

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SAUMYA SINGH
DATE OF BIRTH	01-01-1992
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	08-03-2024
BOOKING REFERENCE NO.	23M178138100091130S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH GYANENDRA VIKRAM
EMPLOYEE EC NO.	178138
EMPLOYEE DESIGNATION	CREDIT
EMPLOYEE PLACE OF WORK	AMETHI
EMPLOYEE BIRTHDATE	17-03-1989

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

  
**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


  
**भारत सरकार**  
**Government of India**



**नाम**  
**सायमा सिंग**  
**जन्म तिथि/DOB: 01/01/1992**  
**लिंग: FEMALE**

Download Date: 14/12/2018
Issue Date: 24/1/2018

**4266 2870 8186**  
**VID : 9188 9365 0218 0268**

**मेरा आधार, मेरी पहचान**


  
**आर्यभट्ट विहित पहचान प्राधिकरण**  
**Unique Identification Authority of India**

**पता:**  
 प्रमोद कुमार सिंग, 36/2, मंडी समीप रोड, अम्हाट,  
 गोरखपुर, उत्तरप्रदेश,  
 पिन कोड - 228001

**Address:**  
 C/O: Pramod Kumar Singh, 36/2, Mandi  
 Sami Road, Amhat, Gorakhpur, Uttar Pradesh - 228001



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1947 | [help@uidai.gov.in](mailto:help@uidai.gov.in) | [www.uidai.gov.in](http://www.uidai.gov.in)

*Singh*

**Dr. J.P. SINGH**  
 M.D. (Medicine) FACP (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)



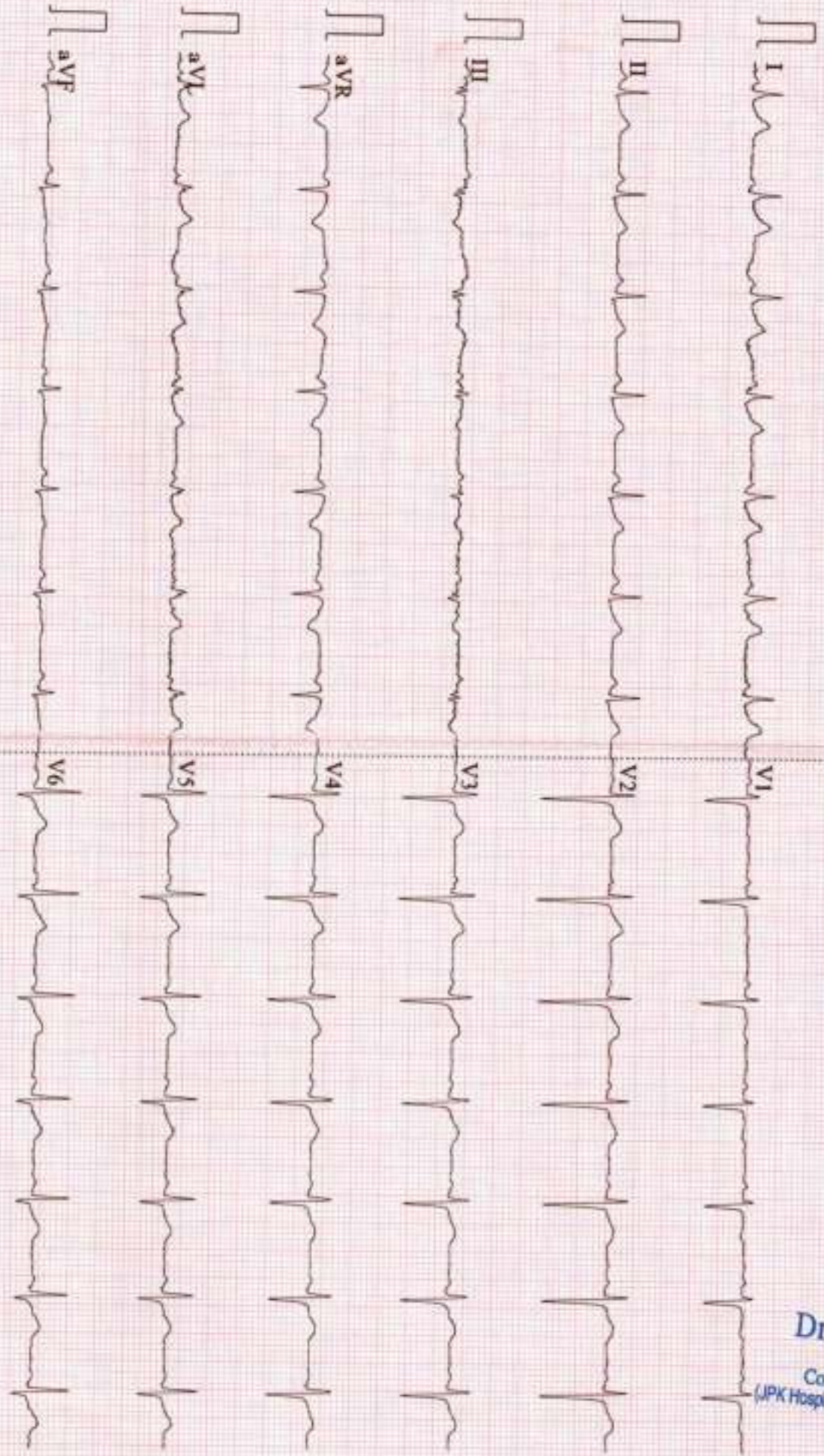
saumya  
Female 31Years  
Req. No. :

HR	: 83	bpm
P	: 110	ms
PR	: 128	ms
QRS	: 86	ms
QT/QTcBz	: 352/414	ms
P/QRST	: 46/16/8	°
RV5/SV1	: 0.592/0.723	mV

Diagnosis Information:  
Sinus rhythm  
Normal ECG

Report Confirmed by:

**Dr. SHIWANGI**  
MBBS DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)





Report No.	: 1234	Bill No. / Day Sr.	: 08/03/2024
Patient Name	: Mrs. Saumya Singh	Receiving Date	: 08/03/2024
Age(Y-M-D)	: 31 - 0 - 0	Reporting Date	: 08/03/2024
Sex	: Female		
Referred By	: Self		

X - RAY CHEST P.A.

TRACHEA - : Trachea in central,  
CARDIC SHADOW - : The cardiac size and silhouette is normal.  
ANGLES - : Both costophrenic angles are clear.  
PARRENCHYMA - : Both lung fields are clear & have normal volume bronchovascular pattern.  
C/ T RATIO - : Normal  
MEDIASTINUM - : No mediastinal shift is seen.  
DIAPHRAGM - : Both domes of the diaphragm are normal in position, outline & curvature.  
IMPRESSION - : NORMAL FINDING

JPK HOSPITAL

॥ सर्वे सन्तु निरामयः ॥

Dr. J.P. SINGH  
M.D. (Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

Associate Centre

## JPK CLINIC & DIAGNOSTICS

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963 | www.jpkhospital.com



श्री गुरु विद्या

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 38,318  
 Patient Name : Mrs. SAUMYA  
 Age (Y-M-D) : 31 - 0 - 0  
 Sex : Female  
 Referred By : DHS



Bill No. / Day Sr.: 08-Mar-24 12  
 Receiving Date : 08-Mar-24 12  
 Reporting Date :

## ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

<b>LIVER</b>	: Liver is normal in size and echogenicity. No focal or diffuse mass lesion seen. No IHBD dilatation seen.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
<b>PV &amp; CBD</b>	: Portal vein and CBD are normal in their course and calibre
<b>PANCREAS</b>	: Pancreas is normal in size, contour and echotexture.
<b>SPLEEN</b>	: Spleen is normal in size and echogenicity. No mass lesion seen
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen. No hydronephrosis is seen.
<b>URETER</b>	: Normally visualized.
<b>URINARY BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>UTERUS</b>	: Uterus is normal in size 84*31*35 mm and morphology. No obvious space occupying lesion noted
<b>CERVIX</b>	: Normal in size, shape & echogenicity.
<b>OVARY &amp; ADN.</b>	: Both normally visualized.
<b>P.O.D</b>	: No free fluid collection is seen.
<b>BOWEL</b>	: Bowels are normal. No significant gas shadow seen.
<b>IMPRESSION</b>	: <b>NORMAL SONOGRAPHIC STUDY OF ABDOMEN.</b>

Dr. J.P. SINGH  
 M.D. (Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg. No. - 29176  
 Dr. Amit Kumar  
 (Sondlogist.)

**Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.**

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

( NOT FOR MEDICO LEGAL PURPOSE)





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Ph. : 05362-241192, 9196008963  
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Patient ID : JPKH-MRN-48683  
Name : Mrs. SAUMYA SINGH  
Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-004111	<b>Gamma Glutamyl transferase (GGT)</b>	
<b>GGT</b>	20.1 U/L	5-36 U/L (Female) 8-61 U/L (Male)
<b>Observation</b>		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
<b>Lipid Profile</b>		
LRN-004112	<b>Total Cholesterol</b>	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
<b>Total Cholesterol</b>	199.2 mg/dL	
<b>Triglycerides</b>	144.2 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
<b>HDL</b>	42.1 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
<b>LDL</b>	78.2 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
<b>VLDL</b>	28.8 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
<b>TC/HDL Ratio</b>	4.72	( Less than 5.0 )
<b>LDL/HDL</b>	1.85	UPTO 3.5
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS/DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

This is an Electronically Generated Report. This report is based on the examination specified. The report may need to be correlated clinically as laboratory

### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
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- Sample Collection from Home & Online Delivery of Reports
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Name : Mrs. SAUMYA SINGH  
Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
DRF-004112 Glycosylated Haemoglobin	HbA1C 4.2 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
LRN-004111 Serum Creatinine	Serum Creatinine 0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Observation  Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
LRN-004112 Bilirubin Total	Liver Function Test (LFT) 0.53 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.32 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.21 mg/dL	0.0 - 0.8 mg/dL
SGOT	22.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	21.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	88.2 U/L	UPTO 125 U/L
Total Protein	7.22 g/dL	6.0 - 8.0 g/dL
Albumin	4.52 g/dL	3.5 - 5.2 g/dL
Globulin	2.70 g/dL	1.5 - 3.0 g/dL
A/G	1.59	1 - 2
Sample Collection 09 Mar 2024 / 09:43		

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS / DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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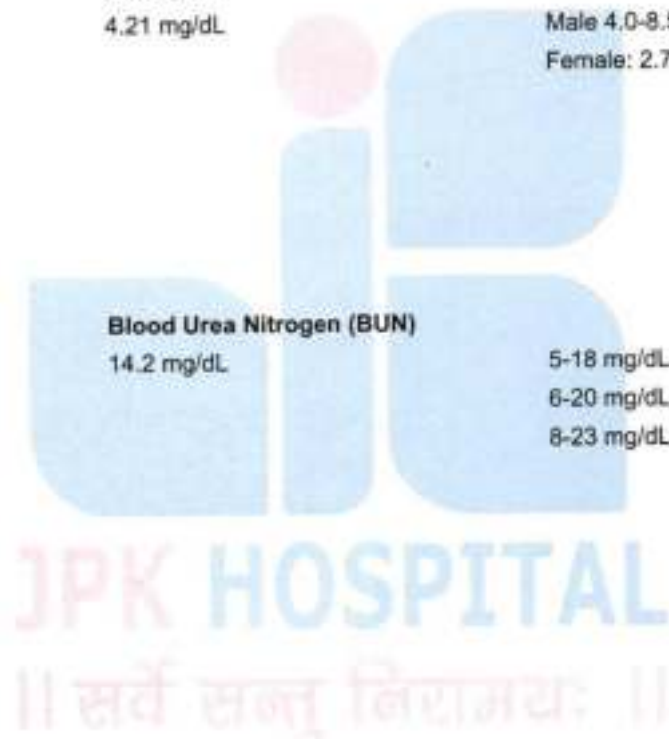
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Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Result Approval 09 Mar 2024 / 13:37		
LRN-004111 <b>Fasting Blood Sugar</b> Observation	<b>Fasting blood sugar</b> 88.0 mg/dL	70-110 mg/dl
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
LRN-004111 <b>Uric Acid</b> Observation	<b>Uric Acid</b> 4.21 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
LRN-004112 <b>Blood Urea Nitrogen (BUN)</b>	<b>Blood Urea Nitrogen (BUN)</b> 14.2 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		



*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. SHIWANGI*  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Name : Mrs. SAUMYA SINGH  
Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
LRN-004110	<b>Blood grouping and Rh typing</b>	
<b>Blood Group</b>	O	
<b>RH Typing</b>	POSITIVE (+)	
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
<b>Complete Blood Count</b>		
LRN-004108	<b>Haemoglobin</b>	11.8 g/dL
		13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	5470	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	43 %	40-75 %
<b>Lymphocytes</b>	40 %	20-45 %
<b>Eosinophils</b>	11 %	01-08 %
<b>Monocytes</b>	06 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	3.97 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	35.8 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	90.2 fl	75-95 fl
<b>MCH</b>	29.7 pg	26-32 pg
<b>MCHC</b>	33.0 %	30-35%
<b>Platelet Count</b>	168000 cells/cumm	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	12.9 fL	7.5-11.5 fL
<b>RDW-CV</b>	14.0 %	11-16 %
<b>RDW-SD</b>	47.6 %	35-56 %
Observation		
Sample Collection 09 Mar 2024 / 09:43		

*Rakesh*

Rakesh Sharma  
Lab Technician

*Shiwangi*  
**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48683  
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Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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Result Approval 09 Mar 2024 / 13:37

LRN-004108  
**Erythrocyte sedimentation Rate (ESR)**  
08 mm/hr  
Male : 0 - 10 mm/hr  
Female : 0 - 20 mm/hr

Observation

Sample Collection 09 Mar 2024 / 09:43  
Result Approval 09 Mar 2024 / 13:37



  
Rakesh Sharma  
Lab Technician

  
**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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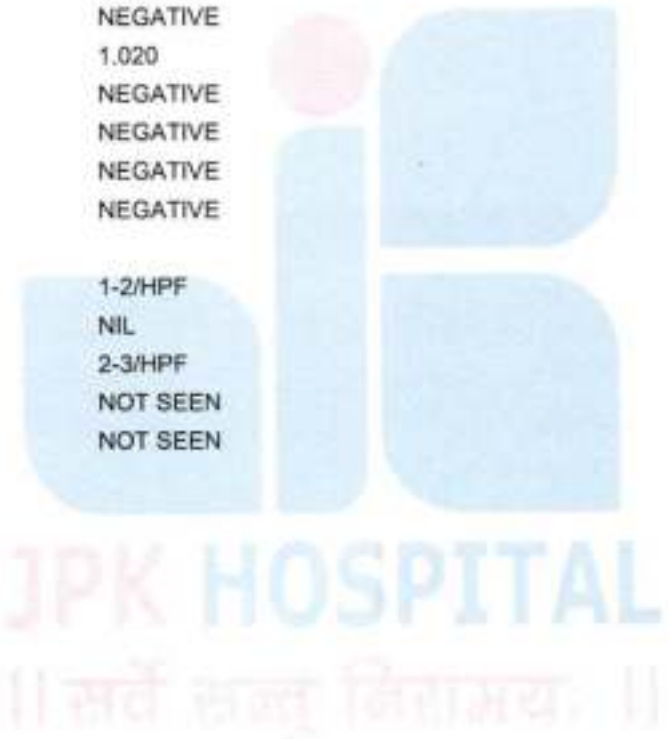
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Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>Clinical Pathology</b>		
<b>URINE-ROUTINE/MICROSCOPY</b>		
LRN-004114		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	1-2/HPF	
RBC	NIL	
Pus Cells	2-3/HPF	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		



