

S. No.	Service Sub Group	Service Name
1	Bio Chemistry	Lipid Profile (all Parameters)
2	Bio Chemistry	Renal Function Test
3	Bio Chemistry	LIVER FUNCTION TEST (PACKAGE)
4	Bio Chemistry	GGTP: Gamma Glutamyl Transpeptidase - Serum
5	Cardiology	ECG
6	Consultations	Fitness by General Physician
7	Consultations	Ophthal by General Physician
8	Haematology	Urine Routine (CUE)
9	X-Ray	X-Ray Chest PA
10	Ultrasound	Ultrasound - Whole Abdomen
11	Consultations	Consultation - Dental
12	Consultations	Package Consultation - ENT
13	Consultations	Dietician consultation
14	Bio Chemistry	Glycosylated Hemoglobin (HbA1C) - Whole Blood
15	Bio Chemistry	THYROID PROFILE - I(T3,T4 AND TSH)
16	Bio Chemistry	GLUCOSE - SERUM / PLASMA (FASTING AND POST PRANDIAL)
17	Bio Chemistry	URINE GLUCOSE (FASTING)
18	Bio Chemistry	URINE GLUCOSE (POST PRANDIAL)
19	Cardiology	2-D ECHO TMT
20	Others	BMI
21	Blood Bank	Blood Grouping And Typing (Abo And Rh)
22	Haematology	HEMOGRAM (CBC+ESR)

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

CERTIFICATE OF MEDICAL FITNESS



After reviewing the medical history of the employee, I am pleased to certify that he is fit for the job.

Though following respiratory have been noted in my opinion, these are not impediments to the job.

However, the employee should follow the advice/medication that has been communicated to him/her.

<ul style="list-style-type: none"> • Medically Fit 	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. *Saurabh Agarwal*
Medical Officer
Apollo Clinic, Dr. Saurabh Agarwal
 MBBS, MD, FIDM (UK), FAGE
 Reg. No. 60195
 Apollo Clinic, Hazratganj

This certificate is not meant for medico-legal purposes

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Raj Kumar Jaiswal on 03/04/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Mild hepatomegaly i grade II fatty liver</u></p> <p>2.</p> <p>3.</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>3 months</u></p>	✓
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit 	<input type="checkbox"/>

Dr. Saurabh Agarwal
Medical Officer
Apollo Clinic, Dr. Saurabh Agarwal
MBBS, MD, FIDM (K), FAGE
 Reg. No. 61195
 Apollo Clinic, Hazratganj

This certificate is not meant for medico-legal purposes

Patient Name- Mr. Raj Kumar Jaiswal	Date-	03/04/23
Age- 37.	Sex-	M
B P – Systolic	Diastolic	R.B.S.-
Pulse-		SPO2-
Temp-		Height-
Weight-		BMI-
Consultant- Dr. Saurabh Agarwal.		Fat-

- Mild Hepatomegaly c grade II fatty liver

- Rx
- ① Tab Heptagon 1-0-1 X 1 month
 - ② Tab Evion 600 IO 1-0-0 X 1 month

Advice: Avoid oily spicy food
Diet modification
Exercise 30 min/day

Inw: USG Abdomen after
3 months

Saurabh
Dr. Saurabh Agarwal
MBBS, MD, FIDM (UK), FAGE
Reg. No. 68395
Apollo Clinic Hazratganj

Valid for 7 Days

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TO BOOK AN APPOINTMENT

 7897 123 777

Patient Name	: MR. RAJ KUMAR JAISWAL
Age/ Gender	: 37 Y/M
UHID/ MR No	: 4086
Ref Doctor	:

Reported	: 02.april.2023
Status	:
Client Name	:
Patient Location	: LUCKNOW

X-RAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: **NORMAL STUDY.**

Please correlate clinically



Dr. PRIYANK CHAUDHARY
(RADIOLOGIST)

Discrepancies due to technical or typing error should be reported for correction seven days. No compensation ability stands

