

**Dr. MEHTA .Y**  
MBBS, DNB (Family Medicine)  
Senior Consultant  
Reg. No. : ANP20010000845KTK

Place Label Here  
**Mr ABHISEK KATOCH**  
AHJN-0000157310  
Age-35/m  
If label not available, write Pt. Name, UHID No.,  
Age, Sex, Date, Name of Treating Physician



Allergies: <u>NIL</u>	<b>Fall Risk Assessment</b>		Wt: <u>84.8</u>	Ht: <u>178</u>	T: _____	P: <u>89</u>	BP: <u>137/77</u>
	H/o fall (within 1 year)	Yes No	Pain <u>0</u> /10				
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

- ① Fatty liver is mildly deranged LFTs.
- ② Prediabetes - HbA1c - 5.9%.
- ③ Low LDL-C - 118 mg/dl.
- ④ Hyperuricemia
- ⑤ TMT - Negative

- Smoker / occ.  
- ethanol / -

Adv. **Medicine Reconciliation Dose & Frequency**

- Smoking cessation
  - Low carb, low fat, High fiber diet.
  - Good Hydration
  - Regular exercise
  - weight reduction.
- WC ~ 92 cm

Kindly get this document scanned at the counter for the record purpose

*Relief*  
**Signature and Date**

Find...

1 of 1

100%

Main Report



MC-2847

BIOCHEMISTRY

Name : Mr. Abhishek Katoch      Age : 35Yr 3Mth 13Days Gender : Male  
 UHID : AHJN.0000157310 /AHBHC113512      W/BN/RefNo: AHC  
 SIN \ LRN : 8289652 \ 3625783  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



**\*AHJN 0000157310\***

Collected on : 10-DEC-2022 12:39:47 PM      Received on : 10-DEC-2022 02:30:51 PM      Reported on : 10-DEC-2022 02:59:00 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)		Non-Diabetic : <=140	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)	85	Impaired Glucose Tolerance : 140-199	
		Diabetic : >=200	

Report Status:Provisional  
\* - Abnormal Value

\* END OF REPORT \*

DRAFT

CHECKED BY 1091281



Printed On : 10-DEC-2022 03:01:09 PM

CGururajJangannavar

## DEPARTMENT OF RADIOLOGY

Patient's Details : Mr. Abhishek Katoch | M | 035Y  
UHID : AHJN.0000157310 Ward/Bed No. : AHC /  
I.P.No./Bill No. : AHBHC113512 Scanned on : 10-Dec-2022 13:11  
Accession Number : 10601.222109761 Reported On :  
Referring Doctor : Dr. MHC

### ULTRASOUND WHOLE ABDOMEN

*Clinical Information: General health checkup*

*Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.*

• Gall bladder: Partially distended.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland

No evidence of ascites or pleural effusion seen.

#### IMPRESSION:

*Fatty liver*

- *Suggested clinical correlation..*

*(Enclosed reports) Mn*

**DR. ANJITHA S**  
**RESIDENT**

**DR. SHANTHALA Y**  
**MBBS, DMRD, DNB**  
**CONSULTANT RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

## YOUR CLINICAL TEST RESULTS

**Mr. Abhishek Katoch**

MALE / 35 Yrs / AHJN.0000157310 / AHBHC113512

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/12/2022

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	14.7	g/dL	●	13-17
RBC Count (Impedance)	5.21	x(10) <sup>12</sup> /l	●	4.5 - 5.5
Packed cell volume (Calculated)	43	%	●	40 - 50
Hct (Derived from RBC histogram)	85	fl	●	83 - 101
MCH (Calculated)	28	pg	●	27 - 32
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
RDW (Calculated)	13.6	%	●	11.60-14.00
Platelet Count (Impedance)	256	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	7.7	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	50	%	●	40 - 80
Lymphocytes	38	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Monocytes	8	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	17 *	mm/1st hr	●	Adult Male- 0 - 10

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.5			

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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Date : 10/12/2022

Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
(D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	58 *	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.4		●	0.8 - 2.0
ALBUMIN - SERUM	4.6	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	130 *	U/L	●	Adult: 30 - 120

Within Normal Range    
  Boderline High/Low    
  Outside Range

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Date : 10/12/2022

Test Name	Result	Unit	Level	Range
SERUM AST (SGOT) - SERUM	34	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.63	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	176	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.01	mg/dL	●	Male : 0.9 -1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	45	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	94	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.9	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

### LIPID PROFILE TEST (PACKAGE)

● Within Normal Range      ● Boderline High/Low      ● Outside Range

## YOUR CLINICAL TEST RESULTS

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Date : 10/12/2022

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	54	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	118 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	123.88	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	9.5	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	52	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.3		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING	1.61	µIU/mL	●	0.34 - 5.6
	● Within Normal Range		● Boderline High/Low	● Outside Range

## YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHJN.0000157310 / AHBHC113512

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Date : 10/12/2022

HORMONE [TSH]

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	24	mg/dL	●	15 - 45
URIC ACID - SERUM	9.2 *	mg/dL	●	Adult Male: 3.0 - 7.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	10	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.13	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.50	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	29		●	Healthy Adults: 22 - 29



Within Normal Range



Borderline High/Low



Outside Range



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Date : 10/12/2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Mr. Abhishek Katoch	M	035Y
<b>UHID</b> :	AHJN.0000157310	<b>Ward/Bed No.</b> :	AHC /
<b>I.P.No./Bill No.</b> :	AHBHC113512	<b>Scanned on</b> :	10-Dec-2022
<b>Accession Number</b> :	10601.122134003	<b>Reported On</b> :	11:38
<b>Referring Doctor</b> :	Dr. MHC		10-Dec-2022

**X-RAY CHEST FRONTAL VIEW**

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

No definite abnormality noted on the chest radiograph.

