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Dr. Vimmi Goel MBBS, MD (Internal Medicine) Sr. Consultant Non Invasive Cardiology Reg. No: MMC- 2014/01/0113 Phone No.: 7499913052	1S-KINGSWAY HOSPITALS
Name: Mas - Amita Nagpure	Date: 11/03/24
Age: 3747 Sex: MF Weight: 64. kg Height: 157.5 inc	BMI: 25-8
BP: 127 80 mmHg Pulse: 66 min bpm SP02 - 1007.	RBS:mg/dl



InBody270

ID	Height	Age	Gender	Test Date / Time
2324040130	157.5cm	37	Female	11.03.2024 11:58

Body Composition Analysis

Sum of the above	Weight	(kg)	64.1	(45.3~61.3)
Where my excess energy is stored	Body Fat Mass	(kg)	25.2	(10.7~17.1)
What I need for strong bones	Mineral	(kg)	2.77	(2.51~3.07)
What I need to build muscles	Protein	(kg)	7.6	(7.3~8.9)
Total amount of water in my body	Total Body Water	(T.)	28.5	(27.2~33.2)

Muscle-Fat Analysis

		U	nder		Normal				0	ver			
(``/eight	(kg)	55	70	85	100	115	64. I	145	160	175	190	205	%
SMM Skeletal Muscle Mass	(kg)	70	80	90	20.8^{100}	110	120	130	140	150	160	170	%
Body Fat Mass	(kg)	10	60	80	100	160	220	280	2^{340}	100	460	520	%

Obesity Analysis

	U	nder		Norma	4-3 M 400			Ov	er		1
BMI Tests Masslinky (kg m ²	10.0	15.0	18.5		25.0	^{30.0} 25.8	35.0	10. 0	15.0	50.0	55.0
PBF (° o) Percent Body Fas	8.0	13.0	18, 0	23.0	28.0	33.0	38.0	^{13.0} 39.3	48.0	53.0	58.0

Lean Mass Segmental Lean Analysis

((1.78 kg 86.1 ° •		1.80 kg 87.1 ° .		20	1.9 kg)9.8 ° o	1.9 kg 208.0 °°	
	Normal		Normal			Over	Over	
Left		17.0 kg 90.7 °. Normal		Right	Left	246	. 3 kg . 0 ° °	Right
	5.88 kg		5.76 kg			4.0 kg	4. 0 kg	
	89.9 %		88.1 %		17	75.0 °	174.8 ••	
	Under		Under			Over	Over	

* Segmental fat is estimated.

Segmental Fat Analysis

Fat Mass %

Evaluation

Body Composition History

Weight	(kg)	64.1			
SMM Skeletal Muscle Mass	(kg)	20.8			
PBF Percent Body Fat	(° ₀)	39 . 3			
🖌 Recent 🗆	Fotal	11. 03. 24 11:58			

InBody Score



* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Weight Cor	trol	
Target Weight Weight Control Fat Control Muscle Control	53. 3 kg -10. 8 kg -12. 9 kg +2. 1 kg	
Obesity Eva	luation	
BMI (Normal 🗆 Under 🖌 Slightly Over	
PBF	Normal 🗆 Slightly 🗹 Over	
+Waist-Hip F		
0.88	0.75 0.85	-
Visceral Fa		
Level	3 Low 10 High	1
Research P	arameters	
Fat Free Mass	38.9 kg	
Basal Metabolic Ra	1211_{kcal} (1330~1543)
Obesity Degree	$120 \circ_{\circ}$ ($90 \sim 110$)
SMI	6. 1 kg/m^2	
Recommended calo	ie intake 1551 kcal	
Calorie Ex	enditure of Exercise	
Golf	113 Gateball 122)
Walking	128 Yoga 128	8
Badminton	145 Table Tennis 143	5
Tennis	192 Bicycling 192	2
Boxing	192 Basketball 192	2
Mountain Climb	ng 209 Jumping Rope 22-	ł
Aerobics	224 Jogging 22-	ł
Soccer	224 Swimming 22-	l
Japanese Fenc	ng 321 Racketball 321	
Squash	321 Taekwondo 321	1
*Based on your		
*Based on 30 million	ute duration	

*Based on 30 minute duration

Impedance

 Dr. Rahul Atara BDS, MDS (Endodontics) Sr. Consultant Dental Surgeon Reg. No: A-16347

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Name	Mes. Amita Nagpure	Date: 11 3 2 4
Age :	37 yes Sex: M/F Weight: kg Height: inc BMI:	
		mg/dl
	Routine Dental Check Up	
0	C/E - Retation E 5/5	
	- stains t	
	- stains t - Calculus t	
	Adv - Full Mouth Scaling	
	- Orthodontic T/t.	
(
	De. TrupH N.	



