

203

Dr. Vandana G. Powar M.B.B.S., D.C.P.
Consultant Pathologist



PARTH
PATHOLOGY LABORATORY
(Computerised)

LAB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikli, Opp. Nutan Marathi
High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

DATE – 26/08/2023

PATIENT NAME-SAMIR POWAR

AGE – 35Y/MALE

HEIGHT – 165 cm

WEIGHT – 68 kg

BLOOD PRESSURE - 122 /71 mmHg

PULES – 79/ Min

FIT TO PERFORM ALL DUTIES

Dr. Vandana G. Powar
M.B.B.S., D.C.P.
Reg. No. 68137



PATHOLOGIST


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24 Hours Emergency Service

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भारत सरकार
GOVERNMENT OF INDIA



समीर सखाराम पोवार
Same Sakharam Powar
जन्म वर्ष / Year of Birth 1987
पुरुष / Male



8927 5238 4867

आधार - सामान्य माणसाचा अधिकार

Signature



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B - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikti, Opp. Nutan Marathi High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

NAME : MR. SAMIR POWAR

DATE : 26/08/2023 PT.NO. : 203 26082

REF BY : Dr. MEDIWHEEL LIFE INS

AGE : 35. Yrs. SEX : M

HAEMOGRAM WITH INDICES

Test	Result	Units	Normal Range	Histogram
Haemoglobin	- 13.9	g/dl	14-18	<p>RBC</p>
RBC Count	- 5.07	millions / cu-mm	4.5 - 6.5	
PCV	- 47.9	%	40 - 54	
MCV	- 94.5	fL	80 - 96	
MCH	- 27.4	Pg	27 - 33	
MCHC	- 29	gm/dl	33 - 36	
RDW CV	- 14.4	%	11.0 - 14.5	
WBC Count	- 6800	/cumm	4000 - 11000	<p>WBC</p>
Neutrophils	- 69	%	40 - 75	
Lymphocytes	- 26	%	20 - 40	
Eosinophils	- 03	%	1 - 6	
Monocytes	- 02	%	2-10	
Basophils	- 00	%	0 - 1	
Platelet Count	- 239000	/ul	150000 - 450000	<p>PLT</p>
MPV	- 9.3	fL	7.4 - 10.4	
PDW	- 11.2	%	8-12	
P-LCR	- 20.0	%	15-35	
E.S.R.	- 09	mm at 1hr	0-10	
(By Wintrobe Method)				
RBC Morphology	- Normochromic, Normocytic.			
WBC Morphology	- Within Normal Limits			
Platelets	- Adequate			

* Blood group - 'A' Rh Positive

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PT.NAME : MR. SAMIR POWAR
REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 26/08/2023
AGE : 35 Yrs. SEX : M
PT.NO. : 203 260823

BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
Fasting Plasma Glucose	: 77.2	mg/dl	60-110 mg/dl
2 Hrs. Plasma Glucose	: 119.5	mg/dl	90-140 mg/dl
S. Creatinine	: 0.9	mg/dl	0.7 - 1.4 mg/dl
Blood Urea	: 27.7	mg/dl	12-42 mg/dl
Blood Urea Nitrogen	: 12.94	mg/dl	5 - 21 mg/dl
S. Uric acid	: 4.3	mg/dl	3.5 -7.2 mg/dl
CHOLESTEROL	: 157.8	mg/dl	0-250 mg/dl
HDL Cholesterol	: 33.5	mg/dl	30 - 70 mg/dl
S. Triglycerides	: 80.7	mg/dl	0-170 mg/dl
LDL Cholesterol	: 108.2	mg/dl	60 - 150 mg/dl
TC/HDLC Ratio	: 4.7		0 - 5
LDLC/HDLC Ratio	: 3.2		2.5 - 3.5

2.5 - 3.5
Dr. Vandana G. Powar
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AGE : 35 Yrs. SEX : M
PT.NO. : 203 260823

BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
S. Bilirubin (Total)	: 0.27	mg/dl	0 - 1.0 mg/dl
S. Bilirubin (Direct)	: 0.19	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.08	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 23.8	IU/L	5-40 IU/L
S.G.P.T	: 11.5	IU/L	5-40 IU/L
S. Alkaline Phosphatase	: 83.0	IU/L	37 - 147 IU/L
Total Proteins	: 7.9	g/dl	6.6 - 8.3 g/dl
S. Albumin	: 4.7	g/dl	3.5 - 5.0 g/dl
S. Globulin	: 3.2	g/dl	1.5 - 3 g/dl
A/G Ratio	: 1.5 : 1		0.90 - 2.00

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DATE : 26/08/2023
AGE : 35 Yrs. SEX : M
PT.NO. : 203 260823

REPORT ON % GLYCOHAEMOGLOBIN OF BLOOD

% Glycohaemoglobin of blood : 4.9 %
Estimated mean blood glucose : 94.7 mg/dl

(Reference For Guideline)

< 6.0 - Normal
6.0 - 7.0 % - Good Control
7.0 - 8.0 % - Fair Control
8.0-10.0% - Unsatisfactory control
>10.0% - Poor control



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DATE : 26/08/2023
AGE : 35 Yrs. SEX : M
PT.NO. : 203 260823

EXAMINATION OF URINE

Normal Range

PHYSICAL EXAMINATION

Quantity : 05 ml
Colour : Pale Yellow
Appearance : Clear
Deposit : Absent
Reaction (pH) : Acidic
Specific Gravity : 1.024 1.003 - 1.035

CHEMICAL EXAMINATION

Proteins : Absent
Glucose : Absent
Ketone Bodies : --
Bile Salts : Absent Absent
Bile Pigments : Absent Absent
Urobilinogen : --
Occult Blood : Absent

MICROSCOPIC EXAMINATION

Epithelial Cells : 1 - 2 /hpf
Pus Cells : 2 - 3 /hpf
Red Blood Cells : Absent /hpf
Casts : Absent
Crystals : Absent
Amorphous Deposits : Absent

OTHER FINDINGS

Yeast Cells : Absent
Trichomonas vaginalis : Absent
Bacteria : Absent
Mucus Threads : Absent
Spermatozoa : Absent

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PATIENT NAME:- SAMIR POWAR

AGE - 35/SEX-MALE

REFERANCE :- MEDIWHEEL LIFE INS

DATE - 26/08/2023

BIOCHEMISTRY

NORMAL VALUE

SERUM GAMMA. G. T : 26.0 mmol/L

10-50 mmol / L

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PATIENT NAME:- SAMIR POWAR

AGE - 35/SEX-MALE

REFERANCE :- MEDIWHEEL LIFE INS.