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TO BOOK AN APPOINTMENT



NAME : MR. RAJ KUMAR JAISWAL **RTNO** : 4086
DATE : 02. APRIL. 2023 **AGE** : 37 Y
REFERRED BY : PAN INDIA **SEX** : M

ULTRASOUND WHOLE ABDOMEN

- **LIVER:** Liver is enlarged in size (15.9 cms) with normal shape & increased echogenicity. Biliary radicals are not dilated. No obvious focal lesion. Portal & hepatic veins are normal in caliber. Periportal region appears normal.
- **GALL BLADDER:** is partially distended. Wall thickness is normal. No pericholecystic fluid collection noted. CBD is not dilated.
- **PANCREAS:** is normal in size and contour. Parenchyma shows normal echotexture. No pancreatic duct dilatation is seen. No peri-pancreatic fluid collection seen.
- **SPLEEN:** is normal in size (9.3 cms), shape & position. Parenchyma shows normal echotexture. Splenic veins are not dilated.
- **B/L KIDNEYS:**
- Both kidneys are normal in size, site, shape, position. Cortical echoes are normal. Cortico-medullary differentiation is maintained. Pelvicalyceal system are not dilated. No obvious calculus / mass / cyst seen.
- **URINARY BLADDER:** is well distended with normal contour. Wall appears regular. No evidence of any calculus /mass lesion is seen.
- **PROSTATE:** appears normal in size measuring 32x32x25 mm and weighing 13.9 gms. Parenchyma shows normal echotexture. No focal lesion / prostatic calcification seen.
- No evidence of free fluid.

IMPRESSION:

➤ **MILD HEPATOMEGALY WITH GRADE II FATTY LIVER.**

ADV: Please correlate clinically

Note:- discrepancies due to technical or typing errors should be reported for correction for seven days. No compensation liability stands.

Typed by

Poonam Tiwari

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Dr. Priyank K.S. Chaudhary

MBBS, DIMRD, DNB(Radiodiagnosis)

TO BOOK AN APPOINTMENT



Report Doc No.: **4958**
Name : **Mr. Raj Kumar Jaiswal / 37 Year / Male**
Referred By : **arcofemi healthcare limited**

Patient No.: **3784-3774**
Collected On : **02-04-2023**
Report On: **02-04-2023 06:38 PM**

CBC (Complete Blood Count)

Hemoglobin Method : (Cyanmethemoglobin)	14.8 gm%	Normal 13-17 gm%
Hematocrit (PCV) Method : (Calculated parameter)	42.5 %	Normal 40-54 %
RBC Count Method : (Electrical Impedence)	4.75 million/cmm	Normal 4.2-5.5 million/cmm
MCV Method : (Calculated parameter)	89.5 fl	Normal 83-101 fl
MCH Method : (Calculated parameter)	31.2 pg	Normal 27-32 pg
MCHC Method : (Calculated parameter)	34.8 g/dl	Normal 31-37 g/dl
RDW-CV Method : (Electrical Impedence)	13.1 %	Normal 11.6-14 %
TLC (Total Leucocyte Count) Method : (Electrical Impedence)	9100 cells/cu.mm	Normal 4000-10000 cells/cu.mm
DLC (Differential Leucocyte Count) Method : (Electrical Impedence)		
Neutrophil	42 %	40-80
Lymphocyte	51 %	20-40
Eosinophil	03 %	1-6
Monocyte	04 %	2-10
Basophil	00 %	0-1
ABSOLUTE LEUCOCYTE COUNT Method : (Electrical Impedence)		
NEUTROPHILS	3822 cells/cu.mm	2000-7000
LYMPHOCYTES	4641 cells/cu.mm	1000-3000
EOSINOPHILS	273 cells/cu.mm	20-500
MONOCYTES	364 cells/cu.mm	200-1000
Platelet Count Method : (Electrical Impedence)	264 thousand/mm ³	Normal 150-450 thousand/mm ³
ESR (Wintrobs)	12 mm/h	Normal 0-10 mm/h
Blood Grouping/ABO RH Typing		
Blood Group	: " O "	
Rh Factor	: Positive	
Blood Sugar (Fasting) Method : (GOD-POD)	86.0 mg/dl	Normal 70-110 mg/dl

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Page 1 End
TO BOOK AN APPOINTMENT



Report Doc No.: 4958

Patient No.: 3784-3774

Name : Mr. Raj Kumar Jaiswal / 37 Year / Male

Collected On : 02-04-2023

Referred By : arcofemi healthcare limited

Report On: 02-04-2023 06:38 PM

HbA1c

TEST NAME	RESULT	UNIT	BIO. REF. RANGE	METHOD
HBA1C, GLYCATED HEAMOGLOBIN, <i>WHOLE BLOOD EDTA</i>	5.7	%		TURBIDIMETRIC

Comment:

Reference range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS > 18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7-6.4
DIAGNOSING DIABETES	≥6.5
DIABETICS	
EXCELENT CONTROL	6-7
FAIR TO GOOD CONTROL	7-8
UNSATISFACTORY CONTROL	8-10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control.

