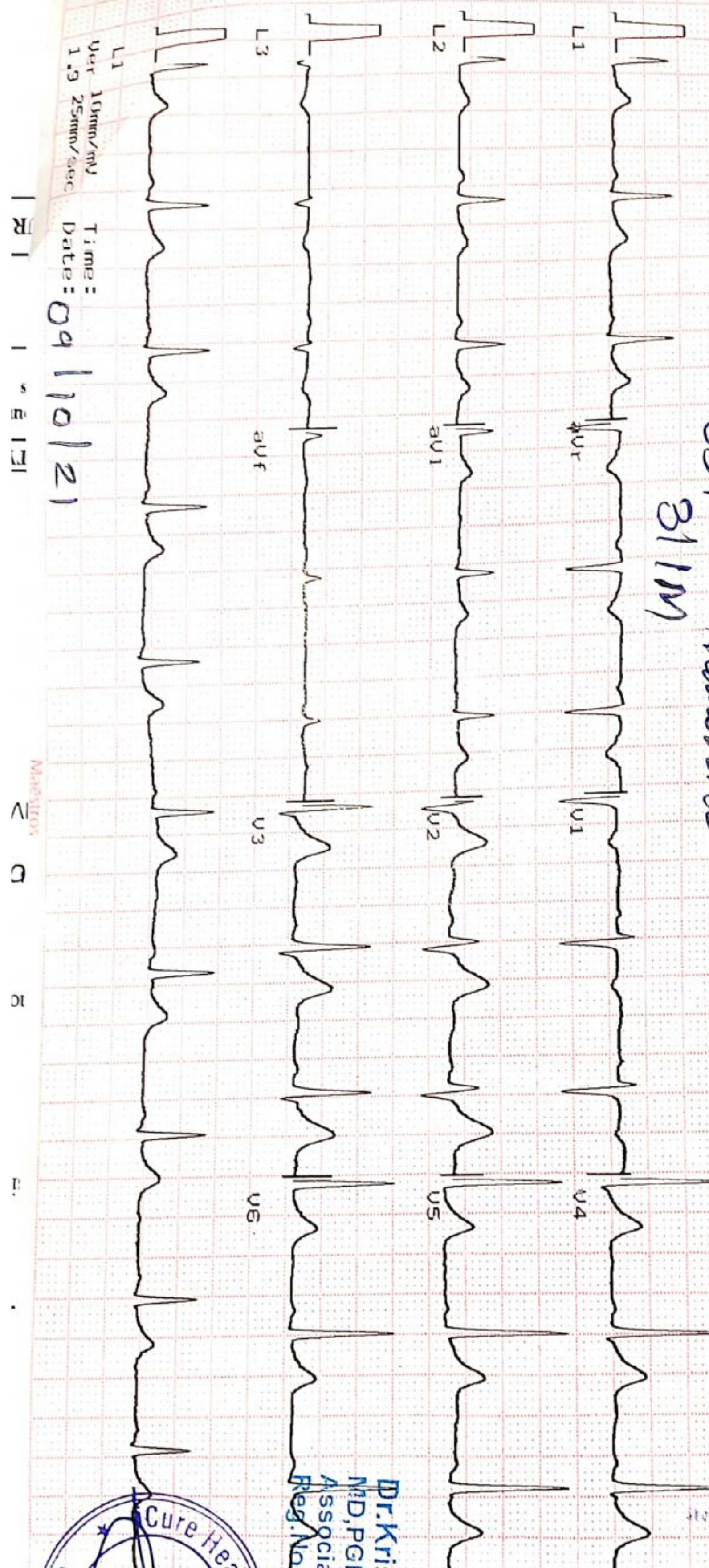


ICURE MEDICAL CARE

Name: _____
 ___ yrs ___ cm ___ Kg BP ___

Ustas Kundhite
 31/11/21

Ushan Kavathi

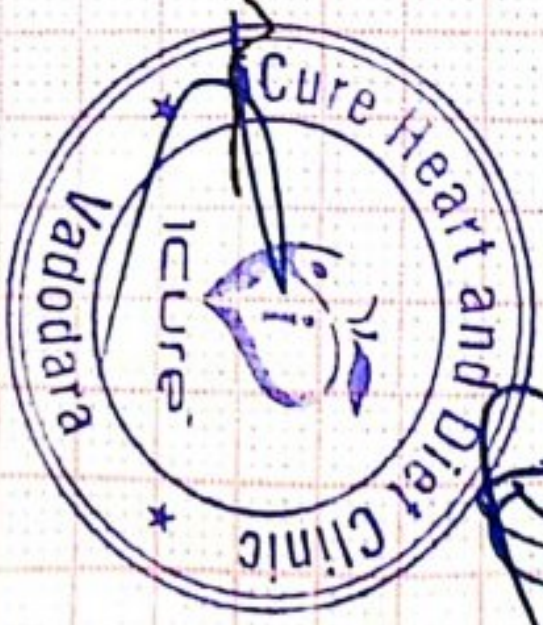


Heart Rate : 71 bpm

INTERVAL (ms)
 PR: 112 QRS: 50
 QT: 345 QTc: 380
 ST: 152

AXIS (deg)
 P : 44 QRS: 16
 T : 11

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant - Cardiology
 Reg. No G-50510



Ver: 10mm/mV
 1.9 25mm/sec
 Time: _____
 Date: 09/11/21



Shreeji Multispeciality Hospital

Inspiring better health...

Shreeji Occupational Centre Shreeji Pathology Laboratory

112F, Tower-A, Senate Square, Opp. Gangotri Apartment, Vuda Char Rasta, Gotri, Vadodara-390021.
M. : 9157022510, Email : shreejihospital19@yahoo.com, smh31082015@gmail.com

NAME	UTSAV KANSHIK	DATE	04/10/21
		SR. NO.	
		SEX.	Male
		AGE	31
		HEIGHT	182cm.
		WEIGHT	84kg

HISTORY

Present History : NO
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy - NO
 Past Occupational History :
 Family History :
 Personal History : } NO
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol NO

GENERAL EXAMINATION

T.P.R. : (72) B.P. : 110/82 mm Hg :

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NO

SYSTEMIC EXAMINATION

R.S. :
 C.V.S :
 C.N.S :
 A.S. :
 Musculo-skelet System : } NAD

E.N.T. Ex.	} NAD	ACUITY OF VISION		RT EYE	LT EYE
Dental Ex.		Without Glass	DISTANT	6/ 6	6/ 6
Skin Ex.			Near	6/ 6	6/ 6
Psychic Ex.		With Glass	DISTANT	6/ -	6/ -
	Near		6/ -	6/ -	
		COLOUR BLINDNESS NO			

REMARK - Nil -

ADVICE - Nil -

The Worker is FIT/UNFIT for the assigned job.