DATE - 26/08/2023

BIOCHEMISTRY

NORMAL VALUE

SERUM VLDL 18.4 mmol/L

10-50 mmol / L

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[Signature]
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26/08/2023

**THE ECG OF CLIENT- SAMIR POWAR
IS WITHIN NORMAL LIMIT**

NO ABNORMAL FINDINGS ARE DETECTED



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MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35M)
 Chart Speed: 25 mm/sec

Date: 26-08-2023
 Main Filter: ON

Time: 12:45
 Amplitude: 10mm/mV

Filter: 35Hz



ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Lead	P(mV)	Q(mV)	R(mV)	S(mV)	T(mV)
I	-0.05	-0.07	0.61	0.13	0.24
II	-0.11	-0.12	0.76	0.08	0.33
III	-0.04	-0.07	0.16	-0.07	0.09
aVR	0.12	0.15	-0.97	-0.17	-0.39
aVL	0	0	0.21	0.08	0.07
aVF	-0.08	-0.09	0.47	0.08	0.21
V1	0.01	0.01	-0.72	-0.28	-0.16
V2	-0.04	-0.04	0.03	-0.16	0.21
V3	-0.07	-0.08	0.35	-0.11	0.23
V4	-0.07	-0.08	0.68	0.09	0.23
V5	-0.11	-0.12	0.76	0.08	0.33
V6	-0.04	-0.04	0.75	0.24	0.19

Intervals (ms)

P-Q	Q-R-S	Q-T	Q-TC
56	76	308	358

Axis (deg)

P	QRS	T
56	29	39

HR: 81 bpm

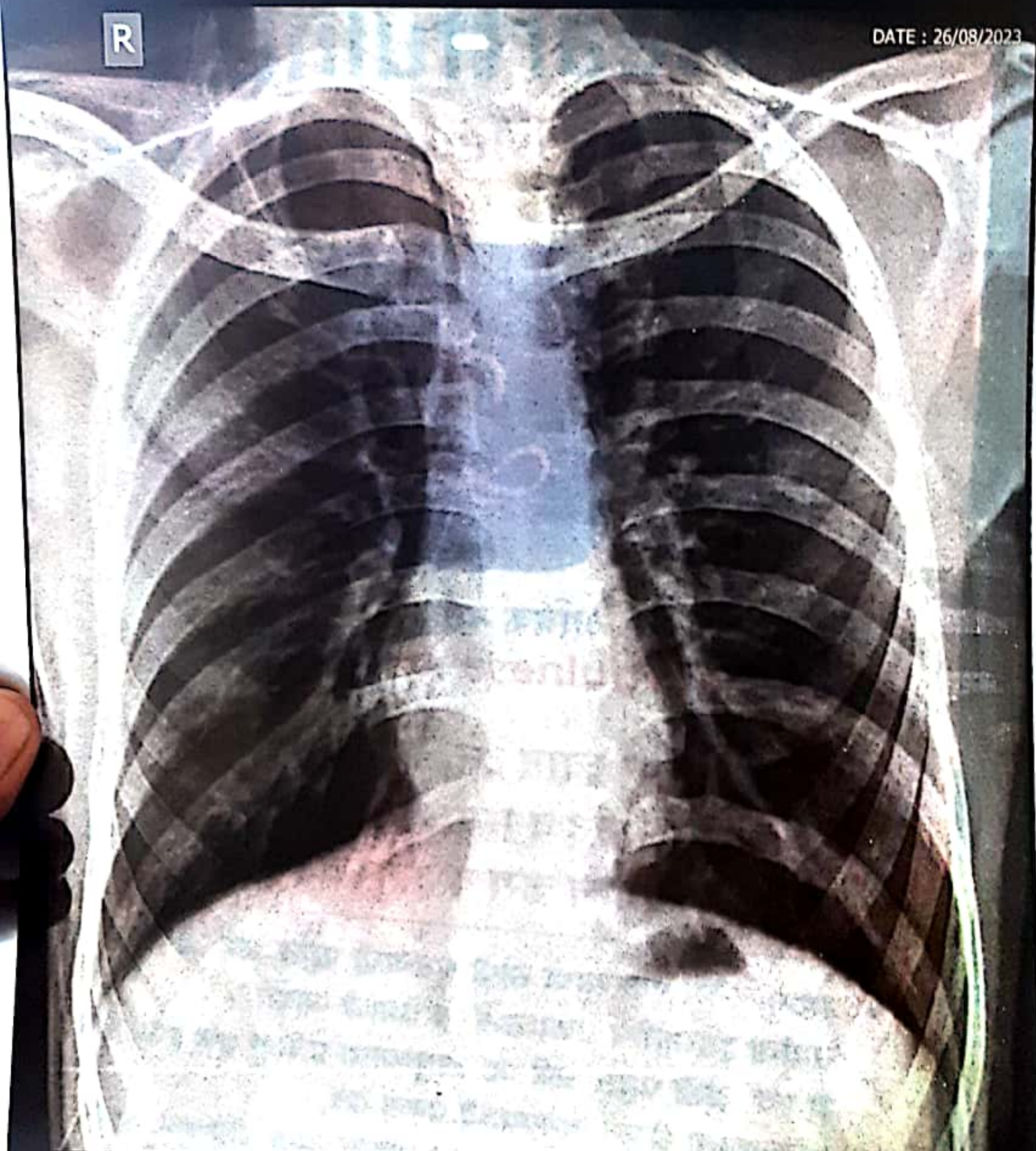
BP: 120/80 mmHg

Interpretation: NORMAL

DR. SHANTANU S. PALKAR
 MBBS, PGDCC
 CLINICAL CARDIOLOGIST
 MMC No. 2011040954

R

DATE : 26/08/2023



Name: MR SAMIR POWAR
Ref. Dr. PARTH LAB

Age/Sex: 36 / Male

Chest PA

SWARA DIGITAL X-RAY RAJARAMPURI 10TH LANE KOLHAPUR 9890185675



SWARA DIGITAL

X- RAY

All Types Of Digital, Portable X-rays And Procedural X-rays

PATEINT NAME : MR SAMIR POWAR

AGE/SEX : 36Y/MALE

REF BY : PARTH LAB

DATE : 26/08/2023

CHEST X-RAY (PA)

Both lungs fields are normal

Both costophrenic angles appear normal

The tracheal lucency is centrally placed

The mediastinal & diaphragmatic outlines appear normal.

The heart shadow is normal

Normal chesr xray

ADV: Clinical correlated

DR SAKSHAM GUPTA
MBBS,MD Radio diagnosis FMF UK
Consultant Radiologist

Mob. 9890185675

Address : Bramhanand, Near Tawanappa Patne High School, Rajarampuri 10 Galli, Kolhapur.

डॉ. बी.जी.जाधव-ढेकळे

एम. बी. बी. एल.
(जनरल फिजिशियन)

डॉ. नेहा घोरपडे

एम. बी. बी. एल., डी.एम.आर.ई
कन्सल्टिंग रेडीओलॉजिस्ट



अस्मिता क्लिनिक
आणि सोनोग्राफी सेंटर

१००४/३अ/२, फिरंगाई देवळासमोर, शिवाजी पेठ, कोल्हापूर - ४१६०१२.