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TO BOOK AN APPOINTMENT



Report Doc No.: 4958
Name : **Mr. Raj Kumar Jaiswal / 37 Year / Male**
Referred By : **arcofemi healthcare limited**

Patient No.: 3784-3774
Collected On : 02-04-2023
Report On: 02-04-2023 06:38 PM

Kidney Function Test (KFT)

Serum Urea Method : <i>(UREASE)</i>	23.0 mg/dl	Normal 10-50 mg/dl
Serum Creatinine Method : <i>(Creatinine amidohydrolase)</i>	0.7 mg/dl	Normal 0.6-1.4 mg/dl
Serum Sodium Method : <i>(Direct ISE)</i>	140.8 mmol/L	Normal 135-146 mmol/L
Serum Potassium Method : <i>(Direct ISE)</i>	3.96 mmol/L	Normal 3.5-5.1 mmol/L

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Referred By : **arcofemi healthcare limited**

Patient No.: 3784-3774
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Report On: 02-04-2023 06:38 PM

Liver Function Test (LFT)

Serum Bilirubin - Total Method : (Diazo sulfanilic)	0.6 mg/dl	Normal 0.2-1.2 mg/dl
Serum Bilirubin - Direct Method : (Diazo sulfanilic)	0.2 mg/dl	Normal 0-0.3 mg/dl
Serum Bilirubin-Indirect Method : (Calculated parameter)	0.4 mg/dl	Normal 0.3-1 mg/dl
Serum SGOT/AST Method : (UV with P-5-P)	19.0 U/L	Normal 10-46 U/L
Serum SGPT/ALT Method : (UV with P-5-P)	22.0 U/L	Normal 10-49 U/L
Serum Alkaline Phosphatase (SALP) Method : (p-nitrophenyl phosphate)	92.0 U/L	Normal 40-129 U/L
Serum Gamma-Glutamyltransferase (GGT) Method : (IFCC)	29.0 U/L	Normal 0-55 U/L

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TO BOOK AN APPOINTMENT



Report Doc No.: 4958
Name : Mr. Raj Kumar Jaiswal / 37 Year / Male
Referred By : arcofemi healthcare limited

Patient No.: 3784-3774
Collected On : 02-04-2023
Report On: 02-04-2023 06:38 PM

Lipid Profile

Serum Cholesterol -Total Method : (CHE/CHO/POD)	191.0 mg/dl	Normal < 200
Serum Triglyceride Method : (Enzymatic)	117.0 mg/dl	Normal < 150
Serum Cholesterol VLDL Method : (Calculated parameter)	23.4 mg/dl	Normal < 30
Serum Cholesterol HDL Method : (Polymer-Detergent)	38.0 mg/dl	Normal > 40
Serum Cholesterol LDL Method : (Calculated parameter)	130 mg/dl	Normal < 100
Total Cholesterol/HDL Ratio Method : (Calculated parameter)	5.03	Normal 0-4.5
LDL/HDL Ratio Method : (Calculated parameter)	3.42	Normal 0-3

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TO BOOK AN APPOINTMENT



Report Doc No.: **4958**
Name : **Mr. Raj Kumar Jaiswal / 37 Year / Male**
Referred By : **arcofemi healthcare limited**

Patient No.: **3784-3774**
Collected On : **02-04-2023**
Report On: **02-04-2023 06:38 PM**

T3 T4 TSH

Serum T3 Method : <i>(Chemiluminescence Immunoassay)</i>	1.10 ng/ml	Normal 0.7-2 ng/ml
Serum T4 Method : <i>(Chemiluminescence Immunoassay)</i>	9.72 µg/dl	Normal 6.1-12.2 µg/dl
Serum Thyroid Stimulating Hormone (TSH) Method : <i>(Chemiluminescence Immunoassay)</i>	1.698 uIU/ml	Normal 0.3-5.6 uIU/ml

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Report Doc No.: 4958
Name : **Mr. Raj Kumar Jaiswal / 37 Year / Male**
Referred By : **arcofemi healthcare limited**

