

Patient Name : Mrs.INDU NAVEENA L BANGARU
Age/Gender : 24 Y 8 M 9 D/F
UHID/MR No : STAR.0000057639
Visit ID : STAROPV61575
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 390213735861

Collected : 29/Jul/2023 10:02AM
Received : 29/Jul/2023 12:01PM
Reported : 29/Jul/2023 02:08PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

Methodology : Microscopic
RBC : Normocytic normochromic
WBC : Normal in number, morphology and distribution. No abnormal cells seen
Platelets : Adequate in Number
Parasites : No Haemoparasites seen
IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	14.1	g/dL	12-15	Spectrophotometer
PCV	43.40	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.99	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	87	fL	83-101	Calculated
MCH	28.3	pg	27-32	Calculated
MCHC	32.5	g/dL	31.5-34.5	Calculated
R.D.W	15.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,100	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYtic COUNT (DLC)

NEUTROPHILS	49	%	40-80	Electrical Impedance
LYMPHOCYTES	45	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	2989	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2745	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	122	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	244	Cells/cu.mm	200-1000	Electrical Impedance

PLATELET COUNT	211000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm at the end of 1 hour	0-20	Modified Westergren

PERIPHERAL SMEAR

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IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



SIN No:BED230178365

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:01PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 03:31PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA

BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230178365

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Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:03PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 12:04PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , SODIUM FLUORIDE PLASMA	79	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 02:55PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 05:38PM
Visit ID : STAROPV61575	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.3	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	105	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



SIN No:EDT230070284

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:00PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 01:55PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	181	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	
HDL CHOLESTEROL	47	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	134	mg/dL	<130	Calculated
LDL CHOLESTEROL	113.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.85		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	83.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	4.90	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.53		0.9-2.0	Calculated



SIN No:SE04437644

Apollo Speciality Hospitals Private Limited

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE	0.44	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	15.20	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.80	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.40	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98-107	Direct ISE



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	11.00	U/L	16-73	Glycylglycine Kinetic method



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.16	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.35	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	0.999	µIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



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UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 03:29PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	SLIGHTLY HAZY		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	6-8	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY
OTHERS	Bacteria Present			MICROSCOPY



SIN No:UR2157510

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CIN- U85100TG2009PTC099414

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156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 30/Jul/2023 08:46PM
UHID/MR No : STAR.0000057639	Reported : 01/Aug/2023 07:03PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF CYTOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

LBC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	12757/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/ malignancy
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

***** End Of Report *****



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



DR. K. RAMA KRISHNA REDDY
M.B.B.S, M.D
CONSULTANT PATHOLOGIST



Dr. Sandip Kumar Banerjee
M.B.B.S, M.D (PATHOLOGY), D.P.B
Consultant Pathologist



SIN No:CS065962

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

Apollo Speciality Hospitals Private Limited
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Regd Off:1-10-62/62 ,5th Floor, Ashoka Raghupathi Chambers,
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భారత ప్రభుత్వం
Unique Identification Authority of India
Government of India

సమాచిత సంఖ్య: Enrollment No. : 1094/80023/02224

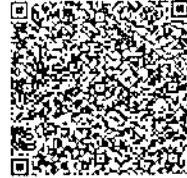
14/09/2012

To
Bangaru Indu Naveena Lakshmi
 బంగారు ఇందు నవీన లక్ష్మి
 D/O: Sivaprasad
 6-4-67/1
 ashok nagar
 amalapuram
 Amalapuram
 Amalapuram, East Godavari
 Andhra Pradesh - 533201



UF414575734IN

41457573



మీ ఆధార్ సంఖ్య / Your Aadhaar No. :

3902 1373 5861

ఆధార్ - సామాన్యని హక్కు



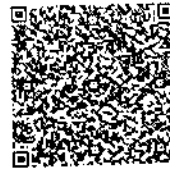
~~భారత ప్రభుత్వం~~
~~GOVERNMENT OF INDIA~~

