

DIAGNOSTIC REPORT

Patient Ref. No. 666000003871084

**CLIENT CODE :** CA00010147 - MEDIWHEEL
CLIENT'S NAME AND ADDRESS:MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,
SOUTH DELHI, DELHI,
SOUTH DELHI 110030
DELHI INDIA
8800465156

DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@srl.in**PATIENT NAME :** ELIZABETH PONNI JOSE**PATIENT ID :** ELIZF2910924036**ACCESSION NO :** 4036WC004374 **AGE :** 30 Years **SEX :** Female**ABHA NO :****DRAWN :****RECEIVED :** 25/03/2023 08:37**REPORTED :** 25/03/2023 15:43**REFERRING DOCTOR :** DR. MEDIWHEEL**CLIENT PATIENT ID :**

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**TREADMILL TEST**

TREADMILL TEST COMPLETED

OPHTHAL

OPHTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED



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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	7	Adult(<60 yrs) : 6 to 20	mg/dL
BUN/CREAT RATIO			
BUN/CREAT RATIO	12.96	5 - 15	

CREATININE, SERUM

CREATININE	0.54	18 - 60 yrs : 0.6 - 1.1	mg/dL
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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	111	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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GLUCOSE FASTING,FLUORIDE PLASMA

GLUCOSE, FASTING, PLASMA	87	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.2	Normal : 4.0 - 5.6%. % Non-diabetic level : < 5.7%. Diabetic : >6.5%	
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Glycemic control goal
 More stringent goal : < 6.5 %.
 General goal : < 7%.
 Less stringent goal : < 8%.

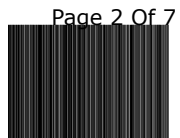
Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

LIPID PROFILE, SERUM

CHOLESTEROL	152	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	141	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL



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Test Report Status	Final	Results	Units
HDL CHOLESTEROL	38	Low General range : 40-60	mg/dL
DIRECT LDL CHOLESTEROL	92	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	114	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	28.2	< or = 30.0	mg/dL
CHOL/HDL RATIO	4.0	3.30 - 4.40	
LDL/HDL RATIO	2.4	0.5 - 3.0	
LIVER FUNCTION TEST WITH GGT			
BILIRUBIN, TOTAL	0.60	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.22	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.38	0.00 - 1.00	mg/dL
TOTAL PROTEIN	6.7	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.4	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.3	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.9	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	40	Adults : < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	63	Adults : < 34	U/L
ALKALINE PHOSPHATASE	79	Adult(<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	22	Adult (female) : < 40	U/L
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	6.7	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	4.6	Adults : 2.4-5.7	mg/dL
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			
ABO GROUP	TYPE A		



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Test Report Status	Final	Results	Units
RH TYPE		POSITIVE	
BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN		13.7	12.0 - 15.0 g/dL
RED BLOOD CELL COUNT		4.68	3.8 - 4.8 mil/ μ L
WHITE BLOOD CELL COUNT		6.40	4.0 - 10.0 thou/ μ L
PLATELET COUNT		372	150 - 410 thou/ μ L
RBC AND PLATELET INDICES			
HEMATOCRIT		40.2	36 - 46 %
MEAN CORPUSCULAR VOL		86.0	83 - 101 fL
MEAN CORPUSCULAR HGB.		29.2	27.0 - 32.0 pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION		34.0	31.5 - 34.5 g/dL
RED CELL DISTRIBUTION WIDTH		11.4	Low 11.6 - 14.0 %
MENTZER INDEX		18.4	
WBC DIFFERENTIAL COUNT			
SEGMENTED NEUTROPHILS		64	40 - 80 %
LYMPHOCYTES		34	20 - 40 %
MONOCYTES		00	Low 2 - 10 %
EOSINOPHILS		02	1 - 6 %
BASOPHILS		00	0 - 2 %
ABSOLUTE NEUTROPHIL COUNT		4.10	2.0 - 7.0 thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT		2.18	1.0 - 3.0 thou/ μ L
ABSOLUTE MONOCYTE COUNT		00	Low 0.2 - 1.0 thou/ μ L
ABSOLUTE EOSINOPHIL COUNT		0.13	0.02 - 0.50 thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.9	
ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD			
SEDIMENTATION RATE (ESR)		15	0 - 20 mm at 1 hr
SUGAR URINE - POST PRANDIAL			
SUGAR URINE - POST PRANDIAL		NOT DETECTED	NOT DETECTED
THYROID PANEL, SERUM			



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T3		119.90	ng/dL
		Non-Pregnant : 60-181	
		Pregnant Trimester-wise	
		1st : 81-190	
		2nd : 100-260	
		3rd : 100-260	
T4		11.10	µg/dl
TSH 3RD GENERATION		3.020	µIU/mL
		(Non Pregnant) : 0.4 - 4.2	
		Pregnant(Trimester wise)	
		1st : 0.1 - 2.5	
		2nd : 0.2 - 3	
		3rd : 0.3 - 3	

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW
APPEARANCE CLEAR

CHEMICAL EXAMINATION, URINE

PH 5.0 4.7 - 7.5
SPECIFIC GRAVITY 1.020 1.003 - 1.035
PROTEIN NOT DETECTED NOT DETECTED
GLUCOSE NOT DETECTED NOT DETECTED
KETONES NOT DETECTED NOT DETECTED
BLOOD NOT DETECTED NOT DETECTED
BILIRUBIN NOT DETECTED NOT DETECTED
UROBILINOGEN NORMAL NORMAL
NITRITE NOT DETECTED NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF
WBC 2-3 0-5 /HPF
EPITHELIAL CELLS 2-3 0-5 /HPF
CASTS NOT DETECTED
CRYSTALS NOT DETECTED
BACTERIA NOT DETECTED NOT DETECTED
YEAST NOT DETECTED NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED



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ABHA NO :

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

ECG WITH REPORT

REPORT

COMPLETED

USG ABDOMEN AND PELVIS

REPORT

COMPLETED

CHEST X-RAY WITH REPORT

REPORT

COMPLETED

****End Of Report****

Please visit www.ddrcsrl.com for related Test Information for this accession

PRASEEDA S NAIR
BIOCHEMIST

DR.KRIPA ELIZABETH JOHN
CONSULTANT PATHOLOGIST

K.MEERA BHAI
SENIOR BIOCHEMIST



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If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	: Mr./Mrs./Ms. ELIZABETH PONNI JOSE
2. Mark of Identification	: (Mole/Scar/any other (specify location)): Mole on Chin
3. Age/Date of Birth	: (30) 29-10-1992 Gender: ✓F/M
4. Photo ID Checked	: (Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 161 (cms)	b. Weight 65.8 (Kgs)	c. Girth of Abdomen 89 (cms)
d. Pulse Rate 95 (/Min)	e. Blood Pressure:	Systolic 110 Diastolic 70
	1 st Reading	
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	60	Good	- N.A -
Mother	57	Good	- N.A -
Brother(s) (1)	26	Good	- N.A -
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
No	No	No

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N**
- b. Have you undergone/been advised any surgical procedure? **Y/N**
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N**
- d. Have you lost or gained weight in past 12 months? **Y/N**

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N**
- Any disorders of Respiratory system? **Y/N**
- Any Cardiac or Circulatory Disorders? **Y/N**
- Enlarged glands or any form of Cancer/Tumour? **Y/N**
- Any Musculoskeletal disorder? **Y/N**
- Any disorder of Gastrointestinal System? **Y/N**
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N**
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N**
- Are you presently taking medication of any kind? **Y/N**

DDRC SRL Diagnostics Private Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 231822, web: www.ddrcsrl.com

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

.....