*Rakesh*  
Rakesh Sharma  
Lab Technician

*Dr. SHIWANGI*  
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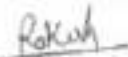
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Patient ID : JPKH-MRN-48683  
Name : Mrs. SAUMYA SINGH  
Age/Gender : 32Y/F  
Date/Time : 09-03-2024/09:32  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>CHEMILUMINESCENCE IMMUNOASSAY</b>		
<b>Thyroid Function Test (T3, T4, TSH)</b>		
UR06-004115		
T3	0.72 ng/mL	0.69-2.15
T4	66.2 ng/mL	52-127
TSH	2.72 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:37		
— End of Report —		



  
Rakesh Sharma  
Lab Technician

  
Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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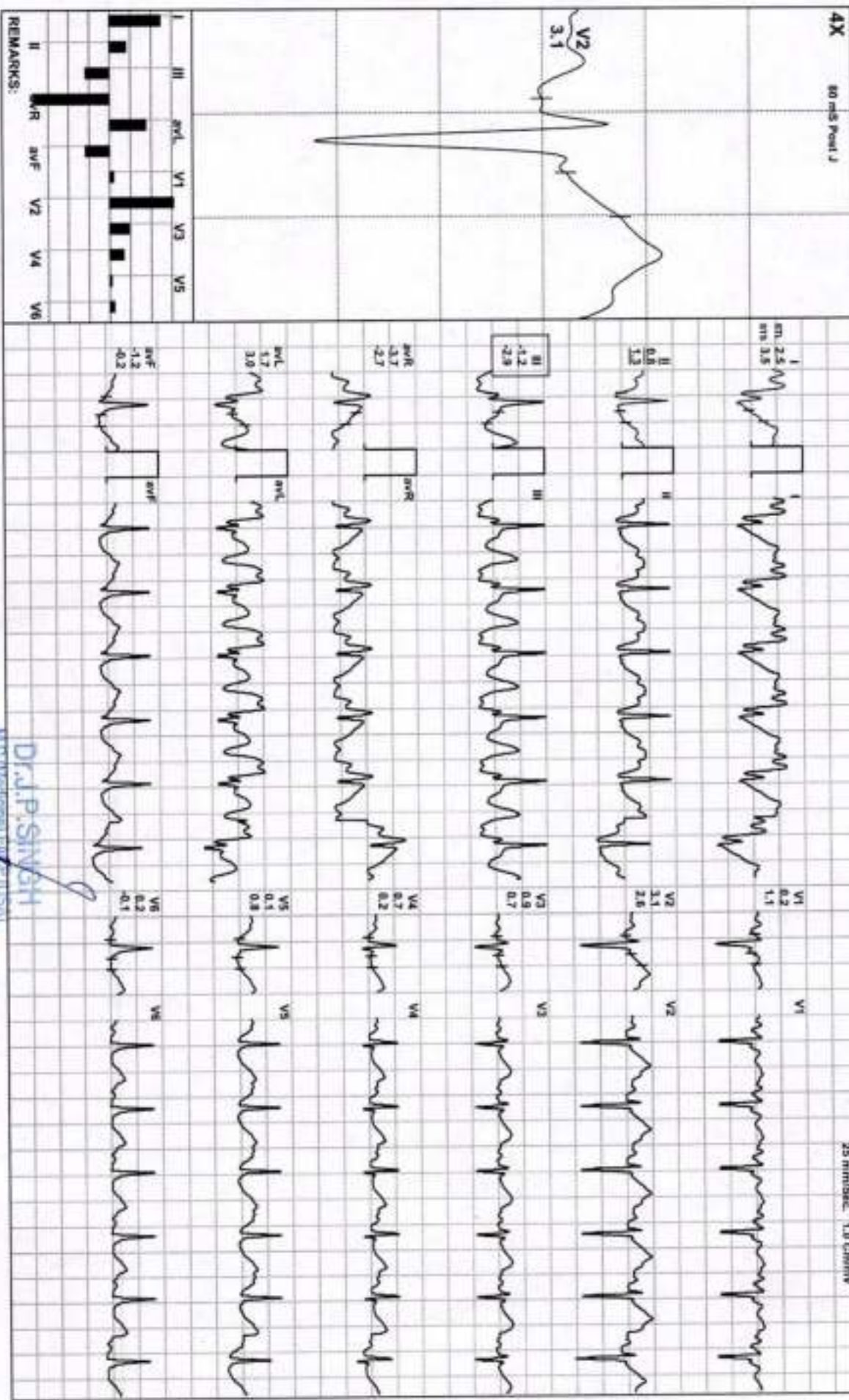




Date: 08 - 03 - 2024

NETS-1.0V/111 bpm 99% of T-RR BP- 125/82 mmHg Combined Medication B/C On Natch On/ HF 0.05 Hdr/LF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0% 25 mm/sec, 1.0 Cm/Div



Dr. J.P. SINGH  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)

**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

**BRUCE: Standing(0:18)**



SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 111

Date: 06 - 03 - 2024

MEETS: 1.0/ 111 bpm/ 59% of THR BP: 125/82 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Halfp 35 Hz

EXTIME: 00:00 0.0 mph 0.0%

4X 40 mS Post J



REMARKS:

**Dr. J.P. Singh**  
 M.D. (Internal Medicine)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt Ltd.)



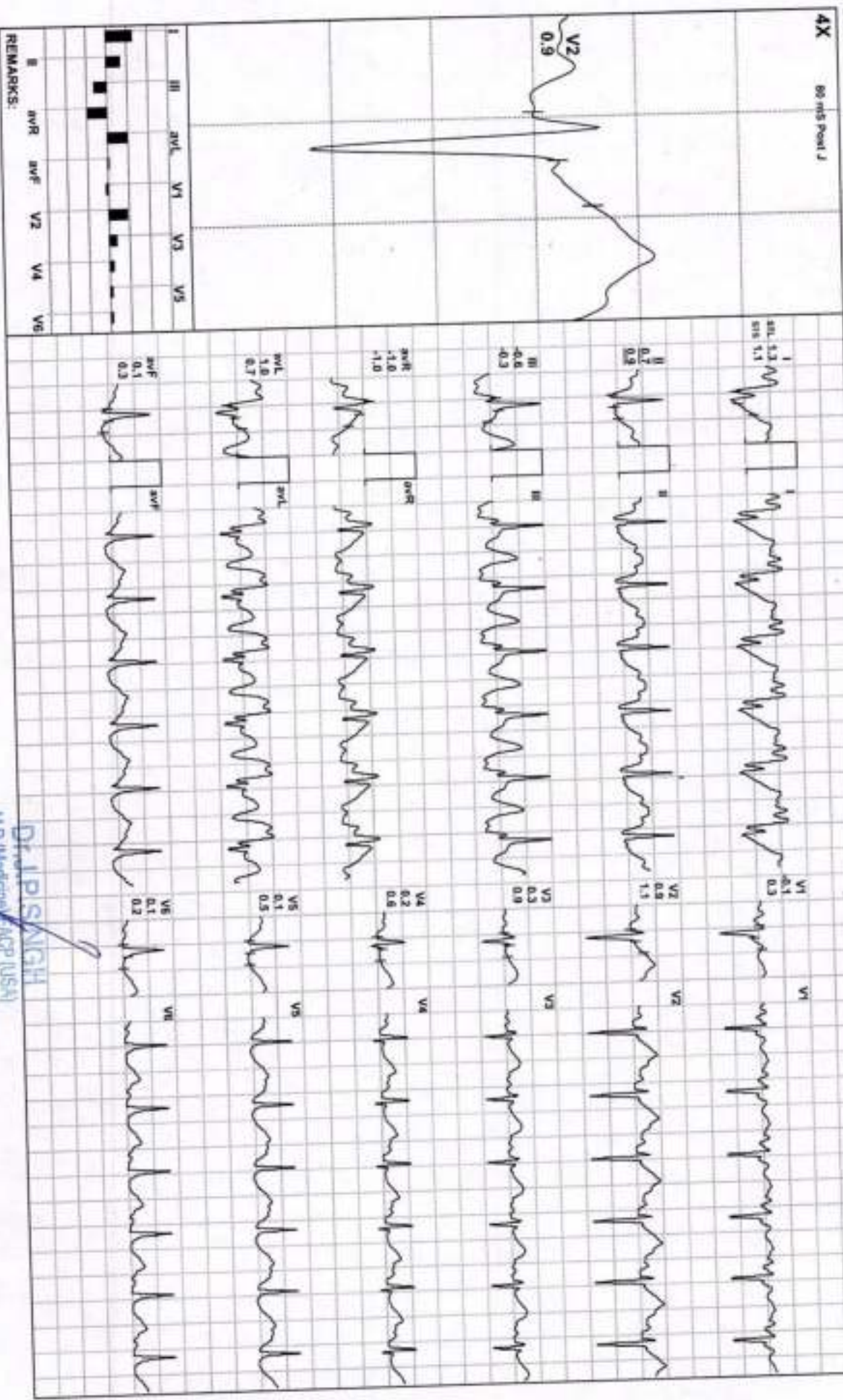
**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 111

