

Patient Name : Mrs.M.SINDHU	Collected : 25/Mar/2023 08:38AM
Age/Gender : 28 Y 7 M 3 D/F	Received : 25/Mar/2023 10:56AM
UHID/MR No : CVIS.0000068925	Reported : 25/Mar/2023 01:20PM
Visit ID : CMYSOPV112112	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 464735315260	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

**PERIPHERAL SMEAR , WHOLE BLOOD-EDTA**

-



SIN No:BED230075289

**APOLLO CLINICS NETWORK**

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**HEMOGRAM , WHOLE BLOOD-EDTA**

<b>HAEMOGLOBIN</b>	<b>11.9</b>	g/dL	12-15	Spectrophotometer
PCV	36.30	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.67	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	<b>78</b>	fL	83-101	Calculated
MCH	<b>25.6</b>	pg	27-32	Calculated
MCHC	32.9	g/dL	31.5-34.5	Calculated
R.D.W	<b>14.2</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,700	cells/cu.mm	4000-10000	Electrical Impedence

**DIFFERENTIAL LEUCOCYTIC COUNT (DLC)**

NEUTROPHILS	54.6	%	40-80	Electrical Impedence
LYMPHOCYTES	38.4	%	20-40	Electrical Impedence
EOSINOPHILS	2.3	%	1-6	Electrical Impedence
MONOCYTES	4.6	%	2-10	Electrical Impedence
BASOPHILS	0.1	%	<1-2	Electrical Impedence

**ABSOLUTE LEUCOCYTE COUNT**

NEUTROPHILS	4750.2	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	<b>3340.8</b>	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	200.1	Cells/cu.mm	20-500	
MONOCYTES	400.2	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	8.7	Cells/cu.mm	0-100	Electrical Impedence

**PLATELET COUNT**

PLATELET COUNT	248000	cells/cu.mm	150000-410000	Electrical impedence
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>38</b>	mm at the end of 1 hour	0-20	Modified Westergren

**PERIPHERAL SMEAR**

**R.B.C:** Majority are normocytic normochromic with few microcytic hypochromic RBCs.

**W.B.C:** are normal in number,morphology with mild increase in lymphocytes.

**Platelets:** are adequate and are seen in singles and clumps.

**Hemoparasites:** Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC ANEMIA WITH LYMPHOCYTOSIS.**

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**BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA**

BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230075289

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Age/Gender : 28 Y 7 M 3 D/F	Received : 25/Mar/2023 01:05PM
UHID/MR No : CVIS.0000068925	Reported : 25/Mar/2023 01:48PM
Visit ID : CMYSOPV112112	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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<b>GLUCOSE, FASTING , NAF PLASMA</b>	92	mg/dL	70-100	GOD - POD
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**Comment:**

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA</b>	104	mg/dL	70-140	GOD - POD
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**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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<b>HBA1C, GLYCATED HEMOGLOBIN ,</b> WHOLE BLOOD-EDTA	<b>5.8</b>	%		HPLC
<b>ESTIMATED AVERAGE GLUCOSE (eAG) ,</b> WHOLE BLOOD-EDTA	120	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	169	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	43	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	126	mg/dL	<130	Calculated
LDL CHOLESTEROL	<b>105.8</b>	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.93		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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**DEPARTMENT OF BIOCHEMISTRY**

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.90	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.80	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	10	U/L	<35	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.0	U/L	14-36	UV with P-5-P
ALKALINE PHOSPHATASE	89.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.20	g/dL	6.3-8.2	Biuret
ALBUMIN	3.80	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.40	g/dL	2.0-3.5	Calculated
A/G RATIO	1.12		0.9-2.0	Calculated



SIN No:SE04330672



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Visit ID : CMYSOPV112112	Status : Final Report
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Emp/Auth/TPA ID : 464735315260	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM**

CREATININE	0.50	mg/dL	0.5-1.04	Creatinine amidohydrolase
UREA	<b>12.20</b>	mg/dL	15-36	Urease
BLOOD UREA NITROGEN	<b>5.7</b>	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.10	mg/dL	2.5-6.2	Uricase
CALCIUM	9.00	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	3.80	mg/dL	2.5-4.5	PMA Phenol
SODIUM	135	mmol/L	135-145	Direct ISE
POTASSIUM	4.2	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	106	mmol/L	98 - 107	Direct ISE