.....

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : Dr. Austin Varghees

Seal of Medical Examiner : **Dr. Austin Varghees**
MBBS
TCMC Reg. No: 77017

Name & Seal of DDRC SRL Branch :






Date & Time :

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Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.


 भारत सरकार
 Government of India
 
 आधार


 Elizebeth Ponni Jose
 DOB : 29/10/1992
 Female

20/11/2012

2786 1210 8105

मेरा आधार, मेरी पहचान

Booking ID: bobS34356

DDRC SRL - Kottayam

Elizebeth


 भारतीय विशिष्ट पहचान प्राधिकरण
 Unique Identification Authority of India
 
 AADHAAR

Address: C/O Anto Mathew,
 Kunnappallil House, Mutholy P O,
 Panthathala, Meenachil, Puliyanloor
 (Part), Kottayam, Kerala, 686573



2786 1210 8105

 1947
  help@uidai.gov.in
 www.uidai.gov.in




10182B DDR12

ECG REPORT

ACCESSION NO : 4036WC004374
 NAME : ELIZABETH PONNI JOSE
 AGE : 30
 SEX : F
 DATE : 25.03.202
 COMPANY : MEDIWHEEL

RATE : 95 bpm
 RHYTHM : Normal sinus rhythm
 P. WAVE : Normal
 P-R INTERVAL : 150ms
 Q,R,S,T. WAVES : Normal
 AXIS : Normal
 ARRHYTHMIAS : Nil
 QT INTERVAL : 360ms
 OTHERS : Nil
 OPINION : Normal ECG




Dr. Austin Varghees
 MBBS
 TCMC Reg No:77017

25mm/s 0.5-25Hz

10mm/mV

I



II



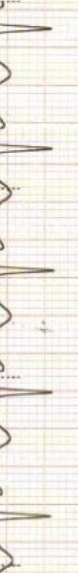
SYNC

III



10mm/mV

II



aVR



10mm/mV

aVL



SYNC

aVF



V1



10mm/mV

V2



SYNC

V3



HE300

DDRC MCH KOTTAVAM HEIDELCO INDIA. 0522-4113779


HEIDELCO INDIA | Helpline No +91-522-4113779 | info@heidelco.com

X - RAY CHEST - REPORT

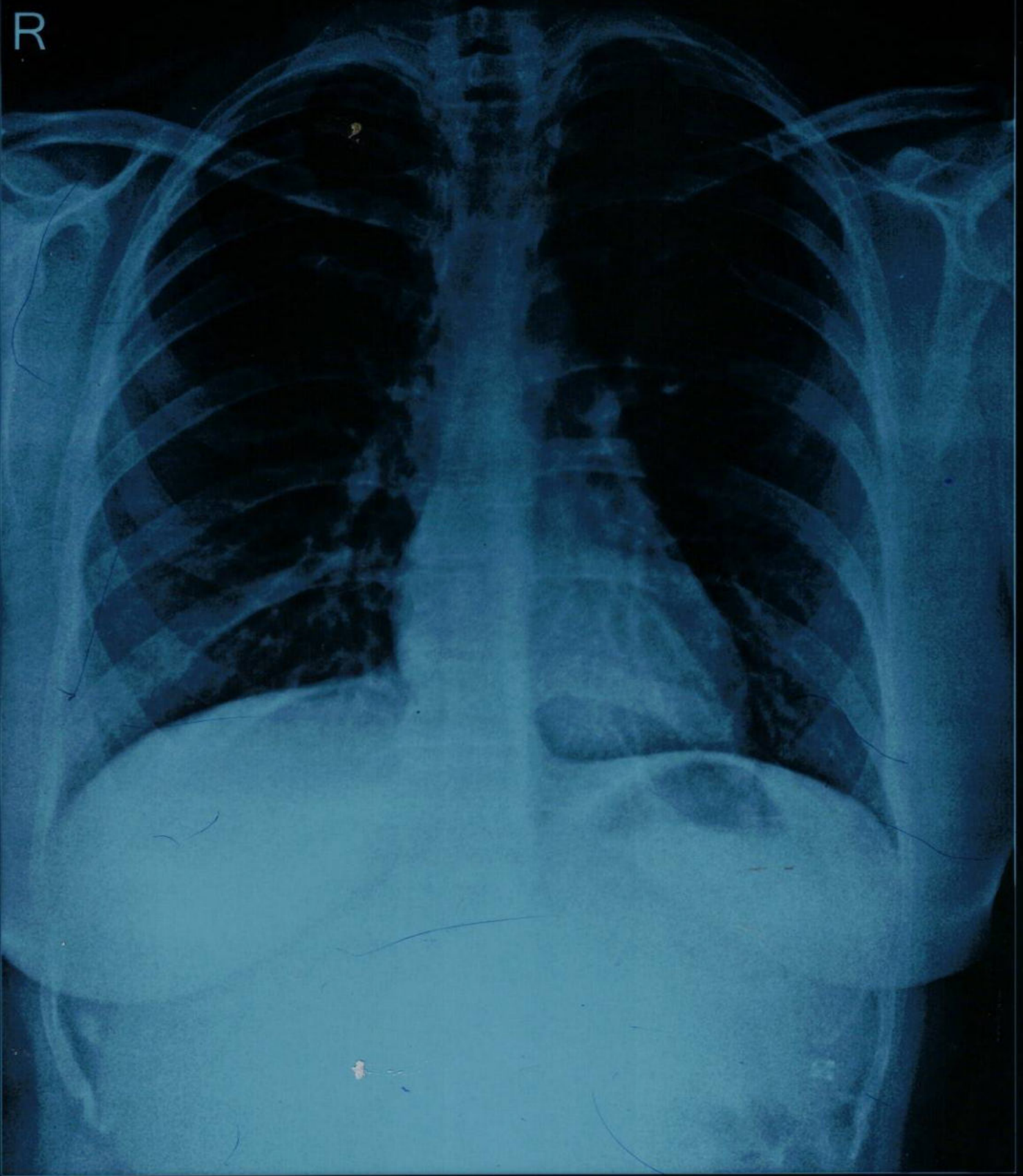
ACCESSION NO : 4036WC004374
 NAME : ELIZABETH PONNI JOSE
 AGE : 30
 SEX : FEMALE
 DATE : 25.03.2023
 COMPANY : MEDIWHEEL

EXPOSURE : Adequate
 POSITIONING : central
 SOFT TISSUES : Normal
 LUNG FIELDS : Normal
 HEART SHADOW : Normal
 CARDIOPHRENIC ANGLE : } No obliteration
 COSTOPHRENIC ANGLE :
 HILUM : Normal
 OPINION : Normal chest xRay




Dr. Austin Varghees
 MBBS
 TCMC Reg. No: 77017

R



ELIZABETH PONNI JOSE 30Y 1066 CHEST-PA 25-03-2023

DDRC SRI DIAGNOSTICS, GANDHI NAGAR, KOTTAYAM

DDRC SRI

OPHTHALMOLOGY REPORT

ACCESSION NO:4036WC004374

This is to certify that I have examined

MR /MS.....ELIZABETH PONNI JOSE Aged.....30 F.....and

His / her visual standard is as follows.

