

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. PRATIBHA VARMA

SEX: Female AGE: .

REF. BY : BOB

DATE :11/03/2023

### COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	5300 /cumm	4.0 - 11.0 x 10 <sup>3</sup> /cumm
Haemoglobin:	11.0 g%	13.0 - 18.0 g%
Platelets:	2,29000 /cumm	1,50,000 - 4,50,000 /cumm
Red Blood Cells:	4.20 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	78.2 fL	80.0 - 97.0 fL
MCH:	26.1 pg	26.0 - 32.0 pg
MCHC:	33.5 g/dL	31.0 - 36.0 g/dL
HCT:	32.8 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	64 %	40 - 75 %
Lymphocyte:	29 %	20 - 45 %
Monocytes:	05 %	2 - 10 %
Eosinophills:	02 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	14 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

### BLOOD GROUP

BLOOD GROUP : "AB"  
R.H.FACTOR : POSITIVE

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SARDA CENTER FOR DIABETES & SELF CARE  
4, Vyanktesh Nagar, Jalna Road, Aurangabad  
M.D.(Pathology) 3851, 2334858

4, Vyanktesh Nagar, Jalna Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

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DATE :11/03/2023

### BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	89 mg/dl
Post Meal Blood Suagr Level:	118 mg/dl

REFERANCE RANGE :	NON DIABETIC	IGT	DIABETIC
FASTING	$\leq 90$ MG	90-126 mg %	$\geq 126$ mg %
POSTMEAL	$\leq 140$ mg	140-200mg%	$\geq 200$ mg

### GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	4.9 %	4.7-5.9 %
M.B.G	85.57% mg	70 - 120 mg

#### INTERPRETATION:

FOR DIABETIC PATIENT

Good Control:	6.0 - 7.0 %
Fair Diabetic Control:	7.0 - 8.0 %
Unsatisfactory control:	8.0 - 10 %
Poor Diabetic Control:	Above 10 %

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M.D. Reg. No.56462  
Dr.Sampat Sarda  
M.D.(Pathology)  
CENTRE FOR DIABETES & SELF CARE  
Jalna Road, Aurangabad  
Phone No.2333851, 2334858

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. PRATIBHA VARMA

SEX: Female AGE: .

REF. BY : BOB

DATE :11/03/2023

### BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	09 mg%	5-25 mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.87mg%	0.2-1.0 mg
DIRECT	0.29	0.0-0.3
INDIRECT	0.58	0.3-0.7
S.G.O.T	23 IU/L	15-40 IU/L
S.G.P.T	25 IU/L	15-40 IU/L
ALK PHOSPHATASE	116 IU/L	42-128IUL
S.PROTEIN TOTAL	7.4gm%	6.0-8.0 gm%
ALBUMIN	3.9gm%	3.2-4.4 gm%
GLOBULINS	3.5gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.1	
G.G.T.P	18	upto50IU
SR.URIC ACID	5.9	3.5-7.0 mg % <sup>uric-</sup>

Dr. S R. SARDA  
Dr. Sampat Sarda M.D.(Pathology)  
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Phone No. 2333851, 2334858

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## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. PRATIBHA VARMA

SEX: Female AGE: .

REF. BY : BOB

DATE :11/03/2023

### LIPID PROFILE

Serum Cholesterol :	155 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	45 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	108 mg/dl	up to 165 mg/dl
LDL Cholesterol:	88.4 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	21.6 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	1.96	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	3.44	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr.S R. SARDA

M.D Reg. No.56462

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4, Vyanktesh Nagar, Jalna Road, Aurangabad  
M.D.(Pathology) 2333851, 2334858



# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MRS. PRATIBHA VARMA

SEX: Female AGE: .

REF. BY : BOB

DATE :11/03/2023

### **Urine Routine Examination**

#### **Physical Examination**

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

#### **Chemical Examination:**

Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

#### **Microscopic Examination**

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

Dr.S R. SARDA  
M.S. Path. No.56462  
Dr. Sampat Sarda  
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M.D.(Pathology)  
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Phone No.2333851, 2334853

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. PRATIBHA VARMA

SEX: Female AGE: .

REF. BY : BOB

DATE :11/03/2023

AGE: YRS

### THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	126.47 ng/ml	87- 178 ng/ml
Total T 4 :	8.87 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	3.16 uIU/ml	0.38 - 5.33 uIU/ml

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Phone No.2333851, 2334853

DIGITAL X-RAY  
INTERVENTIONAL RADIOLOGY  
3D/4D SONOGRAPHY & COLOR DOPPLER  
2-D ECHOCARDIOGRAPHY  
PERIPHERAL COLOR DOPPLER  
HI-SPEED HELICAL C.T. SCAN  
C.T. ANGIOGRAPHY  
PATHOLOGY LAB. SERVICES



**DIAGNOSTIC CENTRE**  
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS  
HIGH SCHOOL, JALNA ROAD,  
AURANGABAD - 431005  
☎ : 0240 - 2353182, 2325282, 8446100111

PRATIBHA VARMA

15-03-2023

Ref. by:

CHEST PA VIEW

Trachea central.

Apices are clear.

Both lung fields appeared well pneumatised and appeared normal.

Both cp angles are clear.

Cardiac silhouette appeared normal.

**IMPRESSION :**  
**NORMAL CHEST.**

**DR. P. A. BARJATYA**  
M.B.B.S., M.D.  
9823344449

**Dr. Gokuldas S. Lahoti**  
Radiologist  
Regd.No.59887  
Sarda Center For Diabetes & Selfcare  
4, Venkatesh Nagar Rd, Aurangabad.

**DR. G. S. LAHOTI**  
M.B.B.S., D.M.R.D.  
9850171587

DIGITAL X-RAY  
INTERVENTIONAL RADIOLOGY  
3D/4D SONOGRAPHY & COLOR DOPPLER  
2-D ECHOCARDIOGRAPHY  
PERIPHERAL COLOR DOPPLER  
HI-SPEED HELICAL C.T. SCAN  
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☎ : 0240-2353182, 2325282, 8446100111

15-03-2023

**Mrs. PRATIBHA VARMA**  
31 YRS

**USG ABDOMEN AND PELVIS**

Liver is normal in size, shape and echotexture, No e/o any solid, cystic, diffuse parenchymal pathology. Intrahepatic biliary radicles and portovenous echocomplex appeared normal. Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gb calculus, normal gb wall thickness.

Spleen is normal in size and echotexture.

Pancreas is normal in size, shape and echotexture, no e/o any solid, cystic, diffuse parenchymal pathology, normal peripancreatic fat planes.

Both kidneys are normal in size, shape and echotexture, normal cortico - medullary distinction on either side.

No e/o any calculus seen, no e/o hydronephrosis.

Urinary bladder is well distended and appeared normal, no e/o any intravesical pathology seen. Normal perivesical fat planes.

No e/o ascitis, paraaortic adenopathy.

Uterus is normal in size, shape and echotexture. No e/o any mass lesion delineated. Normal endometrial and myometrial echocomplex, Normal central midline triple layered endometrial thickness of 3-4mm.

Both ovaries are normal in size, shape and echotexture.

No fluid in POD.

