

Ms. PREMLATA WO RITURAJ (36 /F)

UHID

AHIL.0000853861

AHC No

AHILAH201323

Date

25/03/2023



MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Namaste Ms. PREMLATA WO RITURAJ,

Thank you for choosical Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- · Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy!

Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880





: Ms. PREMLATA WO RITURAJ (36 /F)

Date



Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000853861

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH201323



Chief Complaints

For Annual health checkup **BREATHLESSNESS**



Systemic **Keview**

Cardiovascular system - Nil Significant

Respiratory system - Nil Significant

Oral and dental - Nil Significant

Gastrointestinal system - Nil Significant

- Nil Significant Genitourinary system

Gynaec history - Nil Significant

Central nervous system - Nil Significant

Eyes - Nil Significant

ENT - Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin - Nil Significant

General symptoms - Nil Significant



Past medical history

Do you have any - Yes

allergies?

Allergies - dust

Do you have any drug - No

allergies?

Typhoid - YES



Surgical history

Surgical history - Nil

Page 3 of 12



MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Personal history

- Indian Asian Ethnicity

- Married Marital status

No. of children

Male

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking Chews tobacco

Physical activity - Moderate

Family history

Father - alive 67 Aged Mother - alive Aged - 62

Brothers 2

Sisters

Coronary artery - none

disease

Cancer - None

Physical Examination



General

General appearance - normal

Build - normal

- 151 Height

Weight - 61.2

BMI - 26.84

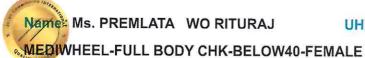
Pallor - No Oedema - no

Cardiovascular system

Heart rate (Per minute) - 78

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Organization is Appetited by Joint Commission Income you in the commission of the co

- Regular

- B.P. Supine

Systolic(mm of Hg)

- 106

Diastolic(mm of Hg)

- 70

Heart sounds

- S1S2+

Respiratory syst m

Breath sounds

- Normal vesicular breath sounds

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Abdomen

Organomegaly

- No

Tenderness

- No

Printed By:

MUKTA S ADALTI

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Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range			
Volume	20	mL					
Specific Gravity	1.010						
Colour:	Pale-Yellow						
Transparency:	Clear						
pH	5						
Protein:	Nil						
Sugar:	Nil						
Blood:	Negative						
Ketone	Absent						
Bile Pigments:	Negative						
Urobilinogen	Nil	E.U./dL					
Nitrite	Negative						
Pus Cells	1-2 /h.p.f			0-5			
RBC	Nil	/hpf		0-5/hpf			
Epithelial Cells	Occassional						
Casts:	Absent						
Crystals:	Absent						

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	13.2	gm%		12-16
Packed cell volume(Calculated)	40.3	%		36-46
RBC COUNT (Impedance)	4.86	Million/ul		3.8-5.2
MCV (From RBC Histogram)	82.9	fl		80-100
MCH(Calculated)	27.13	pg		27-32
MCHC(Calculated)	32.7	%		31-36
RDW(Calculated)	13.7	%		11.5-14.5
WBC Count (Impedance)	8036	/cu mm		4000-11000



Within Normal Range



Borderline High/Low



Out of Range

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and the control of th	67	%	•	40-75	
Lymphocytes	25	%		20-40	
Monocytes	05	%		2-10	
Eosinophils	03	%		01-06	
Basophils	00	%		0-1	
Platelet Count (Imp Hance)	325100	/cu mm		150000-450000	
MPV (Calculated)	7.9	fl		7-11	
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic– electronic)	08	mm/1st hr		0-20	

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range	
-----------	--------	------	-------	-------	--

Urine Glucose (Post Prandial) Nil

URINE GLUCOSE(POST PRANDIAL)

