

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non-Invasive Cardiology

Reg. No: MMC-2014/01/0113

Preventive Health Check up

KIMS - Kingsway Hospitals

Nagpur

Ph. No: 7499913052

KIMS-KINGSWAY  
HOSPITALSName: Mts. ~~Sara~~ Puiyanka Kaugankar Date: 11/2/24.

Age: 34 Sex: MF Weight: 69.2 kg Height: 152.4 cm BMI: 29.8

BP: 122/58 mmHg Pulse: 75/m bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 99 %

LMP - 9-2-24

39/F

FH - Mother - DM, HT, Father - IHD, died at 58 yrs.  
La Ovary

Non HT

Non DM

O/E

JVP°

Cv  
Ls  
PIA / N.

IIV-

2DL-116

w 15.20 pm cells

Adv -

Urine K<sup>c</sup>S

Diet Control

Exercise

Weight loss

TMT

Dr. Vimmi GOEL  
MBBS, MD  
Sr. Consultant Non-Invasive Cardiology  
Reg. No: 2014/01/0113

Name: Mrs. Piyankaa W. Jaisankar Date: 19/02/20  
 Age: 24 Sex: MF Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_  
 BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

C/O Calculus  
 Stain  
 Caries  $\rightarrow$  18  
Adv Sealing  
~~SR~~ Restorations  $\rightarrow$  18  
 ? initial caries  $\rightarrow$  18  
Vshw

Sealing done  
 Restoration done  $\rightarrow$  18

R  
 Tab Zup 200 |-----|  
 Tab Zenobal Sp |-----|  
 Tab Pan 40 |-----|  
 Tab Metygl 100 |-----| 13/17

$\rightarrow$  shy NM | Vateg tooth paste for CA R.O. 15/02/20 Vshw

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>PRIYANKA KARGAOLKAR</b> 38Y(S) 11M(S) 29D(S)F UMR2324037615 7567883607 MARRIED	<b>CONSULT DATE</b> 19-02-2024	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	<b>CONSULT ID</b> OPC2324115009	
	<b>CONSULT TYPE</b>	
	<b>VISIT TYPE</b> NORMAL	
	<b>TRANSACTION TYPE</b>	

**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
 - °F - /min - %RA - /10 - cms  
 Weight : BMI :  
 - kgs -

**CHIEF COMPLAINTS**

ROUTINE EYE CHECKUP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	ADD TEARS EYE DROPS	Eye	1-1-1-1	Every Day	NA	60 days
Instructions : BOTH EYE Composition : SODIUM CARBONYMETHYL CELLULOSE 0.5% GEL, 0.5%						

**NOTES**

**GLASS PRESCRIPTION :-**

**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.25	00	00	6/6
LEFT EYE	-0.25	00	00	6/6

**NEAR ADDITION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE			00	NS
LEFT EYE			00	NS

REMARK- BLUE CUT GLASS

**REVIEW**

Follow up Date :19-08-2024



**Dr. Ashish Prakashchandra Kamble**  
 MBBS,MS, FVRS,FICO  
 Consultant

Printed On :19-02-2024 11:47:28



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324078099/UMR2324037615	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 19-Feb-24 09:49 am	<b>Report Date</b> : 19-Feb-24 11:34 am

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	<b>11.6</b>	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		36.9	36.0 - 46.0 %	Calculated
RBC Count		<b>5.06</b>	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>73</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>23.0</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.5	31.5 - 35.0 g/l	Calculated
RDW		<b>17.1</b>	11.5 - 14.0 %	Calculated
Platelet count		373	150 - 450 $10^3$ /cumm	Impedance
WBC Count		6700	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	56.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	33.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	4.2	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	6.0	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3758.7	2000 - 7000 /cumm	Calculated





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2251.2	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		281.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		402	200 - 1000 /cumm	Calculated
Absolute Basophil Count		6.7	0 - 100 /cumm	Calculated
<b><u>PERIPHERAL SMEAR</u></b>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
<b>E S R</b>		12	0 - 20 mm/hr	Automated Westergren's Method

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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Test results related only to the item tested.

