

PHYSICAL EXAMINATION REPORT

Patient Name	Vaibhav Godambe	Sex/Age	M/35
Date	30/3/23	Location	Thane

History and Complaints

C/O - Heel Pain since 10 days

EXAMINATION FINDINGS:

Height (cms):	168	Temp (0c):	Ⓝ
Weight (kg):	77.2	Skin:	NAD.
Blood Pressure	140/90	Nails:	
Pulse	76/min	Lymph Node:	

Systems :

Cardiovascular:	NAD.
Respiratory:	
Genitourinary:	
GI System:	
CNS:	

Impression:

Borderline High B.P.
↑ chol, LDL, Non HDL chol.

Monitor B.P

Advice:

- wt. Reduction, low Fat, low Salt Diet
- Reg. Exercise
- Repeat Lipid Profile after 6 Months.

1)	Hypertension:		
2)	IHD		
3)	Arrhythmia		
4)	Diabetes Mellitus		
5)	Tuberculosis	Nil	
6)	Asthma		
7)	Pulmonary Disease		
8)	Thyroid/ Endocrine disorders		
9)	Nervous disorders		
10)	GI system		
11)	Genital urinary disorder		
12)	Rheumatic joint diseases or symptoms		
13)	Blood disease or disorder		Nil
14)	Cancer/lump growth/cyst		
15)	Congenital disease		
16)	Surgeries		
17)	Musculoskeletal System	c/o Heel pain	

PERSONAL HISTORY:

1)	Alcohol	No
2)	Smoking	No
3)	Diet	Veg
4)	Medication	No

[Signature]
Dr. Manasee Kulkarni
M.B.B.S.
2005/09/3439

0000-0578-5507



CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane KasarvadaVali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 17:01

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<u>RBC PARAMETERS</u>			
Haemoglobin	16.3	13.0-17.0 g/dL	Spectrophotometric
RBC	5.24	4.5-5.5 mil/cmm	Elect. Impedance
PCV	48.7	40-50 %	Measured
MCV	93.1	80-100 fl	Calculated
MCH	31.0	27-32 pg	Calculated
MCHC	33.4	31.5-34.5 g/dL	Calculated
RDW	14.3	11.6-14.0 %	Calculated
<u>WBC PARAMETERS</u>			
WBC Total Count	6870	4000-10000 /cmm	Elect. Impedance
<u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u>			
Lymphocytes	26.5	20-40 %	
Absolute Lymphocytes	1820.5	1000-3000 /cmm	Calculated
Monocytes	5.8	2-10 %	
Absolute Monocytes	398.5	200-1000 /cmm	Calculated
Neutrophils	61.9	40-80 %	
Absolute Neutrophils	4252.5	2000-7000 /cmm	Calculated
Eosinophils	5.5	1-6 %	
Absolute Eosinophils	377.9	20-500 /cmm	Calculated
Basophils	0.3	0.1-2 %	
Absolute Basophils	20.6	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	262000	150000-400000 /cmm	Elect. Impedance
MPV	8.1	6-11 fl	Calculated
PDW	9.2	11-18 %	Calculated

RBC MORPHOLOGY



Use a QR Code Scanner
Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 18:14

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	94.4	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	74.1	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.66	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.26	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.40	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.2	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.8	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	2	1 - 2	Calculated
SGOT (AST), Serum	19.3	5-40 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	27.2	5-45 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	28.9	3-60 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	96.1	40-130 U/L	PNPP
BLOOD UREA, Serum	18.3	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	8.5	6-20 mg/dl	Calculated

Authenticity Check



Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 18:14

CREATININE, Serum	0.81	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	117	>60 ml/min/1.73sqm	Calculated

Note: eGFR estimation is calculated using MDRD (Modification of diet in renal disease study group) equation

URIC ACID, Serum	5.3	3.5-7.2 mg/dl	Uricase
------------------	-----	---------------	---------

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



Amit Taori

Dr. AMIT TAORI
M.D (Path)
Pathologist

Authenticity Check



Use a QR Code Scanner
Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 18:41

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
URINE EXAMINATION REPORT

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.010-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	2-3		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	2-4	Less than 20/hpf	

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein: (1+ -25 mg/dl, 2+ -75 mg/dl, 3+ - 150 mg/dl, 4+ - 500 mg/dl)
- Glucose: (1+ - 50 mg/dl, 2+ -100 mg/dl, 3+ -300 mg/dl, 4+ -1000 mg/dl)
- Ketone: (1+ -5 mg/dl, 2+ -15 mg/dl, 3+ - 50 mg/dl, 4+ - 150 mg/dl)

Reference: Pack insert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West

*** End Of Report ***



Amit Taori

Dr. AMIT TAORI
M.D (Path)
Pathologist



CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 18:20

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
BLOOD GROUPING & Rh TYPING

<u>PARAMETER</u>	<u>RESULTS</u>
ABO GROUP	O
Rh TYPING	Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Note : This Sample has also been tested for Bombay group/Bombay phenotype /Oh using anti H lectin

Specimen: EDTA Whole Blood and/or serum

Clinical significance:
ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

References:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



Amit Taori

Dr. AMIT TAORI
M.D (Path)
Pathologist



Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

Collected : 30-Mar-2023 / 15:17
Reported : 30-Mar-2023 / 18:20

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	208.8	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	104.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	40.1	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	168.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	148.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	20.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.2	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.7	0-3.5 Ratio	Calculated

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
*** End Of Report ***



Amit Taori

Dr. AMIT TAORI
M.D (Path)
Pathologist

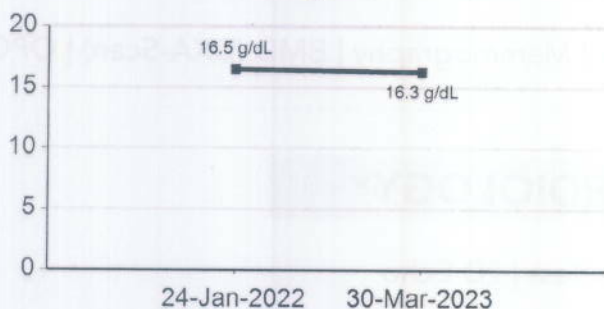
Authenticity Check



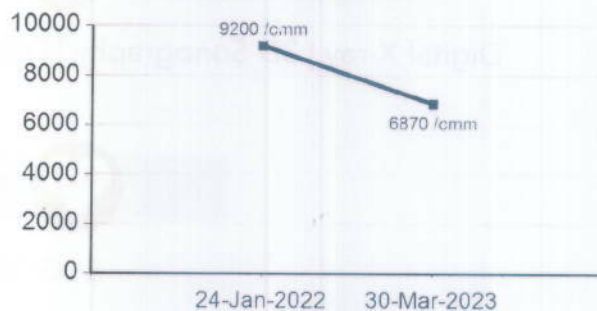
Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
 Name : MR. VAIBHAV SHIVAPPA GODAMBE
 Age / Gender : 33 Years / Male
 Consulting Dr. : -
 Reg. Location : Thane Kasarvadavali (Main Centre)