**IMPRESSION**

**NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS**

**URINARY BLADDER.**

**NORMAL UTERUS AND BOTH ADNEXAE.**

**Dr. P. A. Barjatya**

Radiologist

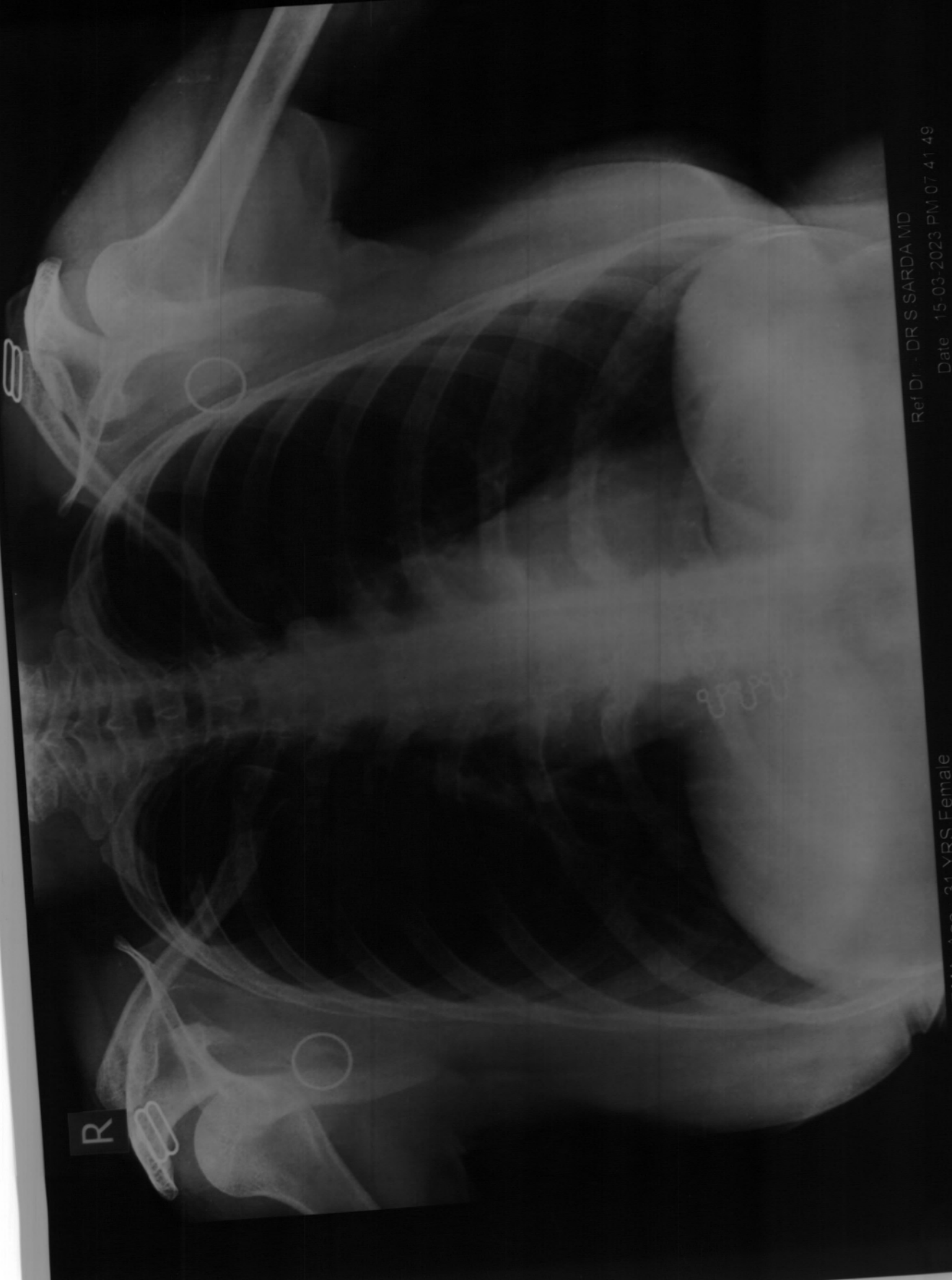
Regd. No. 58902

Sarda Center For Diabetes & Selfcare  
1, Venkatesh Nagar Rd, Aurangabad.

**DR. P. A. BARJATYA**  
M.B.B.S., M.D.  
9823344449

**DR. G. S. LAHOTI**  
M.B.B.S., D.M.R.D.  
9850171587





R

Ref Dr - DR S SARDAR MD  
Date 15-03-2023 PM 07:41:49

PRAKASH VARMA Age 31 YRS Female  
Chest PA Patient ID

**Ellora Diagnostic Centre, Aurangabad (0240) 2353182**

भारत सरकार  
GOVERNMENT OF INDIA

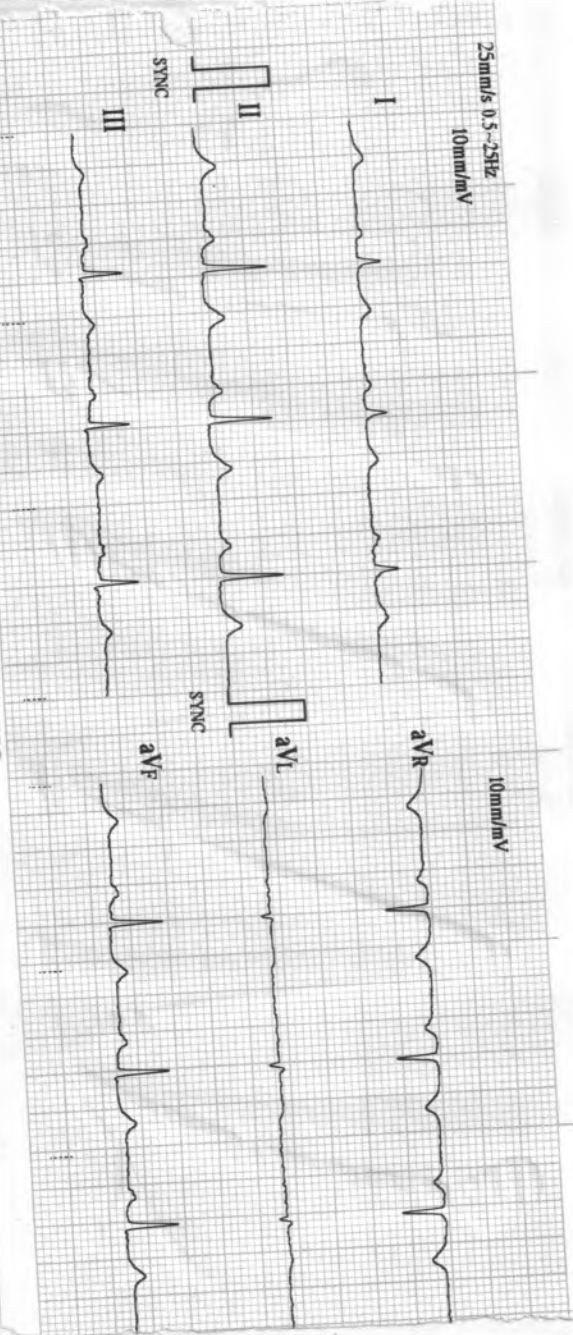
प्रतिभा कमलेश वर्मा  
Pratibha Kamlesh Varma  
जन्म वर्ष / Year of Birth : 1991  
स्त्री / Female