KIMS - Kingsway Hospitals

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(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

44, Kingsway, Near Kasturchand Park, Nagpur,

Maharashtra, India - 440001.

Ph No.:1800 266 8346 Mobile No.:+91-7126789100

Email :assistance@kimshospitals.com/Website :www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY OUT PATIENT ASSESSMENT RECORD

AMITA NAGPURE	CONSULT DATE : 11-03-2024	DR. ASHISH PRAKASHCHANDRA
37Y(S) 0M(S) 1D(S)/F	CONSULT ID OPC2324123332	KAMBLE
UMR2324040130	CONSULT TYPE	MBBS.MS. FVRS.FICO
7263023997		CONSULTANT
MARRIED	TRANSACTION	DEPT OPHTHALMOLOGY
	ТҮРЕ	

VITALS

Temp: Pulse: BP (mmHg): spO2: Pain Score: Height: – °F – /min

CHIEF COMPLAINTS

-- %RA -- /10 -- cms ROUTINE CHECK UP

Weight: BMI:

– kgs -

MEDICATION PRESCRIBED

#	Medicíne	Route	Dose	Frequency	When	Duration
	HYMOIST EYE	Eye	1-1-1-1	Every Day	NA	2 months
1	DROP 10ML	Instructions : -				1
	Composition : SODIUM HY	ALURONATE 0.1% W/V				

NOTES

GLASS PRESCRIPTION :-DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION	
RIGHT EYE	00	00	00	6/6	
LEFT EYE	00	00	00	6/6	
NEAR ADDITION					Clamble
					Dr. Ashish Prakashchandra Kamble
RIGHT EYE			00	N6	MBBS,MS, FVRS,FICO Consultant
					Printed On :11-03-2024 15:41:10
LEFT EYE			00	N6	

REMARK-

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DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. AMITA NAGPURE			
Bill No/ UMR No	:BIL2324083926/UMR2324040130			
Received Dt	:11-Mar-24 11:00 am			

Age / Gender: 37 Y(s)/FemaleReferred By: Dr. Vimmi Goel MBBS,MDReport Date: 11-Mar-24 12:44 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	Biological Reference	<u>Method</u>
Haemoglobin	Blood	11.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		35.2	36.0 - 46.0 %	Calculated
RBC Count		4.05	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		87	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.5	31.5 - 35.0 g/l	Calculated
RDW		14.9	11.5 - 14.0 %	Calculated
Platelet count		421	150 - 450 10^3/cumm	Impedance
WBC Count		7700	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		56.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		39.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.7	1-6 %	Flow Cytometry/Light microscopy
Monocytes		2.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0-1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4365.9	2000 - 7000 /cumm	Calculated

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Page 1 of 2





DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. AMITA NAGPURE		Age /Gender	: 37 Y(s)/Fem	ale
Bill No/ UMR No	: BIL2324083926/UMR	2324040130	Referred By		
Received Dt	:11-Mar-24 11:00 am	ı	Report Date		
Parameter	Specimen	<u>Results</u>	Biologica	Reference	Method
Absolute Lymphocy		3041.5	1000 - 4800 /cu	mm	Calculated
Absolute Eosinophil	Count	130.9	20 - 500 /cumm		Calculated
Absolute Monocyte	Count	161.7	200 - 1000 /cun	nm	Calculated
Absolute Basophil (Count	0	0 - 100 /cumm		Calculated
PERIPHERAL SI	MEAR		,		
RBC		Normochromic			
WBC		Normocytic As Above			
Platelets		Adequate			
ESR		13	0 - 20 mm/hr		Automated Westergren's Method
		*** End Of Re	eport ***		Westergreit's Method

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Suggested Clinical Correlation \ast If neccessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD CONSULTANT PATHOLOGIST





CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Bill No/ UMR No : BIL2	AMITA NAGPURE 324083926/UMR ar-24_11:00 am	2324040130	Age /Gender : 37 Y(s)/ Referred By :Dr. Vimm Report Date :11-Mar-2	ni Goel MBBS,MD
Parameter Fasting Plasma Glucose	Specimen Plasma	Results 85	<u>Biological Reference</u> < 100 mg/dl	<u>Method</u> GOD/POD,Colorimetric
GLYCOSYLATED HAEN	MOGLOBIN (H	1 BA1C) 4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
		*** End Of Re		

