

Name: Mr. Mithun Nimsatkar Date: 04/04/23

Age: 35y Sex: M/F Weight: 86 kg Height: 176.8 inc BMI: 27.5

BP: 150/90 mmHg Pulse: 78L bpm RBS: _____ mg/dl
156/88 SpO2: 99%

- F/H - Father - HT, DM
- Non Smoker
- Alcohol 4 times/month
 - 200ml in one go
- k/c Oral submucous Fibrosis
- Anxiety +

O/E

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P/A

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IMV.

T. Chol - 253

TG - 207

LDL - 153

Gd. ↓ Fatty liver.

Rx

1. T. Met XL 12-5 1 - + - +

2. T. Roseday 20 × - + - 1
 (90) A/D

- Diet as advised

- Daily exercise

- Rpr. FLP after 3mths

- Stop Alcohol

- BP monitoring

Dr. VIMMI GOEL
 MBBS, MD
 Sr. Consultant-Non Invasive Cardiology
 Reg. No.: 2014/01/0113

KIMS KINGSWAY HOSPITALS

(A Unit Of SPANV Medisearch Lifescience Pvt. Ltd.)

44, Kingsway Near Kasturchand Park Nagpur – 440001

P: +91 7126789100, F: +91 7126789100

Patient Name	MITHUN NIMSATKAR	UHID	2324000395
Age\Sex	35/M	DATE	04/04/2023

GLASS PRSCRIPTION

EYE	SPH	CYL	AXIS	VISION
RIGHT	00	00	00	6/6
LEFT	00	00	00	6/6

NEAR ADDITION

RIGHT	00	N6
LEFT	00	N6

REMARK'S – NORMAL VISION

Dr.ASHISH KAMBLE
MBBS,MS(OPTH),FICO(LON),FVRS.
VITRORETINAL & PHACO SURGEON
REG NO. MCI/11-39352



DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MITHUN NIMSATKAR
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am
Report Date : 04-Apr-23 11:49 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	16.4	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		46.8	40.0 - 50.0 Vol%	Calculated
RBC Count		5.75	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		81	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.5	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		35.0	31.5 - 35.0 g/l	Calculated
RDW		14.1	11.5 - 14.0 %	Calculated
Platelet count		229	150 - 450 10 ³ /cumm	Impedance
WBC Count		7500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		57.5	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		38.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		0.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4312.5	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count		2857.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		270	20 - 500 /cumm	Calculated
Absolute Monocyte Count		60	200 - 1000 /cumm	Calculated



MC-4807



DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MITHUN NIMSATKAR	Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am	Report Date : 04-Apr-23 11:49 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic		
Anisocytosis		Normocytic		
WBC		Anisocytosis		
Platelets		+(Few)		
ESR		As Above		
		Adequate		
		05	0 - 15 mm/hr	Automated
		*** End Of Report ***		Westergren's Method

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MITHUN NIMSATKAR	Age /Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:07 am	Report Date : 04-Apr-23 11:20 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	92	< 100 mg/dl	GOD/POD,Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

- Diabetes Mellites If,
- Fasting \geq 126 mg/dl
- Random/2Hrs.OGTT \geq 200 mg/dl
- Impaired Fasting = 100-125 mg/dl
- Impaired Glucose Tolerance = 140-199 mg/dl

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.3	Non-Diabetic : \leq 5.6 %	HPLC
		Pre-Diabetic : 5.7 - 6.4 %	
		Diabetic : \geq 6.5 %	

Suggested Clinical Correlation * If necessary, Please discuss

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MITHUN NIMSATKAR	Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am	Report Date : 04-Apr-23 11:20 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	235	Enzymatic(CHE/CHO/PO D)
Triglycerides		207	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		43	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		153.05	Enzymatic
VLDL Cholesterol		41	Calculated
Tot Chol/HDL Ratio		5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

