NAME	KARAMBIR	STUDY DATE	01-03-2023 10:11:23
AGE / SEX	037Yrs / M	HOSPITAL NO.	MH010815071
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	01-03-2023 16:20:32	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically

Dr. Abhinav Pratap Singh DNB, DMC Reg No. 58170 Associate Consultant, Dept. of Radiology

NAME	KARAMBIR	STUDY DATE	01-03-2023 10:11:23
AGE / SEX	037Yrs / M	HOSPITAL NO.	MH010815071
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	01-03-2023 16:20:32	REFERRED BY	Dr. Health Check MHD

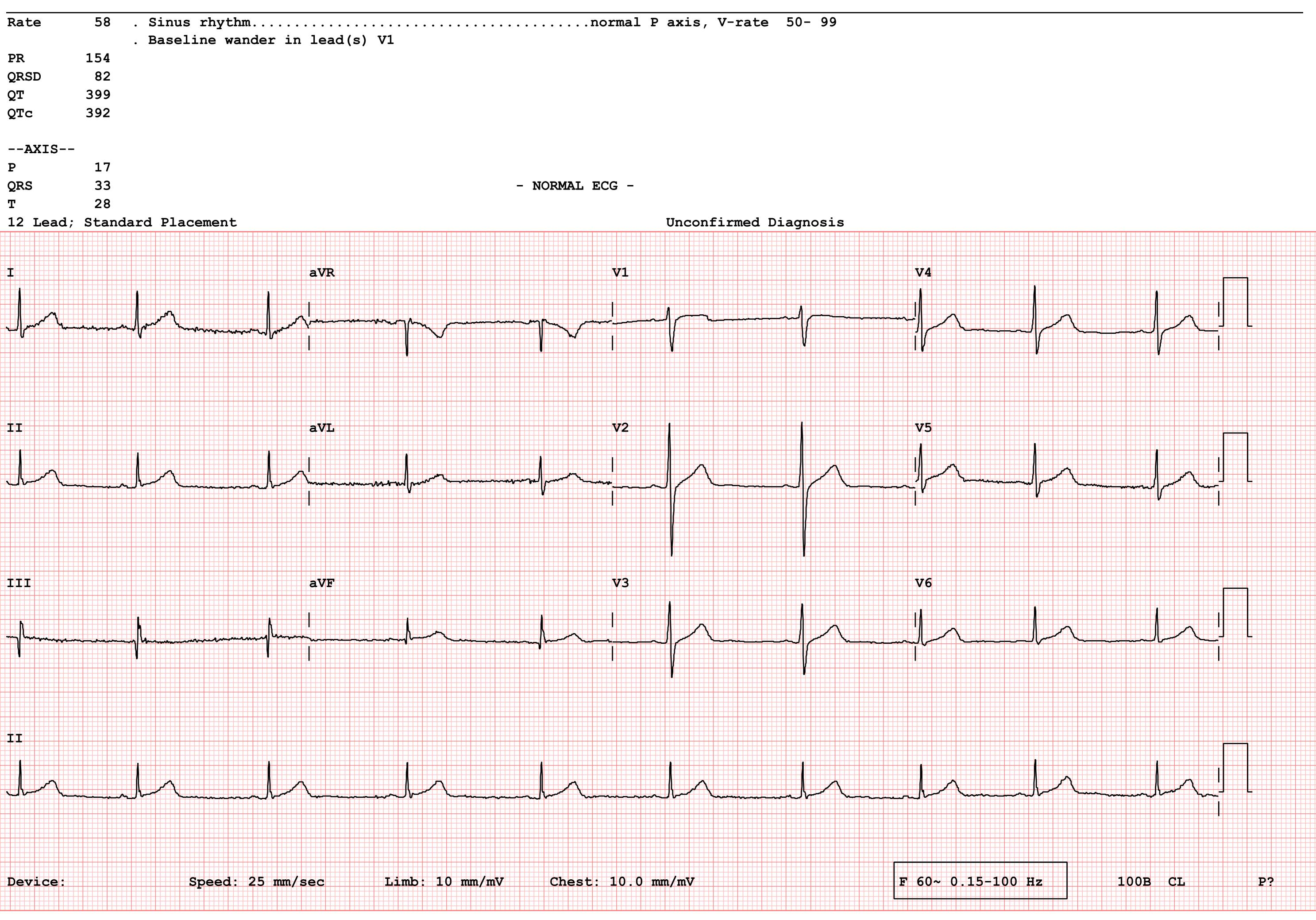
& Imaging

010815071

37 Years

MR KARAMBIR

Male





Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	31230300025
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 09:42
Referred By Receiving Date	HEALTH CHECK MHD01 Mar 2023 10:48	Reporting Date :	01 Mar 2023 13:29

