

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. VERMA BUDDHI PRAKASH
EC NO.	51569
DESIGNATION	BRANCH HEAD
PLACE OF WORK	JAIPUR, JAWAHAR NAGAR
BIRTHDATE	10-02-1967
PROPOSED DATE OF HEALTH CHECKUP	25-02-2023
BOOKING REFERENCE NO.	22M51569100041218E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

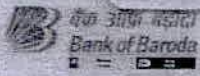
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



फूट प्र. : 51569
E.C. No. :

नाम | Name : BUDDHI PRAKASH VERMA

पदनाम | Designation : SM4

धारक के हस्ताक्षर | Signature of Holder



04.11.2022

जारीकर्ता प्राधिकारी

Date of Issue

Issuing Authority



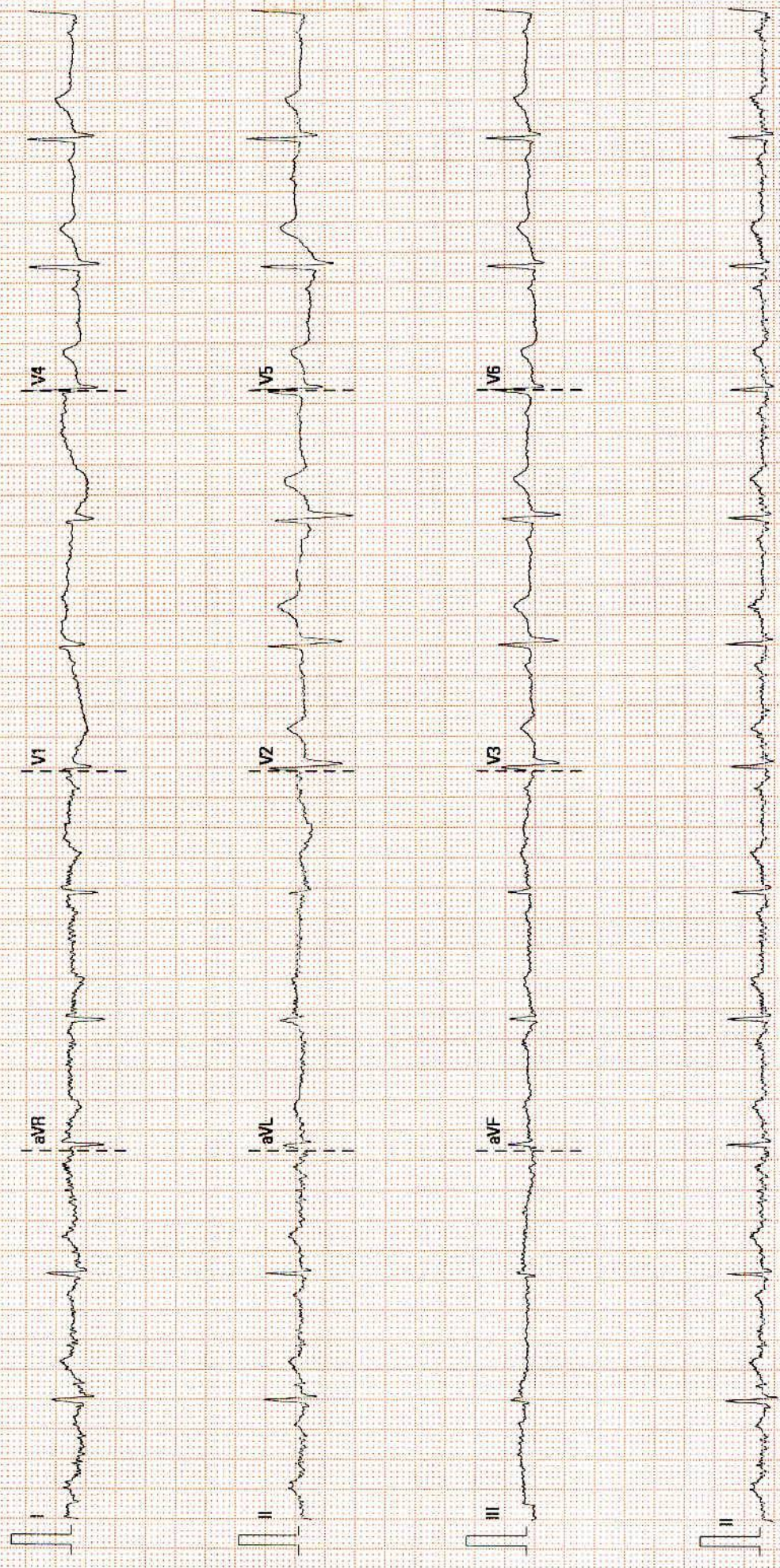
25-02-2023 12:35:40 PM

ID: 274899
Name: MR B P VERMA
Age:
Gender:

Vent. Rate 72 bpm
PR Interval 162 ms
QRS Duration 92 ms
QT/QTc Interval 392/413 ms
P/QRS/T Axes 51/50/34 deg
QTc: Hodges

Sinus rhythm
--- Interpretation made without knowing patient's gender/age ---
Normal ECG

Unconfirmed Diagnosis



MRN NO: 15010000274899
PATIENT'S NAME: MR B P VERMA
DR. NAME: DR. SITARAM GUPTA

DATE: 25/02/2023
AGE/SEX: 56 YRS./M

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Post void residual volume is ~ 65 cc

Prostate: - is enlarged in size (~ 33 gm).

Others: - No free fluid is seen in abdomen. Small defect measuring ~ 7 mm is seen in umbilical region with herniating fat.

Impression: USG findings are suggestive of: -

- Prostatomegaly with significant post void residual urine.
- Umbilical hernia.

Correlate clinically & with other related investigations.



Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.

Patient Name	B VERMA	Requested By	Dr. Sitaram Gupta
MRN	15010000274899	Procedure DateTime	2023-02-25 11:38:53
Age/Sex	56Y / Male	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

h CP angles are clear.

Cardiac shadow is within normal limits.

any thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Sunny Maharwal
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-02-25 14:18:10

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)
 Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 10:32 AM
 Barcode : 412302250053 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)
 Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	13.0	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.24	millions/ μ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	34.9 L	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	82	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	30.7 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	37.3 H	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	12.5	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	256	Thousand / μ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	5.9	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	65.1	%	40.0-75.0