Haemoglobin



WBC Total Count



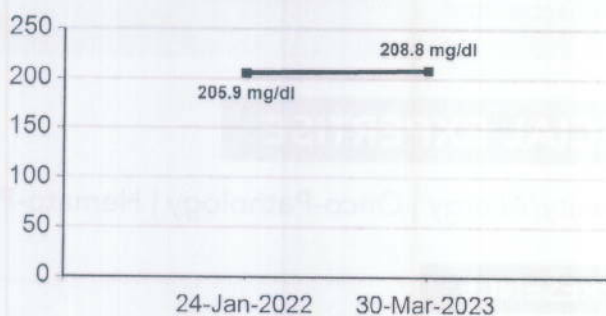
Platelet Count



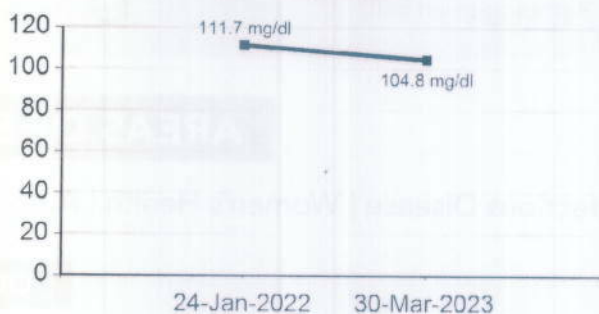
ESR



CHOLESTEROL



TRIGLYCERIDES



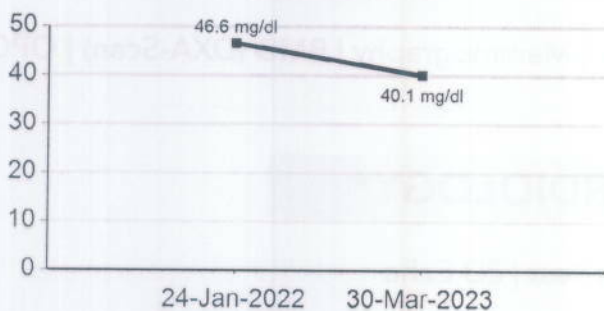
Authenticity Check



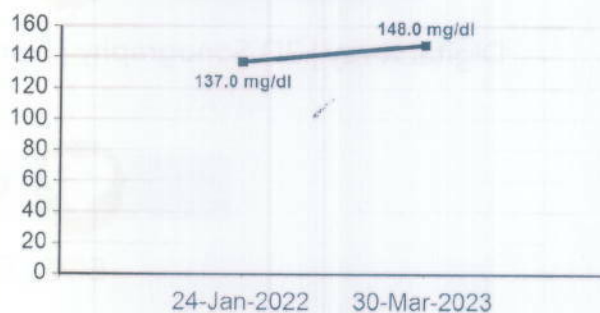
Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

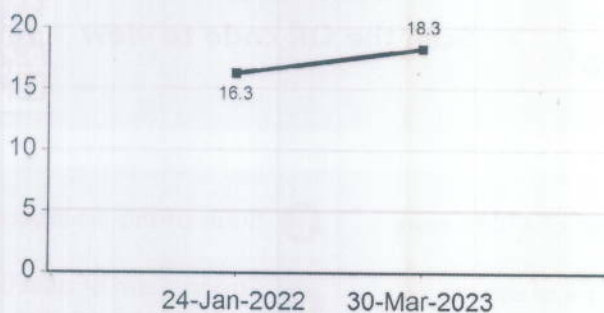
HDL CHOLESTEROL



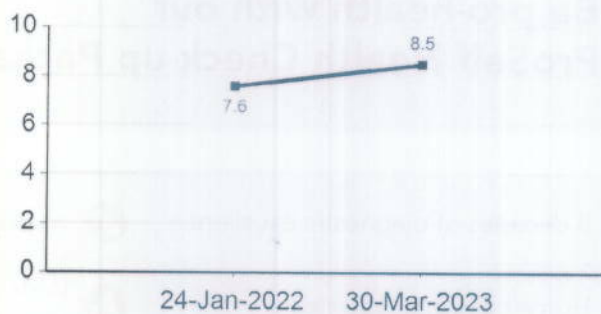
LDL CHOLESTEROL



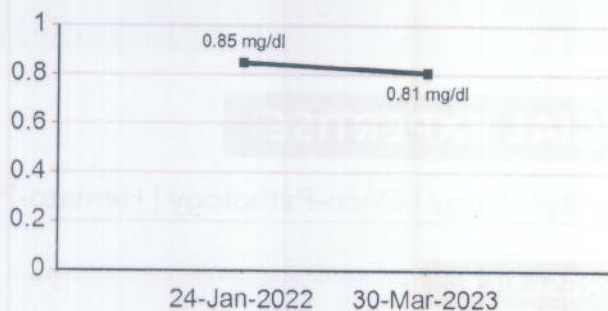
BLOOD UREA



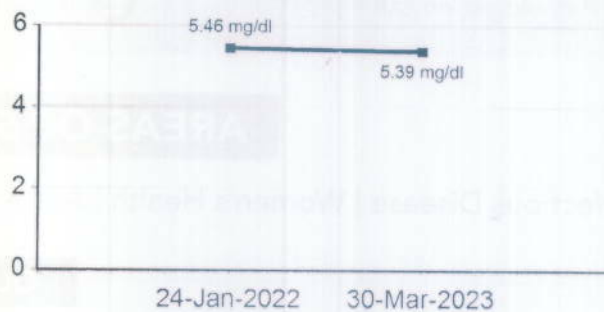
BUN



CREATININE



URIC ACID



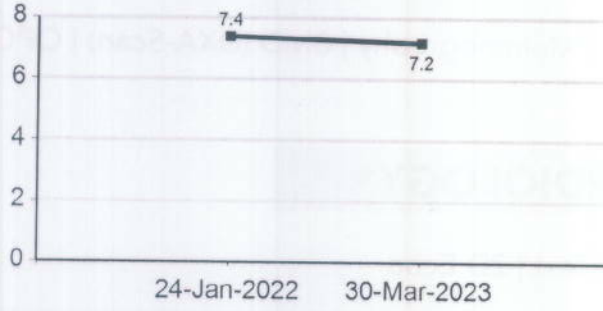
Authenticity Check



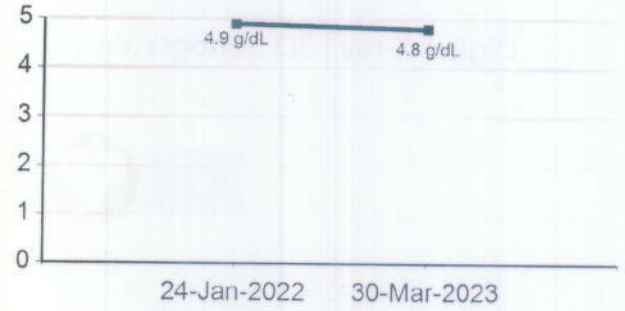
Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
Name : MR. VAIBHAV SHIVAPPA GODAMBE
Age / Gender : 33 Years / Male
Consulting Dr. : -
Reg. Location : Thane Kasarvadavali (Main Centre)

