



MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

 Name of the Mark of Iden Age/Date of Photo ID Che 	tification : (M	26/04/	y other (specif		7M ce/Company ID)
PHYSICAL DETA	AILS:	29-11	errano neno na av	A Description of the Control of the Control	
a. Height		eight! (2)	(Kgs)		domen (cms) Diastolic &
			1st Reading		anotamyon.
	o de la constituir de l	allinani 190 n	2 nd Reading		na la
FAMILY HISTOR	RY:				
Relation	Age if Living	Health	Status	If deceased, age	at the time and cause
Father				61 (Joshm.
Mother				H. Paulish (m. 2- m.)	
Brother(s)			NS		
Sister(s)		market in	gree tol Tipse	Jan TH YELLASIG	No weet third half to over the

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
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PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details.
- b. Have you undergone/been advised any surgical procedure?
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital?
- d. Have you lost or gained weight in past 12 months'

Have you ever suffered from any of the following?

- · Psychological Disorders or any kind of disorders of the Nervous System?
- Any disorders of Respiratory system?
- Any Cardiac or Circulatory Disorders?
- Enlarged glands or any form of Cancer/Tumour?
- Any Musculoskeletal disorder?

- Any disorder of Gastrointestinal System?
- Unexplained recurrent or persistent fever, and/or weight loss
- · Have you been tested for HIV/HBsAg / HCV before? If yes attach reports
- Are you presently taking medication of any kind?









Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

 Any disorders of Urinary System? 	YN	 Any disorder of the Eyes, Mouth & Skin 	Ears, Nose, Throat or Y/N
FOR FEMALE CANDIDATES ONLY			
a. Is there any history of diseases of breast/genital organs?	Y/N	d. Do you have any history o abortion or MTP	f miscarriage/ Y/N
 b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) 	Y/N	e. For Parous Women, were t during pregnancy such as hypertension etc	there any complication gestational diabetes,
c. Do you suspect any disease of Uterus, Cervix or Ovaries?	Y/N	f. Are you now pregnant? If	yes, how many months? Y/N
CONFIDENTAIL COMMENTS FROM MEDIC.	AL EXA	MINER	
➤ Was the examinee co-operative?		0.01 agent r = 1	(Y/N
Is there anything about the examine's health, life his/her job?	estyle tha	at might affect him/her in the n	ear future with regard to Y/N
> Are there any points on which you suggest furth	er inforn	nation be obtained?	Y/N
Based on your clinical impression, please provide	le your s	uggestions and recommendation	ons below;
Meo	hical	consult	AND 12 DE CHIE
➤ Do you think he/she is MEDICALLY FIT or UN	NFIT for	employment.	
MEDICAL EXAMINER'S DECLARATION			
I hereby confirm that I have examined the above indi- above are true and correct to the best of my knowled		fter verification of his/her iden	tity and the findings stated
		1.	
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Name & Signature of the Medical Examiner :			
Dr.	GEOR	GE THOMAS	
Seal of Medical Examiner :		MD, FCSI, FIAE	

DDRC SRL Diagnostics Private Limited

MEDICAL EXAMINER Reg: 86614

Name & Seal of DDRC SRL Branch

Date & Time

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भारत सरकार

Government of India

000

Jiby K George ਕਰਮ ਨਿੰਧਿ / DOB : 26/04/1983 ਧੂਰਥ / Male



2169 5381 0615 मेरा भाधार मेरी पहचान





आस्तीय विशिष्ट पहुंचान प्राधिकरण

Unique Identification Authority of India

पताः S/O फ्लॉरी जॉर्ज, कनक्क्ास्शेयं हाउस, एलमकुंनपुजहा, ओचंठूरुत, एरनाकुलम, कोच्ची, केरला, 682508

Address: S/O Flory George, Kanakkassery House, Elamkunnapuzha, Ochanthuruth, Ernakulam, Kochi, Kerala, 682508

2169 5381 0615







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CLIENT'S NAME AND ADDRESS :

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 **DELHI INDIA** 8800465156

DDRC SRL DIAGNOSTICS DDRC SRL Tower, G-131,Panampilly Nagar, PANAMPALLY NAGAR, 682036 KERALA, INDIA

Tel: 93334 93334

Email: customercare.ddrc@srl.in

PATIENT NAME: MR. JIBY.K.GEORGE

REFERRING DOCTOR: DR. BANK OF BARODA

PATIENT ID : JIBYM2604834126

ACCESSION NO: 4126WA010488 AGE: 39 Years

SEX: Male

ABHA NO:

