

Dr. Vimmi Goel  
MBBS, MD (Internal Medicine)  
Sr. Consultant Non Invasive Cardiology  
Reg. No. MMC-2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

Medi. wheel. R. P. Nagpur

**KIMS-KINGSWAY  
HOSPITALS**

Name: Mrs. Snehalata Mandeshwar Date: 02/01/24

Age: 38y Sex: M/F Weight: 54.1 kg Height: 154.9 inc BMI: 22.7

BP: 110/70 mmHg Pulse: 78 bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 99%

LMP - 27/12/23

38/F

FH - Mother HT

No compl.

IMV → noted

O/E

Imp°

Unscr

CS

P/A

N

Adv.

- diet control
- daily exercise

  
Dr. Vimmi Goel  
MBBS, MD  
Sr. Consultant Non Invasive Cardiology  
Reg. No. 2014/01/0113

Name: Mr. Snehalata Mandeshwar Date: 02/01/24

Age: 38 yrs Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ Inc BMI: \_\_\_\_\_

\_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

### Routine Dental Checkup

- O/E
- Deep occlusal caries  $\bar{c}$   $\frac{+}{8}$
  - Pit caries  $\bar{c}$   $\frac{+}{8}$
  - Prosthetic crown  $\bar{c}$   $\frac{+}{1}$
  - Stains +
  - Calculus +

- Adv.
- Extraction  $\bar{c}$   $\frac{+}{8}$
  - Full Mouth Scaling.

1  
Dt. Trupti N.

Dr. Sejal Chandak Khandelwal

MBBS, MD (DVL) - Gold Medalist  
Consultant Dermatologist and Cosmetologist  
Fellowship in Clinical and Procedural Dermatology (Mumbai)  
Fellowship in Facial Aesthetics (Mumbai)  
Reg No. 2019043319

 **KIMS-KINGSWAY  
HOSPITALS**

Name: Mrs. Seetalata Nandeshwar Date: 02.04.2023

Age: 38ys Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Routine skin check-up.

Imp: Acne scars.

Adv: MURF



**DEPARTMENT OF OPHTHALMOLOGY  
OUT PATIENT ASSESSMENT RECORD**
**SHEHALATA NANDESHWAR**  
 28/15/1M(2) 10/SJ/R  
 KH118362  
 8754888407  
 MARRIED

**CONSULT DATE :** 02-01-2024  
**CONSULT ID :** OPH2324007086  
**CONSULT TYPE :**  
**VISIT TYPE :** NORMAL  
**TRANSMISSION TYPE :**  
**DR. ASHISH PRAKASHCHANDRA KAMBLE**  
**MBBS,MS, FVRS,FICO**  
**CONSULTANT**  
**DEPT:OPHTHALMOLOGY**
**VITALS**
**Temp :** 36.8 - 37.0  
**Pulse :** 72 - 78  
**BP (mmHg) :** 102/68 - 110/70  
**spO2 :** 96% - 98%  
**Pain Score :** 0 - 10  
**Height :** 155 - 165 cm

**Weight :** 55 kg  
**BMI :** 22.5

**CHIEF COMPLAINTS**

ROUTINE CHEK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	GLONAC EYE DROPS 0.1%	Eye	1-1-1	Every Day	After Food	1 month
	Composition : 0.1% (10 mg/ml) IN 5 ML Instructions : -					
2	HYMOBIST EYE DROPS 1ML	Eye	1-1-1-1	Every Day	After Food	3 months
	Composition : 0.1% (10 mg/ml) IN 5 ML Instructions : -					

**NOTES**
**GLASS PRESCRIPTION :-**

Eye	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6
NEAR ADDITION				
RIGHT EYE	00			M
LEFT EYE	00			M

**REMARK:-**
**REVIEW**

Follow up Date : 02-07-2024


**Dr. Ashish Prakashchandra Kamble**  
 MBBS,MS, FVRS,FICO  
 Consultant

Printed On : 02-01-2024 11:07:58



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. Snehalata Nandeshwar	<b>Age / Gender</b> : 38Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324066604/KH118382	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 02-Jan-24 09:11 am	<b>Report Date</b> : 02-Jan-24 11:00 am

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.7	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		44.2	36.0 - 46.0 %	Calculated
RBC Count		<b>5.27</b>	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		84	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.4	31.5 - 35.0 g/l	Calculated
RDW		<b>15.2</b>	11.5 - 14.0 %	Calculated
Platelet count		207	150 - 450 $10^3$ /cumm	Impedance
WBC Count		4600	4000 - 11000 cells/cumm	Impedance
<b>DIFFERENTIAL COUNT</b>				
Neutrophils		57.9	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		33.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		<b>0.9</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		7.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2663.4	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. Snehalata Nandeshwar      **Age / Gender** : 38Y(s)/Female  
**Bill No/ UMR No** : BIL2324066604/KH118382      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 02-Jan-24 09:11 am      **Report Date** : 02-Jan-24 11:00 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1541	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		41.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		354.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b>PERIPHERAL SMEAR</b>				
RBC		Normochromic Normocytic		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		04	0 - 20 mm/hr	Automated Westergren's Method