Dr. Krish Vaidya
 MD, PCDC
 Associate Consultant - Cardiology
 Reg. No. 30910

MD G-50510, CIH



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KAUSHIK UTSAV TRIBHUWAN
EC NO.	65964
DESIGNATION	IT
PLACE OF WORK	VADODARA,HO, ALKAPURI
BIRTHDATE	21-01-1990
PROPOSED DATE OF HEALTH CHECKUP	09-10-2021
BOOKING REFERENCE NO.	21D65964100005042E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-10-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



नाम
Name उत्सव त्रिभुवन कौशिक
UTSAV TRIBHUWAN KAUSHIK

कार्यकारी कूट क्र
E.C. No. 65964

K.P.C. Jha
जारीकर्ता प्राधिकारी
Issuing Authority



Utsav Kaushik
धारक के हस्ताक्षर
Signature Holder's

U



D. Krish P. Vaidya
M.D. PGDCC
Associate Consultant-Cardiology
Reg.No.G-50510

UNION OF INDIA Driving Licence (RJ) (NT)
RJ14 20090821092

जारी करने की तिथि Date of Issue 09/09/2009	वैधता / Validity 08/09/2029
जन्म तिथि Date of Birth 21/01/1990	Blood Group O+

नाम / Name
UTSAV TRIBHUWAN KAUSHIK
पिता/पति का नाम / Son/Daughter/Wife of
TRIBHUWAN NATH GOSWAMI

688 **UTSAV KAUSHIK**
31 Yrs/ M Kg / Ht cms Ref. No.:

Date: 09/10/2021 Ref By:
Time: 10:29 AM Protocol: Bruce

Summary

History:
Medication:

Stage	Stg Time min:sec	Speed km/h	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	80	120/80	96	
Supine				1	80	120/80	96	
Hyp Vent				1	79	120/80	95	
Standing				1	84	120/80	101	
S1	03:00	2.7	10.0	4.8	120	120/80	144	
S2	03:00	4.0	12.0	6.9	158	130/80	205	
Peak Ex	01:00	5.4	14.0	9.5	169	140/90	237	
Post Ex 1	02:00			1	98	130/80	127	
Post Ex 2	01:04			1	95	120/80	114	
Finish				1	95	120/80	114	

Findings: Exercise Time : 07:00 mins

Max HR attained : 169 bpm 89 % of Target 189 bpm

Max BP : 140/90mmHg

Max Workload attained : 9.5 METs (Good Effort Tolerance)

Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.

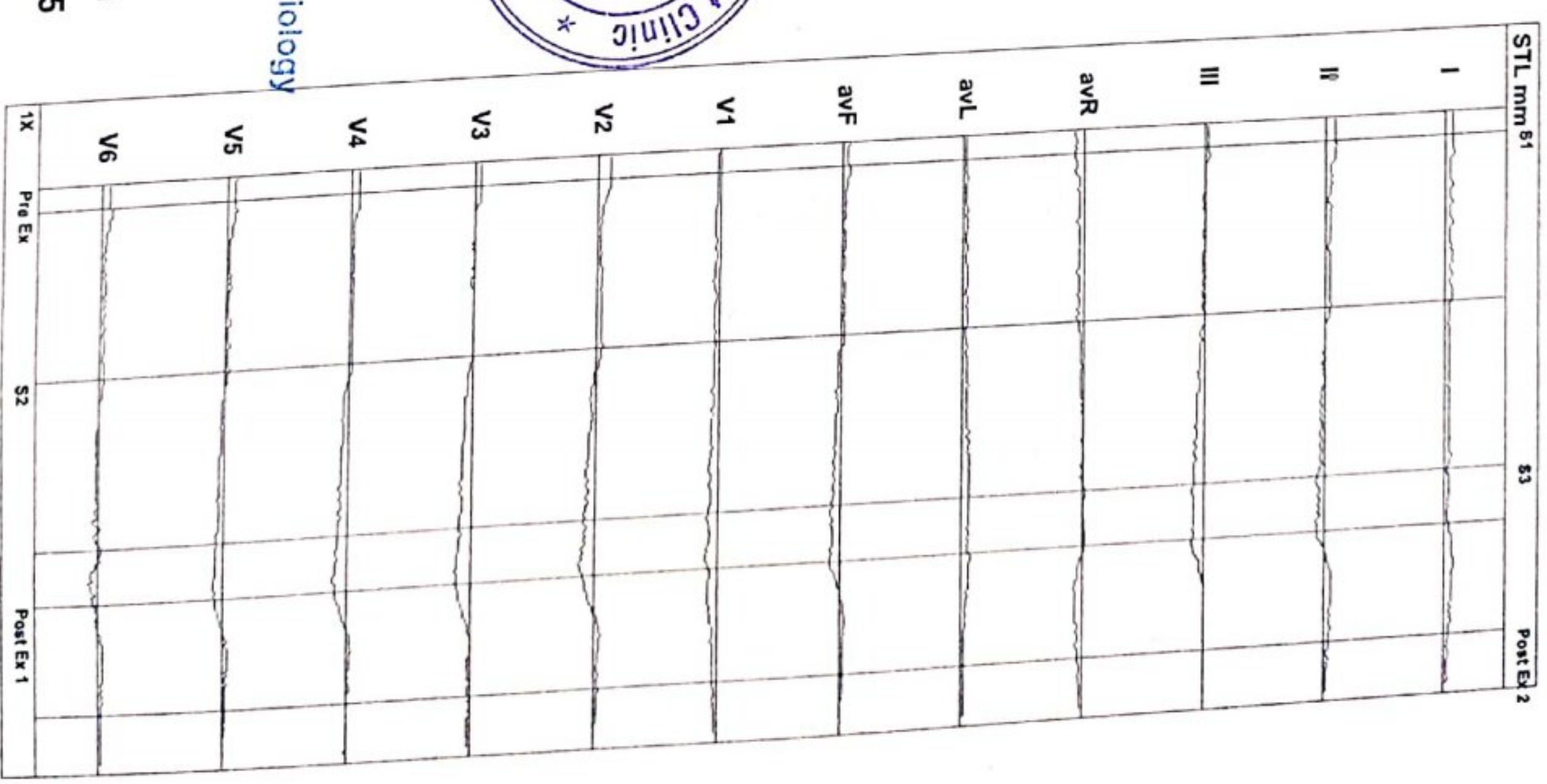
No Angina / Arrhythmia / S3 / Murmur

Final Impression : Test is negative for inducible ischaemia.



