

Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

Place Label Here
Nivedita Roy Choudhury
 AOB: 35
 C/PN: 31773.
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		WT: 66	Ht: 160	T: _____	P: 96	BP: 95/60
	H/o fall (within 1 year)	Yes No					
	Mobility Aid	Yes No					
	Gait	Dep. indep	Pain 0	/10	<input type="checkbox"/> Psychological & Social Assessment done		

- ① Thrombocytopenia - Ethnic
- ② ? UTI
- ③ TMT - Negative

Adv

Uremic C/s - Review & Frequency
 Advice & Plan
 Low calorie diet, Plenty of oral fluids
 Regular exercise
 weight reduction

Kindly get this document scanned at the counter for the record purpose


 Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

:JPN.0000031773 MRS. NIBEDITA ROY CHOU 3HJRY Name: 35 Year(s) Year(s)/Female 2 Apr 2023 9:47:18 AM Age: 	Age :	Sex : M/F
		UHID :

Physical Examination

General :	Build	Height	160 cm	Weight	66 kg	BMI :
	Anaemia	Icterus		Cyanosis		Clubbing
		Oedema		Glands		

HEAD & NECK :

ENT :

CVS :	Heart Rate & Rhythm	96 bpm
	B.P. : Supine	95/60
		Sitting
		Standing
	Chest shape	Normal
	Heart Sounds	

Screening echo report

Normal LV systolic function

No RWMA.

LVEF : 60%.

RS : Rate & Type

Breath Sounds

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mrs. NIBEDITA ROY CHOUDHURY	F 035Y
UHID	: CJPN.0000031773	Ward/Bed No. : AHC / AHC
I.P.No./Bill No.	: AHBHC120986	Scanned on : 12-Apr-2023 14:06
Accession Number	: 10601.223032935	Reported On :
Referring Doctor	: null	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 4 mm.

Both ovaries appear normal in size and echotexture.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

USG study of the abdomen shows no significant abnormality.
- Suggested clinical correlation.

(Enclosed report) Ak

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY

FEMALE / 35 Yrs / CIPN.0000031773 / AHBHC120986

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 12/04/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	11.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.33	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	36	%	●	34 - 46
MCV (Derived from RBC histogram)	82 *	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	15.6 *	%	●	11.60-14.00
Platelet Count (Impedance)	105 *	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	7.0	x(10) ⁹ /l	●	4 - 11
Neutrophils	62	%	●	40 - 80
Lymphocytes	26	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Eosinophils	3	%	●	1 - 6
Basophils	1	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic cells			
WBC:	Differentials within normal limits.			
Platelets:	Adequate.			
Impression	Normal study.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	12	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow		●	Yellow

● Within Normal Range
 ● Boderline High/Low
 ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY

FEMALE / 35 Yrs / CJPN.0000031773 / AHBHC120986

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 12/04/2023

Appearance	Clear		Clear
Volume :	30	ml	
pH	6.5		
Specific Gravity	<=1.005		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	3+		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	1+		NEGATIVE
RBC	16-18 /h.p.f	Cells/hpf	0 - 2
Pus Cells	8-10 /h.p.f	/HPF	0 - 5
Epithelial Cells	10-12 /h.p.f		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	20	U/L	●	<= 35
GLOBULIN - SERUM -	3.3	g/dL	●	Adult 2.0 - 4.0
	●	Within Normal Range	●	Boderline High/Low
			●	Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY

FEMALE / 35 Yrs / CIPN.0000031773 / AHBHC120986

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 12/04/2023

Test Name	Result	Unit	Level	Range
CALCULATED ALBUMIN:GLOBULIN (RATIO) -	1.3		●	0.8 - 2.0
CALCULATED ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	49	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	23	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.63	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	107	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	139	mg/dL	●	"Desirable" : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.82	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	79	mg/dL	●	"Non-Diabetic" : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
			●	

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY

FEMALE / 35 Yrs / CJPN.0000031773 / AHBHC120986

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 12/04/2023

Glucose - Plasma (POST PRANDIAL)	82	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199Diabetic : >=200 "
----------------------------------	----	-------	---	--

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.5	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	43	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	89	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 - 129Borderline High: 130 - 159High: 160 - 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	100.96	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.09	µg/dL	●	5.93 - 13.29

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY
 FEMALE / 35 Yrs / CIPN.0000031773 / AHBHC120986
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS
 Date : 12/04/2023

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	48	mg/dL	●	"Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.55	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	29	mg/dL	●	15 - 45
URIC ACID - SERUM	4.9	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	10	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.14	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.49	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	28		●	Healthy Adults: 22 - 29

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. NIBEDITA ROY CHOUDHURY

FEMALE / 35 Yrs / CIPN.0000031773 / AHBHC120986

2022 MEDICARE FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 12/04/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mrs. NIBEDITA ROY CHOUDHURY	F	035Y
UHID :	CJPN.0000031773	Ward/Bed No. :	AHC / AHC
I.P.No./Bill No. :	AHBHC120986	Scanned on :	12-Apr-2023 09:06
Accession Number :	10601.123042266	Reported On :	12-Apr-2023 10:05:51
Referring Doctor :	null		

X-RAY CHEST PA VIEW

Clinical Information: health check

Positional rotation present.