Test Name Result Unit Level	Range
-----------------------------	-------

Urine Glucose (Post Prandial) Nil

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range

BLOOD GROUP: O Positive

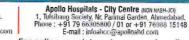
LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	18	U/L		0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	83	U/L		Adult(Female): 35 - 104
AST (SGOT) - SERUM	20	U/L		>1 year Female : <32
Total Bilirubin	0.355	mg/dL		0.300-1.200
Direct Bilirubin	0.13	mg/dL		Upto 0.3 mg/dl
Within Normal Range	Borderline H	igh/Low	Out	of Range

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0.225

mg/dL

1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.62	mg/dL		Adult Female: 0.5 - 1.2

Result

LFT (LIVER FUNCTION TEST)

Test Name

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Level

Range

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L		Male : 10 - 71 Female : 6 - 42
GLUCOSE - SERUM / PLASMA	(FASTING)			
Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	86	mg/dL	•	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance >= 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range			
Glucose - Plasma (Post Prandial)	101	mg/dL		70-140			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD							
Test Name	Result	Unit	Level	Range			

Within Normal Range



Borderline High/Low



Out of Range





% Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Estimated Average Glucose.

99.67

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.45	g/dL		6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.45	g/dL		6.00-8.00
ALBUMIN - SERUM	4.25	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.25	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.2			2.20-4.20
Globulin-Serum/Plasma	3.2			2.20-4.20
A/G ratio	1.33			1.00-2.00
A/G ratio	1.33			1.00-2.00

THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.5	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	103	nmol/L	•	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.56	μIU/mL		14-120 years : 0.27 - 4.20

Within Normal Range

Borderline High/Low



Out of Range

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Organization is Accredited by Joint Commission International URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

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Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10	mg/dL		6-20
UREA - SERUM / PLASMA	22	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	216 *	mg/dl		0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	98	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	46 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	163 *	mg/dL		100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	20			< 40 mg/dl
C/H RATIO CONVENTIONAL PAP SMEAR /CERVICA Cytology	5 * AL SMEAR			0-4.5
Ref No:				
CY 563/23				
Brief Clinical History:				
LMP: 10.3.2023				
Within Normal Range	Borderline Hi	gh/Low (Out o	of Range

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Conventional

Cervical smear

One wet fixed smear received, labeled as 'Premlata 853861'.

SPECIMEN ADEC JACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy.

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

Lung fields are clear.

Cardio thoracic ratio is 0.53, suggests cardiomegaly.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

ECG

Within Normal Range

.

Borderline High/Low



Out of Range





UHID : AHIL.0000853861

Date AHC No

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Executive Summary



.BODY WEIGHT 61.2 KG, DEAL BODY WEIGHT 43-52 KG

.DYSLIPIDEMIA

.ECG - NORMAL SINUS RHYTHM

.TMT — TEST IS NEGATIVE, EXERCISE TIME 7:15 , WORKLOAD 8.9 METS

.USG ABDOMEN - NO SIGNIFICANT ABNORMALITY

.CHEST X-RAY - CARDIO THORACIC RATIO IS 0.53, SUGGESTS CARDIOMEGALY

.EYE - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

.PAP - Negative for intraepithelial lesion or malignancy.

Wellness Prescription

Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



REGULAR WALK FOR 30 MINS FOR HEALTH. 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 43-52 KG

Follow-up and Review Plan

Printed By : MUKTA S ADALTI



CHECK LIPID PROFILE EVERY 6 MONTHS

Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Physician / Consultant Internal Medicine Chal Lid., Gandhin

Note: The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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RADIOLOGY

Patient Details Ms. PREMLATA WO RITURAJ | Female | 36Yr 8Mth 15Days

UHID AHIL.0000853861

Patient Location:

Patient Identifier:

AHILAH201323

DRN

123039343

Completed on:

25-MAR-2023 09:50

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

IMPRESSION

Lung fields are clear.

