


| | | |
|--|-------------------------------------|---|
| Name : Mr. Sandeep Julka Address : bangalore Plan : ARCOFEMI MEDIWHEEL MALE AUC CREDIT PAN INDIA OP AGREEMENT | Age : 38 Y Sex : M | UHID :CINR.0000163194  OP Number :CINROPV219868 Bill No :CINR-OCR-94218 Date : 24.02.2024 08:35 |
|--|-------------------------------------|---|

| Sno | Service Type/ServiceName | Department |
|---------------|--|------------|
| 1 | ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 | |
| 2 | ASPARTATE AMINOTRANSFERASE (ASAT) | |
| 3 | ALANINE AMINOTRANSFERASE (ALT) | |
| 4 | ALBUMIN | |
| 5 | ALBUMIN/CREATININE RATIO (ACR) | |
| 6 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 7 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 8 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 9 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 10 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 11 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 12 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 13 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 14 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 15 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 16 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 17 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 18 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 19 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 20 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 21 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 22 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 23 | ALBUMIN/URIC ACID RATIO (AUA) | |
| 24 | ALBUMIN/URIC ACID RATIO (AUA) | |

physiotherapy



Date : 24-02-2024

Department : GENERAL

MR NO : CINR.0000163194

Doctor :

Name : Mr. Sandeep Julka

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 08:32

| | | | |
|-----------------|------------------|------------------------------|----------------------|
| Height : 176 cm | Weight : 80.5 kg | BMI : 27.5 kg/m ² | Waist Circum : 99 cm |
| Temp : 98.6 °F | Pulse : 78 bpm | Resp : 18 bpm | B.P : 110/70 mmHg |

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature

26.02.2024

Mr. Sandeep Fulke

38 yrs / M

| | | | |
|----------|----------|--------|----------------|
| Height : | Weight : | BMI : | Waist Circum : |
| Temp : | Pulse : | Resp : | B.P : |

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

Asthma - A Ac.

Ears: Med

Nose: Med

Throat: Med.

Follow up date:

Dr. RAVI K. ...

[Signature]
Doctor Signature

Apollo Clinic, Indiranagar

#2012, 1st Floor, 100 Feet Road, HAL 2nd Stage, Indiranagar - 560038

Phone: (080) 2521 4614/15

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Toll Number : 1860 500 7788

Website : www.apolloclinic.com

OPHTHAL PRESCRIPTION

PATIENT NAME : *msr Skandale-p2 julla* DATE : *24/2/24*
UHID NO : *163194* AGE : *.38*
OPTOMETRIST NAME: Ms.Swathi GENDER: *m*

This is to certify that I have examined

years and findings of his/her eye examination are as follows,

| | RIGHT EYE | | | | LEFT EYE | | | |
|----------|-----------|-------------|------------|------|-----------|-------------|------------|------|
| | SPH | CYL | AXIS | BCVA | SPH | CYL | AXIS | BCVA |
| Distance | | <i>2.00</i> | <i>180</i> | | | <i>2.25</i> | <i>180</i> | |
| Add | <i>--</i> | <i>--</i> | <i>--</i> | | <i>--</i> | <i>--</i> | | |