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

A Rh(D) Positive Blood Group & Rh typing

Antibody Screening (Microtyping in gel cards using reagent red cells) Cell Panel I NEGATIVE Cell Panel II NEGATIVE Cell Panel III NEGATIVE Autocontrol NEGATIVE

Final Antibody Screen Result

Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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Dr Himanshu Lamba





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Name	:	MR KARAMBIR		Ag	ge :		37 Yr(s) Sex :Male
Registration No	:	MH010815071		La	ab No :		32230300180
Patient Episode	:	H03000052512		Co	ollection Date :	;	01 Mar 2023 09:42
Referred By Receiving Date	:	HEALTH CHECK MHD 01 Mar 2023 10:31		Re	eporting Date :	:	01 Mar 2023 13:18
			BIOCHEMIS	TRY			
Glycosylated Hem	ogl	obin		Specimen	: EDTA Who	le	blood
HbA1c (Glycosylated Hemoglobin) 5.7			% Non diab Prediabe		s : sk	,	
Methodology		(HPLC)					
Estimated Avera	ge	Glucose (eAG)	117	mg/d	1		
	-	covides an index of av	2	2			-

8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.33	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.44	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.680	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

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Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	32230300180
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 09:42
Referred By Receiving Date	HEALTH CHECK MHD01 Mar 2023 10:28	Reporting Date :	01 Mar 2023 12:06

BIOCHEMISTRY

2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum)			
TOTAL CHOLESTEROL (CHOD/POD)	195	mg/dl	[<200]
			Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	135	mg/dl	[<150]
	100		Borderline high:151-199
			High: 200 - 499
			Very high:>500
HDL - CHOLESTEROL (Direct)	36	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	27	mg/dl	[10-40]
LDL- CHOLESTEROL	132 #	mg/dl	[<100]
			Near/Above optimal-100-129
			Borderline High:130-159
			High Risk:160-189
T.Chol/HDL.Chol ratio	5.4		<4.0 Optimal
			4.0-5.0 Borderline
			>6 High Risk
LDL.CHOL/HDL.CHOL Ratio	3.7		<3 Optimal
			3-4 Borderline
			>6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Name	:	MR KARAMBIR	Age	:	37 Yr(s) Sex :Male
Registration No	:	MH010815071	Lab No	:	32230300180
Patient Episode	:	H03000052512	Collection Dat	te :	01 Mar 2023 09:42
Referred By Receiving Date	:	HEALTH CHECK MHD 01 Mar 2023 10:28	Reporting Dat	te :	01 Mar 2023 12:05

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.44	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.14	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.30	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	30.70	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	45.60	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	55	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.7	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.8	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.66		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby *New born: 4 times the adult value

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Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	32230300180
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 09:42
Referred By Receiving Date	HEALTH CHECK MHD01 Mar 2023 10:28	Reporting Date :	01 Mar 2023 12:05

BIOCHEMISTRY

Test Name	Result	Unit H	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	7.00 #	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.80	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	6.1	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.5	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	2.8	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	137.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.41	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	102.0	mmol/l	[95.0-105.0]
eGFR	114.1	ml/min/1.73sc	q.m [>60.0]
Technical Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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Neefam Singe

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





-----END OF REPORT----

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Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	32230300181
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 13:04
Referred By Receiving Date	: HEALTH CHECK MHD: 01 Mar 2023 13:27	Reporting Date :	01 Mar 2023 16:17

BIOCHEMISTRY

Specimen Type : Plasma PLASMA GLUCOSE - PP

Plasma (GLUCOSE - PP	(Hexokinase)	95	mg/dl	[70-140]
----------	--------------	--------------	----	-------	----------

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLU	UCOSE-Fasting	(Hexokinase)	90	mg/dl	[70-100]

-----END OF REPORT-----

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Neelane ;

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	33230300119
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 09:42
Referred By Receiving Date	HEALTH CHECK MHD01 Mar 2023 10:33	Reporting Date :	01 Mar 2023 13:23

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	9.0	/1sthour

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5240	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.04	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	13.6	g/dL	[13.0-17.0]
Haematocrit (PCV)	41.9	9	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	83.1	fL	[83.0-101.0]
MCH (Calculated)	27.0	pg	[25.0-32.0]
MCHC (Calculated)	32.5	g/dL	[31.5-34.5]
Platelet Count (Impedence)	274000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.1	8	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	47.8	00	[40.0-80.0]



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[0.0-10.0]



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Name	: MR KARAMBIR	Age :	37 Yr(s) Sex :Male
Registration No	: MH010815071	Lab No :	33230300119
Patient Episode	: H03000052512	Collection Date :	01 Mar 2023 09:42
Referred By Receiving Date	: HEALTH CHECK MHD : 01 Mar 2023 10:33	Reporting Date :	01 Mar 2023 11:29