5634 8364 6797

आधार — आम आदमी का अधिकार

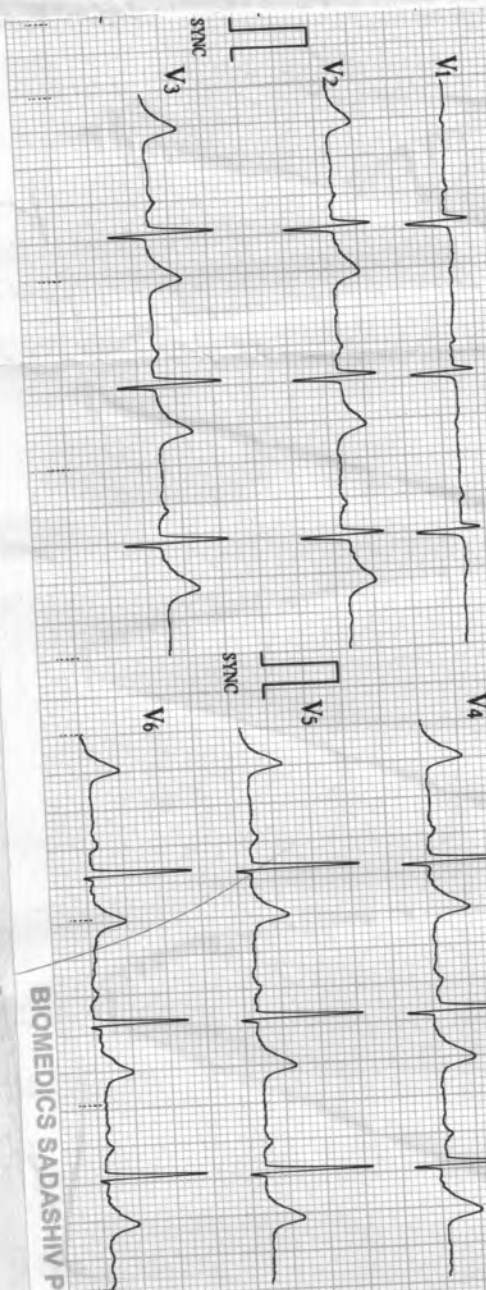


25mm/s 0.5-25Hz  
10mm/mV



ECG-1202 V1-004 (QRS: V2-004) AMP-V1-008) UNE-30 CELL-9822198798

10mm/mV



03/11/2023 10:10

ID : 2013

Name: \_\_\_\_\_

Sex : \_\_\_\_\_

Age : \_\_\_\_\_

HR	: 72	bpm
R-R	: 830	ms
P-R	: 183	ms
QRS	: 78	ms
QT/QTc	: 372/407	ms
P/QRST	: 65/63/63	ms
RV5/SV1	: 1.44/0.580	mV
RV5+SV1	: 2.020	mV

*P. K. ...*

\*Machine Interpretation Only\*

Confirm with Physician

Physician: \_\_\_\_\_

BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

**SARDA**

**CENTRE FOR DIABETES & SELF CARE**

4, Vyankatesh Nagar, Jainia Road, Aurangabad. Ph. : (0240) 2333851, 2334858.

Name: Mr. Pradisha Vams Age: 32y 1m  
ROB

**CLINICAL SUMMARY:**

Weight: \_\_\_\_\_ Height (Cms): \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

**ECG FINDINGS:**

Rate: 72/min ORS. Complex: N

Rhythm: N ST Segment: N

Mechanism: N T. Wave: N

Axis: N QT Interval: N

P. Wave: N PR Interval: N

Recommendation: WM

Date: 11/8/20

Dr. A. S. Sarda  
M.D. Reg. No. 73170  
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Ph. No. 2333851, 2334858



**SARDA**

**CENTRE FOR DIABETES & SELF CARE**

Name : Mrs. Pratibha Varma

Date: 11/03/2023

Age/Sex: 32Yrs/Female

Ref By DR. Sarda sir

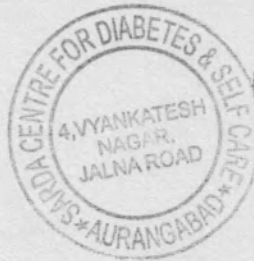
**Stress Test Report**

- 1) Protocol-Bruce
- 2) Exercise Time-9.00min
- 3) Baseline Heart Rate and Blood Pressure-88bpm.BP-120/80mm of Hg.
- 4) Mets-10.10
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-166bpm.BP-160/80mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -88%
- 11) Reason for Termination- Target Heart Rate Achieved.

**CONCLUSION :- Stress Test Negative for exercise induced ischemia.**



**DR.DEORAO THENGE  
M.D.D.N.B.(CARDIOLOGY)**



**Dr. Devrao Thenge**  
**MD, DNB (Cardiology)**  
Reg. No. 2091/02/101

ASIAN HOSPITAL  
MOTIWALA SQUARE  
AURANGABAD

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Varma, Pratibha  
Patient ID: 99533  
Height: 161 cm  
Weight: 69 kg

DOB: 02.02.1991  
Age: 32yrs  
Gender: Female  
Race: Asian

Study Date: 11.03.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. DEORAO THENGE  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:14	0.00	0.00	89	120/80	
	STANDING	00:09	0.50	0.00	90		
EXERCISE	STAGE 1	03:00	1.70	10.00	116	130/80	
	STAGE 2	03:00	2.50	12.00	134	140/80	
	STAGE 3	03:00	3.40	14.00	164	150/80	
	STAGE 4	00:01	3.40	14.00	166		
RECOVERY		03:59	0.00	0.00	85	160/80	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 88 bpm rose to a maximal heart rate of 166 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

Exercise of bruce protocol for 9.00 min.  
Target heart rate achieved.  
No angina/arrhythmias.No ST-T Changes.  
Test is negative for induced ischemia.



  
Dr. Devraj Thenge  
MD, DNB (Cardiology)  
Reg. No. 201511001

Physician \_\_\_\_\_

Technician \_\_\_\_\_



**Varma, Pratibha**  
 Patient ID 99533  
 11.03.2023  
 12:43:00pm

Female 161 cm 69 kg  
 32yrs Asian  
 Meds:

BRUCE: Total Exercise Time 09:00  
 Max HR: 166 bpm 88% of max predicted 188 bpm HR at rest: 88  
 Max BP: 160/80 mmHg BP at rest: 120/80 Max RPP: 24600 mmHg\*bpm

Maximum Workload: 10.10 METS  
 Max ST: -1.70 mm, 0.00 mV/s in II; EXERCISE STAGE 3 06:30  
 Arrhythmia: A:13, PVC:1  
 ST/HR index: 1.41  $\mu$ V/bpm

**Reasons for Termination:** Target heart rate achieved

**Summary:** Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.  
**Conclusion:** Exercise of bruce protocol for 9.00 min. Target heart rate achieved.  
 No angina/arrhythmias.No ST-T Changes.  
 Test is negative for induced ischemia.