PD - RE: *31.5* - LE: *31.5* -

Colour Vision: *normal (3/5)*

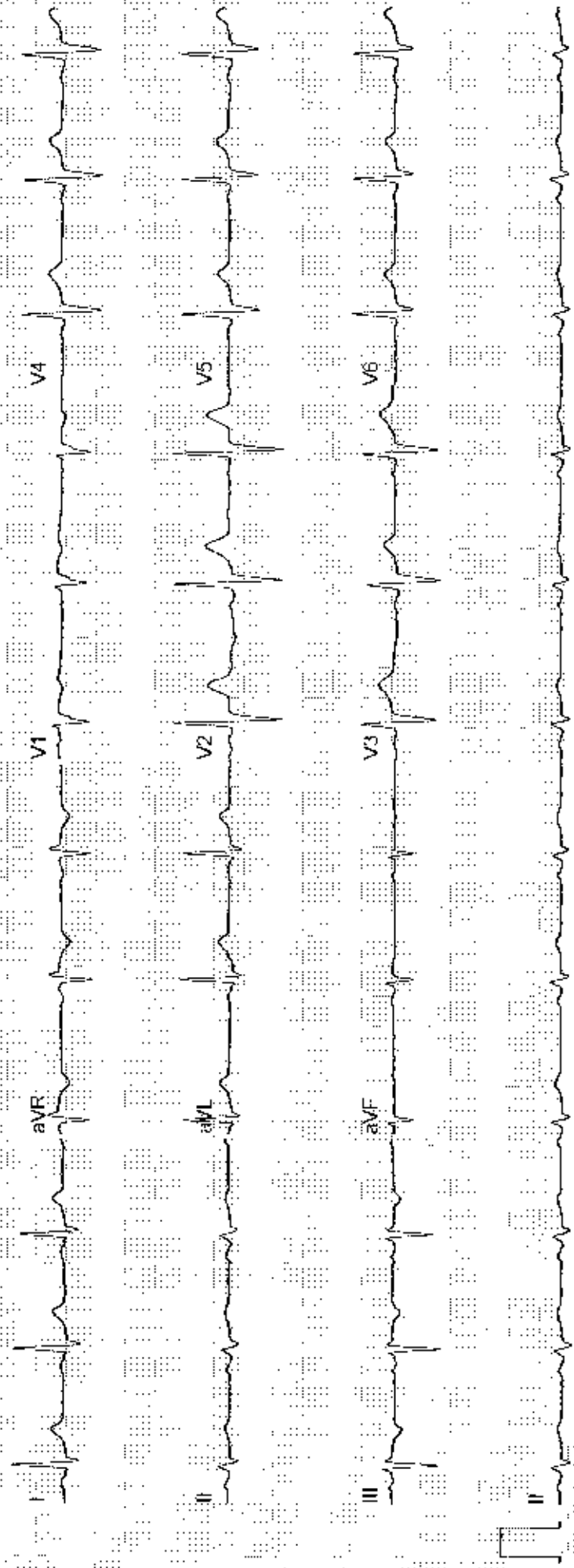
Remarks: *Myopic astigmatism / blue cut lens.*

Swathi
Apollo clinic Indiranagar

QRS 98 ms
QT/QTcBaz 386 / 416 ms
PR 136 ms
P 104 ms
RR/PP 858 / 857 ms
P/ORS/T 33 / 25 / 4 degrees

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

Nimish
Jayashree



NAME: Mr Sandeep Julka

AGE/SEX: 38Y/M

OP NUMBER: 163194

Ref By : SLEF

DATE: 24-02-2024

M mode and doppler measurements:

| CM | CM | M/sec | |
|---------|---------------|----------------|-------------|
| AO: 2.6 | IVS(D): 1.2 | MV: E Vel: 0.8 | A Vel : 0.5 |
| LA: 3.4 | LVIDD(D): 4.7 | AV Peak: 0.9 | |
| | LVPW(D): 1.1 | PV peak: 0.7 | |
| | IVS(S): 1.3 | | |
| | LVID(S): 3.2 | | |
| | LVPW(S): 1.3 | | |
| | LVEF: 65% | | |
| | TAPSE: 2.0 | | |

Descriptive findings:

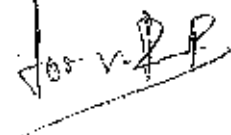
| | |
|------------------|--------|
| Left Ventricle | Normal |
| Right Ventricle: | Normal |
| Left Atrium: | Normal |
| Right Atrium: | Normal |
| Mitral Valve: | Normal |
| Aortic Valve: | Normal |
| Tricuspid Valve: | Normal |
| IAS: | Normal |
| IVS: | Normal |

