



BHAILAL AMIN
GENERAL HOSPITAL



CONCLUSION OF HEALTH CHECKUP

ECU Number	: 582	MR Number	: 22458469	Patient Name:	NILKANTH
Age	: 35	Sex	: Male	Height	: 164
Weight	: 68	Ideal Weight	: 62	BMI	: 25.28
Date	: 10/12/2022				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.





BHAILAL AMIN
GENERAL HOSPITAL



ECU Number : 582 MR Number : 22458469 Patient Name: NILKANTH
Age : 35 Sex : Male Height : 164
Weight : 68 Ideal Weight : 62 BMI : 25.28
Date : 10/12/2022

Past H/O : RT LEG AMPUTATION IN 2010.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : MOTHER : HYPERTENSION.

Habits : NO HABITS.

Gen.Exam. : G.C. GOOD

B.P : 130/90 mm Hg

Pulse : 108/MIN REG.

Others : SPO2 : 97 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :





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Ideal Weight : 62

Patient Name: NILKANTH
Height : 164
BMI : 25.28

Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

-

-

Vision With Glasses

6/6

6/6

Final Correction

SAME AS PATIENT OWN

Indus

NORMAL

Colour Vision

PARTIAL RED GREEN COLOUR BLINDNESS

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

Dietary Assesment

ECU Number : 582 MR Number : 22458469 Patient Name: NILKANTH
Age : 35 Sex : Male Height : 164
Weight : 68 Ideal Weight : 62 BMI : 25.28
Date : 10/12/2022

Body Type : Normal / Underwight / Overwight

Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional

Frequency of consuming Sweets : / Day / or occasional

Frequency of consuming outside food : / Day / Week or occasional

Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Mr. NILAYKUMAR K PATEL
Gender / Age : Male / 28 Years 11 Months 2 Days
MR No / Bill No. : 21014701 / 231053724
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 92296
Request Date : 10/12/2022 08:11 AM
Collection Date : 10/12/2022 08:13 AM
Approval Date : 10/12/2022 01:13 PM

Complete Haemogram

Test	Result	Units	Biological Ref. Range
Haemoglobin	12.7	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	7.09	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	41.9	%	40 - 50
Mean Corpuscular Volume (MCV)	59.1	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	17.9	pg	27 - 32
MCH Concentration (MCHC)	30.3	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	18.2	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	34.0	fl	39 - 46
<i>Total Leucocyte Count (TLC)</i>			
Total Leucocyte Count (TLC)	7.16	thou/cmm	4 - 10
<i>Differential Leucocyte Count</i>			
Polymorphs	66	%	40 - 80
Lymphocytes	28	%	20 - 40
Eosinophils	1	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	4.75	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.05	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.05	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.29	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.02	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.7	%	1 - 3 : Borderline > 3 : Significant
<i>Platelet Count</i>			
Platelet Count	316	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	5	mm/1 hr	0 - 10
RBC Series - Remarks	Hypochromia (++) , Microcytosis (+) , Anisocytosis (+) , Pencil cell (+) .		

WBC Series

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



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Complete Haemogram

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
WBC Series	As described, otherwise unremarkable		
M.P.			
Malarial Parasite (MP)	Not Detected by Thin and thick smear examination		

Method : Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergren's method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

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Home Collection Facility Available
(Mon To Sat 8:00 am to 5:00 pm)



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DEPARTMENT OF LABORATORY MEDICINE

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Haem. ESR

Test	Result	Units	Biological Ref. Range
ESR	5	mm/1 hr	0 - 10

ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Sejal Odedra
M.D.Pathology

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Approval Date : 10/12/2022 12:37 PM

Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	86	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	94	mg/dL	70 - 140
Alanine Aminotransferase (SGPT/ALT)	46	U/L	16 - 63

(By IFCC UV kinetic method on RXL Dade Dimension.)

By IFCC UV kinetic method on RXL Dade Dimension

---- End of Report ----

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MD (Path). DCP.

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



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 Consultant : Dr. Manish Mittal Collection Date : 10/12/2022 08:13 AM
 Location : OPD Approval Date : 10/12/2022 12:38 PM

Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	91	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
< 150 Normal			
150-199 Borderline High			
200-499 High			
> 499 Very High)			
Total Cholesterol	175	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<200 mg/dL - Desirable			
200-239 mg/dL - Borderline High			
> 239 mg/dL - High)			
HDL Cholesterol	44	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 40 Low			
> 60 High)			
Non HDL Cholesterol (calculated)	131	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
< 130 Desirable			
139-159 Borderline High			
160-189 High			
> 191 Very High)			
LDL Cholesterol	114	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 100 Optimal			
100-129 Near / above optimal			
130-159 Borderline High			
160-189 High			
> 189 Very High)			
VLDL Cholesterol (calculated)	18.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.59		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.98		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path), DCP.



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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	18	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.83	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	4.8	mg/dL	3.4 - 7.2

--- End of Report ---

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MD (Path). DCP.



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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
<i>Physical Examination</i>			
Quantity	40	mL	
Colour	Pale Yellow		
Appearance	Clear		
<i>Chemical Examination (By Reagent strip method)</i>			
pH	6.0		
Specific Gravity	>=1.030		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Bile Salt	Absent		Absent
Leucocytes	Negative		Negative
Bile Pigments	Absent		Absent
Nitrite	Negative		Negative
<i>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</i>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 22458469 Report Date : 10/12/2022
Request No. : 190044218 10/12/2022 8.23 AM
Patient Name : **Mr. NILKANTH RAJEDNDRAPRASAD RAMI**
Gender / Age : Male / 35 Years 10 Months 16 Days

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

X-Ray Chest AP

Both lung fields shows clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Prerna C Hasani

Dr. Prerna C Hasani, MD
Consultant Radiologist



H-2015-0297

MC-3004

E-2024-0037



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

18

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 22458469 Report Date : 10/12/2022
Request No. : 190044221 10/12/2022 8.23 AM
Patient Name : **Mr. NILKANTH RAJEDNDRAPRASAD RAMI**
Gender / Age : Male / 35 Years 10 Months 16 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and increased in echopattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Prostate appears normal in size and volume is ~ 7 cc. Prostate measures 22mm x 25mm x 26mm.

Urinary bladder is well distended and appears normal.

No ascites.

COMMENT:

Fatty liver.

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Prerna C Hasani

Dr.Prerna C Hasani, MD
Consultant Radiologist



H-2015-0297

MC-3904




Patient No. : 22458469 Report Date : 10/12/2022
Request No. : 190044256 10/12/2022 8.23 AM
Patient Name : **Mr. NILKANTH RAJEDNDRAPRASAD RAMI**
Gender / Age : Male / 35 Years 10 Months 16 Days

Echo Color Doppler

MITRAL VALVE : NORMAL, NO MS, NO MR
AORTIC VALVE : TRILEAFLET, NO AS, NO AR
TRICUSPID VALVE : NORMAL, NO TR, NO PAH
PULMONARY VALVE : NORMAL, NO PR, NO PS
LEFT ATRIUM : NORMAL SIZE
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LVEF -70%, NO RWMA AT REST
RIGHT ATRIUM : NORMAL SIZE
RIGHT VENTRICLE : NORMAL SIZE
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NO EFFUSION
COLOUR/DOPPLER FLOW MAPPING : NO MR // AR // TR, NO PAH

FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION LVEF - 70%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL ALL CARDIAC VALVES STRUCTURALLY AND FUNCTIONALLY
5. NO MITRAL / AORTIC STENOSIS, INTACT IAS // IVS
6. NORMAL RIGHT HEART SIZE AND RV PRESSURES
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, S. TACHY+.


DR. KILLOL KANERIA, M.D., D.M., CARD.