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
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*** End Of Report ***				

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age /Gender</b> : 39 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324078099/UMR2324037615	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 19-Feb-24 09:48 am	<b>Report Date</b> : 19-Feb-24 11:27 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	100	< 100 mg/dl	GOD/POD,Colorimetric

**GLYCOSYLATED HAEMOGLOBIN (HbA1c)**

<b>HbA1c</b>	5.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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\*\*\* End Of Report \*\*\*

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**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST**  
SPANV Medisearch Lifesciences Private Limited

44, Parvati Chowk, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324078099/UMR2324037615	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 19-Feb-24 11:48 am	<b>Report Date</b> : 19-Feb-24 01:26 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	96	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting  $\geq$  126 mg/dl

Random/2Hrs. OGTT  $\geq$  200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
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**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	<b>209</b> < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		88 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		63 > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		<b>116.43</b> < 100 mg/dl	Enzymatic
VLDL Cholesterol		18 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3 3 - 5	Calculation

Intiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130 10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160 10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor	>160 >190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

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**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.20	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.27	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.26	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. PRIYANKA KARGAONKAR      **Age /Gender** : 39 Y(s)/Female  
**Bill No/ UMR No** : BIL2324078099/UMR2324037615      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 19-Feb-24 09:49 am      **Report Date** : 19-Feb-24 11:27 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.28	0.2 - 1.3 mg/dl	Azobilirubin/Dyphyline
Direct Bilirubin		0.11	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.17	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		59	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		20	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		24	13 - 35 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.43	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.20	3.5 - 5.0 gm/dl	Calculated
Globulin		3.23	2.0 - 4.0 gm/dl	
A/G Ratio		1.3		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. PRIYANKA KARGAONKAR      **Age / Gender** : 39 Y(s)/Female  
**Bill No/ UMR No** : BIL2324078099/UMR2324037615      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 19-Feb-24 09:49 am      **Report Date** : 19-Feb-24 11:27 am

**RFT**

**Parameter**

Blood Urea

Creatinine

GFR

Sodium

Potassium

**Specimen**

Serum

**Result Values**

13

0.7

112.8

144

4.98

**Biological Reference**

15.0 - 36.0 mg/dl

0.52 - 1.04 mg/dl

>90 mL/min/1.73m square.

136 - 145 mmol/L

3.5 - 5.1 mmol/L

**Method**

Urease with indicator dye

Enzymatic ( creatinine amidohydrolyase)

Calculation by CKD-EPI 2021

Direct ion selective electrode

Direct ion selective electrode

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age /Gender</b> : 39 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324078099/UMR2324037615	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 19-Feb-24 10:49 am	<b>Report Date</b> : 19-Feb-24 12:37 pm

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324078099/UMR2324037615	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 19-Feb-24 10:49 am	<b>Report Date</b> : 19-Feb-24 12:37 pm

**URINE MICROSCOPY**

**Parameter**

**PHYSICAL EXAMINATION**

Parameter	Specimen	Results	Method
Volume	Urine	20 ml	
Colour.		Pale yellow	
Appearance		Slightly Hazy	Clear

**CHEMICAL EXAMINATION**

Reaction (pH)		7.0	4.6 - 8.0	Indicators
Specific gravity		1.005	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	Ehrlich's Reaction
Urobilinogen		Normal	Normal	

**MICROSCOPIC EXAMINATION**

Epithelial Cells		many	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		15-20	0 - 4 /hpf	
Casts		Absent	Absent	



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

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Received Dt : 19-Feb-24 10:49 am      Report Date : 19-Feb-24 12:37 pm

Parameter  
Crystals  
Others

Specimen

Results

Method

Absent  
bacilli+  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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Page 2 of 2

**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mrs. PRIYANKA KARGAONKAR	<b>Age / Gender</b> : 39 Y(s)/Female
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<b>Received Dt</b> : 19-Feb-24 09:49 am	<b>Report Date</b> : 19-Feb-24 12:23 pm

**BLOOD GROUPING AND RH**

Parameter  
BLOOD GROUP.

Specimen Results

EDTA Whole " B "  
Blood &  
Plasma/  
Serum

Gel Card Method

Rh (D) Typing.

\* Positive "(+Ve)

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	PRIYANKA KARGAOLKAR	STUDY DATE	19-02-2024 11:30:31
AGE/ SEX	39Y / F	HOSPITAL NO.	UMR2324037615
ACCESSION NO.	BH12324078099-10	MODALITY	DX
REPORTED ON	19-02-2024 13:51	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

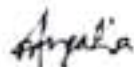
Both hilar shadows appear normal.

Daphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION:**

No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST.

N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**SPANV Medisearch Lifesciences Private Limited**  
44, Parvati Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
Phone: +91 0712 6789100  
CIN: U74899MH2015PTC003610

NAME OF PATIENT:	MRS. PRIYANKA KARGAONKAR	AGE & SEX:	39Y/F
UMR NO	2324037615	BILL NO:	2324078099
REF BY:	DR. VIMMI GOEL	DATE:	19/02/2024

**USG ABDOMEN AND PELVIS**

LIVER is normal in size and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. No focal myometrial lesion seen. Endometrial echo-complex appear normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:** USG reveals,  
No significant visceral abnormality seen.