REPORTED:

28/01/2023 14:18

DRAWN:

RECEIVED: 28/01/2023 08:35

CLIENT PATIENT ID :

Test Report Status

Preliminary

Results

Biological Reference Interval Units

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

OPTHAL

OPTHAL

TEST COMPLETED

* TREADMILL TEST

TREADMILL TEST

ECHO DONE





CIN: U85190MH2006PTC161480 (Refer to "CONDITIONS OF REPORTING" overleaf)







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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

BUN/CREAT RATIO

BUN/CREAT RATIO

7.3

CREATININE, SERUM

CREATININE

1.09

18 - 60 yrs: 0.9 - 1.3

mg/dL

METHOD: JAFFE KINETIC METHOD

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA

190

High Diabetes Mellitus: > or = 200.

Hypoglycemia: < 55.

Impaired Glucose tolerance/ Prediabetes: 140 - 199.

mq/dL

mg/dL

METHOD: HEXOKINASE

GLUCOSE FASTING, FLUORIDE PLASMA

GLUCOSE, FASTING, PLASMA

93

Diabetes Mellitus : > or = 126.

Impaired fasting Glucose/ Prediabetes: 101 - 125.

Hypoglycemia : < 55.

METHOD . HEXOKINASE

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

GLYCOSYLATED HEMOGLOBIN (HBA1C)

6.7

High Normal

: 4.0 - 5.6%. %

Non-diabetic level : < 5.7%.

Diabetic

: >6.5%

Glycemic control goal

More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.

Glycemic targets in CKD :-If eGFR > 60: < 7%.

If eGFR < 60:7 - 8.5%.

High < 116.0

mg/dL

MEAN PLASMA GLUCOSE LIPID PROFILE, SERUM

145.6

298

High Desirable: < 200 High

Borderline: 200-239

mg/dL

METHOD: CHOD-POD

CHOLESTEROL

TRIGLYCERIDES

237

High Normal

: < 150

mg/dL

Page 2 Of 15

High

: 150-199

Hypertriglyceridemia: 200-499

: >or= 240

Very High: > 499



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HDL CHOLESTEROL METHOD: DIRECT ENZYME CLEARANCE	41		General range : 40-60	mg/dL
DIRECT LDL CHOLESTEROL	230	High	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	257	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	47.4	High	Desirable value : 10 - 35	mg/dL
CHOL/HDL RATIO	7.3	High	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	5.6	High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	Risk

Comments

Factors that can influence triglyceride level in blood include diet (non-12 hrs. fasting status),
Alcohol, Drug intake, Pregnancy, Smoking, Obesity, Stress and inflammation. So, if clinically not correlating contact lab within 24 hours.







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Interpretation(s)

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.
- 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
- 3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of
- 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
- 5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category					
Extreme risk group	A.CAD with > 1 feature of high risk group				
	B. CAD with > 1 feature of Very high risk group or recurrent ACS (within 1 year) despite LDL- < or = 50 mg/dl or polyvascular disease				
Very High Risk	Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia				
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque				
Moderate Risk	2 major ASCVD risk factors				
Low Risk	0-1 major ASCVD risk factors				
Major ASCVD (Ath	nerosclerotic cardiovascular disease) Risk l	Factors			
1. Age $>$ or $=$ 45 year	rs in males and > or = 55 years in females	3. Current Cigarette smoking or tobacco use			
2. Family history of	premature ASCVD	4. High blood pressure			
5. Low HDL					

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug The	erapy
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" td=""><td>>OR = 50</td><td>>OR = 80</td></or>	>OR = 50	>OR = 80





Units



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Extreme Risk Group Category B	<or 30<="" =="" th=""><th><or 60<="" =="" th=""><th>> 30</th><th>>60</th></or></th></or>	<or 60<="" =="" th=""><th>> 30</th><th>>60</th></or>	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

Results

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

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BILIRUBIN, TOTAL METHOD: DIAZO METHOD	0.39	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT METHOD: DIAZO METHOD	0.14	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.26	0.00 - 0.60	mg/dL
TOTAL PROTEIN	7.3	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
ALBUMIN	4.5	20-60yrs: 3.5 - 5.2	g/dL
GLOBULIN	2.8	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.6	1.00 - 2.00	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25	Adults: < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD: IFCC WITHOUT PDP	61	Adults : < 45	U/L
ALKALINE PHOSPHATASE METHOD: IFCC	107	Adult(<60yrs): 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) TOTAL PROTEIN, SERUM	86 Hig	h Adult (Male): < 60	U/L
TOTAL PROTEIN METHOD: BIURET	7.3	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	7.4	Adults: 3.4-7	mg/dL

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD



METHOD: SPECTROPHOTOMETRY

Page 5 Of 15

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^{*}After an adequate non-pharmacological intervention for at least 3 months.