Dr. K. P. Vaidya
MD, FCI, ACC
Associate Consultant - Cardiology
Reg. No. G-50510

Dr. Krish Vaidya
Reg No- 501055

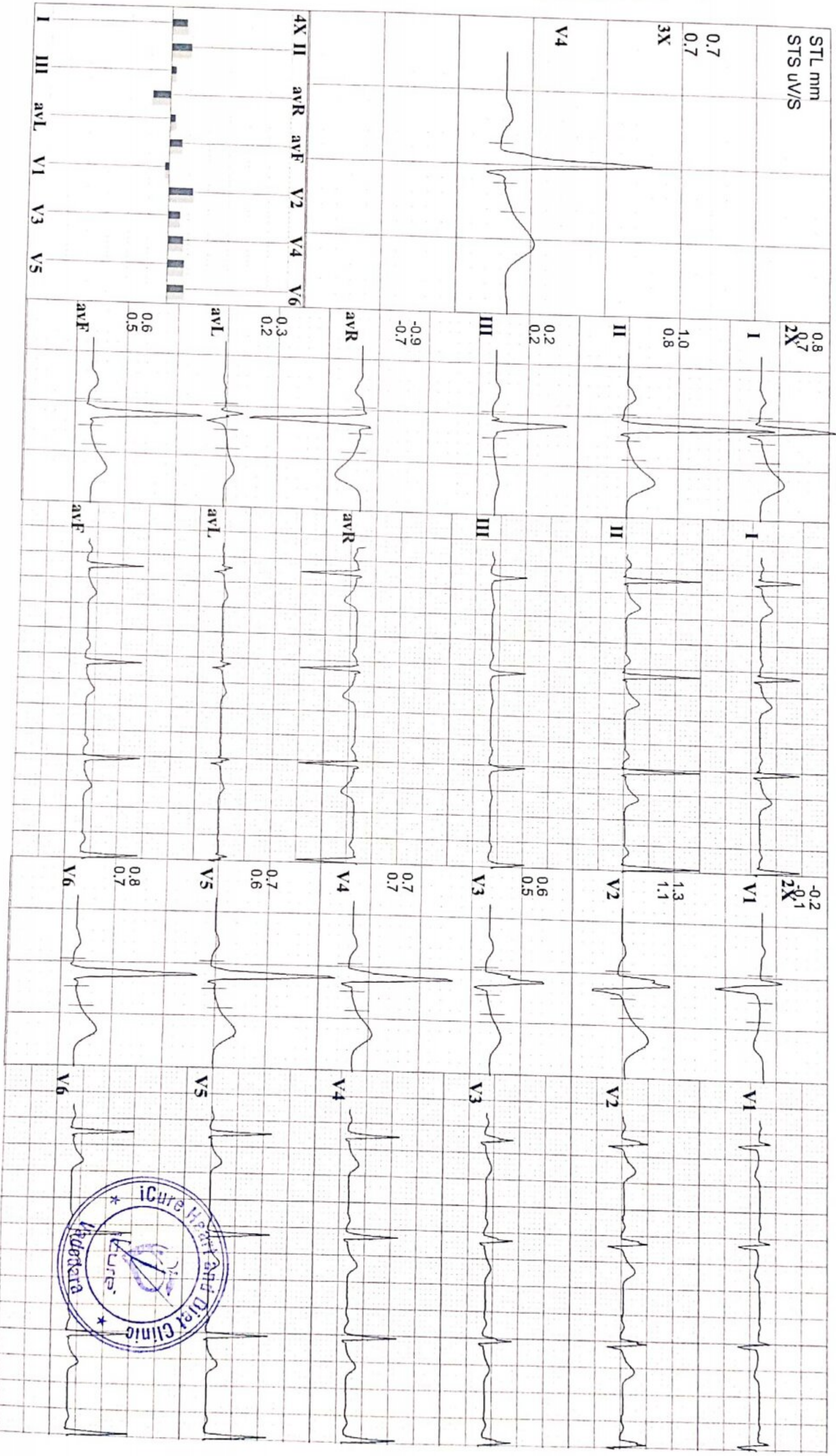




688 UTSAV KAUSHIK
31 Yrs/ M Kg / Ht- cms Ref.No.:
Date: 09/10/2021 Time: 10:29 AM
Post J: 77 mS

Speed: --- kmh Hr: 84 Target Hr: 44 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:14 Notch On Median Sweep 25 mm/s

Linked Medians
Pre Ex
Standing



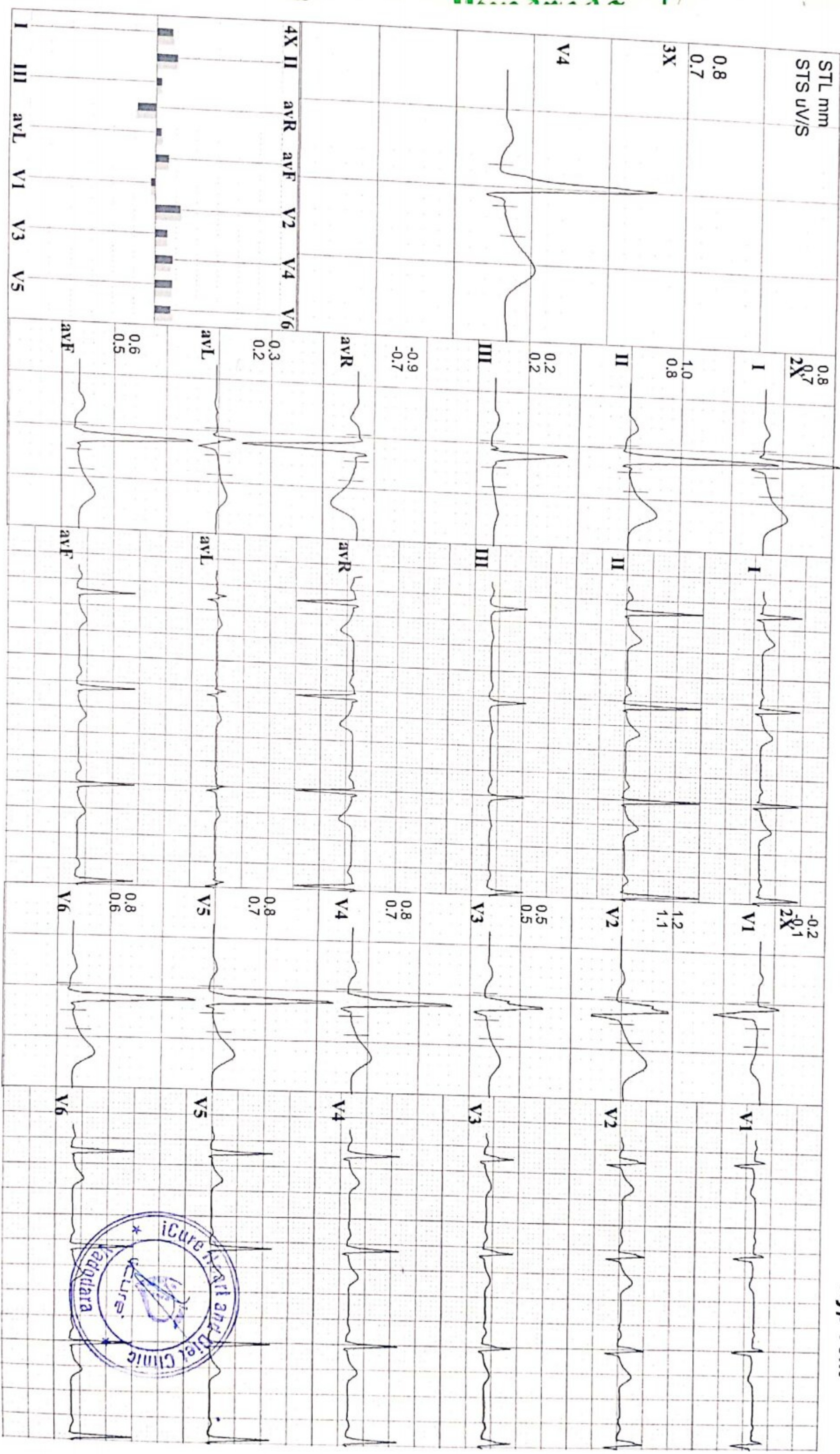


402, Epsilon Tower, Race Course Road, Vadodara

688 UTSAV KAUSHIK
31 Yrs/M Kg / Ht. cms Ref.No.:
Date: 09/10/2021 Time: 10:29 AM
Post J: 77 ms

Speed: --- kmh Hr: 82 Target Hr: 43 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
Grade: --- % Mels: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:12 Notch On Median Sweep: 25 mm/S