HAEM	ATOLOGY
2.0	4

		-		
Lymphocytes (Flowcytometry)	38.4		00	[20.0-40.0]
Monocytes (Flowcytometry)	11.3 #		୧	[2.0-10.0]
Eosinophils (Flowcytometry)	2.1		00	[1.0-6.0]
Basophils (Flowcytometry)	0.4 #		ୢୄ	[1.0-2.0]
IG	0.00		00	
Neutrophil Absolute(Flouroscence	e flow cytometry)	2.5	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flouroscence	e flow cytometry)	2.0	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flouroscence	flow cytometry)	0.6	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flouroscence	e flow cytometry)	0.1	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flouroscence	flow cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----

Dr.Lakshita singh





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Name	:	MR KARAMBIR	Age	:	37 Yr(s) Sex :Male
Registration No	:	MH010815071	Lab No	:	38230300038
Patient Episode	:	H03000052512	Collection Dat	e:	01 Mar 2023 09:42
Referred By Receiving Date	: :	HEALTH CHECK MHD 01 Mar 2023 10:34	Reporting Dat	e:	01 Mar 2023 13:31

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	7.0	(5.0-9.0)
(Reflectancephotometry(Indicator Method	od))	
Specific Gravity	1.015	(1.003-1.035)
(Reflectancephotometry(Indicator Method	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met)	hod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bene	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Ester	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) Me	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	0-1 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

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Name	:	MR KARAMBIR	Age	:	37 Yr(s) Sex :Male
Registration No	:	MH010815071	Lab No	:	38230300038
Patient Episode	:	H03000052512	Collection Date	:	01 Mar 2023 09:42
Referred By Receiving Date	:	HEALTH CHECK MHD 01 Mar 2023 10:34	Reporting Date	:	01 Mar 2023 13:31

CLINICAL PATHOLOGY

Interpretation:

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis,

bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

	END C	OF REPORT-			
			D	Pr.Lakshita singh	
					ISO 9001 BUREAU VERITAS Centification
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Name:	KARAMBIR			Hospital No:	MH010815071	
Age: 37	Sex:	М		Episode No:	H03000052512	
Doctor:	Health Check	MHD		Result Date:	01 Mar 2023 17:23	
Order:	Tread Mill Tes	st				
EXERCIS	E STRESS TI	EST REPORT	<u>(TMT)</u>			
Findings	<u>:</u>					
Baseline ECG		NSR				
Premedications		Ni				
Protocol		Bruce		MPHR		183
Duration of exercise		11 Minutes	36 sec	85% OF M	IPHR	155
Reason for termination		THR achieved		METS		13.70
Peak achieved		160		%of MPHR achieved		87 %
Stage	Time	Heart rate	BP (mmHg)	ECG(ST/T	changes/arrhythmia	a) Symptoms
		(bpm)				
Control	0.00	87	130/60	No ST-T cł	nanges seen	Nil
Stage 1	3.00	88	130/60	No ST-T ch	nanges seen	Nil
Stage II	3.00	107	140/60	No ST-T ch	nanges seen	Nil
Stage III	3.00	127	140/60	No ST-T ch	nanges seen	Nil
Stage IV	2.36	160	150/70	No ST-T cł	nanges seen	Nil
Recovery	3.00	75	130/70	No ST-T ch	nanges seen	Nil
Result:						
Norma	al heart rate a	and BP respon	se			

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial lschemia.
- Excellent effort tolerance.

Name:KARAMBIRAge:37Sex:MDoctor:Health Check MHDOrder:Tread Mill Test

Hospital No: I Episode No: I Result Date: 0

MH010815071 H03000052512 01 Mar 2023 17:23

DR. SAMANJOY MUKHERJEE MD, DM CONSULTANT CARDIOLOGIST DR. (MAJ) J S KHATRI MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE CARDIOLOGY)

> Dr Samanjoy Mukherjee ASSOCIATE CONSULTANT

NAME	KARAMBIR	STUDY DATE	01-03-2023 09:25:56
AGE / SEX	037Yrs / M	HOSPITAL NO.	MH010815071
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
		Description	
REPORTED ON	01-03-2023 09:35:12	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN

Findings:

Liver is normal in size (~ 14.8 cm) and **shows grade I fatty changes.** No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern. Spleen is normal in size (~ 9.4 cm) and echopattern.

Both kidneys are normal in position, size (RK \sim 9.8 x 4.4 cm and LK \sim 10.2 x 5.0 cm) and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in shape and echopattern. It measures ~ 21.7 cc in volume.

No significant free fluid is detected.

IMPRESSION: Grade I fatty liver.

Kindly correlate clinically

A

Dr.Pankaj Saini MD,DHA, DMC reg. no. 15796 Consultant Radiologist

NAME	KARAMBIR	STUDY DATE	01-03-2023 09:25:56
AGE / SEX	037Yrs / M	HOSPITAL NO.	MH010815071
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
		Description	
REPORTED ON	01-03-2023 09:35:12	REFERRED BY	Dr. Health Check MHD