

ID: 000133277  
Visit  
28-Jan-2023  
12:34:50

41years  
Referred by:  
Test ind:

Asian

Male

BRUCE  
Max HR: 165bpm 97% of max predicted 169bpm  
Max BP: 170/80  
Reason for Termination: Max HR attained  
Total Exercise time: 7:21  
25.0 mm/s  
10.0 mm/mV  
100hz  
9.0METS

Comments:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:59	***	***	1.0	73	120/80	88
	STANDING	0:03	***	***	1.0	73	120/80	88
	HYPERVENT	0:15	0.8	0.0	1.0	74	120/80	89
EXERCISE	STAGE 1	3:00	1.7	10.0	4.5	106	120/80	127
	STAGE 2	3:00	2.5	12.0	7.0	144	140/80	202
	STAGE 3	1:21	3.4	14.0	9.0	165	140/80	231
RECOVERY	Post	3:14	***	***	1.0	87	170/80	148

TMT Baseline / mild positive for ST  
*[Signature]*



Swaminarayan Nagar, Off Mumbai-Agra Highway,  
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Mr. VISHAL D CHOLKE (41 / M) +91- 253 - 2510250 / 350 / 450 / 550 / 750

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by:

UHID : MHN1.0000133277

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH29972



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Heart  
disease, Stroke, Asthma,  
COPD, Cancer  
Thyroid disease Since - 05; Medication -  
regular; - Tab-  
Thyaronorm-25 mg



## DRUG ALLERGY

NO KNOWN ALLERGY :28/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Past medical history - nil significant  
Covid 19 - No



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status - Married  
No. of children - 02  
Diet - Mixed Diet

Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

## Family history

Diabetes - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Build - over weight  
Height - 171  
Weight - 83.5  
BMI - 28.56  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 98

### Cardiovascular system

Heart rate (Per minute) - 66  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds

### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Shweta Sharad Shardul



Name : Mr. VISHAL D CHOLKE (41 /M)

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Date : 28/01/2023  
AHC No : NSKAH20072  
Apollo HOSPITALS NASHIK

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0	/hpf	●	0-2
WBC/Pus Cells	0-1/HPF	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	4-6/HPF	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm/1st hr	●	0-10

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	31	U/L	●	30-65
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.4		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	50	U/L	●	0-100

### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	14.1	g/dl	●	13.0-18.0
Haematocrit	42.2	%	●	39.0-54.0
RBC COUNT	4.54	Million/ul	●	4.2-6.5
MCV	93	fl	●	75.0-95.0
MCH	31.1	pg	●	26.0-32.0
MCHC	33.5	g/dl	●	31.0-36.0
RDW	15.2	%	●	11-16
Platelet Count(Optical/Impedance)	262	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	5.73	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	54	%	●	45-75
Lymphocytes	36	%	●	20-45
Eosinophils	05	%	●	1-6

AST (SGOT) - SERUM	27	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	174	mg/dL	●	0-200

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range



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QFAHN/BILL/003/V1

Date : 23/01/2023

AHC No : NSKAH20072



GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 22 U/L ● 0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range  
Glucose - Plasma (Fasting) 107 \* mg/dL ● 70-100  
URINE GLUCOSE(FASTING): (Strip Method) Nil

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range  
Glucose - Plasma (POST PRANDIAL) 112 mg/dL ● 70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range  
Glycosylated Hemoglobin (HbA1c) 5.6 % ● 0.0-6.0  
Mean Plasma Glucose (MPG) Estimate: 122.0600 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM / PLASMA 49 mg/dL ● 40-60  
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 3.6 ● 0.0-4.5  
LDL Cholesterol (Direct LDL) 143 mg/dL

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range  
PROTEIN, TOTAL - SERUM / PLASMA 7.9 g/dL ● 6.4-8.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range  
Triglycerides - Serum 79 mg/dL ● 0-150

UREA - SERUM / PLASMA

Test Name Result Unit Level Range  
UREA - SERUM / PLASMA 29 mg/dL ● 15-38  
UREA NITROGEN SERUM/PLASMA: (Calculated) 14 mg/dL ● 7-18

URIC ACID - SERUM

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.1 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 mg/dL ● 0.0-0.3  
BILIRUBIN UNCONJUGATED - SERUM(Calculated) 0.7 mg/dL ● 0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

Grade I fatty infiltration of liver.  
No other significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM  
TSH: THYROID STIMULATING HORMONE - SERUM  
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)  
TOTAL T4: THYROXINE - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range



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QFAHN/BILL/003/V1

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Uhid : MHN1.0000133277

Date

23/01/2023

Package : MediWheel Full Body Health Checkup Male Above 40

apoltonashik@apollohospitals.com

AHC No

NSKAH29972



Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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QFAHN/BILL/003/V1

