

MR HUKAM SINGH MEENA
 ID : 144
 DATE : 26/03/2022
 AGE/SEX : 49 /M
 HT/WT : 163 / 68
 REF.BY : MEDIWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION : CARDIAC EVALUATION FOR INSURANCE
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL(MM)					METS		
								II	V1	V5					
SUPINE					101	110 / 70	111	0.3	0.6			0.4			
STANDING					99	110 / 70	108	0.4	0.6			0.7			
HYPERTENT					98	110 / 70	107	0.6	0.5			0.6			
Stage 1	2:55	0:23	2.7	10	117	120 / 80	140	0.6	-0.7			-1.7			4.67
Stage 2	5:55	2:55	4	12	131	130 / 90	170	2.3	-3.2			-3.3			7.04
Stage 3	8:55	2:55	5.4	14	148	140 / 90	207	0.4	0.4			-0.6			9.92
PK-EXERCISE	9:25	0:25	6.7	16	155	140 / 90	217	0.1	0.4			-0.2			10.56
RECOVERY	10:54	1:19			109	140 / 90	152	0.6	0.3			0.8			
RECOVERY	11:52	2:17			104	130 / 80	135	-0.1	0.3			0			
RECOVERY	12:30	2:55			98	120 / 80	117	-0.4	0.5			-0.2			

RESULTS

EXERCISE DURATION : 9:25
 MAX HEART RATE : 155 bpm
 MAX BLOOD PRESSURE : 140 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE :
 IMPRESSIONS :

Good effort tolerance
 No angina,
 No arrhythmia,
 Normal HR, BP response
 No significant ST changes noted during
 Test as compared to baseline ECG, Stress test negative for inducible ischemia,,

MAX WORK LOAD : 10.56 METS
 MAX WORK LOAD rate 171 bpm

HEALTHCARE
 Medical Centre And Diagnostic
 Yogi Avenue, Yogi Nagar,
 Borivali (West) Mumbai-400 097
 Tel : 26995535

(Signature)

DR. NUPUR RAI
 MBBS, DIPLOMA-CARDIOLOGY (PGDCC)
 Reg. No. 201815643 (MD)

Technician : 1

HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 101bpm
 B.P. 110/70

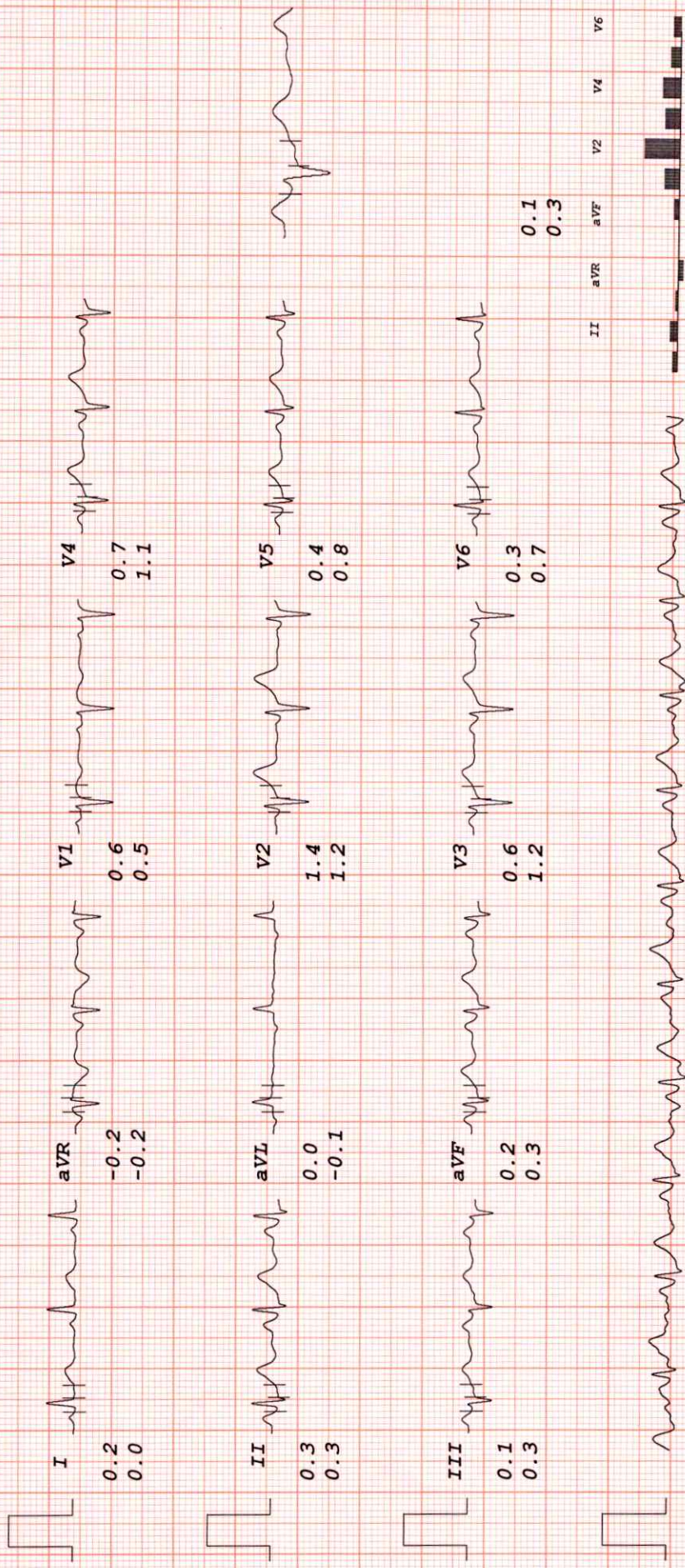
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. x 2