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	<b>11.00</b>	U/L	12-43	Glycylcysteine Nitoranalide



SIN No:SE04330672

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UHID/MR No : CVIS.0000068925	Reported : 25/Mar/2023 12:12PM
Visit ID : CMYSOPV112112	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 464735315260	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM**

TRI-IODOTHYRONINE (T3, TOTAL)	1.08	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	8.41	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	1.300	µIU/mL	0.35-4.94	CMIA

**Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

**Note:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**COMPLETE URINE EXAMINATION , URINE**

**PHYSICAL EXAMINATION**

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick

**BIOCHEMICAL EXAMINATION**

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

**CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY**

PUS CELLS	4 - 6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2 - 3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2084845


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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NIL		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



SIN No:UPP014441,UF008151

<b>Patient Name</b>	: Mrs. M.sindhu	<b>Age/Gender</b>	: 28 Y/F
<b>UHID/MR No.</b>	: CVIS.0000068925	<b>OP Visit No</b>	: CMYSOPV112112
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 29-03-2023 10:32
<b>LRN#</b>	: RAD1958468	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 464735315260		

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal.

**RIGHT KIDNEY:** It measures 105x42 mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 112x56 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. Calculus measuring 4 mm seen in lower pole.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No calculi seen.

**UTERUS:** It is anteverted and measures 74x45x56 mm with ET=12 mm. It is normal in size, outline and echotexture. No mass lesion.

**Rt. OVARY:** It measures 23x25 mm. It is normal. No mass lesion seen.

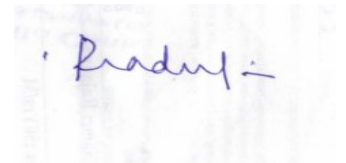
**Lt. OVARY:** It measures 26x26 mm. It is normal. No mass lesion seen.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: LEFT RENAL CALCULUS.**

**Dr. Pradeep Kumar C N, DNB**  
Consultant Radiologist.



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

Date : 25-03-2023  
MR NO : CVIS.0000068925

Department : LABORATORY Dietetics  
Doctor : Madhura. B.P

Name : Mrs. M.sindhu  
Age/ Gender : 28 Y / Female

Registration No :  
Qualification : M.Sc Nutrition & Dietetics  
PhD\*

Consultation Timing: 08:26

IBW - 55.6kg

Height : 159	Weight : 78.4	BMI : 31 kg/m <sup>2</sup>	Waist Circum : 110/86
Temp :	Pulse :	Resp :	B.P :

General Examination /  
Allergies History

Hb - 11.9  
HSA, C - 5.8%  
LDL - 105.8  
Urea - 12.20  
BUN - 5.7

Clinical Diagnosis & Management Plan

- osis - left renal calculus. 1c1c1c - PCOS
- ⇒ Advised Diabetic diet with Iron rich food.
  - ⇒ \* Take small frequent meals. Do not skip meals.
  - ⇒ \* Include all variety of seasonal vegetables and green leafy vegetables on regular basis.
  - ⇒ Seed cycle - dry roasted - 1 teaspoon each.
  - \* 1<sup>st</sup> day of periods to 15<sup>th</sup> day - Flax seeds & Pumpkin seed.
  - \* 16<sup>th</sup> day to 30<sup>th</sup> day - Sesame seed & Sunflower seed.
  - ⇒ Avoid having too much of palak and tomato.
  - ⇒ Avoid fruits like Mango, Sapota, Jack/fruits and custard apple.
  - ⇒ Avoid vegetables like Potato, Sweet potato, Yam & Arbi.

Follow up date :

Doctor Signature

  
**Apollo Clinic**  
# 23, 1st Floor, 2023  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Patient Name	: Mrs. M.sindhu	Age	: 28 Y F
UHID	: CVIS.0000068925	OP Visit No	: CMYSOPV112112
Reported on	: 25-03-2023 14:19	Printed on	: 25-03-2023 14:20
Adm/Consult Doctor	:	Ref Doctor	: SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**

*Pradeep*

Printed on:25-03-2023 14:19

---End of the Report---

**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**Apollo Health and Lifestyle Limited**

CIN : UBS110TG2000PLC1158191

Regd. Office: 1-10-60 b2, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040-4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com


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Kora Mangala | Sarjapur Road | **Mysore** (VV Mohalla)