Lymphocytes	30.5	%	15.0-45.0
Monocytes	1.3 L	%	4.0-13.0
Eosinophils	2.0	%	0.5-7.0
Basophils	1.1	%	0.0-2.0

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Absolute Neutrophil Count	3.85	Thousand / μ L	1.5-7.0
Absolute Lymphocyte Count	1.8	Thousand / μ L	1.0-4.0
Absolute Monocyte Count	0.08 L	Thousand / μ L	0.2-0.8
Absolute Eosinophil Count	0.12	Thousand / μ L	0.0-0.2
Absolute Basophil Count	0.07	Thousand / μ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 11:11 AM

Barcode : 402302250088 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.95	mg/dL	0.66-1.25
eGFR	82.1	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	12.46	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.80	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	210.8 H	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	181.2 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl ₂)	32.8 L	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	178.0	-	-
LDL Cholesterol (Friedewald Formula)	141.7 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	36.24	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	6.5 H	-	0.0-5.0



Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Total Protein (Biuret (alkaline Cupric Sulfate))	7.37	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	22	U/L	17.0-59.0
SGPT (ALT) (UV With P5P -IFCC)	28	U/L	<50.0
Alkaline Phosphatase (ALP)	132 H	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	47	U/L	15.0-73.0

Anil

Dr. Anil Sharma
MBBS, MD (Microbiology)
Senior Consultant

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.31	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	9.78	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	2.96	uIU/ml	0.35-5.5

--End of Report--

Manisha

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Note

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- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 10:44 AM

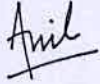
Barcode : 402302250088 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt)	0.45	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.05	-	1.0-2.1

--End of Report--



Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 11:39 AM

Barcode : 442302250007 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

SEROLOGY

Test	Result	Unit	Biological Reference Interval
Prostate Specific Antigen (PSA) (Enhanced Chemiluminescence)	1.09	ng/ml	0.0-4.0