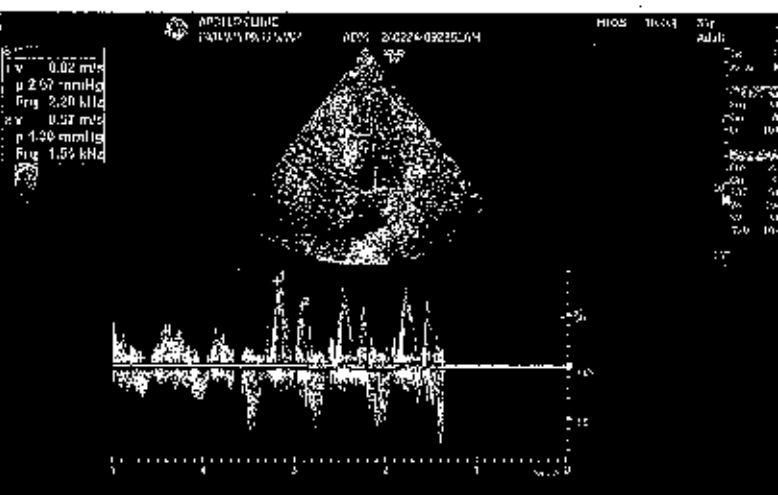
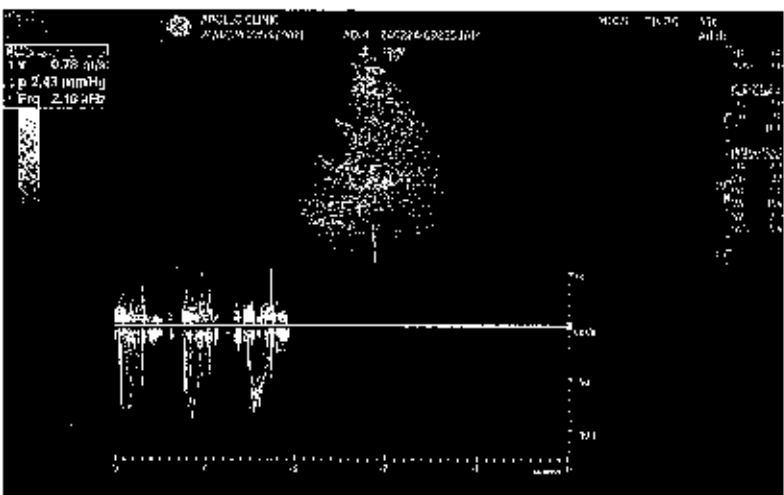
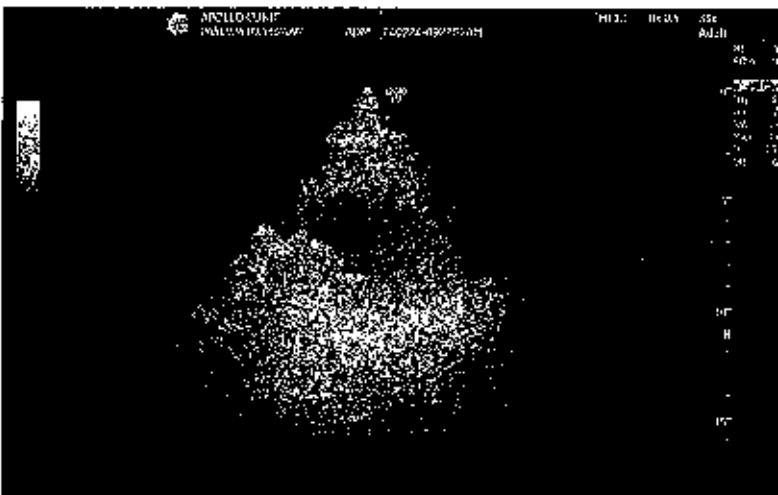
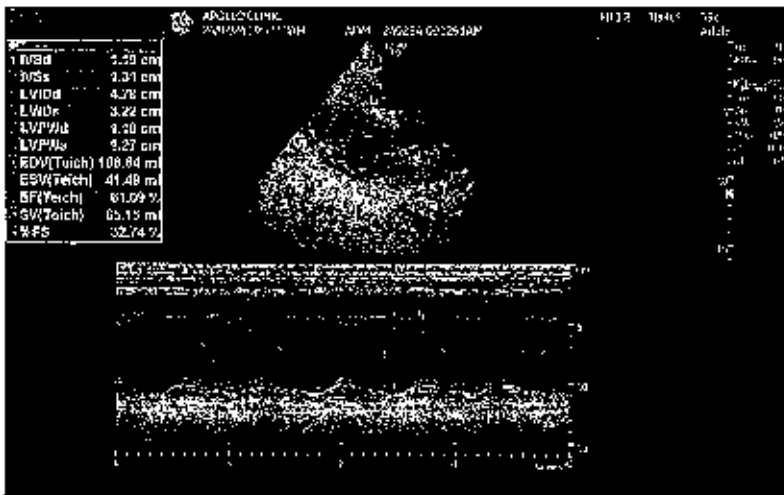
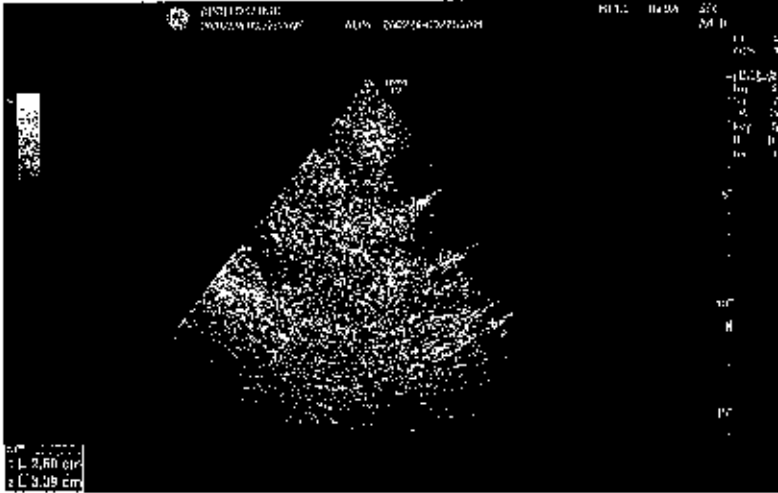
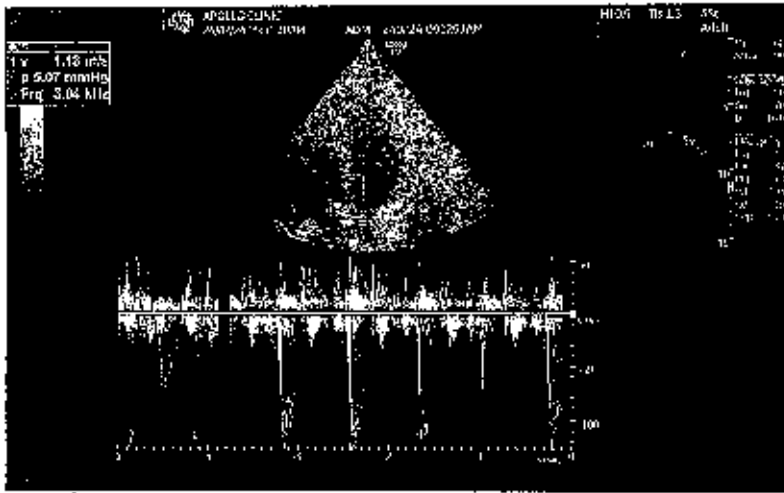
| | |
|--------------|--------|
| Pericardium: | Normal |
| IVC: | Normal |
| Others | --- |