Linked Medians
Pre Ex
Hyp Vent



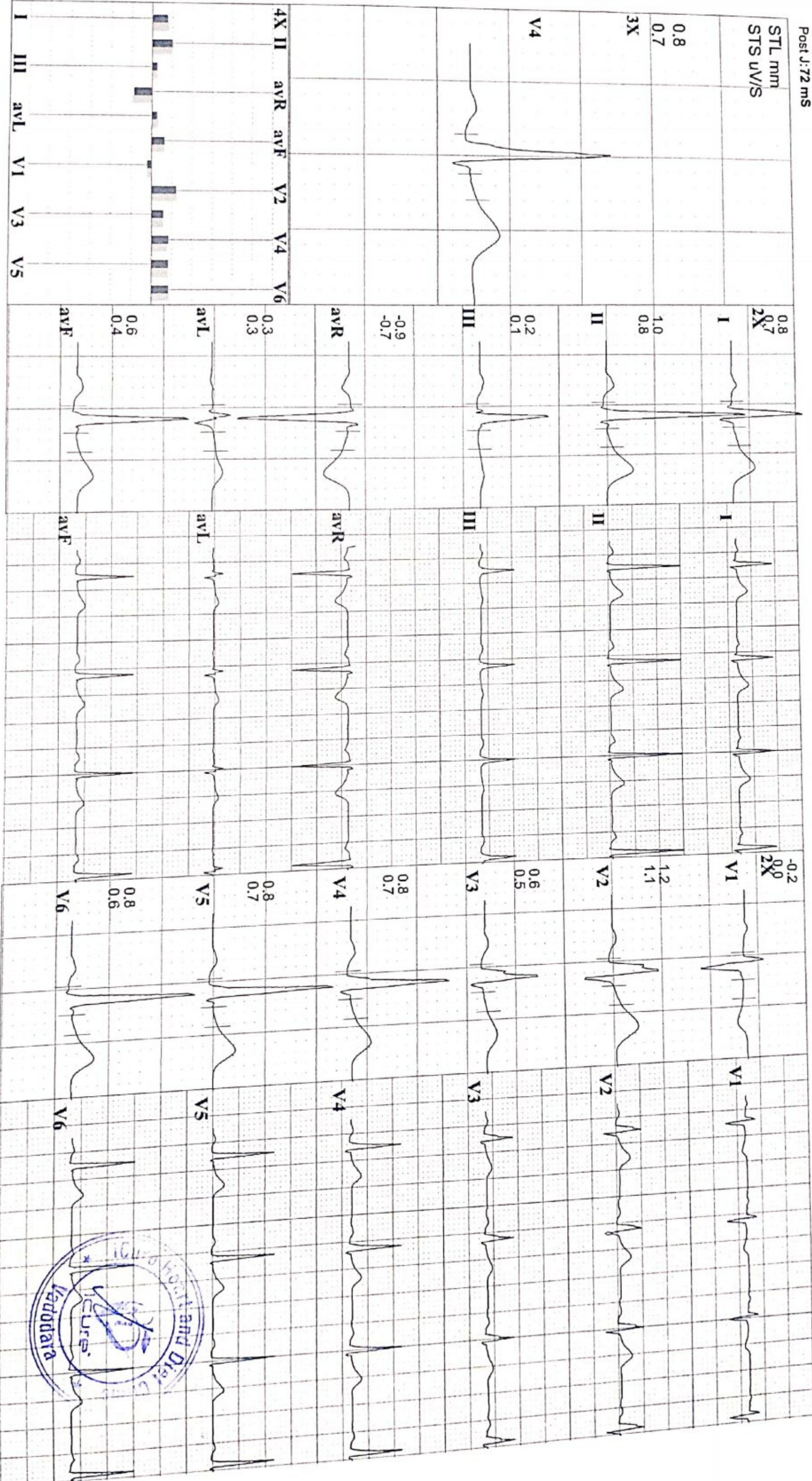


ICURE Heart Care
402, Epsilon Tower, Race Course Road, Vadodara

688 **UTSAV KAUSHIK**
31 Yrs/ M Kg / Ht- cms Ref.No.:
Date: 09/10/2021 Time: 10:29 AM

Speed: --- kmh Hr: 80 Target Hr: 42 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:11 NotchOn Median Sweep: 25 mm/S

Linked Medians
Pre Ex
Supine





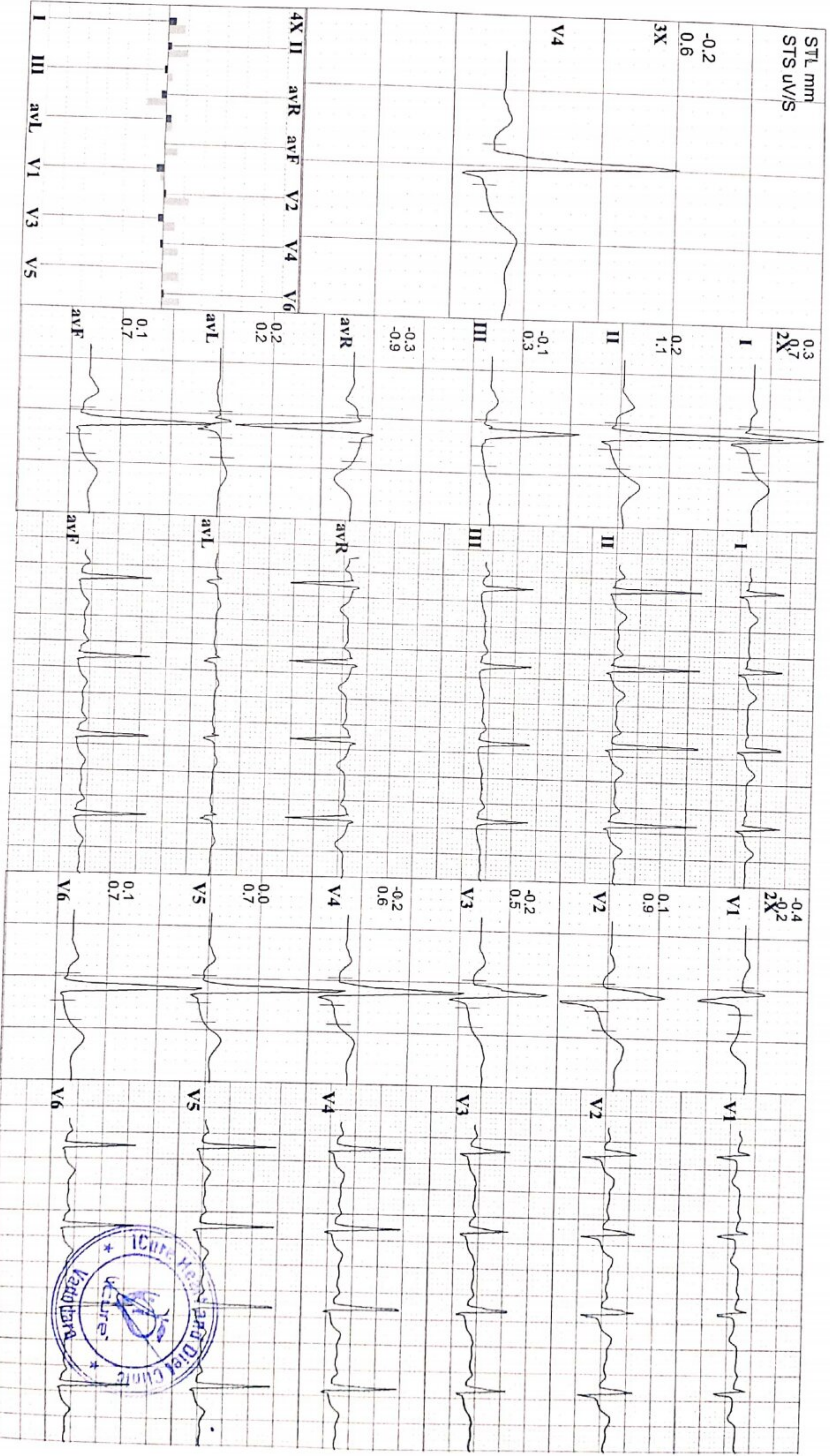
iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

