



ZENA
Healthcare Services
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Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:- BASANTA NAYAK
AGE:- 38YRS

REFERRAL:-MEDI-WHEEL

Patient ID:- 04

DATE :-27.01.2024
SEX :-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist

ID 1538
AGE 36Y M D
Cms

CASE:
BASANTA NAYAK
MALE

27/01/2024 10:21:22
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

KG
SINUS RHYTHM
INFERIOR AND ANTERIOR T WAVE ABNORMALITY IS NONSPECIFIC

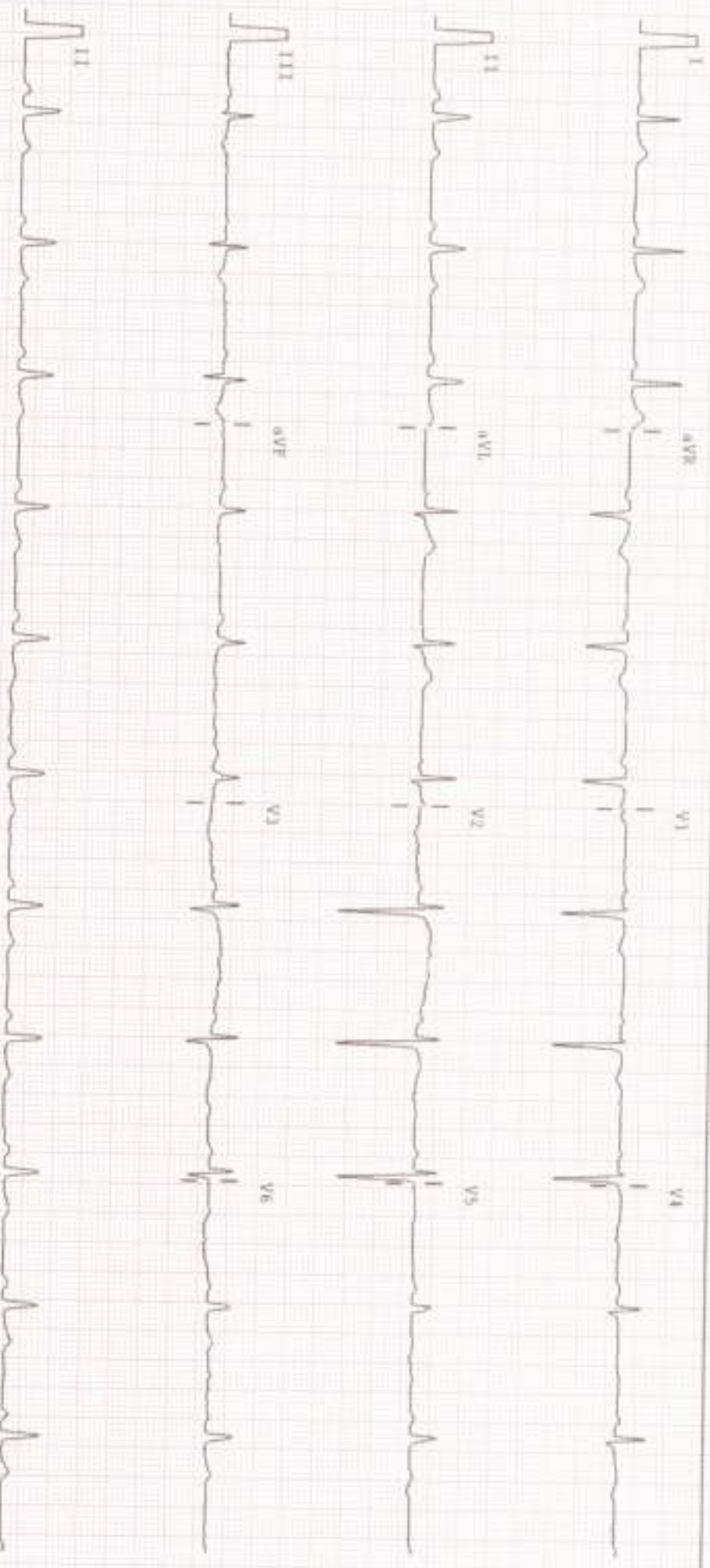
RATE 68 bpm
R-R 879 ms
P-R 52 ms
QRS 76 ms
QT 370 ms
QTc 384 ms

Dr. M. KHOTA
M.B.B.S.
REGD No. 699

P 35+
QRS 35+
T - 01+

REF:

Dr.