Ph. : (0231) 2621071 | E mail: asmitadiagno.neha@gmail.com

Patient Name : MR. SAMIR POWAR

Date : 26 Aug 2023

Referred By : Dr. VANDANA POWAR

Age : 35 YEARS Sex : M

Clinically -FOR HEALTH CHECK UP.

Abdomen Sonography

LIVER : is normal in size, shape, position and shows increased echogenicity. The contours are smooth. The parenchyma shows homogeneous echotexture. The intra - hepatic portal and venous system appears normal. The portal vein is normal and show hepatopetal flow. The intra-hepatic biliary radicals are not dilated. There is no focal mass lesion.

GALL BLADDER : is physiologically distended, normal in size and echotexture. There is no evidence of echoreflexive calculus in gall bladder. There is no abnormal biliary tree dilation noted. The portal vein & C.B.D appear normal. Wall thickness is normal. No e/o cholecystitis/calculus seen. PV measures -11 mm, CBD measures - 3 mm.

PANCREAS : is normal size, position & echotexture. The contours are smooth. There is no focal mass lesion seen. No pancreatitis or calcification.

SPLEEN : is normal in size, shape and echopattern. The contours are smooth. The splenic vein and portal vein are normal in calibre.

KIDNEYS : Both the kidneys are normal in size, shape and position and contours. There is no echoreflexive obstructing calculus seen on either sides nor hydronephrosis. Both visualized ureters appear to be normal. Parenchymal/cortical thickness is normal. Cortico -medullary differentiation is well maintained. Overlying bowel gases does not show further course of ureter. **Right kidney** measures- 100 X 45 mm. **Left kidney** measures -107 x 45 mm.

Urinary bladder is physiologically distended, appears normal. No intraluminal abnormality.

PROSTATE : is normal size and uniform echotexture, measures 28 x 33 x 32 mm (weight- 16 gms). The gland bulges urinary bladder base.

Aorta and IVC are normal. No e/o free fluid in peritoneal cavity. No ascites. No significant lymphadenopathy. Bowel loops appear normal in size with good peristalsis.

Appendix is not appreciated in today's study. Terminal ileum is well seen. No probe tenderness in right iliac fossa or anywhere in abdomen.

IMPRESSION : < FATTY INFILTRATION OF LIVER.

ADVICE - Clinical correlation and follow up if clinically needed.
THANKS FOR REFERRAL. FEEDBACK IS WELCOME

Neha
DR. NEHA S. GHORPADE
MBBS DMRE Reg. No. 79916
Consulting Radiologist

डॉ. नेहा घोरपडे
एम. बी. बी. एल., डी.एम.आर.ई (रेडीओलॉजिस्ट)
रजि.नं.79916

परत येताना सर्व जुने रिपोर्ट्स, सोनोग्राफी रिपोर्ट्स अथवा एक्स-रे असल्यास बरोबर घेऊन येणे.



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

Name: SAMIR SAKHARAM POWAR **Date:** 26-08-2023 **Time:** 12:46
Age: 35 **Gender:** M **Height:** 165 cms **Weight:** 68 Kg **ID:** 347
Clinical History: NO MAJOR ILLNESS
Medications: NOT ON ANY MEDICATION

Test Details:

Protocol: Bruce **Predicted Max HR:** 185 **Target HR:** 157 (85% of Pr. MHR)
Exercise Time: 0:11:08 **Achieved Max HR:** 157 (85% of Pr. MHR)
Max BP: 130/80 **Max BP x HR:** 20410 **Max Mets:** 12.5
Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:24	1	0	0	72	120/80	8640	1.9 II	0.8 II
Standing	00:12	1	0	0	69	120/80	8280	-1.7 II	0.4 aVR
HyperVentilation	00:10	1	0	0	71	120/80	8520	-2.4 II	-0.2 I
PreTest	01:23	1	1.6	0	82	120/80	9840	-0.8 I	0.8 II
Stage 1	03:00	4.7	2.7	10	96	120/80	11520	-1.5 I	0.8 I
Stage 2	03:00	7	4	12	110	130/90	14300	1.4 II	1 II
Stage 3	03:00	10.1	5.5	14	130	130/90	16900	0.9 V2	0.9 II
Peak Exercise	02:08	12.5	6.8	16	157	130/90	20410	-2.5 V6	0.9 II
Recovery1	01:00	1	0	0	124	130/90	16120	1.5 III	1.7 II
Recovery2	01:00	1	0	0	97	130/90	12610	-1.1 V6	2.2 II
Recovery3	01:00	1	0	0	92	130/80	11960	0.9 II	1.1 II
Recovery4	00:03	1	0	0	93	130/80	12090	-1 II	-0.2 V2


Interpretation

The Patient Exercised according to Bruce Protocol for 0:11:08 achieving a work level of 12.5 METS.
 Resting Heart Rate, initially 72 bpm rose to a max. heart rate of 157bpm (85% of Predicted Maximum Heart Rate).
 Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 130/80 mmHg

GOOD EFFORT TOLERANCE
 NORMAL INOTROPIC RESPONSE
 NORMAL CHRONOTROPIC RESPONSE
 THR ACHIEVED ; ADEQUATE METS ACHIEVED
 NO SIGNIFICANT ST SEGMENT CHANGES NOTED IN EXERCISE AND RECOVERY
 TMT IS NEGATIVE FOR STRESS INDUCIBLE ISCHAEMIA AT GIVEN WORKLOAD

Ref. Doctor: MEDI WHEEL

SCHILLER
 The Art of Diagnostics


DR. SHANTANU S. PATIL
 (M.B.B.S., P.G.D.C.C.)
CLINICAL CARDIOLOGIST
 MMC No. 2011040954

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR | +91 9307257414

SAMIR SAKHARAM POWAR (35 M)

Bruce Protocol

STTLevel(mm) STTSlope(mV/s)