Acuity of Vision

For Far R6/6.....
 L6/6.....For Near RN6.....
 LN6.....Colour Vision ..NORMAL.....DATE: 25/03/2023

[Signature]
OPTOMETRIST

Name: ELIZABETH PONNI JOSE
Age/Sex: 30 yrs/ F
Accession No: 4036WC004374

Report Date: 25.03.2023
Ref.by: Mediwheel

USG ABDOMEN & PELVIS

OBSERVATIONS:

- Liver:** Normal in size. Shows increased parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal (10 mm).
- Gall bladder:** Distended (measures 5.7 x 1.8 cm) No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated (4 mm).
- Spleen:** Normal in size (10.6 cm) and echotexture. No focal lesion.
- Pancreas:** Head (2.3 cm) and body (1.7 cm) appear normal. Tail obscured by bowel gas. No focal lesion. No calcification or duct dilatation noted.
- Kidneys:** Right kidney length measures 11.1 cm. Parenchymal thickness 1.6 cm Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Left kidney length measures 11.3 cm. Parenchymal thickness 1.5 cm Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted.
- Uterus:** Is anteverted and normal in size measures 7 x 4.4 x 4 cm. Myometrial echo is uniform. Endometrial echo is normal. ET- 8 mm. Cavity is empty.
- Ovaries:** Right ovary: 3.2 x 2.7 x 2.2 cm (10 cc), Left ovary: 3 x 2 x 2.1 cm (7.3 cc)
 Normal in size and morphology on both sides.
- Adnexa:** No adnexal lesions.
- Others:** No evident lymphadenopathy. No evidence of bowel wall thickening/echogenic mesentery/dilated bowel loops. Normal peristalsis seen. No free fluid in the peritoneal cavity. No pleural effusion noted.

IMPRESSION:

- **Grade I fatty changes in liver.**

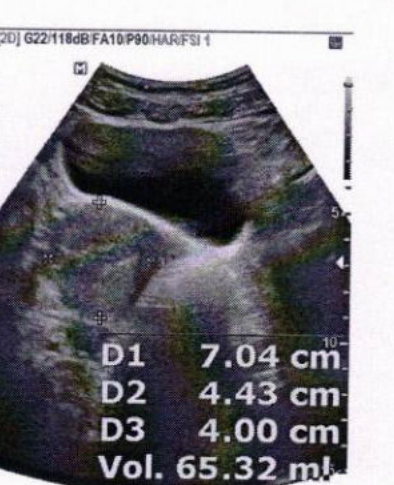
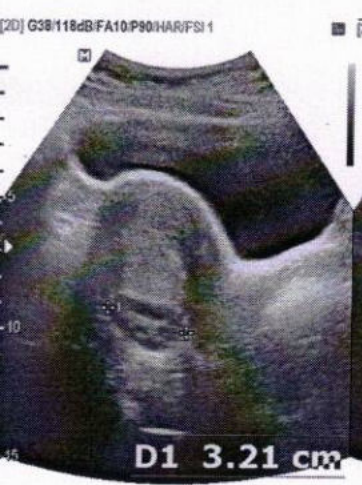


Dr. Deepak.V, MBBS, DMRD
 Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.



Patient		Exam	
ID	25-03-2023-0007	Accession #	
Name		Exam Date	25032023
Birth Date		Description	
Gender	Other	Sonographer	

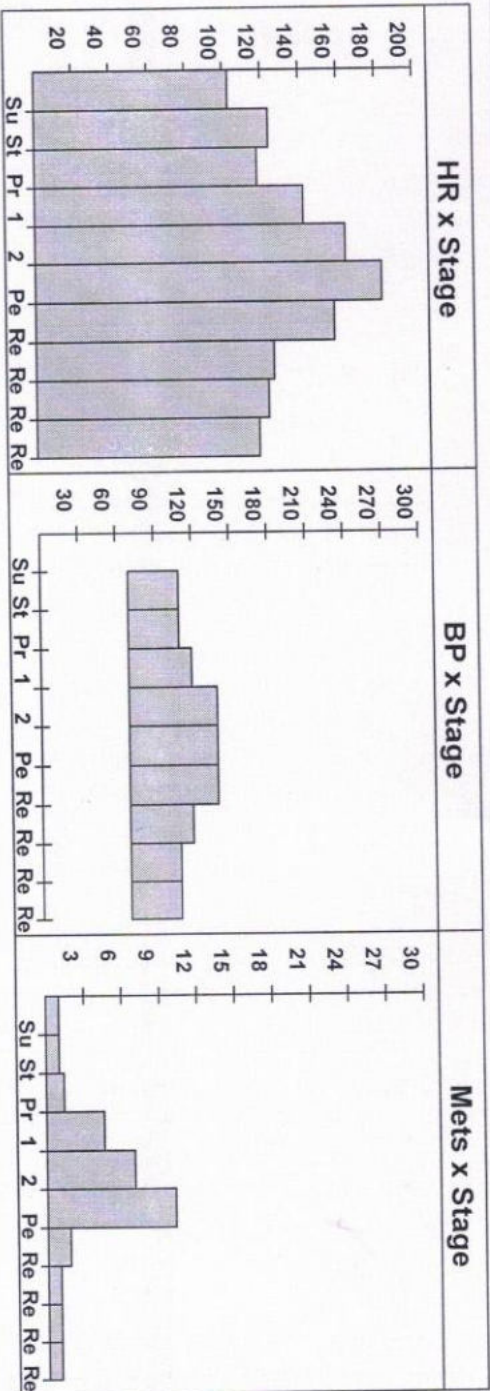


DDRC SRL KOTTAYAM

Patient Details
 Name: Mrs. ELIZABETH PONNI JOSE ID: 238
 Age: 30 y

Date: 25-Mar-23
 Time: 09:58:33
 Sex: F
 Height: 161 cms

Weight: 65 Kgs



Interpretation

STRESSED UPTO 7 MTS ON BRUCE PROTOCOL AND ATTAINED 96% OF THR AT HR OF 183
 BPM WITH A WORKLOAD OF 8 METS. RPP- 25620.
 ACCELERATED HR AND NORMAL BP RESPONSE.
 NO ANGINA/ARRHYTHMIA.
 BASELINE ECG SHOWS SINUS TACHYCARDIA WITH Q WITH REPOLARIZATION
 ABNORMALITY.
 NO SIGNIFICANT ST SHIFT.
 IMP:- TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.
 FAIR EFFORT TOLERANCE.