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Page 1 of 1



Patient's Name : Mrs Sindhu M	Age & Sex : 28 Yrs /Female
Date :25.03.2023	UHID No:68925

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chamber volumes and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 68%
- No clots. No pericardial effusion

### Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

#### **Apollo Health and Lifestyle Limited**


ICITY: URS110TG2000PLC1158191  
 Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
 Ph. No: (944) 4904 7777, Fax No: 4904 7744 | E-mail ID: enquiry@apollohi.com | www.apollohi.com

#### **APOLLO CLINICS NETWORK KARNATAKA**

**Bangalore** | Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indra Nagar | JP Nagar | Kundalahalli |  
 Koramangala | Sarjapur Road | **Mysore** | VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

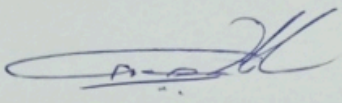
Patient's Name : Mrs Sindhu M	Age & Sex : 28 Yrs /Female
Date :25.03.2023	UHID No:68925

Measurement

AO : 2.7 cm  
LA : 2.5 cm

RV : 3.0 cm  
LVIDd : 4.19 cm  
LVIDs : 4.60 cm  
IVSd : 0.98 cm  
IVSs : 1.14 cm  
PWd : 1.12 cm  
PWs : 1.24 cm  
EF : 68.0 %  
FS : 37.0 %

Doppler  
MV TV AV PV  
E: 0.71 m/s E --- m/s V max 1.13 m/s V max 1.01 m/s  
A: 0.42 m/s A --- m/s  
MR Nil TR Nil AR Nil PR Nil

  
Dr. GURU PRASAD. B. V, MBBS, PGDCC  
CONSULTANT – NON-INVASIVE CARDIOLOGY

Dr. GURU PRASAD. B. V  
MBBS, PGDCC (CARDIO)  
CCMH, CRFC (ICCP), PGCC, CCEBDM  
Consultant- Non Invasive Cardiology  
KMC No 69949


Apollo Health and Lifestyle Limited

ICN: URS110TG2000PLC315819  
Kings Office: 1-10-60-62, Ashoka Rajbhupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
Ph. No: (040) 4904 7777 Fax No: 4904 7744 | mail ID: enquiry@apollohi.com | www.apollohi.com

APOLLO CLINICS NETWORK KARNATAKA  
Bangalore: Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indra Nagar | JP Nagar | Kundalahalli |  
Koramangala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Date : 25-03-2023  
MR NO : CVIS.0000068925

Department : LABORATORY  
Doctor :

Name : Mrs. M.sindhu  
Age/ Gender : 28 Y / Female

Registration No :  
Qualification :

Consultation Timing: 08:26

Height : 159	Weight : 78.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

?  
GH → PCT+  
FH → NS.  
USH - Menstruation (M)

MI - regular menses.  
Imp → 9/3/23.

OIE → menses - NAD.

Adv: Tab. Fragoli 1-1-0.  
(preconception) (30)

MI → menses. P, L.  
I → menses  
US - Bag  
AVH  
II - IVD at  
20 wks.  
1 on back

- RA factor →
- anticardiolipin antibodies <sup>IgG</sup> / <sup>Iscn</sup>.
- lupus anti-irregular.
- anti-Pa antibodies <sup>IgG</sup> / <sup>Iscn</sup>.

Follow up date :

*[Signature]*  
Doctor Signature

<b>Patient Name:</b> Mrs.Sindhu M	<b>Date :</b> 25.03.2023	<b>Referring Doctor:</b> Dr Self
<b>Age / Sex:</b> 28 Yrs/Female	<b>UHID NO :</b> 68925	<b>Location :</b> OP
<b>ULTRASONOGRAPHY- ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal.

**RIGHT KIDNEY:** It measures 105x42 mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 112x56 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. Calculus measuring 4 mm seen in lower pole.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No calculi seen.

**UTERUS:** It is anteverted and measures 74x45x56 mm with ET=12 mm. It is normal in size, outline and echotexture. No mass lesion.

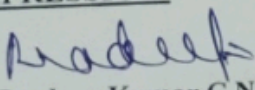
**Rt. OVARY:** It measures 23x25 mm. It is normal. No mass lesion seen.