Date: 26-08-2023

Speed: 0 km/h

Stage: Supine

Exec Time : 0:00:00

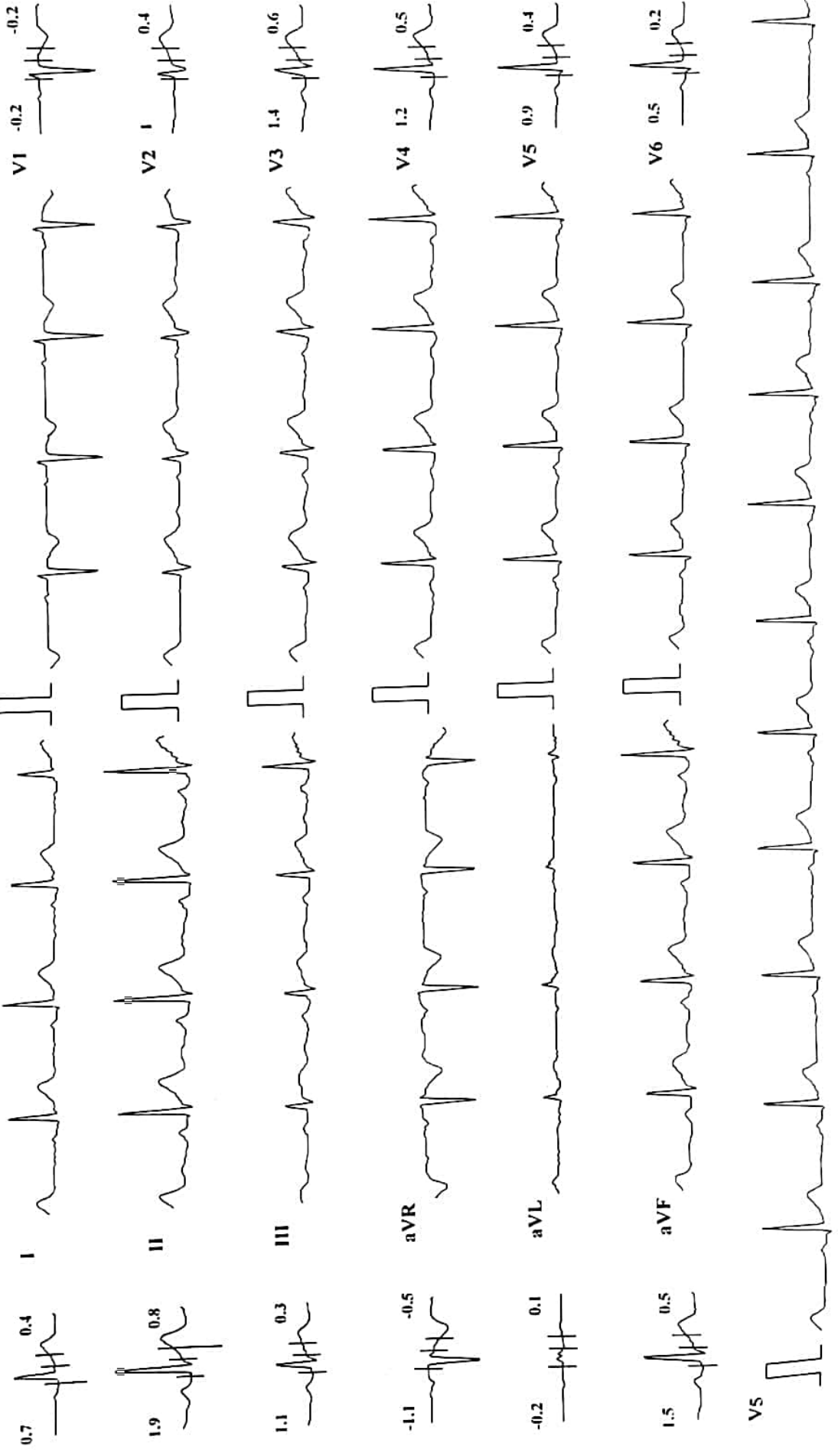
Slope: 0%

THR: 157 bpm

HR: 72 bpm

BP: 120/80 mmHg

STTLevel(mm) STTSlope(mV/s)



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR | 91 9307257414 |

SAVIR SAHARAM POWAR (35 M)

ECG Record
S11 (col,mm) S15 (row,mV)

Date: 26-08-2023
Speed: 0

ECG Time: 00:00
Slope: 0%

HR: 69 bpm
PP: 120.80 mmHg
S11 (col,mm) S15 (row,mV)

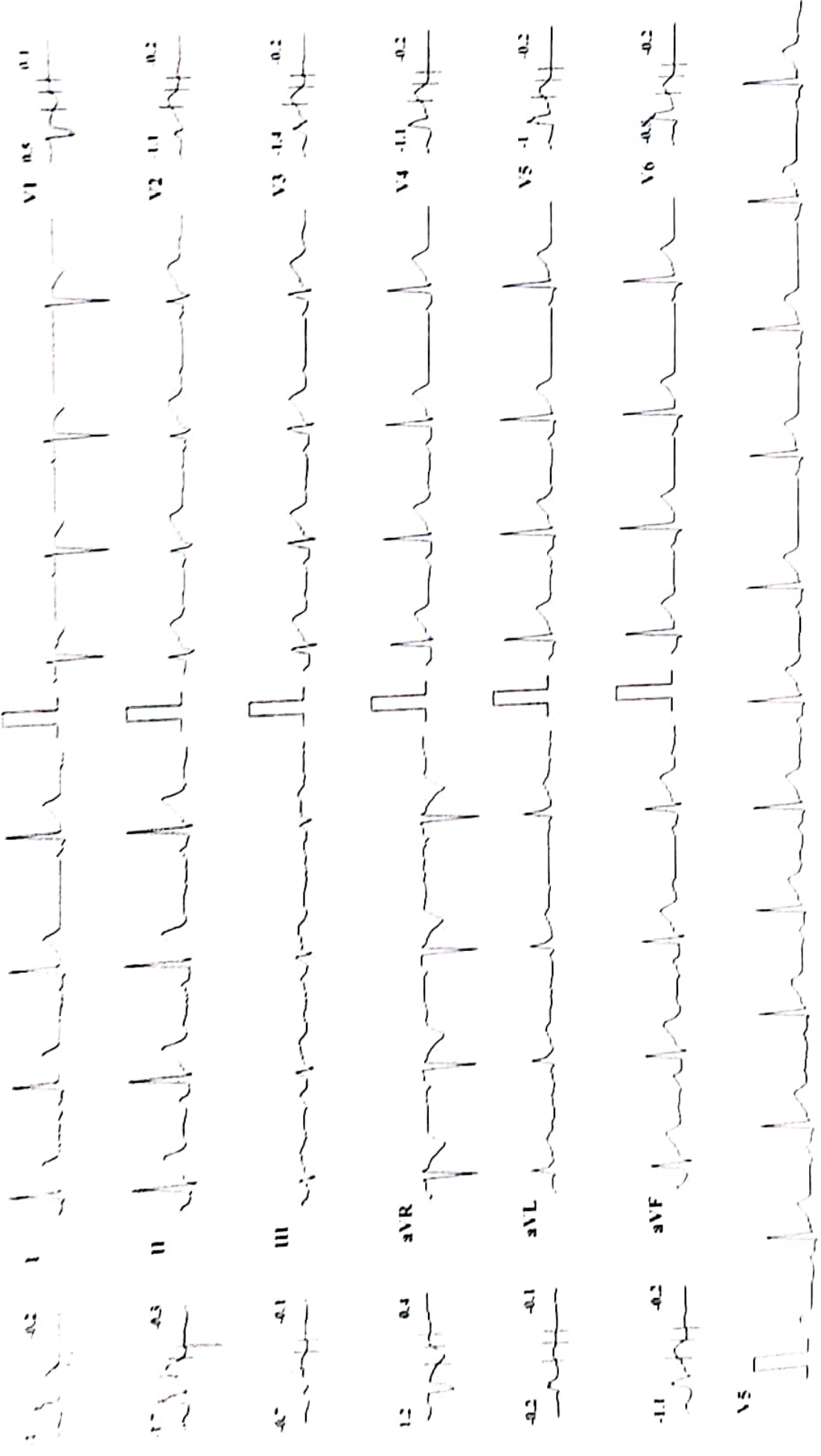


Chart Speed: 25 mm/sec

Amplitude: 10mm mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R - 60 ms, Post J - J - 80 ms

