

Name : Ms. SUBHRA NATH (45 /F)

Date : 10/02/2024

Address :

Examined by:

UHID : AMHL.0002294255

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH195907



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma
Hypertension Since - 8 yrs; Medication -
regular



DRUG ALLERGY

NO KNOWN ALLERGY :10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 9/2/2024; Periods - regular;
No of Children - 2; No of deliveries - 2; Deliveries -
LSCS

Eyes

Vision - defective; Glasses - no

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Present medications

- T Telmiking AM
T Telmiking beta



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Covid 19 - No
Typhoid - in childhood



Surgical history

Caesarian section - 2004, 2006



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Brothers - 1
Hypertension - father, mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - obese

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Height - 158
Weight - 88
BMI - 35.25
Pallor - No
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 66
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 78
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No
Scars - Pfannenstiel

 **Skin**

- No significant finding

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.2 *	g/dl	●	12.0-15.0
RBC COUNT	4.03	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.3 *	%	●	36-46
MCV	87.5	fl	●	83-101
MCH	27.7	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	16.4 *	%	●	11.8-14.0
WBC Count	7100	/cu mm	●	4000-10000
Platelet Count	1.95	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	21	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	36 *	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	106 *	U/L	●	33-98
AST (SGOT) - SERUM	20	U/L	●	0-35

BILIRUBIN TOTAL - 0.9 mg/dL ● 0.3-1.2
SERUM

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	138	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	95	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	115	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED
HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	4.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	44	mg/dL	●	30-70

● Within Normal Range ● Borderline High/Low ● Out of Range

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LDL CHOLESTEROL -SERUM	88	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	6	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.7 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.3	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.98	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	77	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.68	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.8	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.3	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.1		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.3			

ECG

SINUS RHYTHM.
LOW VOLTAGE QRS T WAVES.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 81 %) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.
* Bilateral polycystic ovarian appearance - suggested follow up scan and hormonal correlation if clinically indicated.

Dr. SATYAM MISHRA
DNB RESIDENT
In Consultation with

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)
URINE ROUTINE AND MICROSCOPY
URINE SUGAR- FASTING(QUALITATIVE)

Histopathology

PAP SMEAR /CERVICAL SMEAR

● Within Normal Range ● Borderline High/Low ● Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

High Risk

YOUR SCORE

9

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
 - o Uncontrolled high blood pressure
 - o Diabetes
 - o Dyslipidemia
 - o Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515