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 12:55 PM Received On : 25/02/2023 12:56 PM Reported On : 25/02/2023 01:53 PM

Barcode : 402302250280 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (GOD/POD)	105	mg/dL	70.0-139.0

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 10:39 AM

Barcode : 402302250089 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c	5.6	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	114.02	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

Note

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 10:40 AM

Barcode : 402302250087 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	97	mg/dL	65.0-110.0

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

Note

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- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 10:35 AM Reported On : 25/02/2023 01:18 PM

Barcode : 482302250021 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	30 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.5	-	4.5-9.0
Sp. Gravity	1.015	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	Full Field	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	0-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

--End of Report--

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

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- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr B P VERMA MRN : 15010000274899 Gender/Age : MALE , 56y (10/02/1967)

Collected On : 25/02/2023 09:49 AM Received On : 25/02/2023 09:51 AM Reported On : 25/02/2023 11:57 AM

Barcode : 412302250054 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-012 Patient Mobile No : 7073544767

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	22 H	mm/hr	0.0-12.0

--End of Report--

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

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- Kindly correlate clinically.



EXERCISE STRESS TEST REPORT

Patient Name: MR B P VERMA,
Patient ID: 274899
Height:
Weight:

DOB: 10.02.1967
Age: 56yrs
Gender: Male
Race: Indian

Study Date: 25.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR. SITA RAM GUPTA
Attending Physician: DR. SITA RAM GUPTA
Technician: MR.SHIV KUMAR SOLANKI

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	82	120/80	
	STANDING	00:15	0.00	0.00	71		
	HYPERV.	00:15	0.00	0.00	71		
	WARM-UP	00:16	1.60	0.00	87		
EXERCISE	STAGE 1	03:00	2.70	10.00	123	130/80	
	STAGE 2	03:00	4.00	12.00	150	140/80	
	STAGE 3	01:46	5.40	14.00	160		
RECOVERY		04:03	0.00	0.00	100	130/80	

The patient exercised according to the BRUCE for 7:46 min:s, achieving a work level of Max. METS: 10.00. The resting heart rate of 78 bpm rose to a maximal heart rate of 160 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ..

Overall impression: ...

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD
PLEASE CORRLATE CLINICALLY

Physician _____



Technician _____

MR B P VERMA,

Patient ID 274899

25.02.2023

1:55:36pm

Male

56yrs Indian

Meds:

Test Reason: Screening for CAD

Medical History:

Ref. MD: DR. SITA RAM GUPTA Ordering MD

Technician: MR.SHIV KUMAR SOLANKI Test

Comment:

Tabular Summary



BRUCE: Total Exercise Time 07:46
Max HR: 160 bpm 97% of max predicted 164 bpm HR at rest: 78

Max BP: 140/80 mmHg BP at rest: 120/80 Max RPP: 20440 mmHg*bpm

Maximum Workload: 10.00 METS

Max. ST: -1.05 mm, 0.00 mV/s in III; EXERCISE STAGE 3 07:29

Arrhythmia: A:11, PVC:3, PSVC:4

ST/HR index: 0.47 μ V/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal.

HR Response to Exercise: appropriate. BP Response to

Exercise: normal resting BP - appropriate response. Chest

Pain: none. Arrhythmias: none. ST Changes:.. Overall impression: ...

Conclusion: NO ST-T CHANGES SEEN DURING

EXERCISE & RECOVERY PERIOD

PLEASE CORRLATE CLINICALLY

Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (III mm)
PRETEST	SUPINE	00:15	0.00	0.00	1.0	82	120/80	9840	0	0.10
	STANDING	00:15	0.00	0.00	1.0	71			0	0.15
	HYPERV.	00:15	0.00	0.00	1.0	71			0	0.15
	WARM-UP	00:16	1.60	0.00	1.1	87			0	0.20
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	123	130/80	15990	0	-0.45
	STAGE 2	03:00	4.00	12.00	7.0	150	140/80	21000	0	-0.30
	STAGE 3	01:46	5.40	14.00	10.0	160			0	-0.25
RECOVERY		04:03	0.00	0.00	1.0	100	130/80	13000	0	0.00

Narayana Multispeciality Hospital

(A Unit of Narayana Hrudyalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org

GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222