

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Kavita Vijay Sharma on 31/7/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>None for DSF, B SPP, HBAE</u></p> <p>2.</p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. _____

Dr. MUKUL ANTE MBS, DNB
 Regn. No. 41293 (BMAA)
 Approved By DG Shipping (GOI)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Tell Cross Lane,
 Andheri East, Mumbai-400 059
SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes

MER- MEDICAL EXAMINATION REPORT

Date of Examination	31/7/24	
NAME	Kavita Vijay Sharma	
AGE	23 years	Gender
HEIGHT(cm)	154 cm	Female
B.P.	110/72 mm Hg	
ECCG	well	
X Ray	NAD	
Vision Checkup	Color Vision :	Normal
	Far Vision Ratio :	6/6
	Near Vision Ratio :	N5 uncorrected
Present Ailments	Nil	
Details of Past ailments (If Any)	Nil.	
Comments / Advice : She / He is Physically Fit	<input checked="" type="checkbox"/>	
Gyn History - (N)		

Signature with Stamp of Medical Examiner

Dr. ANKUL ARTE MBBS, DNB
 Regn. No: 44293 (MVIC)
 Approved By DG Shipping (GOI)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Telli Cross Lane,
 Andheri East, Mumbai-400 089
 SEA BIRD MEDICARE CENTRE

आयकर विभाग
INCOME TAX DEPARTMENT



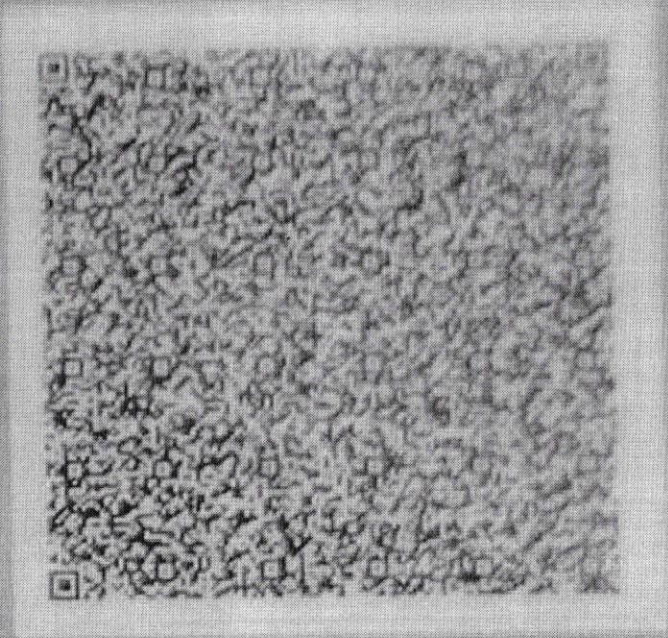
भारत सरकार
GOVT. OF INDIA

Kavita Sharma



स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

OTBPS1951L



नाम / Name

KAVITA VIJAY SHARMA

पिता का नाम / Father's Name

VIJAY SHARMA

जन्म की तारीख /

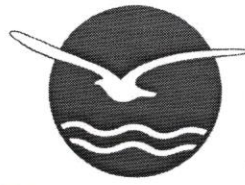
Date of Birth

01/01/2001

Kavita Sharma

02102022

◀ PAN Application Digitally Signed, Card Not Valid unless Physically Signed.



SEA BIRD MEDICARE CENTRE

Report ID : KVSM3171297
Patient Name : Ms. KAVITA VIJAY SHARMA
Rank :
Ref By : DR. MUKUL ARTE
Location : SEA BIRD- ANDHERI

Reg. : 31-Jul-2024
Report Date : 31-Jul-2024
Company Name : M/S. APOLLO HEALTH AND
Age/Sex : 23 Year / Female

HEMATOLOGY

INVESTIGATION	OBSERVED VALUE	UNITS	REFERENCE RANGE
Complete Blood Count			
Haemoglobin	12.9	gm/dl	13-18 gm/dl
Total W.B.C	6700	/cu.mm	4000-11000 /cu.mm
Neutrophils	64	%	50-70 %
Lymphocytes	34	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	4.31	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	37.1	%	42-55 %
MCV	86.2	femolitre	80-96 femolitre
MCH	29.8	picogram	27-33 picogram
MCHC	34.6	%	32-36 %
W.B.C Morphology	Normal		
Platelet Count	214000	/cu.mm	150000-450000 /cu.mm
Blood Group			
Blood Group	O Positive		
ESR			
ESR	24	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.
Remark : ---

DR. SANDIP MOHANRAO HUDDERAR
MBBS, DCP
Pathologist

MOIC

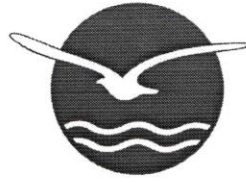
SONALI VASANT ADELKAR
Lab Technician

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

Kochi: 0484- 2322022 / 4032022



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Report Date : **31-Jul-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **23 Year / Female**

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	10	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.4	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.1	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.3	mg/dl	

Renal Function Test

BUN	6.5	mg/dl	6-21 mg/dl
Sr.Creatinine	0.7	mg/dl	0.7-1.4 mg/dl

Blood Sugar Estimation

Fasting Blood Sugar	112	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	92	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	9.2		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


