

OP Slip

UHID No :- UD-232419786 OP No :- OP-232446734 OP Date :- 23 Mar 2024 2:51P
Pt. Name :- Mr MAHABIR SINGH Age/Sex :- 35 Y/Male Mob. No :- 9813287253
Pay Type :- Emp. Credit Token No :- NOR. - 52 Paid :- 0.00
Deptt. :- GENERAL MEDICINE Consultant :- Dr ANURAG KAUSHAL (MD)
Address :- SANDHIR (70),Karnal Empanelment :- Mediwheel

Present Complaints:

Not a kyo any chronic illness
no fresh complaints

Past/Family History:

Drug Allergy (If any):

Examination (Vitals):

OF: Not type as 3/3/20
Chest: B/LUNBSED
BP: 149/99mmHg PR: 82 BPM RR: _____
Temp: _____ SPO2: 98%
Weight: 93.8 Kg Height: _____

Investigations:

Diagnosis:

Treatment/Preventive Care/Nutrition Advised:

R
Diet as advised
Life style changes as advised
Cap Evlon 400 OD x → →
X 1 day
Parbh

Dr. Anurag Kaushal
MD(Medicine)INTENSIVIST
1504-HCMS

Out Time:

Doctor Signatures:

Next Follow-up:

Nutritional Screening: Wt. Loss Loss of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain Scale



OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)

Shri Balaji Aarogyam Hospital Pvt.Ltd.
Behind Old Bus Stand, Kurukshetra

For Appointment :
99926-30762, 01744 270255

aarogyamkk@gmail.com



SHRI BALAJI AROGYAM HOSPITAL

KURUKSHETRA

Patient Demographics

MAHABIR SINGH 35 YRS
Patient ID: 23241986
Gender: M
Performed By: DR RISHABH MARWAH

Comments

NORMAL CHAMBER DIMENSIONS
IAS/IVS INTACT
AORTIC ROOT/MPA NORMAL
NORMAL VALVE MORPHOLOGY
NO SIGNIFICANT REGURGITATION
NO RWMA
NORMAL SYSTOLIC FUNCTION
NORMAL DIASTOLIC FUNCTION
NO CLOT/VEG/PE
IVC- NORMAL