IMPRESSION :

- Normal cardiac chamber and valves
- No Regional wall motion abnormality
- No MR/AR/TR
- No clot/vegetation/pericardial effusion
- Normal LV systolic function - LVEF= 65%

DR JAGADEESH H V MD,DM
CONSULTANT CARDIOLOGIST





Fw: Health Check up Booking Confirmed Request(bobS7333),Package Code-PKG10000366, Beneficiary Code-296730

Rupali Aneja <RUPALI.ANEJA@bankofbaroda.com>

Fri 2/23/2024 3:37 PM

To:BA.Bangalore <tc.karap@bankofbaroda.com>

1 attachments (59 KB)

mediwheel spouse.pdf

From: Mediwheel <wellness@mediwheel.in>

Sent: Wednesday, February 21, 2024 6:10 PM

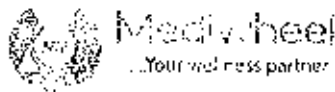
To: Rupali Aneja <RUPALI.ANEJA@bankofbaroda.com>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

Subject: Health Check up Booking Confirmed Request(bobS7333),Package Code-PKG10000366, Beneficiary Code-296730

You don't often get email from wellness@mediwheel.in. [Learn why this is important](#)

वधान: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक न करें.
CAUTION: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON ANY LINKS.



011-41195959

Dear **Rupali Aneja**,

We are pleased to confirm your health checkup booking request with the following details.

Booking Date : 01-02-2024

Hospital Package Name : Mediwheel Full Body Annual Plus

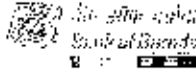
Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40

Name of Diagnostic/Hospital : Apollo Clinic

Address of Diagnostic/Hospital- : 2012,1st floor, Above vision express, Next to Starbucks, 100 feet road, HAL 2nd stage, Indiranagar - 560038

City : Bangalore

State :



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS OF HEALTH CHECK UP BENEFICIARY | |
|---|----------------------------|
| NAME | SANDEEP JULKA |
| DATE OF BIRTH | 26-11-1985 |
| PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE | 10-02-2024 |
| BOOKING REFERENCE NO. | 23M85417100086970S |
| SPOUSE DETAILS | |
| EMPLOYEE NAME | MS. ANEJA RUPALI |
| EMPLOYEE EC NO. | 85417 |
| EMPLOYEE DESIGNATION | CORPORATE ETHICS |
| EMPLOYEE PLACE OF WORK | BANGALORE,EVB,VIJAYA TOWER |
| EMPLOYEE BIRTHDATE | 20-11-1987 |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