*** End Of Report ***

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



MC-4807



KIMS-KINGSWAY
HOSPITALS

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MITHUN NIMSATKAR
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am
Report Date : 04-Apr-23 11:20 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.88	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.34	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.54	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		88	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		46	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		30	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.76	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.90	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.85	2.0 - 4.0 gm/	Calculated
A/G Ratio		1.72		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MITHUN NIMSATKAR **Age / Gender** : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am **Report Date** : 04-Apr-23 11:20 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT				
Blood Urea	Serum	21	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.92	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		111.2		Calculation by CKD-EPI 2021
Sodium		147	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.54	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		1.30	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.06	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		3.38	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

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*** End Of Report **SPANV Medisearch Lifesciences Private Limited**

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 Phone: 011 0712 6789100
 CIN: U74999MH2018PTC303510

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. VAIDHEE NAIK, MBBS, MD
CONSULTANT PATHOLOGIST

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MITHUN NIMSATKAR	Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 10:51 am	Report Date : 04-Apr-23 12:12 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)	Urine	6	4.6 - 8.0
Specific gravity		1.000	1.005 - 1.025
Urine Protein		Negative	Indicators ion concentration protein error of pH indicator
Sugar		Negative	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells	Urine	0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Manual
Crystals		Absent	Manual
<u>USF(URINE SUGAR FASTING)</u>			
Urine Glucose	Urine	Negative	Manual
			GOD/POD

Suggested Clinical Correlation * If necessary, Please discuss

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Phone: 491 0712 6789100
CIN: U74999MH2018PTC303510

(Signature)



MC-4807



DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. MITHUN NIMSATKAR	Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2324000591/UMR2324000395	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 04-Apr-23 09:09 am	Report Date : 04-Apr-23 11:35 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/Serum	" B "

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)

*** End Of Report ***

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IMP

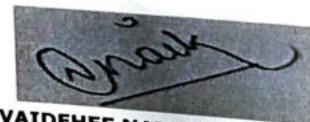
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DR. MILI F
M.D, DNB
CONSULTANT

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

N.B : This is only a prof
Hence, correlation with

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	MITHUN NIMSATKAR	STUDY DATE	04-04-2023 09:26:09
AGE/ SEX	35Y6M1D / M	HOSPITAL NO.	UMR2324000395
ACCESSION NO.	BIL2324000591-9	MODALITY	DX
REPORTED ON	04-04-2023 09:53	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR. MILI PARIKH


M.D., DNB

CONSULTANT RADIOLOGIST

NAME OF PATIENT:	MITHUN NIMSATKAR	AGE & SEX:	35Y/M
REG NO	2324000395		
REF BY:	DR. VIMMI GOEL	DATE:	04/04/2023

USG ABDOMEN AND PELVIS

LIVER is normal in size (13.7 cm) and shows mildly raised echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

PANCREAS is obscured.

SPLEEN is normal in size (10.1 cm) , shape and echotexture. No focal lesion seen.

Right kidney measures - 9.3 x 4.2 cm. Left kidney measures -10.3 x 5.2 cm
Both kidney are normal in size, shape and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture (volume = 19.1 cc).

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION: USG reveals,

- Grade I fatty liver.


DR. VIRAM TANKSALE
MD, DNB (RADIOLOGIST)
REG NO. 2016093942

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Mithun, Nimsatkar
Patient ID: 000395
Height:
Weight:
Study Date: 04.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 03.10.1986
Age: 36yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
REST	SUPINE	00:08	0.00	0.00	86	140/90	
	WARM-UP	00:09	1.00	0.00	91		
EXERCISE	STAGE 1	03:00	1.70	10.00	129	140/90	
	STAGE 2	03:00	2.50	12.00	148	160/90	
	STAGE 3	03:00	3.40	14.00	173	170/90	
	STAGE 4	01:00	4.20	16.00	187		
RECOVERY		01:00	0.00	0.00	160	160/90	
		02:00	0.00	0.00	125	140/90	
		00:36	0.00	0.00			

The patient exercised according to the BRUCE for 9:59 min:s, achieving a work level of Max. METS: 13.30. The resting heart rate of 82 bpm rose to a maximal heart rate of 187 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS MD
Sr Consultant Non Invasive Cardiology
Reg No - 201410110113

MR. MITHUN NIMSTAKAR
 Male

80 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
 . Sinus rhythm.....normal P axis, V-rate 50-99
 . Borderline T abnormalities, inferior leads.....T flat/neg, II III aVF