Patient No.: 3784-3774
Collected On : 02-04-2023
Report On: 02-04-2023 06:38 PM

Urine R/M

DEPARTMENT OF CLINICAL PATHOLOGY			
URINE EXAMINATION REPORT			
TEST NAME	VALUE	UNIT	NORMAL VALUE
PSYISICAL EXAMINATION:-			
Urine Color	Pale Yellow		Pale yellow
Reaction	Acidic		Acidic/Alkaline
Appearance	Clear		Clear
Specific Gravity	1.025		1.010-1.025
CHEMICAL EXAMINATION:-			
Albumin	Absent		Trace/Nil
Glucose	Absent		Absent
Ketone	Absent		Absent
Blood	Absent		Absent
Bilirubin	Absent		Absent
Urobilinogen	Absent		Absent
Nitrite	Absent		Absent
MICROSCOPIC EXMINATION:-			
Pus Cells(WBC)	Occasional	Cells/hpf	
Red Blood Cells (RBC)	Nil	Cells/hpf	
Epithelial Cell	0-1	Cells/hpf	
Casts	Nil	Nil	
Bacteria	Nil		
Crystals	Nil	Nil	

End of Report



Checked By


Dr. Divya Mehdiratta
MBBS, MD (Pathologist)

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TO BOOK AN APPOINTMENT



CONSENT FORM

Patient Name: _____ Age: _____

UHID Number: _____ Company Name: _____

I Mr/Mrs/Ms: _____ Employee of _____

(Company) want to inform you that I am not interested in getting _____

Tests done which is a part of my routine health check package.

And I Claim the above statement in my full consciousness.

Patient signature:  _____ Date: _____

PP, Pep smear, urine, diet consultation and
ENT will be done on Friday.
because of office I am not able to come
on mon so Thursday.

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TO BOOK AN APPOINTMENT



Mr. Raj Kumar Jaiswal
Age - 37y/F

Vm $\left\{ \begin{array}{l} 6/6P \\ 6/6P \end{array} \right.$

C/O - none,

Vm_{CPH} $\left\{ \begin{array}{l} 6/6 \\ 6/6 \end{array} \right.$

Nvm $\left\{ \begin{array}{l} N6 \\ N6 \end{array} \right.$

Cvm $\left\{ \begin{array}{l} 38/38 \\ 38/38 \end{array} \right\}$ MINIC

Subjective Improvement.

R \rightarrow -0.50 DS -6/6

L \rightarrow -0.50 DS -6/6

Nvm $\left\{ \begin{array}{l} N6 \\ N6 \end{array} \right.$

★ Constant Use.

★ Blue cut glass.

Raj Kumar Jaiswal 37/M

c/c - regular dental checkup

dc - stains +
calculus +

Adv - ① oral prophylaxis



2.4.23.

Dr.

Dr. ROHIT MADAN
MDS (Periodontist & Oral Implantologist)
Consultant Dentist
DCI Reg. No. 002259
Apollo Clinic, Hazratganj

Licensee: TECHNO MEDICALS INDIA

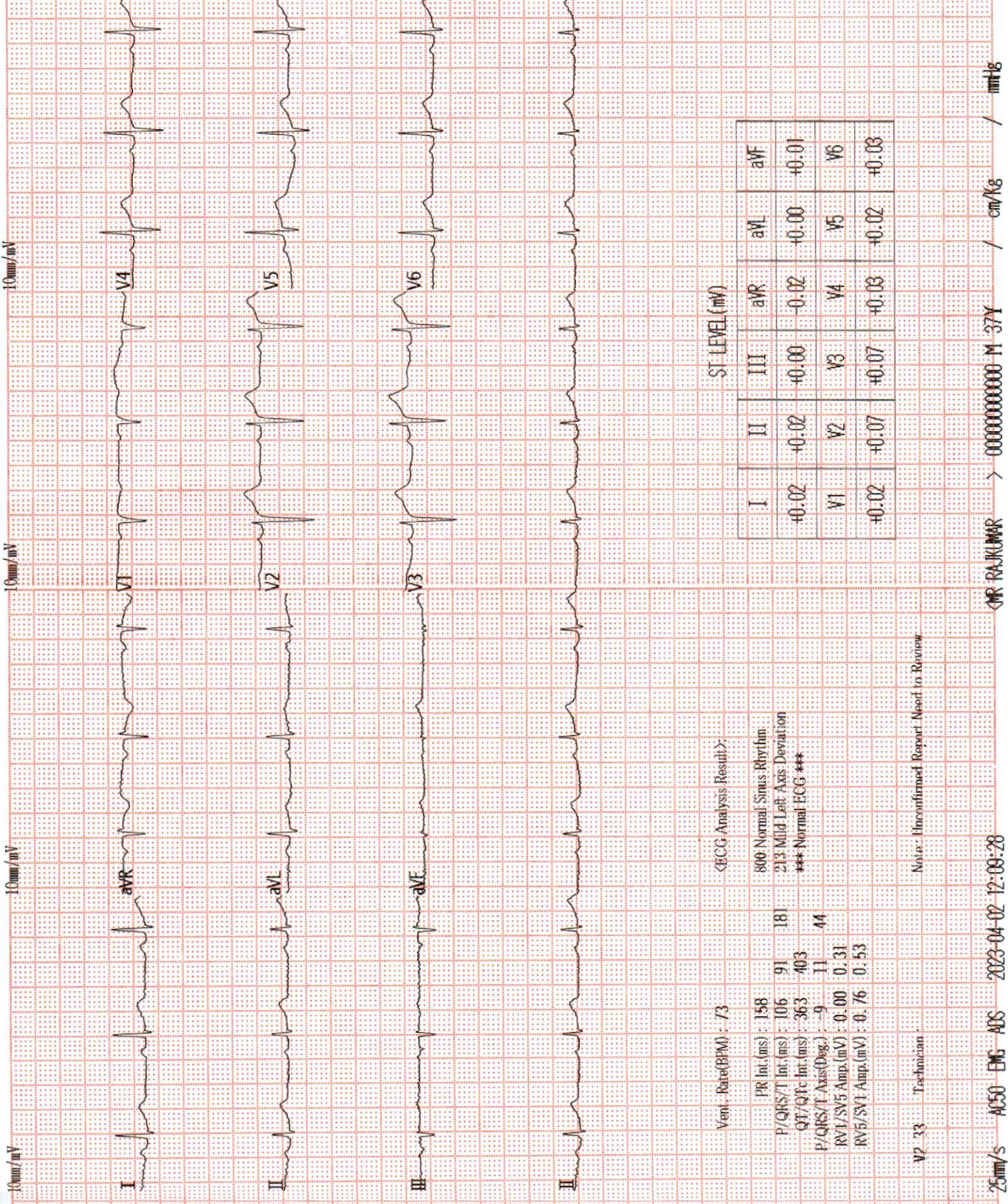
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TO BOOK AN APPOINTMENT