Date: 08 - 03 - 2024

METS: 1.0/ 111 bpm 99% of T-R BP: 125/82 mmHg Combined Median/ BLC Ovr Natch Ovr HF 0.05 H&LF 35 Hz

EXTime: 00:00 0.0 mpm, 0.0%  
25 minSec, 1.8 Cm/mV



REMARKS:

I III aVR aVL V1 V2 V3 V4 V5 V6

II aVF V1 V2 V3 V4 V5 V6

III aVR aVL V1 V2 V3 V4 V5 V6

aVR aVL V1 V2 V3 V4 V5 V6

aVF V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

V1 V2 V3 V4 V5 V6

**Dr. J.P. Singh**  
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Director & Consultant Physician  
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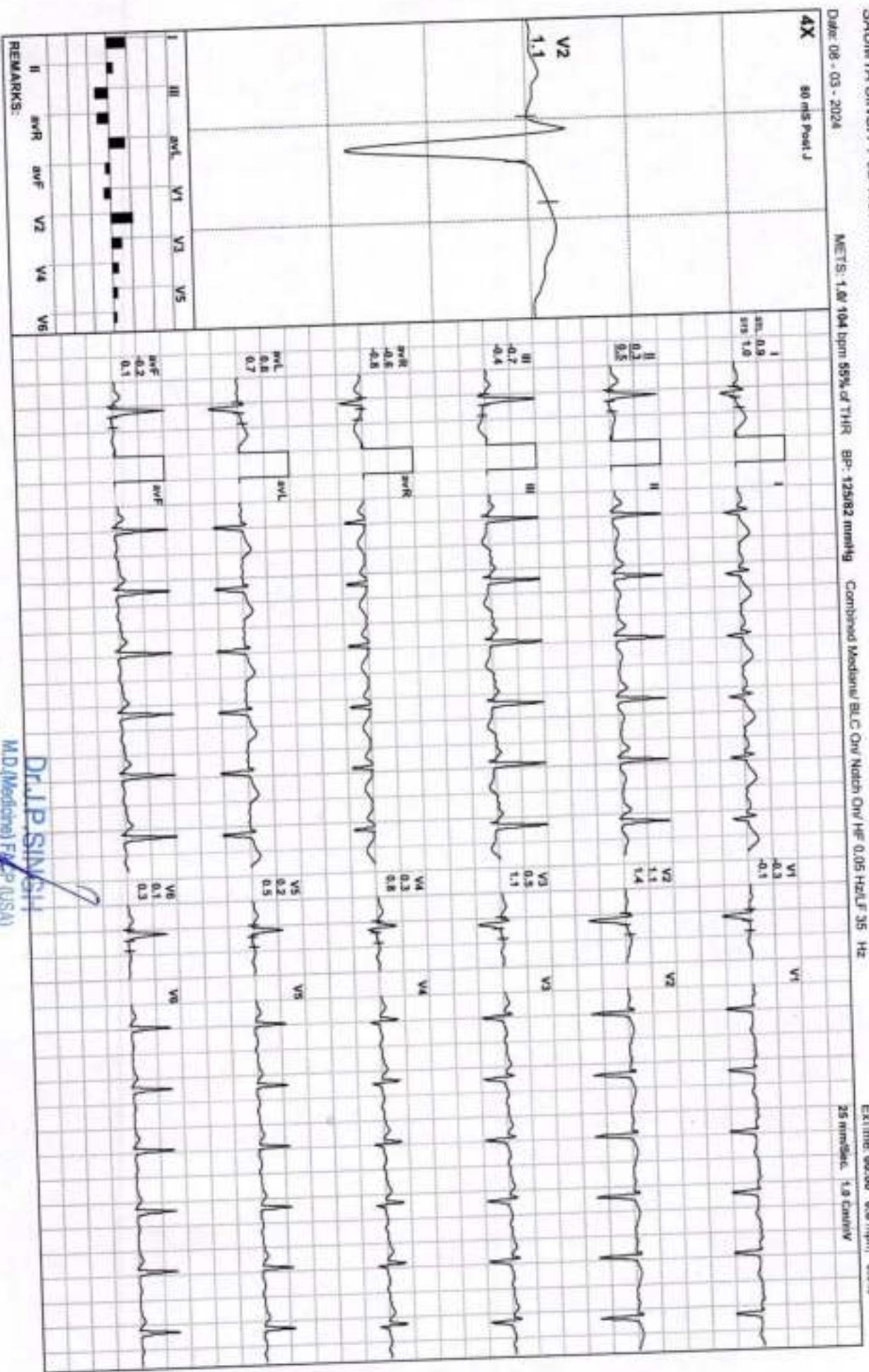
SAUNIYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 104

Date: 06 - 03 - 2024

NETS - 1 at 104 bpm 55% of THIR BP- 120/82 mmHg Combined Mediana/ BLC ON/ Natch ON/ HF 0.05 Hz/ LF 35 Hz

ExTime: 00:00 0.0 mpm 0.0%

BRUCE: Warm Up(0:05)