819 / BASANTA NAYAK / 38 Yrs / M / 154 Cms / 64 Kg Date: 27-Jan-2024 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:30	0:30	00.0	00.0	01.0	083	51 %	110/70	102	00	
Standing	00:48	0:18	00.0	00.0	01.0	085	48 %	110/70	096	00	
HV	01:06	0:18	00.0	00.0	01.0	080	44 %	110/70	088	00	
ExStart	01:28	0:22	00.0	00.0	01.0	082	45 %	110/70	090	00	
BRUCE Stage 1	04:28	3:00	01.7	10.0	04.7	308	169 %	112/72	344	00	
BRUCE Stage 2	07:28	3:00	02.5	12.0	07.1	152	84 %	113/74	171	00	
PeakEx	07:38	0:10	03.4	14.0	07.3	150	82 %	113/74	169	00	
Recovery	08:08	0:30	01.1	00.0	04.1	143	79 %	113/74	161	00	
Recovery	08:38	1:00	01.1	00.0	01.1	136	75 %	113/73	153	00	
Recovery	10:38	3:00	00.0	00.0	01.0	096	53 %	112/72	107	00	
Recovery	12:47	5:08	00.0	00.0	01.0	097	53 %	112/71	108	00	

FINDINGS :

- Exercise Time : 06:10
- Max HR Attained : 308 bpm 169% of Target 182
- Max BP Attained : 113/74
- Max WorkLoad Attained : 7.3 Fair response to induced stress
- Test End Reasons : Test Complete, Test Complete

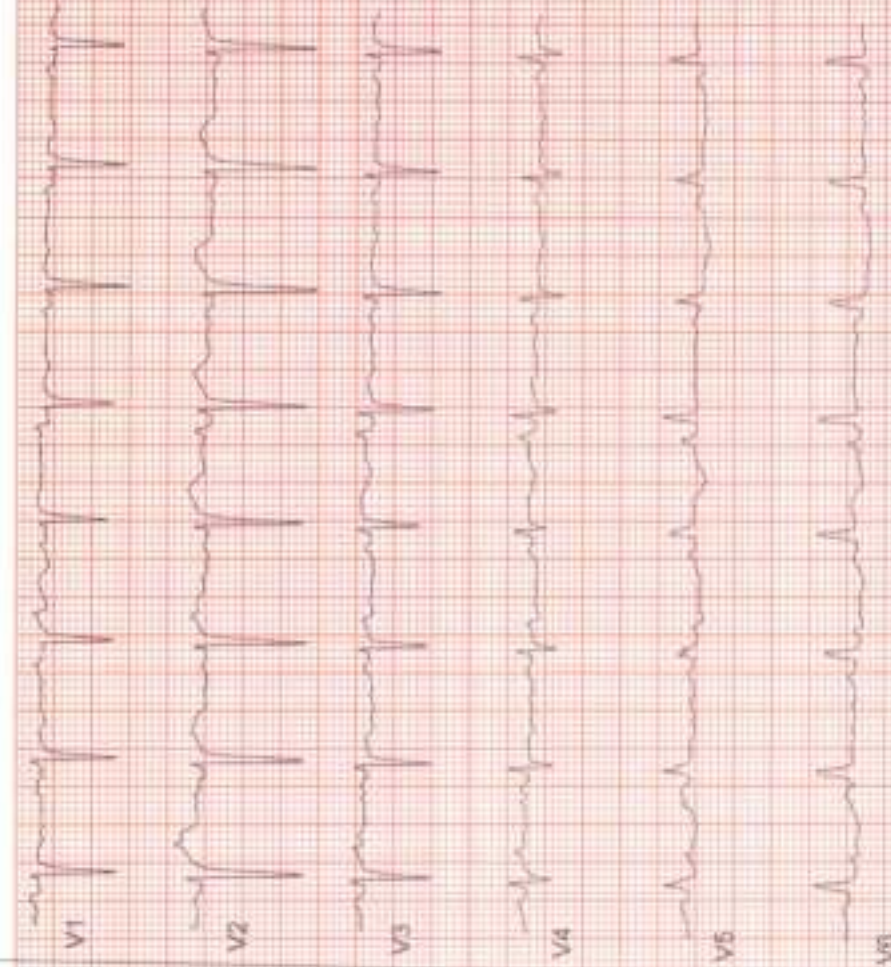
REPORT :