**DR. ANIKET KUSRAM**  
MBBS, MD, DNB  
CONSULTANT RADIOLOGIST

**2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT**

Patient Name : Mrs. Priyanka Kargaonkar  
Age : 39 years / Female  
UMR : UMR2324037615  
Date : 19/02/2024  
Done by : Dr. Vimmi Goel  
ECG : NSR, WNL  
Blood pressure: 122/58 mm Hg (Right arm, Supine position)  
BSA : 1.71 m<sup>2</sup>

**Impression:**

**Normal 2D Echocardiography**

- Normal chambers dimensions
- No RWMA of LV at rest
- Good LV systolic function with LVEF - 63%
- Normal LV diastolic function
- E Velocity is 94 cm/s, A Velocity is 41 cm/s, E/A is 2.2
- Medial E' is 15.1 cm/sec, Lateral E' is 19 cm/sec, E/E' is 5.5 (Average)
- Valves are normal
- No pulmonary hypertension
- No clots / Pericardial effusion
- IVC - Normal in size and collapsing well with respiration

  
**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**

39 Years

MRS PRIYANKA KAL/ AOKAR  
Female

19-FEB-24 9:28:50 AM  
KIMS-KIMSWAY HOSPITALS  
PISC DEPT

Rate 73 Sinus rhythm .....normal P axis, V-rate 50-99  
PR 128 Consider right atrial enlargement.....P >0.24mV limb lead  
QRS 74 Baseline wander in lead(s) V5

QT 389  
QTc 429

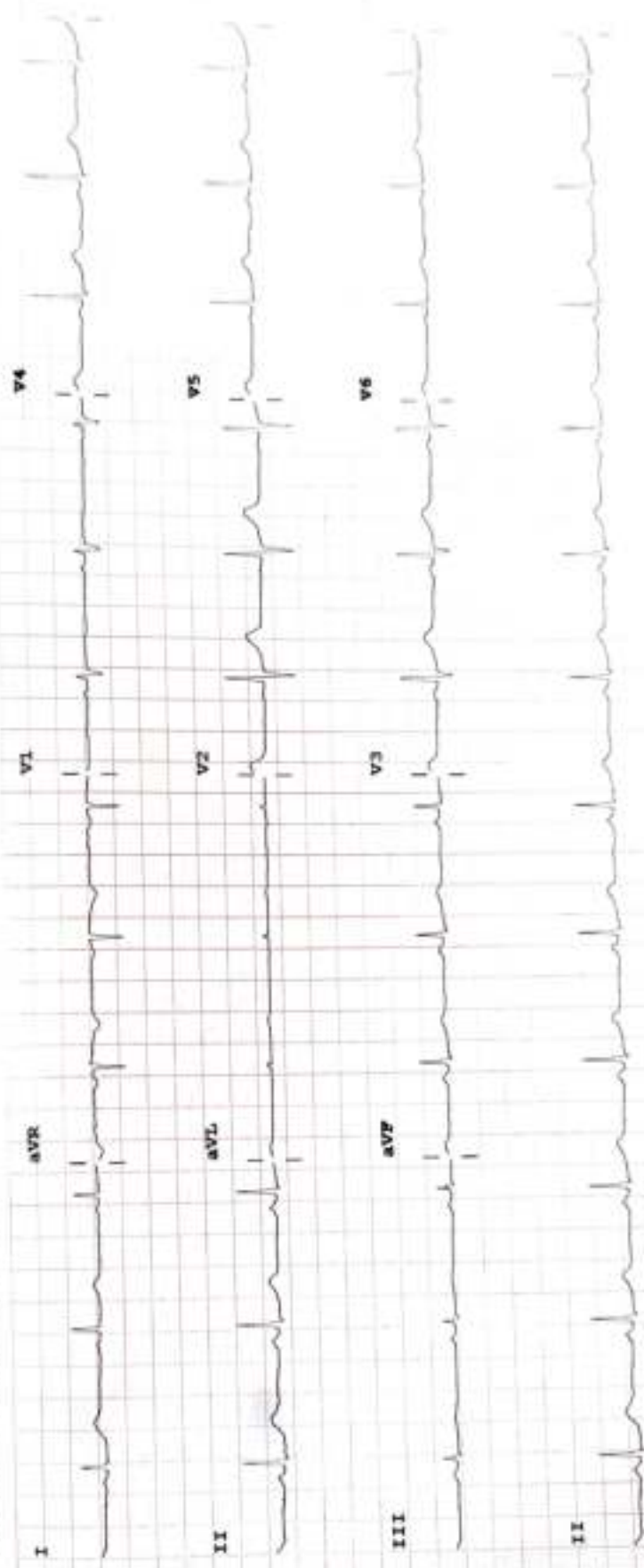
--AXIS--

P 70  
QRS 47  
T 36

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

P 50- 0.50-150 Hz W 1000 CL

PT