Date

AHC No

28/01/2023

NSKAH29977



## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

4

### ACCEPTABLE SCORE

5

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

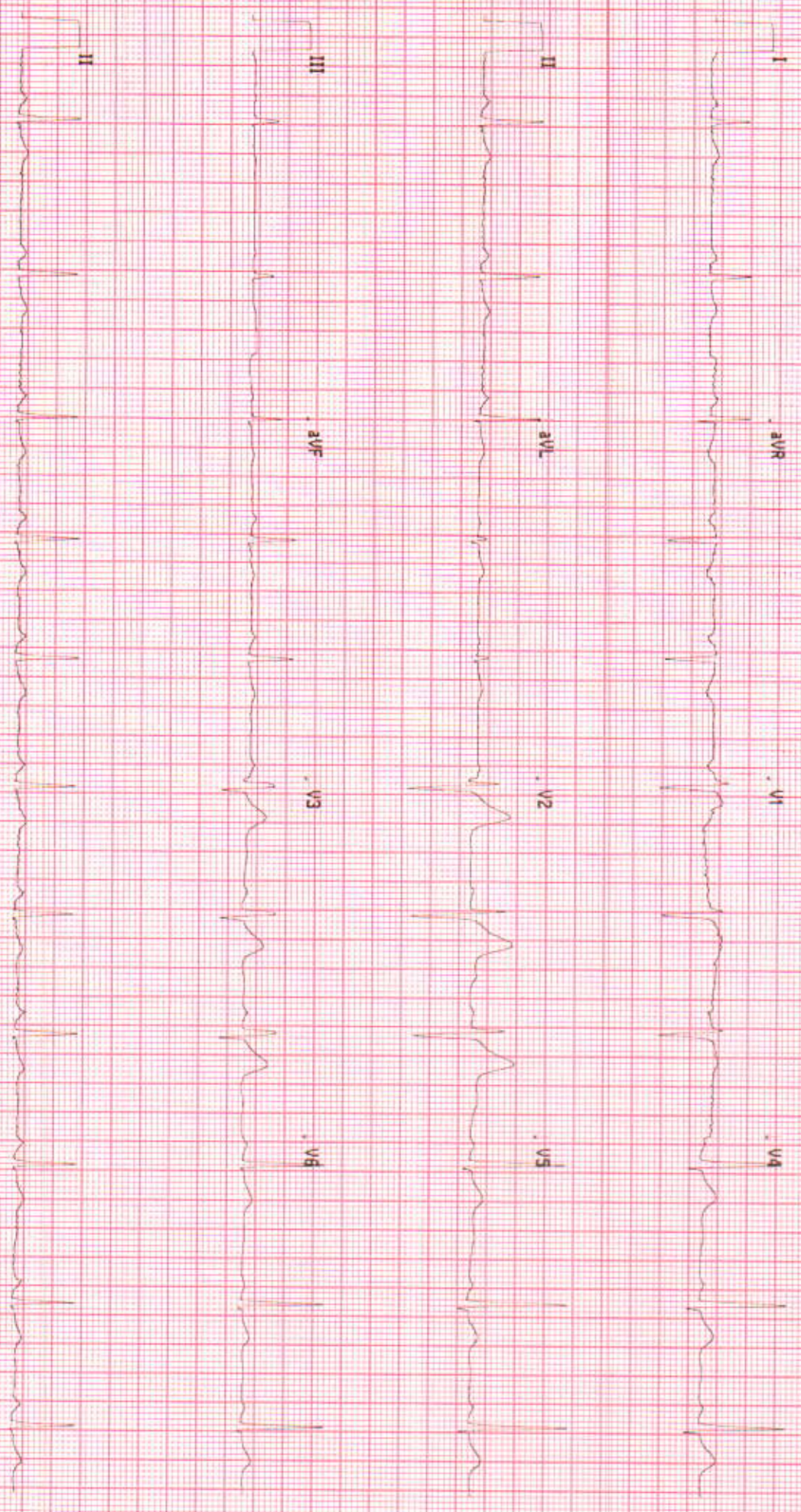
# NASHIK

Choke, wishal  
ID:  
DOB:  
41yr, Male

28-Jan-2023 10:26:56

Vent rate: 66 BPM  
PR int: 160 ms  
QRS dur: 86 ms  
QT/QTc: 353/366 ms  
p-R-T axes: 42 52 37