688 **UTSAV KAUSHIK**
 31 Yrs/ M Kg/ Ht- cms Ref.No.:
 Date: 09/10/2021 Time: 10:29 AM
 Post J: 72 ms

Speed: --- kmh Hr: 95 Target Hr: 50 % of 189
 Grade: --- % Met/s: 1 Ex Time: 07:00
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 10:18
 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
 BLC: On Sweep: 25 mm/s
 Notch On Median Sweep: 25 mm/s

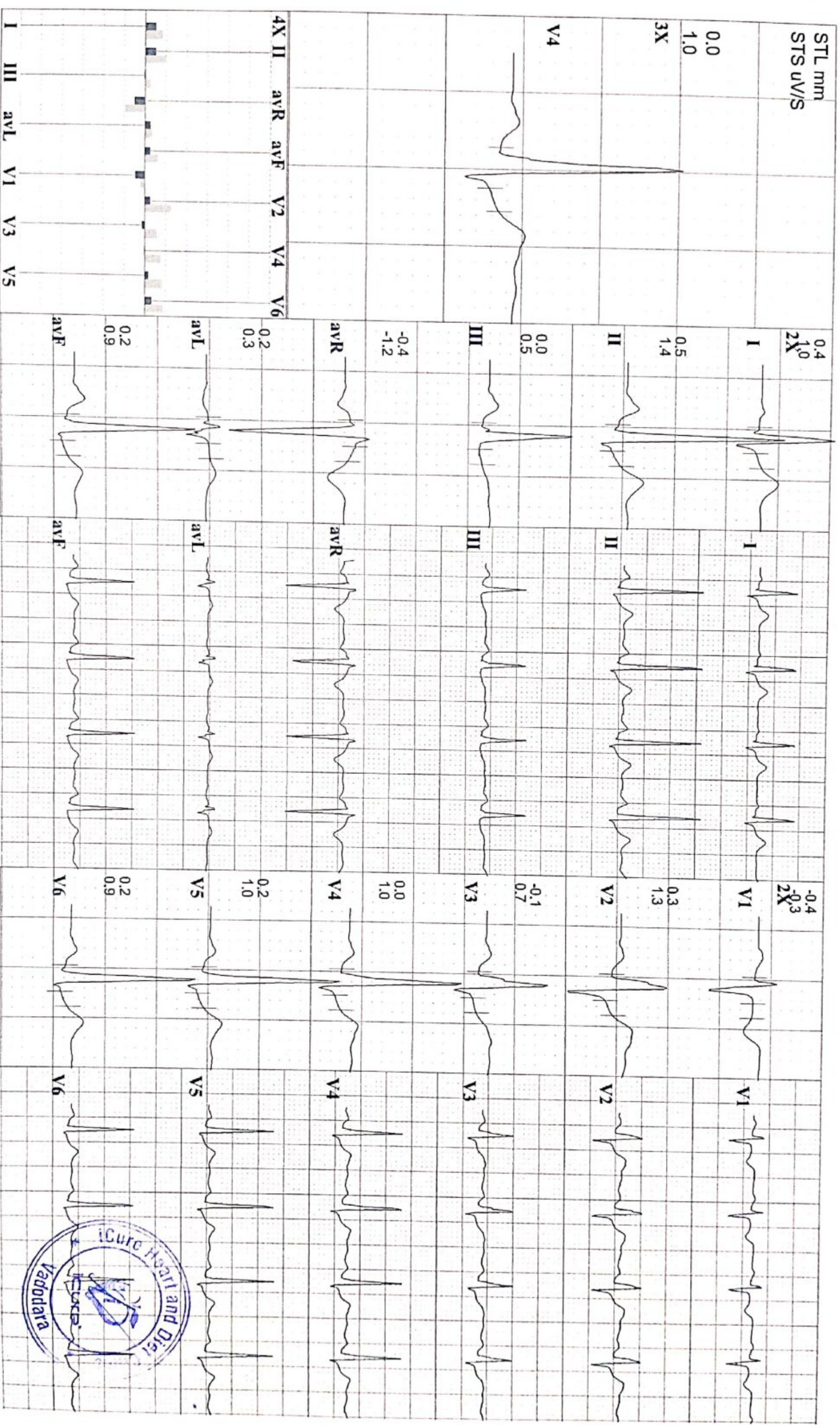
Linked Medians
Post Ex 2



688 **UTSAV KAUSHIK**
 31 Yrs/ M Kg / Ht- cms Ref.No.:
 Date: 09/10/2021 Time: 10:29 AM
 Post J: 60 ms

Speed: --- kmh Hr: 98 Target Hr: 51 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
 Grade: --- % Mets: 1 Ex Time: 07:00 BLC: On Sweep: 25 mm/s
 Protocol: Bruce BP: 130/80 mmHg Curr Time: 09:14 NotchOn Median Sweep: 25 mm/s