Adult Echo: Measurements and Calculations

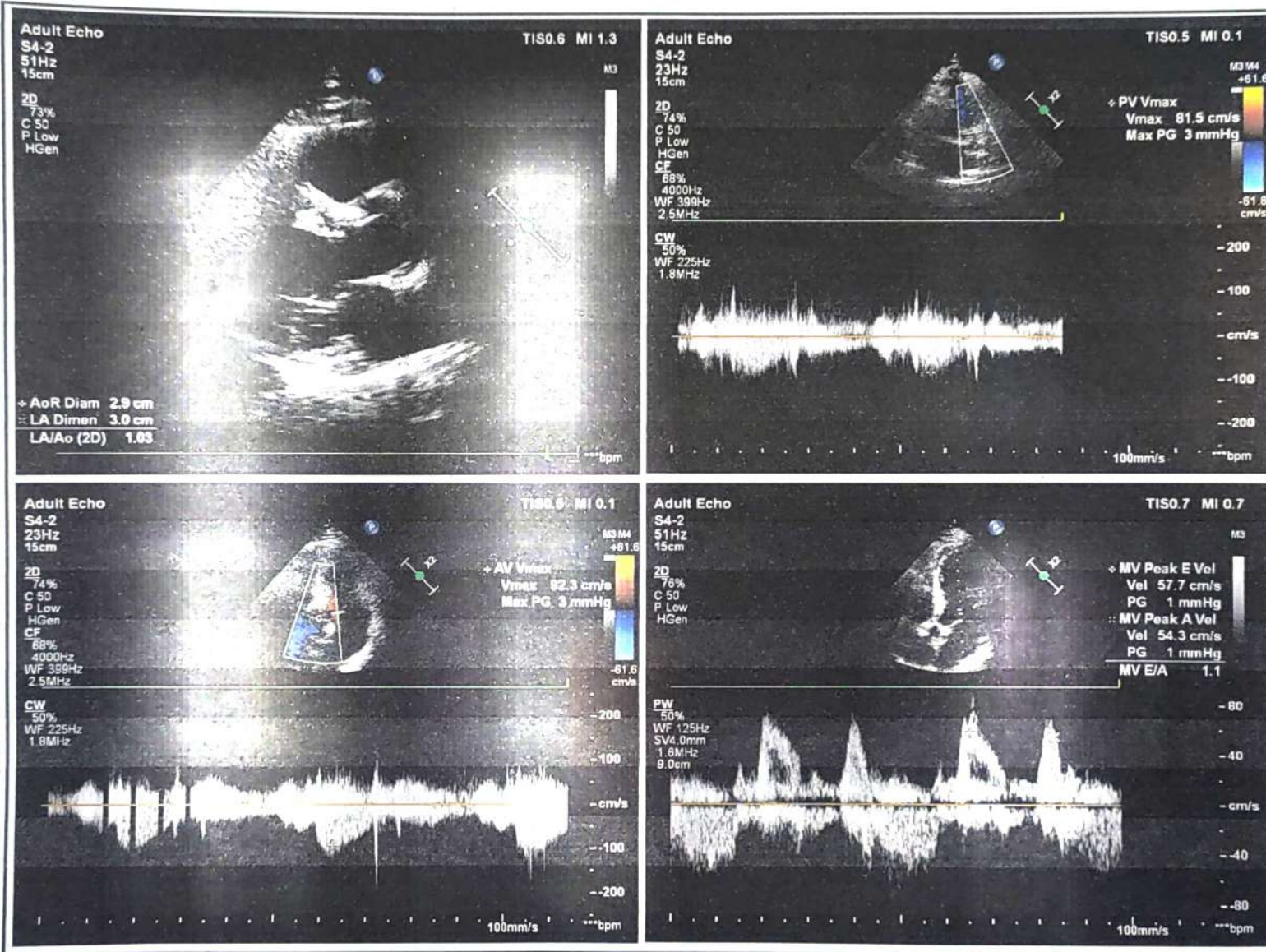
2D

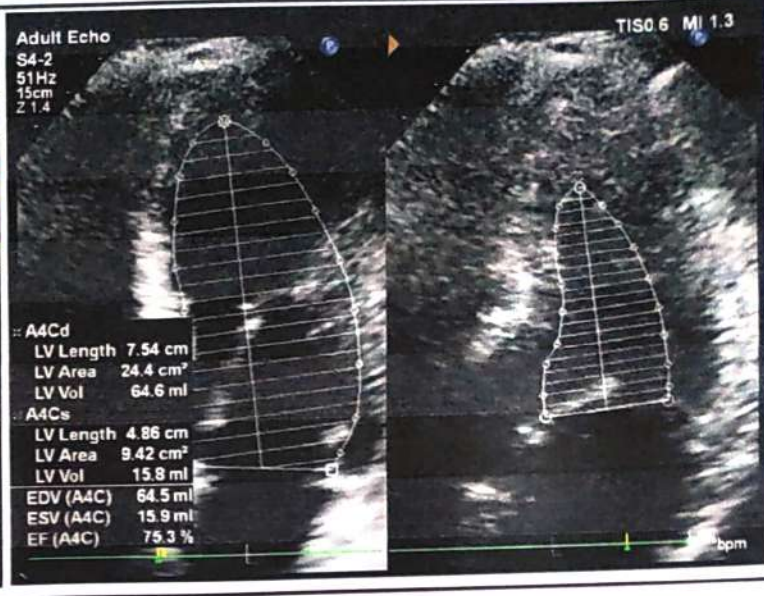
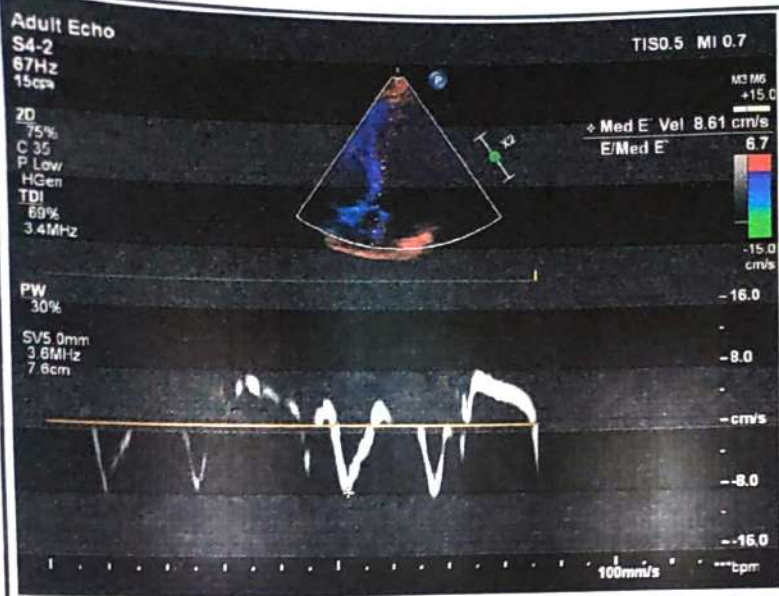
LVIDd (2D)	3.79 cm	LVLs (A4C)	4.9 cm	EF (A4C)	75.3 %
LVPWd (2D)	1.16 cm	LVAAd (A4C)	24.40 cm ²	IVSd (2D)	1.10 cm
EDV (2D-Teich)	61.6 ml	LVAAs (A4C)	9.42 cm ²	LA Dimen (2D)	3.0 cm
EDV (2D-Cubed)	54.4 ml	EDV (A4C)	64.5 ml	LA/Ao (2D)	1.03
A4Cd		ESV (A4C)	15.9 ml	AoR Diam (2D)	2.9 cm
LV Vol	64.6 ml				
LV Length	7.54 cm				
LV Area	24.4 cm ²				
A4Cs		IVS/LVPW (2D)	0.948		
LV Vol	15.8 ml				
LV Length	4.86 cm				
LV Area	9.42 cm ²				
LVLd (A4C)	7.5 cm	SV (A4C)	48.6 ml		