Suggested Clinical Correlation * If neccessary, Please

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Phone: +91 0712 6789100 CIN: U74999MH2018PTC303510





DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. AMITA NAGPURI	E	Age /Gender : 37 Y(s)/	Female
Bill No/ UMR No	: BIL2324083926/UMF	2324040130		mi Goel MBBS,MD
Received Dt	:11-Mar-24 11:00 an		_	24 12:44 pm
LIPID PROFI				24 12.44 pm
LIFID FROFI	LE			
<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>		Method
Total Cholesterol	Serum	138	< 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		56	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Dir	ect	46	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Dir	ect	74.38	< 100 mg/dl	Enzymatic
VLDL Cholesterol		11	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3	3 - 5	Calculation
Intiate therapeut	ic		Consider Drug therapy	LDC-C
CHD OR CHD risk e	equivalent	>100	>130, optional at 100-129	<100
Multiple major risk	factors conferring			
10 yrs CHD risk>20	_			
Two or more additi	onal major risk	>130	10 yrs risk 10-20 % >130	<130
factors,10 yrs CHD	risk <20%		10 yrs risk <10% >160	
No additional major	r risk or one	>160	>190,optional at 160-189	<160
additional major ris	sk factor			

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

 Patient Name
 : Mrs. AMITA NAGPURE
 Age /

 Bill No/ UMR No
 : BIL2324083926/UMR2324040130
 Refer

 Received Dt
 : 11-Mar-24
 11:00 am
 Rener

Age / Gender: 37 Y(s)/FemaleReferred By: Dr. Vimmi Goel MBBS,MDReport Date: 11-Mar-2412:44 pm

LIVER FUNCTION TEST(LFT)

B

ParameterTotal BilirubinDirect BilirubinIndirect BilirubinAlkaline PhosphataseSGPT/ALTSGOT/ASTSerum Total ProteinAlbumin Serum	Specimen Serum	Results 0.21 0.19 0.02 66 26 29 7.27 4.16	Biological Reference 0.2 - 1.3 mg/dl 0.1 - 0.3 mg/dl 0.1 - 1.1 mg/dl 38 - 126 U/L 13 - 45 U/L 13 - 35 U/L 6.3 - 8.2 gm/dl 3.5 - 5.0 gm/dl	Method Azobilirubin/Dyphylline Calculated Duel wavelength spectrophotometric pNPP/AMP buffer Kinetic with pyridoxal 5 phosphate Kinetic with pyridoxal 5 phosphate Biuret (Alkaline cupric sulphate) Bromocresol green Dye
Albumin Serum			6.3 - 8.2 gm/dl 3.5 - 5.0 gm/dl	Biuret (Alkaline cupric
Globulin A/G Ratio		3.11 1.3 *** End Of Rej	2.0 - 4.0 gm/dl port ***	Calculated

Suggested Clinical Correlation * If neccessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. AMITA NAGPURE	Age /Gender	: 37 Y(s)/Female
Bill No/ UMR No	:BIL2324083926/UMR2324040130	Referred By	:Dr. Vimmi Goel MBBS,MD
Received Dt	:11-Mar-24 11:00 am	Report Date	:11-Mar-24 12:44 pm

THYROID PROFILE

<u>Parameter</u> T3	Specimen Serum	Results 1.25	Biological Reference 0.55 - 1.70 ng/ml	<u>Method</u> Enhanced
Free T4		0.72	0.80 - 1.70 ng/dl	chemiluminescence Enhanced Chemiluminescence
TSH		11.5	0.50 - 4.80 uIU/ml	Enhanced
		*** End Of Re	port ***	chemiluminescence

Suggested Clinical Correlation * If neccessary, Please discuss

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DEPARTMENT OF BIOCHEMISTRY

Patient Name: Mrs. AMITA NAGPUREAge /Gender: 37 Y(s)/FemaleBill No/ UMR No: BIL2324083926/UMR2324040130Referred By: Dr. Vimmi Goel MBBS,MDReceived Dt: 11-Mar-24 11:00 amReport Date: 11-Mar-24 12:44 pm

RFT				
Parameter e	Specimen	Result Values	Biological Reference	<u>Method</u>
Blood Urea	Serum	10	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		114.2	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		144	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.40	3.5 - 5.1 mmol/L	Direct ion selective electrode
		*** End Of Rep	ort ***	