TMT is Negative
Dr. M.K. HOTA
M.B.B.S.
REGD No. 699



Date: 27-01-2024 11:05:38 AM METS : 1.0 HR : 93 Target HR : 51% of 182 BP : 110/70

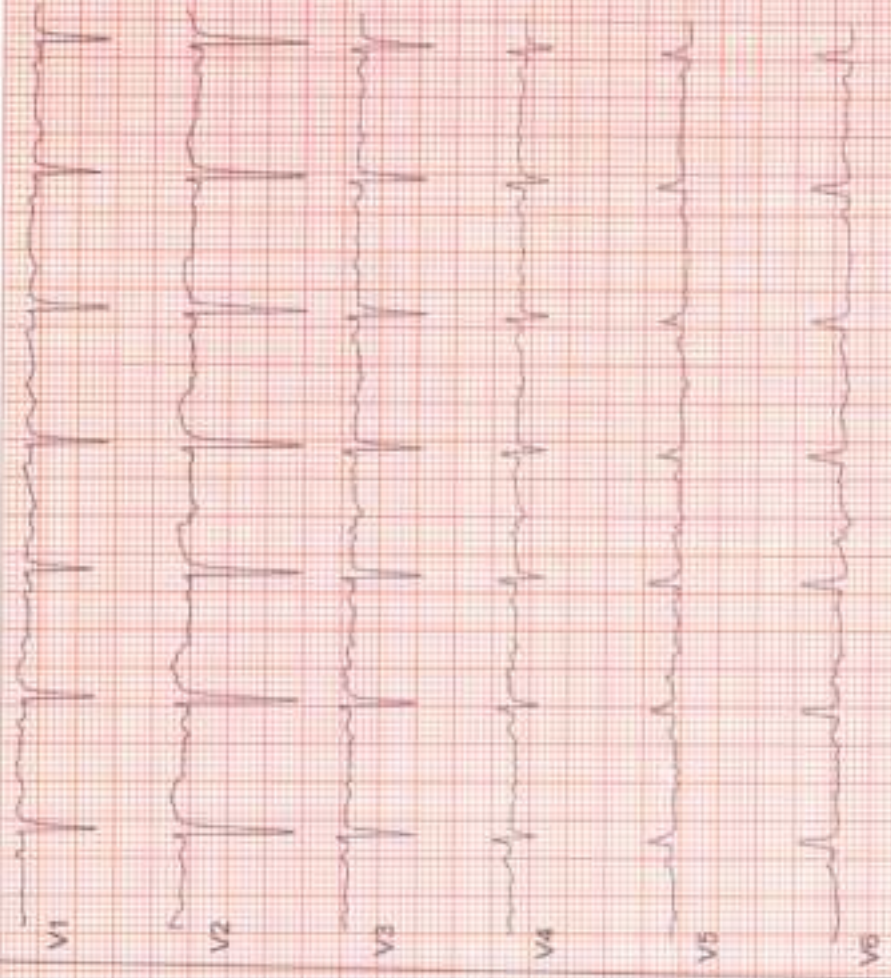
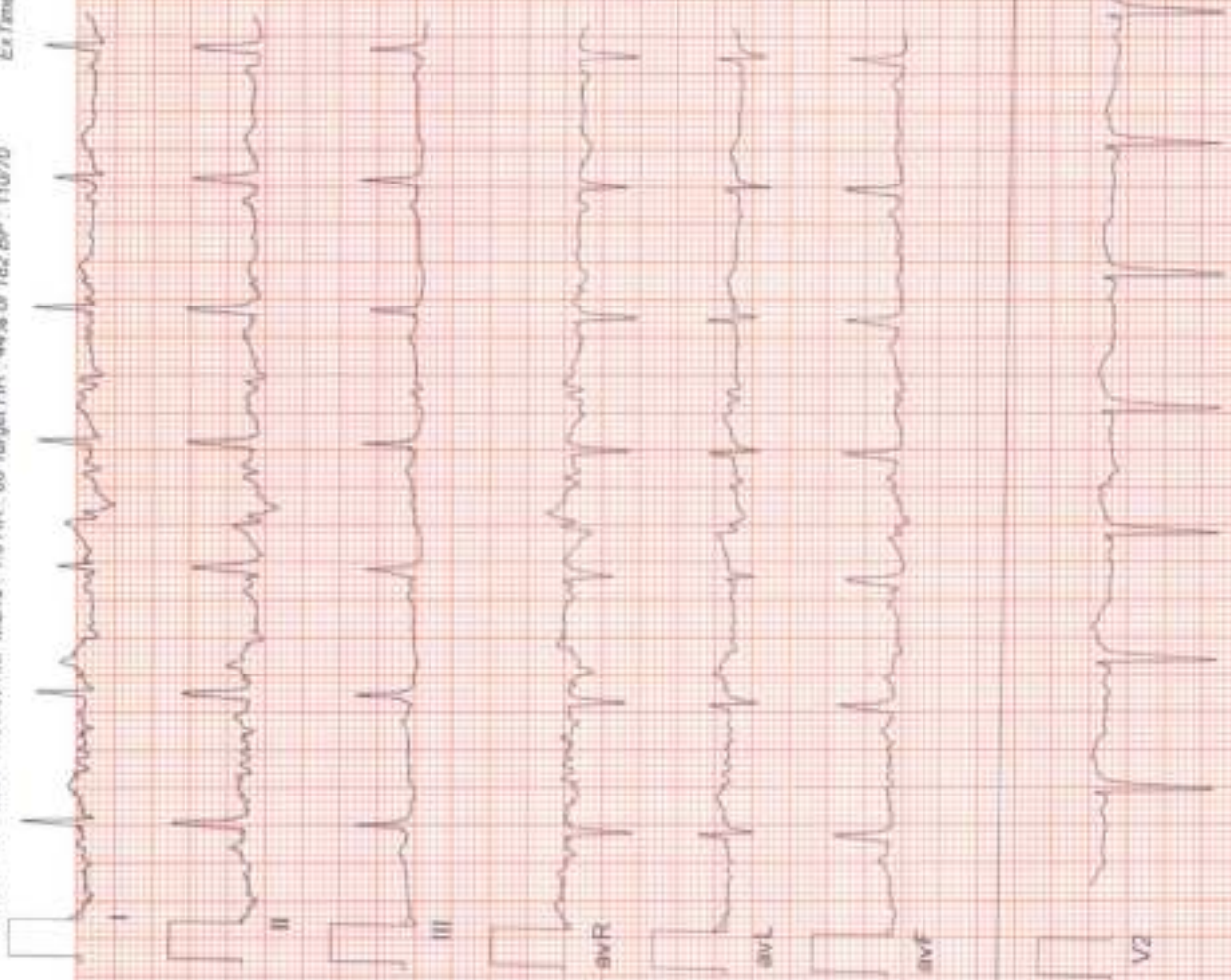
Ex Time : 00:00 : 0.0 mph/0.0 % 25 mmv/Sec. 1.0 Cm/mV BLC OnV Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 27-01-2024 11:05:38 AM METs: 1.0 HR: 80 Target HR: 44% of 162 BP: 110/70

ExTime: 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV 6LC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