-Suggested clinical and other investigation correlation.

Dr Saksham Sharma  
Resident

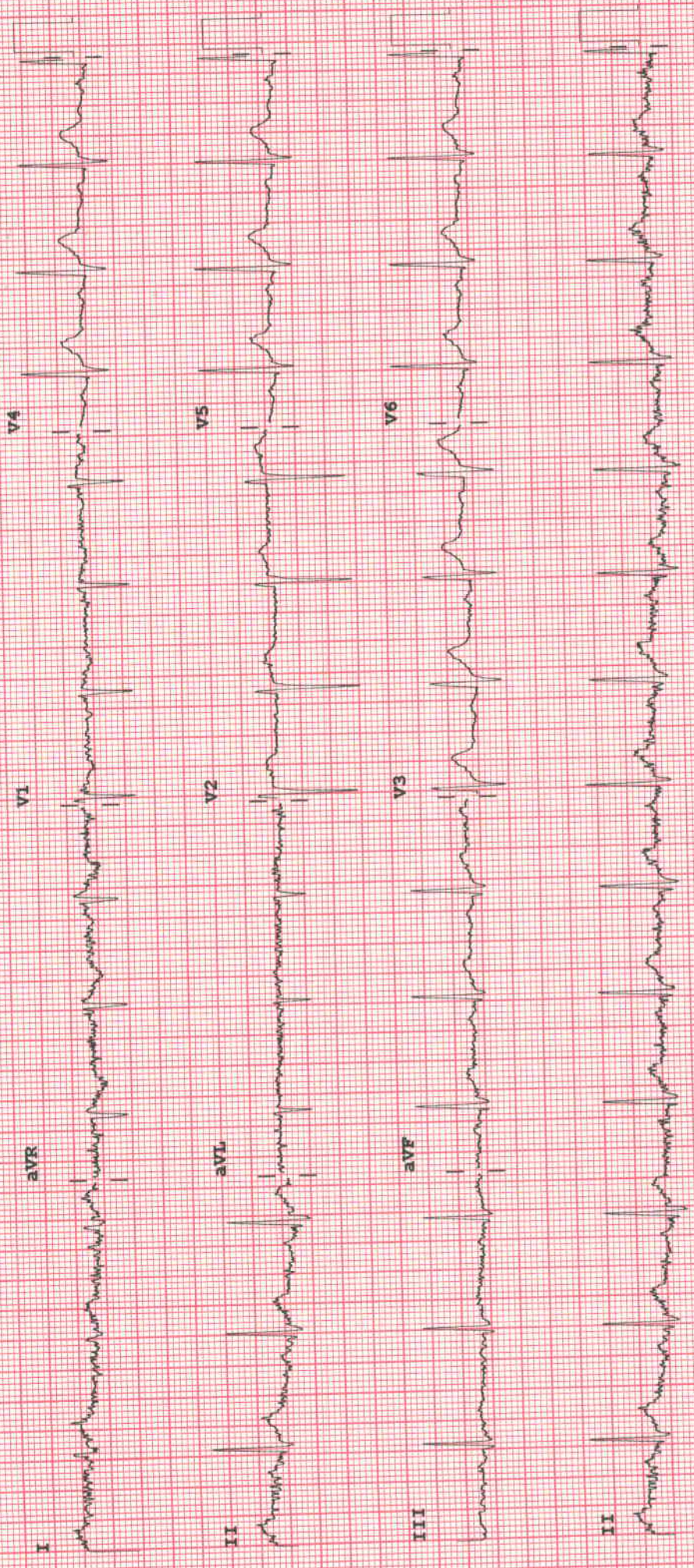
Dr Aruna R Patil

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ABHISHEK KATOCH  
Male

AHJN.0000157310  
35 Years

Rate 84  
PR 161  
QRSD 99  
QT 351  
QTc 415  
--AXIS--  
P 87  
QRS 81  
T 54  
12 Lead; Standard Placement



F 50-- 0.15-100 Hz

Speed: 25 mm/sec  
Limb: 10 mm/mV  
Chest: 10.0 mm/mV

Device:

1008

CL

P?

APOLLO HOSPITALS  
BANNER ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: ABHISHEK KATOCH,  
Patient ID: AHB/157310  
Height: 178 cm  
Weight: 84 kg

DOB: 22.08.1987  
Age: 35yrs  
Gender: Male  
Race: Indian

Study Date: 10.12.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Grace

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:23	0.00	0.00	93	130/80	
	STANDING	00:02	0.00	0.00	91	130/80	
	HYPERV.	00:02	0.00	0.00	91	130/80	
	WARM-UP	00:15	1.00	0.00	92	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	123	140/80	
	STAGE 2	03:00	2.50	12.00	144	150/80	
	STAGE 3	01:25	3.40	14.00	164	160/80	
RECOVERY		03:16	0.00	0.00	114	130/80	

The patient exercised according to the BRUCE for 7:24 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 102 bpm rose to a maximal heart rate of 164 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

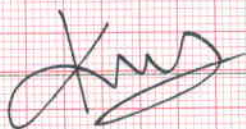
### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

### Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



Technician