III



HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA

I.D. 144

Age 49/M

Date 26/03/2022

RATE 99bpm

B.P. 110/70

PRETEST

STANDING

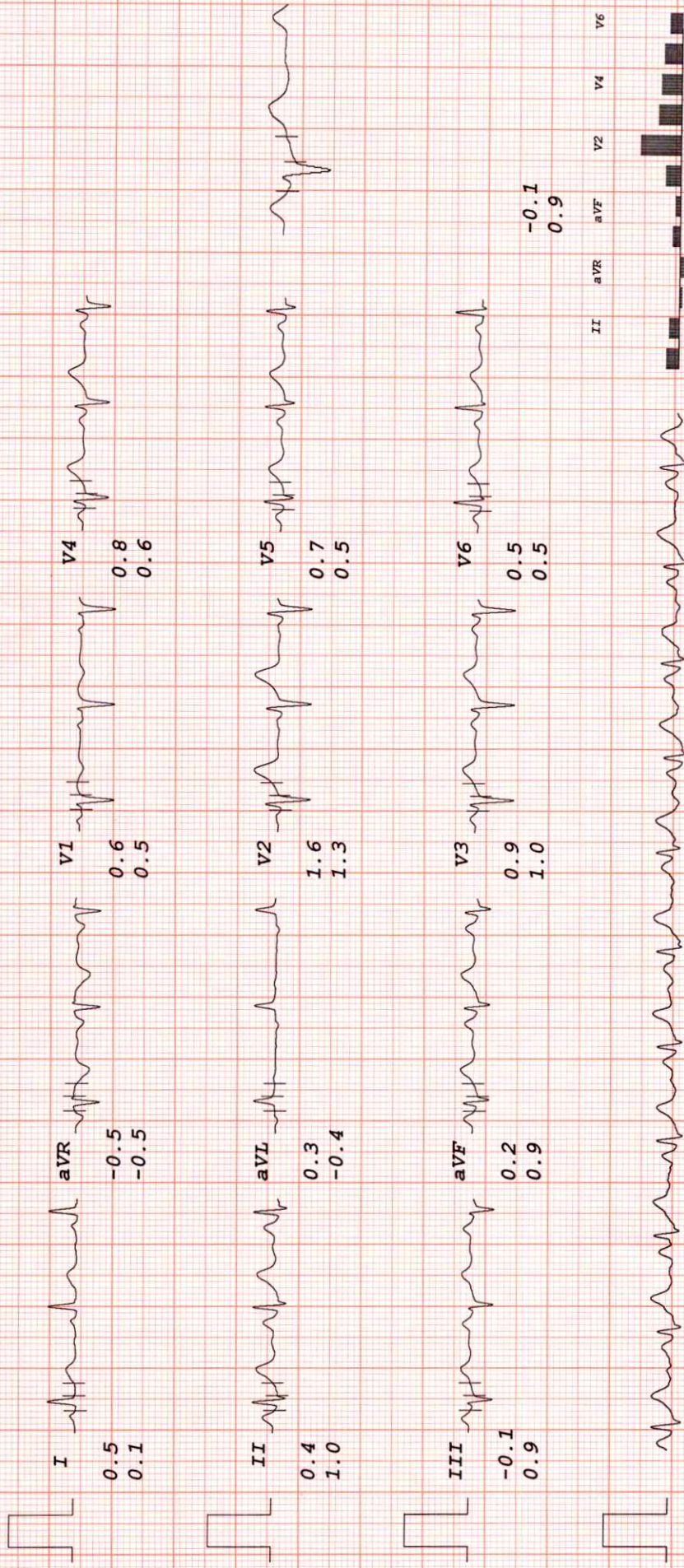
ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2