Dr. Austin Varghese
 MBBS
 TCMC Reg. No: 77017



Ref. Doctor: -----

Doctor: 

DDRC SRL KOTTAYAM

Patient Details

Date: 25-Mar-23

Time: 09:58:33

Name: Mrs. ELIZABETH PONNI JOSE ID: 238

Age: 30 y

Sex: F

Height: 161 cms

Weight: 65 Kgs

Clinical History: FOR CARDIAC EVALUATION

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 190 bpm

THR: 171 (90 % of Pr.MHR) bpm

Total Exec. Time: 7 m 0 s

Max. HR: 183 (96% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 140 / 70 mmHg

Max. BP x HR: 25620 mmHg/min

Min. BP x HR: 7210 mmHg/min

Test Termination Criteria: FATIGUE

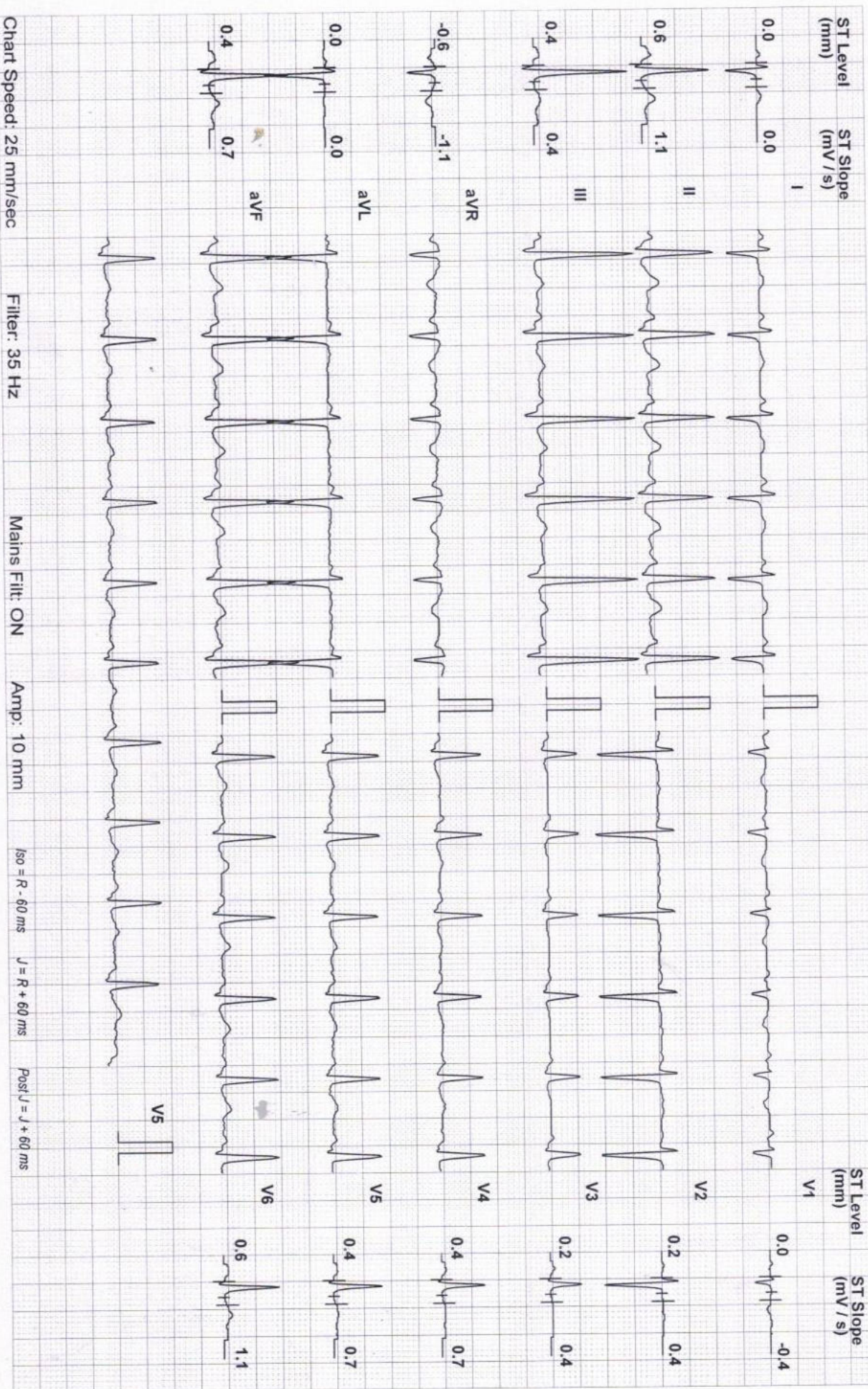
Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	4 : 27	1.0	0	0	103	0 / 0	-5.94 V2	5.66 I
Standing	2 : 29	1.0	0	0	124	110 / 70	-0.85 aVR	1.42 II
1	3 : 0	4.6	1.7	10	142	120 / 70	-0.64 III	1.77 II
2	3 : 0	7.0	2.5	12	164	140 / 70	-1.70 III	2.48 II
Peak Ex	1 : 0	10.2	3.4	14	183	140 / 70	-2.97 III	2.83 II
Recovery(1)	1 : 5	1.8	1	0	158	140 / 70	-3.61 III	4.95 II
Recovery(2)	2 : 0	1.0	0	0	126	120 / 70	-2.34 aVR	5.66 II
Recovery(3)	2 : 0	1.0	0	0	123	110 / 70	-1.06 aVR	2.48 II
Recovery(4)	0 : 43	1.0	0	0	118	110 / 70	-0.85 aVR	1.77 II

DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F) ID: 238 Date: 25-Mar-23 Exec Time : 0 m 0 s Stage Time : 4 m 26 s **HR: 102 bpm**