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Test Report Status <u>Preliminary</u>	Results		Units
		of charge	
ABO GROUP METHOD: GEL CARD METHOD	0		
RH TYPE	POSITIVE		
BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN METHOD: NON CYANMETHEMOGLOBIN	15.3	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT METHOD: IMPEDANCE	6.13	High 4.5 - 5.5	mil/μL
WHITE BLOOD CELL COUNT METHOD: IMPEDANCE	5.86	4.0 - 10.0	thou/µL
PLATELET COUNT METHOD: IMPEDANCE	303	150 - 410	thou/µL
RBC AND PLATELET INDICES			
HEMATOCRIT METHOD: CALCULATED	46.3	40 - 50	%
MEAN CORPUSCULAR VOL METHOD: DERIVED FROM IMPEDANCE MEASURE	75.5	Low 83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD: CALCULATED	24.9	Low 27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD: CALCULATED	33.0	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	14.9	12.0 - 18.0	%
MENTZER INDEX	12.3		
MEAN PLATELET VOLUME METHOD: DERIVED FROM IMPEDANCE MEASURE	8.3	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT			
SEGMENTED NEUTROPHILS METHOD: DHSS FLOWCYTOMETRY	57	40 - 80	%
LYMPHOCYTES METHOD: DHSS FLOWCYTOMETRY	32	20 - 40	%
MONOCYTES METHOD: DHSS FLOWCYTOMETRY	8	2 - 10	%
EOSINOPHILS METHOD: DHSS FLOWCYTOMETRY	3	1 - 6	%
BASOPHILS METHOD: IMPEDANCE	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.34	2.0 - 7.0	thou/µL



Page 6 Of 15 Scan to View Report

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METHOD : CALCULATED			
ABSOLUTE LYMPHOCYTE COUNT METHOD: CALCULATED	1.88	1 - 3	thou/µL
ABSOLUTE MONOCYTE COUNT METHOD: CALCULATED	0.47	0.20 - 1.00	thou/µL
ABSOLUTE EOSINOPHIL COUNT METHOD: CALCULATED	0.18	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.8		
ERYTHROCYTE SEDIMENTATION RATE (ESR), W BLOOD	HOLE		
SEDIMENTATION RATE (ESR) METHOD: WESTERGREN METHOD	14	0 - 14	mm at 1 hr
* SUGAR URINE - POST PRANDIAL			
SUGAR URINE - POST PRANDIAL THYROID PANEL, SERUM	NOT DETECTED	NOT DETECTED	
T3 METHOD: ELECTROCHEMILUMINESCENCE	120.20	80 - 200	ng/dL
T4 METHOD: ELECTROCHEMILUMINESCENCE	7.66	5.1 - 14.1	μg/dl
TSH 3RD GENERATION METHOD: ELECTROCHEMILLUMINESCENCE	2.340	21-50 yrs : 0.4 - 4.2	μIU/mL





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Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, Free T4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid hormone replacement therapy (3) In cases of Autoimmune/Hashimoto thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical inflammation, drugs like amphetamines, Iodine containing drug and dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre (3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, Free T4 along with TSH, instead of testing for albumin bound Total T3, Total T4, TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PHYSICAL EXAMINATION, URINE

COLOR	AMBER	
APPEARANCE	CLEAR	
CHEMICAL EXAMINATION, URINE		
PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.020	1.015 - 1.030











MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA 8800465156

DDRC SRL DIAGNOSTICS DDRC SRL Tower, G-131,Panampilly Nagar, PANAMPALLY NAGAR, 682036 KERALA, INDIA

Tel: 93334 93334 Email: customercare.ddrc@srl.in

PATIENT NAME: MR. JIBY.K.GEORGE

REFERRING DOCTOR: DR. BANK OF BARODA

PATIENT ID:

JIBYM2604834126

ACCESSION NO: 4126WA010488 AGE: 39 Years

SEX: Male

ABHA NO:

