Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

KIMS-KINGSWAY HOSPITALS

Name : Mrs. pranjali chahande Date : 14/9/24

Age : 41 y Sex : M/F Weight : 57.3 kg Height : 153.2 inc BMI : 24.4.

BP : 137/82 mmHg Pulse : 69/M bpm RBS : mg/dl

100%.

LMP - 3/9/24

KIMS CUDDLES™
MOTHER & CHILD CENTRE

Dr. Mugdha Jungari (Gill)
MBBS, MS ,DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 20201206915

Name : Pranjali Date : 14/9/24

Age : 41 yrs Sex : M/F Weight : kg Height : inc BMI :

CMP - 3/9/24

→ Ms - 16 yrs

→ $P_2L_2A_1$ — 1♀ 13 yr
1♂ 8 yrs
3/30 Reg Born & Lsg.

— h/o DM & HT — ∴ 8 yrs.

pap smear (kit) 2 yr — (n).

P+A 8 yr No GTR Rx

Ps - pap taken

Pv - Ut (n) Rose

fup ☐ Reports

Rydn

KIMS-KINGSWAY

Dr. Rahul Atara
BDS, MDS (Endodontics)
Reg. No: A-16347

KIMS-KINGSWAY HOSPITALS

Name : Mrs. Pranjali Chahande Date : 14/09/24

Age : 41 yrs Sex : M/F Weight : kg Height : inc BMI :

BP : mmHg Pulse : bpm RBS : mg/dl

Routine Dental Checkup

PMH- K/c/o HTN, DM & ↓ medication for same.

PDH- NRH

O/E -

- Impacted tooth ē 8|
- lingually erupted ē |5

Advice. OPG

Extraction ē 8|

Dr. Pidnyasa.

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 12:17 pm

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	**11.3**	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		**35.7**	36.0 - 46.0 %	Calculated
RBC Count		**4.84**	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		**74**	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		**23.4**	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.7	31.5 - 35.0 g/l	Calculated
RDW		**16.8**	11.5 - 14.0 %	Calculated
Platelet count		431	150 - 450 10^3/cumm	Impedance
WBC Count		7600	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		55.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		36.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4180	2000 - 7000 /cumm	Calculated

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 12:17 pm

Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		2789.2	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		273.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		357.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Microcytosis +(Few), Hypochromia +(Few), Anisocytosis +(Few)		Light microscopy
WBC		As above		
Platelets		Adequate		
E S R		17	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:51 am	**Report Date**	: 14-Sep-24 11:40 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	**135**	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		**7.5**	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL242504738?/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 11:40 am

LIPID PROFILE

Parameter	Specimen	Results		Method
Total Cholesterol	Serum	196	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		124	< 150 mg/dl	
HDL Cholesterol Direct		**44**	> 50 mg/dl	
LDL Cholesterol Direct		**133.58**	< 100 mg/dl	
VLDL Cholesterol		25	< 30 mg/dl	
Tot Chol/HDL Ratio		4	3 - 5	

Intiate therapeutic		Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 11:40 am

LIVER FUNCTION TEST(LFT)

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.34	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.17	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.17	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		63	38 - 126 U/L	
SGPT/ALT		16	13 - 45 U/L	
SGOT/AST		19	13 - 35 U/L	
Serum Total Protein		7.57	6.3 - 8.2 gm/dl	
Albumin Serum		4.19	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.38	2.0 - 4.0 gm/dl	
A/G Ratio		1.24		

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 11:40 am

RFT

Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	11	15.0 - 36.0 mg/dl	
Creatinine		0.65	0.52 - 1.04 mg/dl	
GFR		113.4	>90 mL/min/1.73m square.	
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.09	3.5 - 5.1 mmol/L	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 11:40 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.35	0.55 - 1.70 ng/ml	Enhanced Chemiluminescence
Free T4		1.23	0.80 - 1.70 ng/dl	
TSH		2.28	0.50 - 4.80 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mrs. PRANJALI CHAHANDE	**Age /Gender**	: 41 Y(s)/Female
Bill No/ UMR No	: BIL2425047387/UMR2223139015	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 14-Sep-24 08:52 am	**Report Date**	: 14-Sep-24 12:32 pm

BLOOD GROUPING AND RH

Parameter	Specimen	Results	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB

CONSULTANT PATHOLOGIST

KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	PRANJALI CHAHANDE	STUDY DATE	14-09-2024 10:39:31
AGE/ SEX	41Y 2M 6D / F	HOSPITAL NO.	UMR2223139015
ACCESSION NO.	BIL2425047387-9	MODALITY	DX
REPORTED ON	14-09-2024 13:01	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Small nodular opacity seen in right upper zone.

