

(con)

117684

9844496120

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

Name :	18.0000311684 RS. AMBIKA SHETTY Age: 38 Year(s) Year(s)/Female Feb 2023 8:30:57 AM	UHID :	Date : 15-2-23
Age :		Consultant Gynaecologist :	Dr. Betty Anand

DRUG ALLERGIES : NIL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others NIL

Past Medical / Surgical History : NIL

Family History : Mother - breast ca

OTHER SYSTEMS : NIL

GYNAEC HISTORY :

- Marital Status - SM Others
- Children - 1
- Deliveries - NVD
- L.C.B. - 10yr
- Abortion -
- Periods - Regular 6/25-30 days
- L.M.P. - 3rd week of Jan
- Menopause -
- Contraception -

Present Medication :

NIL

GYNAEC EXAMINATION :

- P/A
- P/V
- S/E
- P/R

Not willing

Pap done last year - Normal

GENERAL EXAMINATION :

Weight : _____ Kgs, Height : _____ cm

General Condition :

Blood Pressure :

Thyroid : - NAD

Others :

BREASTS : - No obvious mass palpable

PAP SMEAR : Taken (Not Taken (Reason))

OPINION & ADVICE ASG -> 1. Ovarian cyst 3-6cm

REVIEW DETAILS : (with date)
*With Patient / With reports only

-> Pap smear - 3 years
-> B/L tonometroped year

Signature with Date & Time

15-2-23
10:10 AM

P.T.O. For more space

Jan 2014



MBBS, DNB (Family Medicine), PGDGM
(Dip in Geriatric Medicine)
Senior Consultant - Dept. of Apollo Health Check



U.A.R. 0000311684
Place Label Here
MRS. Ambika Shetty
Age - 36 years
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies: NKDA	Fall Risk Assessment		Wt: 74.8	Ht: 167	T: _____	P: 98	BP: 112/66	
	H/o fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Pain 0 / 10					<input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Dep. <input type="checkbox"/> Indep. <input checked="" type="checkbox"/>						
Gait	NO							

Prediabetes HbA_{1c} - 6.5%. FBS - 99
Mild Dyslipidemia - HDL - 38; LDL - 101
? Hyperthyroid - low TSH & ↑ T₄
2 DE CHO shows AML - mildly prolaps & mild MR

Medicine Reconciliation Dose & Frequency Advice & Plan

- Advise:
- Regular Exercise.
 - low sugar, low fat diet

After 6 mths → HbA_{1c}; FBS, lipid profile.

Kindly get this document scanned at the counter for the record purpose

Free T₄ Free T₃ → then Endocrinology
Signature and Date: Jyoti Jain 15/2/20

YOUR CLINICAL TEST RESULTS

Mrs. AMBIKA SHETTY

FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 15/02/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	12.8	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	5.18 *	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	40	%	●	34 - 46
MCV (Derived from RBC histogram)	77 *	fl	●	83 - 101
MCH (Calculated)	26 *	pg	●	27 - 32
RDW (Calculated)	14.8 *	%	●	11.60-14.00
MCHC (Calculated)	32	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	275	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	10.3	x(10) ⁹ /l	●	4 - 11
Neutrophils	51	%	●	40 - 80
Lymphocytes	38	%	●	8.6-23.8
Monocytes	7	%	●	2 - 10
Monocytes	7	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic cells			
WBC:	Differentials within normal limits			
Platelets:	Adequate			
Impression	Normal study			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	28 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. AMBIKA SHETTY

FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 15/02/2023

Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		30
pH	5.5			5.0 - 7.0
Specific Gravity	1.025 *			1.016 - 1.022
tein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E U/dL		0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil			0 - 2
Pus Cells	1-2 /h.p.f	Cells/hpf		0 - 5
ithelial Cells	Occasional	/HPF		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L		<= 35
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. AMBIKA SHETTY

FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 15/02/2023

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.1	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	74	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	16	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.51	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	106	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	148	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.93	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	26	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	99	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 15/02/2023

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	96	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.5 *	%	●	"NON-DIABETICS <=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	38 *	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	101 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.4	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	7.3	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I(T3, T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	129.5	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	15.1 *	µg/dL	●	5.93 - 13.29