Doppler

AV Vmax		MVE/A	1.1	PV Vmax	
Max PG	3 mmHg			Max PG	3 mmHg
Vmax	92.3 cm/s			Vmax	81.5 cm/s
MV Peak E Vel		Med E' Vel	8.61 cm/s		
Vel	57.7 cm/s				
PG	1 mmHg				
MV Peak A Vel		E'/Med E'	6.7		
Vel	54.3 cm/s				
PG	1 mmHg				

Images





Signature

Signature:
Name(Print):

Dr. RISHABH MARWAH
MD DM Cardiology
Consultant Interventional
Cardiology
Shri Bala Ji Aarogyam Hospital,
Reg.No. HN8708

Date: 26-3-24.



SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com

CIN : U93000HR2018PTC074193

Typed by: Kajal

PATIENT NAME	MR. MAHABIR SINGH	AGE/SEX	35 Y / MALE
REFERRED BY:	SELF	DATE	23.03.2024

USG WHOLE ABDOMEN

LIVER:-Is normal in size measuring 14.5 cm **with increased echogenicity s/o fatty liver**. No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

GALL BLADDER: - normal in size and distensibility. The wall thickness is normal. No evidence of any peri-cholecystic collection is seen. No evidence of calculus is seen.

CBD is normal in course and caliber.

PANCREAS:-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

SPLEEN: - is normal in size measuring 10.7 cm and echotexture. No focal lesion is seen.

RIGHT KIDNEY:-It is normal in size measuring 9.0 x 5.0 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

LEFT KIDNEY:-It is normal in size measuring 10.2 x 4.2 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

URINARY BLADDER:-Is minimally distended.

PROSTATE: - is normal in size, having an approximate volume of 19.0 cc. Echotexture is normal.

No free fluid is seen in abdomen and pelvis.

No evidence of any mesenteric lymphadenopathy noted.

Visualized bowel loops appear unremarkable.

IMPRESSION:

➤ **FATTY LIVER GRADE I.**

Please Correlate Clinically.

