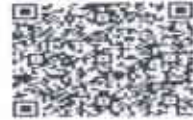




DEPARTMENT OF BIOCHEMISTRY

Name : Ms. ANKITA SAHA Age : 32Yr 5Mth 2Days Gender : Female
 UHID : AHB 0001135179 / AHBHC119182 W/BNo/RefNo : AHC
 SIN \ LRN : 8583832 \ 3746548
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 11-MAR-2023 12 37 41 PM Received on : 11-MAR-2023 01 44 10 PM Reported on : 11-MAR-2023 02:18 53 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	76	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 143621
723076

Printed On : 11-MAR-2023 02:27:18 PM

GOVINDARAJU N L Dr SABHARI PRIYA S
Clinical Biochemist Registrar

Govindaraju N L

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	11.2 *	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.44	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	36	%	●	34 - 46
MCV (Derived from RBC histogram)	80 *	fl	●	83 - 101
MCH (Calculated)	25 *	pg	●	27 - 32
MCHC (Calculated)	32	g/dl	●	31.5 - 34.5
RDW (Calculated)	16.1 *	%	●	11.60-14.00
Platelet Count (Impedance)	122 *	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	4.1	x(10) ⁹ /l	●	4 - 11
Neutrophils	50	%	●	40 - 80
Lymphocytes	36	%	●	8.6 - 23.8
Monocytes	6	%	●	2 - 10
Eosinophils	8 *	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic cells			
WBC:	Differentials within normal limits.			
Platelets:	Adequate, few giant platelets seen.			
Impression	Normocytic normochromic anemia.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	41 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

Appearance	Clear		Clear
Volume	30	ml	
pH	6.5		
Specific Gravity	1.020		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	TRACE-INTACT		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	1-2 /h.p.f	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.4		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	74	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	21	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.93	mg/dL	●	0.30-1.20

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	188	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	87	mg/dL	●	"Non-Diabetic <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.5	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	62 *	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	122 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

High: 130 – 159 High: 160 – 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.3	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	140	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	110.32	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.5	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	78	mg/dL	●	"Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.0		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE (TSH)	7.19 *	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

UREA - SERUM	20	mg/dL	●	15 - 45
URIC ACID - SERUM	3.3	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	16	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.16	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.77	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	25		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. ANKITA SAHA

FEMALE / 32 Yrs / AHB.0001135179 / AHBHC119182

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO and Rh)

Biochemistry

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA



Within Normal Range

Boderline High/Low



Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details :	Ms. ANKITA SAHA	F	032Y
UHID :	AHB.0001135179	Ward/Bed No. :	AHC / AHC
I.P.No./Bill No. :	AHBHC119182	Scanned on :	11-Mar-2023 11:06
Accession Number :	10601.123028937	Reported On :	11-Mar-2023 11:19:12
Referring Doctor :	null		

X-RAY CHEST FRONTAL VIEW

Clinical Information: Health checkup.

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

=====

IMPRESSION:

No definite abnormality noted on the chest radiograph.

-Suggested clinical and other investigation correlation

=====

Dr Saksham Sharma
Radiology Resident

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Ms. ANKITA SAHA		F		032Y
UHID :	AHB.0001135179	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC119182	Scanned on :			11-Mar-2023 11:06
Accession Number :	10601.123028937	Reported On :			11-Mar-2023 11:19:12
Referring Doctor :	null				

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details	: Ms. ANKITA SAHA	F 032Y
UHID	: AHB.0001135179	Ward/Bed No. : AHC / AHC
I.P.No./Bill No.	: AHBHC119182	Scanned on : 11-Mar-2023 11:08
Accession Number	: 10601.223022723	Reported On :
Referring Doctor	: null	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 4 mm.

Right ovary shows measures ~ 9.9 cc. Left ovary measures ~ 6 cc. Both ovaries appear normal in size and show increased central echogenic stroma with multiple small peripherally arranged follicles. Right ovary shows follicle measuring ~ 15 x 12 mm

No evidence of ascites or pleural effusion seen.

=====
IMPRESSION:

Bilateral polycystic ovarian morphology.