LLIN MEALINDUAKE
SAHIDNAGAR, BHUBANESWAR
819 / BASANTA NAYAK / 38 Yrs / Male / 154 Cm / 64 Kg

6 x 2 + Rhythm
ExStart



Date: 27-01-2024 11:05:38 AM METs: 1.0 HR: 82 Target HR: 45% of 182 BP: 110/70

Ex Time: 00:00 0.0 mph 0.0 % 25 mmv/Sec 1.0 Cm/mV BLC OnV Notch On/AF 35 Hz

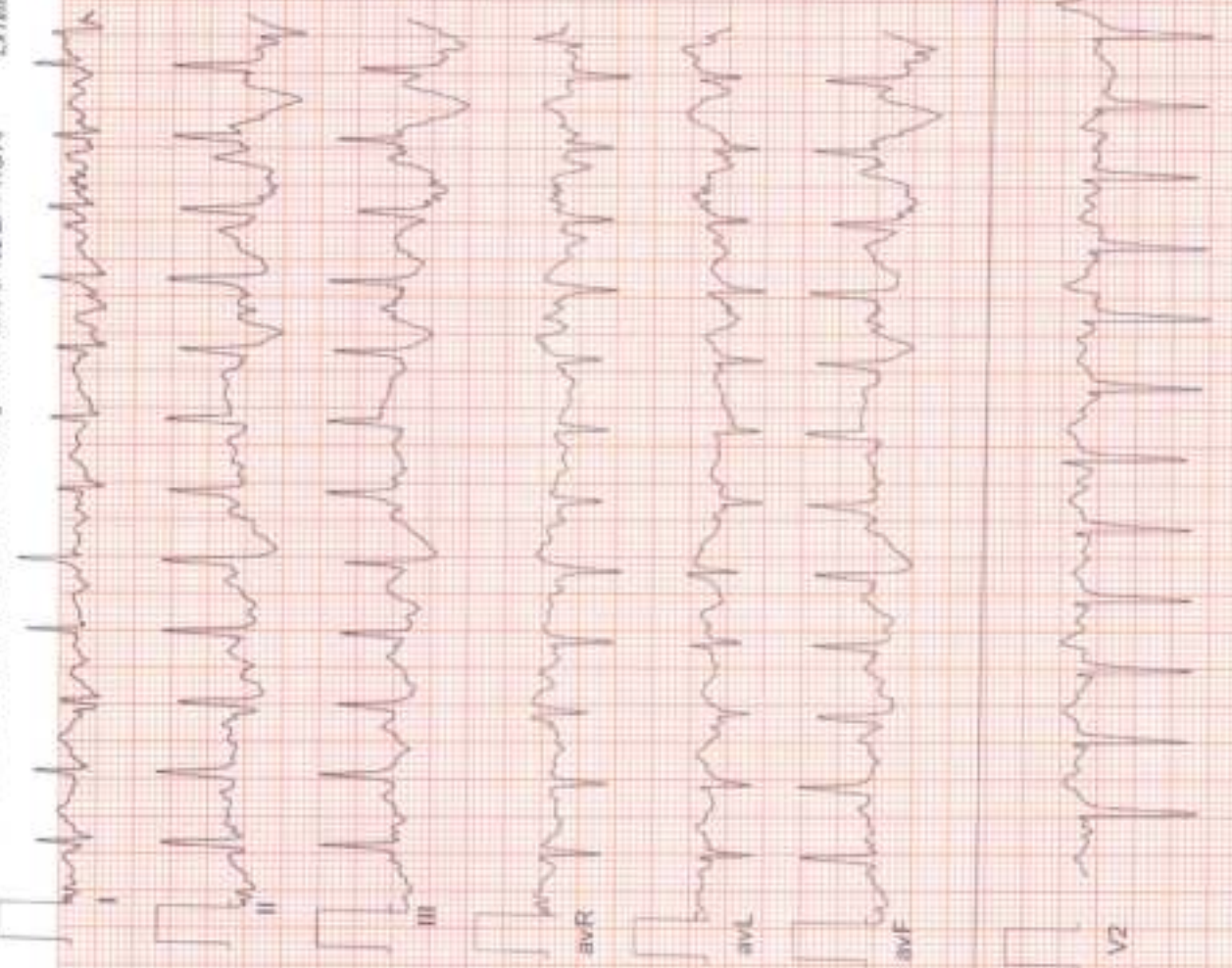


ADDC_D0EMZ16201125100Altter.jpg



Date: 27-01-2024 11:05:38 AM METs: 7.3 HR: 150 Target HR: 82% of 182 BP: 113/74

Ex Time: 06:10 3-4 mph 14.0 % 25. mm/Sec. 1.0 CrimV BLC On/ Match On/ HF 0.05 Hz LF 35 Hz