బంగారు ఇందు నవీన లక్ష్మి
Bangaru Indu Naveena Lakshmi



పుట్టిన తేదీ/Year of Birth: 1998
 స్త్రీ - Female

3902 1373 5861



ఆధార్ - సామాన్యని హక్కు



viswa sai kiran lakkoju <viswan.lakkoju@gmail.com>

Fwd: Health Check up Booking Request(bobS42695), Beneficiary Code-20319

Fri, Jul 28, 2023 at 6:58 PM

viswa sai kiran lakkoju <viswan.lakkoju@gmail.com>
To: viswa sai kiran lakkoju <viswan.lakkoju@gmail.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>
Date: Mon, Jul 24, 2023 at 12:37 PM
Subject: Health Check up Booking Request(bobS42695), Beneficiary Code-20319
To: <viswan.lakkoju@gmail.com>
Cc: <customercare@mediwheel.in>

011-41195959
Email: wellness@mediwheel.in

Dear **INDU NAVEENA LAKSHMI BANGARU**,

Thanks for booking Health Checkup and we have required following document for confirmation of booking health checkup.

1. HRM Letter

Please note following instruction for HRM letter:

1. For generating permission letter for cashless health check-up in the HR Connect, the path to be followed is given below:
 - a) Employee Self Service-> Reimbursement-> Reimbursement application ->Add New value ->Reimbursement Type: Mandatory Health Check-up æ Click Add
 - b) Select Financial Year 2022-23, Self or Spouse, Claim Type - Cashless and Submit

प्रति,

सम-व्यक्त,

Mediwhel (Arcotemi Healthcare Limited)
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बडौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी की पत्नी/पति जिनके विवरण निम्नानुसार हैं हमारे करार के अन्तर्गत आपके द्वारा उपलब्ध कराई गई केशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

स्वास्थ्य जांच लाभार्थी के विवरण	
नाम	BANGARU INDU NAVEENALAKSHMI
जन्म की तारीख	20-11-1998
कर्मचारी की पत्नी/पति के स्वास्थ्य	29-07-2023
जांच की प्रस्तावित तारीख	
वर्किक सदस्य सं.	23S104435100064786S
पत्नी/पति के विवरण	
कर्मचारी का नाम	MR. LAKKOU VISWASAI KIRAN
कर्मचारी की क.क.संख्या	104435
कर्मचारी का पद	CREDIT
कर्मचारी के कार्य का स्थान	MUMBAI,GAMDEVI
कर्मचारी के जन्म की तारीख	02-07-1992

यह अनुमोदन/ संसृति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बडौदा के कर्मचारी आईडी कार्ड की प्रतिलिपि के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 24-07-2023 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टर्म्स-अप व्यवस्था के अन्तर्गत केशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के पत्नी/पति की स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कुटुंब संख्या एवं वर्किक सदस्य संख्या का उल्लेख अनिवार्य रूप से इनवाइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

धन्यवाद,

हस्ता/-

(मुख्य महोदय/व्यक्त)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बडौदा

(नोट: यह क्वॉटर द्वारा जनरेट किया गया पत्र है। हेल्थकार की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwhel (Arcotemi Healthcare Limited) से संपर्क करें।)

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Billirubin (total, direct, indirect)	Billirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Stress Test
PSA Male (above 40 years)	
Thyroid Profile (T3, T4, TSH)	Thyroid Profile (T3, T4, TSH)
Dental Check-up consultation	Dental Check-up consultation
Physician Consultation	Physician Consultation
Eye Check-up consultation	Eye Check-up consultation
Skin/ENT consultation	Skin/ENT consultation
Gynaec Consultation	

CONSENT FORM

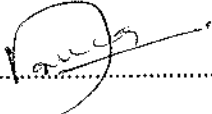
Patient Name: BANGARU INDO NAVEENA LAKSHMI Age: 24

