

SEVENMILLS HEALTHCARE

MAROL ANDHERI
MUMBAI

DEBOLINA DATTA.

ID : 25
DATE : 24-02-2024
AGE/SEX : 37 / F
HT/WT : 161 / 58
REF.BY : SELF

TREADMILL TEST REPORT

PROTOCOL : Bruce
HISTORY : NIL
INDICATION : NIL
MEDICATION : NIL

| PHASE | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) | | | METS |
|---------|------------|------------|-------------|---------|----------|-----------|----------|---------------|------|------|------|
| | | | | | | | | II | V1 | V5 | |
| WARM UP | 0:15 | | | | 86 | 120 / 70 | 103 | 1.8 | -0.2 | 1.5 | |
| | 2:55 | | 2.7 | 10 | 84 | 120 / 70 | 100 | 1.4 | -0.1 | 1.2 | |
| | 5:55 | | 4 | 12 | 90 | 120 / 70 | 108 | 1.4 | 0 | 1.2 | |
| | 7:13 | | 5.4 | 14 | 108 | 120 / 70 | 129 | 0.8 | 0 | 0.8 | 4.67 |
| TEST | 9:29 | 2:1 | | | 119 | 127 / 77 | 151 | -0.4 | 0.4 | 0 | 7.04 |
| | | | | | 160 | 127 / 77 | 203 | -1.5 | 0.6 | -1.4 | 8.28 |
| | | | | | 105 | 127 / 77 | 133 | 0.1 | 0.4 | 0.3 | |

RESULTS

EXERCISE DURATION : 7:13
MAX HEART RATE : 160 bpm 87 % of target heart rate 183 bpm
MAX BLOOD PRESSURE : 127 / 77 mm Hg
REASON OF TERMINATION : THR ACHIEVED
MAX WORK LOAD : 8.28 METS

BP RESPONSE :
ARRHYTHMIA :
H.R. RESPONSE :

IMPRESSIONS

GOOD EFFORT TOLERANCE
NORMAL CHRONOTROPIC AND IONOTROPIC RESPONSES.
NO ANGINA / ARRHYTHMIA.
NO ST - T CHANGES.
STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician : NEHA THITE.

DR. GANESH MANUDHANE.

SEVENHILLS HEALTHCARE

MAROL ANDHERI
MUMBAI

TREADMILL TEST REPORT

DEBJYOTI DATTA

ID : 24
DATE : 24-02-2024
AGE/SEX : 39 / M
HT/WT : 168 / 70
REF. BY : SELF

PROTOCOL : Bruce
HISTORY : NIL
INDICATION : NIL
MEDICATION : NIL

| PHASE | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) | | | METS |
|-----------|------------|------------|-------------|---------|----------|-----------|----------|---------------|------|-----|------|
| | | | | | | | | II | VI | V5 | |
| WARM UP | 0:10 | | | | 86 | 140 / 80 | 120 | 3.1 | -1.5 | 2.5 | |
| 1 | 2:55 | 2:55 | 2.7 | 10 | 86 | 140 / 80 | 120 | 2.9 | -1.5 | 2.4 | |
| 2 | 5:55 | 2:55 | 4 | 12 | 87 | 140 / 80 | 121 | 2.8 | -1.4 | 2.4 | |
| EXERCISE | 6:53 | 0:53 | 5.4 | 14 | 119 | 140 / 80 | 166 | 2.3 | -1.4 | 2.5 | 4.67 |
| COOL DOWN | 9:19 | 2:11 | | | 139 | 145 / 87 | 201 | 1.7 | -0.8 | 2.2 | 7.04 |
| | | | | | 160 | 145 / 87 | 232 | 1.4 | -0.4 | 1.3 | 7.95 |
| | | | | | 107 | 145 / 87 | 155 | 0.7 | -0.7 | 0.6 | |

RESULTS

EXERCISE DURATION : 6:53
MAX HEART RATE : 160 bpm
MAX BLOOD PRESSURE : 145 / 87 mm Hg
REASON OF TERMINATION : THR ACHIEVED
MAX WORK LOAD : 7.95 METS

BP RESPONSE :
ARRHYTHMIA :
H.R. RESPONSE :

IMPRESSIONS

GOOD EFFORT TOLERANCE
NORMAL CHRONOTROPIC AND
IONOTROPIC RESPONSES.
NO ANGINA / ARRHYTHMIA.
NO ST - T CHANGES.
STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