**Lt. OVARY:** It measures 26x26 mm. It is normal. No mass lesion seen.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: LEFT RENAL CALCULUS.**

  
**Dr. Pradeep Kumar C N, DNB**  
Consultant Radiologist.

Date : 25-03-2023  
MR NO : CVIS.0000068925

Department : LABORATORY  
Doctor :

Name : Mrs. M.sindhu

Registration No :

Age/ Gender : 28 Y / Female

Qualification :

Consultation Timing: 08:26

Height : 159	Weight : 78.4	BMI :	Waist Circum : 110/80
Temp :	Pulse :	Resp :	B.P :

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/E

6/ class I Decay

6/ silver Amalgams rest  
do sensitivity

7/8 Partially Erupted  
ASU - Restoration  
ASU: ophth/w by X<sup>h</sup>

Follow up date :

*Syohishz*  
Doctor Signature  
**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 25-03-2023  
MR NO : CVIS.0000068925

Department : LABORATORY  
Doctor :

Name : Mrs. M.sindhu

Registration No :

Age/ Gender : 28 Y / Female

Qualification :

Consultation Timing: 08:26

Height : 159	Weight : 78.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Rt eye

Lt eye

Distance

6/6P

6/6P

Near vision

N6

N6

With glass

6/6

6/6

color vision

normal

normal

*[Signature]*

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 25-03-2023  
MR NO : CVIS.0000068925  
Name : Mrs. M.sindhu  
Age/ Gender : 28 Y / Female

Department : LABORATORY  
Doctor : ROHITH. H.K.  
Registration No :  
Qualification :

Consultation Timing: 08:26

Height : 159	Weight : 78.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

~~HbA1c - 11.9~~

Hb1c - 11.9

HbA1c - 5.8

Ⓛ Renal calculi.  
4mm.


Clinical Diagnosis & Management Plan

PT case for Annual Health check up  
No fresh implants  
No h/o DM, HTN.

- Syp. Citralba - ①  
sub - o.s.l.

- Tab. Meftal Spas - ⑩  
s.o.s.

Follow up date :

  
Doctor Signature  
Apollo Clinic  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