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. Snehalata Nandedkar  
**Bill No./ UMR No** : 51L2324066604/04118382  
**Received DT** : 02-Jan-24 09:10 am

**Age / Gender** : 38Y(s)/Female  
**Referred By** : Dr. Vimmi Goel MBBS, MD  
**Report Date** : 02-Jan-24 10:57 am

**EXAMINER**  
**Fasting Plasma Glucose**  
**GLYCOSYLATED HAEMOGLOBIN (HBA1C)**  
**HBA1C**

**Biological Reference**  
 < 100 mg/dl  
 Non-Diabetic : <= 5.6 %  
 Pre-Diabetic : 5.7 - 6.4 %  
 Diabetic : >= 6.5 %

**Method**  
 GOD/POD, Colorimetric

**Specimen** : Plasma  
**Results** : 84  
**(HBA1C)** : 4.8

\*\*\* End Of Report \*\*\*

Suggested Critical Correlation \* If necessary, Please  
 consult

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**Dr. VAIDHEE NAIK, MBBS, MD**  
**SRMW CONSULTANT PATHOLOGIST**  
 44, Newland (Bhawan, Kalyanpur), Indraprastha, New Delhi-110028, India  
 Phone: 011-26122133, 26122134, 26122135, 26122136

Chk: U7499948401817C303510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Sochalata Nandeshwar	<b>Age /Gender</b> : 38 Yrs/Female
<b>Bill No/ UMR No</b> : BIL2324066604/UMH118302	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 02-Jan-24 11:32 am	<b>Report Date</b> : 02-Jan-24 01:10 pm

**LABORATORY**

Test Name: Fasting Plasma Glucose

**Specimen Results**  
Plasma 103

**Biological Reference**  
4-140 mg/dl

**Method**  
GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellitus If,

Fasting = /> 126 mg/dl

Random/2Hrs. OGTT = /> 200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

**DR. VAIDEHEE NAIR, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

Suggested Clinical Correlation • If necessary, Please

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. Snehalata Mandachwar  
**Bill No / UHR No** : BIL232406604/KH1183B2  
**Received Dt** : 02-Jan-24 09:11 am

**Age /gender** : 38Y(S)/Female  
**Referred By** : Dr. Vimal Goyal MBBS, MD  
**Report Date** : 02-Jan-24 10:57 am

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	156	Enzymatic/CHC/HD/PO D1
Triglycerides		43	Enzymatic (Lipase/CK/PO/POO)
HDL Cholesterol Direct		39	Phototungstic acid/mg/dl-Enzymatic (microaloe)
LDL Cholesterol Direct		99.82	Enzymatic
VLDL Cholesterol		9	Calculated
Tot Cholesterol Ratio		4	Calculated
<b>Interpretive/Indic</b>			<b>LDL-C</b>
CHD OR CHD risk equivalent		>100	<100
Multiple major risk factors conferring			
10 Yrs CHD risk >20%		>130	<130
Two or more additional major risk			
factors, 10 Yrs CHD risk <20%		>160	<160
No additional major risk or one			
additional major risk factor			

\*\*\* End Of Report \*\*\*

**Dr. VAIDHEE NAIK, MBBS, MD  
CONSULTANT PATHOLOGIST**

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. Sanchalata Khandeshkar  
**Age / Gender** : 38Y(s)/Female  
**Referred By** : Dr. Vimmi Goel MBBS, MD  
**Report Date** : 102-Jan-24 10:57 am  
**Bill No / UMR No** : BS12324066604/KH118382  
**Received DT** : 102-Jan-24 09:11 am

**THYROID PROFILE**

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.32	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.05	0.80 - 1.70 ng/dl	Enhanced Chemiluminescent
TSH		1.76	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End of Report \*\*\*

**Dr. VAIDHEE NAIK, MBBS, MD**  
**CONSULTANT PATHOLOGIST**

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Snehalata Nandeshwar  
 ID No/ UMR No : BIL2324056604/NOH118382  
 Received On : 02-Jan-24 09:11 am

Age /Gender : 38Y(S)/Female  
 Referred By : Dr. Vimmi Goel MBBS, MD  
 Report Date : 02-Jan-24 10:57 am