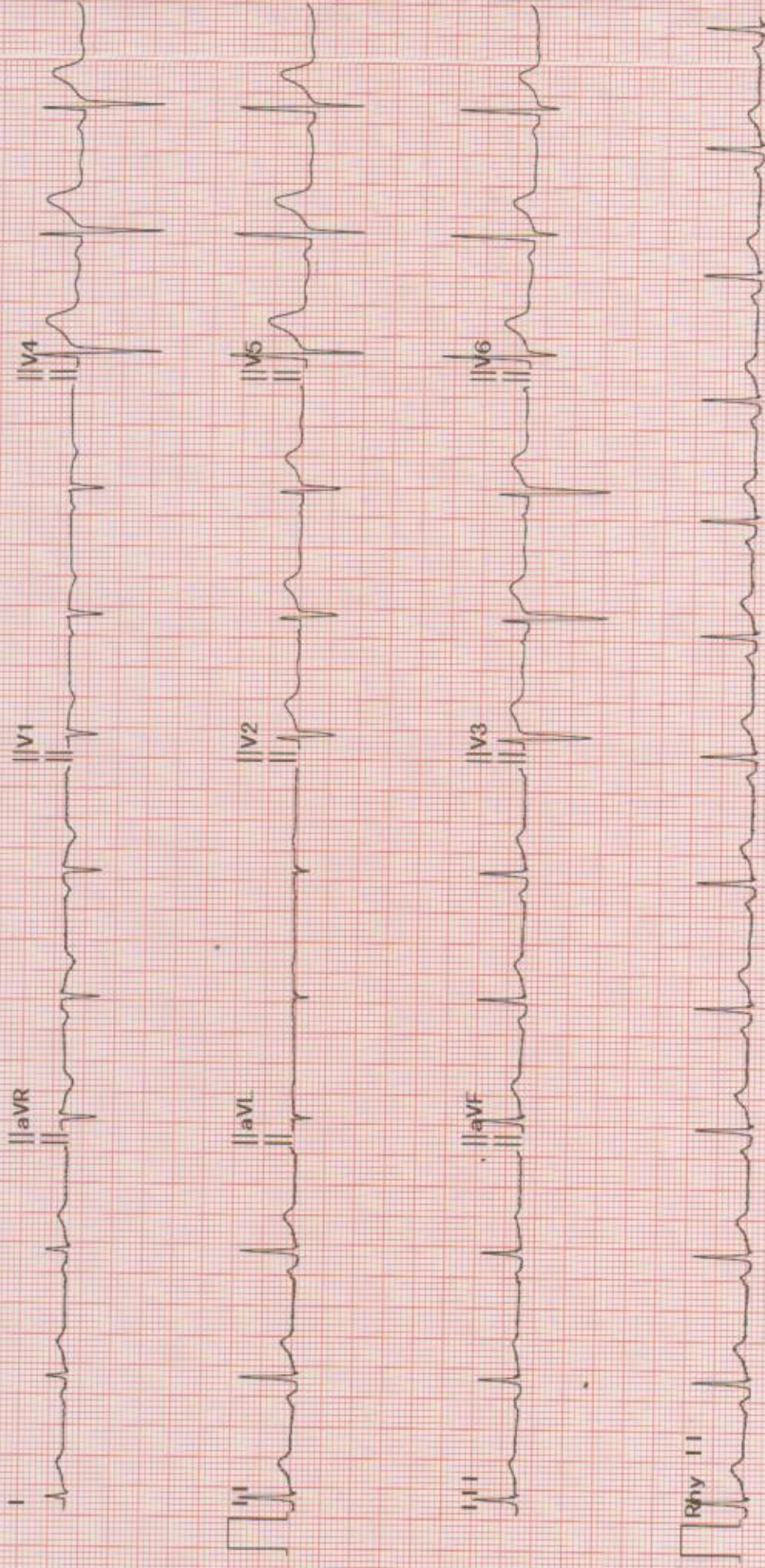
Physician : NEHA THITE.

DR. GANESH MANUDHANE.