DR. ISHA GOYAL,
DMRD (CMC LUDHIANA)
Ex. Fortis Hospital Ludhiana
Consultant Radiologist





SBAH PATH LAB

INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com



463997074

UHID No :- UD-232419786 Reg No :- 232419786 Print Date : 23-Mar-2024 12:35 PM
 Receipt No :- 23240026355 Receipt Date :- 23 Mar 2024
 Patient Name :- Mr MAHABIR SINGH Father :- RAM JUWARI Age/Sex :- 35 Y/M
 Mobile No :- 9813287253 Consultant :- Dr ANURAG KAUSHAL (MD)
 Address :- SANDHIR (70) , Karnal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232451064

Sample Gnt At: (23 Mar 2024 10:41 AM) ,Sample Rvd At (23 Mar 2024 10:41 AM) ,Report Gnt At : (23 Mar 2024 11:35 AM)

HAEMATOLOGY

CBC

WBC	7.79	4.00 - 11.00	10 ³ /mm ³
RBC	5.15	4.00 - 5.50	million/cumm
<i>Methology / Carm</i>			
HAEMOGLOBIN	13.9	13.00 - 16.00	gm/dl
HCT	44.1	35.00 - 50.00	%
<i>DefaultMethodTwo / test Machine</i>			
MCV(MEAN CELL VOLUME)	85.63	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	26.99	27.00 - 32.00	µg
MCHC	31.52	31.50 - 35.00	gm%
RDW-CV	13.1	12.00 - 18.00	%
<i>Method1 / test Machine</i>			
RDW-SD	42.1	37.00 - 56.00	fl
MIC	1.5	0.00 - 20.00	%
<i>Methology / test Machine</i>			
MAC	4.8	2.00 - 10.00	%
PLATELETS	147	150.00 - 450.00	×10 ³ /µL
MPV	12.2	7.40 - 11.00	fl
PCT	0.18	0.15 - 0.40	%
<i>Test Method</i>			
PDW	22.4	11.00 - 20.00	fl
P-LCC	86	44.00 - 140.00	10 ³ /mm ³
P-LCR	58.56	18.00 - 50.00	%
DIC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	53.0	40.00 - 75.00	%
LYMPHOCYTES	35.5	20.00 - 45.00	%
MONOCYTES	8.1	2.00 - 10.00	%
EOSINOPHILS	3.4	1.00 - 6.00	%
BASOPHILS	0.0	0.00 - 1.00	%

Remarks :-

Sample No:232451065

(Technologist)

Charu Sethi
 Dr. Charu Sethi Sharma
 MD-Pathology
 Reg. No. HN-19861

Not valid for Medico Legal Purposes. Advised further clinical correlations



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BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com



UHID No :- UD-232419786 Reg No :- 232419786 Print Date : 23-Mar-2024 12:35 PM
 Receipt No :- 23240026355 Receipt Date :- 23 Mar 2024
 Patient Name :- Mr MAHABIR SINGH Father :- RAM JUWARI Age/Sex :- 35 Y/M
 Mobile No :- 9813287253 Consultant :- Dr ANURAG KAUSHAL (MD)
 Address :- SANDHUR (70) , Karnal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample Gnt At: (23 Mar 2024 10:41 AM) , Sample Rvd At (23 Mar 2024 10:41 AM) , Report Gnt At : (23 Mar 2024 11:35 AM)

HAEMATOLOGY

ESR	04	0.00 - 15.00	mm at 1 hr
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Remarks :-

Sample No:232451066

Sample Gnt At: (23 Mar 2024 10:41 AM) , Sample Rvd At (23 Mar 2024 10:41 AM) , Report Gnt At : (23 Mar 2024 12:35 PM)

BIOCHEMISTRY

BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING	104	70.00 - 110.00	mg/dl
BLOOD SUGAR PP	113	70.00 - 150.00	mg/dl

COMPLETE LIPID PROFILE

TOTAL CHOLESTROL	198	120.00 - 200.00	mg/dl
TRIGLYCERIDES	250	35.00 - 160.00	mg/dl
HDL	41	30.00 - 70.00	mg/dl
LDL	107.00	0.00 - 100.00	mg/dl
VLDL CHOLESTEROL	50.00	0.00 - 35.00	mg/dL

LFT

TOTAL BILIRUBIN	0.59	0.30 - 1.00	mg/dl
DIRECT BILIRUBIN	0.14	0.00 - 0.30	mg/dl
INDIRECT BILIRUBIN	0.45	0.20 - 0.60	mg/dl
SGOT	58	0.00 - 40.00	U/L
SGPT	106	0.00 - 40.00	U/L
TOTAL PROTEINS	7.0	6.60 - 8.70	gms/dl
ALBUMIN	5.0	3.50 - 5.00	mg/dl
GLOBULIN	2.00	1.50 - 3.60	gms/dl
ALKALINE PHOSPHATE	72	57.00 - 111.00	U/L

BLOOD UREA

BLOOD UREA	14	12.00 - 40.00	mg/dl
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CREATININE

CREATININE	1.3	0.70 - 1.40	mg/dl
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HAEMATOLOGY

SERUM URIC ACID	8.4	2.50 - 6.00	mg/dl
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(Technologist)

Charu Sethi

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861

Not valid for Medico Legal Purposes. Advised further clinical correlations



SBAH PATH LAB



INSIDE SHRI BALAJI AROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com

UHID No :- UD-232419786	Reg No :- 232419786	Print Date : 23-Mar-2024 12:35 PM
Receipt No :- 23240026355	Receipt Date :- 23 Mar 2024	
Patient Name :- Mr MAHABIR SINGH	Father :- RAM JUWARI	Age/Sex :- 35 Y/M
Mobile No :- 9813287253		Consultant :- Dr ANURAG KAUSHAL (MD)
Address :- SANDHIR (70) , Kamai		

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Remarks :-

Sample No:232451067

Sample Gnt At: (23 Mar 2024 10:41 AM) , Sample Rvd At (23 Mar 2024 10:41 AM) , Report Gnt At : (23 Mar 2024 11:35 AM)

URINE EXAMINATION

URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	YELLOW	CLEAR YELLOW	
VOLUME	20		ML
SPECIFIC GRAVITY	1.015	1.00 - 1.03	

CHEMICAL EXAMINATION

PH	7.0	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	Negative		
PUS CELLS	2-3	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	Negative	4.00 - 5.50	million/cumm
CRYSTALS	ABSENT	ABSENT	
BACTERIA	ABSENT	ABSENT	
OTHERS	ABSENT		
MICROSCOPIC EXAMINATION			
CASTS	ABSENT	ABSENT	
AMORPHOUS DEPOSITS	ABSENT		

Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

* END OF REPORT *

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlations

Charu Sethi

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861

Name : Mr. MAHABIR.SINGH
 Lab No. : 463997074
 Ref By : AAROGRAM HOSPITAL KKR
 Collected : 23/3/2024 11:42:00AM
 A/c Status : P
 Collected at : SHRI BALAJI AAROGRAM HOSPITAL PVT. LTD
 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
 STAND Kurukshetra 136118

Age : 35 Years
 Gender : Male
 Reported : 23/3/2024 2:50:49PM
 Report Status : Final
 Processed at : Dr. Lal PathLabs Ltd.
 Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	5.5	%	4.00 - 5.60
Estimated average glucose (eAG)	111	mg/dL	

Interpretation

HbA1c result is suggestive of non diabetic adults (>=18 years)/ well controlled Diabetes in a known Diabetic

Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non diabetic adults >=18 years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemic control
HbA1c in %	4.0-5.6	5.7-6.4	>= 6.5	<7.0

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c



Name : Mr. MAHABIR.SINGH
Lab No. : 463997074
Ref By : AAROGYAM HOSPITAL KKR
Collected : 23/3/2024 11:42:00AM
A/c Status : P
Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD
PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
STAND Kurukshetra 136118
Age : 35 Years
Gender : Male
Reported : 23/3/2024 2:50:49PM
Report Status : Final
Processed at : Dr. Lal PathLabs Ltd.
Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE,TOTAL, SERUM (ECLIA)			
T3, Total	1.37	ng/mL	0.80 - 2.00
T4, Total	7.93	µg/dL	5.10 - 14.10
TSH	3.74	µIU/mL	0.27 - 4.20