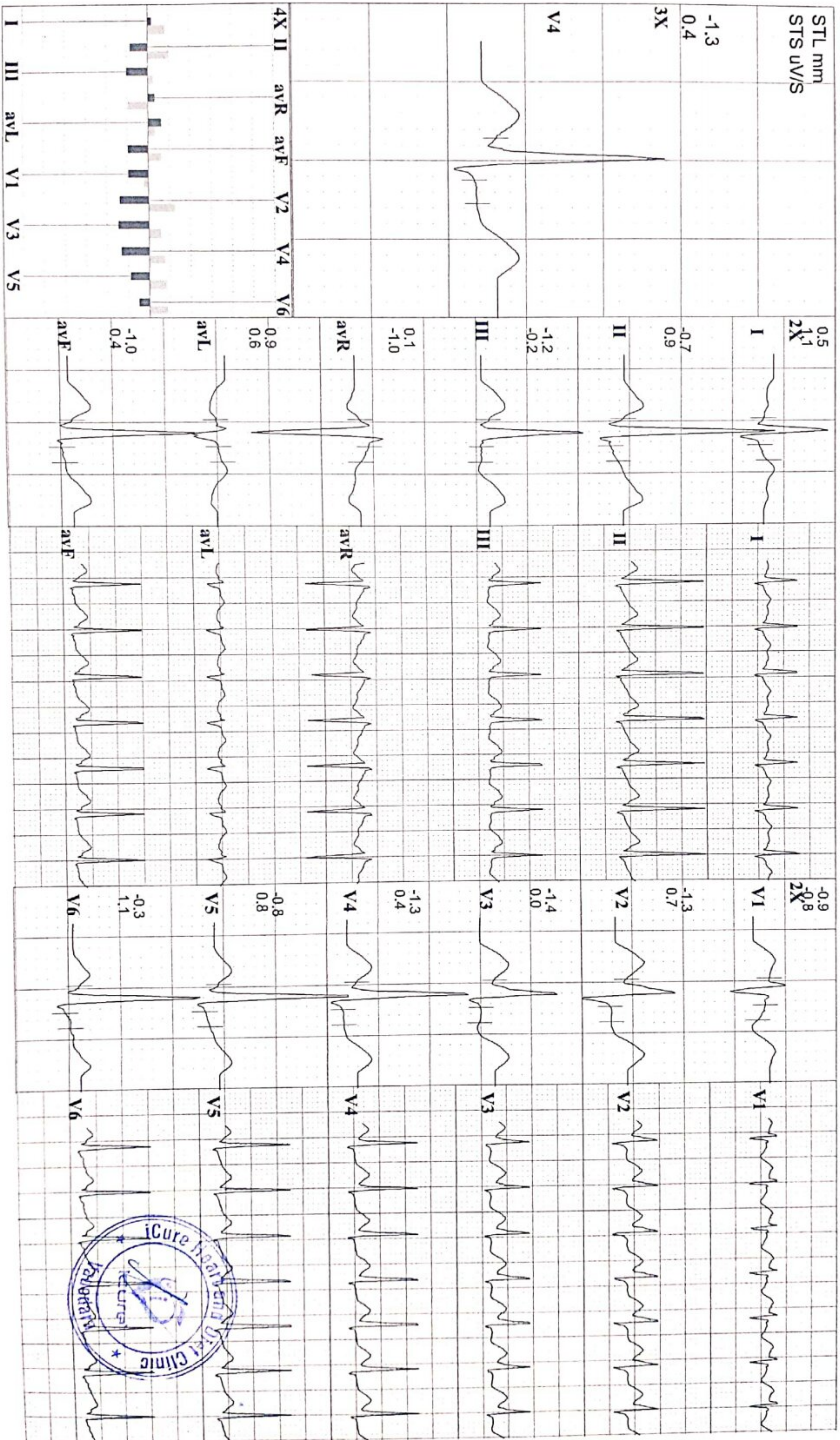
Linked Medians
Post Ex 1



688 UTSAV KAUSHIK
 31 Yrs/ M Kg/ Hi- cms Ref.No.:
 Date: 09/10/2021 Time: 10:29 AM
 Post J: 60 mS

Speed: 5.4 kmh Hr: 169 Target Hr: 89 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
 Grade: 14 % Mets: 9.5 Ex Time: 07:00 BLC: On Sweep: 25 mm/s
 Protocol: Bruce BP: 140/90 mmHg Curr Time: 07:14 Notch On Median Sweep 25 mm/s

Linked Medians
 Peak Ex

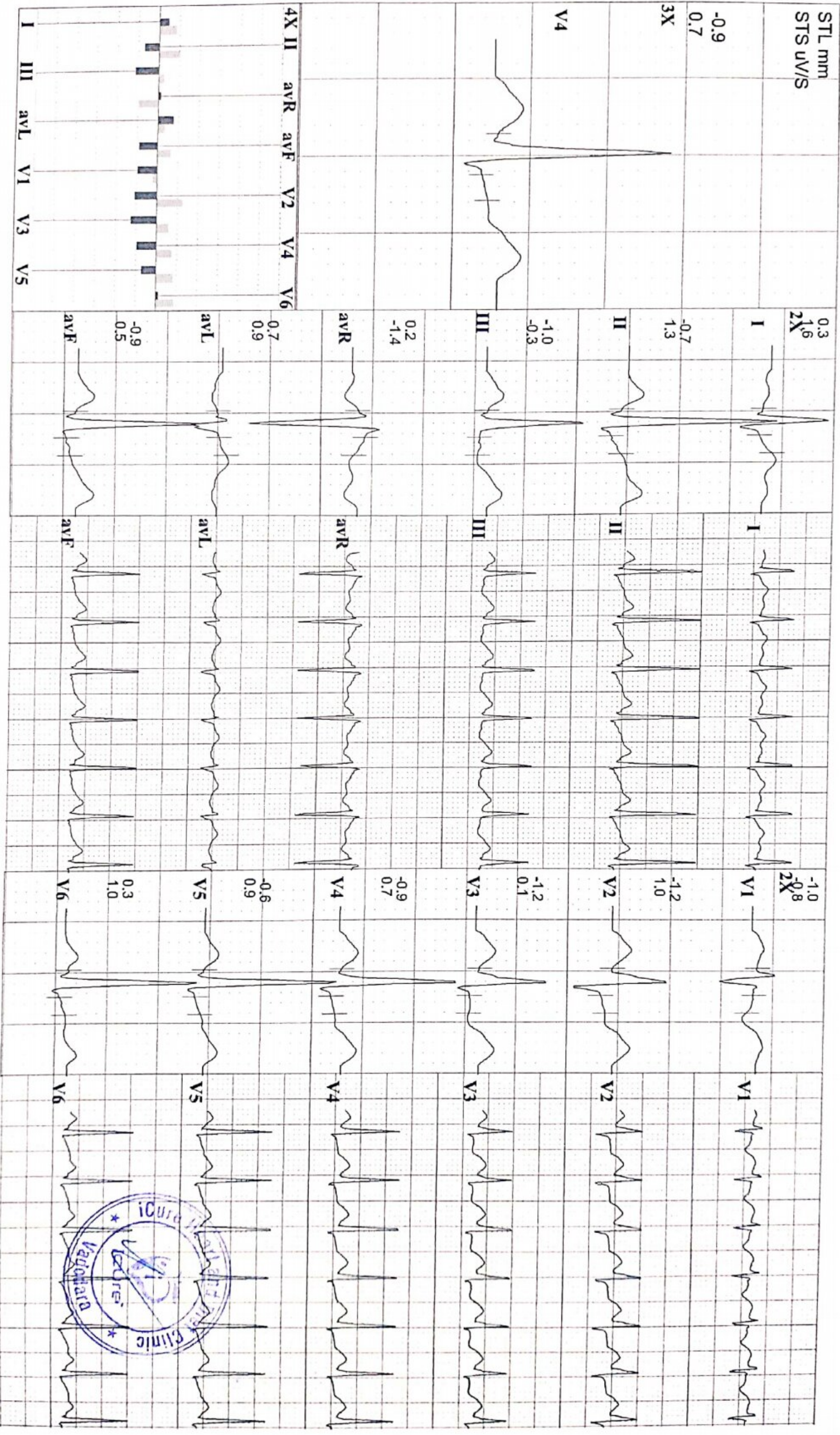


688 UTSAV KAUSHIK
31 Yrs/ M Kg / Ht. cms Ref.No.:
Date: 09/10/2021 Time: 10:29 AM
Post J: 67 mS

Speed: 4 kmh Hr: 158 Target Hr: 83 % of 189
Grade: 12 % Mts: 6.9 Ex Time: 06:00
Protocol: Bruce BP: 130/80 mmHg Curr Time: 06:14

Filter: 0.1 - 150 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/s
Notch On Median Sweep: 25 mm/s

