**Name** : Mr. SACHIN RAMESH AMRITE (48 /M) Date : 08/04/2023

**Address** : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

**Examined by: UHID** : MHN1.0000141130

Package: MediWheel Full Body Health Checkup Male Above 40 AHC No: NSKAH32904



For corporate health checkup No specific complaints

#### PRESENT KNOWN ILLNESS

- Diabetes mellitus, No history of

> Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD,

Cancer



### **DRUG ALLERGY**

NO KNOWN ALLERGY :08/04/2023



## SYSTEMIC REVIEW

# Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No

allergies?

Do you have any drug - No

allergies?

Past medical history - nil significant

Covid 19 - Yes

- April-2021



Surgical history - Nil

#### Immunization history

- Covid Dose1, Covid Dose2, Precaution Dose



- Married Marital status - 01 No. of children

Diet - Vegetarian Alcohol - does not consume alcohol

- No **Smoking** Chews tobacco - No Physical activity - Active

# Family history

- father, mother Diabetes - father, mother Hypertension

Coronary artery - none

disease

Cancer - None

#### PHYSICAL EXAMINATION



#### General

General appearance - normal Build - normal Height - 176 - 93.4 Weight -30.15BMI Pallor - No Oedema - no **Temperature** -96.5 SpO2 - 99

### Cardiovascular system

Heart rate (Per minute) - 75 Rhythm - Regular - B.P. Supine

Systolic(mm of Hg) - 160 Diastolic(mm of Hg) - 110 Heart sounds - S1S2+

#### Respiratory system

- Normal vesicular breath Breath sounds sounds



Organomegaly - No **Tenderness** - No

Printed By: Shweta Sharad Shardul

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URINE ROUTINE (CUE	Ξ)				Monocytes	05	%	•	1-10
Test Name	Result	Unit	Level	Range	Basophils	00	%		0-1
Specific Gravity	1.005 *		•	1.016-1.026	ERYTHROCYTE	7	,, mm/1	et	0-10
Color,:	PALE Y	ELLOW			SEDIMENTATION	,	hr	J	0-10
Transparency:	Clear				RATE (ESR)				
Reaction:	Acidic			7.2-7.8	BLOOD GROUPING A	ND TYF	PING (A	ABO a	nd Rh)
Protein :	Nil				Test Name	Result	Unit	Level	Range
Sugar:	Nil				ABO Group:	Α			
рН	5.0			4.6-8	Rh (D) Type:	POSITI	VE		
Blood:	Negative	Э			LIVER FUNCTION TE	ST (PAC	KAGE	)	
Ketone	Negative	9			Test Name	Result		Level	Range
Bile Pigments:	Negative	Э			ALT(SGPT) - SERUM /	36	U/L		30-65
Bile Salts :	Negative	Э			PLASMA				
Urobilinogen	Normal				ALBUMIN - SERUM	4.4	g/dL	•	3.5-5
Nitrite	Negative	Э			GLOBULIN - SERUM:	2.6	g/dL		1.8-3.6
RBC	00	/hpf		0-2	(Calculated)	2.0	g/uL		1.0-3.0
WBC/Pus Cells	1-2/hpf	/hpf			ALBUMIN:GLOBULIN -	1.7			1.1-1.8
Tc/Sqc(Transitional/Squ amous epithelial cells)	1-2/hpf	/hpf			SERUM(RATIO) (Calculated)				
C B C WITH ESR (AUT	ГОМАТІС	ON + S	TANE	ARD	ALKALINE	75	U/L	•	0-100
METHOD)	_			_	PHOSPHATASE - SERUM/PLASMA				
Test Name	Result		Level	-					
Hemoglobin	15.6	g/dl		13.0-18.0	AST (SGOT) - SERUM	36	U/L		15-37
Haematocrit	48.5	%		39.0-54.0					
RBC COUNT	5.29	Millior ul	1/	4.2-6.5	BILIRUBIN, TOTAL - SERUM	8.0	mg/dl	_	0.0-1.0
MCV	91.6	fl		75.0-95.0	LIDID DDOE!! E TEOT	(DA OK	\ O E \		
MCH	29.6	pg		26.0-32.0	LIPID PROFILE TEST Test Name	Result	•	Lovol	Range
MCHC	32.3	g/dl		31.0-36.0	Total Cholesterol	168	mg/dl		0-200
RDW	15.1	%		11-16	rotal Gilolostorol	100		_	0 200
Platelet	242	10³/m		140-440	CREATININE - SERU				
Count(Optical/Impedanc e)		m³			Test Name	Result			Range
TLC Count	5.28	10³/m m³	•	4.0-11.0	CREATININE - SERUM / PLASMA	1.0	mg/dl		0.8-1.3
Neutrophils	51	%		45-75	LIVER FUNCTION TE	-		-	
Lymphocytes	39	%		20-45	Test Name	Result	Unit	Level	Range
Eosinophils	06	%		1-6					
,									

Borderline High/Low

Out of Range

Within Normal Range

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GGTP: GAMMA 19 U/L 0-50 GLUTAMYL

TRANSPEPTIDASE -

SERUM

#### GLUCOSE - SERUM / PLASMA (FASTING)

Test NameResultUnitLevelRangeGlucose - Plasma96mg/dL●70-100(Fasting)

# GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test NameResultUnitLevelRangeGlucose - Plasma101mg/dL●70-140(POST PRANDIAL)

# GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated 5.2 % 0.0-6.0
Hemoglobin (HbA1c)

Mean Plasma Glucose (MPG) Estimate:

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	43	mg/dL •	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9	•	0.0-4.5
LDL Cholesterol (Direct LDL)	131	mg/dL	

#### LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangePROTEIN, TOTAL -<br/>SERUM / PLASMA7.0g/dL●6.4-8.2

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

TOTAL T3: TRI 94 ng/dL ● Healthy Adults: 69 - 215

SERUM

TOTAL T4: 6.6 µg/dL ■ Healthy
THYROXINE - SERUM Adults:5.2-12.7

#### LIPID PROFILE TEST (PACKAGE)

Test NameResultUnitLevelRangeTriglycerides - Serum63mg/dL●0-150

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test NameResultUnitLevelRangeTSH: THYROID1.6uIU/mL■Euthyroid: 0.3 -STIMULATING4.5HORMONE - SERUMHypothyroid: 7.1 - >75

#### **UREA - SERUM / PLASMA**

Test Name	Result	Unit Level	Range
UREA - SERUM / PLASMA	17	mg/dL	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	8	mg/dL	7-18

#### **URIC ACID - SERUM**

Test Name Result Unit Level Range
URIC ACID - SERUM 6.8 mg/dL ● 3.5-7.2

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dl	•	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dl	•	0.0-0.7

#### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test NameResultUnitLevelRangePROSTATIC SPECIFIC0.74ng/mL●0.16-1.7ANTIGEN (PSA TOTAL)

#### **CARDIAC STRESS TEST - (TMT)**

**ECG** 

**ULTRASOUND - WHOLE ABDOMEN** 

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Gaseous abdomen ++.

Grade I fatty infiltration of liver.

No other significant abnormality is detected.

Suggest: Clinical correlation.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

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Printe	ed By:		AHO	C Physician / Co	nsultant Into	ernal Medicine
Note	:- Th	e Health Check-up examinations and routine i	nvestigations have c	ertain limitation	s and mav	
	no the	t be able to detect all the diseases. Any new of attention of the Consulting Physician. Additionary in the cases.	r persisting sympton	ns should be br	ought to	

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#### **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	5	6

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515