**LIVER FUNCTION TEST(LFT)**

Specimen	Results	Biological Reference	Method
Serum	0.70	0.2 - 1.3 mg/dl	Ascorbic/Diphenylsine
Total Bilirubin	0.16	0.1 - 0.3 mg/dl	Calculated
Direct Bilirubin	0.54	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric (pH)/AMP buffer
Indirect Bilirubin	77	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	30	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT	46	13 - 35 U/L	Buret (Alkaline cupric sulphate)
SGOT/AST	7.51	6.3 - 8.2 gny/d	Bromocresol green Dye Binding
Serum Total Protein	4.11	3.5 - 5.0 gny/d	Calculated
Albumin Serum	3.41	2.0 - 4.0 gny/d	
Globulin	1.21		
A/G Ratio			

\*\*\* End Of Report \*\*\*

Supplied Covid Certificates \* If necessary, Please contact

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**DR. VAIDEHEE NAIK, MBBS, MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. Snehalata Nandohwar  
**Bill No/ UMR No** : BL2324056604/KH118362  
**Received Dt** : 02-Jan-24 09:11 am

**Age / Gender** : 38Y(C)/Female  
**Referred By** : Dr. Vimmi Goff MBBS,MD  
**Report Date** : 02-Jan-24 10:57 am

**RFT**

**CREATININE**

Blood Urea

Creatinine

DR

Sodium

Potassium

**Specimen**

Serum

**10**

**Biological References**

13.0 - 36.0 mg/dl

0.52 - 1.04 mg/dl

>90 mL/min/1.73m square

136 - 145 mmol/L

3.5 - 5.1 mmol/L

**Method**

urease with indicator dye

Enzymatic ( creatinine aminohydrolase)

Calculation by CKD-EPI 2021

Direct ion selective electrode

Direct ion selective electrode

\*\*\* End Of Report \*\*\*

**DR. VAIDHEE NAIR, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

Suggested Clinical Correlation \* If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. Snehalata Nandeshwar  
**Bill No/ UMR No** : BIL2324066604/KH118382  
**Received Dt** : 02-Jan-24 09:29 am

**Age /Gender** : 38Y(s)/Female  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Report Date** : 02-Jan-24 10:06 am

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Volume	Urine	40 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<b><u>CHEMICAL EXAMINATION</u></b>			
Reaction (pH)		5.0	4.6 - 8.0 Indicators
Specific gravity		1.010	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf Manual
Casts		Absent	Absent

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. Snehasree Nandeshwar  
Age / Gender : 38(Y)/Female  
Bill No./ UMR No : BIL2324066604/KH118382  
Referred By : Dr. Vinod Goel MBBS, MD  
Received On : 02-Jan-24 09:29 am  
Report Date : 02-Jan-24 10:06 am

Parameter	Specimen	Results	Method
Crystals		Abnorm	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation • If necessary, Please  
Discuss

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**Dr. VAIDEHEE NAIK, MBBS, MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b>	: Mrs. Snehalata Nandeshwar	<b>Age /Gender</b>	: 38 Yrs./Female
<b>Bill No/ UMR No</b>	: BU2324066604/KH118382	<b>Referred By</b>	: Dr. Vimali Gopal MBBS, MD
<b>Received Dt</b>	: 02-Jan-24 09:11 am	<b>Report Date</b>	: 02-Jan-24 12:01 pm

**BLOOD GROUPING AND RH**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Qcl Card Method</b>
<b>BLOOD GROUP</b>	EDTA Whole Blood A Rh(D) <sup>+</sup> Serum	" O "	
		* Positive (+)/Ve	
		*** End Of Report ***	

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**DR. VALDEHEE NAIR, MBBS, MD**  
**CONSULTANT PATHOLOGIST**



**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

Study Number	STUDY DATE	02-01-2024 10:07:01
Patient Name / F	HOSPITAL NO.	KERIEBIZ
BE 2324044404-18	MODALITY	DX
02-01-2024 11:23	REFERRED BY	Dr. Vinod Gopal

**X-RAY CHEST PA VIEW**

the lung fields are clear.

cardiac and aorta are normal.

hilar shadows appear normal.

mediastinum contours and CP angles are clear.

no cags: s normal.

**IMPRESSION -No pleuro-parenchymal abnormality seen.**

*Dr. Vinod Gopal*

**DR. NAVNEEN PUGALIA**  
**[0982325]**  
**CONSULTANT RADIOLOGIST.**

PATIENT NAME:	MRS. SNEHALATA NANDESHWAR	AGE /SEX:	38Y/F
MRN NO	KH18382	BILL NO	2324066604
REFERRER BY	DR. VINMI GOEL	DATE	02/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.

WALL thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

BOTH KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLOODER is partially distended. No calculus or mass lesion seen.

UTERUS is antewentred and mildly bulky. It measures 9.5 x 4.5 x 6.3 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal. ET - 7 mm.

Right ovary is normal.