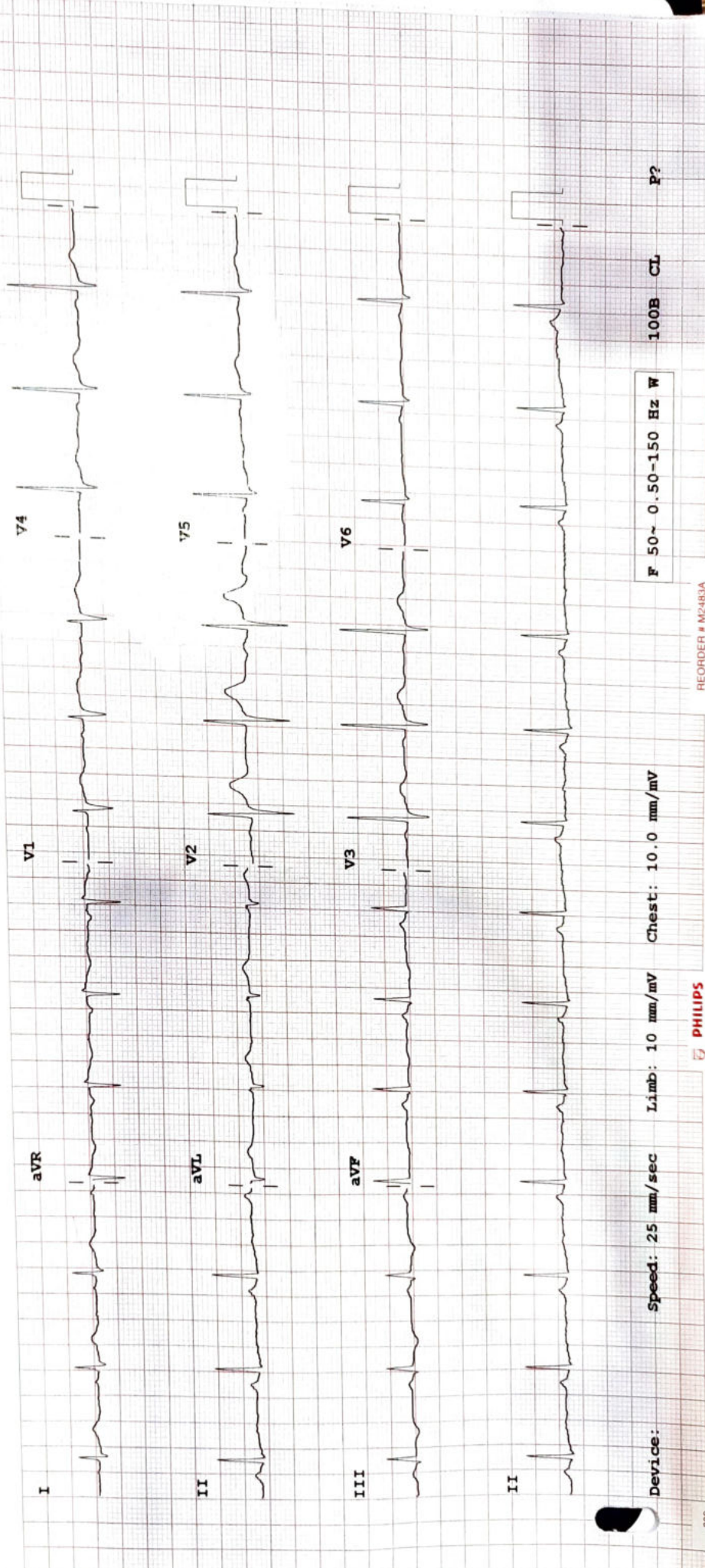
Rate 80
 PR 149
 QRS 87
 QT 370
 QTc 427

--AXIS--
 P 79
 QRS 72
 T -28

- BORDERLINE ECG -

Unconfirmed Diagnosis

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mv Chest: 10.0 mm/mv

F 50~ 0.50-150 Hz W

100B CL P?

REORDER # M2480A

PHILIPS