- *Suggested clinical correlation.*

=====
(Enclosed report) MI

DR. ANITHA S
RESIDENT

DR. ARUNA R. PATIL
MD, DNB, FRCR
CONSULTANT

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE 560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: ANKITA SAHA,
Patient ID: AHB/1135179
Height: 155 cm
Weight: 47 kg

DOB: 09.10.1990
Age: 32yrs
Gender: Female
Race: Indian

Study Date: 11.03.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Angidha

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:26	0.00	0.00	112	100/80	
	STANDING	00:02	0.00	0.00	112	100/80	
	HYPERV.	00:01	0.00	0.00	112	100/80	
EXERCISE	WARM-UP	00:02	0.00	0.00	111	100/80	
	STAGE 1	03:00	1.70	10.00	141	100/80	
	STAGE 2	03:00	2.50	12.00	160	110/80	
RECOVERY	STAGE 3	01:41	3.40	14.00	179	120/80	
		03:21	0.00	0.00	127	120/80	

The patient exercised according to the BRUCE for 7:40 min's, achieving a work level of Max. METS: 10.10. The resting heart rate of 106 bpm rose to a maximal heart rate of 179 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE 560076

AHB.0001135179
32 Years

ANKITA SAHA
female

Rate 102

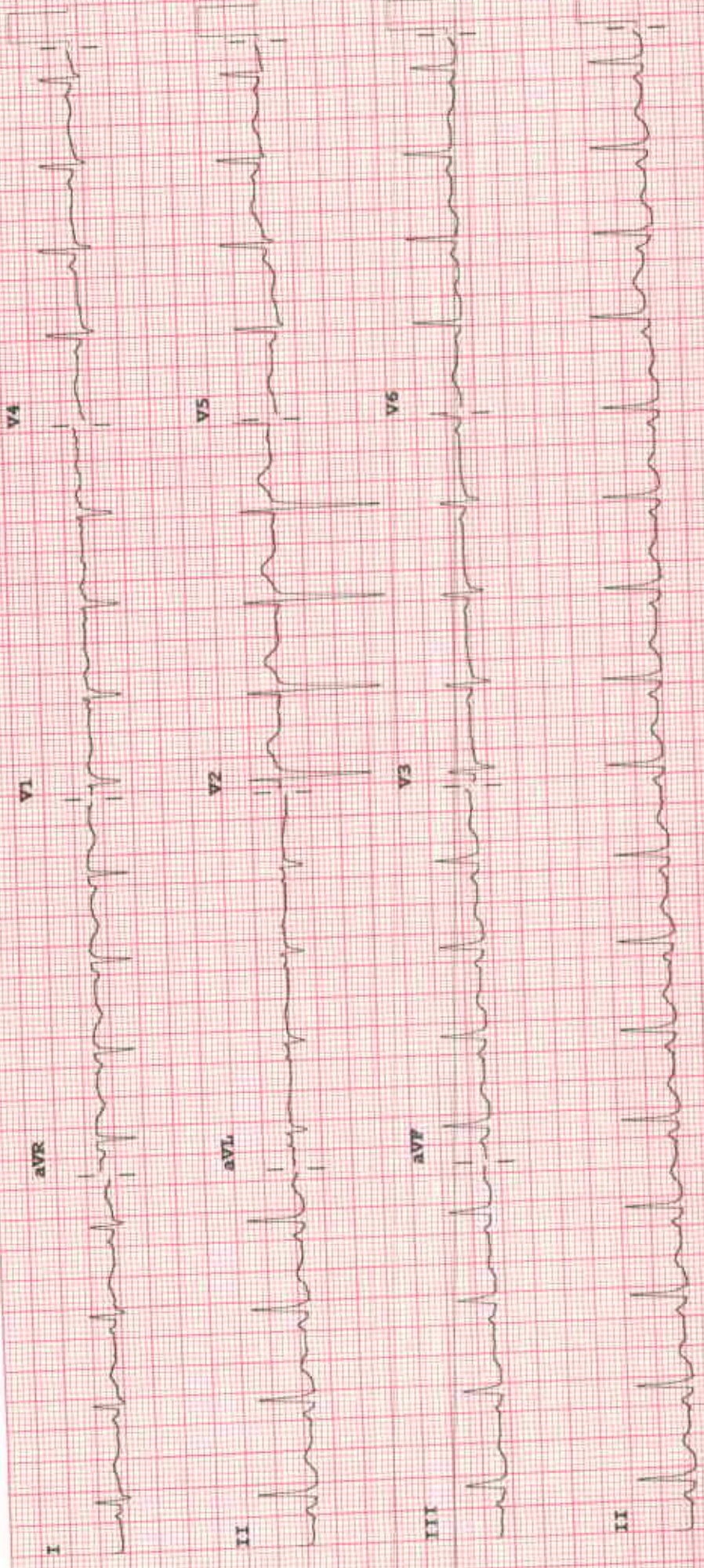
PR 125
QRSD 77
QT 339
QTC 442

AHB 0001135179
MS. ANKITA SAHA
Age: 32Year(s) Year(s)/Female
11 Mar 2023 8:24:16 AM



--AXIS--
P 51
QRS 78
T 43

12 Lead; Standard Placement



F 50~ 0.15-100 Hz 100B CL P?

Speed: 25 mm/sec Limb: 1.0 mm/mV Chest: 10.0 mm/mV

Device:

COA-119182

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

AHB.0001135179
MS. ANKITA SAHA
Age: 32 Year(s) Year(s)/Female
11 Mar 2023 9:24:22 AM

UHID :

Date : 11.3.23

Consultant Gynaecologist : Dr. Bejoy Anand

DRUG ALLERGIES : NIL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

H/O PLOS

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

→ Not on medication now

Past Medical / Surgical History :

