



CLIENT CODE: C000138383 **CLIENT'S NAME AND ADDRESS:**

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

DELHI INDIA 8800465156

NEW DELHI 110030

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956

24 SCO, SECTOR 11 D CHANDIGARH, 160011 PUNJAB, INDÍA

SRL Ltd

PATIENT NAME: NAMRATA KUMARI PATIENT ID: NAMRF02038880

ACCESSION NO: 0080VI011013 AGE: 34 Years SEX: Female ABHA NO:

RECEIVED: 24/09/2022 09:28 25/09/2022 09:41 DRAWN: REPORTED:

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status Results **Biological Reference Interval Units Preliminary**

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

BLOOD COUNTS, EDTA WHOLE B	LOOD
HEMOGI OBIN	

HEMOGLOBIN	9.4	Low	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.01		3.8 - 4.8	mil/μL
WHITE BLOOD CELL COUNT	4.80		4.0 - 10.0	thou/µL
PLATELET COUNT	155		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT	29.6	Low	36.0 - 46.0	%
METHOD: ELECTRICAL IMPEDANCE				
MEAN CORPUSCULAR VOL	73.8	Low	83.0 - 101.0	fL
MEAN CORPUSCULAR HGB.	23.4	Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	31.7		31.5 - 34.5	g/dL
MENTZER INDEX	18.4			
RED CELL DISTRIBUTION WIDTH	18.3	High	11.6 - 14.0	%
MEAN PLATELET VOLUME	10.8		6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	61		40 - 80	%
ABSOLUTE NEUTROPHIL COUNT	2.93		2.0 - 7.0	thou/µL
LYMPHOCYTES	29		20 - 40	%
ABSOLUTE LYMPHOCYTE COUNT	1.39		1.0 - 3.0	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.1			
METHOD : CALCULATED PARAMETER EOSINOPHILS	2		1 - 6	%
ABSOLUTE EOSINOPHIL COUNT	0.10		0.02 - 0.50	
				thou/µL
MONOCYTES	8		2 - 10	%
ABSOLUTE MONOCYTE COUNT	0.38		0.2 - 1.0	thou/µL
BASOPHILS	0		0 - 1	%
ABSOLUTE BASOPHIL COUNT METHOD: CALCULATED PARAMETER	0.00	Low	0.02 - 0.10	thou/μL

DIFFERENTIAL COUNT PERFORMED ON: AUTOMATED ANALYZER

ERYTHRO SEDIMENTATION RATE, BLOOD

SEDIMENTATION RATE (ESR) 26 **High** 0 - 20 mm at 1 hr

METHOD: MODIFIED WESTERGREN











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GLUCOSE, FASTING, P	LASMA	97		74 - 106	mg/dL
	IOGLOBIN, EDTA WHOLE	BLOOD			
GLYCOSYLATED HEMO	GLOBIN (HBA1C)	5.9	High	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
MEAN PLASMA GLUCOS	SE	122.6	High	< 116.0	mg/dL
GLUCOSE, POST-PRA	NDIAL, PLASMA				
GLUCOSE, POST-PRAN	DIAL, PLASMA	SAMPLE NOT REC	CEIVED	Non-Diabetes 70 - 140	mg/dL
METHOD : HEXOKINASE	OFTIF CEDIM				
CORONARY RISK PROCHOLESTEROL	OFILE, SEROM	103		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD: CHOLESTEROL O	XIDASE, ESTERASE, PEROXIDASE			-	
TRIGLYCERIDES		104		< 150 Normal 150 - 199 Borderline High 200 - 499 High >/= 500 Very High	mg/dL
METHOD : ENZYMATIC ASSA	AY				
HDL CHOLESTEROL		39	Low	< 40 Low >/=60 High	mg/dL
METHOD : DIRECT MEASURE	E - PEG				
CHOLESTEROL LDL		43		< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
METHOD: CHOLESTEROL O	XIDASE, ESTERASE, PEROXIDASE				
NON HDL CHOLESTER		64		Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD : CALCULATED PAR	KAMETEK	2.6	Low	2.2.4.4.Low Dials	
CHOL/HDL RATIO		2.6	LOW	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	