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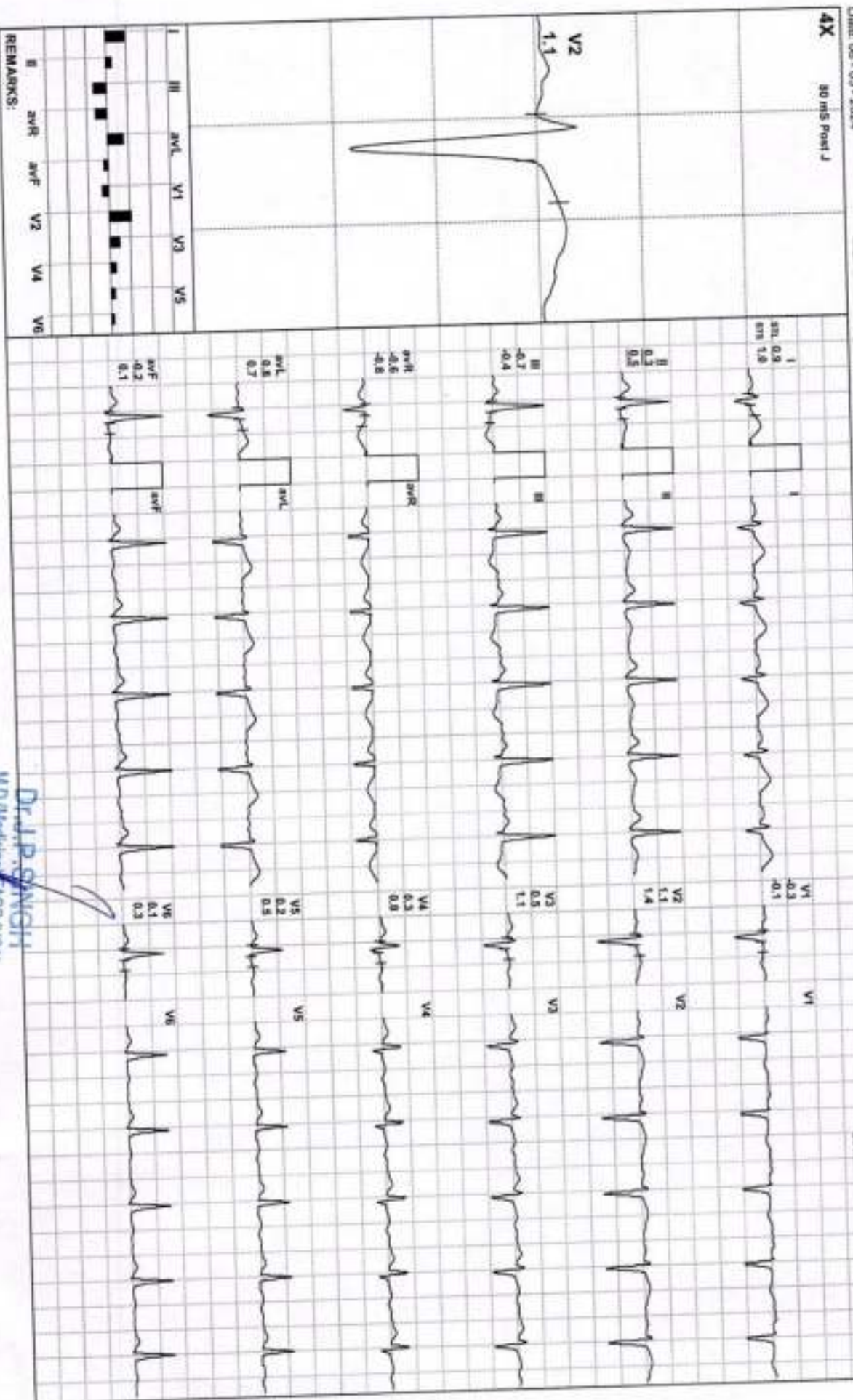
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**SAUMYA SINGH / 32 YRS / F / 163 Cms / 76 Kg / HR : 96**

Date: 06 - 03 - 2024 METS: 1.1/96 bpm 51% of THR BP: 125/82 mmHg Confirmed Meds: BLC Ovi Neoch Ovi HF 0.05 Hg/LF 3S Hz

EXTime: 00:00 1.7 mph 10.0%  
28 mm/Sec 1.8 Cm/IV

ExStart



REMARKS:

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SAURJYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 136

**BRUCE: Stage 1(3:00)**

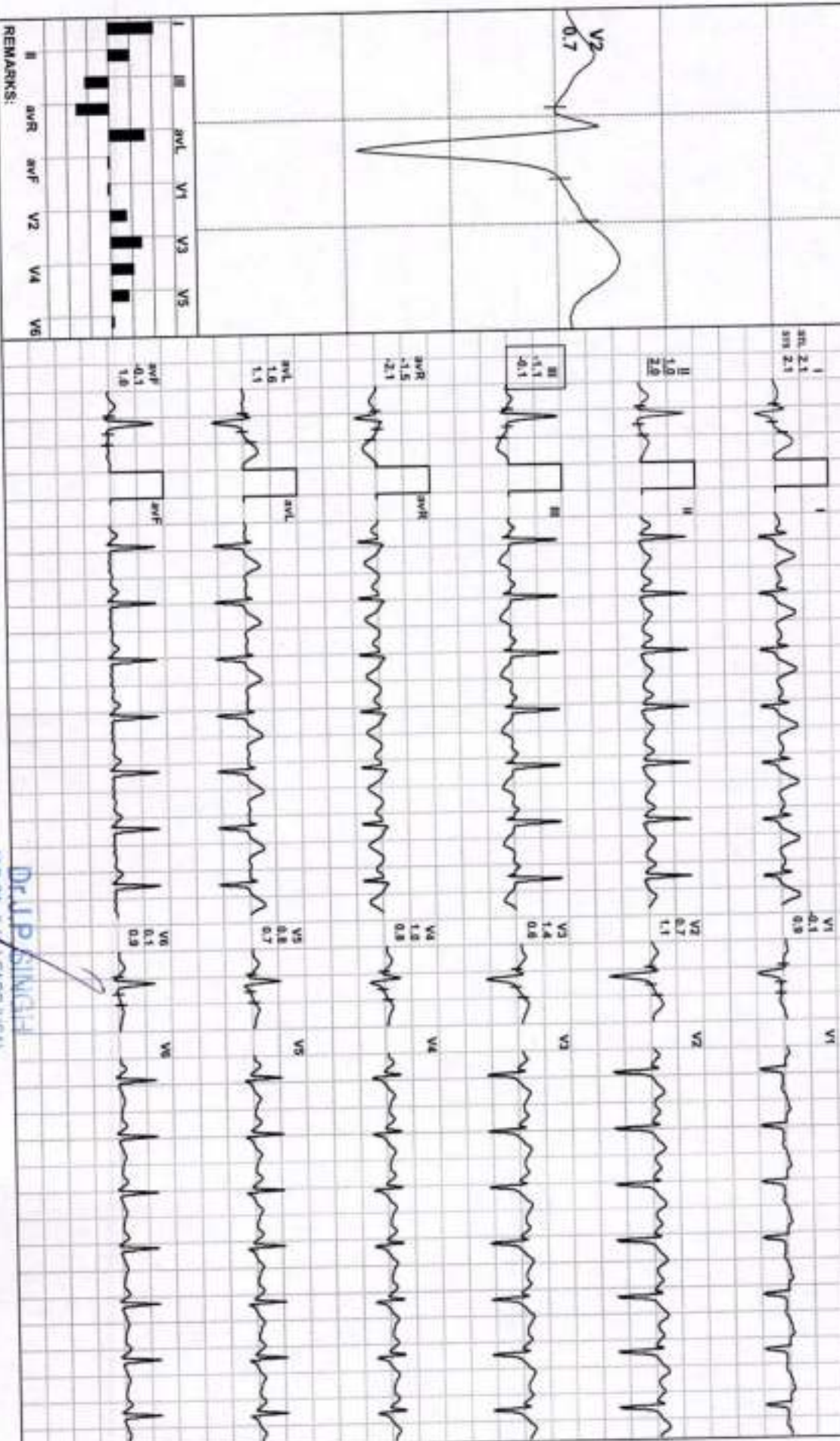
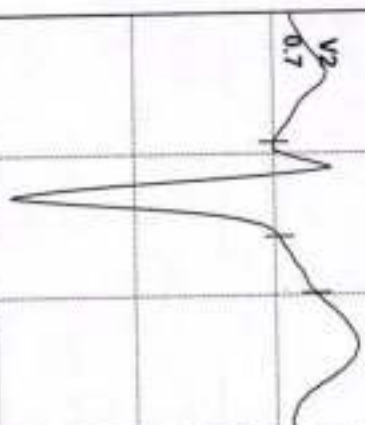


Date: 06 - 03 - 2024

METS: 4.7/ 136 bpm 72% of THR BP: 127/85 mmHg Combined Meds: B/C Oiv Naloxi Oiv HF: 0.05 H2/L/F 35 Hz

EXTRAC: 03:00 1.7 mph 10.0%  
25 mm/sec 1.0 Cm/div

4X 40 m/s Post J



REMARKS:

**DRIP SINGH**  
M.D. (Medicine) FACP (USA)  
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**BRUCE: Stage 2(3:00)**



SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 156

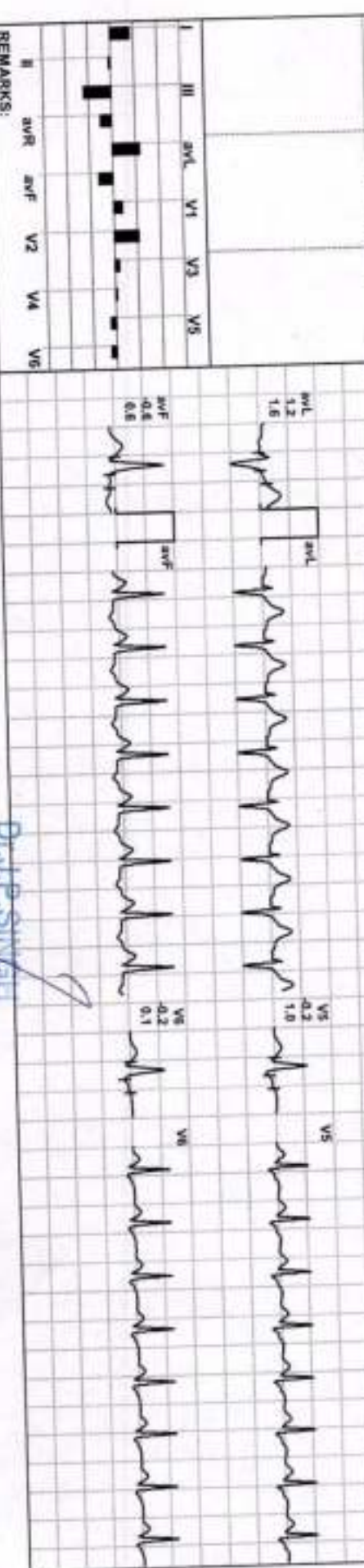
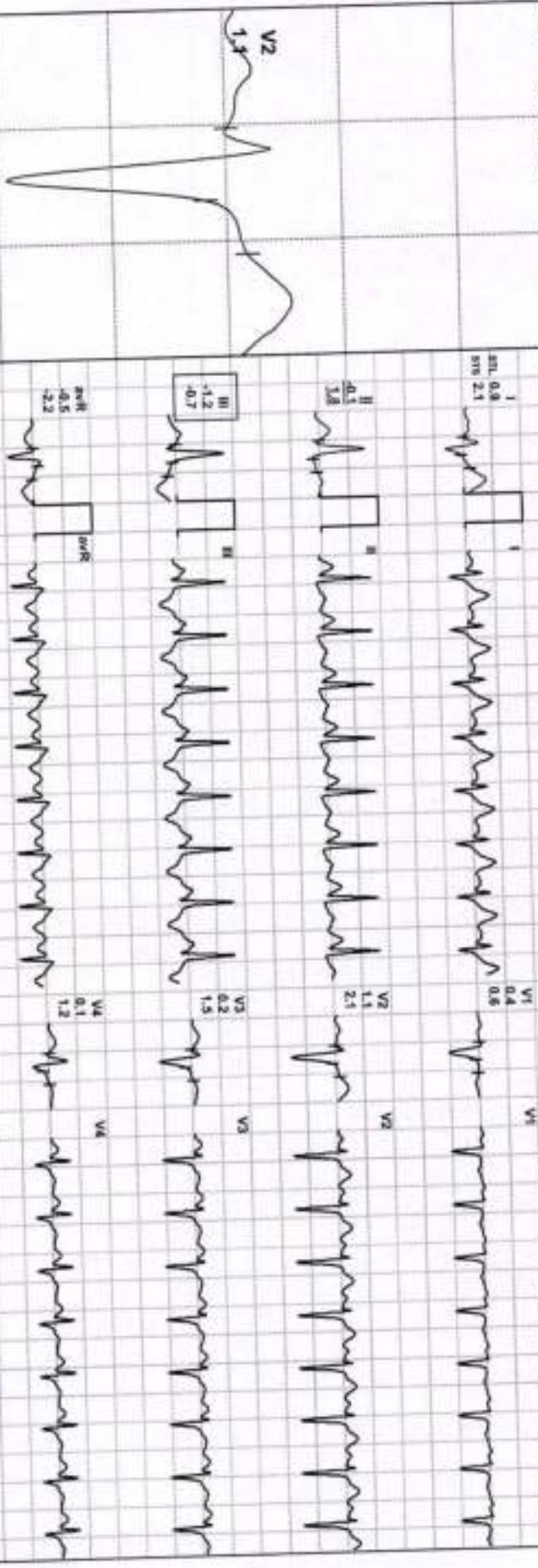
Date: 08 - 03 - 2024

METS: 7.1/156 bpm 83% of THR BP: 130/88 mmHg Combined Mediana/ BLC On/ Natch On/ HF 0.05 Hc/L F 35 HE

EXTime: 08:00 2.5 mph 12.0%

25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



REMARKS:

**Dr. J.P. SINGH**

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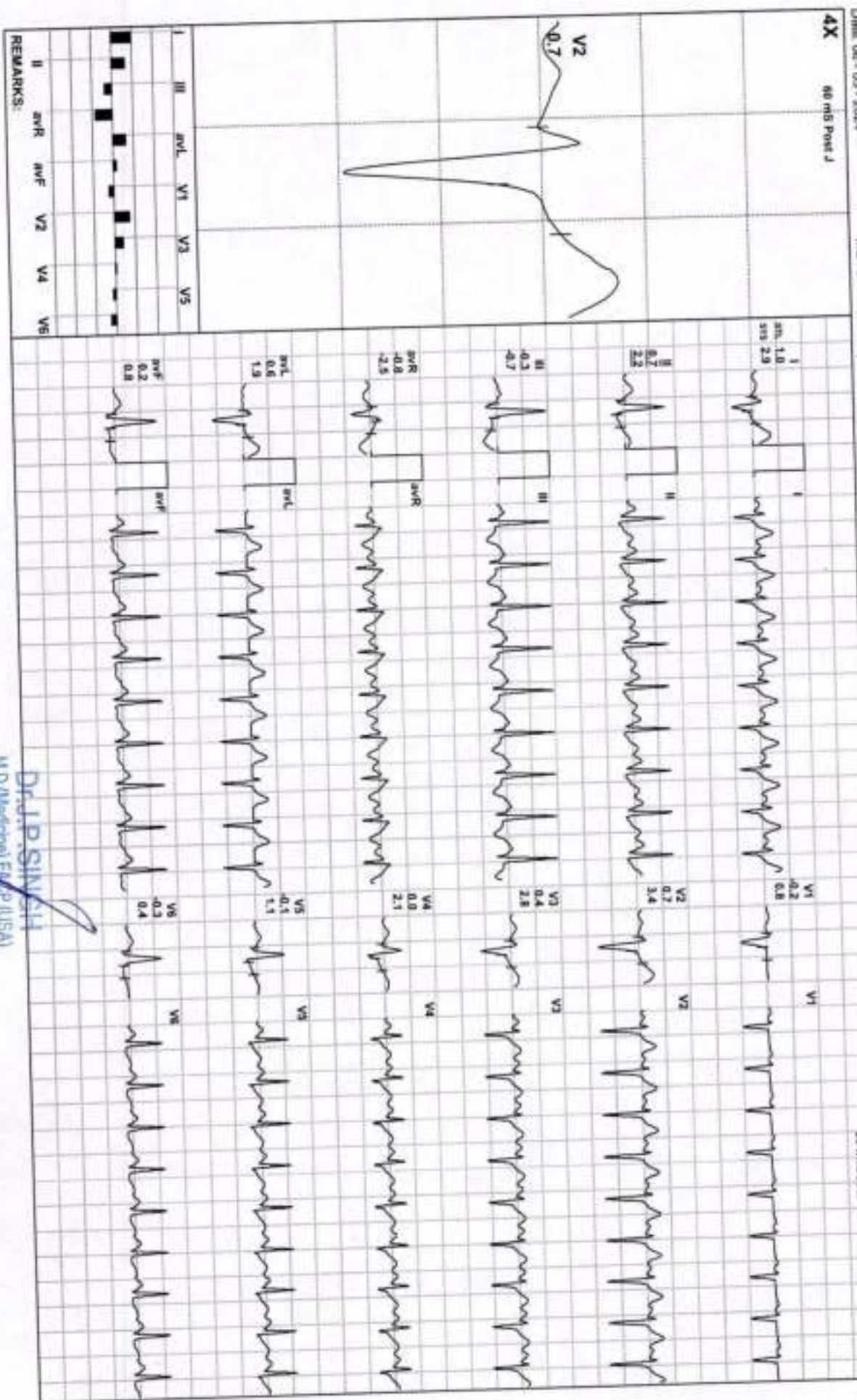
SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 170