Linked Medians
S2

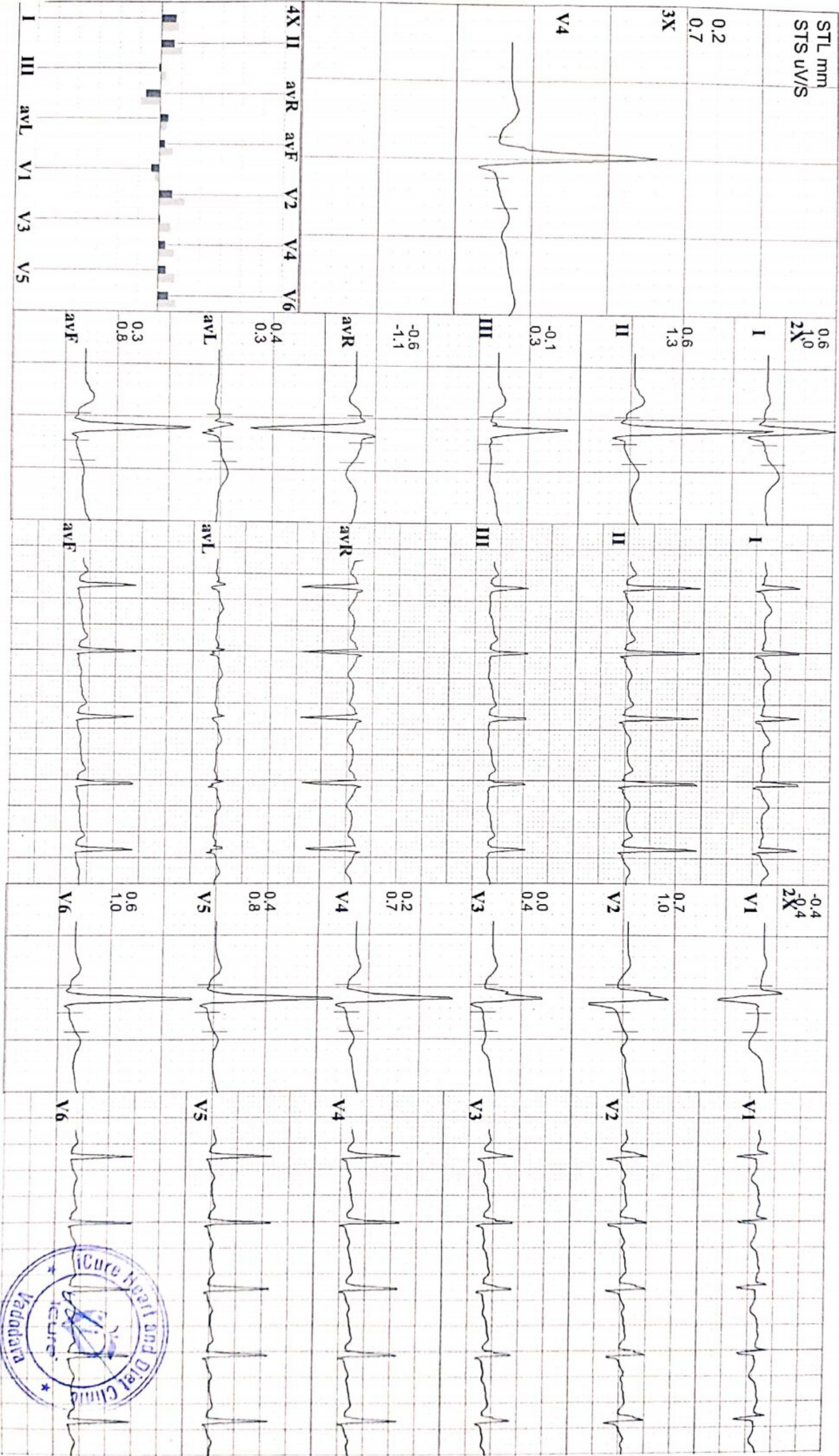


688 UTSAV KAUSHIK
 31 Yrs/ M Kg / Ht- cms Ref.No.:
 Date: 09/10/2021 Time: 10:29 AM
 Post J:77 mS

Speed: 2.7 kmh Hr: 120
 Grade: 10 % Mats: 4.8
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 03:14

Target Hr: 63 % of 189 Filter: 0.1 - 150 Hz Gain:
 Ex Time: 03:00 BLC: On
 Notch On Sweep: 10 mm/mV
 Median Sweep 25 mm/s

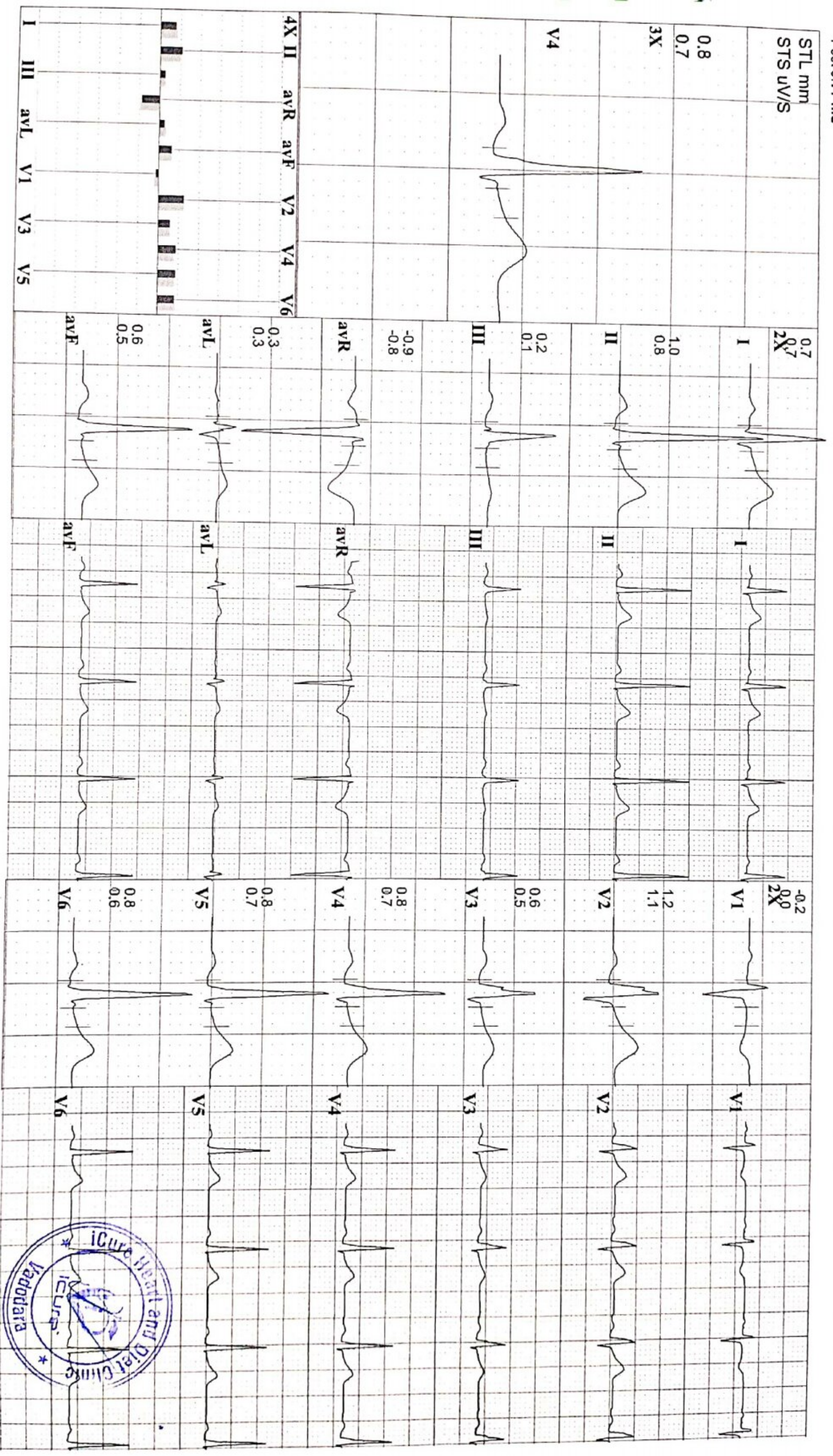
Linked Medians
 S1



688 **UTSAV KAUSHIK**
 31 Yrs/ M Kg / Hl- cms Ref.No.:
 Date: 09/10/2021 Time: 10:29 AM
 Post J: 77 mS

