 18
RBC Count (Impedance)	4.80	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	45.4	%	35 - 55
MCV:(Calculated parameter)	94.8	fl	78 - 98
MCH:(Calculated parameter)	29.9	pg	26 - 34
MCHC:(Calculated parameter)	31.5	gm/dl	30 - 36
RDW-CV:	13.8	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6060	/cumm.	4000 - 10500
Neutrophils:	57	%	40 - 75
Lymphocytes:	31	%	20 - 40
Eosinophils:	<u>08</u>	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	1.27	Lakhs/c.mm	1.5 - 4.5

MPV

10.9

fl

6.0 - 11.0

Peripheral Smear (Microscopic examination)

RBCs:

Normochromic, Normocytic

WBCs:

Eosinophilia

Platelets

Reduced, Manual platelet count = 1.30 Lakhs/c.mm

Note:

Test Run on 5 part cell counter.

Tejal Dighe **Entered By** Ms Kaveri Gaonkar Verified By

Page 3 of De Milind Patwardhan M.D(Path) **Chief Pathologist**

End of Report Results are to be correlated clinically





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RESULTS

BIOLOGICAL REFERENCE INTERVAL

: Male

ESR(Westergren Method)

Erythrocyte Sedimentation Rate:-

mm/1st hr

0 - 20

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RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:0:

Rh Type:

Positive

Method:

Matrix gel card method (forward and reverse)

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RESULTS

UNITS

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Fasting Plasma Glucose:

100

mg/dL

Normal < 100 mg/dL

Impaired Fasting glucose: 101 to 125 mg/dL

Diabetes Mellitus : >= 126 mg/dL

(on more than one occasion)

(American diabetes association guidlines 2016)

Post Prandial Plasma Glucose:

85

mg/dL

Normal < 140 mg/dL

Impaired Post Prandial glucose : 140 to 199 mg/dL

Diabetes Mellitus : >= 200 mg/dL (on more than one occasion)

(American diabetes association guidlines 2016)

Method:

Hexokinase

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TEST

RESULTS

5.7

BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin:

Normal

<5.7 %

Pre Diabetic

5.7 - 6.5 %

Diabetic

>6.5 %

Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %

Mean Blood Glucose:

116.89

mq/dL

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method

High Performance Liquid Chromatography (HPLC).

INTERPRETATION

The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.

* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.

It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics.

Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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RESULTS

UNITS

BIOLOGICAL REFERENCE INTERVAL

Lipid Profile- Serum

S. Cholesterol(Oxidase)

160

mg/dL

Desirable < 200

Borderline:>200-<240

Undesirable:>240

S. Triglyceride(GPO-POD)

122 mg/dL

Desirable < 150

Borderline:>150-<499

Undesirable:>500

S. VLDL:(Calculated)

24.4

mg/dL

Desirable <30

S. HDL-Cholesterol(Direct)

60.9 mg/dL Desirable > 60

Borderline:>40-<59

Undesirable: <40

S. LDL:(calculated)

mg/dL 74.7

Desirable < 130

Borderline:>130-<159

Undesirable:>160

Ratio Cholesterol/HDL

2.6

3.5 - 5

Ratio of LDL/HDL

1.2

2.5 - 3.5

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TEST

RESULTS

UNITS

BIOLOGICAL REFERENCE INTERVAL

LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.61	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.57	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.04	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.5		0.9 - 2
S.Total Bilirubin (DPD):	0.95	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.42	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.53	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	<u>71</u>	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	83	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	111	U/L	40 - 129
S.GGT(IFCC Kinetic):	<u>263*</u>	U/L	11 - 50

Ujwala More **Entered By**

Remarks:

Ms Kaveri Gaonkar Verified By

End of Report Results are to be correlated clinically

* Rechecked & confirmed. Kindly Correlate Clinically

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TEST	RESULTS	5	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEN	MISTRY	
S.Urea(Urease Method)	12.8	mg/dl	10.0 - 45.0
BUN (Calculated)	5.97	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.93	mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	6.42		9:1 - 23:1

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TEST

RESULTS

UNITS

BIOLOGICAL REFERENCE INTERVAL

BIOCHEMISTRY REPORT

S.Uric Acid(Uricase-POD):

5.4

mg/dL

3.4 - 7.0

Ujwala More **Entered By** Ms Kaveri Gaonkar Verified By

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TEST

RESULTS

UNITS

BIOLOGICAL REFERENCE INTERVAL

Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)

2.26

nmol/L

1.3 - 3.1 nmol/L

Total T4 (Thyroxine) (ECLIA)

(Thyroid-stimulating hormone)

83.61

nmol/L

66 - 181 nmol/L

TSH-Ultrasensitive

Method: ECLIA

□IU/mI

2.65

Hyperthyroid : < 0.35 □IU/ml

Euthyroid :0.35 - 5.50 □IU/ml

Hypothyroid: > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3:

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for

diagnosis of hypothyrodism.

2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.

3. Total T3 may decrease by < 25 percent in healthy older individuals

T4:

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens, Estrogens, O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure. Severe burns, trauma and surgery etc.

2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.

3. Drugs that increase TSH values e.g. lodine, Lithium, Amiodarone

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TEST

RESULTS

BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY

30

mL

COLOUR

Pale Yellow

APPEARANCE

Clear

Clear

SEDIMENT

Absent

Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)

7.0

4.6 - 8.0

SPECIFIC GRAVITY

1.005

1.005 - 1.030

URINE ALBUMIN

Absent

Absent

URINE SUGAR(Qualitative)

Absent

Absent

KETONES

Absent

Absent

BILE SALTS

Absent

Absent

BILE PIGMENTS

Absent

Absent

UROBILINOGEN

Normal(<1 mg/dl)

Normal

OCCULT BLOOD **Nitrites**

Absent Absent Absent Absent

MICROSCOPIC EXAMINATION

PUS CELLS

Occasional

0 - 3/hpf

RED BLOOD CELLS

Nil /HPF Occasional Absent

EPITHELIAL CELLS

3 - 4/hpf

CASTS

Absent

Absent

CRYSTALS BACTERIA

Absent Absent Absent Absent

Vasanti Gondal **Entered By**

Ms Kaveri Gaonkar Verified By

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TEST

RESULTS

BIOLOGICAL REFERENCE INTERVAL

Vitamin D(25-OH Cholecalciferol)-Serum

25 Hydroxy (OH) vit D by ECLIA

10.54

ng/ml

Deficiency : Less then 12

insufficiency :12 - 30

Sufficiency: 30 - 70 Toxicity: More then 70

Vitamin D is a fat soluble vitamin and exists in two main forms as cholecalciferol (vitamin D3) which is synthesized in skin from 7-dehydrocholesterol in response to sunlight exposure & Ergocalciferol (vitamin D2) present mainly in dietary sources. Both cholecalciferol & Ergocalciferol are converted to 25(OH)vitamin D in liver. Testing for 25(OH)vitamin D is recommended as it is the best indicator of vitamin D nutritional status as obtained from sunlight exposure & dietary intake. For diagnosis of vitamin D deficiency it is recommended to have clinical correlation with serum 25(OH)vitamin D, serum calcium, serum PTH & serum alkaline phosphatase. During monitoring of oral vitamin D therapy - suggested testing of serum 25(OH)vitamin D is after 12 weeks or 3 mths of treatment. However, the required dosage of vitamin D supplements & time to achieve sufficient vitamin D levels show significant seasonal (especially winter) & individual variability depending on age, body fat, sun exposure, physical activity, genetic factors (especially variable vitamin D receptor responses), associated liver or renal disease, malabsorption syndromes and calcium or magnesium deficiency influencing the vitamin D metabolism. Vitamin D toxicity is known but very rare. Kindly correlate clinically, repeat with fresh sample if indicated.

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End of Report Results are to be correlated clinically Dr. Milind Patwardhan M.D(Path) **Chief Pathologist**

Page 12 of 12

16.08.2023 8:56:08 Apollo Clinic 1st Flr, The Emerald, Sector-12, Vashi, Mumbai-400703.