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MBBS, DCP
Pathologist


M O I C


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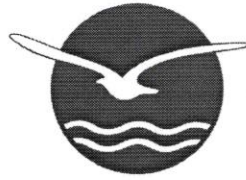
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Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **23 Year / Female**

URINE ROUTINE

INVESTIGATION

OBSERVED VALUE

UNITS

REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.010		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


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M O I C


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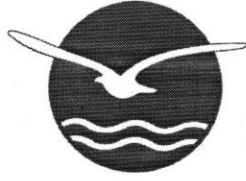
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Rank :
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Reg. : **31-Jul-2024**
Report Date : **31-Jul-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **23 Year / Female**

CHEST X RAY REPORT

X-Ray No : 6175

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

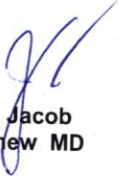
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

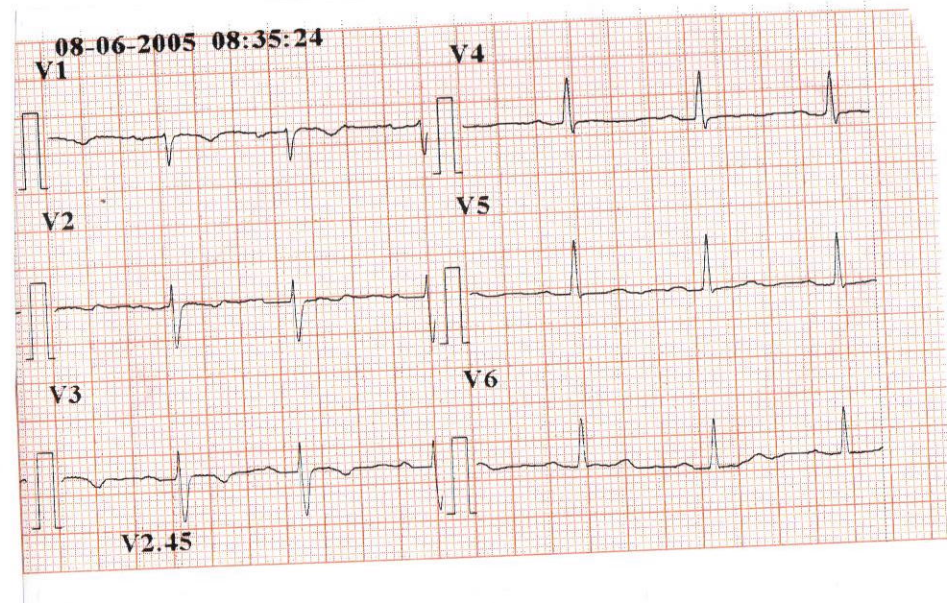
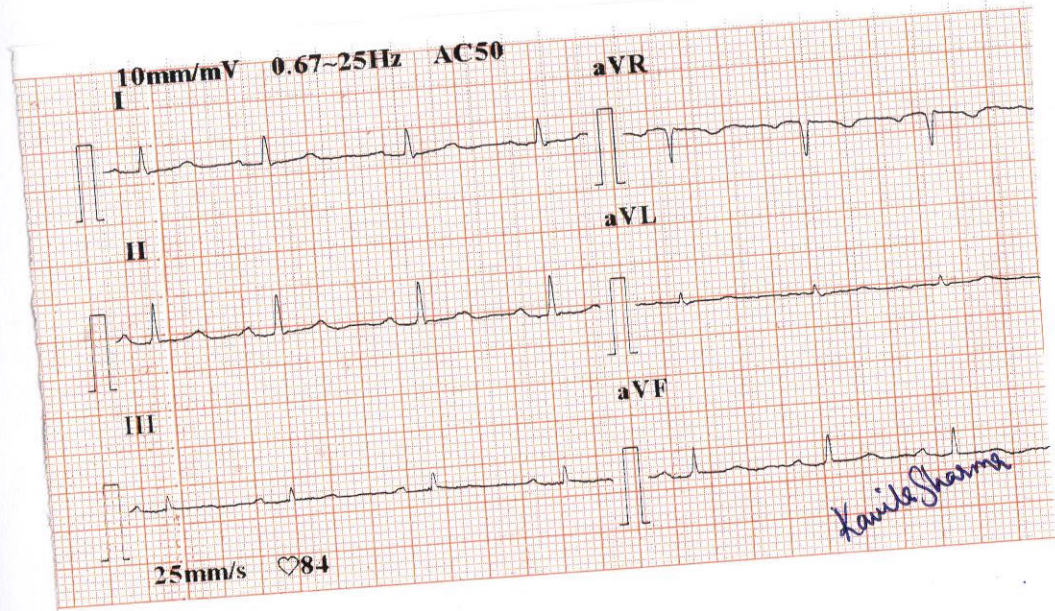
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E. C. G. REPORT

RATE 90/min Q. WAVE _____
RHYTHM Regular QRS COMPLEX N
VOLTAGE N ST. SEGMENT iso. electric
P. WAVE _____ T. WAVE _____
PR. INTERVAL N

REMARKS wave lead

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Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre

NAME Ms. Kavita Sharma
AGE 237 DATE 31/07/2024

- 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157