Schiller Cardiovit CS-10 Version: 1.4

MIYO-CLINIC MEDICAL CENTRE, KOLHAPUR | +91 9307257414 |

SAMIR SAKHARAM POWAR (35 M)

ID: 347

Bruce Protocol

ST1 (eV) (mm) ST Slope (mV/s)

Stage Time: 00:10

TTR: 157 bpm

Date: 26-08-2023

Exec Time: 0 00:00

Slope: 0 %

Stage: HyperVentilation

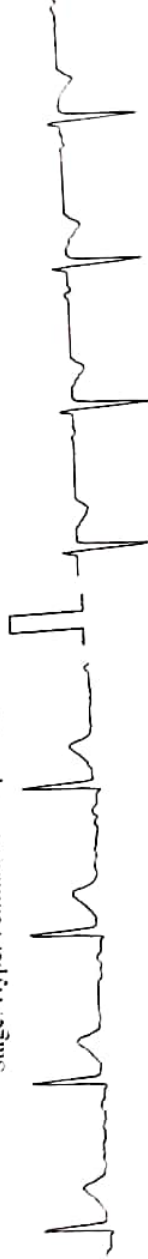
Speed: 0

HR: 71 bpm

BP: 120/80 mmHg

ST1 (eV) (mm) ST Slope (mV/s)

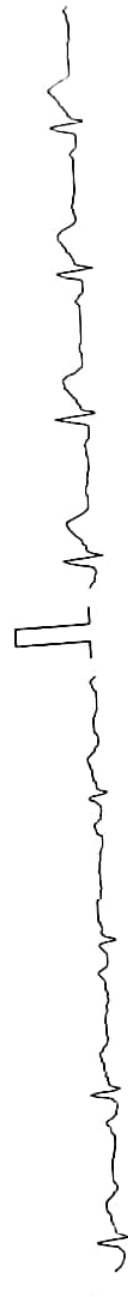
V1 0.9 0.1



V2 -1.6 -0.1



V3 -1.6 -0.1



V4 -1.5 -0.1



V5 -1.3 -0.1



V6 -1.1 -0.1



I -0.2

II -0.2

III -0.1

aVR 0.2

aVL -0.1

aVF -0.2

V5

Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms. I = R + 60 ms. Post I - 1 + 80 ms

Amplitude: 10mm/mV

Chart Speed: 25 mm/sec

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35 M)