UHID Number: STAR-0000057639 Company Name: BANK OF BARODA

I Mr/Mrs/Ms BANGARU INDO NAVEENA LAKSHMI Employee of BANK OF BARODA

(Company) Want to inform you that I am not interested in getting POST PRANDIAL, GLUCOSE Tests done which is a part of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature: 

Date: 29/7/23

Apollo Spectra Hospitals

156, Famous Cine Labs, Behind
Everest Building, Tardeo,
Mumbai, Maharashtra 400034



Patient Name: Indu Bangaru Age: 24

Address: Tardeo Date: 27/9/2023

- Scaling → Rs 2250/-

- Filling → Rs 2350/- X (3)

Signature
Dr. Rinal Modi B.D.S (Mumbai)
Dental Surgeon
Reg. No. : A -28591
M: 87792 56365 / 98922 90876
E:doctorrinal@gmail.com

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:01PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 02:08PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

Methodology : Microscopic
RBC : Normocytic normochromic
WBC : Normal in number, morphology and distribution. No abnormal cells seen
Platelets : Adequate in Number
Parasites : No Haemoparasites seen
IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



SIN No:BED230178365

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:01PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 02:08PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

Test Name	Result	Unit	Bio. Ref. Range	Method
HAEMOGLOBIN	14.1	g/dL	12-15	Spectrophotometer
PCV	43.40	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.99	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	87	fL	83-101	Calculated
MCH	28.3	pg	27-32	Calculated
MCHC	32.5	g/dL	31.5-34.5	Calculated
R.D.W	15.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,100	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

Test Name	Result	Unit	Bio. Ref. Range	Method
NEUTROPHILS	49	%	40-80	Electrical Impedance
LYMPHOCYTES	45	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

Test Name	Result	Unit	Bio. Ref. Range	Method
NEUTROPHILS	2989	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2745	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	122	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	244	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	211000	cells/cu.mm	150000-410000	Electrical Impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm at the end of 1 hour	0-20	Modified Westergren

PERIPHERAL SMEAR

Methodology : Microscopic
 RBC : Normocytic normochromic
 WBC : Normal in number, morphology and distribution. No abnormal cells seen
 Platelets : Adequate in Number
 Parasites : No Haemoparasites seen
IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



TOUCH: 2023

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:01PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 03:31PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:03PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 12:04PM
Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , SODIUM FLUORIDE PLASMA	79	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
>126 mg/dL	Diabetes



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 02:55PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 05:38PM
Visit ID : STAROPV61575	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.3	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	105	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
Age/Gender : 24 Y 8 M 9 D/F	Received : 29/Jul/2023 12:00PM
UHID/MR No : STAR.0000057639	Reported : 29/Jul/2023 01:55PM
Visit ID : STAROPV61575	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	181	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	
HDL CHOLESTEROL	47	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	134	mg/dL	<130	Calculated
LDL CHOLESTEROL	113.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.85		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.
NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	83.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	4.90	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.53		0.9-2.0	Calculated



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
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DEPARTMENT OF BIOCHEMISTRY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE	0.44	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	15.20	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.80	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.40	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98-107	Direct ISE



Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM	11.00	U/L	16-73	Glycylglycine Kinetic method



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Visit ID : STAROPV61575	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 390213735861	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.16	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.35	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	0.999	µIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



Patient Name	: Mrs.INDU NAVEENA L BANGARU	Collected	: 29/Jul/2023 10:02AM
Age/Gender	: 24 Y 8 M 9 D/F	Received	: 29/Jul/2023 12:11PM
UHID/MR No	: STAR.0000057639	Reported	: 29/Jul/2023 03:29PM
Visit ID	: STAROPV61575	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 390213735861		

DEPARTMENT OF CLINICAL PATHOLOGY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method

Patient Name : Mrs.INDU NAVEENA L BANGARU	Collected : 29/Jul/2023 10:02AM
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE


PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	SLIGHTLY HAZY		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	6-8	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY
OTHERS	Bacteria Present			MICROSCOPY

