

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

Date : 08/10/2022

Address :

Examined by:

UHID : AMHL.0002026769

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Thyroid disorder, Heart disease, Asthma
Since - 2016 Medication - not regular
Since - 2016 Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:08/10/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Rectal bleeding - occasional; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal; Glasses - no

ENT

Hearing loss both ears - mild

Musculoskeletal system

Spine and joints
Back (upper) - pain

Skin

- Nil Significant

Weight

- stable



Present medications

- T Losar 25mg OD
T Finehart 10mg OD; Compliance - not regular



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes
- 2021

Hospitalization for - No

Covid 19

Jaundice - in childhood

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519

Surgical history

Surgical history - Nil

Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild

Family history

Father - alive
Aged - 67
Mother - alive
Aged - 55
Sisters - 1
Hypertension - mother
Coronary artery disease - none
Cancer - None
Thyroid/other endocrine disorder - mother

PHYSICAL EXAMINATION

General

Build - normal
Height - 162
Weight - 64.7
BMI - 24.65
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 130

Diastolic(mm of Hg) - 82
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Skin

- No significant finding

Printed By : Benazir Begaum

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519

COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 15.2 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 5.04 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 44.4 | % | ● | 41-53 |
| MCV | 88.1 | fl | ● | 83-101 |
| MCH | 30.2 | pg | ● | 27-32 |
| MCHC | 34.3 | % | ● | 31.5-34.5 |
| RDW | 13.0 | % | ● | 11.8-14.0 |
| WBC Count | 7000 | /cu mm | ● | 4000-10000 |
| Platelet Count | 2.15 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 68 | % | ● | 40-80 |
| Lymphocytes | 26 | % | ● | 20-40 |
| Monocytes | 04 | % | ● | 2-10 |
| Eosinophils | 02 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 05 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|--------------|------|-------|-------|
| Volume: | 40 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |

| | | |
|------------------|--|------|
| RBC | Nil | /hpf |
| Pus Cells | Occasional | /hpf |
| Epithelial Cells | Occasional | /hpf |
| Casts: | Not Found | |
| Crystals: | Not Found | |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. | |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 57 * | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.6 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 65 | U/L | ● | 53-128 |
| AST (SGOT) - SERUM | 43 * | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.9 | mg/dL | ● | 0.0-1.0 |

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 190 | mg/dL | ● | 0-200 |

| | | | | |
|---------------------------------------|------|-------|---|---------------|
| LDL CHOLESTEROL -SERUM | 112 | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 47 * | mg/dL | ● | 0-35 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 1.0 | mg/dL | ● | 0.9-1.3 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.2 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.7 | g/dL | ● | 1.8-3.6 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 24 | U/L | ● | 7-64 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 7.2 | µg/dL | ● | 5.1-14.1 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 81 | mg/dL | ● | 70-99 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 420 * | mg/dL | ● | 0-150 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 132 | mg/dL | ● | 70-140 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 5.4 * | µIU/mL | ● | 0.270-4.200 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|---|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.0 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.3 | mg/dL | ● | 3.5-7.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 31 | mg/dL | ● | 30-70 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 9.1 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.7:1.0 | | | 1.0-2.0 |

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519

Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. SUDIPTA CHATTOPADHYAY (35 /M)

UHID : AMHL.0002026769

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158519