REPORTED :

28/01/2023 14:18

DRAWN:

RECEIVED: 28/01/2023 08:35

CLIENT PATIENT ID:

Test Report Status <u>Preliminary</u>	Results		Units
PROTEIN	NOT DETECTED	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	









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Preliminary

Results

Units

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN

METHOD: UREASE - UV

8

Adult(<60 yrs): 6 to 20

mg/dL

* SUGAR URINE - FASTING

SUGAR URINE - FASTING

NOT DETECTED

NOT DETECTED

* PHYSICAL EXAMINATION, STOOL * CHEMICAL EXAMINATION, STOOL

RESULT PENDING

* MICROSCOPIC EXAMINATION, STOOL

RESULT PENDING

RESULT PENDING





CIN: U85190MH2006PTC161480 (Refer to "CONDITIONS OF REPORTING" overleaf)







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Interpretation(s)

Stool routine analysis is only a screening test for disorders of gastrointentestinal tract like infection, malabsorption, etc. The following table describes the probable conditions, in which the analytes are present in stool.

PRESENCE OF	CONDITION					
Pus cells	Pus in the stool is an indication of infection					
Red Blood cells	Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis					
Parasites	Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days. Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques.					
Mucus	Mucus is a protective layer that lubricates, protects& reduces damage due to bacteria or viruses.					
Charcot-Leyden crystal	Parasitic diseases.					
Ova & cyst	Ova & cyst indicate parasitic infestation of intestine.					
Frank blood	Bleeding in the rectum or colon.					
Occult blood	Occult blood indicates upper GI bleeding.					
Macrophages	Macrophages in stool are an indication of infection as they are protective cells.					
Epithelial cells	Epithelial cells that normally line the body surface and internal organs show up in stool when there is inflammation or infection.					
Fat	Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption.					
pH	Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have an acidic stool.					

- Stool Culture:- This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if treatment for GI infection worked.
- Fecal Calprotectin: It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- 3. Fecal Occult Blood Test(FOBT): This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia.
- 4. Clostridium Difficile Toxin Assay: This test is strongly recommended in healthcare associated bloody or waterydiarrhoea, due to overuse of broad spectrum antibiotics which alter the normal GI flora.
- 5. Biofire (Film Array) GI PANEL: In patients of Diarrhoea, Dysentry, Rice watery Stool, FDA approved, Biofire Film Array Test,(Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria, fungi, virus , parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.
- Rota Virus Immunoassay: This test is recommended in severe gastroenteritis in infants & children associated with watery diarrhoea, vomitting& abdominal cramps. Adults are also affected. It is highly contagious in nature.











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Test Report Status

Preliminary

Results

Units

Interpretation(s)

CREATININE, SERUM-Higher than normal level may be due to:

Blockage in the urinary tract
 Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

· Loss of body fluid (dehydration)

· Muscle problems, such as breakdown of muscle fibers

Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia Gravis

Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1.Evaluating the long-term control of blood glucose concentrations in diabetic patients.

Diagnosing diabetes.
 Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

eAG gives an evaluation of blood glucose levels for the last couple of months
 eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to:

I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results. IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy
LIPID PROFILE, SERUM-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk

of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don'''t cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it

doesn' t need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism,



Page 12 Of 15 Scan to View Report

CIN: U85190MH2006PTC161480



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Test Report Status

Preliminary

Results

Units

and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

Recommendations:

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom"""s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome. Protein-losing enteropathy etc.

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome

Causes of decreased levels-Low Zinc Intake, OCP, Multiple Sclerosis

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait
(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.4 (20.1%) and NLR = 3.5 (20.1%) and NLR = 3.6 (20.1%) and NLR = 3.6 (20.1%) and NLR = 3.6 (20.1%) and NLR = 3.7 (20.1%) and NLR = 3.8 (2 3.3, COVID-19 patients tend to show mild disease.
(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change, TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS



CIN: U85190MH2006PTC161480 (Refer to "CONDITIONS OF REPORTING" overleaf) Page 13 Of 15

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RELEADANT MINEROSTICS AFTWISTE CLIENT'S NAME AND ADDRESS :

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Units

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT"S TEST

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST









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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

* ECG WITH REPORT

REPORT

TEST COMPLETED

* USG ABDOMEN AND PELVIS

REPORT

TEST COMPLETED

* CHEST X-RAY WITH REPORT

REPORT

TEST COMPLETED

End Of Report

Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

DR.HARI SHANKAR, MBBS MD (Reg No - TCMC:62092)