*** End Of Report ***

Result/s to Follow:
LBC PAP TEST (PAPSURE)



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



Dr. Sandip Kumar Banerjee
M.B.B.S.,M.D(PATHOLOGY),D.P.B
Consultant Pathologist

Patient Name	: Mrs.INDU NAVEENA L BANGARU	Collected	: 29/Jul/2023 10:02AM
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DEPARTMENT OF CLINICAL PATHOLOGY				
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method



Indu Bangaru
29/7/23

HR 66 bpm

Measurement Results:

QRS	82 ms
QT/QTcB	378 / 397 ms
PR	140 ms
P	102 ms
RR/PP	908 / 935 ms
P/ORS/T	70 / 75 / 50 degrees
QTd/QTcBd	24 / 25 ms
Sokolow	1.6 mV
NK	9

Interpretation:

normal ECG

< P
< T
< QRS

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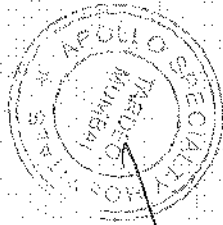
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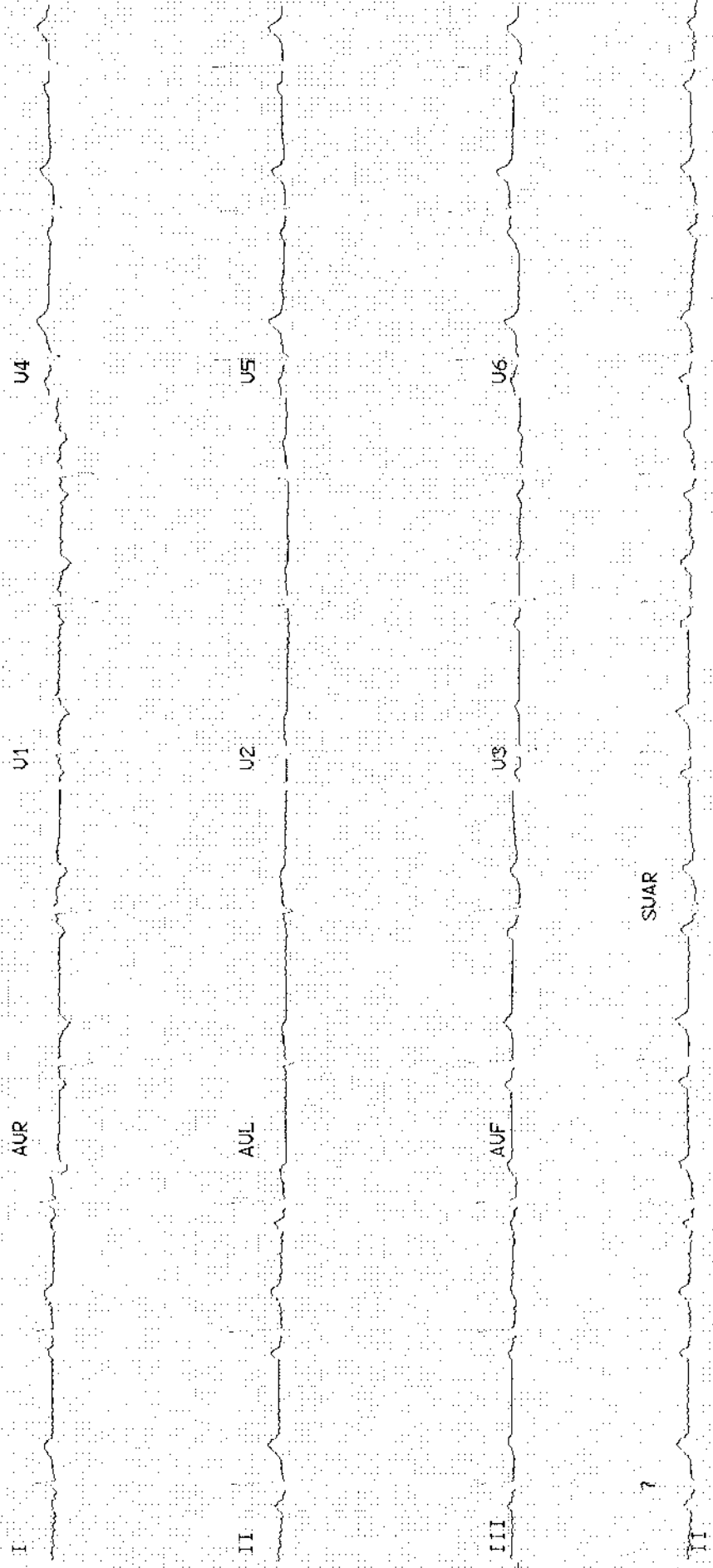
aUF

