

Name : Mr. BAIDYA NATH DUTTA (50 /M)

Date : 03/02/2023

Address :

Examined by:

UHID : AMHL.0002085815

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH166154



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder
Hypertension Medication - stopped with
medical advice



DRUG ALLERGY

NO KNOWN ALLERGY :03/02/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

Head ache - on and off; Site of pain - global;
Relieved by - spontaneous resolution

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - Yes
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Brothers - 1
Sisters - 5
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 182
Weight - 90.4
BMI - 27.29
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 136
Diastolic(mm of Hg) - 100
Heart sounds - S1S2+

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Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No

Tenderness - No

Central nervous system

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG: WNL
ADVICE.*To continue
present glass Rx*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|--|----------------|-------|------------|
| Hemoglobin | 12.4 * | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 6.13 * | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 39.5 * | % | ● | 41-53 |
| MCV | 64.4 * | fl | ● | 83-101 |
| MCH | 20.2 * | pg | ● | 27-32 |
| MCHC | 31.4 * | % | ● | 31.5-34.5 |
| RDW | 15.8 * | % | ● | 11.8-14.0 |
| WBC Count | 7900 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.88 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 62 | % | ● | 40-80 |
| Lymphocytes | 26 | % | ● | 20-40 |
| Monocytes | 06 | % | ● | 2-10 |
| Eosinophils | 06 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Density Increased, Microcytic Hypochromic. | | | |
| Platelets: | Adequate on the smear | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 02 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 7.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |

| | |
|------------------|--|
| Epithelial Cells | Occasional/hpf |
| Casts: | Not Found |
| Crystals: | Not Found |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | O | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 33 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.8 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 90 | U/L | ● | 53-128 |
| AST (SGOT) - SERUM | 22 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.7 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 139 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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CREATININE - SERUM 0.8 * mg/dL ● 0.9-1.3

GLOBULIN: (CALCULATED) - SERUM 2.7 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 23 | U/L | ● | 7-64 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 7.5 | µg/dL | ● | 5.1-14.1 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 82 | mg/dL | ● | 70-99 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 135 | mg/dL | ● | 0-150 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 136 | mg/dL | ● | 70-140 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.5 | µIU/mL | ● | 0.270-4.200 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.8 * | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.4 | mg/dL | ● | 3.5-7.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM | 36 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 89 | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 14 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.5 | g/dL | ● | 6.4-8.3 |

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|-----------|
| PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM | 1.9 | ng/mL | ● | 0.00-6.50 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 9.0 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

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|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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A/G - RATIO 1.8 ● 1.0-2.0

ECG

SINUS RHYTHM.
LEFT AXIS DEVIATION.
POOR R WAVE PROGRESSION.

ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality seen.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.