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (II mm)	Comment
PRETEST	SUPINE	00:14	0.00	0.00	1.0	89	120/80	10680	0	-0.15	
	STANDING	00:09	0.50	0.00	1.0	90			0	-0.10	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	116	130/80	15080	0	-0.75	
	STAGE 2	03:00	2.50	12.00	7.0	134	140/80	18760	0	-1.10	
	STAGE 3	03:00	3.40	14.00	10.1	164	150/80	24600	0	-1.20	
	STAGE 4	00:01	3.40	14.00	10.1	166			0	-1.20	
RECOVERY		03:59	0.00	0.00	1.0	85	160/80	13600	0	-0.40	

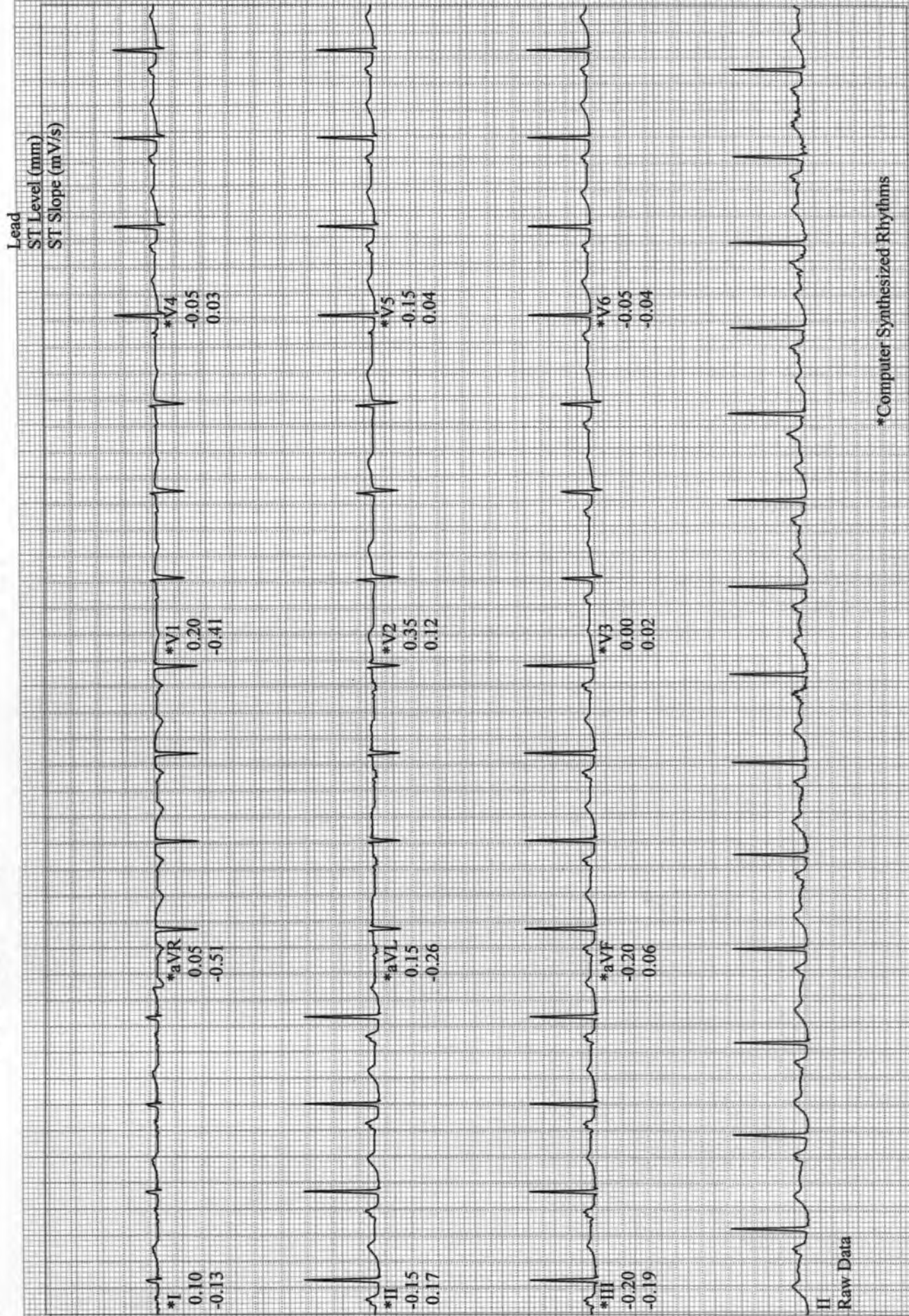
Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:43:14pm