III



-0.1
0.9

II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 98bpm
 B.P. 110/70

PRETEST
 HYPERVENT

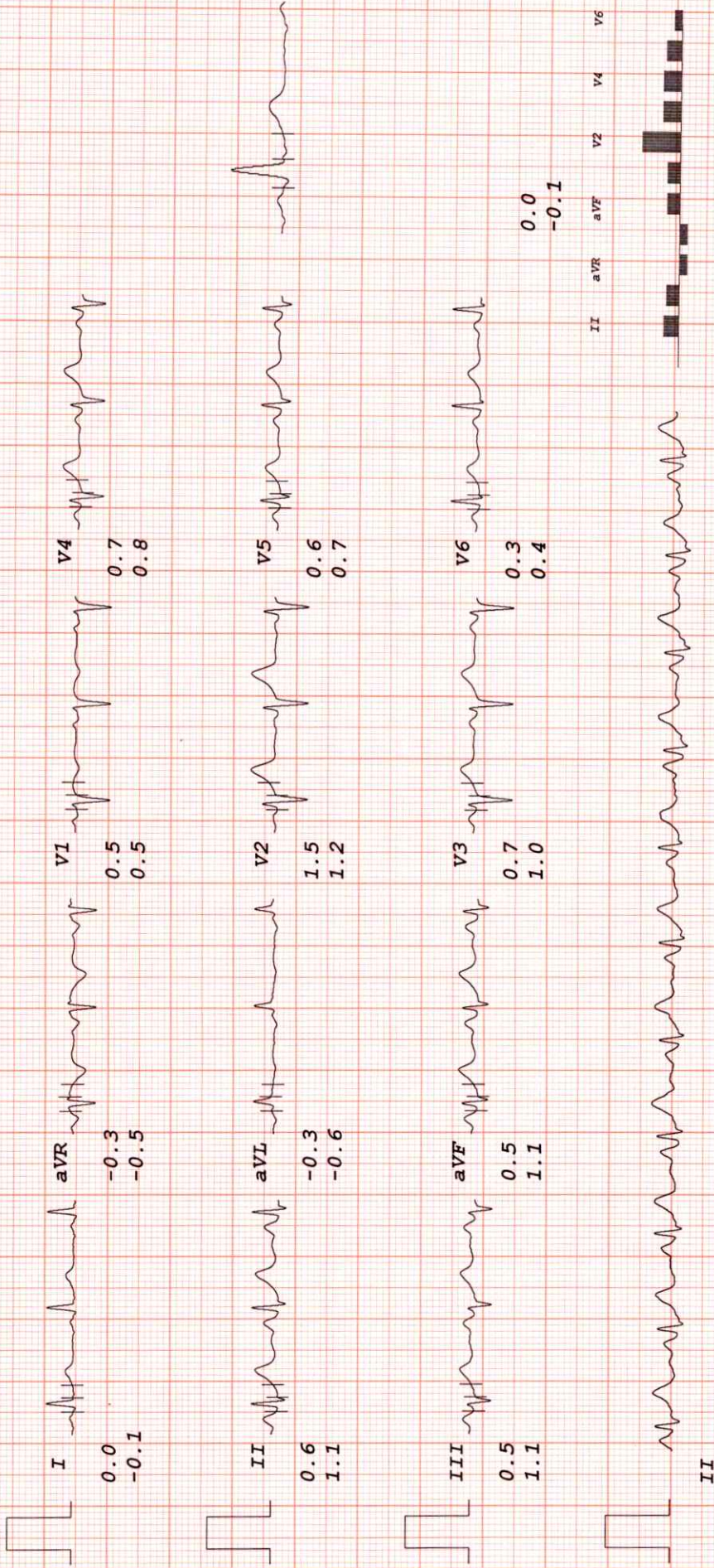
ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