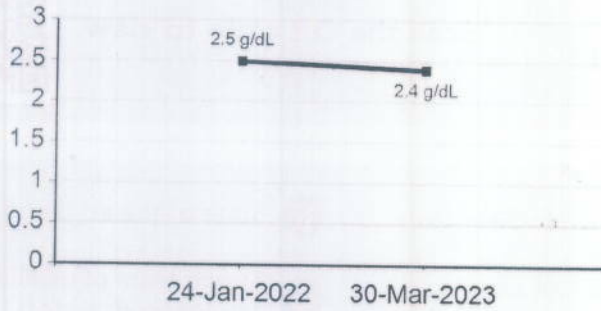
TOTAL PROTEINS



ALBUMIN



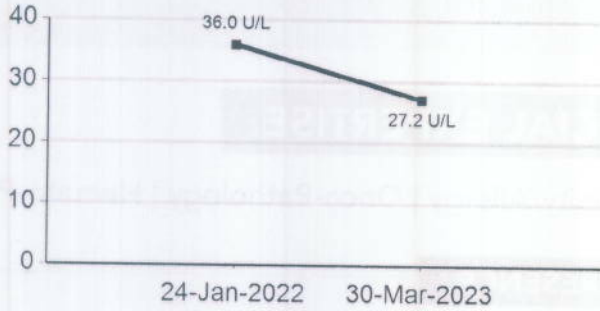
GLOBULIN



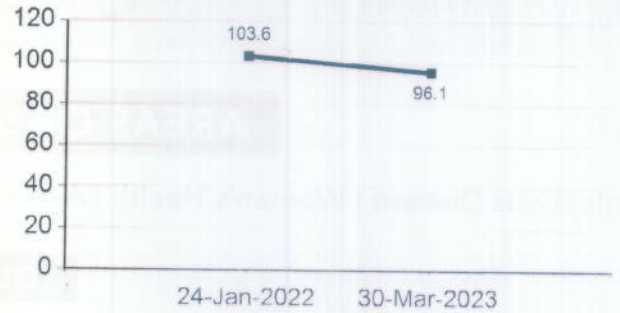
SGOT (AST)



SGPT (ALT)



ALKALINE PHOSPHATASE

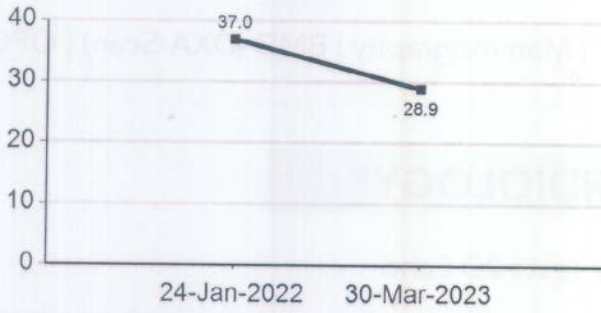




Use a QR Code Scanner Application To Scan the Code

CID : 2308912414
 Name : MR. VAIBHAV SHIVAPPA GODAMBE
 Age / Gender : 33 Years / Male
 Consulting Dr. : -
 Reg. Location : Thane Kasarvadavali (Main Centre)

GAMMA GT



BILIRUBIN (DIRECT)



Reg. No. : 2308912414	Sex : MALE
Name : MR. VAIBHAV SHIVAPPA GODAMBE	Age : 33 YRS
Ref. By : -----	Date : 30.03.2023

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Right kidney measures 10.8 x 5.0 cm. Left kidney measures 10.0 x 5.1 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture. No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION: USG ABDOMEN IS WITHIN NORMAL LIMITS.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.



DR. GAURI VARMA
MBBS, DMRE
(CONSULTANT RADIOLOGIST)

CID : 2308912414
Name : Mr VAIBHAV SHIVAPPA GODAMBE
Age / Sex : 33 Years/Male
Ref. Dr :
Reg. Location : Thane Kasarvadavali Main Centre
Reg. Date : 30-Mar-2023
Reported : 30-Mar-2023 / 18:46

Use a QR Code Scanner
Application To Scan the Code

X-RAY CHEST PA VIEW

Both lung fields are clear.
Both costo-phrenic angles are clear.
The cardiac size and shape are within normal limits.
The domes of diaphragm are normal in position and outlines.
The skeleton under review appears normal.

IMPRESSION:
NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

G. R. Fartade
Dr. GAURAV FARTADE
MBBS, DMRE
Reg No -2014/04/1786
Consultant Radiologist

Click here to view images <<ImageLink>>

Date:- 30/13/23
 Name:- Vaibhav Godambe
 CID:
 Sex / Age: M - 34

EYE CHECK UP

Chief complaints: RCU

Systemic Diseases: All

Past history: All

Unaided Vision: 30/60 R 40/60 L

Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark: Good Vision

MR. PRAKASH KUDVA
 SR. OPTOMETRIST

SUBURBAN DIAGNOSTICS (THANE GB ROAD)

Report



Email:


788 (2308912711) / VAIBHAV GODAMBE / 34 Yrs / M / 168 Cms / 77 Kg
 Date: 30 / 03 / 2023 10:49:58 AM

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:10	0:10	00.0	00.0	01.0	084	45 %	120/80	100	00	
Standing	00:16	0:06	00.0	00.0	01.0	082	44 %	120/80	098	00	
HV	00:25	0:09	00.0	00.0	01.0	082	44 %	120/80	098	00	
ExStart	00:31	0:06	00.0	00.0	01.0	082	44 %	120/80	098	00	
BRUCE Stage 1	03:31	3:00	01.7	10.0	04.7	123	66 %	130/80	159	00	
BRUCE Stage 2	06:31	3:00	02.5	12.0	07.1	146	78 %	140/80	204	00	
PeakEx	07:22	0:51	03.4	14.0	08.0	160	86 %	150/80	240	00	
Recovery	08:22	1:00	00.0	00.0	01.1	126	68 %	150/80	189	00	
Recovery	09:22	2:00	00.0	00.0	01.0	106	57 %	150/80	158	00	
Recovery	11:22	4:00	00.0	00.0	01.0	104	56 %	130/80	135	00	
Recovery	11:31	4:10	00.0	00.0	01.0	103	55 %	130/80	133	00	

FINDINGS :

Exercise Time : 06:51
 Initial HR (ExStrt) : 82 bpm 44% of Target 186
 Initial BP (ExStrt) : 120/80 (mm/Hg)
 Max Workload Attained : 8 Fair response to induced stress
 Max ST Dep Lead & Avg ST Value : III & -0.6 mm in Stage 2
 Test End Reasons : Heart Rate Achieved , Fatigue,

Max HR Attained 160 bpm 86% of Target 186
 Max BP Attained 150/80 (mm/Hg)


Dr. SHAILAJA PILLAI
 M.D. (GEN.MED)
 R.NO. 49972

Doctor : DR SHAILAJA PILLAI

REPORT :

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The initial HR was recorded as 81.0 bpm, and the maximum predicted Target Heart Rate 186.0. The BP increased at the time of generating report as 150.0/80.0 mmHg. The Max Dep went upto 0.1. 0.0 Ectopic Beats were observed during the Test. The Test was completed because of Heart Rate Achieved, Fatigue.

CONCLUSIONS:

1. TMT is negative for exercise induced ischemia.
2. Normal chronotropic and Normal inotropic response.
3. No significant ST T changes seen.