ID : 2402240024
Name : debolina
Sex : Female
Divisions :

DataTime: 2024-02-24 12:35
Age : 37
BP : /
Bed No. :

Hospital :
Height : cm
Weight : kg
Hospital No. :



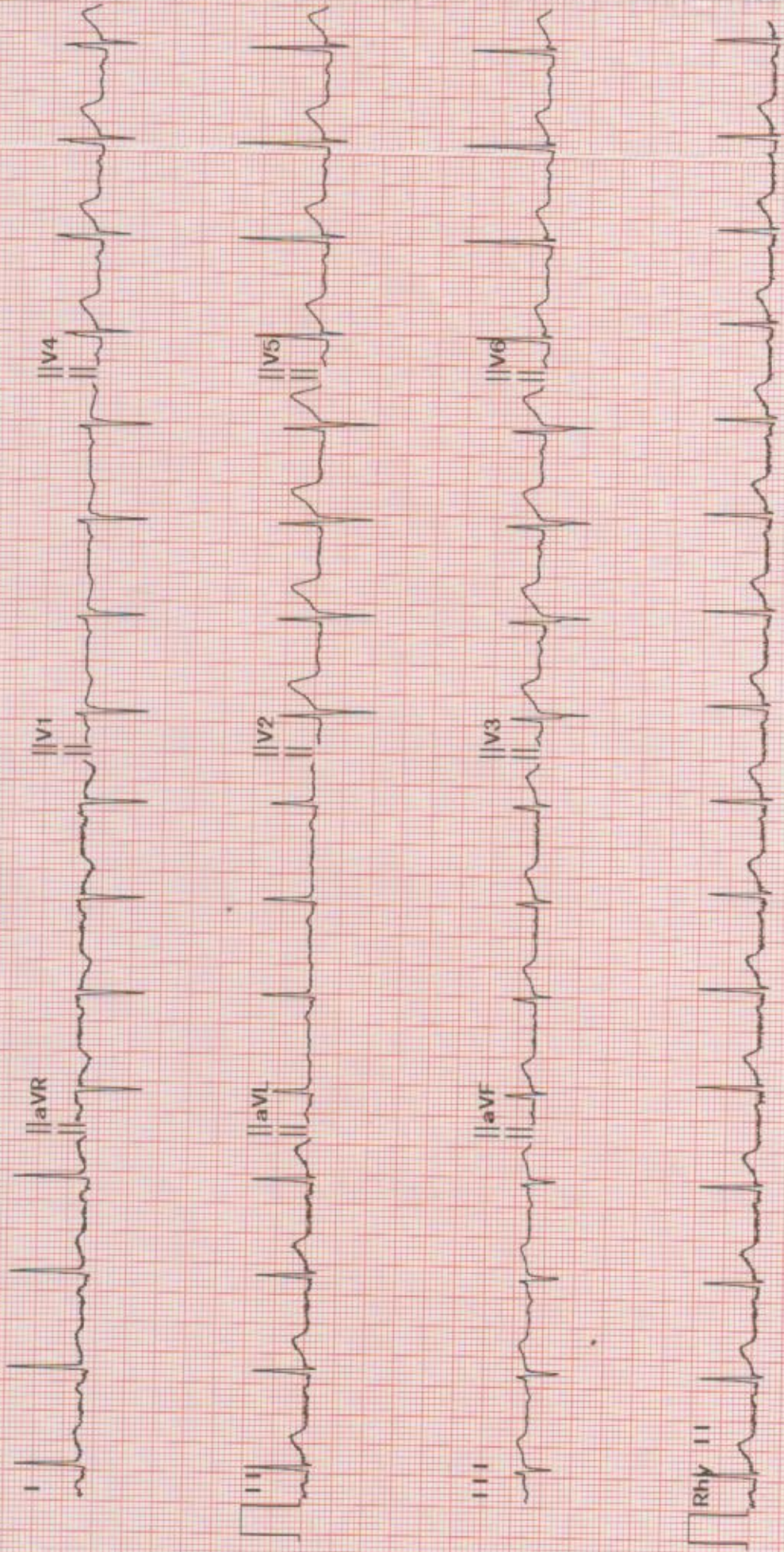
Diagnosis for reference, ask your doctor to confirm
AUTO PRINT 3X4+1R 74bpm 10 mm/mV 0.50Hz-Off AC 50Hz 25 mm/sec

Confirmed By:

ID : 2402240023
Name: debjyoti
Sex : Male
Divisions:

DataTime: 2024-02-24 12:31
Age : 39
BP : /
Bed No. :

Hospital :
Height : cm
Weight : kg
Hospital No. :



Diagnosis for reference, ask your doctor to confirm
AUTO PRINT 3X4+1R 94bpm 10 mm/mV 0.50Hz-Off AC 50Hz 25 mm/sec

Confirmed By: