

**HEALTH CHECK UP**

Name : Anand Kumar

Date : 11-2-2023

Age : 354

Sex : Male / Female

Marital status : Married / Single

**PERSONAL HISTORY**

Habits : SCC Smoking / Tobacco & Snuff / Alcohol

Drug allergy if any : Nil

Medical : Medicine C.Plow.

Surgical : Nil

Height 159.5 cm Weight 80 Kg. BP 100/70mmHg Pulse 80mt

Vision : Rt 6/18 Lt. 6/6 With Spectacles ..... Rt. 5 Lt. 5

Colour Vision : Normal Abnormal Near Vision N.G. - Both eyes

**FAMILY HISTORY**

Father Hypertension Mother Hypertension Siblings normal

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate 16 /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Dr. Bharti Jeswani  
MBBS

Dr. Seema Kale  
MBBS, MD

Dr. S. K. Suri  
MBBS

Dr. Meenakshi  
MBBS



# APOLLO CLINIC

RAJOURI GARDEN

Mr. MR AVINASH KUMAR

ID : 21  
 HMMT : /  
 Recorded : 11-2-2023 11:58

TREADMILL TEST SUMMARY REPORT  
 Protocol: BRUCE

Age/Sex : 35/M  
 Ref. by :  
 Indication1 :  
 Indication2 :  
 Indication3 :

History :  
 Medication 1 :  
 Medication 2 :  
 Medication 3 :

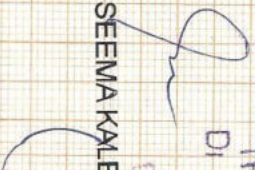
PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	ME
SUPINE	0:01	0:01			96	100/70	96	1.3	1.4	1.5	
HYPERVENT					91	100/70	91	1.3	1.4	1.4	
STAGE 1	1:59	1:59	2.70	10.00	115	110/70	126	1.1	1.2	1.4	3
STAGE 2	3:46	1:44	4.00	12.00	128	120/70	153	1.0	1.2	1.2	6
STAGE 3	5:38	1:49	5.40	14.00	153	126/70	192	0.5	1.0	0.9	8
STAGE 4	6:59	1:14	6.70	16.00	173	130/70	224	0.2	1.1	0.4	11
PEAK EXER	7:03	1:18			173	130/70	224	0.3	1.0	0.5	11

### RESULTS

Exercise Duration : 7:03 Minutes  
 Max Heart Rate : 173 bpm  
 Max Blood Pressure : 130/70 mmHg  
 Max Work Load : 11.74 METS  
 Reason of Termination :

**IMPRESSIONS**  
 GOOD EFFORT TOLERANCE, NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.  
 NO ANGINA/ARRHYTHMIA/S/LV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.  
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