Linked Medians

PRETEST  
SUPINE  
00:13  
88 bpm  
120/80 mmHg

ASIAN HOSPITAL

BRUCE  
0.0 mph  
0.0 %



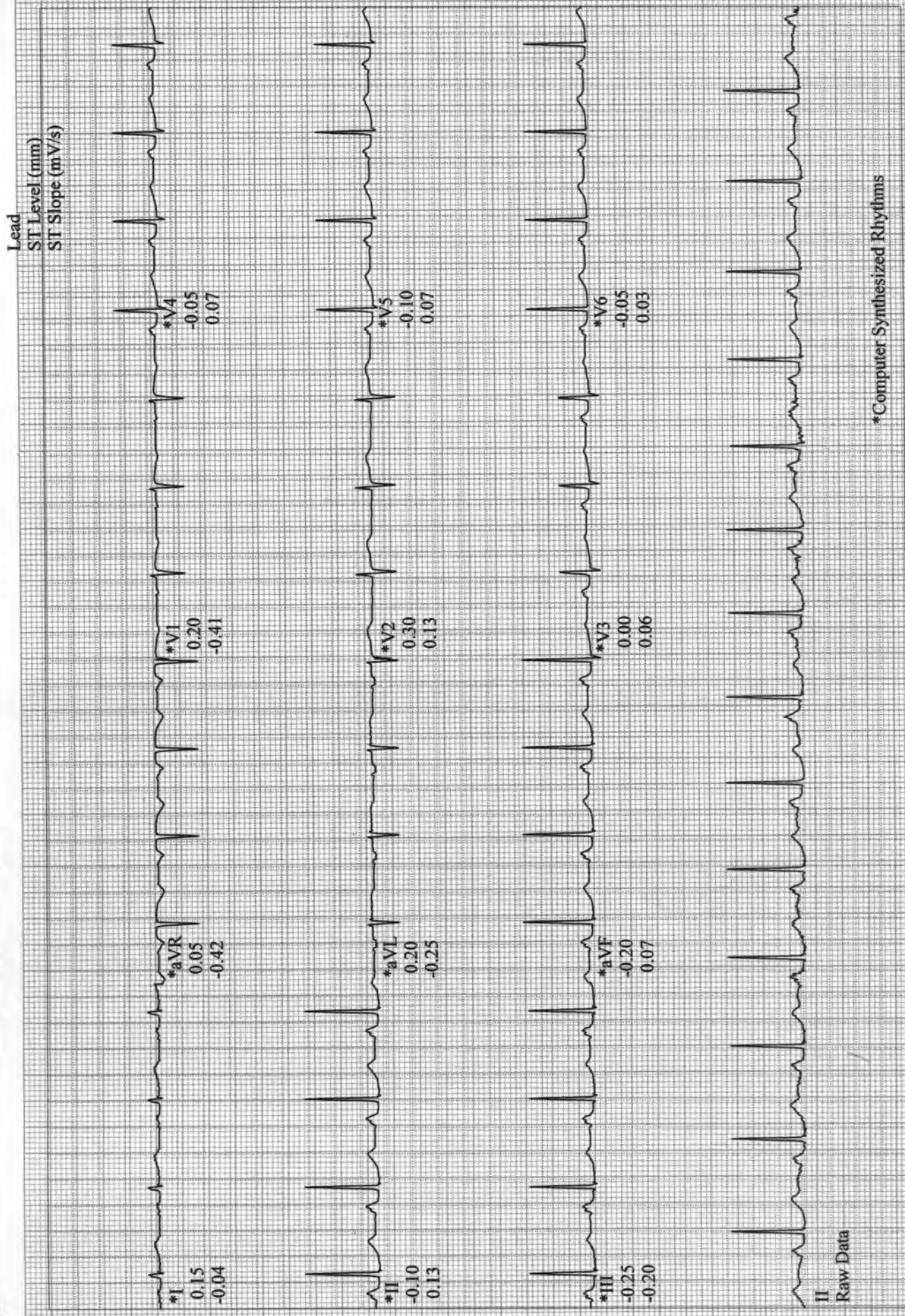


Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:43:16pm

BRUCE  
0.0 mph  
0.0 %

PRETEST  
STANDING  
00:15

89 bpm  
120/80 mmHg



II  
Raw Data

\*Computer Synthesized Rhythms

Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:46:17pm

12-Lead Report

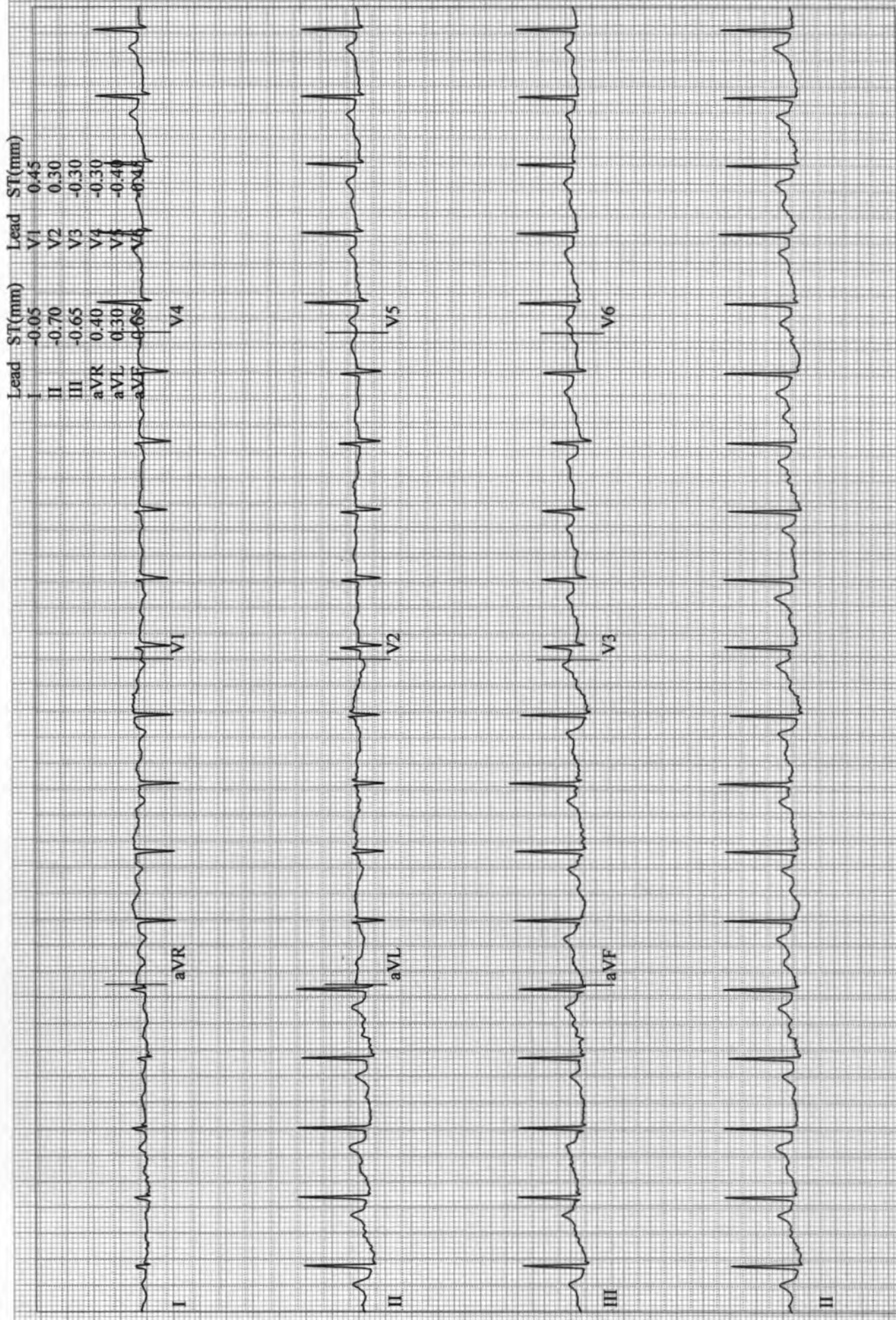
EXERCISE  
STAGE I  
02:50

113 bpm  
130/80 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.05	V1	0.45
II	-0.70	V2	0.30
III	-0.65	V3	-0.30
aVR	0.40	V4	-0.30
aVL	0.30	V5	-0.40
aVF	0.65	V6	0.45





Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:49:17pm

12-Lead Report

EXERCISE  
STAGE 2  
05:50

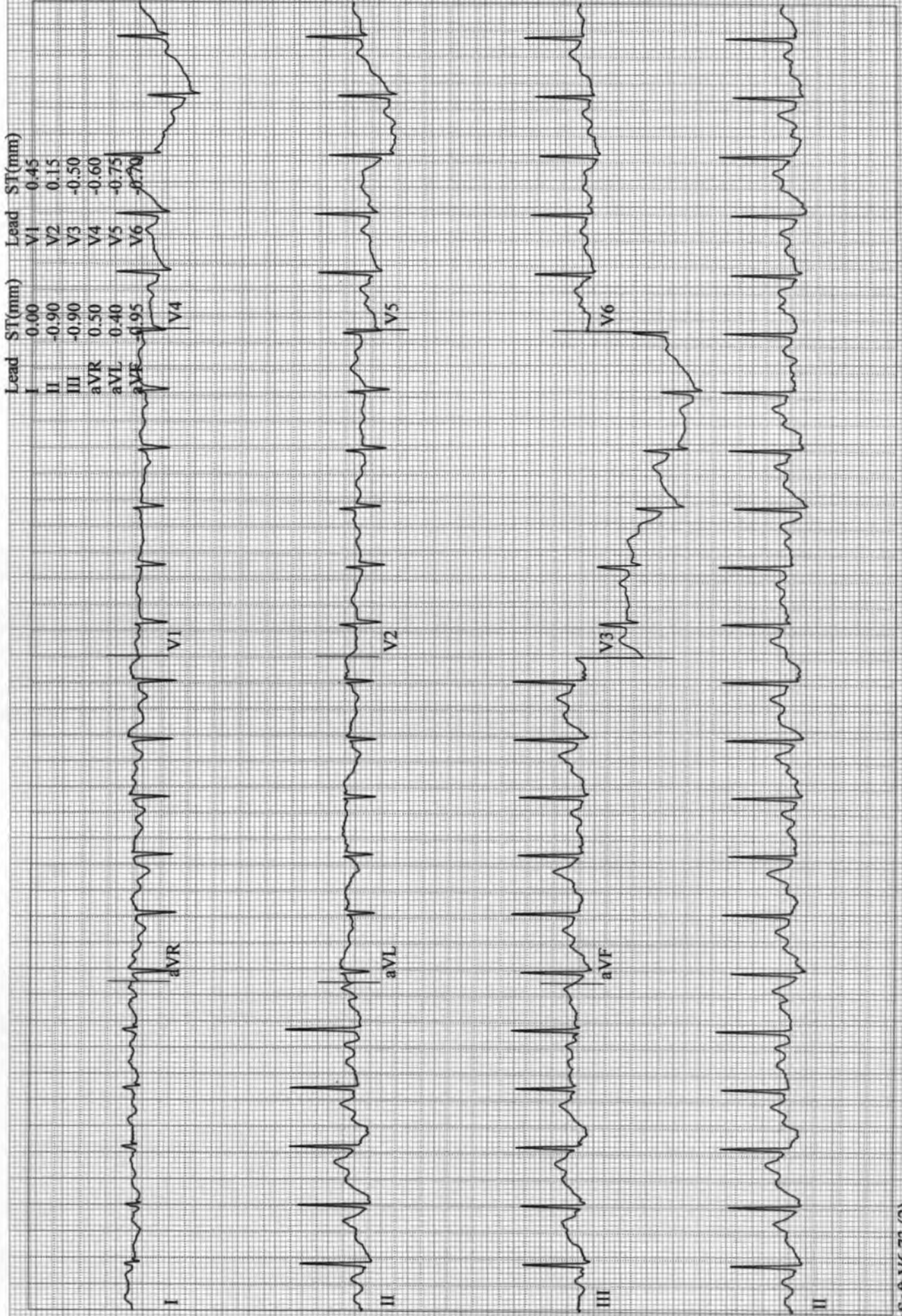
134 bpm  
140/80 mmHg

BRUCE  
2.5 mph  
12.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.00	V1	0.45
II	-0.90	V2	0.15
III	-0.90	V3	-0.50
aVR	0.50	V4	-0.60
aVL	0.40	V5	-0.75
aVF	0.95	V6	-0.70



Varma, Pratibha  
 Patient ID 99533  
 11.03.2023  
 12:52:17pm

12-Lead Report

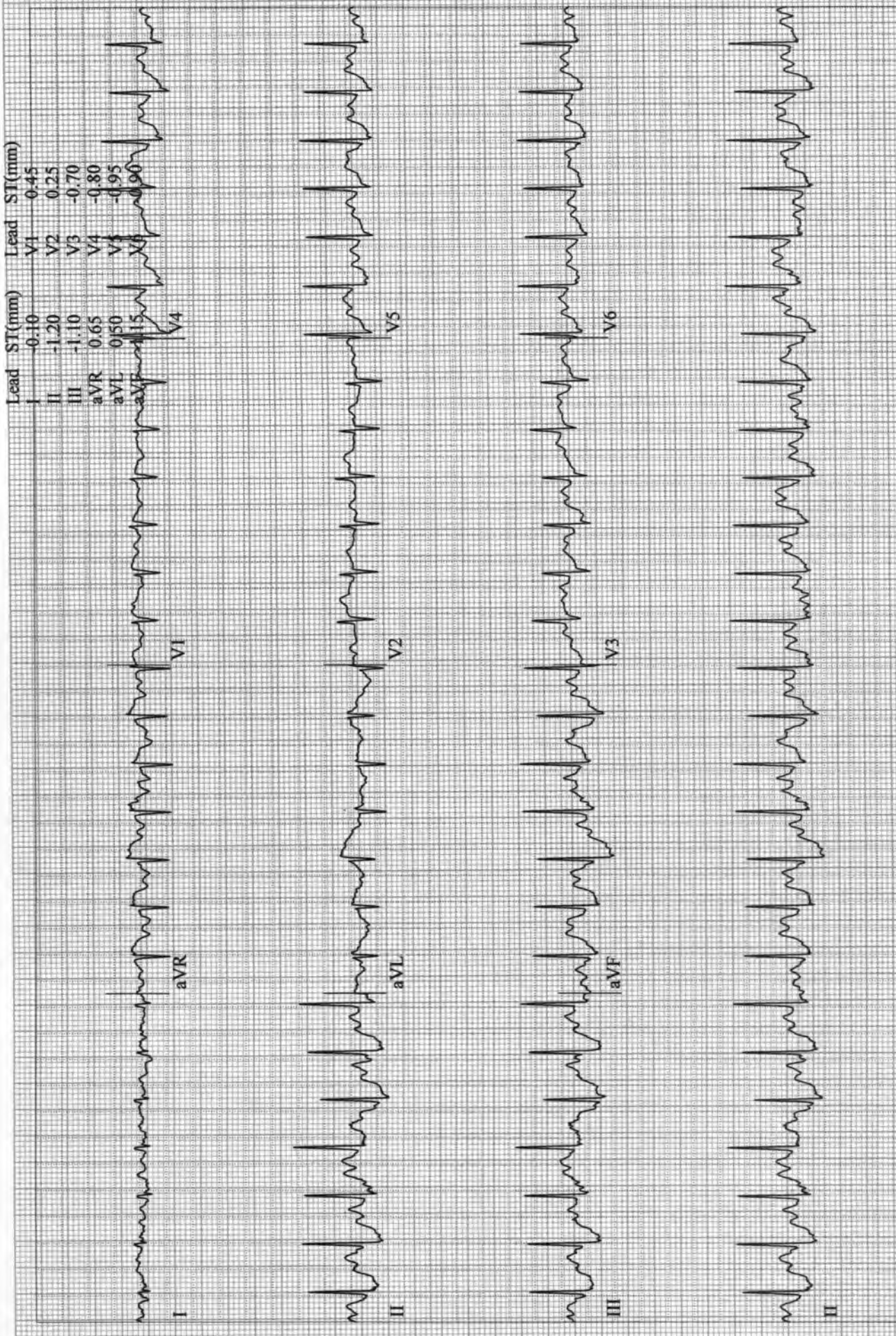
EXERCISE  
 STAGE 3  
 08:50

164 bpm  
 150/80 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
 Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.10	V1	0.45
II	-1.20	V2	0.25
III	-1.10	V3	-0.70
aVR	0.65	V4	-0.80
aVL	0.50	V5	-0.95
aVF	1.50	V6	0.00





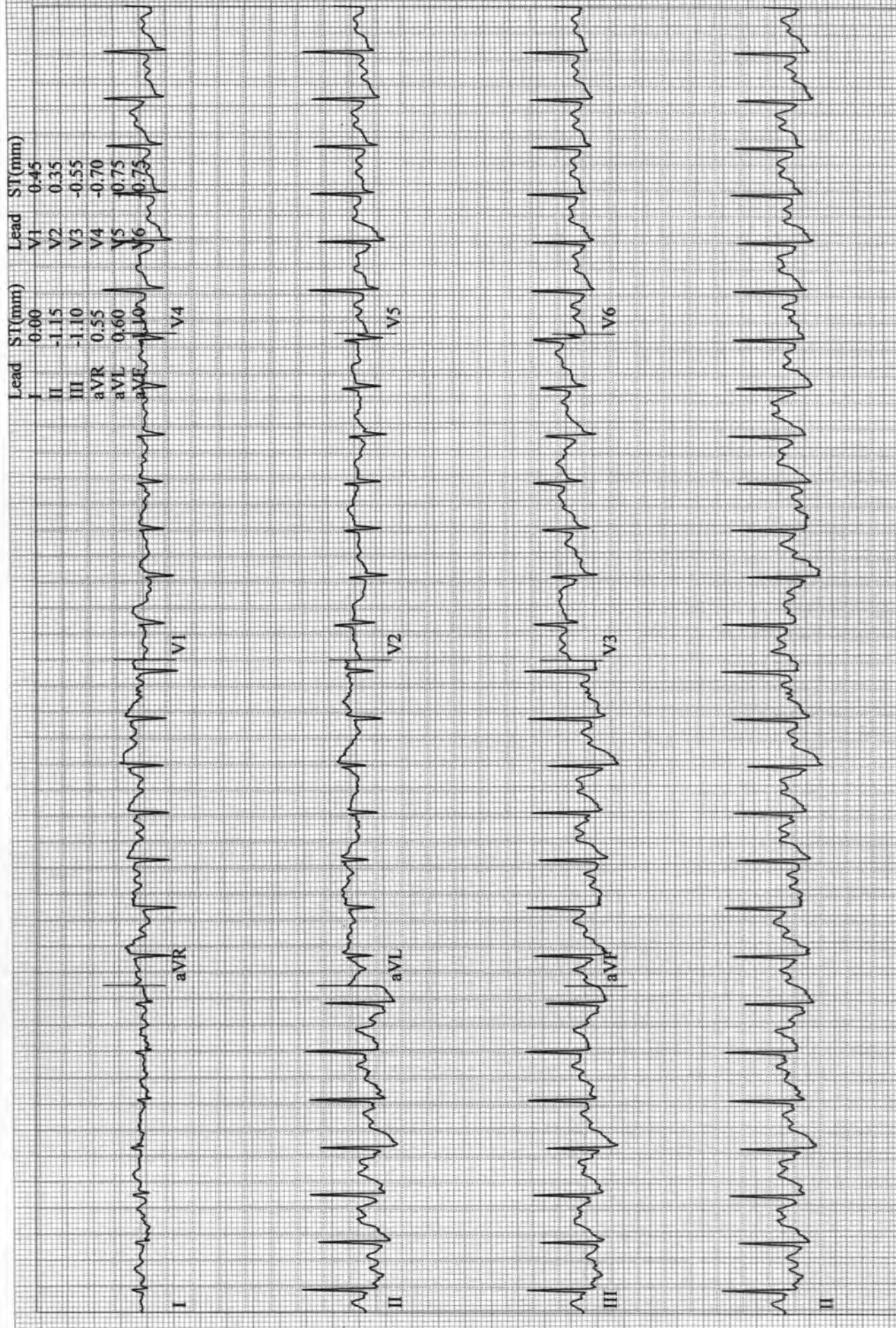
Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:52:27pm