Supradventricular premature complexes



Dr. (Mrs.) Sumanthara P. V. Jaja
Physician & Cardiologist
Reg. No. 55942

Unconfirmed report.



SUAR

OUT- PATIENT RECORD

Department : _____
 Consultant : _____
 Reg. No : _____
 Qualification : _____

Indu Bangam

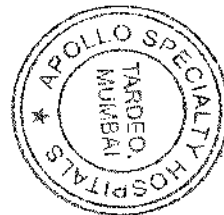
Pulse : <i>74/min</i>	B.P. : <i>110/80</i>	Resp : <i>16L</i>	Temp : <i>98.3</i>
Weight : <i>46.3kg</i>	Height : <i>158cm</i>	BMI : <i>18.5</i>	Waist Circum : _____

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Married, Nonvegetarian
Sleep: Normal
No alcohol
Bowel / Bladder Normal.
Modestly Active
Allergy: No MC: lactating mother
No periods.
PH: No
FH: Father: DM.
Normal Reports
Fit for job

Follow up date: _____



Dr. *Chiraya S. Vaidya*
 M.D. (CCU)
 Physician & Cardiologist
 Apollo Spectra
 Doctor Signature: _____

Apollo Spectra, Tardeo

Famous Cine Labs 156, behind Everest Building, Tardeo, Mumbai, Maharashtra 400034

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

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BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE

Specialists in Surgery

Indu Bangaru 26yrs 29/7/23.

Post LSCS 11 months.

Breast feeding

Irregular period. CMP - 11/6/23

O/H - P₁L₁ - ♀ 11 months LSCS

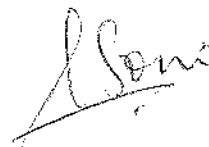
PH - NO major past med / So illness

PH - Father - DM

O/E

Cx
vag (H)

LBC taken



Specialists in Surgery

Name : Mrs.Indu Bangaru
Age : 24 Year(s)

Date : 29/07/2023
Sex : Female
Visit Type : OPD

ECHO Cardiography

Comments:

Normal cardiac dimensions.
Structurally normal valves.
No evidence of LVH.
Intact IAS/IVS.
No evidence of regional wall motion abnormality.
Normal LV systolic function (LVEF 60%).
No diastolic dysfunction.
Normal RV systolic function.
No intracardiac clots / vegetation/ pericardial effusion.
No evidence of pulmonary hypertension.PASP=30mmHg.
IVC 12 mm collapsing with respiration.

Final Impression:

NORMAL 2DECHOCARDIOGRAPHY REPORT.


DR.CHHAYA P.VAJA. M. D.(MUM)
NONINVASIVE CARDIOLOGIST

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

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BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE

Name : Mrs.Indu Bangaru
Age : 24 Year(s)

Date : 29/07/2023
Sex : Female
Visit Type : OPD

Dimension:

EF Slope	110mm/sec
EPSS	05mm
LA	20mm
AO	24mm
LVID (d)	40mm
LVID(s)	23mm
IVS (d)	11mm
LVPW (d)	11mm
LVEF	60% (visual)



DR.CHHAYA P.VAJA. M. D.(MUM)
NONINVASIVE CARDIOLOGIST

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BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE

Specialists in Surgery

Patient Name	: Mrs. INDU NAVEENA L BANGARU	Age	: 24 Y F
UHID	: STAR.0000057639	OP Visit No	: STAROPV61575
Reported on	: 29-07-2023 13:24	Printed on	: 29-07-2023 13:24
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen.