Cardio thoracic ratio is 0.53, suggests cardiomegaly.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

- END OF THE REPORT ---

(14)

RAJVEERSINH P CHAVDA

Medical Officer

Printed on:

26-Mar-2023 16:24

Printed By:

153182

Reported By:

717876

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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details

Ms. PREMLATA WO RITURAJ | Female | 36Yr 8Mth 15Days

UHID

AHIL.0000853861

Patient Location:

AHC

Patient Identifier:

AHILAH201323

DRN

223016982

Completed on:

25-MAR-2023 12:26

Ref Doctor

DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 9.2 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation .Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 6 mm.

Both ovaries are normal in size and echopattern.

Mild free fluid is seen in Pouch Of Douglas.

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26-Mar-2023 16:25

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Reported By:

Page 1 of 2



717876







Ms. PREMLATA WO RITURAJ

AHIL.0000853861

AHILAH201323

USG WHOLE ABDOMEN

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION:

NO ABNORMALITY DETECTED.

--- END OF THE REPORT ---

Males

DR. VAIBHAVI PATEL

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26-Mar-2023 16:25

Printed By: 153182

Repor

Reported By: 717876

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AHIL.0000853861

Ms. PREMLATA WO RITURAJ

Name:

36 Year(s) / Female

UHID:



ON RECORDS

10.25/3/23

Distance Vision:

Right Eye -

616

Left Eye -

616

Near Vision:

Right Eye:

NG

Left Eye:

NE

APLN.TN - Right Eye

Left Eye- 12

mmHg

Doomal

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

AHMROP028V1

Ophthalmologist Name

G	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	ζ=	t =	}-			6	36:Years	ID: 853861
GE MAC2000 1:1					RR/PP P/QRS/1	QT/QTcBaz PR	ЭБС	Female	
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44	\$			<u> </u>	3	Normal sinus rhythm Normal ECG	**** Poor data cı	ndinagar 	Apollo Hospital
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If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

HOSPITALS	.,5,,,,,,
OBSTETRICS & GYNAECOL	LOGY - AHC
Name AHIL.0000853861 Ms. PREMLATA Occupa WO RITURAJ Age: 36 Year(s) / Female IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Date: 25/3/23 Unit No.: Ref. Physician: Dr. Kinty Natur Copies to:
Chief Complaint:	- 0
None.	
Children: 2, 5	Weight:
Deliveries: 2 FTND	BP:
Last Child: Mch / 2- Syears / FTN	Q
Abortions: Now	Breasts: Normal (Baby)
Periods: Regular 30-31 day	Breasts: Normal (Roby on Smeastle
LMP: 10/03/13	Previous Medical H/O:
Menopause:	Nove
G. Condition:	FIHIO: None.
P/A: Soft.	Previous Surgical H/O:
	None.
S/E: Antererted, O) Sine

P/R: ~

Impression:

convini fearthy looking

Doctor Signature Date & Time

1513123



AHIL.0000853861

Ms. PREMLATA
WO RITURAJ

36 Year(s) / Female

DENTISTRY

DEMISIKI			表现在1月4日中,1年1日
Name: Poem la fa Occupation: Sex: Male	10.000	Ref. Physician :	Unit No. :
	DENTAL	RECORD	
ALLERGIES:		. 20	
PAIN : Score (0-10) O Loc	cation :	Cha	aracter:
Br	ush Fi oth Paste Po BRUSH YOUR TEET	nger Stick	other No No
		Good	Fair Poor
ORAL TISSUE EXAMINATION	PERIODONTA	AL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE Lips :	Gingivitis Calculus Recession Periodontal Pockets Attrition Erosion Mobility	MILD MOD SEV	CLASS I II III CROSSBITE Hypoplasia Impaction Non-vital Fracture Abcess Ulcers Caries Missing Teeth Supernumerary Others
PRESENT COMPLAINT: Po	up decr	79-	
PRE-MEDICAL HISTORY: DM	☐ HTN ☐ Thyro coagulant ☐ Unde	oid	nancy
AHMROP007V1 - F	PAN		

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