



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: [wellness@mediwheel.in](mailto:wellness@mediwheel.in), Website: [www.mediwheel.in](http://www.mediwheel.in)

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

## **MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Divya Chauhan** aged, **30yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Mumbai

Date: 08/06/2024

*Dr. Nitesh Kumar*

*N. J. MBBS*  
BCMR 47093

Name & Signature of

Medical officer

Patient Name : Miss.DIVYA CHAUHAN  
Age/Gender : 30 Y 0 M 13 D/F  
UHID/MR No : SCHE.0000086123  
Visit ID : SCHEOPV102268  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 477643

Collected : 08/Jun/2024 10:18AM  
Received : 08/Jun/2024 12:54PM  
Reported : 08/Jun/2024 02:40PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	12	g/dL	12-15	Spectrophotometer
PCV	<b>35.10</b>	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.17	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	84	fL	83-101	Calculated
MCH	28.8	pg	27-32	Calculated
MCHC	34.2	g/dL	31.5-34.5	Calculated
R.D.W	<b>14.4</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,300	cells/cu.mm	4000-10000	Electrical Impedence
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	63	%	40-80	Electrical Impedence
LYMPHOCYTES	34	%	20-40	Electrical Impedence
EOSINOPHILS	01	%	1-6	Electrical Impedence
MONOCYTES	02	%	2-10	Electrical Impedence
BASOPHILS	00	%	<1-2	Electrical Impedence
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	4599	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2482	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	73	Cells/cu.mm	20-500	Calculated
MONOCYTES	<b>146</b>	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.85		0.78- 3.53	Calculated
<b>PLATELET COUNT</b>	256000	cells/cu.mm	150000-410000	Electrical impedence
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	05	mm at the end of 1 hour	0-20	Modified Westergren
<b>PERIPHERAL SMEAR</b>				
RBC NORMOCYTIC NORMOCHROMIC WBC WITHIN NORMAL LIMITS PLATELETS ARE ADEQUATE ON SMEAR NO HEMOPARASITES SEEN				

Page 1 of 8



**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:BED240147785



**Apollo Speciality Hospitals Private Limited**

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers,  
Begumpet, Hyderabad, Telangana - 500016

**Address:**

Ujagar Compound, Opp. Deonar Bus Depot Main Gate,  
Deonar, Chembur, Mumbai, Maharashtra  
Ph: 022 4334 4600

Patient Name : Miss.DIVYA CHAUHAN  
Age/Gender : 30 Y 0 M 13 D/F  
UHID/MR No : SCHE.0000086123  
Visit ID : SCHEOPV102268  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 477643

Collected : 08/Jun/2024 10:18AM  
Received : 08/Jun/2024 12:54PM  
Reported : 08/Jun/2024 02:40PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

  
**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:BED240147785



Patient Name : Miss.DIVYA CHAUHAN  
 Age/Gender : 30 Y 0 M 13 D/F  
 UHID/MR No : SCHE.0000086123  
 Visit ID : SCHEOPV102268  
 Ref Doctor : Dr.SELF  
 Emp/Auth/TPA ID : 477643

Collected : 08/Jun/2024 10:18AM  
 Received : 08/Jun/2024 12:54PM  
 Reported : 08/Jun/2024 02:40PM  
 Status : Final Report  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**DR. APARNA NAIK**  
 MBBS DPB  
 CONSULTANT PATHOLOGIST

SIN No:BED240147785



Patient Name : Miss.DIVYA CHAUHAN	Collected : 08/Jun/2024 01:34PM
Age/Gender : 30 Y 0 M 13 D/F	Received : 08/Jun/2024 02:34PM
UHID/MR No : SCHE.0000086123	Reported : 08/Jun/2024 05:37PM
Visit ID : SCHEOPV102268	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 477643	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	99	mg/dL	60-100	Oxidase & Peroxidase-reflectance spectrophotometry

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	94	mg/dL	70-140	GOD - POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:PLP1461449



Patient Name : Miss.DIVYA CHAUHAN  
Age/Gender : 30 Y 0 M 13 D/F  
UHID/MR No : SCHE.0000086123  
Visit ID : SCHEOPV102268  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 477643


Collected : 08/Jun/2024 10:18AM  
Received : 08/Jun/2024 01:39PM  
Reported : 08/Jun/2024 01:41PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM</b>	13	U/L	4-44	Peroxidase oxidation of Diarylimidazole Leuco Dye

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.30	mg/dL	0.1-1.2	Diazo Dye Formation - reflectance spectrophotometr



**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:SE04744132





Patient Name : Miss.DIVYA CHAUHAN  
 Age/Gender : 30 Y 0 M 13 D/F  
 UHID/MR No : SCHE.0000086123  
 Visit ID : SCHEOPV102268  
 Ref Doctor : Dr.SELF  
 Emp/Auth/TPA ID : 477643

Collected : 08/Jun/2024 10:18AM  
 Received : 08/Jun/2024 01:39PM  
 Reported : 08/Jun/2024 02:45PM  
 Status : Final Report  
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE , SERUM	0.54	mg/dL	0.6-1.1	Ammonia Concentration Measurement - color change o



**DR. APARNA NAIK**  
 MBBS DPB  
 CONSULTANT PATHOLOGIST

SIN No:SE04744132



Patient Name	: Miss.DIVYA CHAUHAN	Collected	: 08/Jun/2024 10:18AM
Age/Gender	: 30 Y 0 M 13 D/F	Received	: 08/Jun/2024 02:19PM
UHID/MR No	: SCHE.0000086123	Reported	: 08/Jun/2024 03:32PM
Visit ID	: SCHEOPV102268	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 477643		

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.020		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4-6	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

**Comment:**

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.



**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:UR2363295





Patient Name : Miss.DIVYA CHAUHAN  
Age/Gender : 30 Y 0 M 13 D/F  
UHID/MR No : SCHE.0000086123  
Visit ID : SCHEOPV102268  
Ref Doctor : Dr.SELF  
Emp/Auth/TPA ID : 477643

Collected : 08/Jun/2024 10:18AM  
Received : 08/Jun/2024 02:19PM  
Reported : 08/Jun/2024 03:32PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

**\*\*\* End Of Report \*\*\***

  
**DR. APARNA NAIK**  
MBBS DPB  
CONSULTANT PATHOLOGIST

SIN No:UR2363295



**Patient Name** : Miss. Divya Chauhan

**Age/Gender** : 30 Y/F

**UHID/MR No.** : SCHE.0000086123

**OP Visit No** : SCHEOPV102268

**Sample Collected on** :

**Reported on** : 08-06-2024 11:31

**LRN#** : RAD2346641

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 477643

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen



**Dr. JAVED SIKANDAR TADVI**  
**MBBS, DMRD, Radiologist**  
Radiology