

Name : Mrs. ABHA SINGH (49 /F)

Date : 06/10/2022

Address : PIYUSH HOUSE SAI PRASAD APT. 1 FC 2 VIMAN NAAGR OJHAR NASHIK,  
NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000046328

Package : MediWheel Full Body Health Checkup Female Above 40  
Package

AHC No : NSKAH27863



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer  
Hypertension : Since - 3 yrs; Medication - stopped without medical advice



## DRUG ALLERGY

NO KNOWN ALLERGY

:06/10/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No

Post detection (3 Weeks) - No

Hospitalization for Covid 19 - No



### Surgical history

Hysterectomy - done

Others - gall bladder

### Immunization history

- Covid Dose1,Covid  
Dose2,Precaution Dose



### Personal history

Marital status - Married

No. of children - 03

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



### Family history

Father - has expired

Aged - 45 yrs

Cause - accident

Mother - alive

Aged - 80 yrs

Sisters - 4

Family history - Nil significant

Coronary artery disease - none

Cancer - None

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## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - over weight  
Height - 165  
Weight - 101  
BMI - 37.1  
Pallor - No  
Oedema - no  
Temperature - 98  
SpO2 - 98



### Cardiovascular system

Heart rate (Per minute) - 79  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 150  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.010 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0	/hpf	●	0-2
WBC/Pus Cells	0-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	3-5	/hpf		

Lymphocytes	36	%	●	20-45
Eosinophils	02	%	●	1-6
Monocytes	04	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	09	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	86 *	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.0	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.5		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	54	U/L	●	0-100
AST (SGOT) - SERUM	72 *	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.7	g/dl	●	11.0-16.0
Haematocrit	36.83	%	●	34.0-48.0
RBC COUNT	4.19	Million/ul	●	3.7-5.6
MCV	88.0	fl	●	75.0-95.0
MCH	28.0	pg	●	26.0-32.0
MCHC	31.8	g/dl	●	31.0-36.0
RDW	16.4 *	%	●	11-16
Platelet Count(Optical/Impedance)	150	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	4.94	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	58	%	●	40-75

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	199	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	38	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	98	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	111	mg/dL	●	70-140
URINE GLUCOSE(POST PRANDIAL):(Strip Method)	Nil			

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.5	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	118.5000	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	46	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.3		●	0.0-4.5

LDL Cholesterol (Direct LDL) 142 mg/dL

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.5	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.5	g/dL	●	6.4-8.2

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	181	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362
TOTAL T4: THYROXINE - SERUM	8.7	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	238 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.4	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

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### UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	17	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	8	mg/dL	●	7-18

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3 *	mg/dL	●	2.6-6.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.5	mg/dL	●	0.0-0.7

### CERVICAL/VAGINAL SMEAR II SLIDE

Brief Clinical History:

Hysterectomy 2 years back.

SOURCE OF SPECIMEN :

Vaginal Smear-Conventional

I. Specimen Adequacy

Satisfactory for evaluation

Limited by low cellularity

II. General Categorization :

Negative for intraepithelial lesion or malignancy

Epithelial abnormalities:

Other non neoplastic findings:

Smears show intermediate squamous epithelial cells and parabasal cells.

Mild neutrophilic infiltrate is seen.

There is no evidence of candida or trichomonas.

Negative for intraepithelial lesion or malignancy

features suggest atrophic smear with benign cellular changes of inflammation.

Epithelial abnormalities:

Absent

Comments :

### CARDIAC STRESS TEST - (TMT)

#### ECG

#### MAMMOGRAPHY

- 1) No significant abnormality is seen on this study.
- 2) BI – RADS - Category 1.

Suggest : Clinical correlation.

#### ULTRASOUND - WHOLE ABDOMEN

Mild hepatomegaly with grade I fatty infiltration of liver.

Mild splenomegaly.

Mild to moderate splenomegaly.

No significant abnormality is detected.

Suggest : Clinical correlation.

#### X-RAY CHEST PA

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[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

#### Haematology

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

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### ACCEPTABLE SCORE

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**