Note

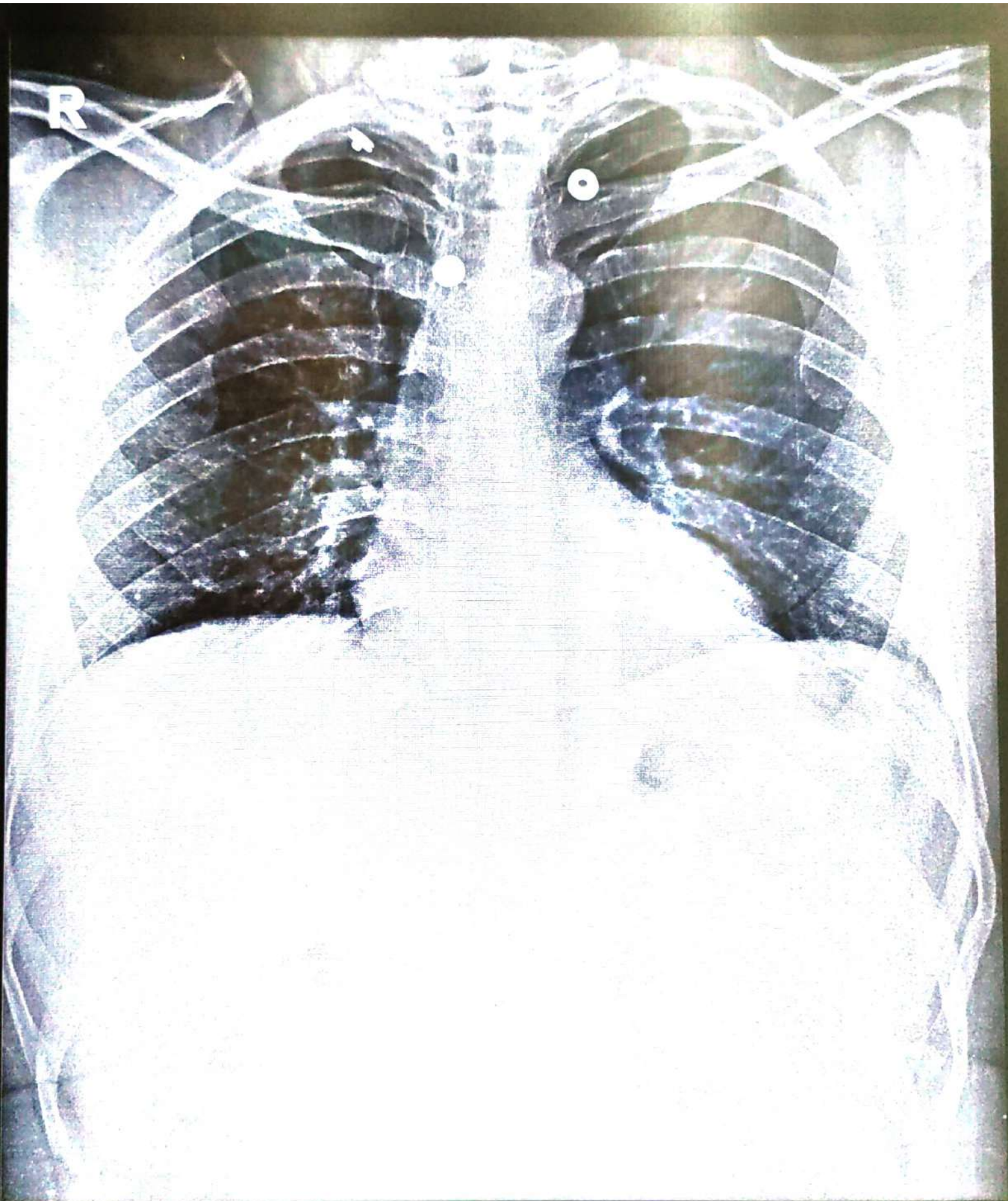
1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals



Dr. Arshiya Bansal
MD ,Pathology
Chief of Laboratory
Dr Lal PathLabs Ltd

-----End of report-----





MAHABIR SINGH 35/Y 26355 M CHEST PA 23-Mar-24 09:54 AM
SHRI BALAJI AROGYAM HOSPITAL, KURUKSHETRA

Mahavir Singh 36y/M Height- 172cm Weight- 90kg. BMI-31kg/m



SHRI BALAJI AAROGYAM HOSPITAL PVT LTD

DIET CHART FOR HEPATIC PATIENT

2000kcal
= =

6:00 AM: 250ml शुगरम पानी =

7:00 AM: बादाम + अखरोट [शत के मीथे हुए] =

8:30 AM: सब्जी चपाती + 1 कटोरी दही / मिस्सी चपाती + 1 कटोरी दही | ② Stuffed Roti + 1 bowl curd.

