



DEPT. OF APOLLO HEALTH CHECK

CASE RECORD

Name :	MS. KOKILAVANI K S K S	Age :		Sex :	M/F
Age :	35 Year(s) Year(s)/Female			UHID :	

AHB.0001136696
 MS. KOKILAVANI K S K S
 Age: 35 Year(s) Year(s)/Female
 27 Mar 2023 8:36:54 AM

Physical Examination

General : Build Height 157 cm Weight 90 kg BMI :

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 78 bpm

B.P. : Supine 113/73 mm Hg Sitting Standing ~~113/73~~ SpO2 98%

Chest shape

Heart Sounds mmlly

Murmurs

Thrills

RS : Rate & Type

Breath Sounds

Screening echoreport-

Normal LV systolic function

NORWMR.

LVCF : 60%

RVSP : 18+RAP



Dr. Shalini Shetty
MBBS, MS (Oph), FRCS (UK)
Sr. Consultant - Ophthalmology

Place Label Here
35/F MS: Kokilarani BS
1138886
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____	
	H/o fall (within 1 year)	Yes No	Mobility Aid		Yes No		Pain _____/10	<input type="checkbox"/> Psychological & Social Assessment done
	Gait	Dep. Indep						

Routine Eye test

R L

6/6

6/6

with

glass

6/6

6/6

without

glass

Refractive error

Adv! Continue same glass

Colour

vision

Medicine Reconciliation Done & Frequency

Advice & Plan

17

17

17

17

Clinically Normal

Kindly get this document scanned at the counter for the record purpose

Signature and Date

27/3/23

DHB.0001138886

Form # OP1

Dr. Jyoti Jain

MBBS, DNB (Family Medicine), PGDGM

(Dip in Geriatric Medicine)

Senior Consultant - Dept. of Apollo Health Check

Place Label Here
 MS. Kokilavani K S KS
 Age: 35 yrs
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician



Allergies : NKDA.	Fall Risk Assessment		Wt: 90	Ht: 157	T: _____	P: 78	BP: 113/73
	H/o fall (within 1 year)	Yes No	Mobility Aid		Yes No	Gait	
		Dep. Indep.	Pain 0/10		<input checked="" type="checkbox"/> Psychological & Social Assessment done		

Clo- cough since 3 mths } Taken Rx
 end off cold " }

PFT

PPBS

Low HDL
 Vit D def (8.7 ng/ml)
 Fatty liver
 Prediabetes

**Medicine Reconciliation Dose & Frequency
 Advice & Plan**

Advise

low fat diet
 Regular Exercise

Caps. D-RISE (60x) once a wk for 8 wks & then
 once a month for 1 year.

Kindly get this document scanned at the counter for the record purpose

PFT. & Pulmonology Reference.

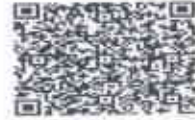
Signature and Date

Jyoti Jain
 29/3/23



DEPARTMENT OF BIOCHEMISTRY

Name : **Ms. KOKILAVANI K S K S** Age : **35Yr 9Mth 23Days** Gender : **Female**
 UHID : **AHB.0001138886 / AHBHC120065** W/BNo/RefNo : **AHC**
 SIN \ LRN : **8634131 \ 3767139**
 Specimen : **Plasma**
 Ref Doctor : **Dr. MHC**



Collected on : **27-MAR-2023 11:35:14 AM** Received on : **27-MAR-2023 12:58:15 PM** Reported on : **27-MAR-2023 01:40:59 PM**

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	79	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabeic : >=200	mg/dL

Report Status:Final

* - Abnormal Value

*** END OF REPORT ***

CHECKED BY **143621**
723076

Printed On : **27-MAR-2023 02:06:06 PM**

GOVINDARAJU N L Dr. **SABHARI PRIYA S**
Clinical Biochemist Registrar

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001138886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.4	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.55	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	40	%	●	34 - 46
MCV (Derived from RBC histogram)	89	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	13.6	%	●	11.60-14.00
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	246	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.32	x(10) ⁹ /l	●	4 - 11
Neutrophils	53	%	●	40 - 80
Lymphocytes	35	%	●	8.6 -23.8
Monocytes	6	%	●	2 - 10
Eosinophils	6	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	18	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	5.5			
Specific Gravity	1.025 *		●	1.016 - 1.022