HEAD - Biochemistry & Immunology

DR.NILA THERESA DAVIS, MBBS MD(PATH) (Reg No - TCMC:45470) **CONSULTANT PATHOLOGIST**

DR.VIJAY K N,MBBS MD(PATH) (Reg No - KMC:91816) **HEAD-HAEMATOLOGY & CLINICAL PATHOLOGY**

DR.SMITHA PAULSON, MD (PATH), DPB (Reg No - TCMC:35960) LAB DIRECTOR & HEAD-HISTOPATHOLOGY & CYTOLOGY







INDIA'S LEADING DIAGNOSTICS NETWORK

Forony

Jiby K Creonge Belon Chilomina K A

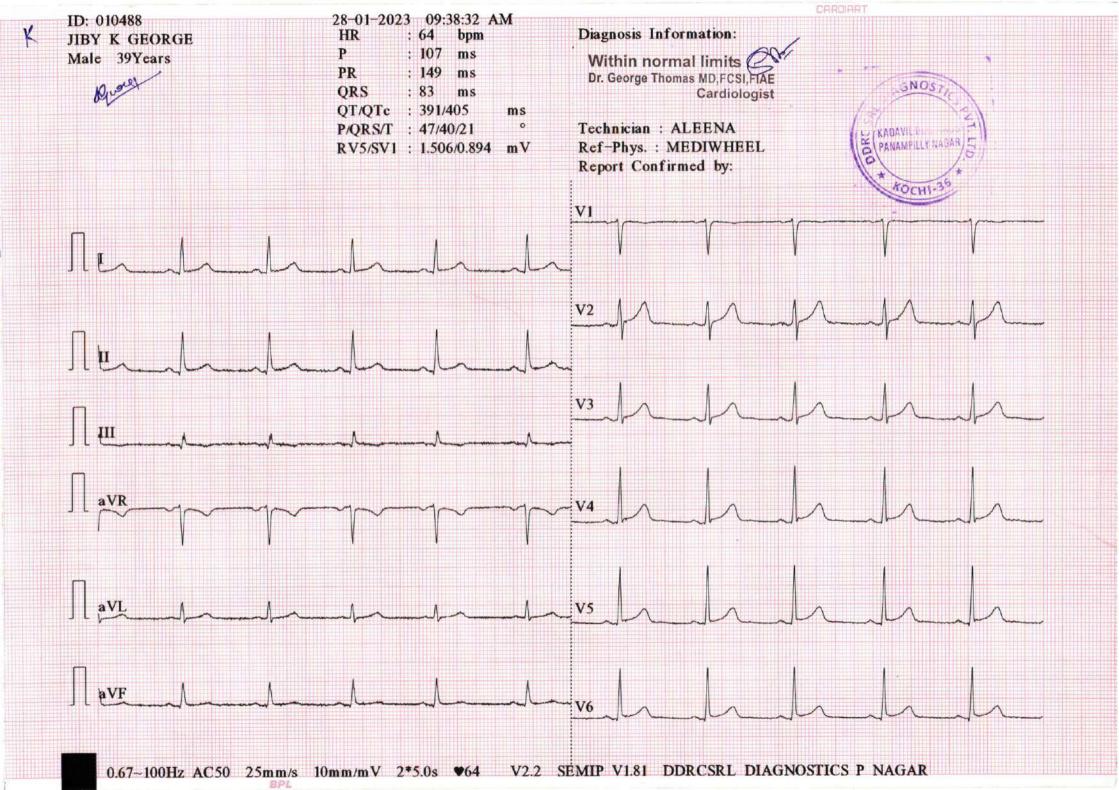
To, DORC SEL

Subject ! NOT USING STOOL TEST .

The Stool test for the Armal cheque up is not required.



yours Jouthely





Date. 28 . 01 . 2023

OPHTHALMOLOGY REPORT

$Mr / Ms : \underline{ \ \ \ \ \ \ \ \ \ \ } \ \ \$
Visual Acuity: R: 612ρ $2\rho \times 2 616$ L: 616ρ R: $N6$
For far vision $R: \frac{6112p}{2p}$ $L: \frac{616p}{R}$ $R: \frac{1612p}{1616}$
R: N6
R: N6
For near vision
L:Nb
Color Vision: Normal
Nannu Elizabeth (Optometrist)



NAME: MR JIBY K GEORGE	STUDY DATE: 28.01.2023			
AGE / SEX: 39 YRS / M	REPORTING DATE: 28.01.2023			
REFERRED BY: MEDIWHEEL ARCOFEMI	ACC NO:4126WA010488			

X- RAY - CHEST PA VIEW

- Suboptimal inspiration.
- Mild prominence of aortic knuckle
- Both lung fields are clear.
- ❖ B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio -thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

Kindly correlate clinically

Dr. NAVNEET KAUR MBBS . MD Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.