Dr. SHAILAJA PILLAI

M.D. (GEN.MED)

R.NO. 49972

Doctor : DR SHAILAJA PILLAI

Date: 30 / 03 / 2023 10:49:58 AM METS: 1.0/ 84 bpm 45% ofTHR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

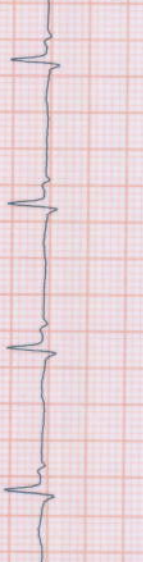
4X 80 ms Post J



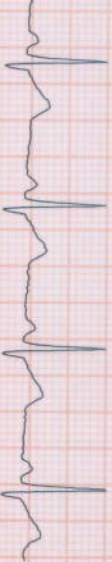
STL 0.0
STs 0.9



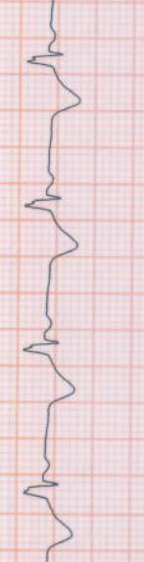
V1 0.3
-0.3



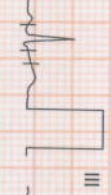
0.4
1.3



V2 1.6
1.6



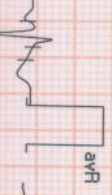
0.5
0.5



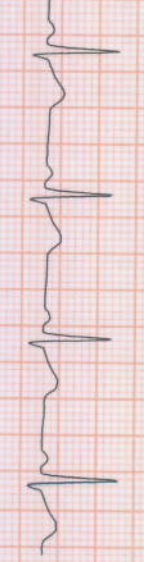
V3 1.0
1.3



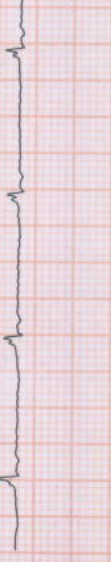
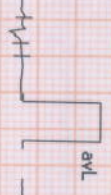
-0.2
-1.1



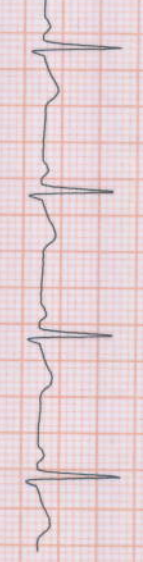
V4 0.7
1.1



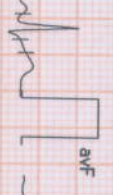
-0.3
0.2



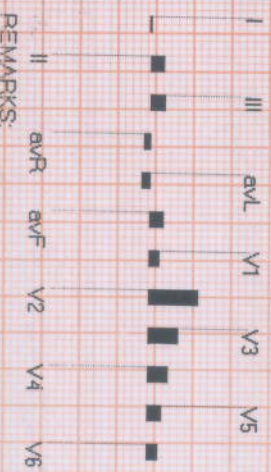
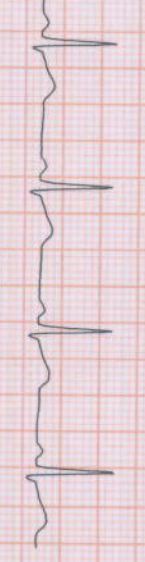
V5 0.4
1.0



0.4
0.9



V6 0.3
0.8



REMARKS:





Date: 30 / 03 / 2023 10:49:58 AM

METS: 1.0/ 81 bpm 44% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

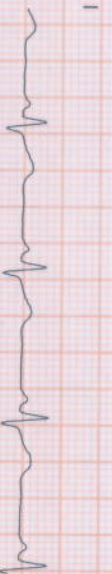
EXTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

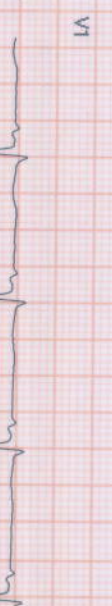
25 mm/Sec. 1.0 Cm/mV



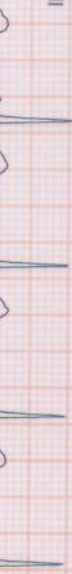
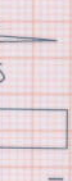
STL 0.0
STS 0.9



V1 0.3
-0.3



II 0.4
1.3



V2 1.6
1.6



III 0.5
0.5



V3 1.0
1.3



aVR -0.2
-1.1



V4 0.7
1.1



aVL -0.3
0.2



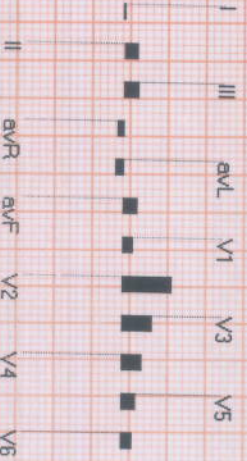
V5 0.4
1.0



aVF 0.4
0.9



V6 0.3
0.8



REMARKS:



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

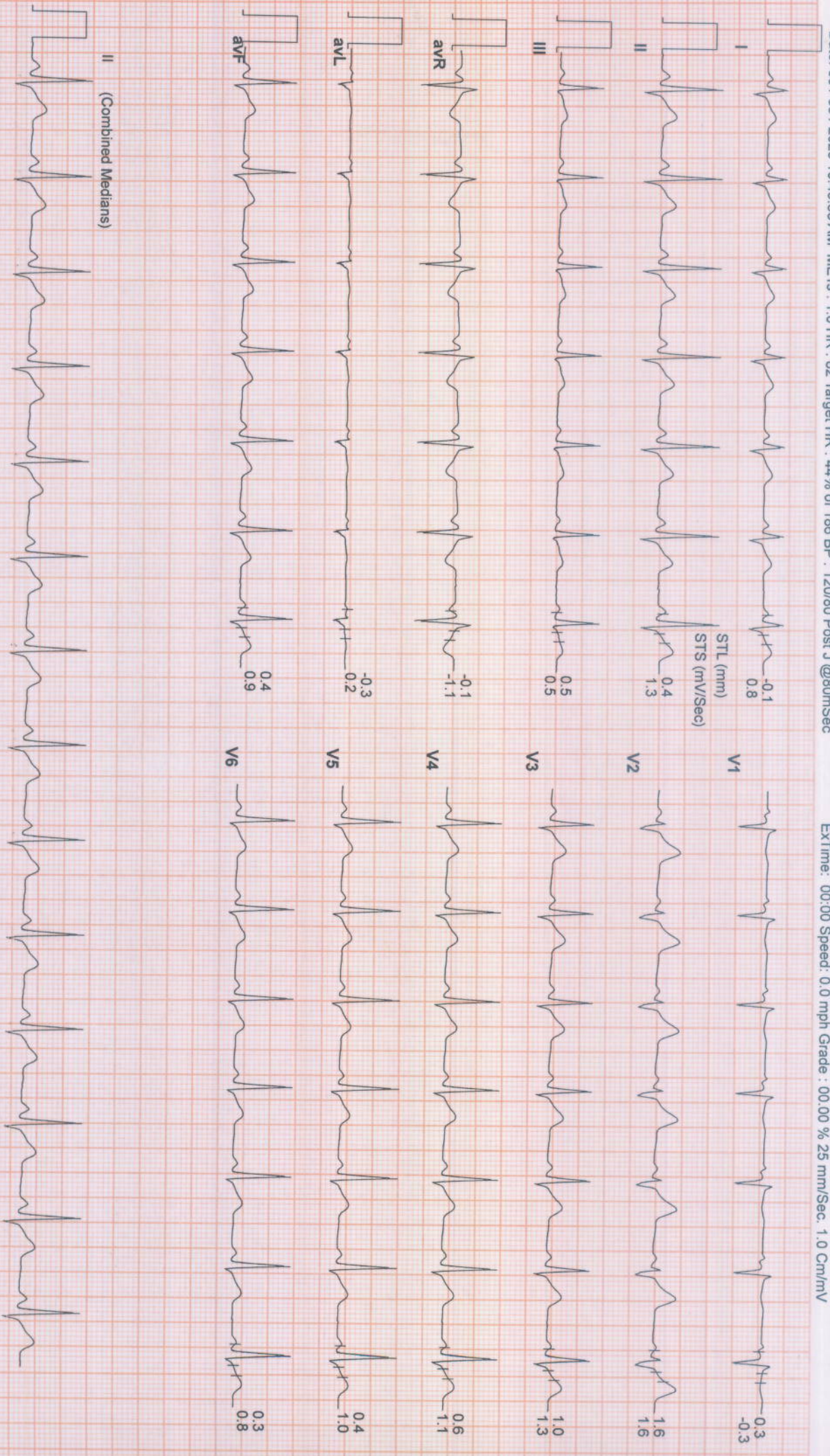
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
HV (00:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 1.0 HR : 82 Target HR : 44% of 166 BP : 120/80 Post J @80mSec

EXTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

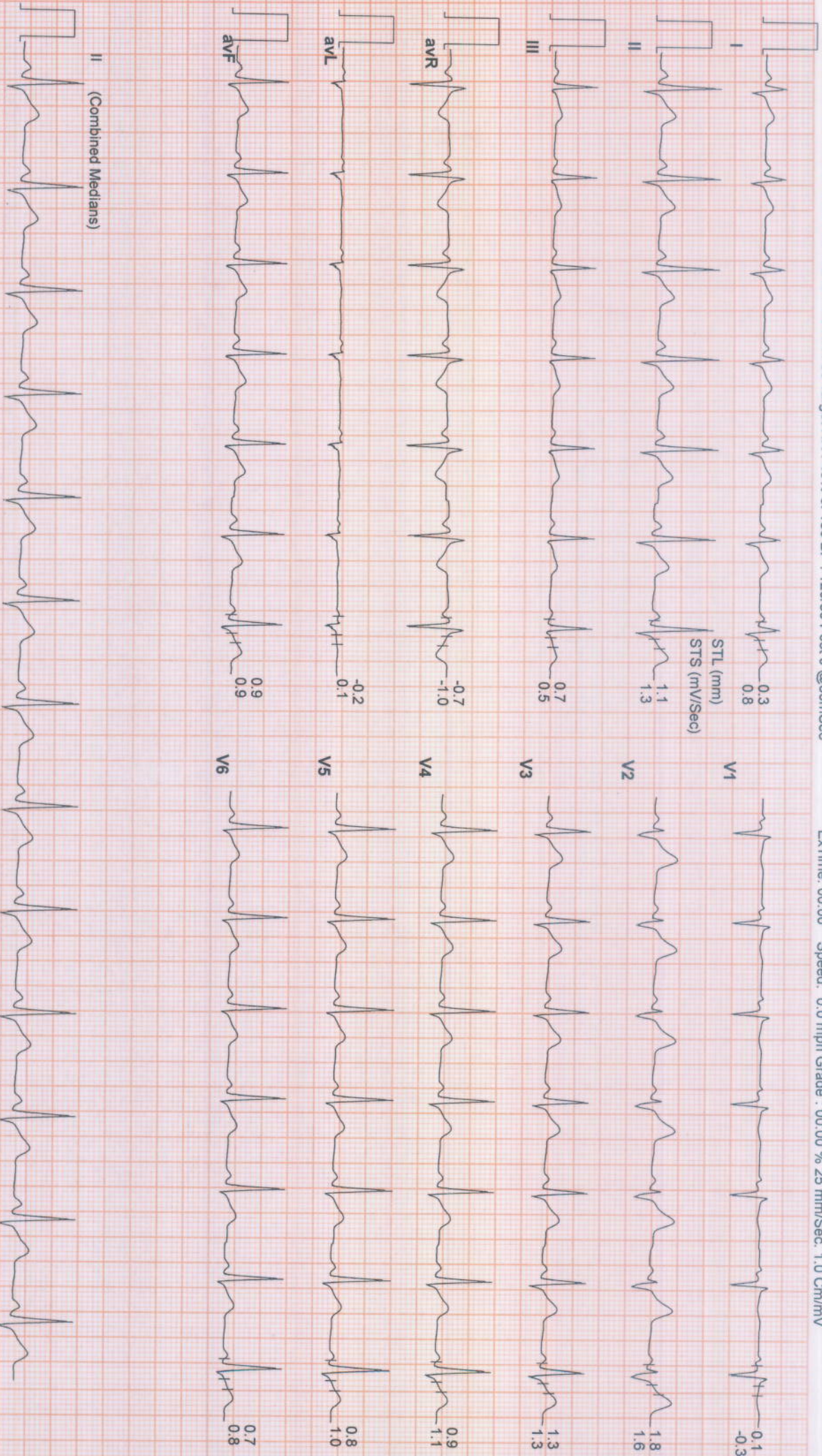
6X2 Combine Medians + 1 Rhythm

ExStr



Date: 30 / 03 / 2023 10:49:58 AM METs : 1.0 HR : 80 Target HR : 43% of 186 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



II (Combined Medians)



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

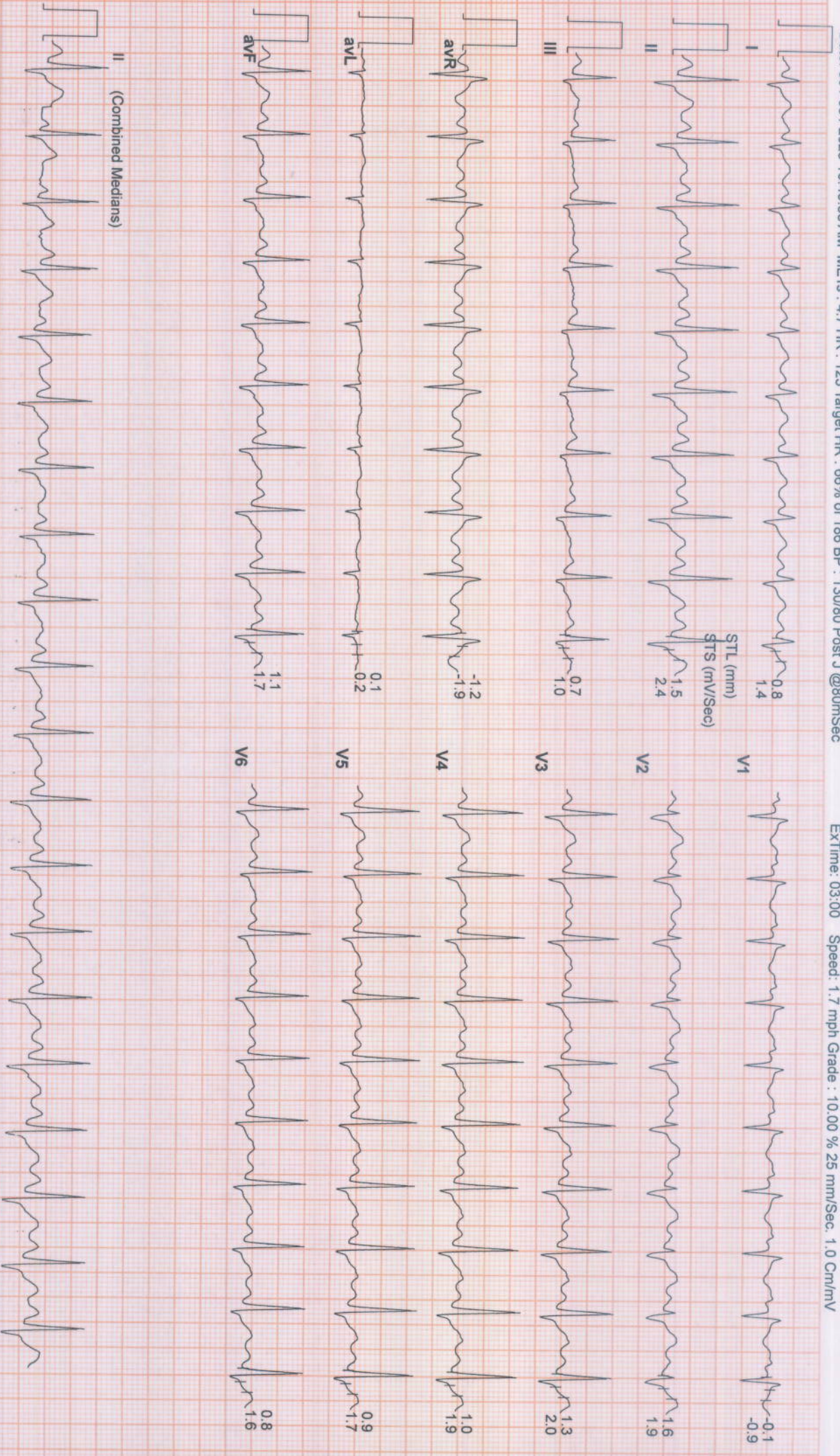
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 1 (03:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 4.7 HR : 123 Target HR : 66% of 186 BP : 130/80 Post J @80mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