Patient Name : MR. BASANTA NAYAK

Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:43 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Zena Healthcare Services

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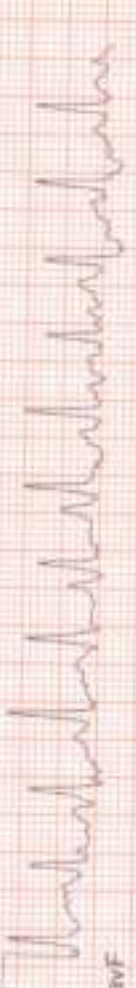
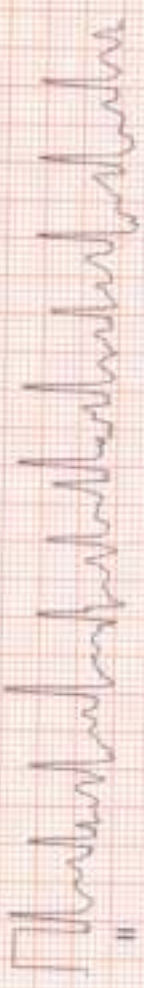
Wishing Good Health

6 x 2 + Rhythm Recovery(0:30)



Date: 27-01-2024 11:05:38 AM METs : 4.1 HR: 143 Target HR: 79% of 182 BP: 113/74

ExTime: 06:10 1.7 mph 0.0 % 25 mm/Sec 1.0 Cm/Min BLC Ony/ Notch Ony HF 0.05 Hz/LLF 35 Hz