MD HDV V CEODCE	
MIN JIDI N GEORGE	AGE 39 YRS
MALE	
	DATE January 28, 20
BANK OF RARODA	
Dimoda	ACC NO 4126VL01048
	MR JIBY K GEORGE MALE BANK OF BARODA

USG ABDOMEN AND PELVIS

LIVER Measures ~ 16.5 cm. Moderately bright echotexture.

Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber.

GB No calculus within gall bladder. Normal GB wall caliber.

Measures ~ 11.2 cm, normal to visualized extent. Splenic vein normal. SPLEEN

PANCREAS Normal to visualized extent. PD is not dilated.

KIDNEYS RK: 10.7 x 2.6 cm, appears normal in size and echotexture.

LK: 10.8×5.6 cm, appears normal in size and echotexture.

No focal lesion / calculus within.

Maintained corticomedullary differentiation and normal parenchymal thickness.

No hydroureteronephrosis.

BLADDER Normal wall caliber, no internal echoes/calculus within.

PROSTATE 20cc in volume with median lobe protruding 4 mm into UB.

NODES/FLUID Nil to visualized extent.

BOWEL Visualized bowel loops appear normal.

IMPRESSION Hepatomegaly with grade II fatty liver.

♣ Grade I median lobe enlargement. Adv: Serum PSA correlation.

Kindly correlate clinically.

Dr. NAVNEET KAUR MBBS . MD Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.











Name: Jiby K George

39/M

Date: 28/01/2023

Ref: Bank of Baroda

Accession No:4126WA010488

ECHOCARDIOGRAPHY REPORT

Cardiac ultrasound examination was done using Acuson *Juniper* machine with 5P1 transducer. Imaging and Doppler studies including Colour Flow Mapping (CFM) were performed (images and measurements attached) Relevant observations are noted as follows:

- Normal LV size and contractility (EF:67%)
- No regional wall motion abnormalities
- > Normal valves
- > No abnormal flow patterns on CFM
- > No intracardiac clots
- > No pericardial effusion

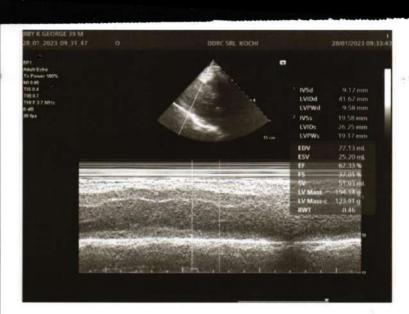
Dr. George Thomas

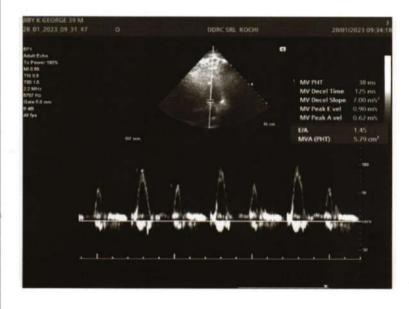
Cardiologist

Fellow, Indian Academy of Echocardiography

Ultrasound reports are not 100% specific and can vary significantly depending on the clinical conditions. The report has to be correlated clinically and is not for medico-legal purposes.

Thanks for the referral. Your feedback is appreciated.







JBY K GEORGE 39 M 28 D1 2023 09 31 47				DDRC SRL	MODEL IN		
Tekhholi (M)				tion, sit	NOCH!		28/01/202
Label Disotole	Method		Method Value				Vs
MSd			9.17 mm				
EMDR			41.67 mm				
turwa			9.58 mm	9.58			
Systole							
NSs			19.58 mm	19.58			
EMOs.			26.25 mm	26.25			
EVPWs			19.17 mm				
EDV			77.13 mt				
ess.			25.20 ml.				
			67,33%				
			17.01 %				
			\$1.93 mt				
EV Mens			154.14.9				
EV Mess c			123.91 g				
INNT			0.46				