

Name : Mrs. JAYASHREE VASANT WAGH (57 /F)

Date : 24/02/2024

Address : NASHIK GOLF CLUB, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000127562

Package : MediWheel Full Body Health Checkup Female Above 40
Package

AHC No : NSKAH39113



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY :01/11/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - Yes
- 2021



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 02
Profession - corporate employed
Diet - Vegetarian

Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Diabetes - father, mother
Hypertension - father, mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 148
Weight - 55.4
BMI - 25.29
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 74
Rhythm - Regular
Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.0		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-3/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	14 *	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6	g/dl	●	11.0-16.0
Haematocrit	35.9	%	●	34.0-48.0
RBC COUNT	4.01	Million/ul	●	3.7-5.6
MCV	89.6	fl	●	75.0-95.0
MCH	28.9	pg	●	26.0-32.0
MCHC	32.3	g/dl	●	31.0-36.0
RDW	13.3	%	●	11-16
Platelet Count(Optical/Impedance)	207	10 ⁹ /m ³	●	140-440
TLC Count	5.63	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	55	%	●	40-75
Lymphocytes	37	%	●	20-45
Eosinophils	03	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	61	U/L	●	0-100
AST (SGOT) - SERUM	22	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	229 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 13 U/L ● 0-50

TOTAL T3: TRI IODOTHYRONINE - SERUM 142 ng/dL ● Healthy Adults: 69 - 215

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range
Glucose - Plasma (Fasting) 96 mg/dL ● 70-100

TOTAL T4: THYROXINE - SERUM 11.0 µg/dL ● Healthy Adults: 5.2 - 12.7

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Plasma (POST PRANDIAL) 100 mg/dL ● 70-140

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
Triglycerides - Serum 94 mg/dL ● 0-150
VLDL SERUM-CALCULATED 18.8000

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 5.8 % ● 0.0-6.0
Mean Plasma Glucose (MPG) Estimate: 129.1800 mg/dL

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.4 uIU/mL ● Healthy Adults: 0.3 - 4.5

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM / PLASMA 59 mg/dL ● 40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 3.9 ● 0.0-4.5
LDL Cholesterol (Direct LDL) 189 mg/dL

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
UREA - SERUM / PLASMA 22 mg/dL ● 15-38
UREA NITROGEN SERUM/PLASMA: (Calculated) 10 mg/dL ● 7-18

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN, TOTAL - SERUM / PLASMA 7.8 g/dL ● 6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA 7.8 g/dL ● 6.4-8.2

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 2.8 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated) 0.6 mg/dL ● 0.0-0.7

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

CARDIAC STRESS TEST - (TMT)

ECG

MAMMOGRAPHY

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- 1) No significant abnormality is seen on this study.
- 2) BI – RADS - Category 1.

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Apollo Prediabetes Risk Tool

Low Risk

You are at **low risk** for developing prediabetes.

The **Apollo Hospitals Prediabetes Risk tool** is a comprehensive, community-based risk assessment tool for the early diagnosis of prediabetes (before estimation of blood glucose or HbA1C). This tool compiles data based on your physical parameters, lifestyle, and health attributes and assesses whether you have a low, medium or high risk for undiagnosed prediabetes. The tool has been developed based on Indian demographics and has more than 90% accuracy.

ADVICE

- Follow the guidance and education on **dietary and lifestyle management**
- Aim for 30 minutes or more of moderately intense **exercise** (such as brisk walking) most days of the week, for a minimum of 150 minutes (2.5 hours) of total physical activity/week.
- You do not need to be referred to an **endocrinologist or diabetologist** at this time.
- Follow your **physician's guidance** regarding **annual follow-up testing**.

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4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the Prediabetes Risk Score without any intervention from their side.
5. By usage of Prediabetes Risk Score, it is deemed that beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.
6. The current model doesn't account for:
 - Uncontrolled and Undiagnosed Diabetes
 - Gestational Diabetes
 - Polycystic Ovarian Disease (PCOD)
 - Diabetes currently being managed