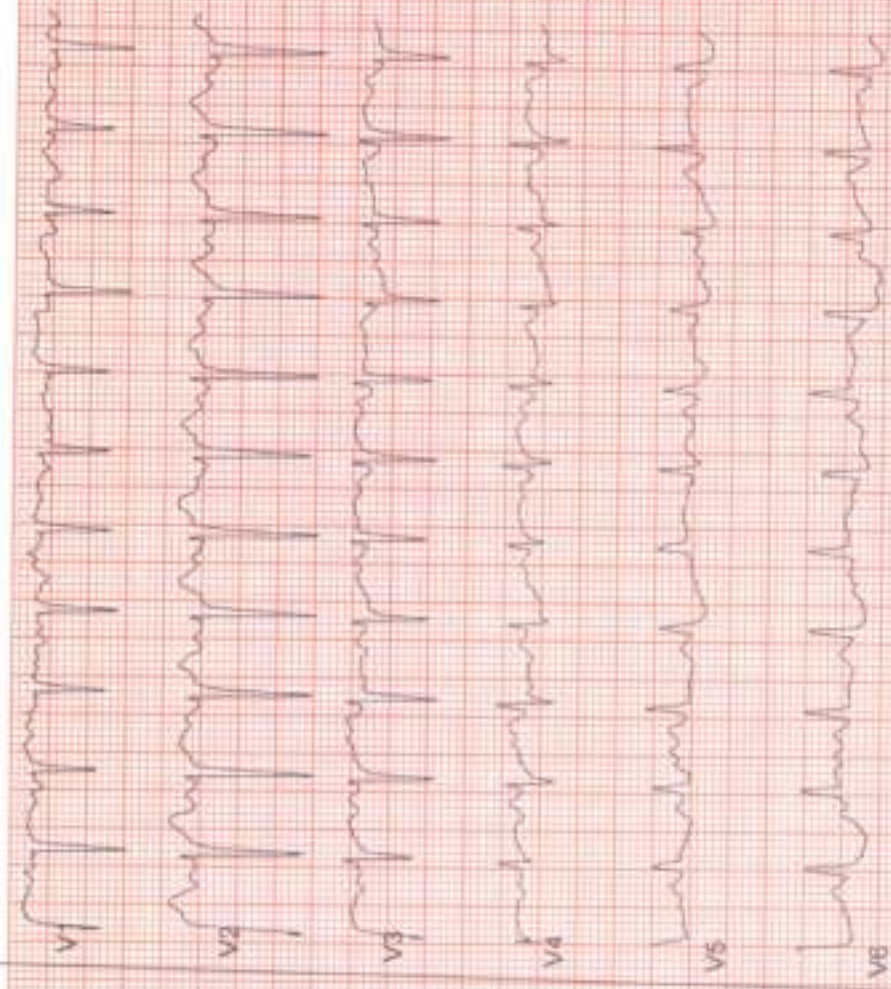
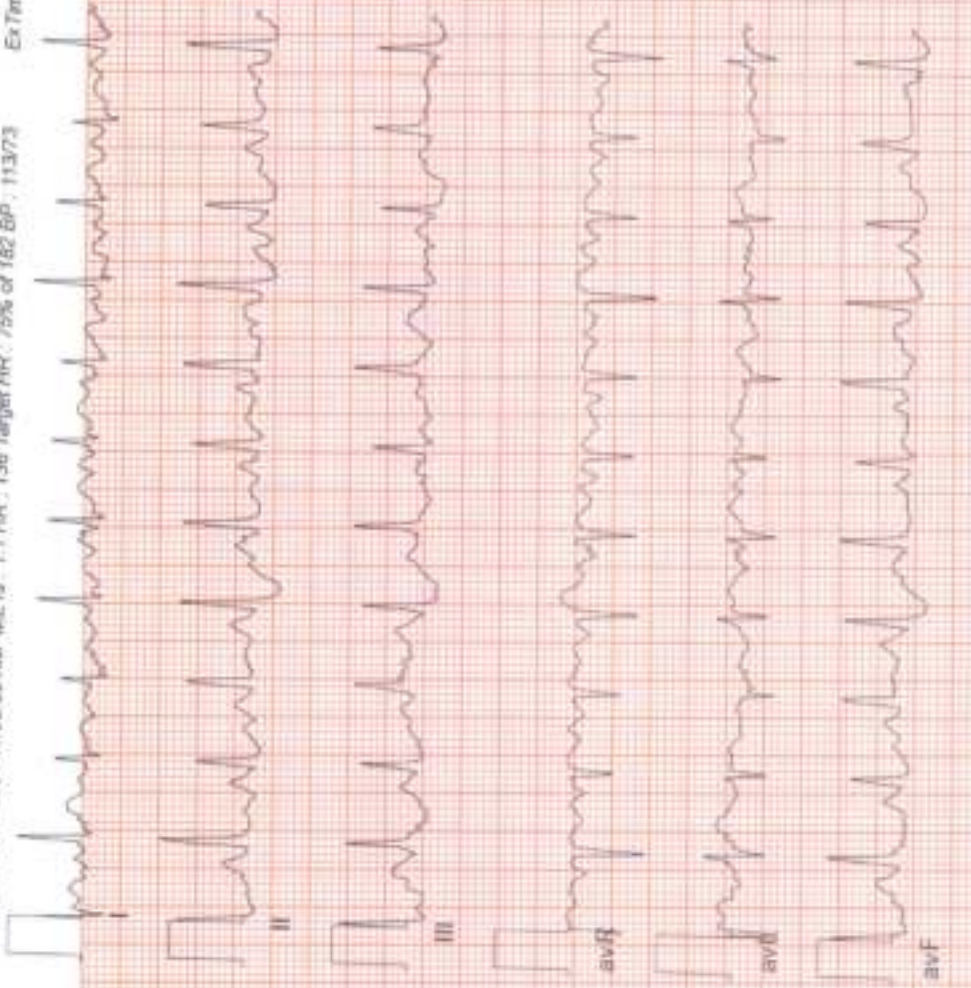


6 x 2 + Rhythm
Recovery (1:00)



Date: 27-01-2024 11:05:38 AM METs: 1.1 HR: 136 Target HR: 75% of 162 SP: 113/73

Ex Time: 06:10 1.1 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 36 Hz



SAHIDNAGAR, BHUBANESWAR

819 / BASANTA NAYAK / 38 Yrs / Male / 154 Cm / 64 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 27-01-2024 11:05:39 AM METs : 1.0 HR : 96 Target HR : 53% of 182 BP : 113/72