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

Suggested clinical correlation.

Dr Salim Shaikh
Sr Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE 560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: NIBEDITA ROY CHOUDHURY,
Patient ID: CJPN/31773
Height: 160 cm
Weight: 66 kg

DOB: 01.02.1988
Age: 35yrs
Gender: Female
Race: Indian

Study Date: 12.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Grace

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	96	100/60	
	STANDING	00:02	0.00	0.00	99	100/60	
	WARM-UP	00:07	0.00	0.00	95	100/60	
EXERCISE	STAGE 1	03:00	1.70	10.00	142	110/70	
	STAGE 2	03:00	2.50	12.00	171	120/70	
	STAGE 3	01:02	3.40	14.00	171	120/70	
RECOVERY		05:13	0.00	0.00	109	120/70	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 95 bpm rose to a maximal heart rate of 181 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg, rose to a maximum blood pressure of 140/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician

Technician

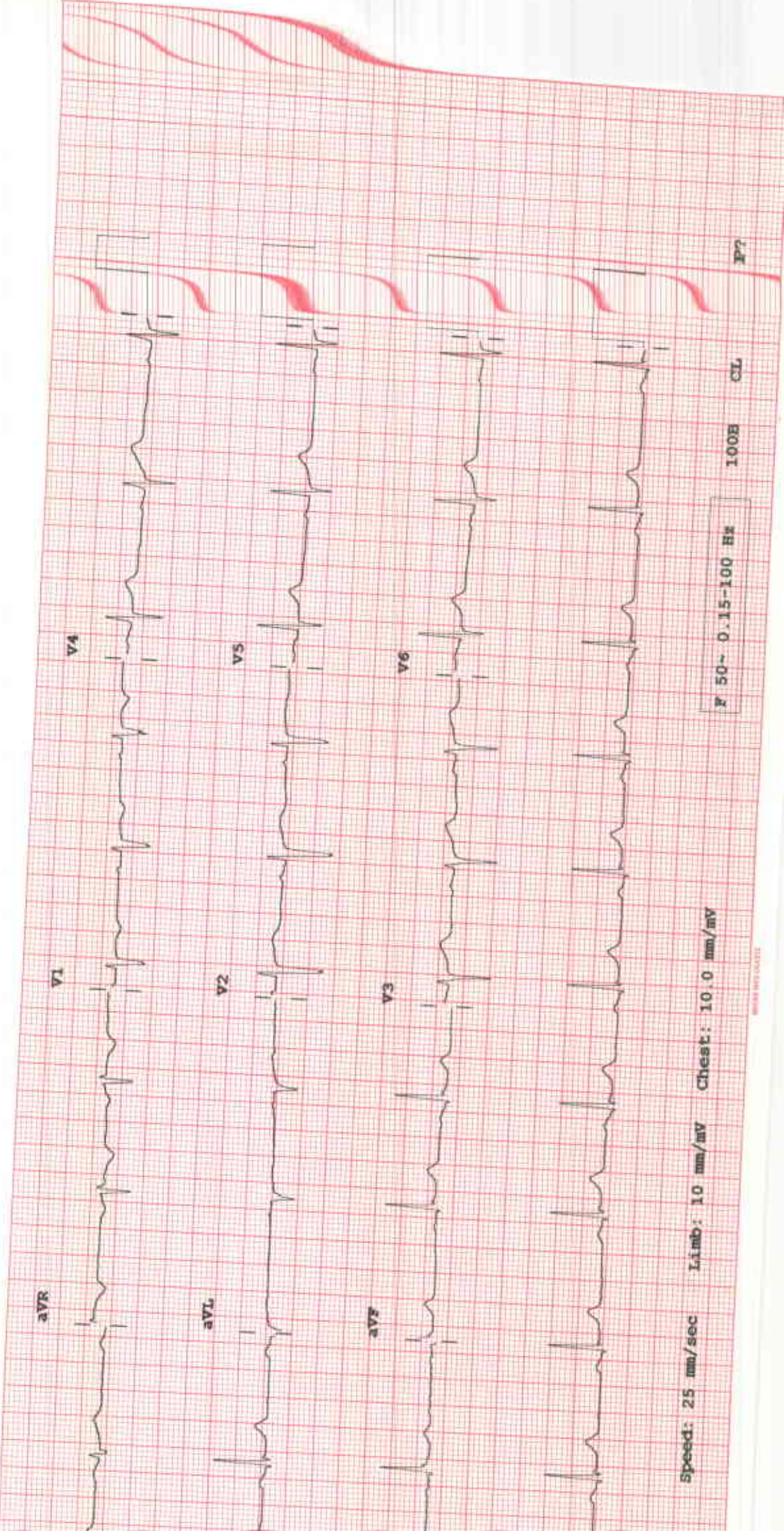
ANANDIA ROY
Female

12-Apr-23 10:00:11 AM

UJHN.0000031773
MRS. NIBEDITA ROY CHOU
DHJRY
Age: 35 Year(s) Year(o)/F
12-Apr-2023 8:47:14 AM



Standard Placement



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

1008 CL

PT7