Protocol: Bruce Stage: Supine Speed: 0 mph Grade: 0 % (THR: 171 bpm) B.P: 0/0



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 103 bpm

Protocol: Bruce

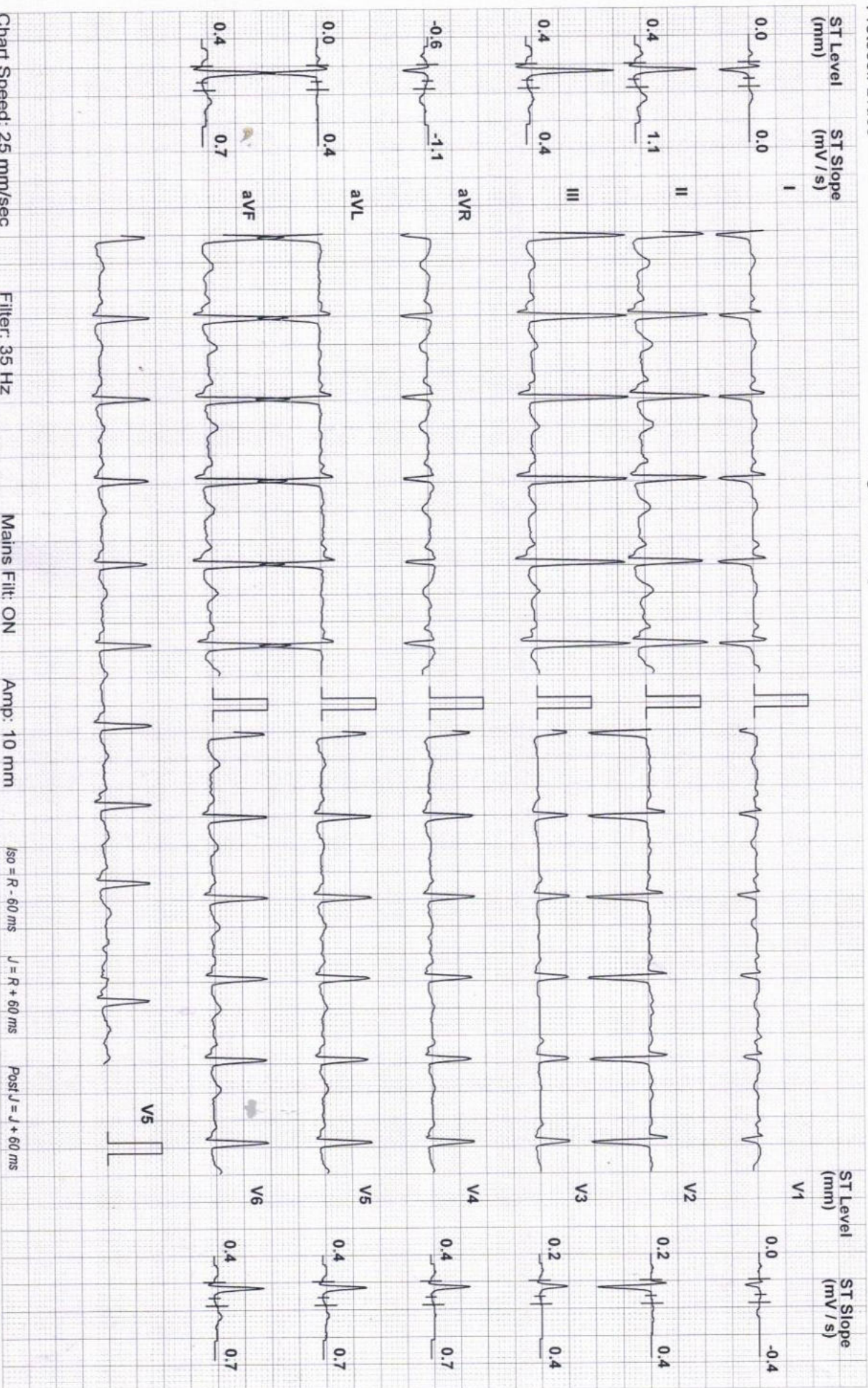
Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 0 / 0



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 142 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 171 bpm)