ExTime : 06:10 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC Div/ Notch On/ HF 0.05 Hz/LF 35 Hz



INDIA_GEMZ_112021_25x10_ahbhangara



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Patient Name : MR. BASANTA NAYAK

Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

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Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.65	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.51	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IFCC 37 degree	21.53	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IFCC 37 degree	27.46	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	5.93	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	89.12	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.06	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.12	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.94	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.40	1.2 - 2.2	

END OF REPORT

Lab technician

Mohu

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Zena Healthcare Services

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Ph. : 0674-2549902, 9692278908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health



Patient Name : MR. BASANTA NAYAK

Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:47 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.23	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.56	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.14	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern.
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH(especially in the range of 4.7 to 15 mIU/ml) is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range.	Interfering antibodies to thyroid hormones (anti-TPO antibodies)Intermittent L4 therapy or T4 overdose *Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range.	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyrotoxic ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule *Transient thyroiditis, Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Rang	Raised	Within range	T3 toxicosis *Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illnesses In elderly the drop in T3 level can be upto 25%.

****END OF REPORT****

Lab technician

Moh
Dr. Kundan Kumar Sahoo
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Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:47 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	174.24	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	98.35	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PDG	43.56	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	111.01	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	19.67	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.55	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

****END OF REPORT****

Lab technician

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Patient Name : MR. BASANTA NAYAK

Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:48 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.84	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	5.16	3.4 - 7.0	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12	10 - 50	mg/dL
<u>Blood Group ABO & Rh Typing, Blood</u>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

****END OF REPORT****

Lab technician

Kundan
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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Wishing Good Health



Patient Name : MR. BASANTA NAYAK

Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:43 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting <small>Method : Fluoride Plasma-F, Hexokinase</small>	101.34	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial <small>Method : Hexokinase</small>	129.56	70 - 140	mg/dL
HbA1c, Glycosylated Hemoglobin			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD <small>Method : (HPLC, NGSP certified)</small>	5.46		%
Estimated Average Glucose :	110.00	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

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Wishing Good Health



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Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:43 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 12 0 - 15 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidiam.

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 38 years / Male

Patient ID : 19836

Referral : MEDI WHEEL

Collection Time : 27/01/2024, 10:58 AM

Reporting Time : 27/01/2024, 02:44 PM

Sample ID :



22724

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.11	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	44.2	42 - 52	%
Mean Cell Volume (MCV)	86.50	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.79	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	32.13	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.8	11.5 - 14.0	%
Total Leucocytes (WBC) Count	6300	4000-10000	cell/cu.mm
Neutrophils	66	40 - 80	%
Lymphocytes	29	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	269	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	11.4	7.2 - 11.7	fL
PCT	0.31	0.2 - 0.5	%
PDW	16.9	9.0 - 17.0	%

****END OF REPORT****

Lab technician

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Dr. Kundan Kumar Sahoo
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EYE REPORT

NAME : Mr. BASANTA NAYAK **DATE** : 27.01.2024
AGE : 38 YEARS **SEX** : MALE

WITHOUT GLASSES

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

SIGNATURE

Dr. M.K. HOTA
M.B.B.S.
REGD No. 699

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Wishing Good Health

MATERNITY CARE HOPITAL

NAME : BASANTA NAYAK

DATE : 27-01-2024

AGE-38Y/M

SONOGRAPHER : DR.MAYURI MOHAPATRA

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.2 mm, liver.

GALL BLADDER: normal in shape and size no sol ,no calculi seen

C.B.D.: Common duct bile normal in calibre (3.3 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

➤ Right kidney measures : 8.9 x 5.5cms.

➤ Left kidney measures: 9.7 x 4.7cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate: normal in size shape and echo structure .

Impression: Normal study of abdomen

ML
DR.MAYURI MOHAPATRA
Regd. No : OMC 16691
Maternity Care Hospita:
Sahid Nagar, Bhubaneswar