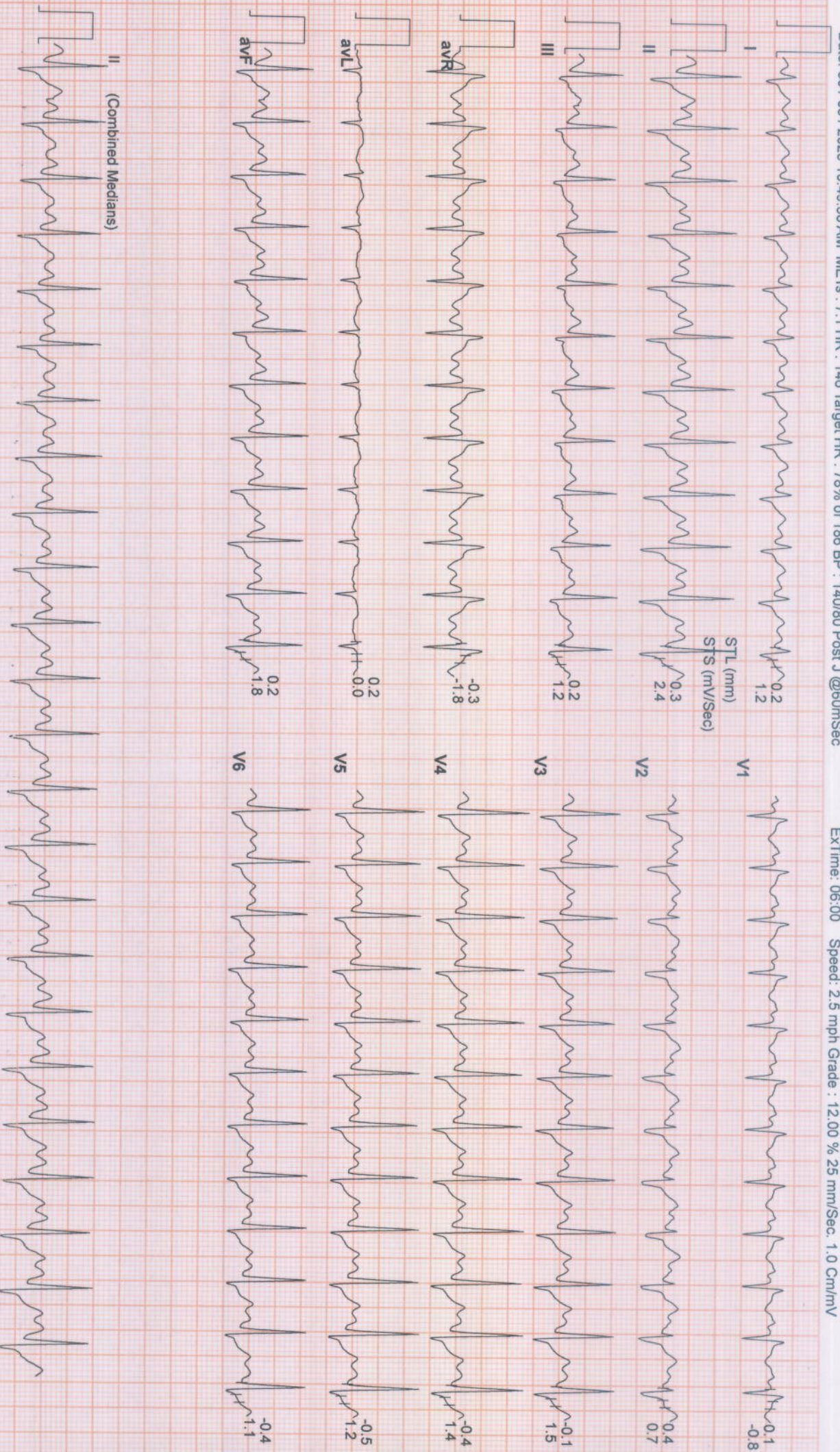
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 2 (03:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 7.1 HR : 146 Target HR : 78% of 186 BP : 140/80 Post J @60mSec