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

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FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 15/02/2023

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	76	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	<0.01	μIU/mL		0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	30	mg/dL	●	15 - 45
URIC ACID - SERUM	6.1 *	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	15	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.10	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.41	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	23		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. AMBIKA SHETTY

FEMALE / 36 Yrs / AHB.0000311684 / AHBHC117684

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 15/02/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

RADIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range



HC 287

DEPARTMENT OF BIOCHEMISTRY



Name : Mrs. AMBIKA SHETTY

UHID : AHB 0000311684

/ AHBOPP2757564

Age : 36Yr 8Mth 27Days Gender : Female

SIN \ LRN : 8505042 \ 3714704

W/BNo/RefNo : OP

Specimen : Blood

Ref Doctor : Dr. Jyoti Jain



Requested on : 15-FEB-2023 12:32:44 PM

Received on : 15-FEB-2023 01:08:15 PM

Reported on : 15-FEB-2023 01:41:34 PM

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
FREE T3 - SERUM (CLIA)	3.6	2.5 - 3.9	pg/ml
FREE T4 - SERUM (CLIA)	1.17	ADULT : 0.58 - 1.64	ng/dL

Report Status: Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 143621
723076

Printed On : 15-FEB-2023 01:52:42 PM

GOVINDARAJU N L Dr. SABHARI PRIYA S
Clinical Biochemist Registrar

DEPARTMENT OF RADIOLOGY

AH-QF-RD-04

Patient's Details :	Mrs. AMBIKA SHETTY	Ward/Bed No.	F 036Y
UHID :	AHB.0000311684	Scanned on :	AHC / AHC
I.P.No./Bill No. :	AHBHC117684	Reported On :	15-Feb-2023 09:10
Accession Number :	10601.123018830		15-Feb-2023
Referring Doctor :	null		10:44:38

X-RAY CHEST PA VIEW

Clinical information: Routine health check

- Lung fields appear clear bilaterally with normal bronchovascular markings.
- Cardiac silhouette and cardiothoracic ratio appear normal.
- Costophrenic angles appear normal on both sides.
- Domes of the diaphragm appear normal.
- Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

*No definite abnormality noted on the chest radiograph.
--suggested clinical correlation*

Dr.Pruthvi.S
Sr.Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details : Mrs. AMBIKA SHETTY	
UHID : AHB.0000311684	F 036Y
I.P.No./Bill No. : AHBHC117684	Ward/Bed No. : AHC / AHC
Accession Number : 10601.223014610	Scanned on : 15-Feb-2023 10:19
Referring Doctor : null	Reported On :

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is partially distended.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 7 mm.

Right exophytic/paraovarian simple cyst noted measuring ~ 33 x 22 mm. Left ovary appears normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Right exophytic/paraovarian simple cyst
- Suggested clinical correlation.

(Enclosed report) MI

DR. APURVA A J
DR. APURVA A J
RESIDENT

DR. ARUNA R. PATIL
MBBS, DNB, FRCR
CONSULTANT

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: AMBIKA SHETTY,
Patient ID: AHB/311684
Height: 166 cm
Weight: 71 kg

DOB: 19.05.1986
Age: 36yrs
Gender: Female
Race: Indian

Study Date: 15.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR GIRISH B N
Technician: ANGDHA

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:18	0.00	0.00	89	110/70	
	STANDING	00:03	0.00	0.00	90	110/70	
	HYPERV.	00:02	0.00	0.00	90	110/70	
	WARM-UP	00:16	1.00	0.00	96	110/70	
EXERCISE	STAGE 1	03:00	1.70	10.00	120	120/70	
	STAGE 2	03:00	2.50	12.00	153	130/80	
	STAGE 3	01:02	3.40	14.00	176	140/80	
RECOVERY		06:38	0.00	0.00	113	130/80	

The patient exercised according to the BRUCE for 7:01 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 96 bpm rose to a maximal heart rate of 179 bpm. This value represents 97% of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician

36 Years

AMBHIKA SHETTY
Female

15-Feb-23 9:17:08 AM

48 0000311884
RS AMBIKA SHETTY
7th 36 Years
15-Feb-2023 8:31:00 AM

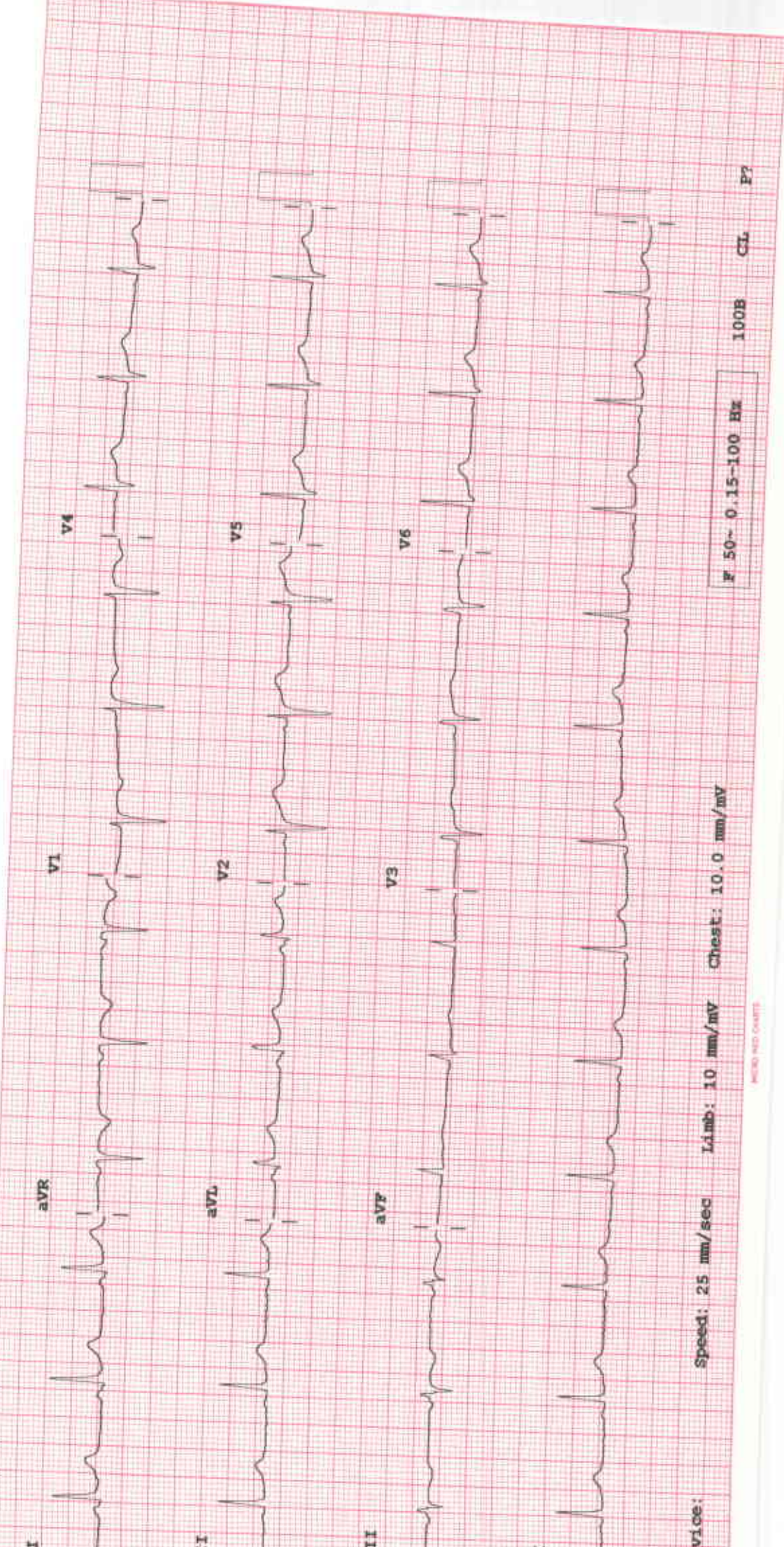


Rate 73
PR 113
QRSD 92
QT 392
QTc 432

--AXIS--

P -11
QRS 23
T 4

12 Lead; Standard Placement



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15~100 Hz

100B CL P7

HELD AND CALIBRE