67 bpm -- / -- mmHg

Male

33 Years

QRS: 88 ms QT / QTcBaz: 374 / 395 ms 136 ms

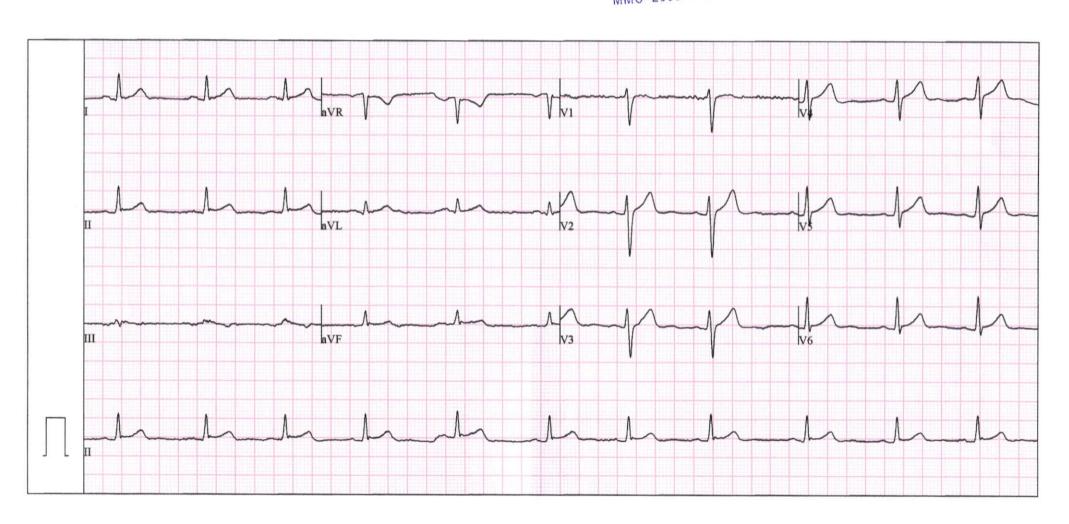
PR: P: 66 ms RR / PP: 900 / 895 ms P/QRS/T: 29/36/19 degrees

Normal sinus rhythm with sinus arrhythmia Normal ECG

NORMALECG

Dr. ANIRBAN DASGUPTA ware M.B., B.S., D.N.B. Medicine

Diploma Cardiology MMC -2005/02/0920



Apollo Clinic

The Emerald Plot No-195/B. Sector-12. Neel Siddhi Towers, Vashi-400703

Station Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: DEBIDAS, MAHANTY

Patient ID: 7843 Height:

Weight:

Study Date: 16.08.2023

Test Type: Treadmill Stress Test

Protocol: BR | CE

Medications:

NIL

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

DOB: 04.10.1989 Age: 33yrs Gender: Male Race: Asian

Referring Physician: --

Attending Physician: DR. ANIRBAN DASGUPTA

Technician: Anita Gaikwad

Phase Name	Stage Name	Time	Speed	Grade	HR	BP	Comment
		in Stage	(mph)	(%)	(bpm)	(mmHg)	
PRETEST	SUPINE	02:01	0.00	0.00	89	110/80	
	STANDING	00:23	0.00	0.00	70	110/80	
	HYPERV.	00:16	0.00	0.00	70		
	WARM-UP	00:07	0.00	0.00	69		
EXERCISE	STAGE 1	03:00	1.70	10.00	117	120/80	
	STAGE 2	03:00	2.50	12.00	144	140/80	
	STAGE 3	01:01	3.40	14.00	162	150/80	
RECOVERY		01:05	0.00	0.00	120	170/90	

The patien exercised according to the BRUCE for 7:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 67 bpm rose to a maximal heart rate of 162 bpm. This value represents 86 % of the maximal, are-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

'nterpretation

Summary: Resting ECG: normal. Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none. Arrhythmis s: none. ST Changes: none.

Overall impression: Normal stress test.

Conclusions

TMT IS NI GATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-I)R.ANIRBAN DASGUPTA

Jasgupte

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Diploma Cardiology MMC -2005/02/0920





PATIENT'S NAME	DEBIDAS MAHANTY	AGE:-33 Y/M
UHID	7843	DATE :16 Aug. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Patient is in positional obliquity.

Bilateral lung fields are clear.

Both hila are normal.

Bilateral cardiophrenic and costophrenic angles are normal.

The trachea is central.

Aorta appears normal.

The mediastinal and cardiac silhouette are normal.

Soft tissues of the chest wall are normal.

Bony thorax is normal.

IMPRESSION:

> No significant abnormality seen.

DR.CHHAYA S. SANGANI CONSULTANT SONOLOGIST

Reg No. 073826





PATIENT'S NAME	DEBIDAS MAHANTY	AGE:- 33y/M
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USG WHOLE ABDOMEN

LIVER is enlarged in size (17.2 cms), normal shape and shows bright echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 10.7 x 4.1 cm. LEFT KIDNEY measures 11.3 x 4.4 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture. It measures approximately 14.6 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION -

- Hepatomegaly with Grade I fatty liver.
- No other significant abnormality detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQURE CLINICAL CO-RELATION BEFORE ANY APPLICATION.

DR. NITESH PATEL DMRE (RADIOLOGIST)

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• ANDHERI • COLABA • NASHIK • VASHI