12-Lead Report ( PEAK EXERCISE )  
EXERCISE BRUCE  
STAGE 4 3.4 mph  
09:01 14.0 %

166 bpm  
150/80 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points



Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:53:17pm

12-Lead Report

RECOVERY  
#1  
00:50

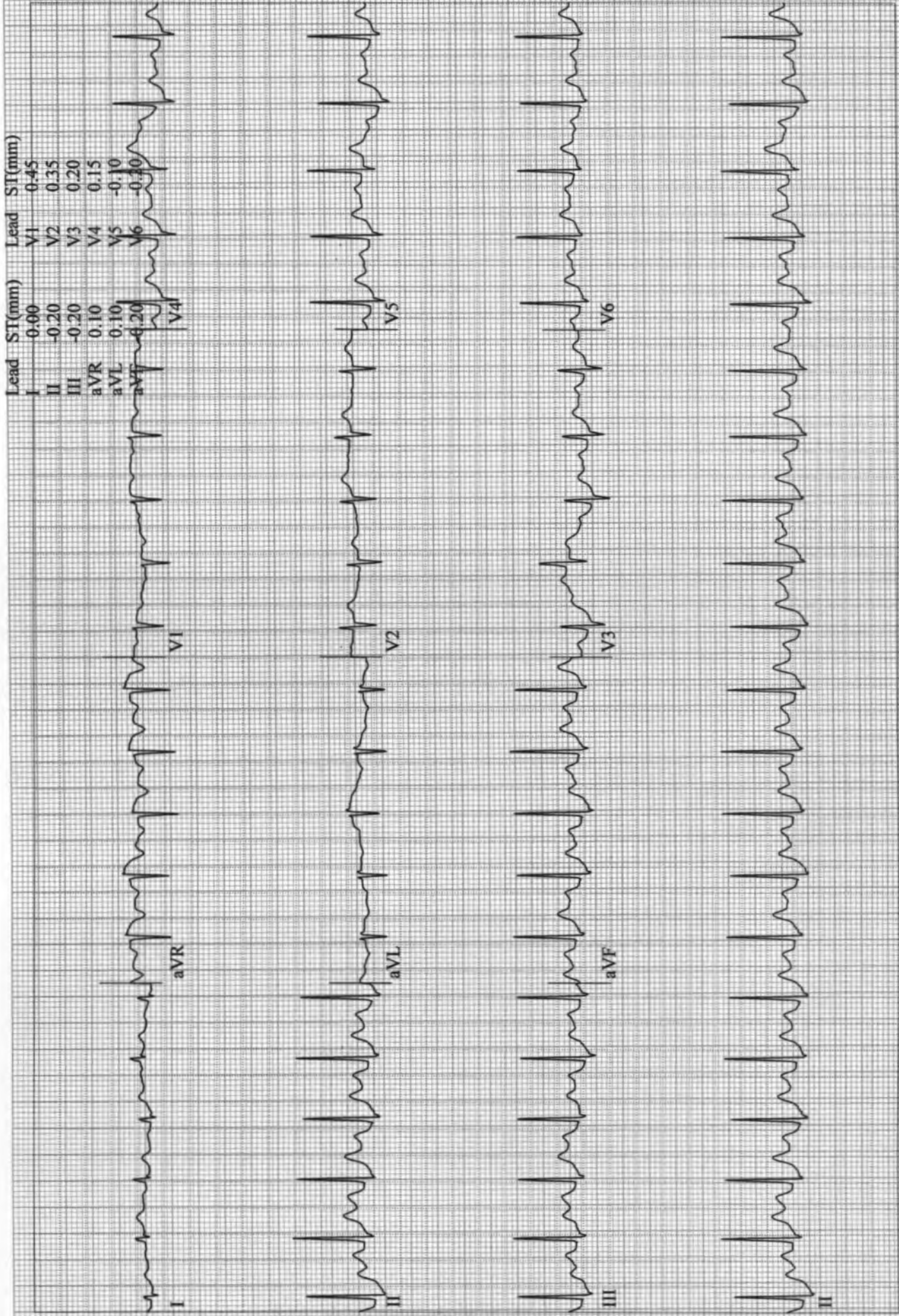
131 bpm

BRUCE  
0.0 mph  
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.00	V1	-0.45
II	-0.20	V2	0.35
III	-0.20	V3	0.20
aVR	0.10	V4	0.15
aVL	0.10	V5	-0.10
aVF	-0.20	V6	-0.20