Date: 08.03.2024

METS: 10.2/ 170 bpm 90% of THR BP: 132/90 mmHg Combined Modern/ BLC On/ Natch On/ HF: 0.05 HDLP 35 HZ

EXTIME: 09:00 3.4 min, 14.0%  
25 mm/sec, 1.8 Cm/mV

PeakEx

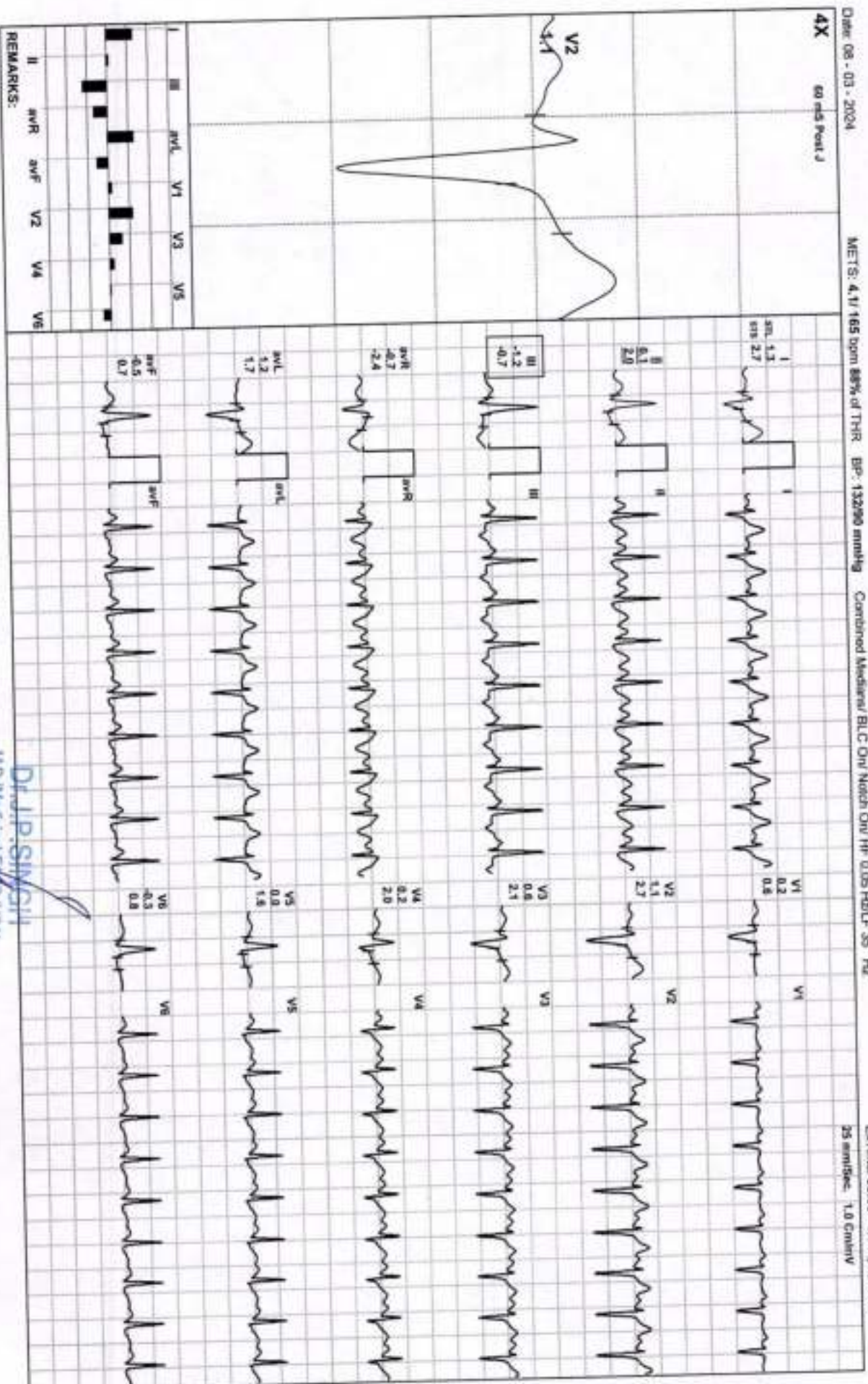


REMARKS:

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Recovery(0:30)



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**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 147

Date: 08 - 03 - 2024

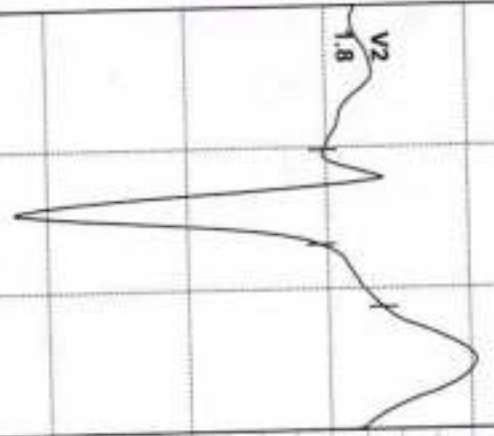
METS: 1.41 147 bpm 78% of THR BP: 130/88 mmHg Combined Median/ B.C. Cav Natch Cav HF 0.05 HALF 35 Hz

EXTIME: 08:59 1.0 mph 0.0%

Recovery(1:00)