B.P: 120 / 70

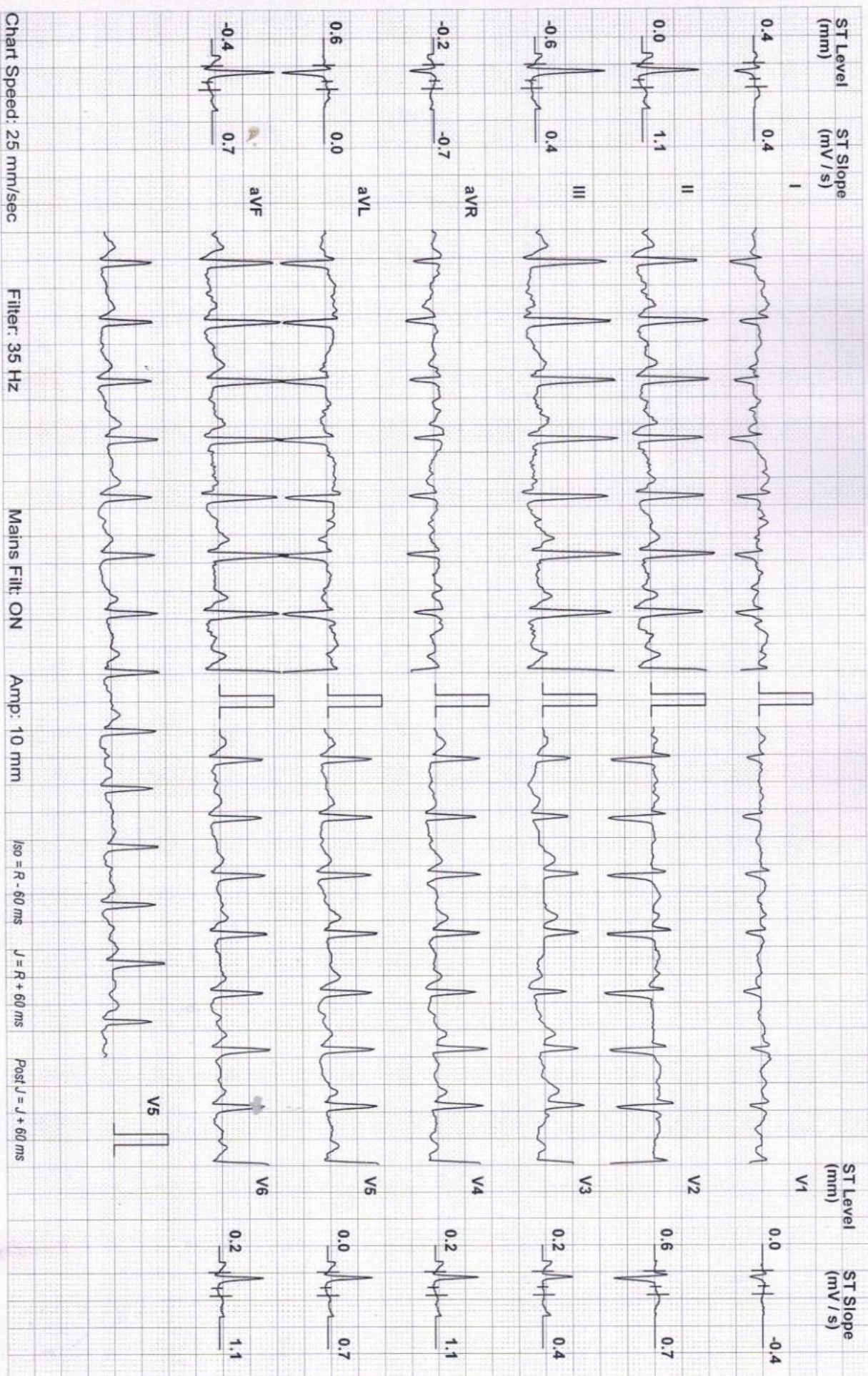


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 164 bpm

Protocol: Bruce

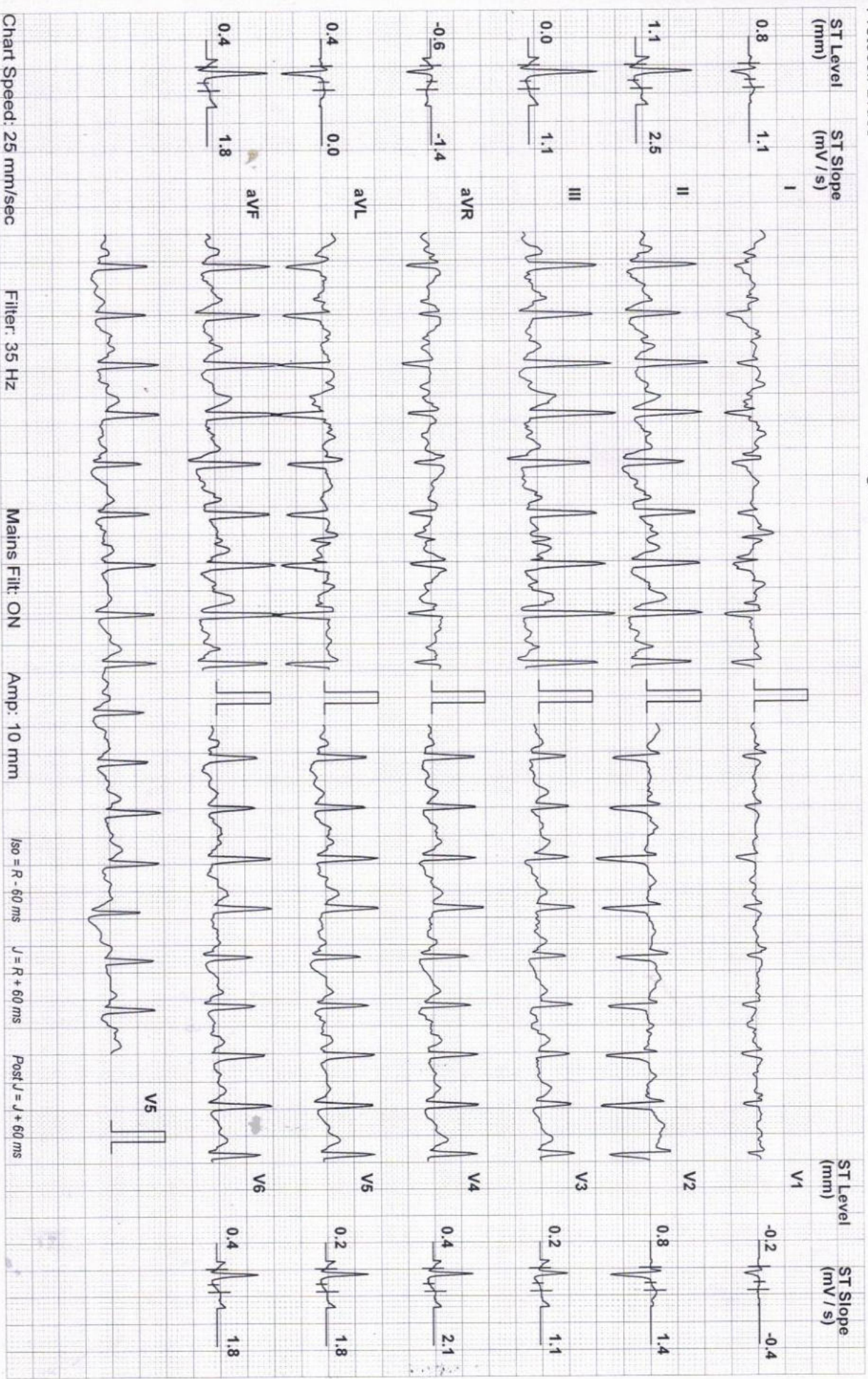
Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 171 bpm)

B.P.: 140 / 70



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 7 m 0 s

Stage Time : 1 m 0 s

HR: 183 bpm

Protocol: Bruce

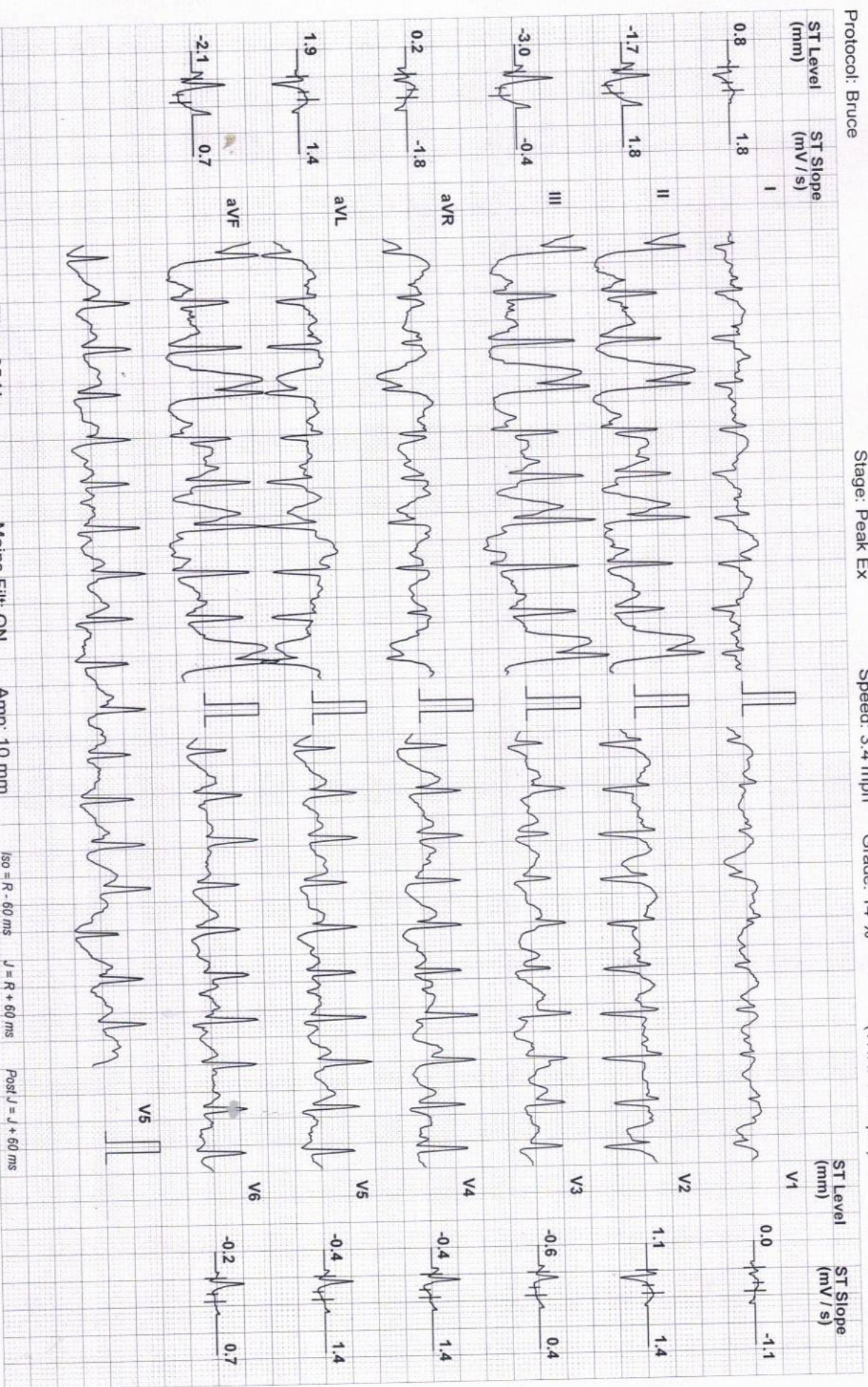
Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 171 bpm)