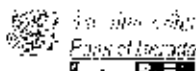
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

| FOR MALE | FOR FEMALE |
|-------------------------------------|--|
| CBC | CBC |
| ESR | ESR |
| Blood Group & RH Factor | Blood Group & RH Factor |
| Blood and Urine Sugar Fasting | Blood and Urine Sugar Fasting |
| Blood and Urine Sugar PP | Blood and Urine Sugar PP |
| Stool Routine | Stool Routine |
| Lipid Profile | Lipid Profile |
| Total Cholesterol | Total Cholesterol |
| HDL | HDL |
| LDL | LDL |
| VLDL | VLDL |
| Triglycerides | Triglycerides |
| HDL / LDL ratio | HDL / LDL ratio |
| Liver Profile | Liver Profile |
| AST | AST |
| ALT | ALT |
| GGT | GGT |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect) |
| ALP | ALP |
| Proteins (T, Albumin, Globulin) | Proteins (T, Albumin, Globulin) |
| Kidney Profile | Kidney Profile |
| Serum creatinine | Serum creatinine |
| Blood Urea Nitrogen | Blood Urea Nitrogen |
| Uric Acid | Uric Acid |
| HBA1C | HBA1C |
| Routine urine analysis | Routine urine analysis |
| USG Whole Abdomen | USG Whole Abdomen |
| General Tests | General Tests |
| X Ray Chest | X Ray Chest |
| ECG | ECG |
| 2D/3D ECHO / TMT | 2D/3D ECHO / TMT |
| Stress Test | Thyroid Profile (T3, T4, TSH) |
| PSA Male (above 40 years) | Mammography (above 40 years) and Pap Smear (above 30 years) |
| Thyroid Profile (T3, T4, TSH) | Dental Check-up consultation |
| Dental Check-up consultation | Physician Consultation |
| Physician Consultation | Eye Check-up consultation |
| Eye Check-up consultation | Skin/ENT consultation |
| Skin/ENT consultation | Gynaec Consultation |

Patient Name : Mr. Sandeep Julka

Age/Gender : 38 Y/M

UHID/MR No. : CINR.0000163194

OP Visit No : CINROPV219868

Sample Collected on :

Reported on : 24-02-2024 19:01

LRN# : RAD2246405

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 7799356600

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen



Dr. DHANALAKSHMI B
MBBS, DMRD
Radiology



| | | | |
|----------------------------|---------------------|--------------------|--------------------|
| Patient Name | : Mr. Sandeep Julka | Age/Gender | : 38 Y/M |
| UHID/MR No. | : CINR.0000163194 | OP Visit No | : CINROPV219868 |
| Sample Collected on | : | Reported on | : 24-02-2024 17:39 |
| LRN# | : RAD2246405 | Specimen | : |
| Ref Doctor | : SELF | | |
| Emp/Auth/TPA ID | : 7799356600 | | |

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Appears normal in size, shape and echopattern **mildly increased**. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Moderately distended.

SPLEEN: Appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

PANCREAS: Obscured by bowel gas. However, the visualized portion appear normal.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on left side.

Right kidney measures 9.2x5.3 cm. **A calculus seen.**

Left kidney measures 10.2x5.8 cm.

URINARY BLADDER: Distended and appears normal. No evidence of abnormal wall thickening noted.

PROSTATE: Prostate is normal in size and echo-pattern.

No free fluid is seen.

IMPRESSION:

1. GRADE II FATTY LIVER.

2. A CALCULUS SEEN IN THE RIGHT KIDNEY MEASURING 4.4mm.

Dr. RAMESH G
MBBS DMRD
RADIOLOGY

| | |
|---------------------------------|--|
| Patient Name : Mr.SANDEEP JULKA | Collected : 24/Feb/2024 08:51AM |
| Age/Gender : 38 Y 2 M 28 D/M | Received : 24/Feb/2024 10:14AM |
| UHID/MR No : CINR.0000163194 | Reported : 24/Feb/2024 11:55AM |
| Visit ID : CINROPV219868 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF HAEMATOLOGY