Speed: --- kmh Hr: 80 Target Hr: 42 % of 189 Filter: 0.1 - 150 Hz Gain: 10 mm/mV
 Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:08 Notch On Median Sweep: 25 mm/S

Linked Medians
Pre Ex



 **iCure™**
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : UTSAV KAUSHIK
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./M
Date : 09/10/2021
Report ID. : 15

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>METHOD</u>	<u>REFERENCE INTERVAL</u>
<u>BLOOD COUNTS & INDICES</u>				
Haemoglobin	: 14.60	gm%		13.5 - 17.0 gm%
Total RBC	: 4.80	mill/cmm		4.6 - 6.2 mill/cmm
PCV	: 41.00	%		40 - 54 %
MCV	: 85.41	fL		80 - 96 fL
MCH	: 30.41	pg		27 - 31 pg
MCHC	: 35.60	%		32 - 36 %
Total WBC	: 7,200	/cmm		4,000 - 11,000/cmm
Platelet Count	: 3,08,000	/cmm		1.5 - 4.0 Lac/cmm.
<u>DIFFERENTIAL LEUCOCYTES COUNT</u>				
Band Cells	: 00	%		00 - 06 %
Neutrophils	: 60	%		55 - 70 %
Lymphocytes	: 31	%		20 - 40 %
Eosinophils	: 05	%		01 - 06 %
Monocytes	: 04	%		02 - 08 %
Basophils	: 00	%		00 - 01 %
Platelet In Smear	: ADEQUATE			
<u>ERYTHROCYTES SEDIMENTATION RATE</u>				
ESR After 1st Hour	: 6	mm	Westergren	01 - 07 mm
Blood Group	: "O"			
Rh Factor (Anti D.)	: "POSITIVE"			

(By Fully Automated Cell Counter Sysmex KX - 21, Japan)



END OF REPORT

DR KRISH VAIDYA
MD, PGDCC
G-50510


Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : UTSAV KAUSHIK
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./M
Date : 09/10/2021
Report ID. : 15

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Blood Urea	: 22.00	mg/dL	10 - 50 mg/dL
Serum Creatinine	: 0.90	mg/dL	0.6 - 1.4 mg/dL
Serum Uric Acid	: 4.80	mg/dL	3.4 - 7.0 mg/dL
<u>SERUM PROTEIN</u>			
Serum Protein Total	: 8.00	g/dL	6.6 - 8.3 g/dL
Albumin	: 4.20	g/dL	3.5 - 5.0 g/dL
Globulin	: 3.80	g/dL	2.3 - 3.5 g/dL
A/G Ratio	: 1.1	: 1	1.5 - 2.5 : 1
Bilirubin - Total	: 0.4	mg/dL	0.00 - 1.00 mg/dL
Bilirubin - Direct	: 0.3	mg/dL	Upto 0.30 mg/dL
Bilirubin - Indirect	: 0.1	mg/dL	0.1 - 1.0 mg/dL
SGPT	: 28.0	IU/L	10 - 40 IU/L
SGOT	: 36.0	IU/L	Upto 40 IU/L
Serum Alkaline Phosphatase	: 79.0	U/L	37 - 147 U/L
<u>LIPID PROFILE</u>			
Serum Cholesterol	: 152.00	mg/dL	130 - 200 mg/dL
Serum Triglyceride	: 111.00	mg/dL	60 - 165 mg/dL
HDL Cholesterol	: 60.00	mg/dL	30 - 70 mg/dL
LDL Cholesterol	: 69.80	mg/dL	Upto 150 mg/dL
VLDL	: 22.20	mg/dL	Upto 30 mg/dL
<u>FASTING (FBS)</u>			
Blood Glucose	: 86.0	mg/dL	70 - 110 mg/dL
Urine Glucose	: NIL		
<u>POST-PRANDIAL</u>			
Blood Glucose	: 116.0	mg/dL	80 - 140 mg/dL
Urine Glucose	: NIL		
<u>SPECIAL TESTS</u>			
GGTP	: 51	U/L	05 - 85 U/L
Gamma Glutamyltransferase			

Done By Fully Auto Analyzer MIURA, A-1004



END OF REPORT

DR KRISH VAIDYA
MD, PGDCC
G-50510

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : UTSAV KAUSHIK
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./M
Date : 09/10/2021
Report ID. : 15

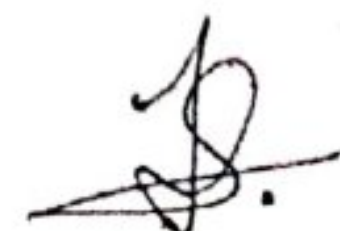
THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Total Triiodothyronine - T3	: 1.42	ng/mL	0.58 - 1.59 ng/mL
Total Thyroxine - T4	: 6.20	ng/mL	4.87 - 11.72 microgram%
Thyroid Sti. Hormone -TSH	: 3.40	ng/mL	0.35 - 4.94 IU/mL

Hb A1C REPORT

Hb A1C - Glycated Hb Glycated Haemoglobin	: 5.4	%	Non Diabetic : 4.3 - 6.3 % Good Control : 6.4 - 7.5 % Moderate Control : 7.5 - 9.0 % Poor Control : 9.0 % & Above
Avg. Blood Glucose Level	: 115	mg/dL	
Estimated Average Glucose eAG	: 108	mg%	

END OF REPORT

DR KRISH VAIDYA
MD, PGDCC
G-50510

 **iCure™**
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : Mr UTSAV KAUSHIK	AGE: 31 Y/M	DATE : 09/10/2021
-------------------------	-------------	-------------------

ULTRASOUND WHOLE ABDOMEN
(Screening Only)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 103x45mm. Left kidney measures 102x55mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity. There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.

Mehul Prajapati

DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



 **iCure™**
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : Mr UTSAV KAUSHIK	AGE : 31 Y/M	DATE :09/10/2021
--------------------------------	---------------------	-------------------------

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.
Both the hilar shadow appears normal.
Cardiac silhouette appears normal.
Both the costophrenic sinuses are clear.
Mediastinal and tracheal shadows are normal.
Both the domes of diaphragm are normal.
Visualized rib cage and clavicle are normal.

COMMENTS:

- **No significant abnormality is seen.**

Mehul Prajapati

**DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST**