या ② 1 लस्सी

सब्जी दलिया / सब्जी ओटस / सब्जी पोहा / उबले अंडे का सफेद हिस्सा / बिना तेल का बेसन चीला / मीठा दलिया

2 PM: 11:00 AM: Green Tea - 1 cup Normal Tea.

10:11:00 AM: सेब / पपीता / संतरा / नाशपाती / चीकू / केला / खजूर / अमरूद / अनार - (seasonal).

12:00 AM: घनीर/अंडे की सफेदी/सोयाबीन सब्जी

2:00 PM: चपाती + दाल + दही 3:00 PM: 1 cup Normal Tea.

5:00 PM: ढोकला / भुने हुए चने / MIXED SEEDS(2 SPOON) / उबले हुए काले चने की चाट

या

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

7:30 PM: चपाती + सब्जी [1 कटोरी]

या ③

1 bowl = सब्जी खिचड़ी/सब्जी दलिया/सब्जी ओटस

* नीरा, अजवायन, शॉफ का पाणी =

DIET GUIDELINES

- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्ट्री) से बचें
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें

MILK - 500 ML [सलाई उतर हुआ]

OIL - 3-4 SPOONS =

WATER INTAKE - AS PER CONDITION 5 liter =

PHYSICAL ACTIVITY - 1 Hour =



Shri Balaji Aarogyam Hospital Pvt.Ltd.

Behind Old Bus Stand, Jyoti Nagar, Kurukshetra.

Ph:01744-270255,9992630762



Receipt

UHID No :- UD-232419786
Patient Name :- Mr MAHABIR SINGH
Age/Sex :- 35 Y/M
Address :- SANDHIR (70),Karnal

Reg. No. :- 232419786
Receipt No/Date :- 23240026355 / 23 Mar 2024
Mobile No :- 9813287253
Payment Via :- Emp. Credit
Empanelment :- Mediwheel

Claim ID :-

Type	Service Name	Serial No	Price	Emr. Chrg.	Dis.	Unit	Net Amt.
Haematology	CBC		120.00	0.00	0	1	117.00
	ESR		80.00	0.00	0	1	78.00
	BLOOD GROUP		50.00	0.00	0	1	49.00
	SERUM URIC ACID		50.00	0.00	0	1	49.00
	HBA1C(GLYCOSYLATED HAEMOGLOBIN)		250.00	0.00	0	1	244.00
Urine examination	URINE ROUTINE		80.00	0.00	0	1	78.00
Biochemistry	BLOOD SUGAR FASTING & PP		50.00	0.00	0	1	49.00
	COMPLETE LIPID PROFILE		150.00	0.00	0	1	146.00
	LFT		150.00	0.00	0	1	146.00
	BLOOD UREA		50.00	0.00	0	1	49.00
	CREATININE		50.00	0.00	0	1	49.00
Immunology	THYROID PROFILE (T3,T4,TSH)		150.00	0.00	0	1	146.00
Hospital Charge	ECG		100.00	0.00	0	1	98.00
Cardiology	ECHO		300.00	0.00	0	1	293.00
Ultrasound	Usg Whole Abdomen		250.00	0.00	0	1	244.00
X-RAYS	Chest X-RAY		100.00	0.00	0	1	98.00
Dietician	Dietitian Consultation		70.00	0.00	0	1	67.00
Total Amount							2050.00
Total Discount							50.00
Bill Credit Towards Mediwheel							2000.00

Remarks: MEDIWHEEL PKG

Shri Balaji Aarogyam Hospital P. Ltd.
Behind Old Bus Stand
Kurukshetra-136118

दर्द से मिलेगा निजात
अब हमारे पास है
ACCIDENT और
TRAUMA
इलाज़!



DR. RAJUL GOEL (MS ORTHO)
REGISTRAR DMCLUDHIANA

SPECIALIZES
IN JOINT REPLACEMENT
TRAUMATOLOGY

HOURS : 10 AM TO 6 PM
MON TO SAT

24X7

nts

999 9644 44 270255

GPS Map Camera



Kurukshetra, Haryana, India
Opd no 2, basement, shri balaji arogyam hospital Behind old Bus Stop, Jyoti Nagar,
Kurukshetra, Haryana 136118, India
Lat 29.973514°
Long 76.838223°
23/03/24 10:00 AM GMT +05:30