SINUS RHYTHM WITH SINUS ARRHYTHMIA  
NONSPECIFIC T-WAVE ABNORMALITY  
BORDERLINE ECG  
UNCONFIRMED REPORT



113500189213

No Site Name

Site # 0 Cart # 2

Version 2.0.4.0

Sequence #22305

25mm/s

10mm/mV

0.05-40 Hz




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### MD (Radiology)

**Patient Details** : Mr. VISHAL D CHOLKE | Male | 41Yr 0Mth 0Days  
**UHID** : MHN1.0000133277 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29972   
**DRN** : 223002389 **Completed on :** 28-JAN-2023 10:50  
**Ref Doctor** : Dr. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size. Diffuse increase in echogenicity of the liver parenchyma is suggestive of fatty infiltration.  
No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Well distended with normal walls and lumen.  
No calculi/pericholecystic fluid.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC** and para aortic areas are normal.

**SPLEEN** : Normal in size and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.  
No evidence of calculi/ hydronephrosis.  
Right kidney measures : 10.1 x 4.2  
Left kidney measures : 10.7 x 5cm.

**URINARY BLADDER**: Well distended with normal walls.  
No evidence of calculi/ growth/ diverticula.

**PROSTATE** : Normal in size with homogenous echogenicity. No evidence of calcification within.





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Mr. VISHAL D CHOLKE

MHN1.0000133277

NSKAH29972

### ULTRASOUND - WHOLE ABDOMEN

Prostate measures : 18.5gms.

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

IC junction is normal. No evidence of appendicitis.

No evidence of any free fluid in the peritoneal cavity.

#### **Impression**

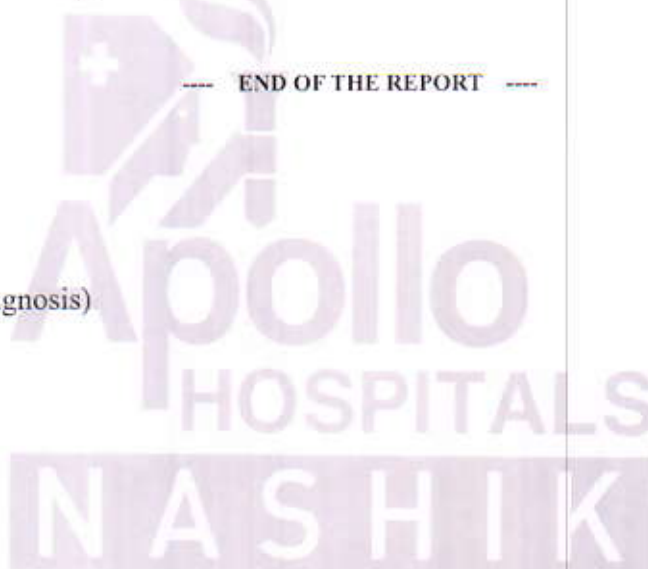
Grade I fatty infiltration of liver.

No other significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)






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### MD (Radiology)

**Patient Details** : Mr. VISHAL D CHOLKE | Male | 41Yr 0Mth 0Days  
**UHID** : MHN1.0000133277 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29972   
**DRN** : 123003871 **Completed on :** 28-JAN-2023 09:37  
**Ref Doctor** : Dr. Rajashri Dhongade

### X-RAY CHEST PA

Both lung fields are clear.  
Both hila are normal in size and position.  
Costophrenic and cardiophrenic angles are clear.  
Cardiac size and contour are within normal limits.  
Rib cage is normal.  
Soft tissues are normal.

#### Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



# OPHTHALMOLOGY



Name : Mr. Vishal Chokke  
 Occupation : \_\_\_\_\_  
 Age : 41 Sex : Male  Female  S/M/W/D  
 Address : Nku  
 Tel. No. \_\_\_\_\_

Date 28/1/23 UNIT \_\_\_\_\_  
 Room No. \_\_\_\_\_ Out Patient   
 Ref. Physician : \_\_\_\_\_  
 Copies to : \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY : \_\_\_\_\_

PRESENT COMPLAINT : \_\_\_\_\_

PAST HISTORY : DM / HTN / ALLERGY Hyroid ↓ hyp : 4-5yr

### ON EXAMINATION

VISION :

Azec. RE 6/6 P LE 6/6 P

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST	_____					_____				
NEAR	_____					_____				

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	-0.75	-1.00	90°	-0.25	-0.5	81°

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	R	-0.75	90°	6/6	L	-0.50	90°	6/6		
NEAR	_____					_____				

C.V. of 1, 2, 3, 25 plates identified.

CONSULTANT OPTOMETRIST



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28/3/23

Mr. Vishal Cholle

41/M.

Dr. Priganka Patil

9096986290

- No H/O of DM & HTN.

- No Caries present.

- Supra & Subgingival plaque present.

Adv. - Scaling req.

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