B.P: 140 / 70



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 7 m 0 s

Stage Time : 1 m 5 s

HR: 158 bpm

Protocol: Bruce

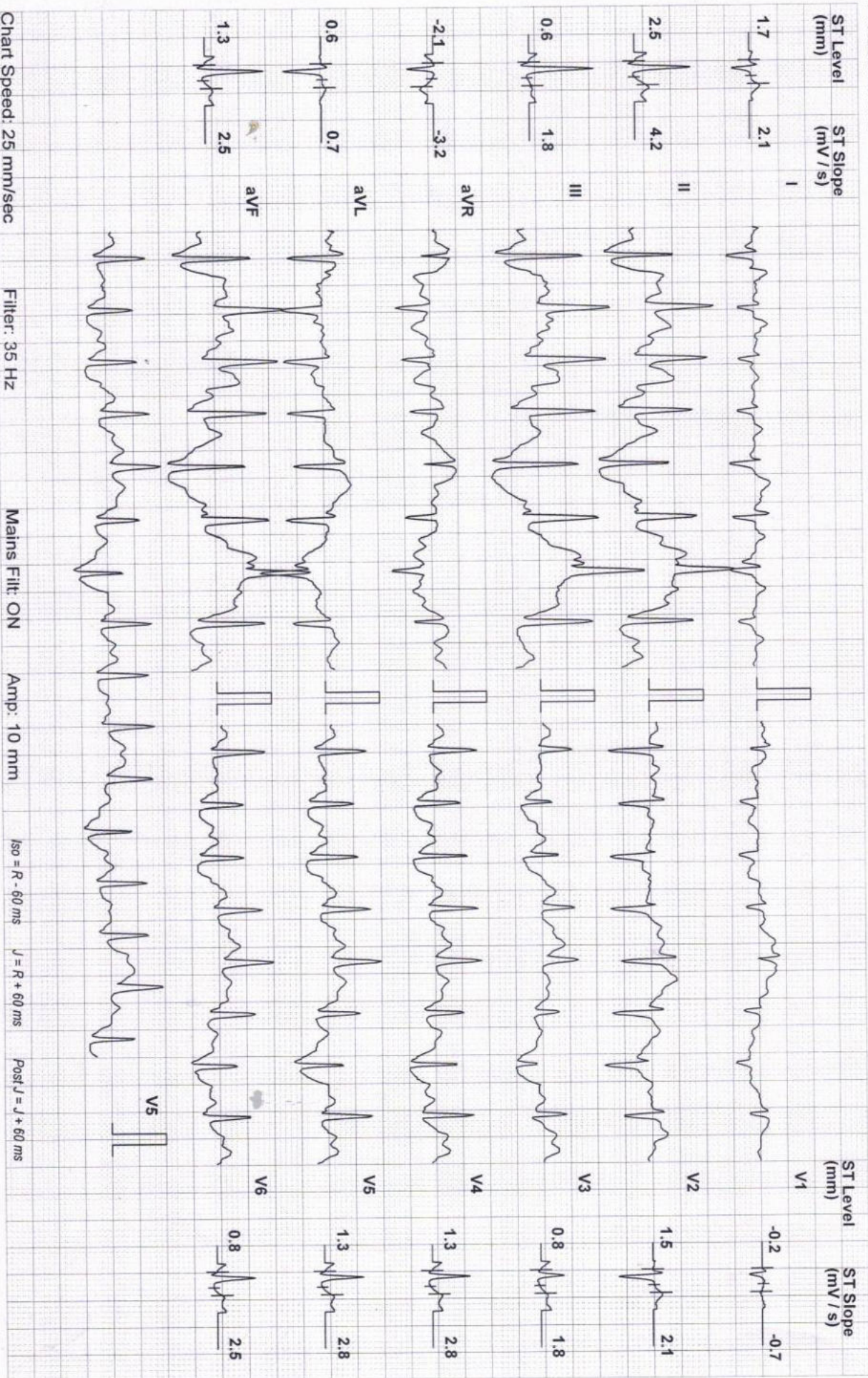
Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 140 / 70