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METHOD : CALCULATED PAR	RAMETER				
LDL/HDL RATIO		1.1		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
METHOD : CALCULATED PAR	RAMETER				
VERY LOW DENSITY L	IPOPROTEIN	20.8		Desirable value : 10 - 35	mg/dL
METHOD : CALCULATED PAR	RAMETER				
LIVER FUNCTION PR	ROFILE, SERUM				
BILIRUBIN, TOTAL		0.95		UPTO 1.2	mg/dL
METHOD : DIAZONIUM ION	, BLANKED (ROCHE)				
BILIRUBIN, DIRECT		0.29		0.00 - 0.30	mg/dL
METHOD : DIAZOTIZATION					
BILIRUBIN, INDIRECT		0.66	High	0.00 - 0.60	mg/dL
METHOD : CALCULATED PAR	RAMETER				
TOTAL PROTEIN		7.5		6.6 - 8.7	g/dL
METHOD : BIURET					
ALBUMIN		4.5		3.97 - 4.94	g/dL
METHOD: BROMOCRESOL	GREEN				
GLOBULIN		3.0		2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
METHOD : CALCULATED PAR	RAMETER				
ALBUMIN/GLOBULIN R METHOD : CALCULATED PAR		1.5		1.0 - 2.0	RATIO
ASPARTATE AMINOTRA	ANSFERASE (AST/SGOT)	21		0 - 32	U/L
ALANINE AMINOTRANS		21		0 - 31	U/L
ALKALINE PHOSPHATA		108	High	35 - 105	U/L
METHOD : PNPP - AMP BUFF			_		-,
GAMMA GLUTAMYL TR	` ,	39	High	5 - 36	U/L
LACTATE DEHYDROGE METHOD: LACTATE -PYRUV	NASE	157		135 - 214	U/L
SERUM BLOOD UREA					
		0		6 - 20	ma/dl
BLOOD UREA NITROGI	II V	8		0 - 20	mg/dL
METHOD : UREASE - UV	4				
CREATININE, SERUN	П	0.50		0.5000	
CREATININE		0.52		0.50 - 0.90	mg/dL









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METHOD : ALKALINE PICRAT	FE-KINETIC				
BUN/CREAT RATIO					
BUN/CREAT RATIO		15.38	High	5.00 - 15.00	
METHOD : CALCULATED PAR	RAMETER				
URIC ACID, SERUM					
URIC ACID		3.5		2.4 - 5.7	mg/dL
METHOD : URICASE, COLOR					
TOTAL PROTEIN, SE	RUM				
TOTAL PROTEIN		7.5		6.6 - 8.7	g/dL
METHOD : BIURET					
ALBUMIN, SERUM					
ALBUMIN		4.5		3.97 - 4.94	g/dL
METHOD : BROMOCRESOL (GREEN				
GLOBULIN					
GLOBULIN		3.0		2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
METHOD : CALCULATED PAR	RAMETER			0.25 1.01	
ELECTROLYTES (NA/	K/CL), SERUM				
SODIUM		138		136 - 145	mmol/L
METHOD : ISE INDIRECT					
POTASSIUM		4.20		3.5 - 5.1	mmol/L
METHOD : ISE INDIRECT					
CHLORIDE		107		98 - 107	mmol/L
METHOD: ISE INDIRECT					
PHYSICAL EXAMINA	TION, URINE				
COLOR		PALE YELLOW			
APPEARANCE		SLIGHTLY HAZY			
SPECIFIC GRAVITY		1.030		1.003 - 1.035	
METHOD : REFLECTANCE SF	PECTROPHOTOMETRY (PKA CHANG	E OF PRETREATED POLY ELECTRO	LYTES)		
CHEMICAL EXAMINA	TION, URINE				
PH		6.0		4.7 - 7.5	
METHOD : REFLECTANCE SE	PECTROPHOTOMETRY- DOUBLE INI	DICATOR METHOD			
PROTEIN		NOT DETECTED		NOT DETECTED	
METHOD : REFLECTANCE SE	PECTROPHOTOMETRY (PROTEIN-EF	RROR-OF-INDICATORS PRINCIPLE)		
GLUCOSE		NOT DETECTED		NOT DETECTED	
METHOD DEFLECTANCE OF	SECTROPHOTOMETRY/CHICOGE ON	(ID AF (DED C)/ID ACE METUOD)			