PHASE TIME 0:23

Mag. X 2

I



HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA

I.D. 144

Age 49/M

Date 26/03/2022

RATE 131bpm

B.P. 130/90

Bruce

Stage 2

TOTAL TIME 5:55

PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

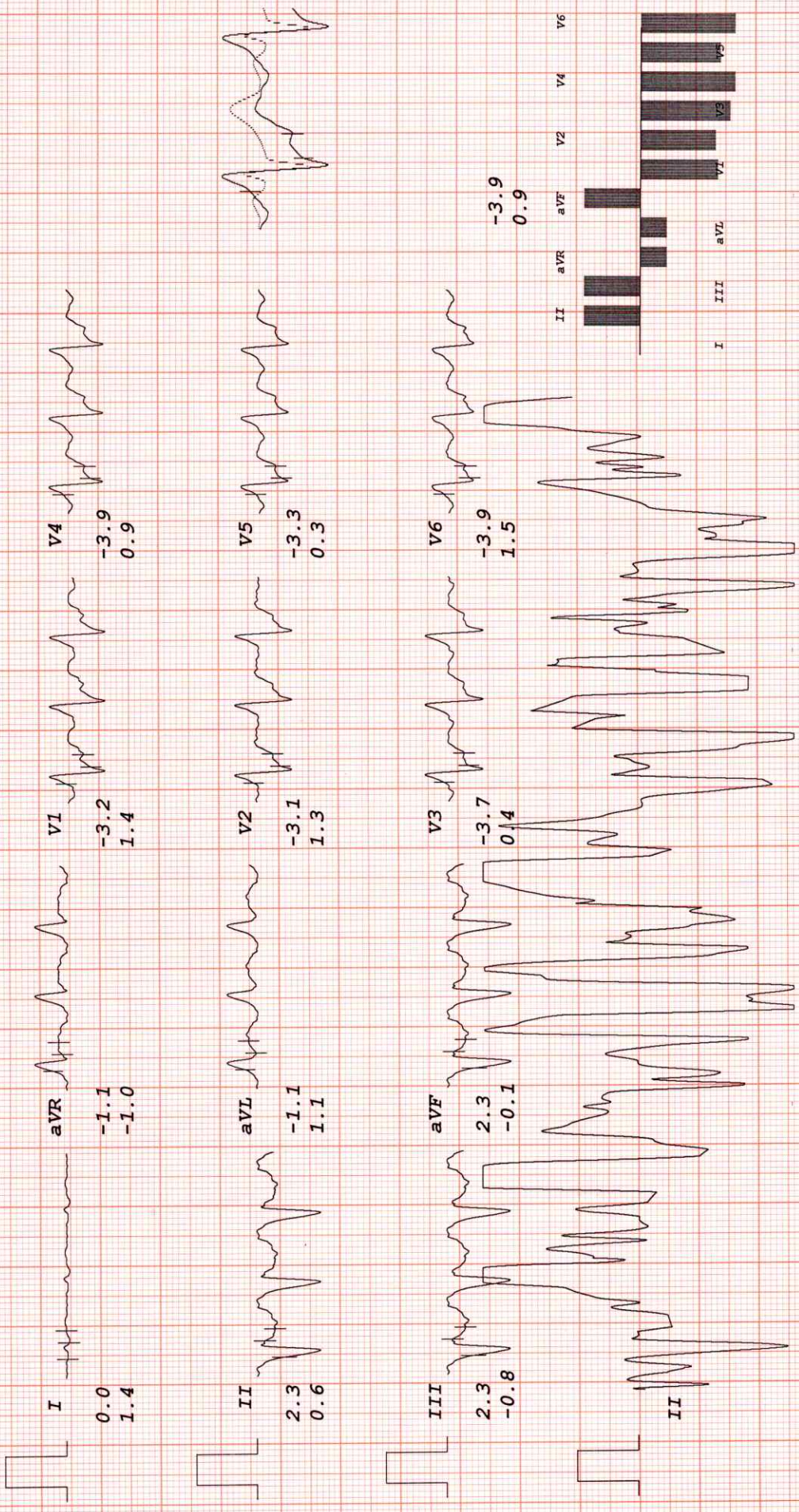
