

Name : Ms. SUDESHNA SAMANTA (39 /F)

Date : 07/11/2024

Address : KOLKATA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002449321

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH225635



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder



## DRUG ALLERGY

NO KNOWN ALLERGY

:07/11/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 2 months ago on treatment;  
No of Children - P0+1; Ectopic pregnancy - yes

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Past medical history

Past medical history - nil significant



### Surgical history

Oophorectomy - Right - tubal pregnancy 2017



### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Diabetes - mother

Hypertension - mother

Coronary artery - none

disease

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese

Height - 155

Weight - 72

BMI - 29.97

Pallor - No

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 69

Rhythm - Regular

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Systolic(mm of Hg) - B.P. Sitting  
- 109  
Diastolic(mm of Hg) - 79  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITH GLASS  
(RE):6/6 (LE):6/6 VISUAL  
ACUITY NEAR:WITHOUT  
GLASS (RE):N6 (LE)N6  
ADVICE:\*To continue  
present glass\*Detail  
funduscopy\*Review after  
1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6	g/dl	<span style="color: green;">●</span>	12.0-15.0
RBC COUNT	5.12 *	Million/ ul	<span style="color: red;">●</span>	3.8-4.8
Hematocrit - Hct:	42.5	%	<span style="color: green;">●</span>	36-46
MCV	83.0	fl	<span style="color: green;">●</span>	83-101
MCH	24.6 *	pg	<span style="color: red;">●</span>	27-32
MCHC	29.7 *	%	<span style="color: red;">●</span>	31.5-34.5
RDW	18.3 *	%	<span style="color: red;">●</span>	11.8-14.0
WBC Count	9400	/cu mm	<span style="color: green;">●</span>	4000-10000
Platelet Count	3.78	lacs/cu mm	<span style="color: green;">●</span>	1.5-4.0
Neutrophils	63	%	<span style="color: green;">●</span>	40-80
Lymphocytes	31	%	<span style="color: green;">●</span>	20-40
Monocytes	05	%	<span style="color: green;">●</span>	2-10
Eosinophils	01	%	<span style="color: green;">●</span>	01-06
Basophils	00	%	<span style="color: green;">●</span>	0-0
RBC:	Anisocytosis++, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			

**ERYTHROCYTE SEDIMENTATION RATE (ESR)**

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	<span style="color: green;">●</span>	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	1-3	/hpf
Epithelial Cells	10-15	
Casts:	Not Found	
Crystals:	Not Found	

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**ALT(SGPT) - SERUM**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	<span style="color: green;">●</span>	0-35

**ALBUMIN - SERUM**

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.3	g/dL	<span style="color: green;">●</span>	3.5-5.1

**ALKALINE PHOSPHATASE - SERUM**

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	88	U/L	<span style="color: green;">●</span>	33-98

**AST (SGOT) - SERUM**

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	26	U/L	<span style="color: green;">●</span>	0-35

**BILIRUBIN, TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	<span style="color: green;">●</span>	0.3-1.2

● Within Normal Range    
 ● Borderline High/Low    
 ● Out of Range

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**CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	178	mg/dL		0-200
Non-HDL Cholesterol	137			

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	118 *	mg/dL		0-100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL		0-35

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL		0.6-1.1

**PROTEIN TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL		6.4-8.3
Albumin/Globulin Ratio	1.3			1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL		1.8-3.6

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	30	U/L		0-38

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	0.97	ng/ml		0.87-1.78

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	100 *	mg/dL		70-99

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	13.00	µg/dL		5.48-14.28

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	115	mg/dL		70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.9 *	%		Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4 % Diabetes : >= 6.5 % ADA Therapeutic goal : <7%

**TRIGLYCERIDES - SERUM**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	208 *	mg/dL		0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	2.74	µIU/mL		0.38-5.33

**HDL CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL		30-70
TC/HDL-C ratio serum	4 *			Optimal<3.5

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.5 *	mg/dL		2.4-5.7

**LDL CHOLESTEROL -SERUM**

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range

Within Normal Range Borderline High/Low Out of Range

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BILIRUBIN 0.1 mg/dL ● 0.0-0.2  
CONJUGATED  
(DIRECT) - SERUM

\* Chest skiagram does not reveal any significant abnormality.

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.3	mg/dL	●	7.0-18.0

Dr. ARKADEEP DEY  
DNB RESIDENT  
In consultation with

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.3			

Dr. SRIJITA GHOSH SEN  
DNB (RADIODIAGNOSIS)  
MNAMS, FRCR (LONDON)  
CONSULTANT RADIOLOGIST  
Reg. No. 68918 (WBMC)

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2408863  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism  
\*  
Dense mixed inflammation is also present

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.  
\* Uterine fibroid.  
\* Bulky ovary with polycystic ovarian morphology.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

### X-RAY CHEST PA

Dr. SRIJITA GHOSH SEN  
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CONSULTANT RADIOLOGIST  
Reg. No. 68918 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

### Biochemistry

A/G - RATIO



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

3

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

#### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**