ID: 347

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Date: 26-08-2023

Speed: 1.6 kmph

Exec Time: 00:00

Grade: 0%

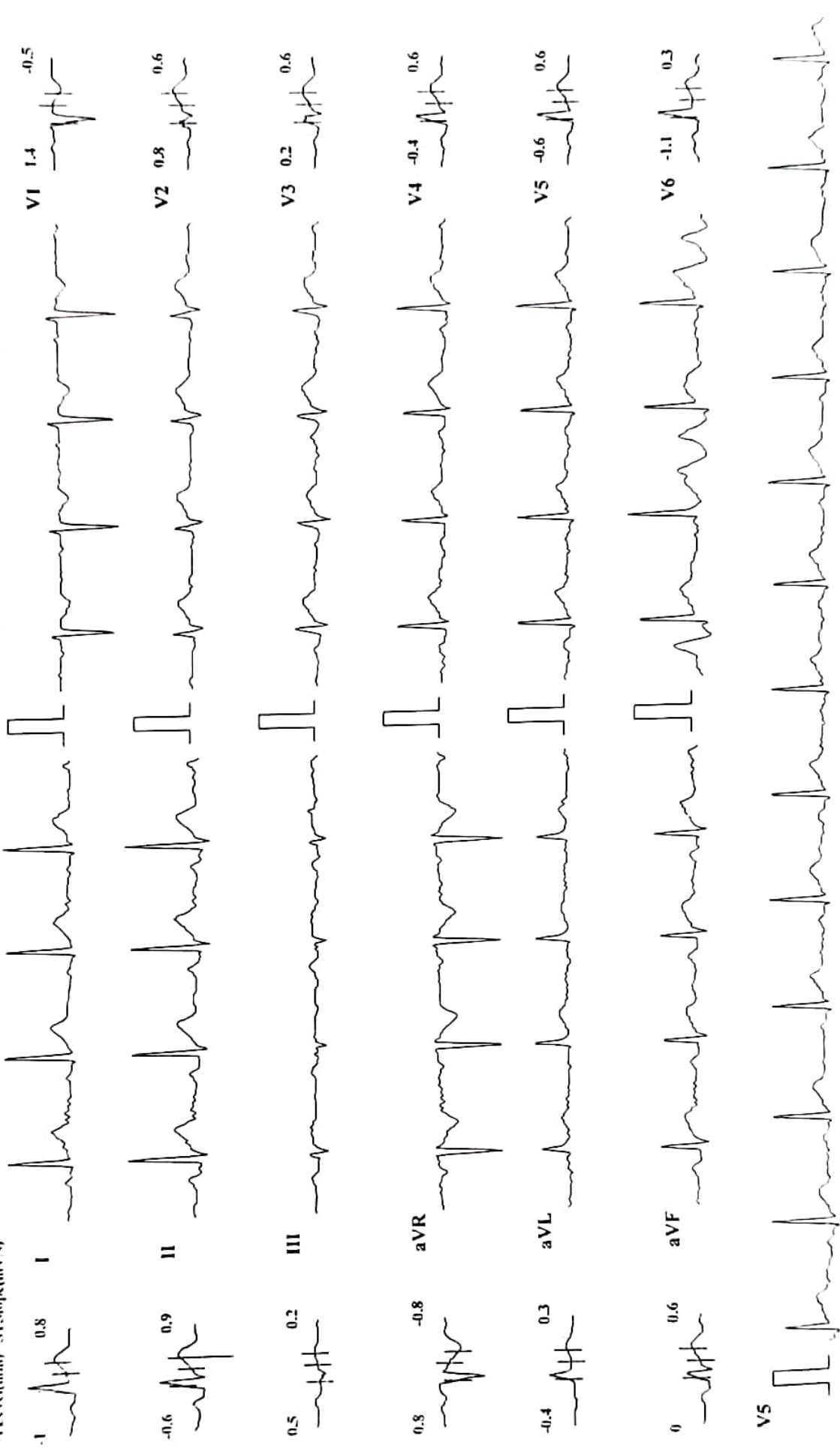
Stage Time: 01:21

TfHR: 157 bpm

HR: 79 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

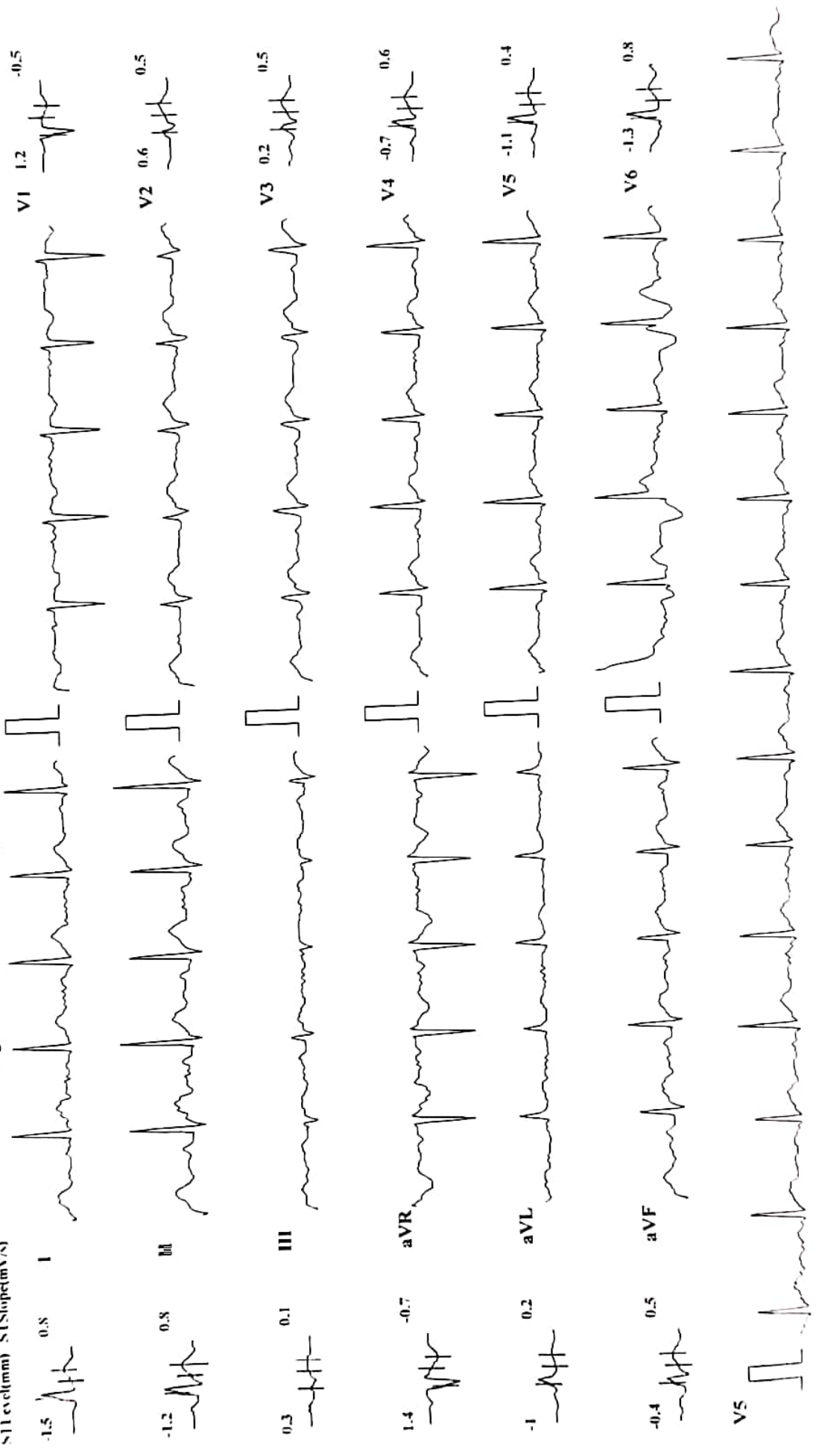


MIYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

HR: 96 bpm
BP: 120/80 mmHg
ST1 level(mm) ST Slope(mV/s)

SAMIR SAKHARAM POWAR (35 M)
ID: 347

Bruce Protocol
Date: 26-08-2023
Exec Time: 0:03:00
Stage Time: 03:00
ST1 level(mm) ST Slope(mV/s)
Speed: 2.7 kmph
Slope: 10 %
TIIR: 157 bpm



MYO-CLINIC MEDICAL CENTRE, KOLLIAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35 M)

ID: 317

Basic Protocol

STI (std/mm) STISlope(mV/s)