NIL

Family History :

NIL

OTHER SYSTEMS :

WNL

GYNAEC HISTORY :

- Marital Status - Others Married Syn.
- Children - - Not planned
- Deliveries - -
- L.C.B. - -
- Abortion - -
- Periods - Regular 4-5/30 days 1st week of March
- L.M.P. - -
- Menopause - -
- Contraception - -

Present Medication :

NIL

GYNAEC EXAMINATION :

- P/A
- PV / Not examined. Not with for laparoscopy.
- SE
- P/R

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid : NAD
- Others :

BREASTS - Not examined

PAP SMEAR : Taken / Not Taken (Reason)

OPINION & ADVICE : USG → B/L PLOS

REVIEW DETAILS : (with date)
With Patient / With reports only

Tab. MCBM-69 0-0-1 x 1-2 months

→ Laparoscopic - 3 years
→ B/L sonography per year

Signature with Date & Time

11.3.23

AHB.0001135170
MS. ANKITA SAHA
Age: 32 Year(s) Year(s)/Female
11 Mar 2023 9:24:19 AM



HT: 155

Wt: 47.8

HR: 100

BP: 90/60

Ankita Saha

22/F/.

By Dr. Manu Reddy

Regular follow up:

K₁ Hypothyroidism / stopped medication

PCOD (+) / H₁ panic attack / stopped (+) /
near on medication.

Iron deficiency

urine routine: (+)

Hb: 11.2 g/dL

LFT: (+)

mcv: 80 fl

PT: 1.22 / peripheral smear: granul platelets

HbA_{1c}: 5.5 %

USG: Bilateral polycystic ovarian morphology.

lipid profile: LDL: 122

dup: fast = negative

(TSH: 7.19) ↑

ECG: sinus tachycardia.

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.000113517B
MS. ANKITA SAHA
Age: 32 Year(s) Year(s)/Female
11 Mar 2023 9:24:18 AM

Age :

Sex : M/F

UHID :



Physical Examination

General :

Build

Height 155 cm Weight 47.8 kg BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 100 bpm

B.P. : Supine 94/80 mm Hg Sitting

Standing Sped 98

Chest shape normal

Heart Sounds

Murmurs

Thrills

Screening Echo
Normal LV function
EF-60%
No RWMA

RS :

Rate & Type

Resp - 15 + RBP

Breath Sounds

all 82 C