

Name : Ms. UJJAYANI DAS (35 /F)

Date : 09/03/2023

Address :

Examined by:

UHID : AMHL.0002104867

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH169116



CHIEF COMPLAINTS

For corporate health checkup

C/O Frequent episodes of headache (Migraine)

C/O Bilateral heel pain on waking up

PRESENT KNOWN ILLNESS

No history of

- Diabetes mellitus,
Hypertension,
Dyslipidemia, Heart
disease, Asthma

Thyroid disease

- hypothyroidism; Since -
during pregnancy;
Medication - stopped with
medical advice



DRUG ALLERGY

NO KNOWN ALLERGY

:09/03/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -
regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 6/3/2023; Periods - regular;
No of Children - 1; No of deliveries - 1; Deliveries -
LSCS

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Bilateral heel pain

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No

Jaundice - 5 yrs ago



Surgical history

Caesarian section - 2017



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Sisters - 1

Hypertension - father, mother

Coronary artery disease - none

Cancer - None

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PHYSICAL EXAMINATION



General

Build - over weight
Height - 156
Weight - 67
BMI - 27.53
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 98
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 126
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No
Scars - Pfannenstiel



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE: *Review after
1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.0 *	g/dl	●	12.0-15.0
RBC COUNT	3.58 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	30.8 *	%	●	36-46
MCV	85.9	fl	●	83-101
MCH	27.9	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	17.7 *	%	●	11.8-14.0
WBC Count	4400	/cu mm	●	4000-10000
Platelet Count	1.47 *	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	7.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	Occasional/hpf			

Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Found
Ca-oxalate	2-4 /lpf
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	21	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	97	U/L	●	42-98
AST (SGOT) - SERUM	27	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.3 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	119	mg/dL	●	0-200

● Within Normal Range
 ● Borderline High/Low
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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	89	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM	6.3	µg/dL	●	5.1-14.1
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	74	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	111	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.8 *	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.0	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	72	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	9	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0 *	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

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SINUS RHYTHM WITH MARKED SINUS
ARRHYTHMIA.
NONSPECIFIC T WAVE CHANGES.

TREADMILL TEST / STRESS TEST

PRIMARY ST-T CHANGES PRESENT.
OCCASIONAL VENTRICULAR PREMATURE COMPLEX
IS SEEN DURING THE STUDY.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Bulky uterus.

X-RAY CHEST PA

Normal study.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.