Otherwise lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION

Small nodular opacity in right upper zone.

No other pleuro-parenchymal abnormality seen.

Suggest clinical /HRCT for further evaluation

Pugalia

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

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KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	PRANJALI CHAHANDE	STUDY DATE	14-09-2024 10:39:31
AGE/ SEX	41Y2M6D / F	HOSPITAL NO.	UMR2223139015
ACCESSION NO.	BIL2425047387-9	MODALITY	DX
REPORTED ON	14-09-2024 13:01	REFERRED BY	Dr. Vimmi Goel

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IMPRESSION

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No other pleuro-parenchymal abnormality seen.

Suggest clinical /HRCT for further evaluation

Pugalia

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

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CIN: U74999MH2018PTC303510

KIMS-KINGSWAY HOSPITALS

NAME OF PATIENT:	MRS. PRANJALI CHAHANDE	AGE & SEX:	41 YRS
UMR NO:	2223139015	BILL NO	2425047387
REF BY:	DR. VIMMI GOEL	DATE:	14/09/2024

X RAY MAMMOGRAPHY OF BOTH BREASTS

TECHNIQUE: Bilateral MLO and CC projections taken. Markers placed in external aspect in CC view and superior in MLO view.

OBSERVATION:
Both breast show type D parenchyma – dense fibroglandular parenchyma, which lowers sensitivity of mammogram.

Right breast:
Right breast does not show any dominant mass, architectural distortion or suspicious microcalcification.
No skin or trabecular thickening noted.
No enlarged axillary nodes seen.

Left breast:
Left breast does not show any dominant mass, architectural distortion or suspicious microcalcification.
No skin or trabecular thickening noted.
No enlarged axillary nodes seen.

Bilateral hypertrophied axillary fat.
On USG screening, no significant abnormality noted.

IMPRESSION: X RAY mammography reveals:
No mammographically detectable significant abnormality.
ACR – BIRADS Category 1- Negative for malignancy.

Note:
* The false negative of mammography is approximately 10%
* Investigations have their limitations. Solitary Radiological /pathological and other investigations never confirm the final diagnosis of disease.
Please correlate accordingly

DR. RUTUJA RANGREJ
MBBS, MD
CONSULTANT RADIOLOGIST.

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

KIMS-KINGSWAY HOSPITALS

NAME OF PATIENT:	MRS. PRANJALI CHAHANDE	AGE & SEX:	41 YRS
UMR NO:	2223139015	BILL NO	2425047387
REF BY:	DR. VIMMI GOEL	DATE:	14/09/2024

USG WHOLE ABDOMEN

LIVER is normal in size (12.1 cm), shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 9.5 x 4.0 cm. Left kidney measures 9.2 x 4.5 cm.
Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus appears normal in size, shape and echotexture. It measures 5.8 x 4.7 x 10 cm.
No focal myometrial lesion seen.
Endometrial echo-complex appears normal. ET - 8.1 mm.
Right ovary volume 3.5 cc.
Left ovary volume 8 cc.
Both ovaries are normal in size, shape and echotexture.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- **No significant visceral abnormality seen.**
  Suggest clinical correlation.

DR. RUTUJA RANGREJ
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CONSULTANT RADIOLOGIST.

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CIN: U74999MH2018PTC303510

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs.Pranjali, Chahande
Patient ID: 39015
Height:
Weight:
Study Date: 14.09.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 10.07.1983
Age: 41yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--

Medical History:
HTN DM

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:14	0.00	0.00	78	130/80	
	STANDING	00:15	0.00	0.00	77	130/80	
	HYPERV.	00:01	0.00	0.00	77		
	WARM-UP	00:06	0.60	0.00	76		
EXERCISE	STAGE 1	03:00	1.70	10.00	115	130/80	
	STAGE 2	03:00	2.50	12.00	127	130/80	
	STAGE 3	01:03	3.40	14.00	137		
RECOVERY		01:00	0.00	0.00	116	130/80	
		02:00	0.00	0.00	96	130/80	
		00:23	0.00	0.00	96		

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 79 bpm rose to a maximal heart rate of 137 bpm. This value represents 76 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg , rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to ST-T changes seen.