12-Lead Report

Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:54:17pm

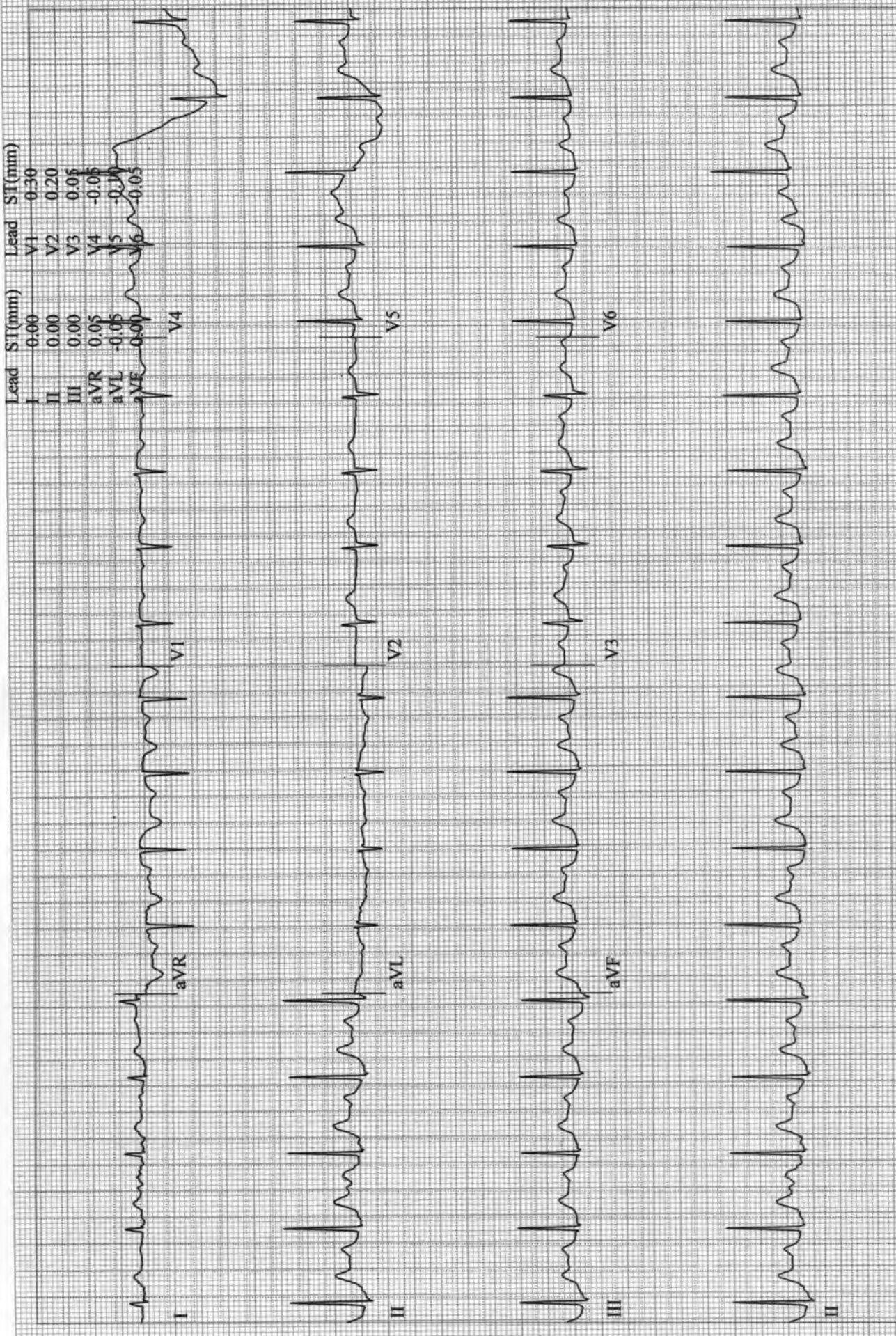
BRUCE  
0.0 mph  
0.0 %

RECOVERY  
#1  
01:50

104 bpm

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST (mm)	Lead	ST (mm)
I	0.00	V1	0.30
II	0.00	V2	0.20
III	0.00	V3	0.05
aVR	0.05	V4	-0.05
aVL	-0.05	V5	-0.10
aVF	0.00	V6	-0.05



Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:55:17pm

12-Lead Report

RECOVERY

#1

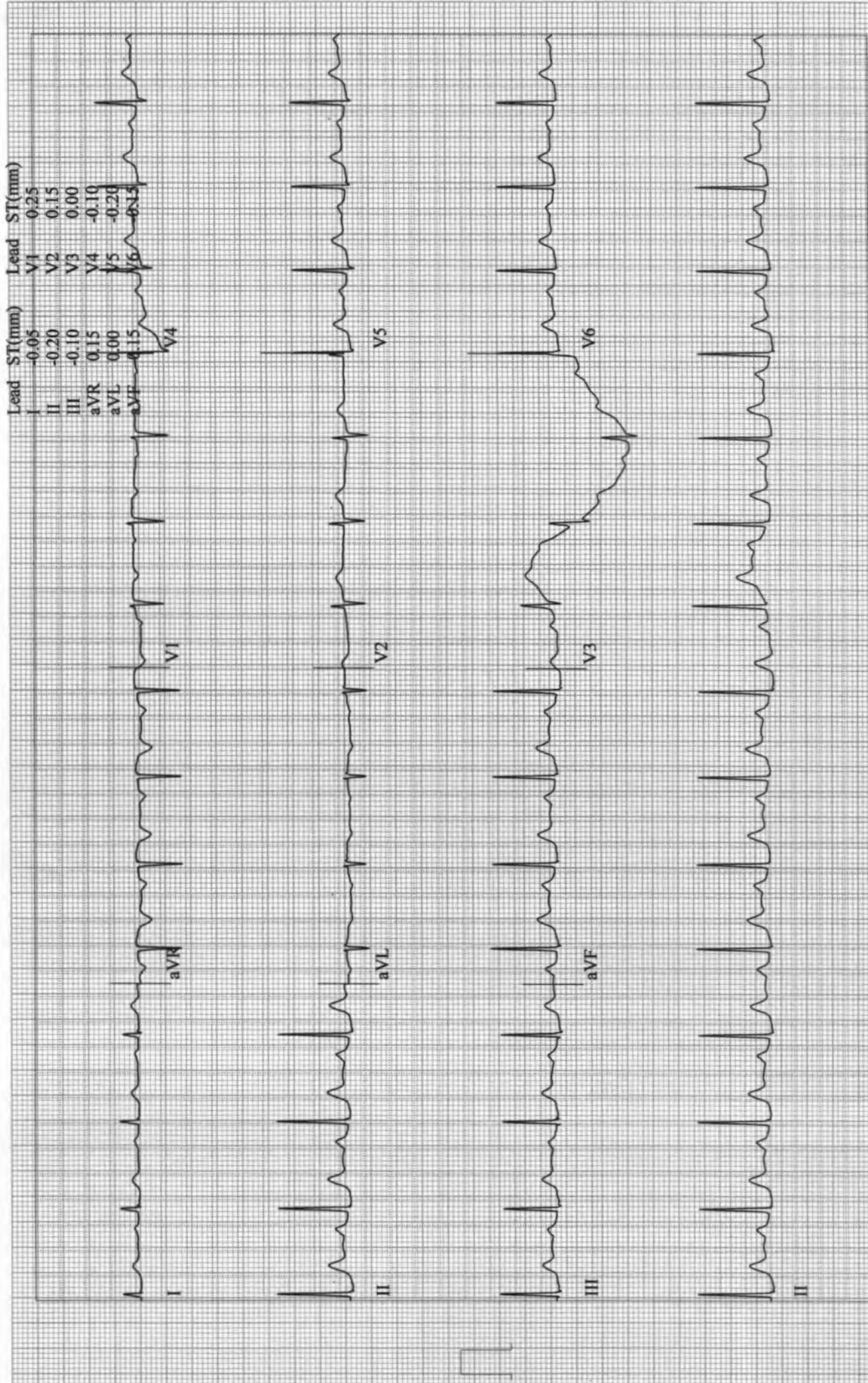
02:50

88 bpm  
160/80 mmHg

BRUCE  
0.0 mph  
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points





Varma, Pratibha  
Patient ID 99533  
11.03.2023  
12:56:17pm

12-Lead Report

RECOVERY

#1  
03:50

86 bpm

BRUCE  
0.0 mph  
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.05	V1	0.25
II	-0.35	V2	0.20
III	-0.30	V3	-0.10
aVR	0.20	V4	-0.20
aVL	0.15	V5	-0.30
aVF	0.35	V6	0.25