DR SEEMA KALE Cardiologist

  
 THE APOLLO CLINIC  
 RAJOURI GARDEN  
 DR SEEMA KALE (M.B.B.S.)  
 DM (Card. Med.) No. 1570312



# APOLLO CLINIC

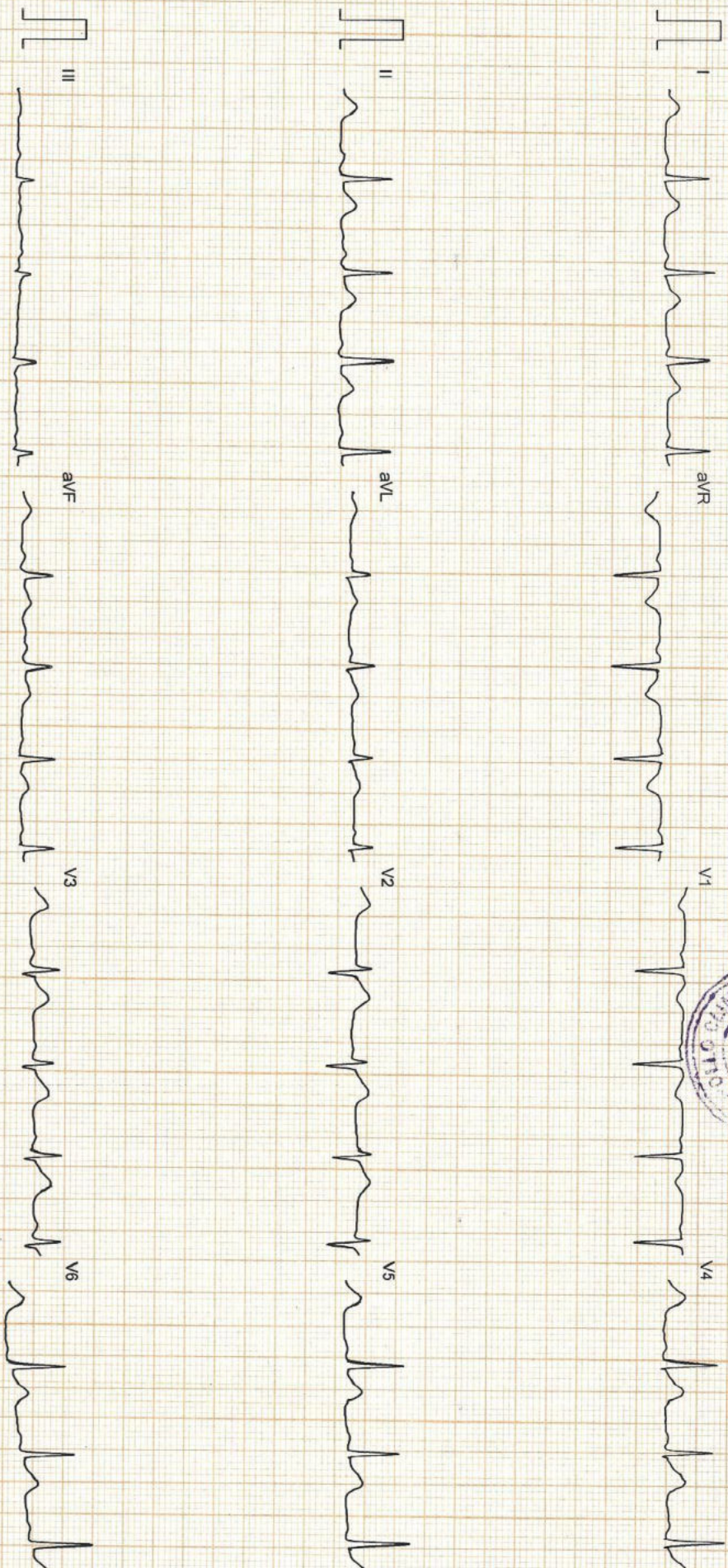
SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostJ

Mr. MR AVINASH KUMAR  
ID. : 21  
AGE/SEX : 35/M  
RECORDED : 11- 2-2023 11:58

RATE : 96 BPM  
B.P. : 100/70 mmHg

RAW ECG



Filtered

25mm/sec 10mm/mV

CardiCom, INDIA



Patient Name : Mr. Avinash Kumar  
Age/Sex : 35 Y/M  
Pres Doctor :  
Ref.by : SELF


MR No : FRAJ.0000224640  
Visit No : FRAJOPV100108  
Bill Date : 11-02-2023 09:37  
Report Date : 11-02-2023 10:41

**X-RAY CHEST P A VIEW**

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
**DR. ANISHA GUPTA**  
**MBBS, DNB RADIOLOGIST**  
**RADIOLOGIST**

Name : Mr. AVINASH KUMAR  
Ref


Age/sex: 35YRS/ M  
Date 11/02/2023

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 07 min. 03 sec on the Bruce protocol & achieved a workload of 11.74 mets.

He/She attained a peak heart rate of 173 beats/minute which is 93 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [130/70] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

  
Dr. SEEMA KALE MD  
SEN. PHYSICIAN

Patient Name : Mr. Avinash Kumar  
Age/Sex : 35 Y/M  
Pres Doctor :  
Ref.by : SELF

MR No : FRAJ.0000224640  
Visit No : FRAJOPV100108  
Bill Date : 11-02-2023 09:37  
Report Date : 11-02-2023 10:09

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in size with **increased parenchymal echogenicity s/o grade I fatty liver.**  
No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualised. Its wall thickness is normal.  
No calculus or mass lesion is seen in gall bladder.

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline.  
Cortico-medullary differentiation of both kidneys is maintained.  
Central sinus echoes are compact.No calculus / hydronephrosis is noted.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.


**PROSTATE:** Prostate is normal in shape, size and echotexture.

No free fluid detected.

**IMPRESSION: - GRADE I FATTY LIVER.**

To be correlate clinically.

**Disclaimer:** Renal calculi less than 5mm could be missed on an Ultrasound.  
NCCT KUB is the modality of choice for the same.