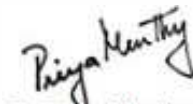
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|-------------|-------------------------|-----------------|--------------------------------|
| HEMOGRAM , WHOLE BLOOD EDTA | | | | |
| HAEMOGLOBIN | 13.3 | g/dL | 13-17 | Spectrophotometer |
| PCV | 41.00 | % | 40-50 | Electronic pulse & Calculation |
| RBC COUNT | 7.33 | Million/cu.mm | 4.5-5.5 | Electrical Impedance |
| MCV | 55.9 | fL | 83-101 | Calculated |
| MCH | 18.2 | pg | 27-32 | Calculated |
| MCHC | 32.5 | g/dL | 31.5-34.5 | Calculated |
| R.D.W | 17.9 | % | 11.6-14 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) | 6,850 | cells/cu.mm | 4000-10000 | Electrical Impedance |
| DIFFERENTIAL LEUCOCYtic COUNT (DLC) | | | | |
| NEUTROPHILS | 54.4 | % | 40-80 | Electrical Impedance |
| LYMPHOCYTES | 31.7 | % | 20-40 | Electrical Impedance |
| EOSINOPHILS | 7.1 | % | 1-6 | Electrical Impedance |
| MONOCYTES | 6.5 | % | 2-10 | Electrical Impedance |
| BASOPHILS | 0.3 | % | <1-2 | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | | | | |
| NEUTROPHILS | 3726.4 | Cells/cu.mm | 2000-7000 | Calculated |
| LYMPHOCYTES | 2171.45 | Cells/cu.mm | 1000-3000 | Calculated |
| EOSINOPHILS | 486.35 | Cells/cu.mm | 20-500 | Calculated |
| MONOCYTES | 445.25 | Cells/cu.mm | 200-1000 | Calculated |
| BASOPHILS | 20.55 | Cells/cu.mm | 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) | 1.72 | | 0.78- 3.53 | Calculated |
| PLATELET COUNT | 306000 | cells/cu.mm | 150000-410000 | Electrical impedance |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 18 | mm at the end of 1 hour | 0-15 | Modified Westgren method |
| PERIPHERAL SMEAR | | | | |

RBCs: Show predominatly normocytic normochromic RBCs.



Dr. Karishma Dayanand
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:BED240047879

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakurta | Nizampet | Manikonda) | Uppal | Andhra Pradesh: Vijay (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamil Nadu: Chennai (Annanagar | Kotturpuram | Mogappair | T.Nagar | Velasarakkham | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indraprasth) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Address:
123/100/123, Doddahangur Village, Neeladi Main Road,
Neeladi Nagar, Electronic city, Bengaluru,
Karnataka- 560034

 **1860 500 7788**
www.apolloclinic.com

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| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate.

HEMOPARASITES: negative

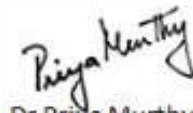
IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE

Kindly evaluate for iron deficiency status. Kindly correlate clinically in view of low RBC indices and increased RBC count.

Kindly correlate clinically.



Dr. Karishma Dayanand
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:BED240047879

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115B19)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakurta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh:** Vizag (Seethamma Peta) | **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamil Nadu:** Chennai (Annamalai | Kotturpuram | Mogappair | T.Nagar | Velasaravakkam | Velachery) | **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | **Uttar Pradesh:** Ghaziabad (Indrapuram) | **Gujarat:** Ahmedabad (Satellite) | **Punjab:** Amritsar (Court Road) | **Haryana:** Faridabad (Railway Station Road)

Address:
123/100/123, Doddathurage Village, Neelabiri Main Road,
Neelabiri Nagar, Electronic city, Bengaluru,
Karnataka- 560034

 **1860 500 7788**
www.apolloclinic.com

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|----------|------|-----------------|-----------------------------|
| BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA | | | | |
| BLOOD GROUP TYPE | B | | | Microplate Hemagglutination |
| Rh TYPE | Positive | | | Microplate Hemagglutination |



Dr. Karishma Dayanand
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:BED240047879

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| | |
|---------------------------------|--|
| Patient Name : Mr.SANDEEP JULKA | Collected : 24/Feb/2024 08:51AM |
| Age/Gender : 38 Y 2 M 28 D/M | Received : 24/Feb/2024 11:14AM |
| UHID/MR No : CINR.0000163194 | Reported : 24/Feb/2024 05:40PM |
| Visit ID : CINROPV219868 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-------------------------------|--------|-------|-----------------|------------|
| GLUCOSE, FASTING , NAF PLASMA | 84 | mg/dL | 70-100 | HEXOKINASE |

Comment:

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL | Normal |
| 100-125 mg/dL | Prediabetes |
| ≥126 mg/dL | Diabetes |
| <70 mg/dL | Hypoglycemia |

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|------------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR) | 106 | mg/dL | 70-140 | HEXOKINASE |

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|------|-----------------|--------|
| HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA | | | | |
| HBA1C, GLYCATED HEMOGLOBIN | 6.2 | % | | HPLC |




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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| | | | |
|---------------------------------|-----|-------|------------|
| ESTIMATED AVERAGE GLUCOSE (eAG) | 131 | mg/dL | Calculated |
|---------------------------------|-----|-------|------------|

Comment:


Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP | HbA1C % |
|------------------------|-----------|
| NON DIABETIC | <5.7 |
| PREDIABETES | 5.7 – 6.4 |
| DIABETES | ≥ 6.5 |
| DIABETICS | |
| EXCELLENT CONTROL | 6 – 7 |
| FAIR TO GOOD CONTROL | 7 – 8 |
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL | >10 |