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

B

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DEPARTMENT OF PATHOLOGY

Patient Name: Mrs. AMITA NAGPUREAge /Gender: 37 Y(s)/FemaleBill No/ UMR No: BIL2324083926/UMR2324040130Referred By: Dr. Vimmi Goel MBBS,MDReceived Dt: 11-Mar-2411:17 amReport Date: 11-Mar-24

URINE MICROSCOPY

b

Parameter	<u>Specimen</u>	<u>Results</u>		<u>Method</u>
PHYSICAL EXAMINATIO				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<u>CHEMICAL EXAMINATIO</u>	N			
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Specific gravity		1.005	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
MICROSCOPIC EXAMINA	TION			
Epithelial Cells		0-1	0-4 /hpf	Manual
R.B.C.		1-2	0-4 /hpf	
Pus Cells		0-1	0-4 /hpf	
Casts		Absent	Absent	

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DEPARTMENT OF PATHOLOGY

 Patient Name
 : Mrs. AMITA NAGPURE
 Age /Gender
 : 37 Y(s)/Female

 Bill No/ UMR No
 : BIL2324083926/UMR2324040130
 Referred By
 : Dr. Vimmi Goel MBBS,MD

 Received Dt
 : 11-Mar-24
 11:17 am
 Report Date
 : 11-Mar-24
 12:59 pm

 Parameter
 Specimen
 Results
 Method

Crystals

Absent

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. AMITA NAGPURE	Age /Gender	: 37 Y(s)/Female	
	: BIL2324083926/UMR2324040130	Referred By	: Dr. Vimmi Goel MBBS,MD	
-	:11-Mar-24 11:17 am	Report Date	:11-Mar-24 12:59 pm	

USF(URINE SUGAR FASTING)

 Parameter
 Specimen
 Result Values
 Biological Reference
 Method

 Urine Glucose
 Urine
 Negative
 STRIP

 Comment
 Fasting sample.
 *** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400 Test results related only to the item tested.

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DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mrs. AMITA NAGPURE	Age /Gender	: 37 Y(s)/Female
Bill No/ UMR No	:BIL2324083926/UMR2324040130	Referred By	:Dr. Vimmi Goel MBBS,MD
Received Dt	:11-Mar-24 11:00 am	Report Date	:11-Mar-24 01:21 pm

BLOOD GROUPING AND RH

Parameter BLOOD GROUP. Specimen Results

EDTA Whole " O " Blood & Plasma/ Serum " Positive "(+Ve) *** End Of Report *** Gel Card Method

Rh (D) Typing.

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

	DEPARTMENT OF R		11-03-2024 12:22:54
NAME	AMITA NAGPURE	STUDY DATE	
	37Y1D / F	HOSPITAL NO.	UMR2324040130
AGE/ SEX	3/110/1		DX
ACCESSION NO.	BIL2324083926-10	MODALITY	
REPORTED ON	11-03-2024 13:08	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

BC. hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.

Angalia

DP.NAVEEN PUGALIA ۲۰. ک, MD [076125] SENIOR CONSULTANT RADIOLOGIST.

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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1 of 1



KIMS-KINGSWAY HOSPITALS

DATIENT NAME.	MRS. AMITA NAGPURE	AGE /SEX:	37 YRS/F
PATIENT NAME:		DUL NO.	2324083926
UMR NO:	2324040130	BILL NO:	2324003320
		DATE	11/03/2024
REFERRED BY	DR. VIMMI GOEL	DATE	

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. No focal myometrial lesion seen. Endometrial echo-complex appear normal. Both ovaries are seen. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

<u>IMPRESSION:</u> No significant visceral abnormality seen. Suggest clinical correlation / further evaluation.

angal

DR NAVEEN PUGALIA MBBS, MD [076125] SENIOR CONSULTANT RADIOLOGIST



2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Amita NagpureAge : 37 years / FemaleUMR : UMR2324040130Date : 11/03/2024Done by : Dr. Vimmi GoelECG : NSR, RBBBBlood pressure: 127/80 mm Hg (Right arm, Supine position)BSA : 1.67 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions No RWMA of LV at rest Good LV systolic function, LVEF 70% Normal LV diastolic function E/A is 2.3 Valves are normal No pulmonary hypertension IVC is normal in size and collapsing well with respiration No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 104 cm/s, A Velocity is 45 cm/s. E/A is 2.3. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

<u>M Mode echocardiography and dimension:</u>

	Normal ra (adults) (d		Observed (mm)
Left atrium	19-40	7-37	32
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	40
LVIDs	23-39	6-28	26
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%
			Dr. Vimmi Goel
	Р.Т.О		MD, Sr. Consultant Non-invasive Cardiology