25-03-2023 11:28:20 AM

ID: 68925

MRS SINDHU

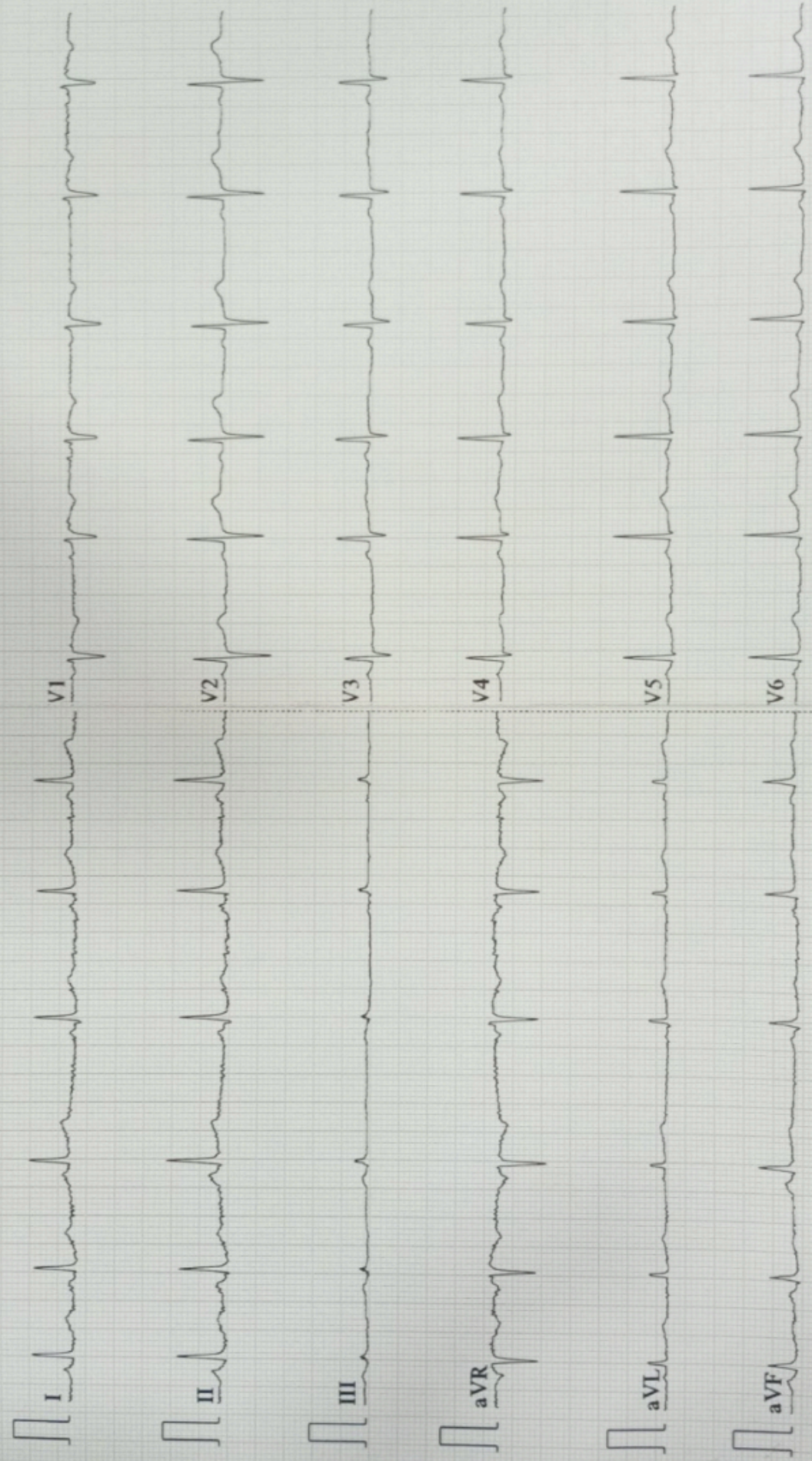
Female 28Years

159cm 78kg 110/80 mmHg

Diagnosis Information:

Unconfirmed Report.

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41





<b>Patient Name</b>	: Mrs. M.sindhu	<b>Age/Gender</b>	: 28 Y/F
<b>UHID/MR No.</b>	: CVIS.0000068925	<b>OP Visit No</b>	: CMYSOPV112112
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 25-03-2023 14:20
<b>LRN#</b>	: RAD1958468	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 464735315260		

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

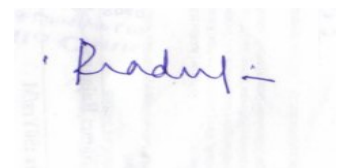
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

Name: Mrs. M.sindhu  
Age/Gender: 28 Y/F  
Address: vizag  
Location: VISAKHAPATNAM, ANDHRA PRADESH  
Doctor:  
Department: LABORATORY  
Rate Plan: MYSORE\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. ROHITH H K

MR No: CVIS.000068925  
Visit ID: CMYSOPV112112  
Visit Date: 25-03-2023 08:26  
Discharge Date:  
Referred By: SELF

## **HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

### **Chief Complaints**

COMPLAINTS:::: **For Corporate Health Checkup,**

### **Present Known Illness**

Diabetes Mellitus: **No History of Diabetes Mellitus,**

Hypertension: **No History of Hypertension,**

Heart disease: **No History of Ischeamic Heart Disease,**

Asthma: **No History of Bronchali Asthma,**

## **SYSTEMIC REVIEW**

### **\*\*Weight**

--->: **Stable,**

Number of kgs: **65.7,**

## **HT-HISTORY**

### **Past Medical History**

PAST MEDICAL HISTORY: **Nil Significant,**

\*\*Cancer: **NIL,**

## **PHYSICAL EXAMINATION**

### **PHYSICAL EXAMINATION**

Constitutional: **Normal ,**

Eyes: **Normal ,**

ENT: **Normal ,**

Cardiovascular: **Normal ,**

Respiratory: **Normal ,**

Gastrointestinal: **Normal ,**

Genitourinary: **Normal ,**

Musculoskeletal: **Normal ,**

Integumentary: **Normal ,**

Neurological: **Normal** ,

Psychiatric: **Normal** ,

Endocrine: **Normal** ,

Hematologic/Lymphatic/Immuno: **Normal** ,

Allergic/Immunologic: **Normal** ,

## **SYSTEMIC EXAMINATION**

### **IMPRESSION**

### **IMPRESSION**

Finding Category : **within normal limits**,

### **EKG**

: **NORMAL**,

### **X-Ray**

: **NORMAL**,

## **RECOMMENDATION**

### **Fitness Report**

Fitness.: **YES**,

## **DISCLAIMER**

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**

**Doctor's Signature**