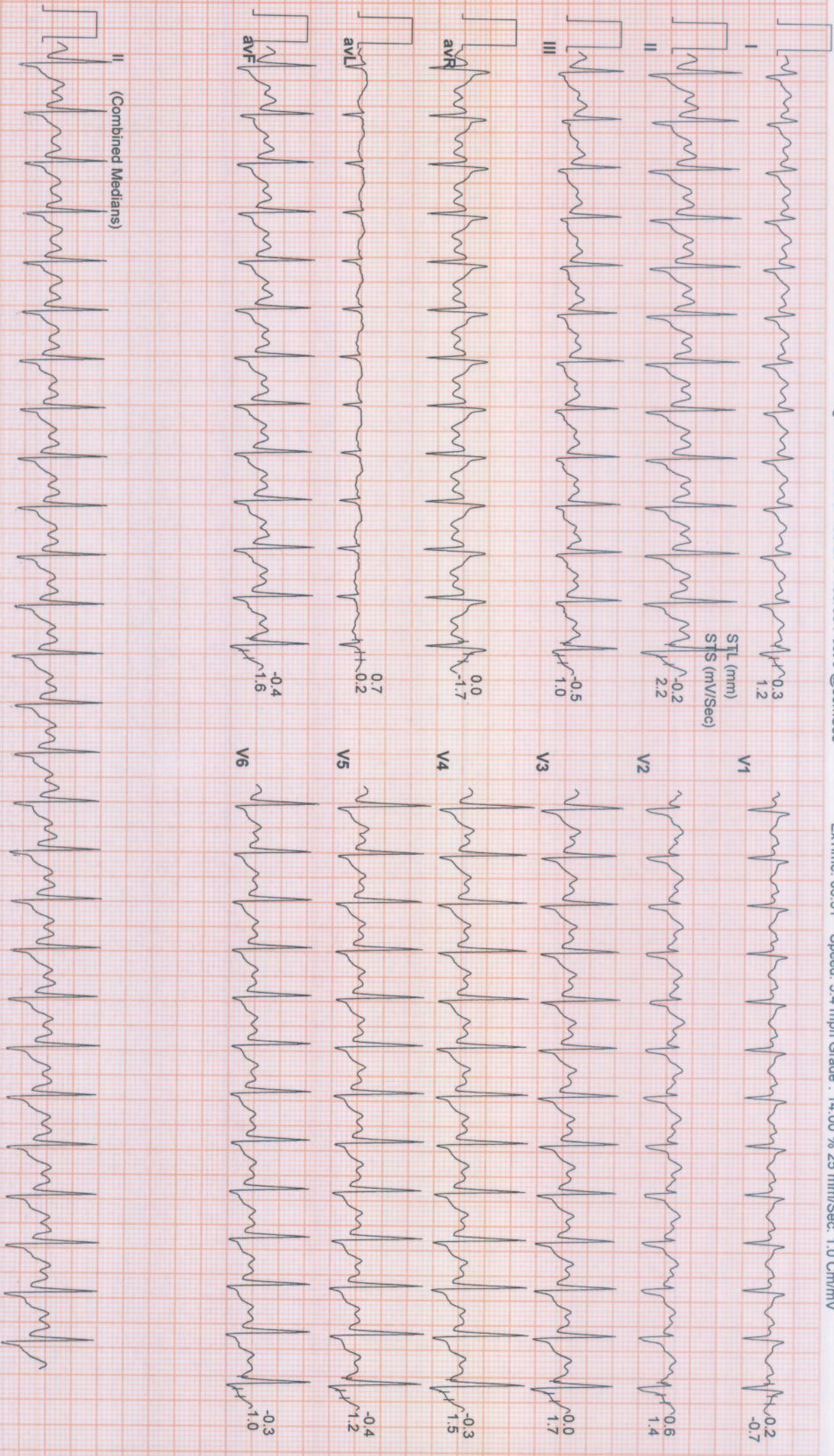
ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 30 / 03 / 2023 10:49:58 AM METs : 8.0 HR : 160 Target HR : 86% of 186 BP : 150/80 Post J @60mSec

ExTime: 06:51 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

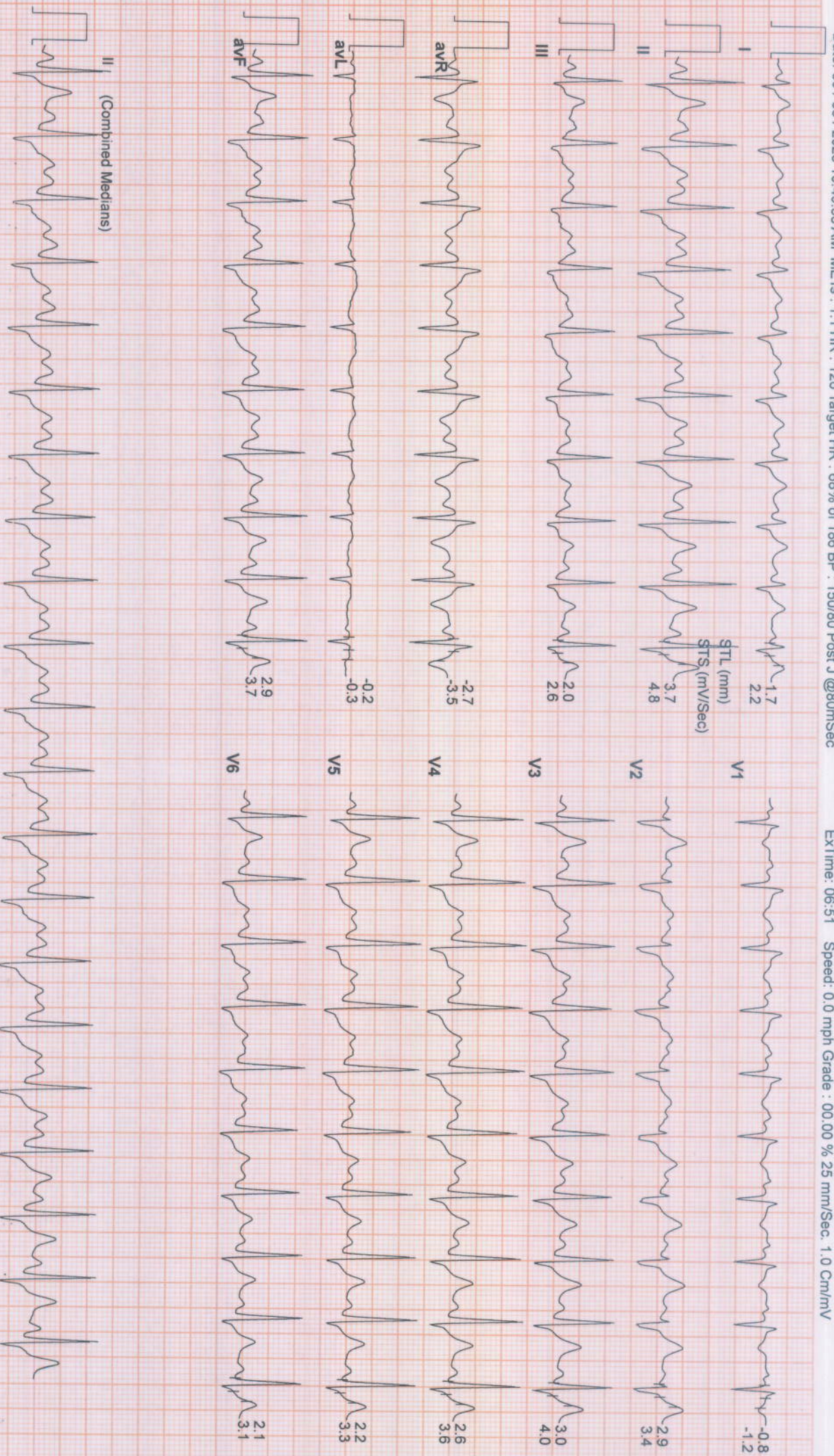
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
Recovery : (01:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 1.1 HR : 126 Target HR : 68% of 186 BP : 150/80 Post J @80mSec

ExTime: 06:51 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

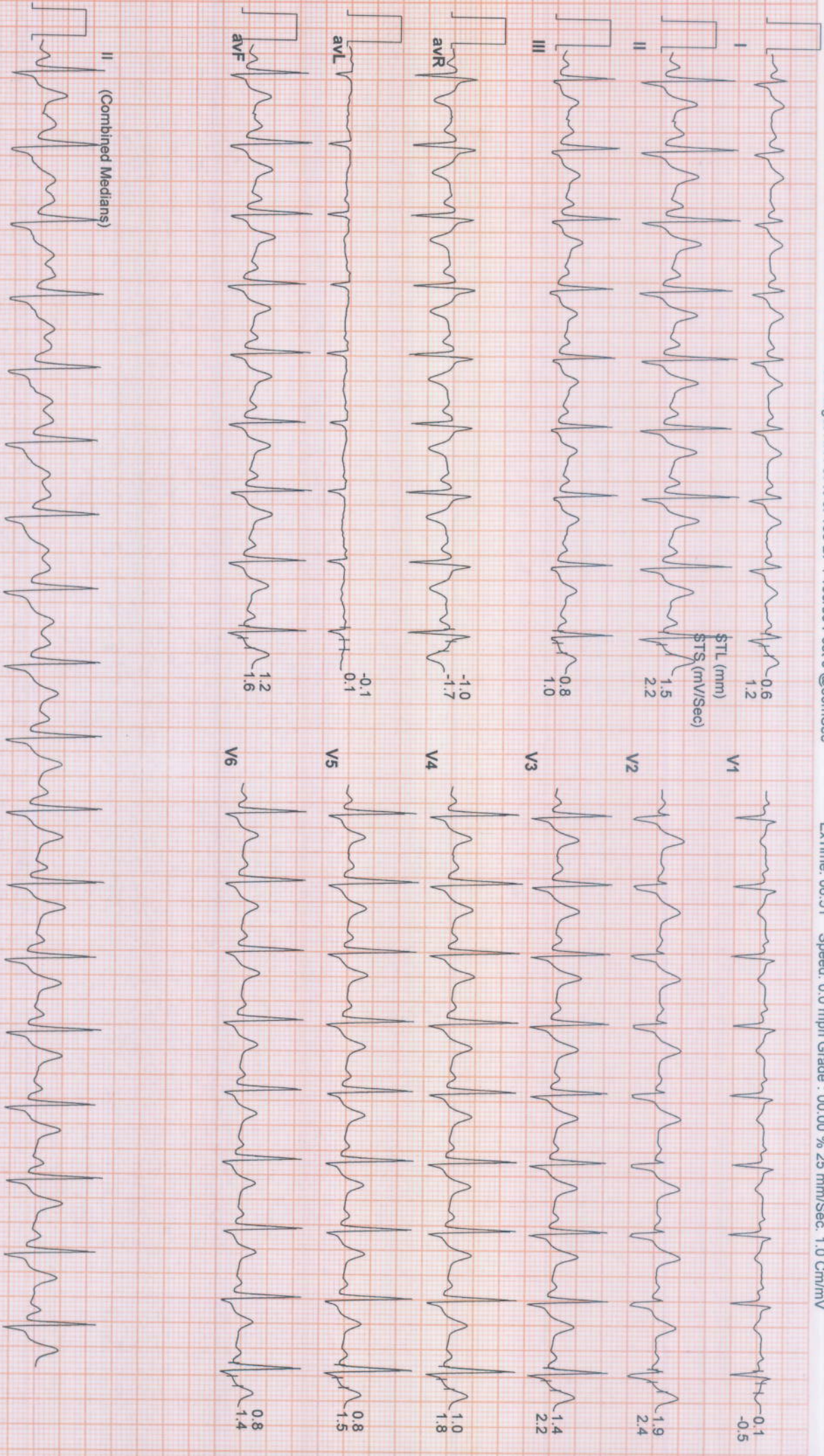
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
Recovery : (02:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 1.0 HR : 106 Target HR : 57% of 186 BP : 150/80 Post J @80mSec

ExTime: 06:51 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

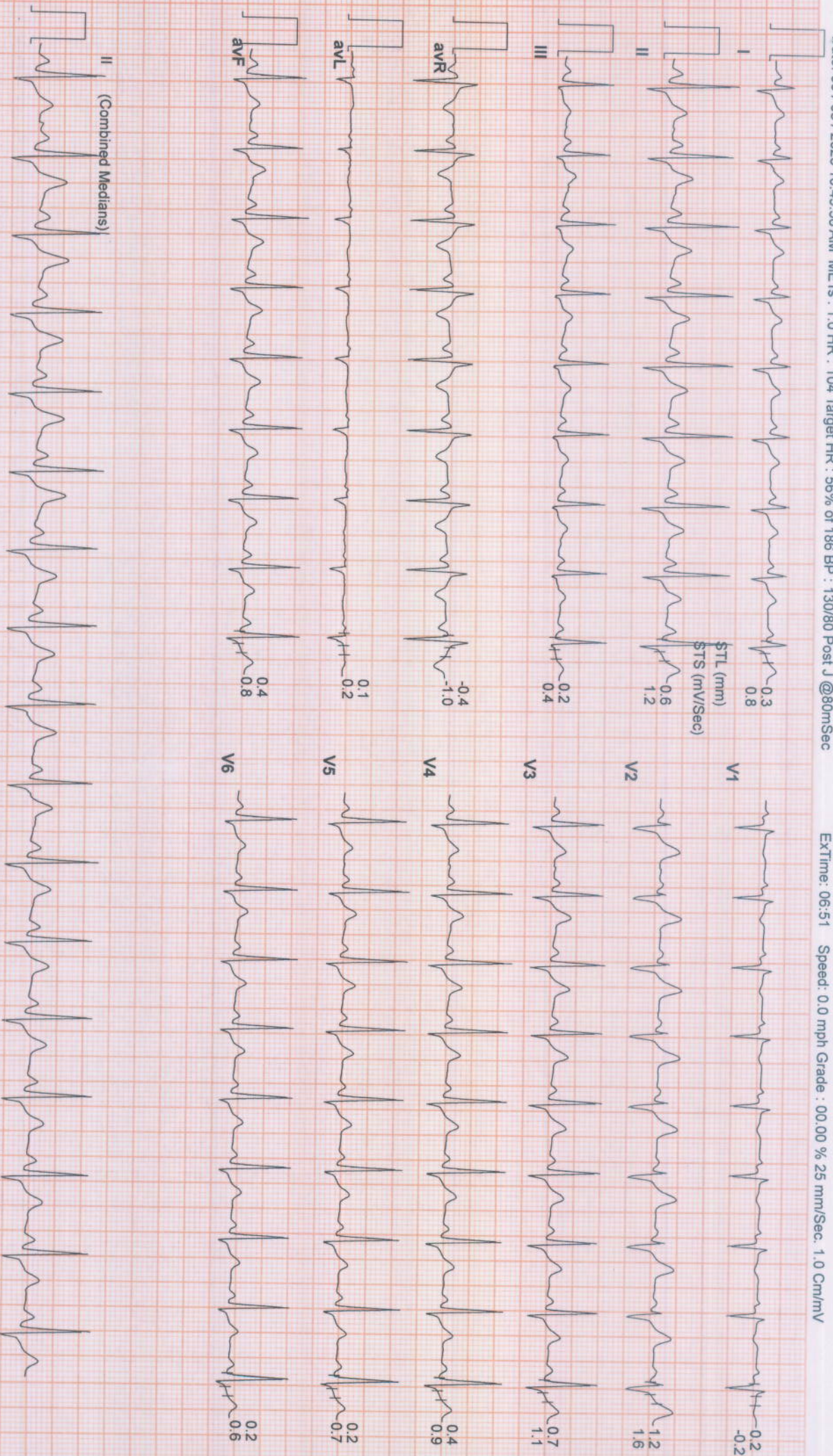
788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

6X2 Combine Medians + 1 Rhythm
Recovery : (04:00)



Date: 30 / 03 / 2023 10:49:58 AM METs : 1.0 HR : 104 Target HR : 56% of 166 BP : 130/80 Post J @80mSec

ExTime: 06:51 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS (THANE GB ROAD)

788 / VAIBHAV GODAMBE / 34 Yrs / Male / 168 Cm / 77 Kg

Date: 30 / 03 / 2023 10:49:58 AM METs : 1.0 HR : 113 Target HR : 61% of 186 BP : 130/80 Post J @80mSec

EXTime: 06:51 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

6X2 Combine Medians + 1 Rhythm Recovery : (04:09)