A small cyst measuring 3.0 x 3.0 cm seen in left ovary.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION -**

Mildly bulky uterus.

Small left ovarian cyst.

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.



DR NAVJEEN PUGAALIA,  
MBBS, MD (976125)

SENIOR CONSULTANT RADIOLOGIST

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

DOB: 10.03.1985

Age: 38yrs

Gender: Female

Race: Indian

Referring Physician: Mediwheel HCU

Attending Physician: Dr. Vimmi Goel

Technician: -

Patient Name: Ms. Snehlati, Nandeshwar  
Patient ID: 1183620  
Test Date: 02.01.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Indications:

Medical History:

Screening for Exercise Test:  
Screening for CAD  
Exercise Test Summary:

Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
SUPINE	02:00	0.00	0.00	88	120/80	
WARM-UP	00:09	1.00	0.00	91		
STAGE 1	03:00	1.70	10.00	115	120/80	
STAGE 2	03:00	2.50	12.00	127	130/80	
STAGE 3	02:55	3.40	14.00	166	130/80	
	03:00	0.00	0.00	120	130/80	
	02:00	0.00	0.00	90	130/80	
	00:14	0.00	0.00	98		

The patient exercised according to the BRUCE for 8:54 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 87 bpm rose to a maximal heart rate of 166 bpm. This value represents 91% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ECG Changes: Insignificant ST-T changes seen.  
Overall Impression: Normal stress test.

### Conclusions:

ECG is negative for inducible ischemia.  
Insignificant ST-T changes seen.

Dr. VIMMI GOEL

MBBS, MD

Dr. Consultant - Registrar - Cardiology

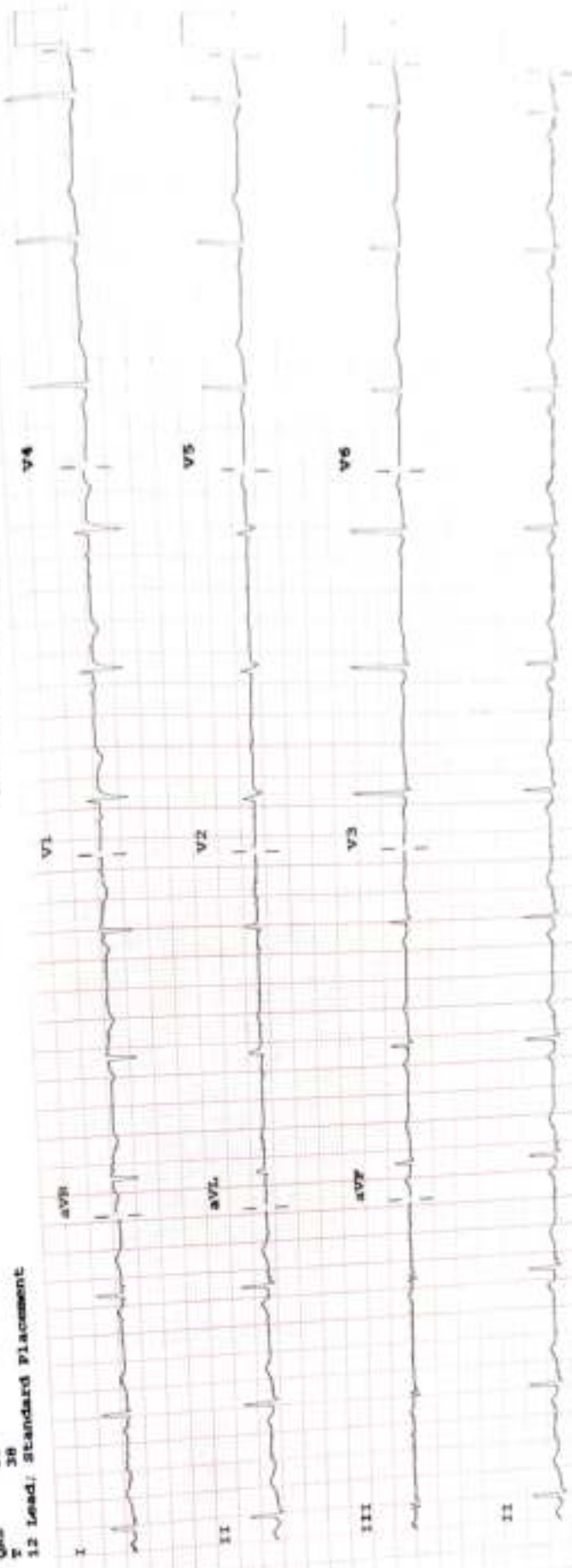
Reg. No.: 20140120113

66  
68  
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71

--AXIS--  
P 50  
QRS 30  
T 36  
12 Lead, Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

1000 CL

P

PHILIPS