Speed 4 km/hr

SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V4



HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 148bpm
 B.P. 140/90

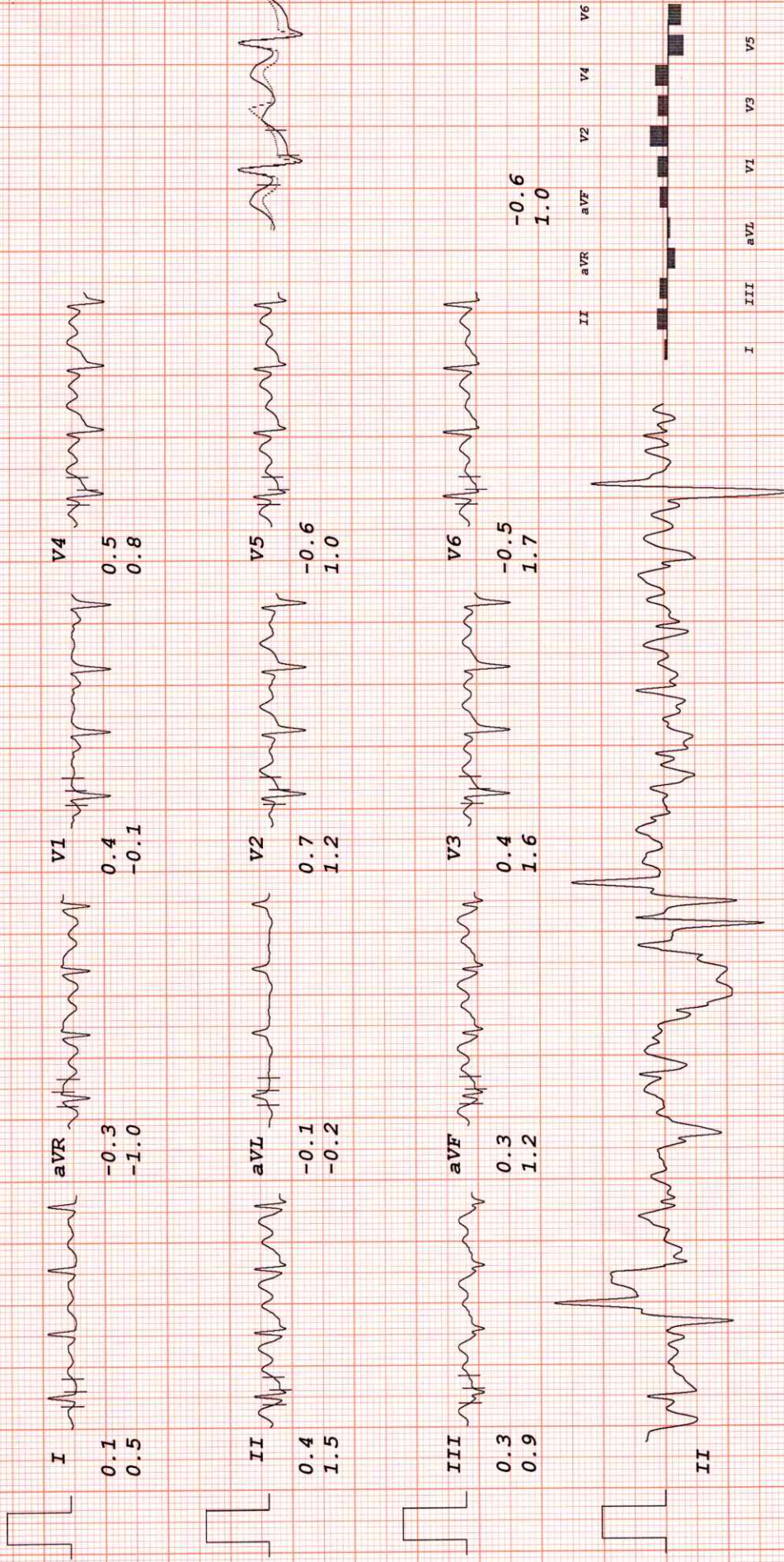
Bruce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V5



HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 155bpm
 B.P. 140/90

Bruce
 PK-EXERCISE
 TOTAL TIME 9:25
 PHASE TIME 0:25

ST @ 10mm/mV
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

V6



I III aVL aVF V1 V2 V3 V4 V5 V6

HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 109bpm
 B.P. 140/90

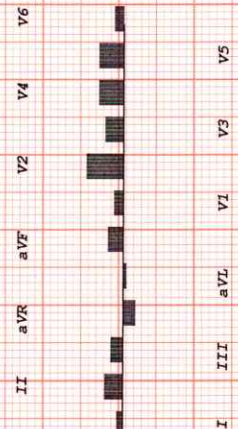
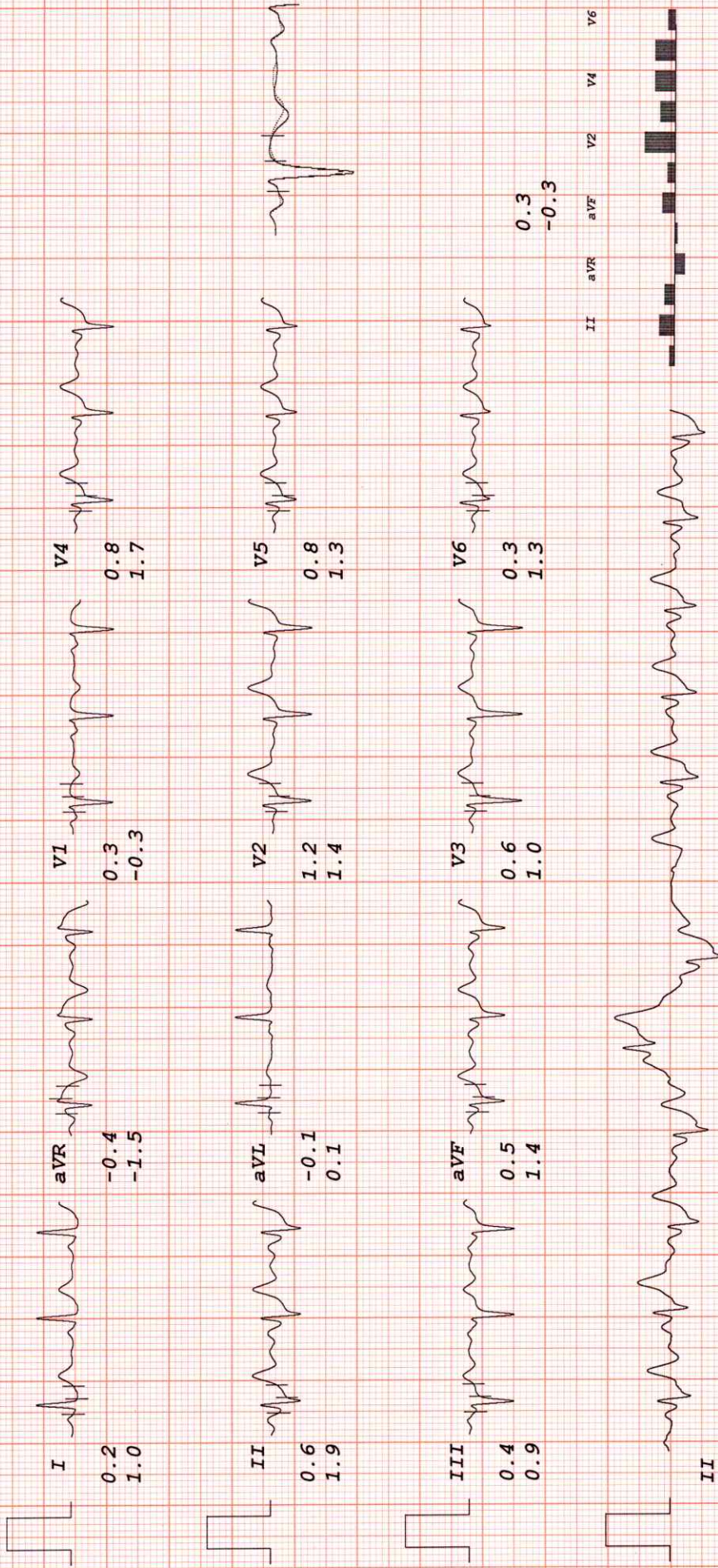
Bruce
 RECOVERY
 TOTAL TIME 10:54
 PHASE TIME 1:19