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)




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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324


| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|--------------|-------|-----------------|--------------------------------|
| LIPID PROFILE , SERUM | | | | |
| TOTAL CHOLESTEROL | 192 | mg/dL | <200 | CHO-POD |
| TRIGLYCERIDES | 150 | mg/dL | <150 | GPO-POD |
| HDL CHOLESTEROL | 45 | mg/dL | 40-60 | Enzymatic Immuno-inhibition |
| NON-HDL CHOLESTEROL | 147 | mg/dL | <130 | Calculated |
| LDL CHOLESTEROL | 117.2 | mg/dL | <100 | Calculated |
| VLDL CHOLESTEROL | 30 | mg/dL | <30 | Calculated |
| CHOL / HDL RATIO | 4.27 | | 0-4.97 | Calculated |

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

| | Desirable | Borderline High | High | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL | < 200 | 200 - 239 | ≥ 240 | |
| TRIGLYCERIDES | <150 | 150 - 199 | 200 - 499 | ≥ 500 |
| LDL | Optimal < 100 Near Optimal 100-129 | 130 - 159 | 160 - 189 | ≥ 190 |
| HDL | ≥ 60 | | | |
| NON-HDL CHOLESTEROL | Optimal <130; Above Optimal 130-159 | 160-189 | 190-219 | >220 |

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324



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DEPARTMENT OF BIOCHEMISTRY

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| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|--------------------|
| LIVER FUNCTION TEST (LFT) , SERUM | | | | |
| BILIRUBIN, TOTAL | 0.91 | mg/dL | 0.3-1.2 | DPD |
| BILIRUBIN CONJUGATED (DIRECT) | 0.15 | mg/dL | <0.2 | DPD |
| BILIRUBIN (INDIRECT) | 0.76 | mg/dL | 0.0-1.1 | Dual Wavelength |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 32 | U/L | <50 | IFCC |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 28.0 | U/L | <50 | IFCC |
| ALKALINE PHOSPHATASE | 86.00 | U/L | 30-120 | IFCC |
| PROTEIN, TOTAL | 7.27 | g/dL | 6.6-8.3 | Biuret |
| ALBUMIN | 4.33 | g/dL | 3.5-5.2 | BROMO CRESOL GREEN |
| GLOBULIN | 2.94 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.47 | | 0.9-2.0 | Calculated |

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

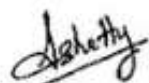
1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment: • Albumin- Liver disease reduces albumin levels. • Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|-------------|--------|-----------------|--------------------------|
| RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM | | | | |
| CREATININE | 0.85 | mg/dL | 0.67-1.17 | Jaffe's, Method |
| UREA | 22.30 | mg/dL | 17-43 | GLDH, Kinetic Assay |
| BLOOD UREA NITROGEN | 10.4 | mg/dL | 8.0 - 23.0 | Calculated |
| URIC ACID | 7.30 | mg/dL | 3.5-7.2 | Uricase PAP |
| CALCIUM | 9.00 | mg/dL | 8.8-10.6 | Arsenazo III |
| PHOSPHORUS, INORGANIC | 2.69 | mg/dL | 2.5-4.5 | Phosphomolybdate Complex |
| SODIUM | 137 | mmol/L | 136-146 | ISE (Indirect) |
| POTASSIUM | 4.1 | mmol/L | 3.5-5.1 | ISE (Indirect) |
| CHLORIDE | 105 | mmol/L | 101-109 | ISE (Indirect) |



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DEPARTMENT OF BIOCHEMISTRY

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| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|------|-----------------|--------|
| GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM | 27.00 | U/L | <55 | IFCC |



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324


| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|--------|-----------------|--------|
| THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM | | | | |
| TRI-iodothyronine (T3, TOTAL) | 1 | ng/mL | 0.7-2.04 | CLIA |
| THYROXINE (T4, TOTAL) | 8.50 | µg/dL | 5.48-14.28 | CLIA |
| THYROID STIMULATING HORMONE (TSH) | 2.263 | µIU/mL | 0.34-5.60 | CLIA |

Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
|----------------------|---|
| First trimester | 0.1 - 2.5 |
| Second trimester | 0.2 - 3.0 |
| Third trimester | 0.3 - 3.0 |