Date: 26-08-2023

Speed: 4 kmph

Exec Time: 0:06:00

Slope: 12 %

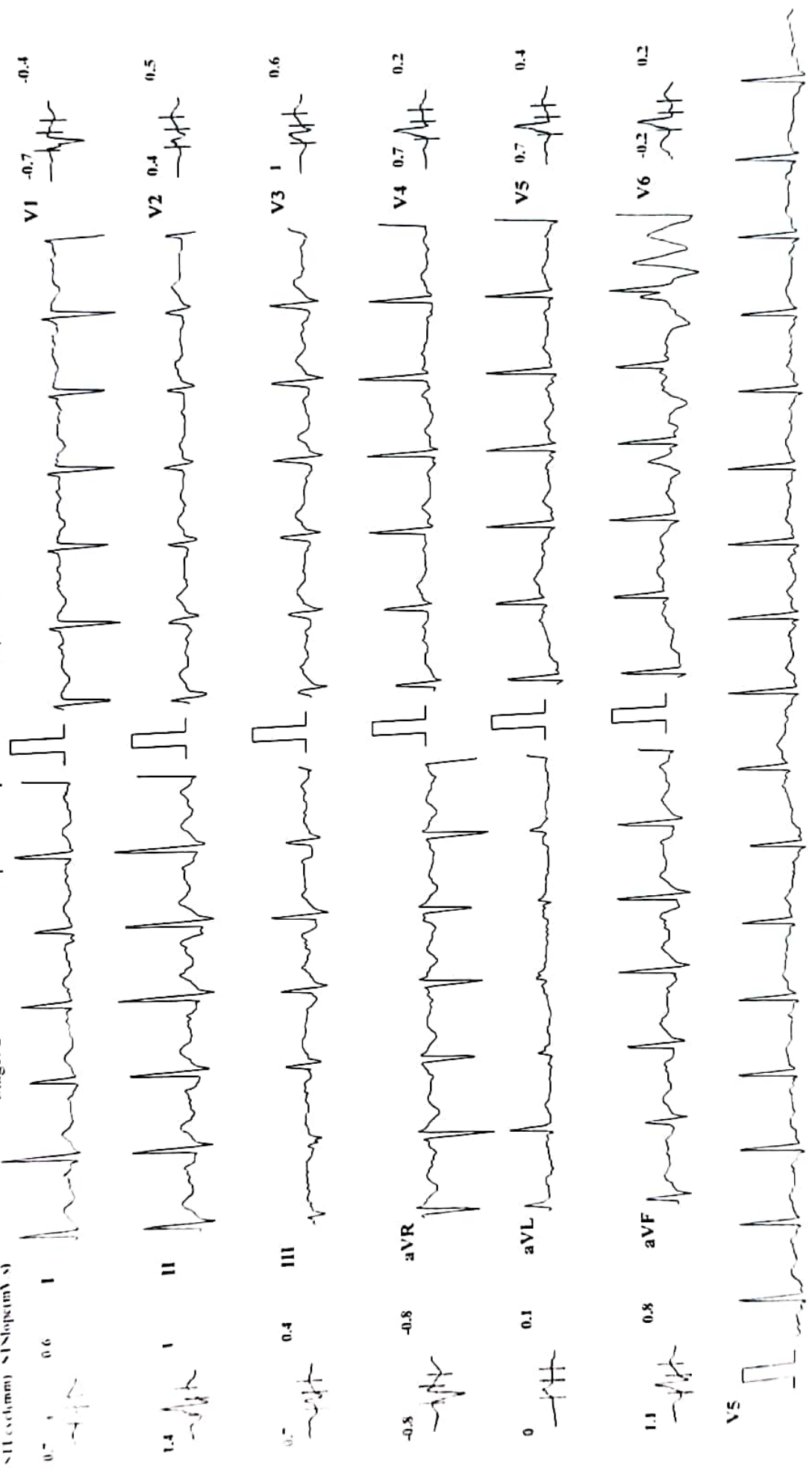
Stage Time: 0:3:00

THIR: 157 bpm

HR: 110 bpm

BP: 130/90 mmHg

STI (std/mm) STISlope(mV/s)



MYO-CLINIC MEDICAL CENTRE, KOLLIAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35 M)

ID: 547

HR: 124 bpm

BP 130/90 mmHg

ST level(mm) ST Slope(mV/s)

Date: 26-08-2023
Exec Time: 00:00
Stage: Recovery I
Speed: 0 kmph
Slope: 0.0%

Stage: Recovery I
Speed: 0 kmph
Slope: 0.0%

Stage: Recovery I
Speed: 0 kmph
Slope: 0.0%

Stage: Recovery I
Speed: 0 kmph
Slope: 0.0%

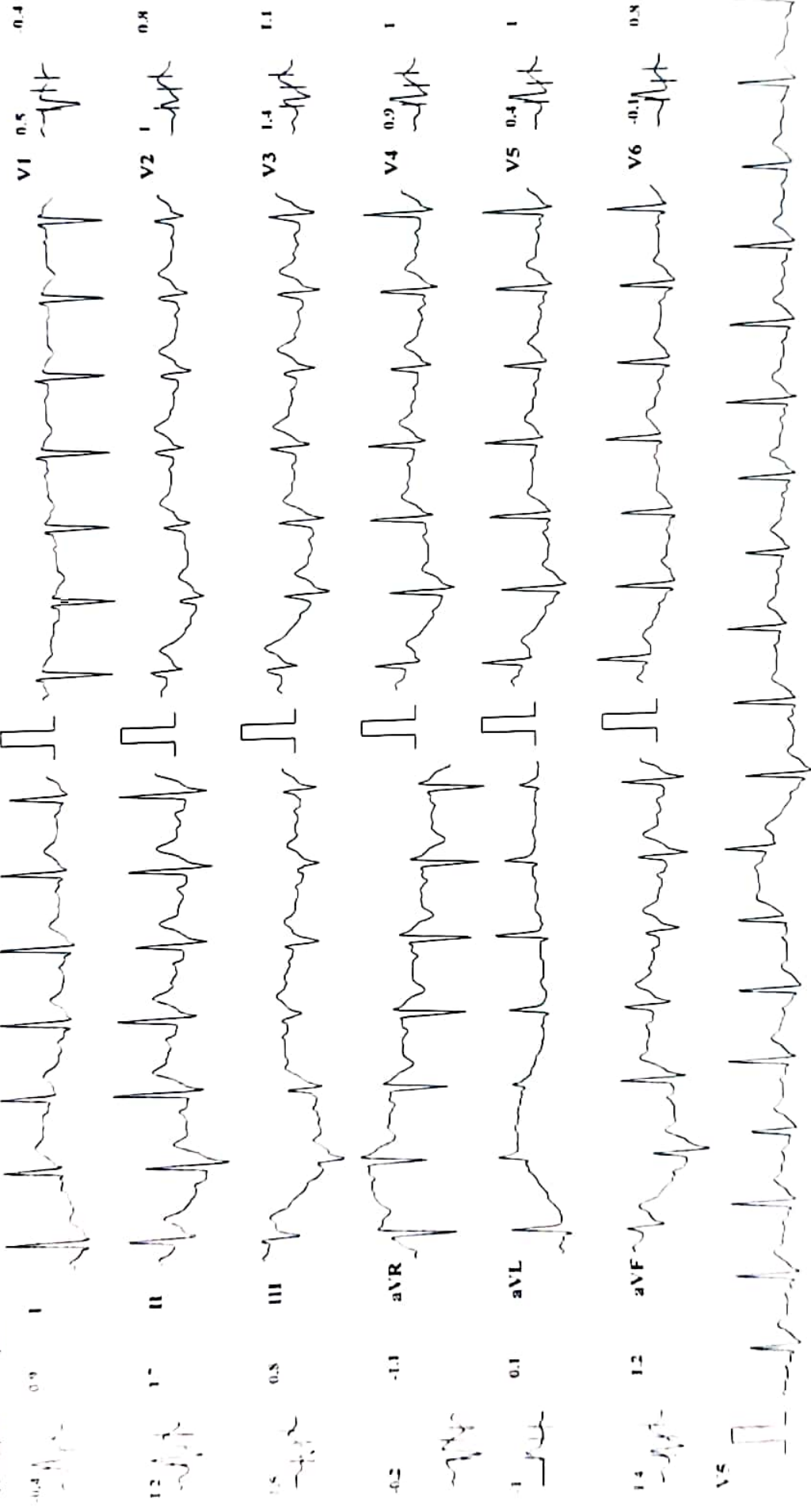


Chart Speed: 25 mm/sec

Amplitude: 10mm mV

Filter: 35 Hz

Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller CardioNet C.S.10, Version 1.1

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35 M)