Interpretation:
Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: THR not achived.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: ST-T changes seen.
Overall impression: Borderline Positive.

Conclusions:
TMT is Borderline Positive for inducible ischemia. by ST-T changes seen during exercise & recovery.
No angina.
To be correlated clinically.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

MRS PRANJALI CHAHANDE
Female
41 Years

14-Sep-24 8:46:24 AM
KIMS~KINGSWAY HOSPITALS
PHC DEPT.

Rate 73 . Sinus rhythm.....normal P axis, V-rate 50- 99

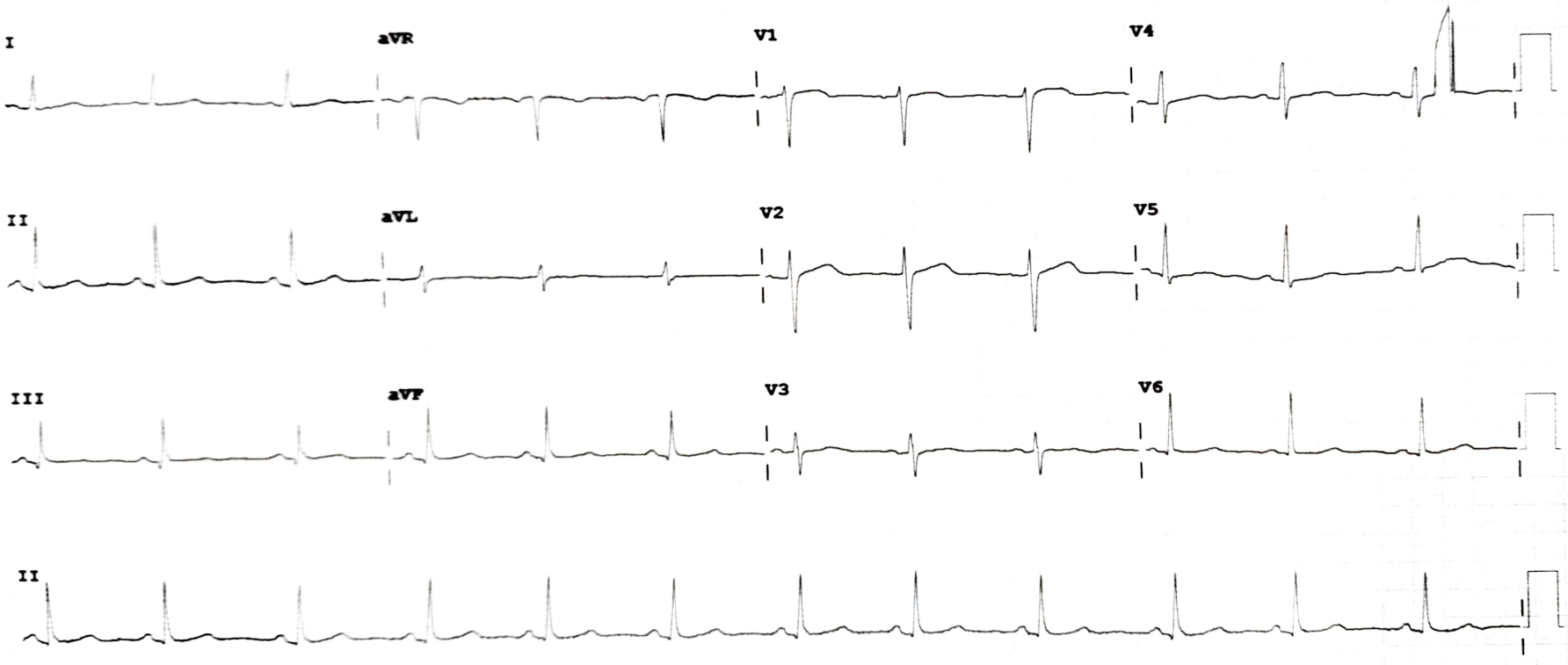
PR 154
QRSD 92
QT 390
QTc 430

--AXIS--
P 73
QRS 58
T 54

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.50-150 Hz W 100B CL P?

PHILIPS