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001138886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U /dL	● 0.2 - 1.0
Blood :	2+		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	8-10 /h.p.f	Cells/hpf	0 - 2
Pus Cells	2-4 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	28	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	2.7	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.0	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	68	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	26	U/L	●	<= 35

Within Normal Range
 Borderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001138886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

BILIRUBIN, TOTAL - SERUM	0.38	mg/dL	●	0.30-1.20
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	126	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.89	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	86	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.1	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	32 *	mg/dL	●	"Low : <40 High: >59"

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001138886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

LDL Cholesterol (Direct LDL)	89	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.4	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.7	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	144.01	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	7.7	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	150	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.6	µU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range ● Borderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001139886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

Test Name	Result	Unit	Level	Range
UREA - SERUM	16	mg/dL	●	15 - 45
URIC ACID - SERUM	5.7	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	30	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.07	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.31	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	28		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI K S K S

FEMALE / 35 Yrs / AHB.0001138886 / AHBHC120065

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 27/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Ms. KOKILAVANI K S K S		F		035Y
UHID :	AHB.0001138886	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC120065	Scanned on :			27-Mar-2023 09:51
Accession Number :	10601.123035545	Reported On :			27-Mar-2023 11:46:59
Referring Doctor :	null				

X-RAY CHEST PA VIEW

Clinical Information : Health check.

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

Suggested clinical correlation

Dr Shilpi Goel
Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details : Ms. KOKILAVANI K S K S	F 035Y
UHID : AHB.0001138886	Ward/Bed No. : AHC / AHC
I.P.No./Bill No. : AHBHC120065	Scanned on : 27-Mar-2023 10:43
Accession Number : 10601.223027933	Reported On :
Referring Doctor : null	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - General health checkup.

Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is partially distended (Post prandial status), appears grossly normal. Common bile duct appears normal in caliber.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi on either side. No evidence of hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 6mm.

Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Fatty liver

- Suggested clinical correlation.

(Enclosed report) Mn

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

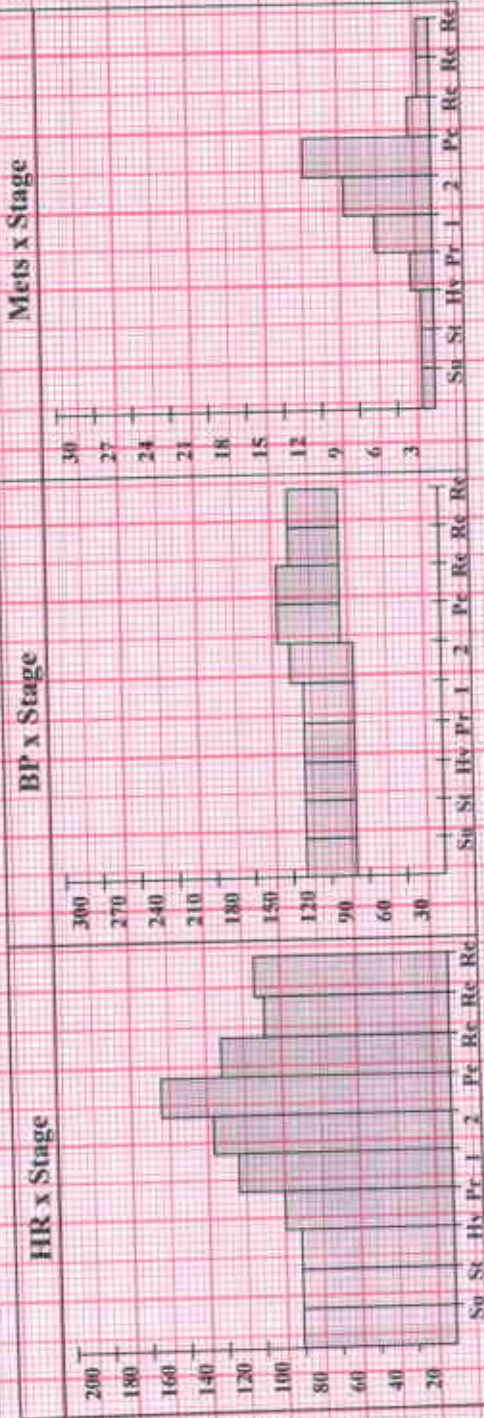
N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS

Patient Details Date: 27-Mar-23 Time: 11:06:30

Name: KOKILAVANIKS ID: AHB1138886

Age: 35 y Sex: F Height: 157 cms Weight: 90 Kgs



Interpretation

MODERATE EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Doctor: DR K M NAIR

Ref. Doctor: AHC

(Summary Report edited by user)

Ver CS-20 V 1.9

Female

35 Years

Rate 72

PR 148

QRSD 90

QT 428

QTc 469

AHB 0001138886

MS. KOKILAVANI K S K S

Age: 35 Year(s)/Female

27 Mar 2023 8:38:52 AM



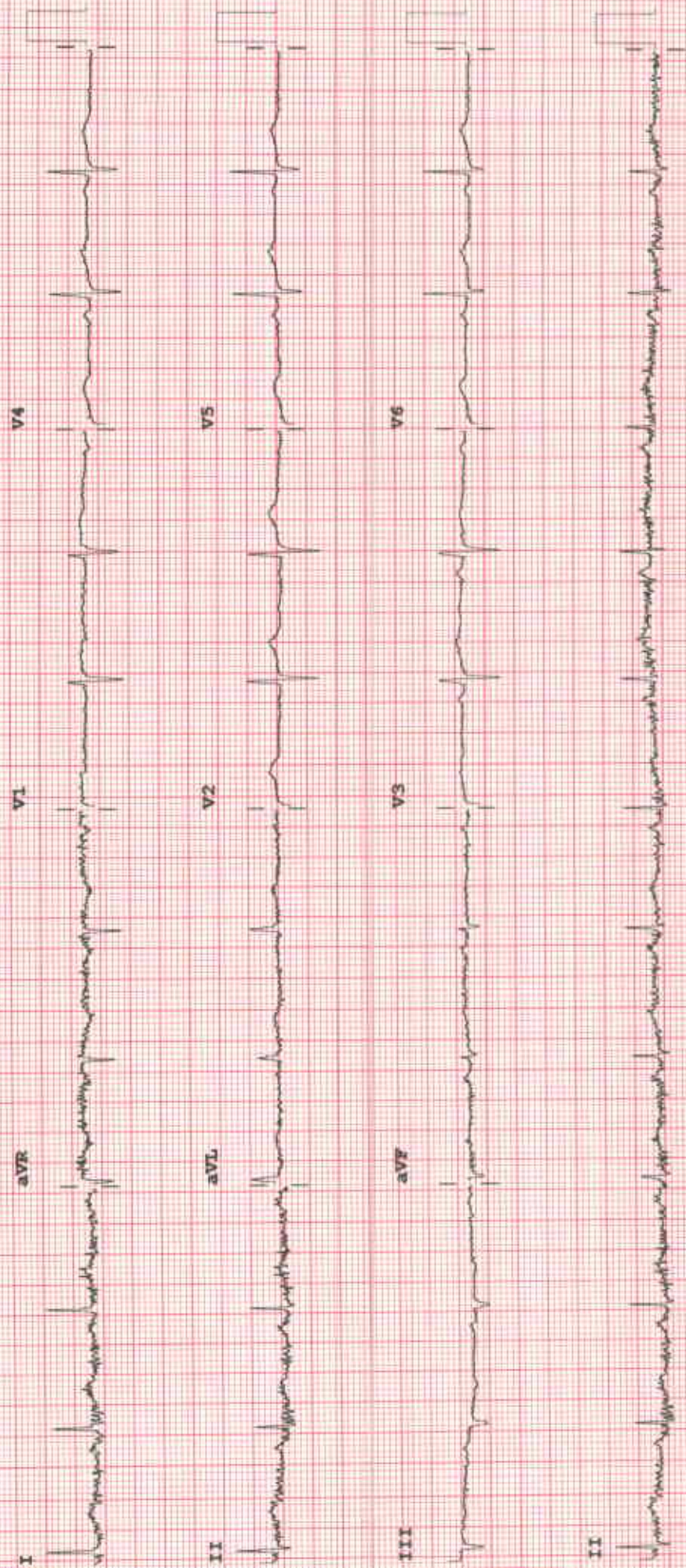
--AXIS--

P 34

QRS -3

T 2

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?