<ECG Analysis Result>

Vent. Rate(BPM) : 73
 PR Int.(ms) : 158
 P/QRS/T Int.(ms) : 106
 QT/QTc Int.(ms) : 363 / 403
 P/QRS/T Axis(Deg.) : -9 / 11 / 44
 RV1/SV5 Amp.(mV) : 0.00 / 0.31
 RV5/SV1 Amp.(mV) : 0.76 / 0.53
 800 Normal Sinus Rhythm
 213 Mild Left Axis Deviation
 *** Normal ECG ***

		ST LEVEL (mV)									
I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
+0.02	+0.02	+0.00	-0.02	+0.00	+0.01						
+0.02	+0.07	+0.07	+0.03	+0.02	+0.03						

Note: Unconfirmed Report Need to Review

V2 33 Technician



4086 : DR RAJKUMAR JASWAL / 37 Yrs / 169 Cms / 88 Kg Date: 02-11-2023 Technician : HRITIK Examined By: CARDIOLOGIST

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Standing	00:07	0:07	00.0	00.0	01.0	085	46 %	120/80	102	00	
ExStart	00:41	0:34	00.0	00.0	01.0	081	44 %	120/80	097	00	
BRUCE Stage 1	03:41	3:00	01.7	10.0	04.7	128	70 %	120/80	153	00	
BRUCE Stage 2	06:41	3:00	02.5	12.0	07.1	153	84 %	130/80	198	00	
PeakEx	09:27	2:46	03.4	14.0	10.0	185	101 %	140/90	259	00	
Recovery	09:57	0:30	00.0	00.0	04.2	173	95 %	140/90	242	00	
Recovery	10:27	1:00	00.0	00.0	01.2	146	80 %	140/90	204	00	
Recovery	11:27	2:00	00.0	00.0	01.0	120	66 %	130/90	156	00	
Recovery	12:27	3:00	00.0	00.0	01.0	115	63 %	120/80	138	00	
Recovery	12:32	3:05	00.0	00.0	01.0	115	63 %	120/80	138	00	

FINDINGS :

Exercise Time : 08:46
 Max HR Attained : 185 bpm 101% of Target 183
 Max BP Attained : 140/90
 Max WorkLoad Attained : 10 Good response to induced stress
 Test End Reasons : Test Complete

REPORT PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The initial HR was recorded as 81.0 bpm, and the maximum predicted Target Heart Rate 183.0. The BP increased at the time of generating report as 140.0/90.0 mmHg The Max Dep went upto 0.0. 0.0 Ectopic Beats were observed during the Test.

CONCLUSIONS:

1. Stress test is negative for ischemia.
2. Blood pressure response to exercise is normal.