METHOD: REFLECTANCE SPECTROPHOTOMETRY(GLUCOSE OXIDAE/PEROXIDASE METHOD)







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KETONES		NOT DETECTED	NOT DETECTED	
METHOD : REFLECTANCE SE	PECTROPHOTOMETRY (SODIUM NI	ITROPRUSSIDE REACTION)		
BLOOD		DETECTED (TRACE)	NOT DETECTED	
	PECTROPHOTOMETRY (PEROXIDAS			
BILIRUBIN		NOT DETECTED	NOT DETECTED	
	PECTROPHOTOMETRY (DIAZO REA			
UROBILINOGEN		NORMAL	NORMAL	
	PECTROPHOTOMETRY - EHRLICH F		NOT DETECTED	
NITRITE	DECEDORISE ON CONVERGIO	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	PECTROPHOTOMETRY, CONVERSIO		NOT DETECTED	
		NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAM	IINATION, URINE			
PUS CELL (WBC'S)		1-2	0-5	/HPF
METHOD : MICROSCOPIC E	XAMINATION	0.10	0.5	/UDE
EPITHELIAL CELLS METHOD: MICROSCOPIC E	XAMINATION	8-10	0-5	/HPF
ERYTHROCYTES (RBC'		2 - 3	NOT DETECTED	/HPF
METHOD : MICROSCOPIC E	•			,
CASTS		NOT DETECTED		
CRYSTALS		NOT DETECTED		
METHOD : MICROSCOPIC E	XAMINATION			
BACTERIA		NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC E	XAMINATION			
YEAST		NOT DETECTED	NOT DETECTED	
THYROID PANEL, SE	RUM			
T3		120.7	80.00 - 200.00	ng/dL
METHOD : COMPETITIVE (E	CLIA)			3,
T4		6.67	5.10 - 14.10	μg/dL
METHOD : COMPETITIVE (E	CLIA)			
TSH 3RD GENERATION	I	2.550	0.270 - 4.200	μIU/mL
METHOD : SANDWICH (ECL	IA)			
PAPANICOLAOU SMI	EAR	RESULT PENDING		
LETTER		RESULT PENDING		
ABO GROUP & RH TY	PE, EDTA WHOLE BLO	OD		
ABO GROUP		7.05.0		
		TYPE O		









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Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLRThe optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

- Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
 Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
- 2. Taedadut l'elefacite mitervais. Auc eries, 7th edition. Luited by 3. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition" GLUCOSE, FASTING, PLASMA-ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

 Pre-diabetics: 100 125 mg/dL

 Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOODGlycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia

or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of

testing such as glycated serum protein (fructosamine) should be considered.
"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

References

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006,
- 2. Forsham PH. Diabetes Mellitus: A rational plan for management, Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT





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is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
 Renal Failure

• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease
- SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

- Blockage in the urinary tract
 Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- · Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels

- Dietary
- High Protein Intake.
- · Prolonged Fasting, Rapid weight loss.

Gout

Lesch nyhan syndrome.

Type 2 DM. Metabolic syndrome

Causes of decreased levels

- Low Zinc Intake
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
 Limit animal proteins
 High Fibre foods
- Vit C Intake
- Antioxidant rich foods

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc. ALBUMIN, SERUM-



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Test Report Status Results **Biological Reference Interval** Units **Preliminary**

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUMSodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,
MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection. Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia THYROID PANEL, SERUM-Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3 (µg/dL) (µIU/mL) (ng/dL) Pregnancy 6.6 - 12.4 6.6 - 15.5 0.1 - 2.5 0.2 - 3.0 81 - 190 100 - 260 First Trimester 2nd Trimester 3rd Trimester 6.6 - 15.5 0.3 - 3.0 100 - 260

Below mentioned are the guidelines for age related reference ranges for T3 and T4. $$\sf T3$$

(μg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 (ng/dL) New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
- Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
 Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same

The test is performed by both forward as well as reverse grouping methods.

End Of Report

Please visit www.srlworld.com for related Test Information for this accession





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CLIENT CODE: C000138383
CLIENT'S NAME AND ADDRESS:

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ACCESSION NO: **0080VI011013** AGE: 34 Years SEX: Female ABHA NO:

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REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status <u>Preliminary</u> Results Biological Reference Interval Units

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