



CONCLUSION OF HEALTH CHECKUP

ECU Number	: 2795	MR Number	: 23204501	Patient Name	: SARIKA AGRAWAL
Age	: 44	Sex	: Female	Height	: 158
Weight	: 73	Ideal Weight	: 57	BMI	: 29.24
Date	: 08/04/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 2795 MR Number : 23204501 Patient Name: SARIKA AGRAWAL
Age : 44 Sex : Female Height : 158
Weight : 73 Ideal Weight : 57 BMI : 29.24
Date : 08/04/2023

Past H/O : H/O:- LSCS :---->2004,2009

Present H/O : C/O:- RIGHT SHOULDER PAIN SINCE 6 MONTH

Family H/O : MOTHER:- DIABETES AND THYROID
FATHER:- THYROID, BONE-MARROW CA

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 110/70 mm HG

Pulse : 86/MIN REG

Others : SPO2-96%

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



ECU Number : 2795

Age : 44

Weight : 73

MR Number : 23204501

Sex : Female

Ideal Weight : 57

Patient Name: SARIKA AGRAWAL

Height : 158

BMI : 29.24

Date : 08/04/2023

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

Vision With Glasses

Final Correction

Fundus

Colour Vision

Advice

6/6 N.5

NA

NORMAL

NORMAL

NIL

6/6 N.5

NA

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice





ECU Number : 2795

Age : 44

Weight : 73

Date : 08/04/2023

MR Number : 23204501

Sex : Female

Ideal Weight : 57

Patient Name : SARIKA AGRAWAL

Height : 158

BMI : 29.24

Gynaec Check Up :

OBSTETRIC HISTORY	2FTLSCS
MENSTRUAL HISTORY	
PRESENT MENSTRUAL CYCLE	LMP=09-03-2023 26 DAY CYCLE
PAST MENSTRUAL CYCLE	
CHIEF COMPLAINTS	NIL
PA	SOFT
PS	Cx-(N) PINHOLE AS Vg-(N)
PV	UT NS Fx CLEAR
BREAST EXAMINATION RIGHT	NORMAL
BREAST EXAMINATION LEFT	NORMAL
PAPSMEAR	TAKEN
BMD	
MAMMOGRAPHY	
ADVICE	FOLLOW UP WITH REPORT

Dietary Assessment

ECU Number : 2795 MR Number : 23204501 Patient Name: SARIKA AGRAWAL
Age : 44 Sex : Female Height : 158
Weight : 73 Ideal Weight : 57 BMI : 29.24

Date : 08/04/2023

Body Type : Normal / Underweight / Overweight

Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional

Frequency of consuming Sweets : / Day / or occasional

Frequency of consuming outside food : / Day / Week or occasional

Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 servings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Mrs. SARIKA AGRAWAL Type : OPD
 Gender / Age : Female / 44 Years 10 Months 3 Days Request No. : 120447
 MR No / Bill No. : 23204501 / 241002248 Request Date : 08/04/2023 08:24 AM
 Consultant : Dr. Manish Mittal Collection Date : 08/04/2023 08:18 AM
 Location : OPD Approval Date : 08/04/2023 01:47 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	10.9	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.14	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	34.3	%	36 - 46
Mean Corpuscular Volume (MCV)	82.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	26.3	pg	27 - 32
MCH Concentration (MCHC)	31.8	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	16.1	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	49.5	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	7.27	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	65	%	40 - 80
Lymphocytes	28	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	4.70	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.03	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.14	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.34	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.06	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	259	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	24	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Sejal Odedra
M.D.Pathology



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Haematology

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
Blood Group			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	95	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	106	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.9	%	
estimated Average Glucose (e AG) *	122.63	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	52	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension</i>			
<i>< 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>> 499 Very High)</i>			
Total Cholesterol	150	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension</i>			
<i><200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>> 239 mg/dL - High)</i>			
HDL Cholesterol	50	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension</i>			
<i>< 40 Low</i>			
<i>> 60 High)</i>			
Non HDL Cholesterol (calculated)	100	mg/dL	1 - 130
<i>(Non- HDL Cholesterol</i>			
<i>< 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 191 Very High)</i>			
LDL Cholesterol	77	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension</i>			
<i>< 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 189 Very High)</i>			
VLDL Cholesterol (calculated)	10.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.54		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.41	mg/dL	0 - 1
Bilirubin - Direct	0.11	mg/dL	0 - 0.3
Bilirubin - Indirect	0.3	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	24	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	29	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	92	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	30	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	7.83	gm/dL	6.4 - 8.2
Albumin	3.81	gm/dL	3.4 - 5
Globulin	4.02	gm/dL	3 - 3.2
A : G Ratio	0.95		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	29	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.78	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	3.4	mg/dL	2.2 - 5.8

--- End of Report ---

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 Gender / Age : Female / 44 Years 10 Months 3 Days
 MR No / Bill No. : 23204501 / 241002248
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 120447
 Request Date : 08/04/2023 08:24 AM
 Collection Date : 08/04/2023 08:18 AM
 Approval Date : 08/04/2023 03:06 PM

Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.33	ng/ml	

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4
 1-11 months : 0.1 - 2.45
 1-5 years : 0.1 - 2.7
 6-10 years : 0.9 - 2.4
 11-15 years : 0.8 - 2.1
 16-20 years : 0.8 - 2.1
 Adults (20 - 50 years) : 0.7 - 2.0
 Adults (> 50 years) : 0.4 - 1.8
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)	8.01	mcg/dL	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6
 1 - 2 weeks : 9.8 - 16.6
 1 - 4 months : 7.2 - 14.4
 4 - 12 months : 7.8 - 16.5
 1-5 years : 7.3 - 15.0
 5 - 10 years : 6.4 - 13.3
 10 - 20 years : 5.6 - 11.7
 Adults / male : 4.6 - 10.5
 Adults / female : 5.5 - 11.0
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)	3.68	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39
 2-20 weeks : 1.7 - 9.1
 5 months - 20 years : 0.7 - 6.4
 Adults (21 - 54 years) : 0.4 - 4.2
 Adults (> 55 years) : 0.5 - 8.9
 Pregnancy :
 1st trimester : 0.3 - 4.5
 2nd trimester : 0.5 - 4.6
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

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 Gender / Age : Female / 44 Years 10 Months 3 Days Request No. : 120447
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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	20	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	>=1.030		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/hpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

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- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23204501 Report Date : 08/04/2023
Request No. : 190060305 08/04/2023 8 24 AM
Patient Name : Mrs. SARIKA AGRAWAL
Gender / Age : Female / 44 Years 10 Months 3 Days

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist





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Patient No. : 23204501 Report Date : 08/04/2023
Request No. : 190060328 08/04/2023 8.24 AM
Patient Name : Mrs. SARIKA AGRAWAL
Gender / Age : Female / 44 Years 10 Months 3 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Left kidney is not seen in left renal fossa or at any other ectopic site--absent/atrophic left kidney.

Right kidney shows compensatory hypertrophy and normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

RIGHT

Renal length : 117 mm.
A.P. : 48 mm.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 63 mm.
A.P. : 33 mm.

No adnexal mass seen .

Urinary bladder is well distended and appears normal.
No ascites.

COMMENT:

Absent/ atrophic left kidney with compensatory hypertrophy of right kidney.

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Patient No. : 23204501 Report Date : 08/04/2023
Request No. : 190060328 08/04/2023 8.24 AM
Patient Name : Mrs. SARIKA AGRAWAL
Gender / Age : Female / 44 Years 10 Months 3 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
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Prerna C Hasani

Dr.Prerna C Hasani, MD
Consultant Radiologist





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- Mammography
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- Foetal-Echocardiography
- Echocardiography

Patient No. : 23204501 Report Date : 08/04/2023
 Request No. : 190060340 08/04/2023 8.24 AM
 Patient Name : Mrs. SARIKA AGRAWAL
 Gender / Age : Female / 44 Years 10 Months 3 Days

Mammography (Both Breast)

Both side mammogram has been obtained in mediolateral oblique (MLO) as well as craniocaudal (CC) projections.

Both breasts show scattered fibro glandular parenchyma.
 No obvious focal mass seen on either side.
 No obvious micro/cluster calcification seen. Bilateral benign specks of calcifications are seen.
 No obvious skin thickening or nipple retraction seen.

Bilateral benign axillary lymph nodes seen.

IMPRESSION:

No obvious focal mass in breasts.
 BI-RADS category 2.
 Kindly correlate clinically /Follow up

BIRADS: 0- needs additional imaging, 1- negative, 2- benign, 3- probably benign (require short term follow up), 4- suspicious (require further evaluation with biopsy), 5- highly suspicious for malignancy, 6- biopsy proven malignancy.

INFORMATION REGARDING MAMMOGRAMS:

- A REPORT THAT IS NEGATIVE FOR MALIGNANCY SHOULD NOT DELAY BIOPSY IF THERE IS A DOMINANT OR CLINICALLY SUSPICIOUS MASS.
- IN DENSE BREASTS, AN UNDERLYING MASS LESION MAY BE OBSCURED.
- FALSE POSITIVE DIAGNOSIS OF CANCER MAY OCCURE IN SMALL PERCENTAGE OF CASES.

Dr. Priyanka Patel, MD
Consultant Radiologist



• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
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• CLINICAL CORRELATION RECOMMENDED

Patient No. : 23204501 Report Date : 08/04/2023
Request No. : 190060338 08/04/2023 8.24 AM
Patient Name : Mrs. SARIKA AGRAWAL


Gender / Age : Female / 44 Years 10 Months 3 Days

Echo Color Doppler

MITRAL VALVE : NORMAL
AORTIC VALVE : TRILEAFLET, NORMAL
TRICUSPID VALVE : NORMAL, NO TR,
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,
LVEF=60%
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER FLOW MAPPING : NO LV diastolic dysfunction
NO AR, MR, TR, NO PAH

FINAL CONCLUSION:

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO LV DIASTOLIC DYSFUNCTION
6. NO AR, MR, TR, NO PULMONARY HYPERTENSION, (IVC COLLAPSING)
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

 Dr.KILLOL KANERIA MD, DM
Consultant Cardiologist

Name: Sarika agrawal -
Patient ID: 23204501

08.04.2023 08:31:24
Standard 12-Lead

Date of birth: 06-06-1978
Gender: Female
Height: [blank]
Weight: [blank]
Ethnicity: Undefined
Facemaker: Unknown

Visit ID: [blank]
Room: [blank]
Medication: [blank]
Order ID: [blank]
Ord. prov: [blank]
Ord. prot: [blank]

HR: 65 bpm
P: 925 ms
PR: 109 ms
P axis: 44°
QRS axis: 43°
T axis: 0°
RR: 83 ms
QRS: 83 ms
QT: 396 ms
QTcB: 412 ms

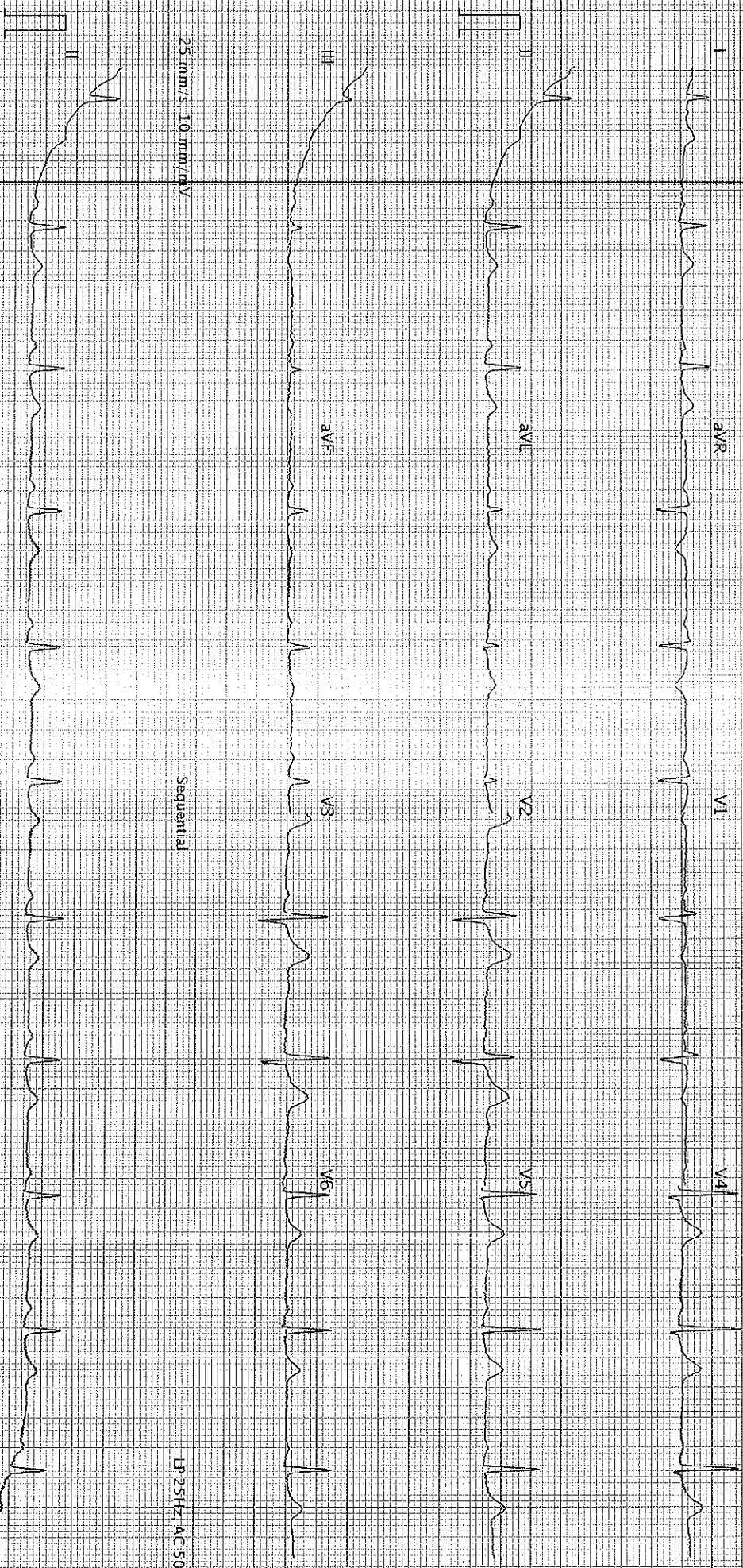
Indication:
Remark:

Abnormal

Sinus rhythm
Normal electrical axis
T abnormality (inversion)
T abnormality in inferior leads
Abnormal ECG

Uncollected report

msw



25 mm/s, 10 mm/mV
AT-102-C2 1.2.0 (0080011030)

Printed on 08.04.2023 08:31:39

LP25Hz AC 50Hz
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SCHILLER

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