Bruce Protocol

ID: 347

Date: 26-08-2023

Exec Time : 00:00

HR: 97 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Slope: 0%

THR: 157 bpm

BP: 130/90 mmHg

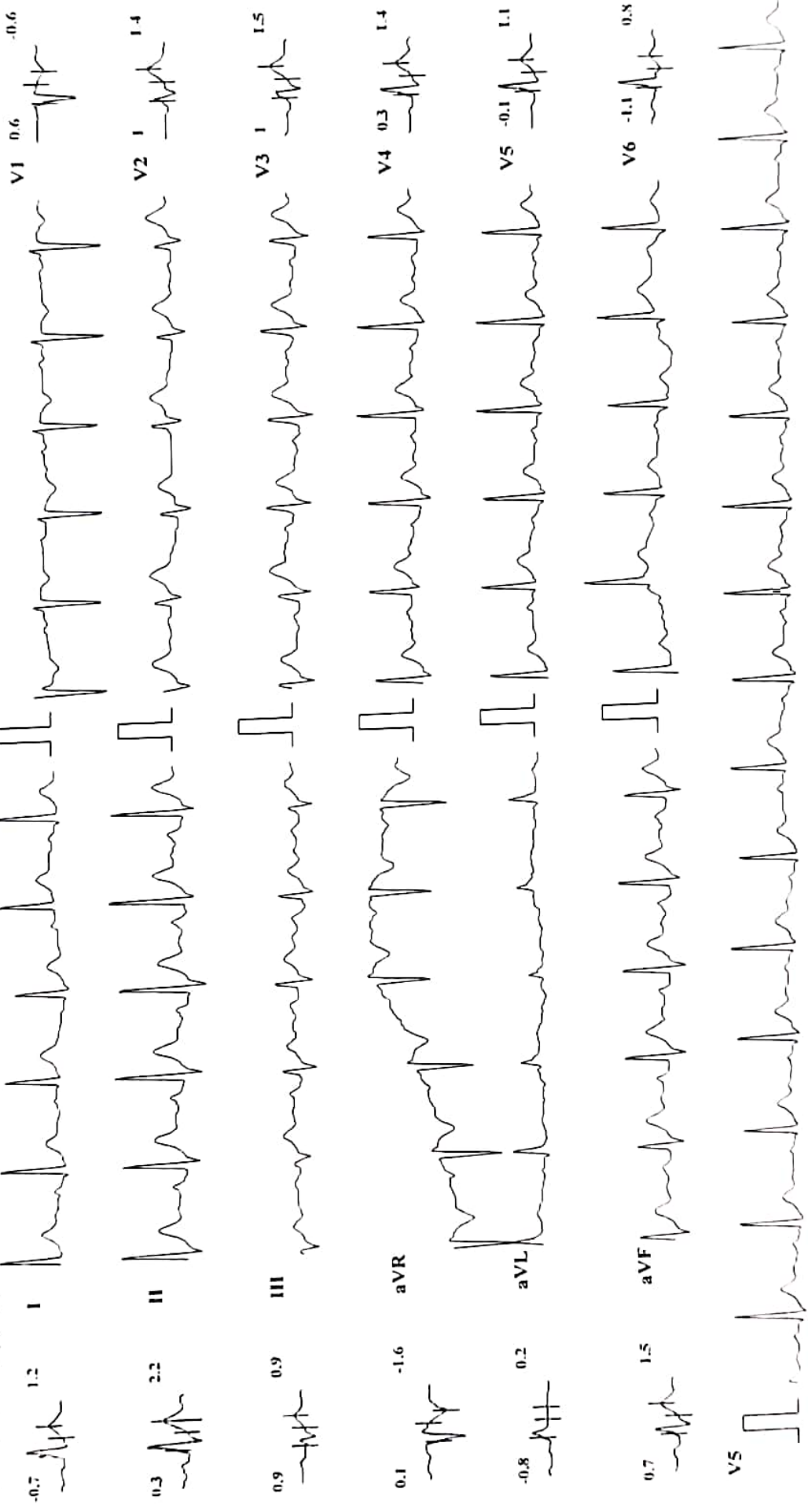


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60ms, J - R + 60ms, Post J - J + 80ms

Schiller Cardiovet CS-10 Version: 3.4

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SAMIR SAKHARAM POWAR (35 M)
ID: 347

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Date: 26-08-2023
Speed: 40 kmph
Stage: Recovery3

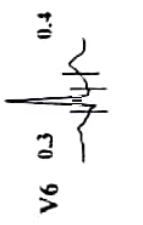
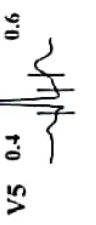
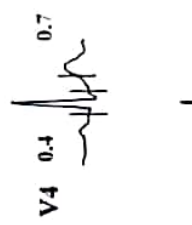
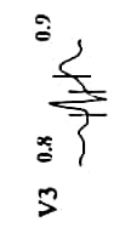
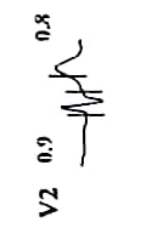
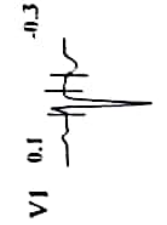
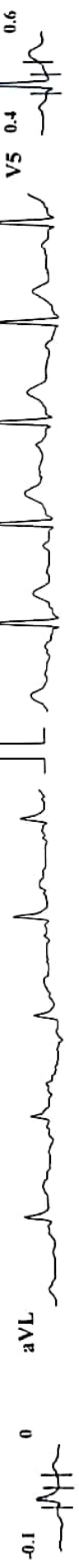
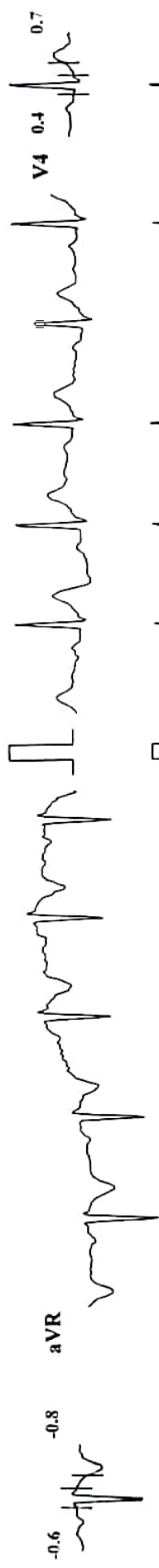
Excc Time : 00:00
Slope: 0 %

Stage Time: 01:00
THR: 157 bpm

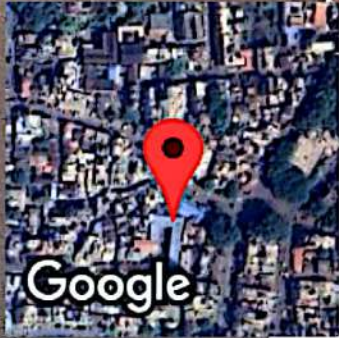
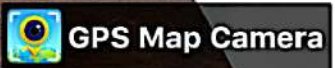
HR: 92 bpm

BP: 130/80 mmHg

STLevel(mm) STSlope(mV/s)



N4



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Long 74.224321°
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