  
**DR. ANISHA GUPTA**  
**MBBS, DNB RADIOLOGIST**

Page 3 of 2



Patient Name : Mr. Avinash Kumar  
UHID/MR No. : FRAJ.0000224640  
Visit Date : 11-02-2023 09:37  
Sample Collected on : 11-02-2023 10:14  
Ref Doctor : SELF  
Emp/Auth/TPA ID : 465465  
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 35Y/Male  
OP Visit No : FRAJOPV100108  
Reported on : 11-02-2023 13:16  
Specimen : EDTA Blood  
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	A		
RH	Positive		
<b>HAEMOGRAM</b>			
Hb(Haemoglobin) Method: Non Cyanide	11.7*	13 - 17	gm/dl
PCV / Haematocrit Method: Pulse Height Detection	37.1*	40 - 50	%
ESR. Method: Westergren's Method.	16	0 - 20	mms at the end of 1 hr
Total Leukocyte Count Method: DC Detection Method	8200	4000 - 10000	/Cumm
Platelet Count Method: DC Detection Method	2.08	1.5 - 4.1	lakhs/cumm
RBC Count Method: DC Detection Method	3.8*	4.5 - 6.0	Million/Cumm
MCV Method: Calculated.	95.9	77 - 98	fl
MCH. Method: Calculated	30.2	27 - 32	pg
MCHC. Method: Calculated.	31.5	31.5 - 34.5	gm/dl
Neutrophil Method: Slide Test	56	40 - 70	%
Lymphocyte Method: Slide Test	40	20 - 40	%
Eosinophil Method: Slide Test	02	1 - 6	%
Monocyte Method: Slide Test	02	2 - 10	%

Note: PERIPHERAL SMEAR - RBC's show mild anisopoikilocytosis RBC's are predominantly normocytic normochromic. Few target cells seen. Leucocyte counts are within normal limits. Platelets are normal in number & morphology. No immature cells or haemoparasite detected.

IMPRESSION: NORMOCYTIC ANEMIA.

End of the report


Results are to be correlated clinically

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
• ALL THE CONGENITAL ANOMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

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Pres Doctor: :

Lab Technician / Technologist  
Yogita

  
Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist



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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 35Y/Male  
 OP Visit No : FRAJOPV100108  
 Reported on : 11-02-2023 15:14  
 Specimen : Plasma(Fluoride)  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - ( FASTING ) Method: (GOD-POD).	99	70 - 110	mg/dL
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	107	70-140	mg/dl
GLYCOSYLATED HEMOGLOBIN (HBA1C) GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.4	4.2 - 6.0	%
<b>Thyroid Profile 2(Free T4, Free T3 And TSH)</b>			
Serum FT3	4.2	3.2 - 5.9	pmol/l
Serum FT4	14.9	10.6 - 21.0	pmol/l
Serum TSH	5.0	0.38 - 5.0	uIU/ml
<b>LIPID PROFILE TEST (PACKAGE)</b>			
CHOLESTEROL Method: CHOD - PAP	196	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	215*	50-200	mg/dl
HDL Method: DIRECT	49.3	30 - 50	mg/dl
LDL Method: DIRECT	103.7*	60 - 100	mg/dl
VLDL Method: Calculated	43.0*	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.9	0 - 4.5	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Yogita

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Patient Name : Mr. Avinash Kumar  
 PHID/MR No. : FRAJ.0000224640  
 Visit Date : 11-02-2023 09:37  
 Sample Collected on : 11-02-2023 09:48  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 465465  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 35Y/Male  
 OP Visit No : FRAJOPV100108  
 Reported on : 11-02-2023 15:15  
 Specimen : Serum  
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL Method: Jendrassik	0.62	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.15	0 - 0.3	mg/dl
A/G Method: Calculated	1.3	1.0 - 2.0	mg/dl
BILIRUBIN - INDIRECT. Method: Calculated.	0.47	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	43.8*	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	26.4	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	54.4	30 - 117	U/L
GGT. Method: SZAZ	46.8	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.5	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.3	3.7-5.2	g/dl
GLOBULIN Method: Calculated	3.2	2.5 - 3.5	mg/dL

End of the report

Results are to be correlated clinically

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 Consultant Pathologist



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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 35Y/Male  
 OP Visit No : FRAJOPV100108  
 Reported on : 11-02-2023 15:15  
 Specimen : Serum  
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>KFT - RENAL PROFILE-SERUM</b>			
UREA Method: Urease	19.0	10-50	mg/dl
Creatinine Method: Jaffe	0.86	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	6.3	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	140.2	136 - 142	mmol/L
Potassium(K) Method: ISE	4.1	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	101.9	95 - 103	mmol/L
Calcium. Method: OCPC	8.8*	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.7	2.3 - 4.7	mg/dl

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 Emp/Auth/TPA ID : 465465  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 35Y/Male  
 OP Visit No : FRAJOPV100108  
 Reported on : 11-02-2023 13:57  
 Specimen : Urine  
 Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION


URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	40	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick			
pH	6.0		5.5 - 7.5
Dipstick / pH paper			
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
<b>Microscopic Examination</b>			
Pus Cells	1-2		1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	Occasional		Nil
Bacteria	Nil	/HPF	1-2
		/HPF	Nil

End of the report

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