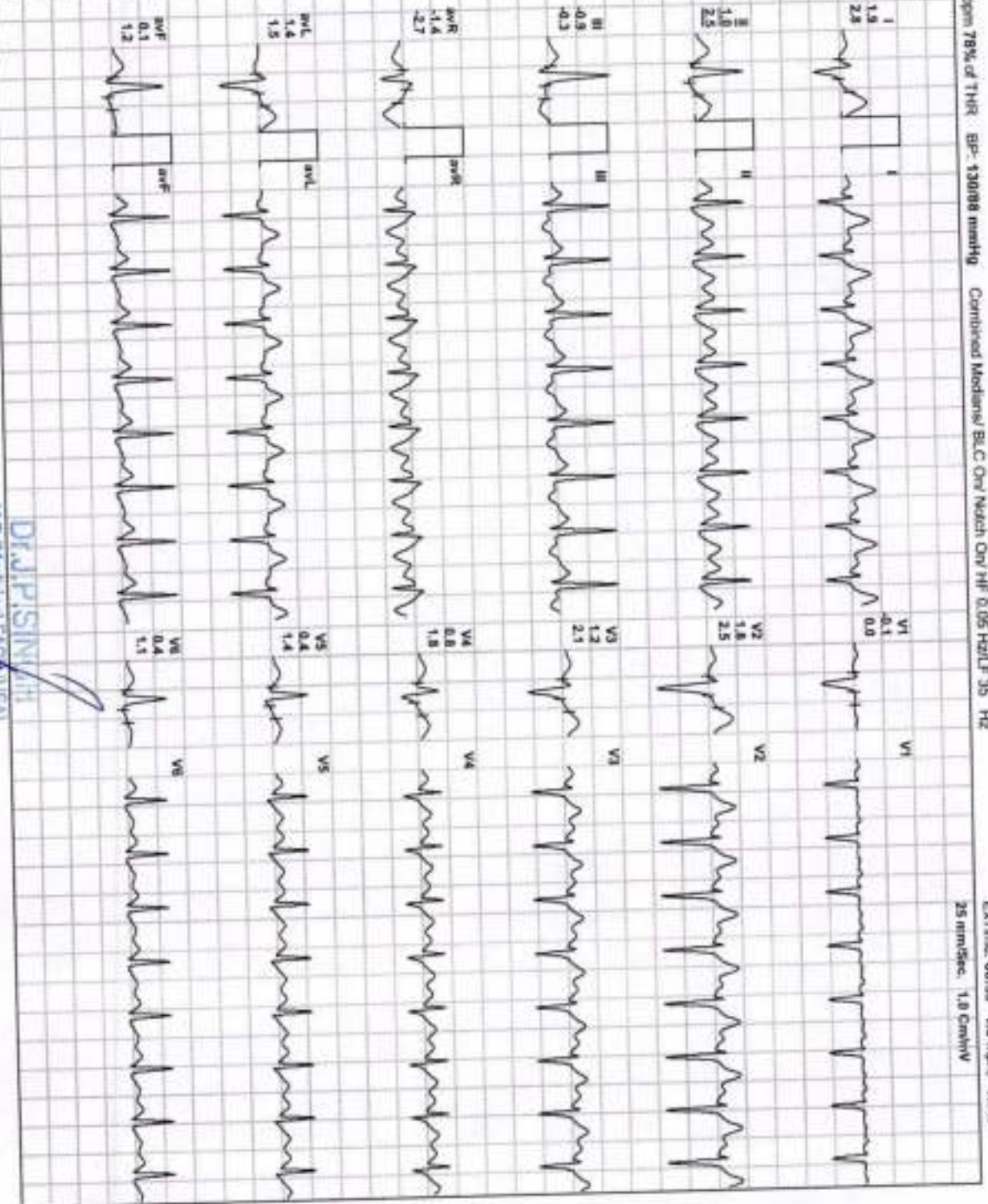


4X 60 ms Post J



Lead	Q	R	S	T	U
I					
II					
III					
aVR					
aVL					
aVF					
V1					
V2					
V3					
V4					
V5					
V6					

REMARKS:



Dr. J.P. Singh  
 M.D.(Medicine) FRC (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)



**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg / HR : 145

Date: 08 - 03 - 2024

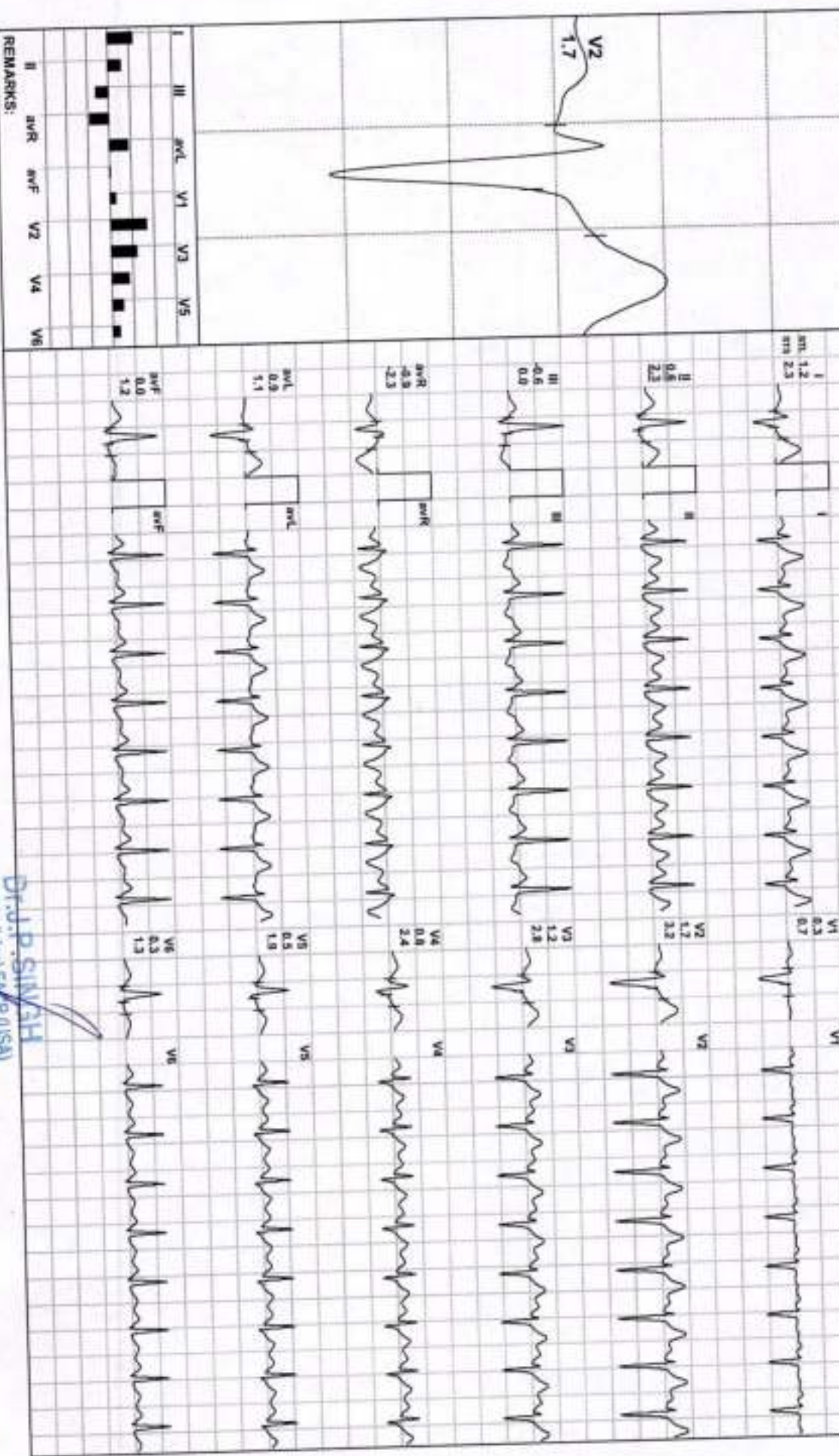
METS: 1.0/ 145 bpm 77% of THR BP- 130/88 mmHg Combined Median/ BLC Ov Natch Ov HF 0.05 Hz/LF 35 Hz

E-Time: 08:59 0.0 mph, 0.0%  
25 mm/Sec, 1.9 Cm/mV

Recovery(1:09)



4X 60 ms Post J



REMARKS:

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**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**  
**TATVANAGAR CHAURAHA SULTANPUR EM:II:**

Report



**SAUMYA SINGH / 32 Yrs / F / 163 Cms / 76 Kg**  
**Date: 08 - 03 - 2024** Technician : nisha yadav Examined By: **DR J P SINGH**  
 Non-Cardiac/Pain Angina /Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RRP	PVC	Comments
Supine	00:19	0:19	00.0	00.0	01.0	111	59 %	125/82	138	00	
Standing	00:22	0:03	00.0	00.0	01.0	111	59 %	125/82	138	00	
HV	00:27	0:05	00.0	00.0	01.0	111	59 %	125/82	138	00	
Warm Up	00:32	0:05	00.0	00.0	01.0	104	55 %	125/82	130	00	
ExStart	00:37	0:05	01.7	10.0	01.1	096	51 %	125/82	120	00	
BRUCE Stage 1	03:37	3:00	01.7	10.0	04.7	136	72 %	127/85	172	00	
BRUCE Stage 2	06:37	3:00	02.5	12.0	07.1	156	83 %	130/88	202	00	
PeakX	09:36	2:59	03.4	14.0	10.2	170	90 %	132/90	224	00	
Recovery	10:06	0:30	01.0	00.0	04.1	165	88 %	132/90	217	00	
Recovery	10:36	1:00	01.0	00.0	01.1	147	78 %	130/88	191	00	
Recovery	10:44	1:09	00.0	00.0	01.0	145	77 %	130/88	188	00	

**FINDINGS :**

Exercise Time : 08:59  
 Max HR Attained : 170 bpm 90% of Target 188  
 Max BP Attained : 132/90 (mm/Hg)  
 Max Workload Attained : 10.2 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -1.2 mm in ExStart  
 Test End Reasons : Test Complete

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE  
 OTHER INVESTIGATION : NO

**Doctor: DR J P SINGH**  
 M.D./Medicine/ACP (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)



REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
**Dr. J.P. SINGH**  
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