

CID	: 2122530450	SID	: 177803992099
Name	: MS.NUTAN AMIT SASANE	Registered	: 13-Aug-2021 / 10:05
Age / Gender	: 34 Years/Female	Collected	: 13-Aug-2021 / 10:05
Ref. Dr	: -	Reported	: 14-Aug-2021 / 12:40
Reg.Location	: Vashi (Main Centre)	Printed	: 14-Aug-2021 / 12:46

## PHYSICAL EXAMINATION REPORT

**History and Complaints: Asymptomatic for routine health check up.**

### EXAMINATION FINDINGS:

<b>Height (cms):</b>	151	<b>Weight (kg):</b>	64
<b>Temp (0c):</b>	Normal	<b>Skin:</b>	Normal
<b>Blood Pressure (mm/hg):</b>	90/60	<b>Nails:</b>	Normal
<b>Pulse:</b>	84/min	<b>Lymph Node:</b>	Not Palpable / Not Tender

### Systems

**Cardiovascular:** Normal  
**Respiratory:** Normal  
**Genitourinary:** Normal  
**GI System:** Normal  
**CNS:** Normal

### IMPRESSION:

**ECG, CXR, CBC, FBS, PPBS, BIL, SGOT, SGPT, ALK, BUN, CREAT, UA, TSH, HbA1C - ALL NORMAL.**  
 ESR RAISED  
 ABNORMAL LIPID PROFILE  
 ABNORMAL URINE TEST REPORT.

TMT NEGATIVE  
 USG ABDOMEN NOTED  
 BLOOD GR - B POSITIVE

**ADVICE: CONSULT FAMILY PHYSICIAN WITH ALL THE REPORTS.**  
**CONSULT GYNECOLOGIST/FAMILY PHYSICIAN FOR TREATMENT OF UTI, REGULAR FOLLOW UP.**  
**CONSULT GYNECOLOGIST WITH USG REPORT.**  
 CONSULT ENT SPECIALIST.  
 CONSULT OPHTHALMOLOGIST.  
**DIET AND LIFESTYLE MANAGEMENT, 7 kg weight loss ADVISED, MONITOR FASTING LIPID PROFILE AND CONSULT FAMILY PHYSICIAN.**

**CHIEF COMPLAINTS: Covid infection in April 2021 (symptomatic positive, test not done) - home quarantine**

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- |  |  |
|--|--|
| 1) Hypertension:                         | No   |
| 2) IHD                                   | No   |
| 3) Arrhythmia                            | No   |
| 4) Diabetes Mellitus                     | Pre DM since 1 yr - not on medication  |
| 5) Tuberculosis                          | No   |
| 6) Asthama                               | No   |
| 7) Pulmonary Disease                     | No   |
| 8) Thyroid/ Endocrine disorders          | No   |
| 9) Nervous disorders                     | No   |
| 10) GI system                            | No   |
| 11) Genital urinary disorder             | H/O renal stone - 10 yrs back - conservatively managed - asymptomatic till now |
| 12) Rheumatic joint diseases or symptoms | No   |
| 13) Blood disease or disorder            | No   |
| 14) Cancer/lump growth/cyst              | No   |
| 15) Congenital disease                   | No   |
| 16) Surgeries                            | No   |

**PERSONAL HISTORY: LMP 07/08/2021, IRREGULAR M.C. SINCE LAST MONTH - AFTER 45 DAYS, OTHERWISE 2/28, REGULAR.**

- |               |                     |
|---------------|---------------------|
| 1) Alcohol    | Occasionally (wine) |
| 2) Smoking    | No                  |
| 3) Diet       | Mixed               |
| 4) Medication | None                |

\*\*\* End Of Report \*\*\*



**Dr.SHEPHALI BODKHE**  
**MBBS**