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH | T3 | T4 | FT4 | Conditions |
|-------|------|------|------|---|
| High | Low | Low | Low | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis |
| High | N | N | N | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low | Low | Low | Secondary and Tertiary Hypothyroidism |
| Low | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy |
| Low | N | N | N | Subclinical Hyperthyroidism |
| Low | Low | Low | Low | Central Hypothyroidism, Treatment with Hyperthyroidism |
| Low | N | High | High | Thyroiditis, Interfering Antibodies |
| N/Low | High | N | N | T3 Thyrotoxicosis, Non thyroidal causes |
| High | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma |


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SIN No:SPL24031475

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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
 Regd. Office: 1-10-60/52, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakurta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh:** Vijay (Seethamma Peta) | **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kuntalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamil Nadu:** Chennai (Annamalai | Kotturpuram | Mogappair | T.Nagar | Velasaravakkam | Velachery) | **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Warowrie) | **Uttar Pradesh:** Ghaziabad (Indrapuram) | **Gujarat:** Ahmedabad (Satellite) | **Punjab:** Amritsar (Court Road) | **Haryana:** Faridabad (Railway Station Road)

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 Neeladri Nagar, Electronic city, Bengaluru,
 Karnataka - 560034


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| | |
|---------------------------------|--|
| Patient Name : Mr.SANDEEP JULKA | Collected : 24/Feb/2024 08:51AM |
| Age/Gender : 38 Y 2 M 28 D/M | Received : 24/Feb/2024 11:36AM |
| UHID/MR No : CINR.0000163194 | Reported : 24/Feb/2024 12:48PM |
| Visit ID : CINROPV219868 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324



DR.SHIVARAJA SHETTY
M.B.B.S,M.D(Biochemistry)
CONSULTANT BIOCHEMIST

SIN No:SPL24031475

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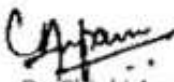


| | |
|---------------------------------|--|
| Patient Name : Mr.SANDEEP JULKA | Collected : 24/Feb/2024 08:51AM |
| Age/Gender : 38 Y 2 M 28 D/M | Received : 24/Feb/2024 10:57AM |
| UHID/MR No : CINR.0000163194 | Reported : 24/Feb/2024 01:47PM |
| Visit ID : CINROPV219868 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|-------------|------|------------------|----------------------------|
| COMPLETE URINE EXAMINATION (CUE) , URINE | | | | |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | HAZY | | CLEAR | Visual |
| pH | 5.5 | | 5-7.5 | DOUBLE INDICATOR |
| SP. GRAVITY | 1.025 | | 1.002-1.030 | Bromothymol Blue |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | PROTEIN ERROR OF INDICATOR |
| GLUCOSE | NEGATIVE | | NEGATIVE | GLUCOSE OXIDASE |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | AZO COUPLING REACTION |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | SODIUM NITRO PRUSSIDE |
| UROBILINOGEN | NORMAL | | NORMAL | MODIFIED EHRlich REACTION |
| BLOOD | NEGATIVE | | NEGATIVE | Peroxidase |
| NITRITE | NEGATIVE | | NEGATIVE | Diazotization |
| LEUCOCYTE ESTERASE | POSITIVE + | | NEGATIVE | LEUCOCYTE ESTERASE |
| CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY | | | | |
| PUS CELLS | 5-6 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 1-2 | /hpf | <10 | MICROSCOPY |
| RBC | NIL | /hpf | 0-2 | MICROSCOPY |
| CASTS | NIL | | 0-2 Hyaline Cast | MICROSCOPY |
| CRYSTALS | ABSENT | | ABSENT | MICROSCOPY |


 Dr. Chinki Anupam
 M.B.B.S.,M.D(Pathology)
 Consultant Pathologist


 Dr. Priya Murthy
 M.B.B.S.,M.D(Pathology)
 Consultant Pathologist



SIN No:UR2290011

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

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APOLLO CLINICS NETWORK
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| | |
|---------------------------------|--|
| Patient Name : Mr.SANDEEP JULKA | Collected : 24/Feb/2024 11:16AM |
| Age/Gender : 38 Y 2 M 28 D/M | Received : 24/Feb/2024 05:38PM |
| UHID/MR No : CINR.0000163194 | Reported : 24/Feb/2024 08:57PM |
| Visit ID : CINROPV219868 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 7799356600 | |

DEPARTMENT OF CLINICAL PATHOLOGY

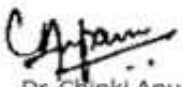
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE | | NEGATIVE | Dipstick |

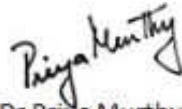
*** End Of Report ***

Result/s to Follow:

PERIPHERAL SMEAR, GLUCOSE (FASTING) - URINE



Dr. Chinki Anupam
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



Dr. Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:UPP016686

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