Printed on:29-07-2023 13:24

---End of the Report---



Dr. VINOD SHETTY
Radiology

Specialists in Surgery

Patient Name : MRS.INDU BANGARU
Ref. By : HEALTH CHECK UP

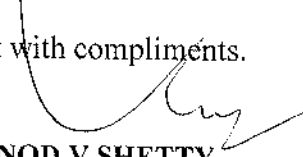
Date : 29-07-2023
Age : 24 years

SONOGRAPHY OF ABDOMEN AND PELVIS

- LIVER** : The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.
- GALL BLADDER** : The gall bladder is normal in size with a normal wall thickness and there are no calculi seen in it.
- PANCREAS** : The pancreas is normal in size and echotexture. No focal mass lesion is seen.
- SPLEEN** : The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.
- KIDNEYS** : The **RIGHT KIDNEY** measures 10.7 x 3.6 cms and the **LEFT KIDNEY** measures 10.2 x 4.4 cms in size. Both kidneys are normal in shape and echotexture. There is no evidence of hydronephrosis or calculi seen on either side.
- The para-aortic & iliac fossa regions appear normal. There is no free fluid or any lymphadenopathy seen in the abdomen.
- URINARY BLADDER** : The urinary bladder distends well and is normal in shape and contour. No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.
- UTERUS** : The uterus is anteverted & it appears normal in size, shape and echotexture. It measures 6.9 x 4.5 x 3.4 cms. Normal myometrial & endometrial echoes are seen. Endometrial thickness is 9.2 mms. No focal mass lesion is noted within the uterus.
- OVARIES** : Both ovaries reveal normal size, shape and echopattern. Right ovary measures 2.8 x 1.7 cms. Left ovary measures 2.7 x 2.0 cms. There is no free fluid seen in cul de sac.

IMPRESSION : Normal Ultrasound examination of the Abdomen and Pelvis.

Report with compliments.



DR. VINOD V. SHETTY
MD, D.M.R.D.

CONSULTANT SONOLOGIST.

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BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE

Specialists in Surgery

Name: Mrs Indu Naveena L. Bangaru
Age: 24yr/F

29/7/2023

- For Health Check Up
- Offers no complaints

O/E - Ears -  R  L B/L TM intact, mobile

Nose -  septum central
mucosa @

Throat - NAD

Imp: ENT-NAD

Shi

DR. (DR.) SHRUTI ANIL SHARMA
M.S. (ENT) PGD HHM, PG DMLS
MNC. 2019096177

EYE REPORT

Name: *Indira Bhatnagar*

Date: *19/07/2013*

Age / Sex: *24 y/f*

Ref No.:

Complaint: *No headache etc.*

Examination: *MSD 4/0 88/DA*

Spectacle Rx: *VA R 0.9 VCL 0.9* *None in L.D.*

	Right Eye							
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance								
Read								

Remarks: *None in R.D.*

Medications: *No Rx*

Trade Name	Frequency	Duration

Follow up: *Prandha* *CA 2.2* *MSD Apparent* *None - decrease* *apps @*

Refer to neurologist

Consultant:

DIETARY GUIDELINES FOR BALANCED DIET

Should avoid both fasting and feasting.

A meal pattern should be followed. Have small frequent and regular meal. Do not exceeds the interval between two meals beyond 3 hours.

Exercise regularly for at least 30-45 minutes daily. Brisk walking is a good form of exercise, yoga, cycling, and swimming are.