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 7 m 0 s

Stage Time : 2 m 0 s

HR: 126 bpm

Protocol: Bruce

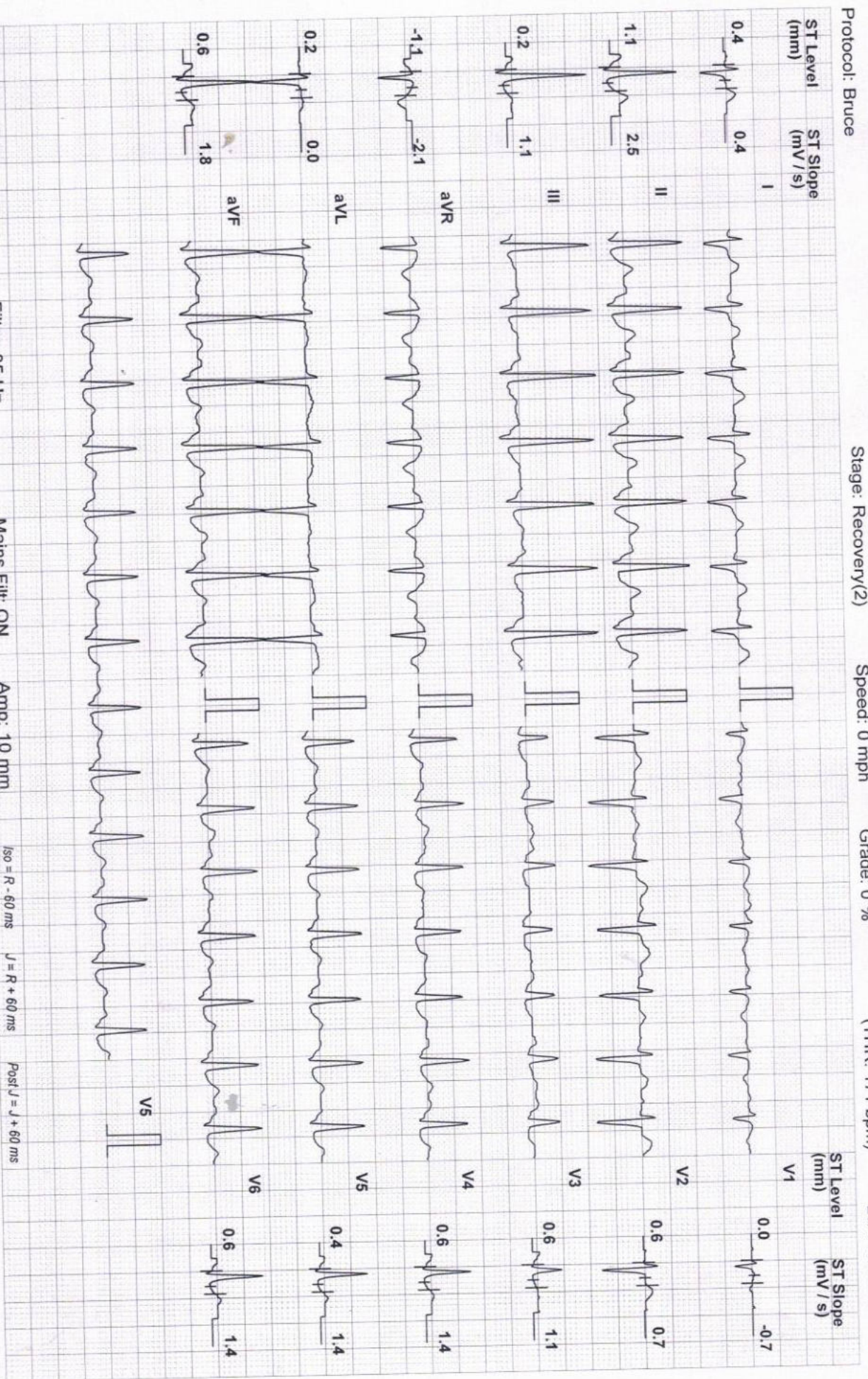
Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 120 / 70



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 7 m 0 s

Stage Time : 2 m 0 s

HR: 123 bpm

Protocol: Bruce

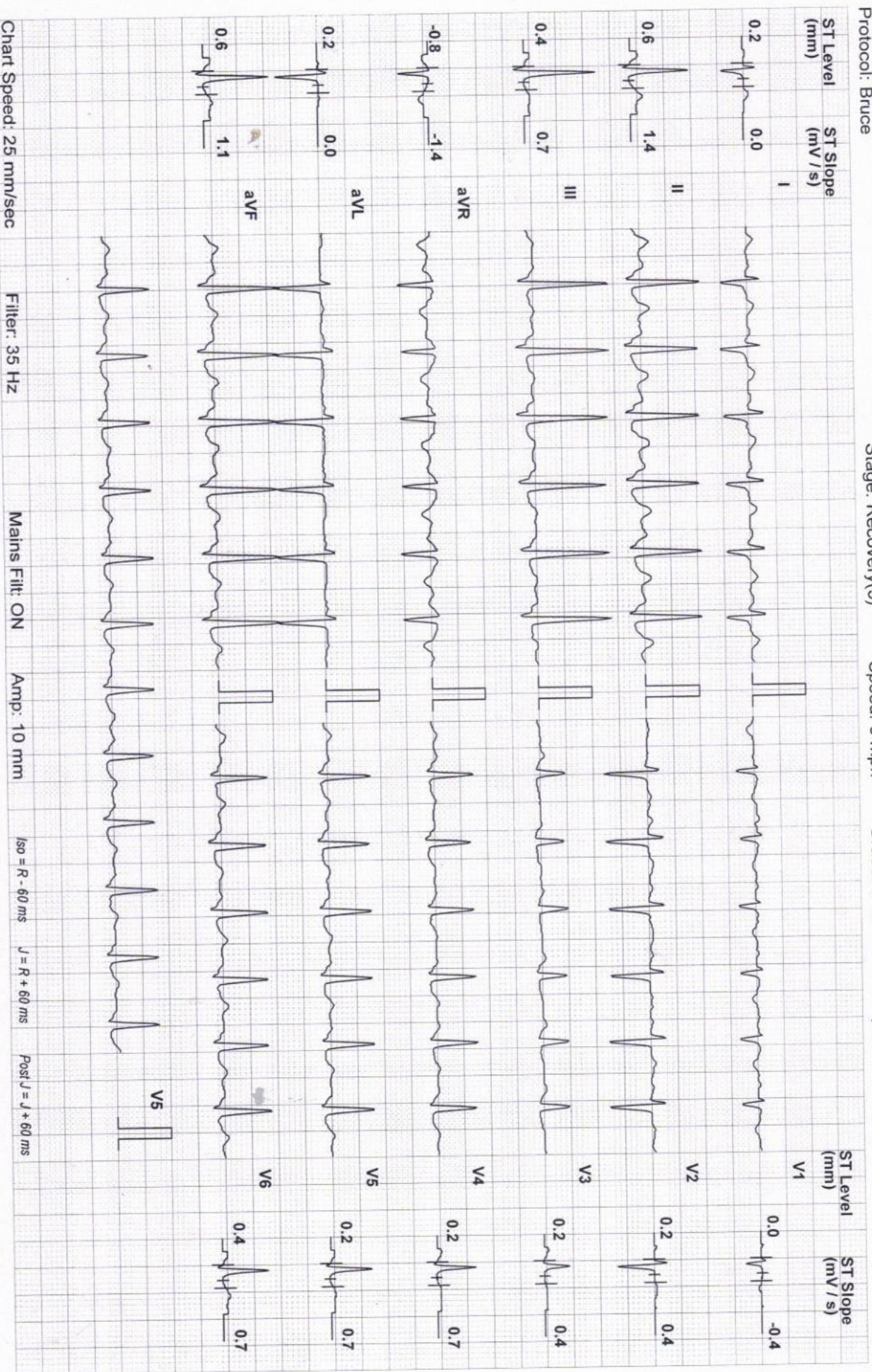
Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 110 / 70



DDRC SRL KOTTAYAM

Mrs. ELIZABETH PONNI JOSE (30 F)

ID: 238

Date: 25-Mar-23

Exec Time : 7 m 0 s

Stage Time : 0 m 40 s HR: 117 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 110 / 70