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 104bpm
 B.P. 130/80

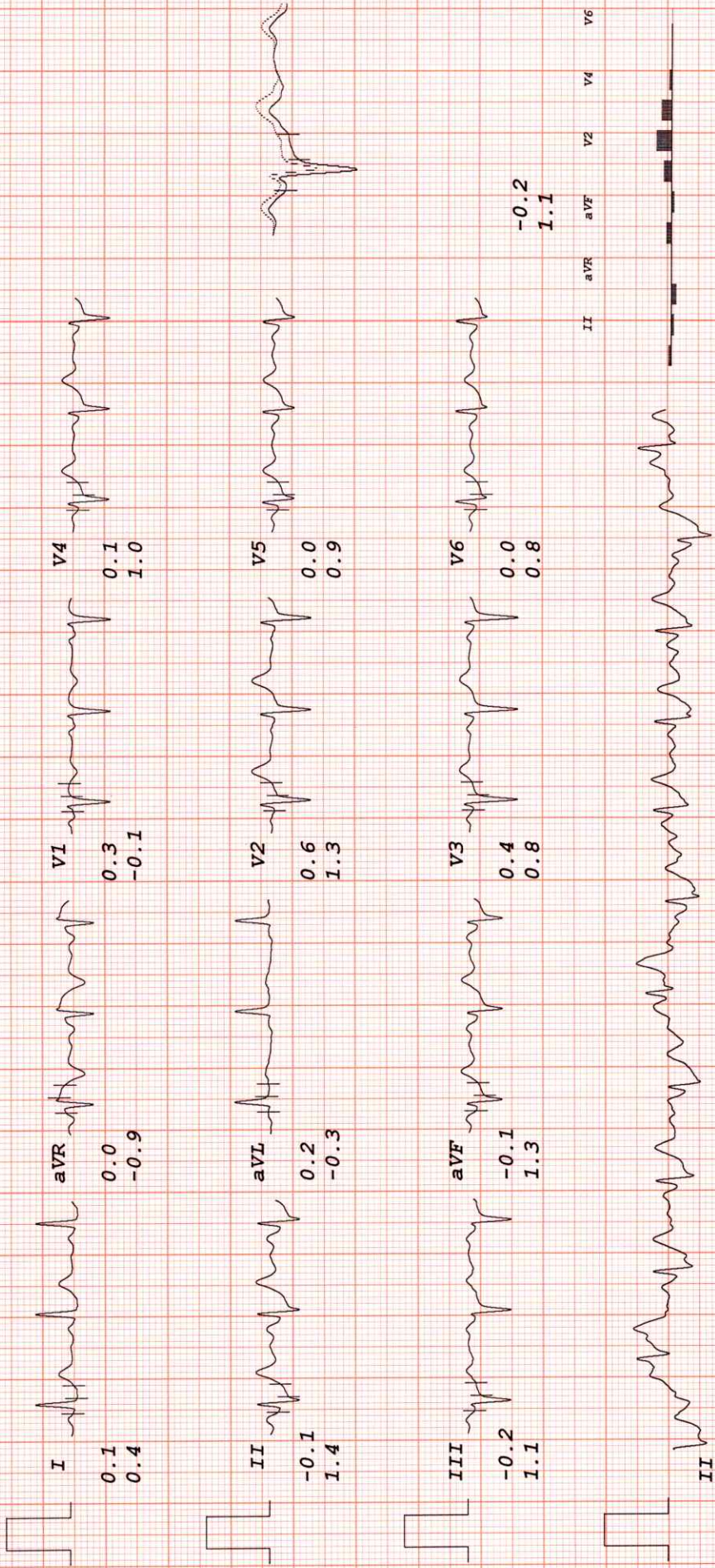
Bruce
 RECOVERY
 TOTAL TIME 11:52
 PHASE TIME 2:17

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



II aVR aVF V2 V4 V6

I III aVL aVF V1 V3 V5

HEALTHCARE BORIVALI

MR HUKAM SINGH MEENA
 I.D. 144
 Age 49/M
 Date 26/03/2022

RATE 98bpm
 B.P. 120/80

ST @ 10mm/mV
 80ms PostJ

Bruce
 RECOVERY
 TOTAL TIME 12:30
 PHASE TIME 2:55

LINKED MEDIAN

Mag. X 2

II