Keep yourself hydrated by sipping water throughout the day. You can have plain lemon water (without sugar), thin butter milk, vegetable soups, and milk etc.

Fat consumption: - 3 tsp. per day / ½ kg per month per person.

It's a good option to keep changing oils used for cooking to take the benefits of all types of oil.eg: Groundnut oil, mustard oil, olive oil, Sunflower oil, Safflower oil, Sesame oil etc.

FOOD ALLOWED

FOOD GROUPS	FOOD ITEMS
Cereals	Whole grain product like Whole wheat flour, daliya, rava bajara, jowar, ragi, oats, nachni, barley, rye.etc
pulses	Dal like moong, masoor, tur and pulses Chana, chhole, rajma , etc.
Milk	Prefer low fat cow's milk / skim milk and milk product like curd, buttermilk, paneer etc.
Vegetable	All types of vegetable.
Fruits	All types of Fruits.
Nuts	2 Almonds, 2 walnuts, 1 dry anjeer, dates, pumpkin seeds, flax seeds, niger seeds, garden cress seeds.
Non Veg	2-3 pices of Chicken/fish, (removed skin) twice a week and 2 egg white daily. Should be eat in grill and gravy form.

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BENGALURU | CHENNAI | DELHI | JAIPUR | KANPUR | MUMBAI | PUNE

ID 57639
Age 21

Height 158cm
Gender Female

Date 29.7.2023
Time 10:25:17

APOLLO SPECTRA HOSPITAL

HR - 74/min

Spu 98%

BP - 110/80 mmHg

Body Composition

	Normal Range
Weight	44.6 ~ 60.3
Muscle Mass Skeletal Muscle Mass	19.8 ~ 24.2
Body Fat Mass	10.5 ~ 16.8
TBW Total Body Water	22.7 kg (26.7 ~ 32.6)
FFM Fat Free Mass	31.2 kg (34.1 ~ 43.5)
Protein	6.2 kg (7.2 ~ 8.7)
Mineral*	2.33 kg (2.47 ~ 3.02)

* Mineral is estimated.

Obesity Diagnosis

	Normal Range
BMI Body Mass Index (kg/m ²)	18.5 ~ 25.0
PBF Percent Body Fat (%)	18.0 ~ 28.0
WHR Waist-Hip Ratio	0.75 ~ 0.85
BMR Basal Metabolic Rate (kcal)	1063 ~ 1217

Nutritional Evaluation

Protein	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Deficient
Mineral	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Deficient
Fat	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient <input type="checkbox"/> Excessive

Weight Management

Weight	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over
SMM	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Under	<input type="checkbox"/> Strong
Fat	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over

Obesity Diagnosis

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over
WHR	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over

Segmental Lean

	Lean Mass Evaluation
Left	1.3kg Under
Trunk	14.5kg Normal
Right	1.4kg Normal
Left	4.4kg Under
Right	4.4kg Under

Segmental Fat

	Fat Mass Evaluation
Left	43.5% 1.1kg Normal
Trunk	33.2% 7.7kg Normal
Right	41.7% 1.1kg Normal
Left	32.0% 2.2kg Normal
Right	31.9% 2.2kg Normal

* Segmental Fat is estimated.

Muscle-Fat Control

Muscle Control + 9.2 kg Fat Control - 3.1 kg Fitness Score 68

Impedance

Z	RA	LA	TR	RL	LL
20kHz	506.0	525.8	30.4	436.3	438.6
100kHz	467.9	488.2	25.7	404.3	405.9

* Use your results as reference when consulting with your physician or fitness trainer.

Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy expenditure of each activity (base weight: 46.3 kg / Duration: 30min. / unit: kcal)							
Walking	Jogging	Bicycle	Swim	Mountain Climbing	Aerobic	Table tennis	Tennis
93	162	139	162	151	162	105	139
Racket ball	Tae-kwon-do	Squash	Basketball	Rope jumping	Badminton	Push-ups	Sit-ups
232	232	232	139	162	105	development of upper body	abdominal muscle training
Weight training	Dumbbell exercise	Elastic band	Squats	Gate ball	Badminton	Weight training	Weight training
backache prevention	muscle strength	muscle strength	stabilization of lower body muscle	88	105	backache prevention	backache prevention

How to do

1. Choose practicable and preferable activities from the left.
2. Choose exercises that you are going to do for 7 days.
3. Calculate the total energy expenditure for a week.
4. Estimate expected total weight loss for a month using the formula shown below.

Recommended calorie intake per day

1400 kcal

* Calculation for expected total weight loss for 4 weeks: **Total energy expenditure (kcal/week) X 4 weeks ÷ 7700**



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Unique Identification Authority of India
భారత ప్రభుత్వం

సమోచిత సంఖ్య / Enrollment No. : 1094/80023/02224

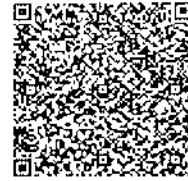
14/09/2012

To
Bangaru Indu Naveena Lakshmi
 బంగారు ఇందు నవీన లక్ష్మి
 D/O: Sivaprasad
 6-4-67/1
 ashok nagar
 amalapuram
 Amalapuram
 Amalapuram, East Godavari
 Andhra Pradesh - 533201



UF414575734IN

41457573



మీ ఆధార్ సంఖ్య / Your Aadhaar No. :

3902 1373 5861

ఆధార్ - సామాన్యని హక్కు



బంగారు ఇందు నవీన లక్ష్మి
Bangaru Indu Naveena Lakshmi



పుట్టిన సంవత్సరం / Year of Birth: 1998
 స్త్రీ / Female

3902 1373 5861



4

ఆధార్ - సామాన్యని హక్కు

Patient Name	: Mrs. INDU NAVEENA L BANGARU	Age/Gender	: 24 Y/F
UHID/MR No.	: STAR.0000057639	OP Visit No	: STAROPV61575
Sample Collected on	:	Reported on	: 29-07-2023 13:24
LRN#	: RAD2060580	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 390213735861		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen.



Dr. VINOD SHETTY
Radiology

Patient Name	: Mrs. INDU NAVEENA L BANGARU	Age/Gender	: 24 Y/F
UHID/MR No.	: STAR.0000057639	OP Visit No	: STAROPV61575
Sample Collected on	:	Reported on	: 29-07-2023 12:05
LRN#	: RAD2060580	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 390213735861		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER : The liver is normal in size, shape & echotexture. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL : The gall bladder is normal in size with a normal wall thickness and there are no **BLADDER** calculi seen in it.

PANCREAS : The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN : The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.

KIDNEYS : The **RIGHT KIDNEY** measures 10.7 x 3.6 cms and the **LEFT KIDNEY** measures 10.2 x 4.4 cms in size. Both kidneys are normal in shape and echotexture. There is no evidence of hydronephrosis or calculi seen on either side.

The para-aortic & iliac fossa regions appear normal. There is no free fluid or any

lymphadenopathy seen in the abdomen.

URINARY The urinary bladder distends well and is normal in shape and contour No intrinsic

BLADDER: lesion or calculus is seen in it. The bladder wall is normal in thickness.

UTERUS : The uterus is anteverted & it appears normal in size, shape and echotexture. It measures 6.9 x 4.5 x 3.4 cms. Normal myometrial & endometrial echoes are seen. Endometrial thickness is 9.2 mms. No focal mass lesion is noted within the uterus.

OVARIES : Both ovaries reveal normal size, shape and echopattern. Right ovary measures 2.8 x 1.7 cms. Left ovary measures 2.7 x 2.0 cms. There is no free fluid seen in cul de.

IMPRESSION : Normal Ultrasound examination of the Abdomen and Pelvis.

Patient Name : Mrs. INDU NAVEENA L BANGARU

Age/Gender : 24 Y/F



Dr. VINOD SHETTY
Radiology