22458469
35 Years

10-Dec-22 9:36:48 AM NILKANTH R RAMI
Male

Dept: OPD

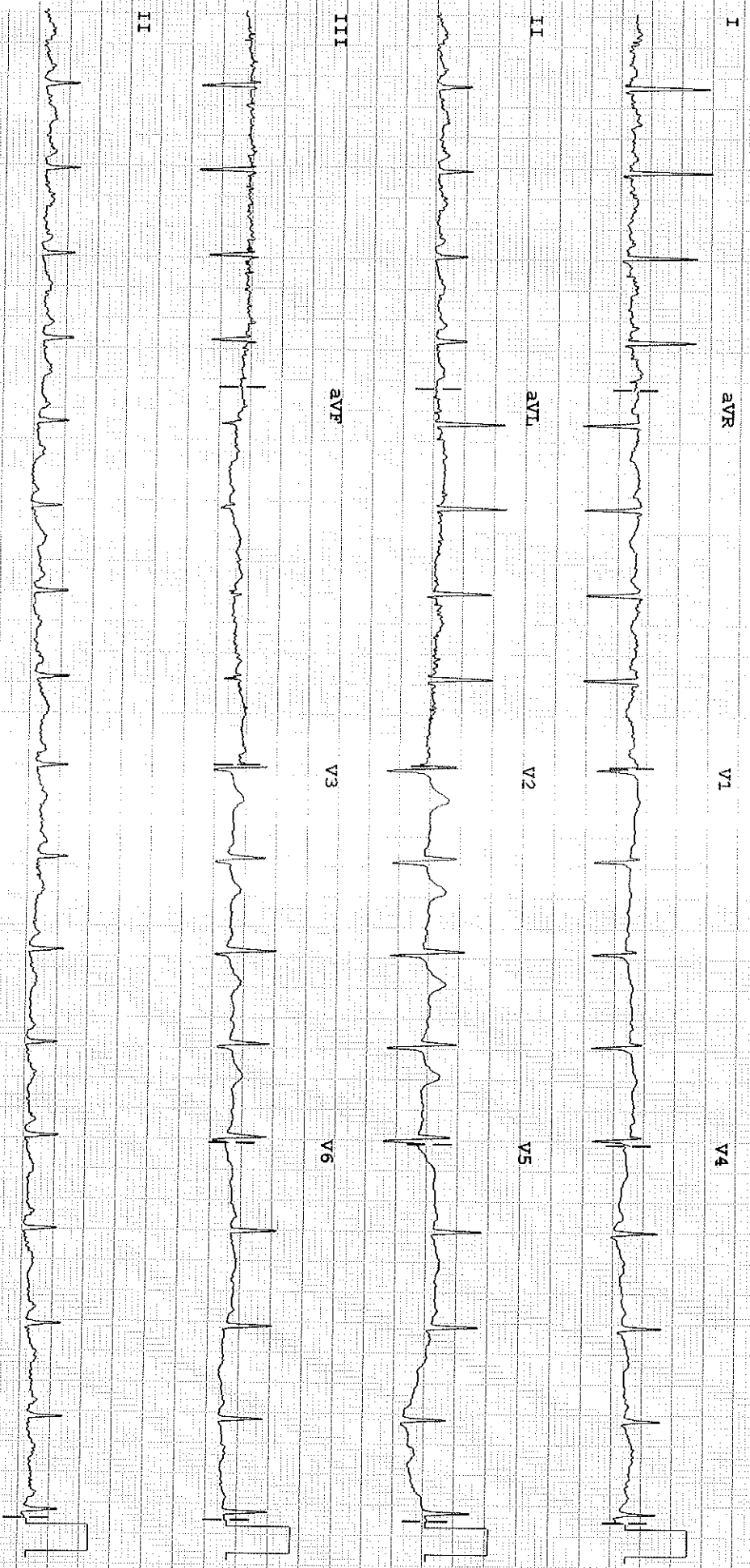
BAGH

Rate 102
PR 135
QRSD 80
QT 324
QTc 422

--AXIS--
P 49
QRS 0
T 27

Handwritten signature

Doctor MANISH MITTAL



Dev: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV

F 50 ~ 0.5-150 Hz W

PH08

P2

Dr. Sonica Peshin

Cosmetic Dentist & Implantologist

Reg. No. : 6966-A

M. : 9586867301



BHAILAL AMIN
GENERAL HOSPITAL

Dental assessment form

10/12/2022

Name: Nilkanth Rajendraprasad Rami

Age/ Sex: 35 years/Male

Patient has come for an oral hygiene check up

On Examination:

- Stains++ Calculus+
- History of horizontal brushing
- Mild attrition, recession
- Initial caries with respect to 38, 48

Provisional diagnosis:

- Chronic generalised gingivitis

Treatment plan:

- Scaling and polishing

Advised:


- Brush your teeth twice daily
- Salt water rinses atleast once a day.
- Clean your tongue and floss in between everyday.
- Follow vertical brushing technique.


Dr. Sonica Peshin

ITEM CODE:SMD066

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